

Men's 100 m

Wind : +5.4

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	8	Brizzel, Paul	Ballymena & Antrim A.C.			10.3H
2	15	Hynes, David	Menapians A.C.			10.4H
3	234	Graham, Darragh	Sli Cualann A.C.			10.5H
4	79	O'Donovan, Darren	Leevale A.C.			10.9H
5	106	Burke, Antoine	Crusaders A.C.			11.0H
6	100	Kavanagh, Daniel	Clonliffe Harriers A.C.			11.1H
7	56	Bourke, Brendan	Limerick A.C.			11.1H
8	13	Smith, Dermot	Navan A.C.			11.2H
1	104	O'Cathain, Ciaran	Roscommon A.C.			11.31
2	9	Byrne, Alan	Donore Harriers A.C.			11.34
3	238	Mc Entee, Alan	Shercock A.C.			11.37
4	122	Brent Byrne, Simon	Brothers Pearse A.C.			11.66
5	11	Bolger, Sean	Tallaght A.C.			11.71

Men's 200 m

Wind : +1.6

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	103	Daly, Robert	Dundrum South Dublin A.C.			21.54
2	248	O'Reilly, Gerard	Shercock A.C.			21.94
3	57	Tobin, Daniel	Clonliffe Harriers A.C.			22.05
4	16	Cogley, Kevin	Menapians A.C.			22.16
5	15	Hynes, David	Menapians A.C.			22.44
6	13	Smith, Dermot	Navan A.C.			22.81
1	71	Murphy, Brendan	City of Lisburn			22.74
2	237	Coulter, Gary	Ballymena & Antrim A.C.			23.04
3	17	Kedney, Rory	Menapians A.C.			23.40
4	238	Mc Entee, Alan	Shercock A.C.			23.41
5	122	Brent Byrne, Simon	Brothers Pearse A.C.			24.03
6	18	Mc Gahey, Gerard	Menapians A.C.			24.72
7	63	Mc Ateer, Seamus	Strabane Track Club			25.46

Men's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	80	Murphy, Brian	U.C.C. A.C.			48.78
2	106	Burke, Antoine	Crusaders A.C.			49.28
3	71	Murphy, Brendan	City of Lisburn			50.61

4	78	Ruxton, James	Shercock A.C.		50.72	
5	12	O'Donnell, Liam	Annadale Striders			53.82
6	17	Kedney, Rory	Menapians A.C.		54.27	
1	59	Hogan, Nick	Dundrum South Dublin A.C.			50.92
2	72	Taggart, Simon	Donore Harriers A.C.			52.23
3	241	Kidd, Andrew	Dundrum South Dublin A.C.			53.03
4	18	Mc Gahey, Gerard	Menapians A.C.			57.24
5	63	Mc Ateer, Seamus	Strabane Track Club			57.52

Men's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	19	Everard, Eoin	Kilkenny City Harriers A.C.			1.55.76
2	244	Campbell, David	St. Coca'S A.C.			1.56.10
3	119	Flynn, Eoin	Rathfarnham W.S.A.F. A.C.			1.59.04
4	120	Kinahan, Ivan	Rathfarnham W.S.A.F. A.C.			2.00.75
5	74	Hamilton, Patrick	City of Derry		2.02.46	
6	43	Kearns, Ronan	Tallaght A.C.		2.03.84	
7	245	Hynes, David	Mullingar Harriers A.C.			2.05.21
1	52	Warne, Joe	Doheny A.C.		1.59.87	
2	41	Fahy, Karl	Rathfarnham W.S.A.F. A.C.			2.01.06
3	247	Shaw, Damien	Mullingar Harriers A.C.			2.02.22
4	101	Sherlock, Niall	Metro/St. Brigid's A.C.			2.02.95
5	1	Beirne, Raymond	Sligo A.C.			2.04.09
6	109	Kenny, Simon	Crusaders A.C.			2.08.56

Men's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	226	Clohisey, Michael	Raheny Shamrock A.C.			8.35.85
2	116	Hynes, Gary	Metro/St. Brigid's A.C.			8.36.20
3	225	O'Halloran, Liam	Raheny Shamrock A.C.			8.42.20
4	67	Fleming, Paul	Rathfarnham W.S.A.F. A.C.			8.44.37
5	108	Coghlan, Garrett	Crusaders A.C.			8.47.85
6	64	Freeley, Michael	Rathfarnham W.S.A.F. A.C.			8.58.52
7	44	Malseed, Robert	Clonliffe Harriers A.C.			9.16.52

Men's 110 m Hurdles

Wind : +5.4

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
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1	239	McDermott, Chris	Roscommon A.C.							15.17
2	56	Bourke, Brendan	Limerick A.C.						15.42	
3	147	Miller, Jonathan	Dublin City Harriers A.C.							15.67

Men's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	231	Leung, Leslie	Ballymena & Antrim A.C.					X	6.26	X X
		X	6.68	6.68						
2	56	Bourke, Brendan			Limerick A.C.	6.29		5.51	6.10	6.36
		6.26	5.84	6.36						
3	243	Gomm, David	Raheny Shamrock A.C.					3.37	X	X
		3.30	3.58	X	3.58					

Men's High Jump

Place	No	Name	Club	1.80	1.85	1.90	2.00			
1	235	Flanagan, Caolan	Ballymena & Antrim A.C.					O	O	O
		XXX								
2	111	Herron, Simon	St. Columbs		O	O	XXX			
3	237	Coulter, Gary	Ballymena & Antrim A.C.					XO	XXX	

Men's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	112	Harper, Jeremy			Unattached		-	11.96	13.55	-
		13.41	13.41	13.55						
2	118	Collins, Justin	North Westmeath A.C.					12.13	12.85	12.69
		12.64	12.85	12.03	12.85					

Men's Discus

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	249	Nagle, Gerard	Star of the Sea A.C.				34.50	X	41.52	43.88
		42.19	X	43.88						
2	112	Harper, Jeremy			Unattached		41.03	X	42.28	42.95
		40.84	X	42.95						
3	118	Collins, Justin	North Westmeath A.C.					37.21	34.16	38.95
		36.52	29.12	34.80	38.95					

Men's Javelin

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
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1	240	Tuckey, Niall	Crusaders A.C.	54.63	56.29	56.95	53.78	X
	51.80	56.95						
2	199	Marry, Paul	Dunleer A.C.	40.25	46.32	X	50.42	X X
	50.42							
3	242	McDermot, Brian	Dundrum South Dublin A.C.	44.50	47.01	X		
	45.78	46.87	X	47.01				

Women's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	55	Coogan, Laura	Newbridge A.C.	12.80	12.55	12.13	12.26			
	12.98	12.92	12.98							
2	68	Stewart, Geraldine	Tir Chonaill A.C.	11.80	11.63	11.79				
	12.09	12.15	12.19	12.19						
3	233	Mc Aleese, Clare	Ballymena & Antrim A.C.	10.30	11.25					
	10.96	11.00	10.94	10.46	11.25					
4	54	Buckley, Helen	Raheny Shamrock A.C.	8.24	8.22					
	8.16	8.00	8.29	8.03	8.29					

Women's Javelin

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	76	O'Sullivan, Jennifer	Cushinstown A.C.	43.30	42.20	44.36				
	42.31	X	X	44.36						
2	102	Kerr, Laura	Windsor	43.71	42.15	41.33	40.56	38.06		
	41.59	43.71								
3	115	Collins, Claire	Roscommon A.C.	30.03	30.10	X	27.69	X		
	30.59	30.59								
4	54	Buckley, Helen	Raheny Shamrock A.C.	25.70	X					
	24.41	22.54	-	-	25.70					

Women's 100 m

Wind : +7.4

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	236	Cuddihy, Joanne	U.C.D. A.C.			11.67
2	220	Kiernan, Louise	Fingallians A.C.			11.93
3	3	Mc Cafferty, Elaine	Abbey A.C.			12.07
4	222	Whiteside, LeIgh	Abbey A.C.			12.22
5	230	Devlin, Mary	Abbey A.C.			12.29
6	117	D'arcy, Aibhe	Loughrea A.C.			12.59
7	107	Coghlan, Mary	Crusaders A.C.			12.84

Women's 200 m

Wind : +1.5

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	314	Cuddihy, Joanne			U.C.D. A.C.	23.76
2	3	Mc Cafferty, Elaine			Abbey A.C.	24.73
3	4	Rodgers, Michelle			Abbey A.C.	25.52
4	222	Whiteside, Lea			Abbey A.C.	25.58

Women's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	73	Mc Glynn, Clare			Templeogue A.C.	57.01
2	60	O'Friel, Fiona	Dublin		Striders A.C.	57.22
3	4	Rodgers, Michelle			Abbey A.C.	57.41
4	121	Cummins, Niamh			Brothers Pearse A.C.	65.21

Women's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	228	Monteith, lyndsey			City of Lisburn	2.17.28
2	50	Freel, Lyndsey	Dromore A.C.			2.19.44
3	61	White, Bernadette			Sportsworld A.C.	2.33.04

Women's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	105	Harty, Kerry			Newcastle A.C.	4.45.08
2	148	Martin, Emear			Sportsworld A.C.	4.48.50
3	123	Murphy, Helen			Metro/St. Brigid's A.C.	5.20.23
4	229	Murphy, Lynn	Ballymena & Antrim A.C.			6.00.70

Women's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	99	Mc Loone, Mary						5.78	X	5.88 X
				5.91						X 5.91
2	230	Devlin, Mary	Abbey A.C.		5.64	X	X		5.34	5.10 -
				5.64						
3	53	Stafford, Antoinette				D.M.P. A.C.	X	X	5.49	X X
				X	5.49					
4	221	Bechtina, Snezana							X	X X
				4.74	4.72	4.76	4.76			

Women's High Jump

Place	No	Name	Club	1.50	1.55	1.60	1.65
1	54	Buckley, Helen	Raheny Shamrock A.C.				O O O
		XXX					
2	75	Mc Namara, Claire	Athenry A.C.		O	XO	XXX

Women's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	99	Mc Loone, Mary	Tir Chonail A.C.					11.68	12.40	12.40 X
	-	X	12.40							+1.8
2	58	Hoey, Aoife	Crusaders A.C.				11.05	10.80	10.87	10.89
		11.10	11.06	11.10				+0.1		+0.1