

# **Inter Club TRACK & FIELD LEAGUE 2012**

<b>Round 1</b>	<b>Sunday</b>	<b>10<sup>th</sup> June</b>	<b>Tullamore Stadium &amp; Antrim Forum</b>
<b>Round 2</b>	<b>Sunday</b>	<b>22<sup>nd</sup> July</b>	<b>Morton Stadium &amp; Athlone I.T.</b>
<b>Final</b>	<b>Sunday</b>	<b>19<sup>th</sup> August</b>	<b>Tullamore</b>

## **ENTRY FORM**

## **INFORMATION & RULES**

**Doping is Cheating AAI is  
Committed to Drugs Free Sport**



**WOODIE'S DIY NATIONAL TRACK & FIELD  
LEAGUE 2012  
Entry form**



**Team** \_\_\_\_\_

**Men's Team**    ←   **Please tick**   →   **Women's Team**

I enclose a non-refundable fee of €40 for each team entered.

Total amount returned with this entry € \_\_\_\_\_

Signature \_\_\_\_\_

Please provide the name and address for all correspondence in relation to the National Track & Field League:

Please use block capitals:

Name \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Urgent Contact phone number: \_\_\_\_\_

Email address \_\_\_\_\_

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**Closing Date: Friday 1st June 2012**

Entries to:      Competitions  
                         AAI Office  
                         19 Northwood Court  
                         Northwood Business Campus  
                         Dublin 9

## 1. Team Composition

Teams can be either

- a. Club Teams from a single club
  - With maximum of 2 members registered with other clubs from within their county affiliated to the Athletic Association of Ireland
  - These athletes shall be stated clearly on the initial entry, and no changes will be allowed from the close of entries
  - Members of these teams may not take part in any other team.
- b. Composite Teams
  - More than one club and greater than 2 athletes per club, from within their county affiliated to the Athletic Association of Ireland
  - The names of the clubs and athletes must be given on the initial entry, and no changes will be allowed from the close of entries.
  - Members of these teams may not take part in any other team.
  - The composite team may compete under a suitable area name .
  - **Team colours must be declared**
- c. County Teams
  - Entered by a County Board.
  - Names of clubs and athletes must be provided on the entry form, and members named of these clubs may not take part in any other team.
  - Note: A County may enter a team made up of a number of clubs from within their county affiliated to the Athletic Association of Ireland, even though other clubs in the county enter separately or as a composite unit.
  - By agreement of the county, athletes who are not selected to compete on the county team can participate as guests with clubs within their county

2. Club Secretary or Chairman must sign the entry of team to which the club is committed.
3. Club members may compete only on the team nominated by the club official.
4. Teams will declare an identifying singlet in advance, which must be worn in all competition. Failure to wear it will result in disqualification and loss of points for all events in which the infringement occurs.
5. Team Managers
  - a. Declare their teams 1 hour before the start of the competition. Note Pole Vault 90 minutes
  - b. Individual athletes need only report to the site of competition.
  - c. No changes in the original team declaration may be made without the consent of the event referee and subsequent notification to the meet organiser.
6. All athletes must be bona fide registered members of the club for which they compete
7. Members of composite teams must be registered athletes
8. Members of County teams must be registered athletes from within their county
9. All athletes **must be 16 years or over on 31<sup>st</sup> December** in the year of competition.
10. In Senior Men Shot, Discus and Hammer athletes **must be 18 years** and over to compete
11. Athletics Northern Ireland clubs entering the league must furnish a list of their athletes to the AAI Office by the closing date. Additional athletes 2 in total, if used, must be from the County of the competing club.
12. 2 top teams in final of Division 1 will be promoted to Premier Division men & women
13. Demotion will be the bottom 2 teams following rounds 1 & 2 in both divisions.

14. A team not competing in the league for 2 years will be automatically demoted

## Structure and Format

### **Division 1**

**Rounds 1, 2 and Final will consist of full programme with both men and women counting 15 best events.**

### **Premier Division**

**Rounds 1, 2 and Final will consist of full programme with both men and women counting 17 best events.**

IAAF Rules of Competition will apply

1. In general every effort will be made to locate teams at the one most convenient to them, and men's and women's teams from the same club at the same venue. However the need to balance the strength of the groups means that this cannot be guaranteed.
2. The Referee will decide all matters of fact. Appeals (in writing) to the League co-ordinator or Deputy on the day as per IAAF
3. Clubs who compete as part of composite or county teams who gain promotion will remain part of that team for a minimum of one further season.
4. Scoring for events shall remain as heretofore,

<b>1<sup>st</sup> Place –</b>	<b>9 points,</b>
<b>2<sup>nd</sup> place –</b>	<b>7 points</b>
<b>3<sup>rd</sup> Place -</b>	<b>6 points</b>
<b>4<sup>th</sup> place -</b>	<b>5 points</b>
<b>5<sup>th</sup> place -</b>	<b>4 points</b>
<b>6<sup>th</sup> place -</b>	<b>3 points</b>
<b>7<sup>th</sup> place -</b>	<b>2 points</b>
<b>8<sup>th</sup> place -</b>	<b>1 point</b>
5. Qualification for the final is by total number of points scored over rounds 1 & 2.
6. Each athlete may take part in two track and one field event, or two field and one track event, plus relays on each day.
7. Teams shall nominate two officials on the entry form for each round including final, together with details of their events if applicable. The named officials may be changed on the team declaration, but failure to attend will result in deduction of the lowest counting event points on the day.
8. Team managers will certify that competitors are physically fit and technically competent to take part in their events.
9. The referee shall, on recommendation of officials, remove from competition anybody whom through lack of fitness, ability or technique constitutes a danger to himself or other competitors.
10. Non scoring guests athletes may be accommodated in qualifying rounds at the discretion of the Official in charge at the venue, but will not be allowed in the final
11. In Field events where applicable 4 trials will be allowed
12. Competitors must bring their own Pole Vault which may not be shared without permission from the owner
13. Starting Height Pole Vault Men 2.00m Women 1.55m

# Woodie's DIY National Track & Field

## Team Declaration

*(Please note Team Composition information)*



**Premier Division**

Men  Women

**Division One**

Men  Women

office Use

**Club:**

Event	Name	Club

Signed: \_\_\_\_\_ Club Official    Contact details: \_\_\_\_\_ Date: \_\_\_\_\_

## Timetable

Track			Field			
			Men		Women	
11.30	100m H	W				
11.45	110m H	M	11.30	Hammer	11.30	H.J
12.00	1500m Walk	W	11.30	P.V.		
12.15	3000m Walk	M				
12.35	400m H	W	11.45	L. J.		
12.50	400m H	M			12.00	Shot
13.05	4 x 100m	W			13.30	Hammer
13.20	4 x 100m	M	14.00	Shot	13.30	T.J.
13.35	1500m	W	14.00	H.J.		
13.50	1500m	M	14.30	Discus	14.30	P.V.
14.05	400m	W				
14.20	400m	M	14.45	T.J.	14.45	Javelin
14.35	3000m	W				
14.55	3000m S/C	M				
15.15	200m	W	16.00	Javelin	16.00	Discus
15.30	200m	M			16.00	L.J.
15.45	800m	W				
16.00	800m	M		56 lbs		
16.15	5000m	M				
16.35	100m	W				
16.50	100m	M				
17.05	4 x 400m	W				
17.20	4 x 400m	M				

**Scoring System: 9,7,6,5,4,3,2,1**

Sequence of events: Premier Women followed by Division 1 Women followed by Premier Men followed by Division 1 Men

Premier Division Men and Women score in the best 17 events.  
Division One Men and Women score in the best 15 events.

This timetable is designed as a guide of event times. Events may run ahead of schedule and it is the team Managers responsibility to ensure that athletes attend for the start of their competition.