

Woodie's DIY AAI Games
An Ríocht Stadium, Castleisland 16-05-2010

Men's 100 m

Wind : +2.5

Place/Name/Club/Time

1, Dean Adams	Ballymena & Antrim A.C.	10.75
2, David O'Shea	Dooneen A.C.	10.79
3, Patrick Phelan	Dundrum South Dublin A.C.	10.89
4, Gordon Kennedy	Tullamore Harriers A.C.	10.90
5, Eoin Hannon	Tullamore Harriers A.C.	10.99
6, Eoin Muldowney	Castlecomer A.C.	11.03
7, Fearghus Hannon	Tullamore Harriers A.C.	11.06
8, Edmond O'Halloran	Leevale A.C.	11.07

Race 2 +1.5

1, David Killeen	Leevale A.C.	11.11
2, Paul Opperman	Dublin City Harriers A.C.	11.37
3, Jonathan Miller	Dundrum South Dublin A.C.	11.43
4, Paul Stack	Leevale A.C.	11.50
5, Gerard Hensey	Tullamore Harriers A.C.	11.61
6, Tony Stafford	Bree A.C.	11.62
7, Feidhlim Kelly	Raheny Shamrock A.C.	12.08
8, David Connolly	Crusaders A.C.	12.11

Race 3

1, Cian Aherne	Dooneen A.C.	11.05
2, Deanna O'Byrne	Dundrum South Dublin A.C.	11.19
3, Alan Whelan	Tullamore Harriers A.C.	11.28
4, Simon Hogan	Dooneen A.C.	11.55
5, Adrian Jackman	Menapians A.C.	11.55
6, Ray Lennon	Tullamore Harriers A.C.	11.76
7, Ray Delaney	Tullamore Harriers A.C.	12.25

Race 4 +4.1

1, Conal O'Callaghan	Spa Muckcross A.C.	11.26
2, Ciaran Mc Cabe	St. Finian's A.C.	11.30
3, Laurence O'Reilly	Tullamore Harriers A.C.	11.43
4, Alan Myler	Menapians A.C.	11.53
5, Tomas Griffin	Ríocht A.C.	12.11

Men's 200 m

Wind : +3.6

Place/Name/Club/Time

1, Gordon Kennedy	Tullamore Harriers A.C.	21.72
2, Eoin Hannon	Tullamore Harriers A.C.	21.95
3, Brian Murphy	U.C.C. A.C.	21.98
4, Patrick Phelan	Dundrum South Dublin A.C.	22.05
5, Nick Hogan	Dundrum South Dublin A.C.	22.17
6, Kieran Kelly	Raheny Shamrock A.C.	22.38
Jamie Davis	Raheny Shamrock A.C.	DNS

Race 2 +3.9

1, Fearghus Hannon	Tullamore Harriers A.C.	22.02
2, Eoin Muldowney	Castlecomer A.C.	22.04
3, M Hynes	Raheny Shamrock A.C.	22.50
4, Deanna O'Byrne	Dundrum South Dublin A.C.	22.51
5, Paul Opperman	Dublin City Harriers A.C.	22.67
6, Alan Whelan	Tullamore Harriers A.C.	22.74

Race 3 +3.6

1, Ciaran Mc Cabe	Riocht A.C.	22.59
2, Cian Aherne	Dooneen A.C.	22.66
3, Gerard Hensey	Tullamore Harriers A.C.	23.40
4, Ray Lennon	Tullamore Harriers A.C.	23.45
5, Christopher Burke	Menapians A.C.	23.85
6, Rray Delaney	Tullamore Harriers A.C.	24.61

Race 4 +1.1

1, David Killeen	Leevale A.C.	22.57
2, Conor Wilson	Menapians A.C.	22.76
3, Paul Stack	Leevale A.C.	23.06
4, Laurence O'Reilly	Tullamore Harriers A.C.	23.06
5, Alan Myler	Menapians A.C.	23.59
6, Feidhlim Kelly	Raheny Shamrock A.C.	23.75
7, David Connolly	Crusaders A.C.	24.62

Men's 400 m

Place/Name/Club/Time

1, David Mc Carthy	Le Cheile A.C.	48.26
2, Brian Murphy	U.C.C. A.C.	48.36
3, Nick Hogan	Dundrum South Dublin A.C.	49.06
4, Patrick Maher	Leevale A.C.	49.11
5, Cathal Owens	Leevale A.C.	51.36
John Laffey	Clonliffe Harriers A.C.	DNS

Race 2

1, Cian Foley	Tralee Harriers A.C.	50.43
2, Paudie Whelan	Tralee Harriers A.C.	53.45
3, Keith Dolan	Paralympics Ireland	62.98

Men's 800 m

Place/Name/Club/Time

1, David Mc Carthy	Le Cheile A.C.	1.52.03
2, Kevin Moriarty	Raheny Shamrock A.C.	1.56.44
3, Keith Fallon	Galway City Harriers A.C. 'A'	2.01.68

Men's 1500m

Place/Name/Club/Time

1, Mark Hanrahan	Leevale A.C.	3.55.82
2, James McCarthy	East Cork A.C	4:00.87
3, M Dowling	Sli Cualann A.C.	4:03.53
4, A Connick	Slaney Olympic A.C.	4:06.93
5, P Flynn	Ferrybank A.C.	4:09.51

Men's 5000 m

Place/Name/Club/Time

1, Sean Mc Grath	East Cork A.C.	15.36.35
2, Shane Mullaney	Thurles Crokes A.C.	16.18.10
3, Frank O'Carroll	East Cork A.C.	16.26.18
4, Alan Kelly	St. Ronans A.C. (Team)	16.47.18
5, Conor Tierney	East Cork A.C.	17.25.01
6, Dan Mc Mullin	St. Ronans A.C. (Team)	19.16.63
7, Sean Donlon	St. Ronans A.C. (Team)	19.42.16

Men's 3,000m Masters

1, Donncha O'Mahony	East Cork A.C.	9:53.20
2, Eric Meade	East Cork A.C.	9.53.91

3, Denis McCarthy East Cork A.C. 9.54.66

Men's 110 m Hurdles

Wind : +2.6

Place/Name/Club/Time

1, Edmond O'Halloran	Leevale A.C.	14.68 (Junior)
2, Adrian Jackman	Menapians A.C.	16.47
3, Ger Cremin	Riocht A.C.	17.28
4, Joe Barry	Templemore A.C.	17.58
Lee Austin	St. Joseph's A.C.	DNF (Junior)

Men's 400 m Hurdles

Place/Name/Club/Time

1, Barry Upton	Menapians A.C.	54.35
2, Jonathan Miller	Dundrum South Dublin A.C.	54.65
3, Andrew Kidd	Dundrum South Dublin A.C.	57.32
4, Feidhlim Kelly	Raheny Shamrock A.C.	60.17

4 x 100 m Relay Men

Place/Club/Time

1, Tullamore Harriers A.C.	42.68
2, Leevale A.C.	42.97
3, Menapians A.C.	43.93
4, Irish Masters Team	45.12

Men's Long Jump

Place/Name/Club/Dist(m)

1, Conal O'Callaghan	Spa Muckcross A.C.	6.45
2, Tony Stafford	Bree A.C.	6.31
3, Eric Stam	Bandon A.C.	5.89
4, David Reynolds	Bandon A.C.	4.90
5, Stephen O'Riordan	Templemore A.C.	4.68
6, Joe Barry	Templemore A.C.	3.80

Men's Pole Vault

Place/Name/Club/Hgt(m)

1, Jonathan Foley	Farranfore Maine Valley A.C.	3.60
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Men's Triple Jump

Place/Name/Club/Dist(m)

1, Denis Finnegan	U.C.C. A.C.	14.64
2, Lee Austin	St. Joseph's A.C.	10.73
3, Stephen O'Riordan	Templemore A.C.	10.02
4, Joe Barry	Templemore A.C.	9.43

Men's Shot Putt

Place/Name/Club/Dist(m)

1, Sean Breathnach	Galway City Harriers A.C.	15.48
2, Daniel Clifford	Farranfore Maine Valley A.C.	13.33
3, James P. Nagle	Farranfore Maine Valley A.C.	11.61
4, Lee Austin	St. Joseph's A.C.	8.47
1, Ray O'Dwyer	Paralympics Ireland W/ch	7.20
2, Seamus Wall	Paralympics	6.47

Men's Discus

Place/Name/Club/Dist(m)

1, Sean Breathnach	Galway City Harriers A.C.	46.92
2, Daniel Clifford	Farranfore Maine Valley A.C.	44.86

3, James P. Nagle	Farranfore Maine Valley A.C.	33.84
4, Frank Stam	Leevale A.C.	30.62
5, David Reynolds	Bandon A.C. (R)	29.78
6, Austin Lee	St. Joseph's A.C.	27.34

Men's Javelin

Place/Name/Club/Dist(m)

1, Sean Breathnach	Galway City Harriers A.C.	49.05
2, David Reynolds	Bandon	44.95
1, John Mc Carthy	Paralympics Ireland W/ch	22.66
2, Ray O'Dwyer	Paralympics Ireland W/ch	18.41
3, Seamus Wall	Paralympics	15.72

Men's Hammer

Place/Name/Club/Dist(m)

1, James P. Nagle	Farranfore Maine Valley A.C.	50.54
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Men's 5km Walk

Place/Name/Club/Time

James Treanor	Shercock A.C.	22.11.40
2, Pat Murphy	Castleisland A.C.	23.59.41
3, Sean McMullin	Mullingar Harriers A.C.	28.55.65

Women's 3km Walk

Place/Name/Club/Time

1, Caoimhe Casey	St. Brendan's A.C.	13.23.33
2, Emma Farrell	Slaney Olympic A.C.	13.46.74
3, Ann Gormley	Donore Harriers A.C.	15.27.99

Women's 100 m

Wind : +2.7

Place/Name/Club/Time

1, Niamh Whelan	Ferrybank A.C.	11.79
2, Kelly Proper	Ferrybank A.C.	11.79
3, Joan Healy	Bandon A.C.	11.92
4, Sarah Lavin	Emerald A.C.	12.19
5, Eilish Fitzpatrick	Gneeveguilla A.C.	12.37

Race 2 +3.1

1, Aoife Mac Neill	Dundrum South Dublin A.C.	12.07
2, Sarah Murray	Fingallians A.C.	12.17
3, Leah Moore	Clonliffe Harriers A.C.	12.22
4, Grainne Moynihan	West Muskerry A.C.	12.57
5, Rachel Murray	Fingallians A.C.	13.23

Women's 200 m

Wind :

Place/Name/Club/Time

1, Kelly Proper	Ferrybank A.C.	23.2H
2, Niamh Whelan	Ferrybank A.C.	23.4H
3, Claire Brady	Celbridge A.C.	23.5H
4, Claire Bergin	Dundrum South Dublin A.C.	24.2H
5, Eilish Fitzpatrick	Gneeveguilla A.C.	25.0H

Race 2 +3.4

1, Grainne Moynihan	West Muskerry A.C.	25.36
2, Leah Moore	Clonliffe Harriers A.C.	25.48
3, Sarah Murray	Fingallians A.C.	25.49
4, Angela Hogan	Borrisokane A.C.	27.04

Women's 400 m		
Place/Name/Club/Time		
1, Claire Bergin	Dundrum South Dublin A.C.	
Women's 800 m		
Place/Name/Club/Time		
1, Carol Finn	Duhallow A.C.	2.21.39
Women's 1500 m		
Place/Name/Club/Time		
1, Niamh Roe	Eagle A.C.	4.57.96
2, Carol Finn	Duhallow A.C.	5.09.76
3, Anne Marie Costelloe	Gneeveguilla A.C.	5.10.12
Women's 400 m Hurdles		
Place/Name/Club/Time		
1, Jessie Barr	Ferrybank A.C.	60.18
Women's Long Jump		
Place/Name/Club/Dist(m)		
1, Mary Mc Loone	Tír Chonail A.C.	5.56
2, Sinead O'Connor	Tralee Harriers A.C.	5.33
Women's High Jump		
Place/Name/Club/Hgt(m)		
Women's Triple Jump		
Place/Name/Club/Dist(m)		
1, Mary Mc Loone	Tír Chonail A.C.	12.07
2, Sinead O'Connor	Tralee Harriers A.C.	10.88
Women's Shot Putt		
Place/Name/Club/Dist(m)		
1, Zoe Scanlon	West Waterford A.C.	10.43
2, Tracy Bradfield	Bandon A.C. (R)	10.13
3, Sheila O'Donoghue	Gneeveguilla A.C.	9.95
4, Megan Moynihan	West Muskerry A.C.	9.08
5, Liz Coomey	Bandon A.C. (R)	8.61
6, Ailish Dunne	Paralympics Ireland	6.92
7, Nadine Lattimore	Paralympics Ireland	6.43
1, Lorraine Regan	Paralympics Ireland W/ch	6.11
Women's Discus		
Place/Name/Club/Dist(m)		
1, Zoe Scanlon	West Waterford A.C.	38.58
2, Tracy Bradfield	Bandon A.C. (R)	28.86
3, Liz Coomey	Bandon A.C. (R)	25.17
1, Ailish Dunne	Paralympics Ireland	20.26
2, Nadine Lattimore	Paralympics	16.69
Women's Javelin		
Place/Name/Club/Dist(m)		
1, Anita White	Dublin Striders A.C.	44.93
2, Jenny Murphy	Abbey Striders A.C.	34.14
1, Orla Barry	Paralympics Ireland	12.72
2, Lorraine	Regan Paralympics Ireland	11.38

Women's Hammer

Place/Name/Club/Dist(m)

1, Mairead O'Neill	Gneeveguilla A.C.	42.98
2, Megan Moynihan	West Muskerry A.C.	32.58