

# **Athletics Ireland**



## **2007 Qualification Standards**

**Adjusted July 15<sup>th</sup> 2006**

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## **Notes**

- World University Games Standards will be agreed in conjunction with CUSAI and released early in October 2006
- The European Indoor Standards will also be agreed and released in October 2006
- \* = Standards have been adjusted from the official standard released by the International Body for reasons of equity
- \*\* = Standards have been set for carding purposes
- Relay standards for the majors in 2007 will be set and released later in 2006

**World Championship Qualification Standards  
Osaka, Japan 2007**

<b>MEN</b>			<b>WOMEN</b>	
<b>A</b>	<b>B</b>	<b>Event</b>	<b>A</b>	<b>B</b>
10.21	10.28	100 Metres	11.30	11.40
20.59	20.75	200 Metres	23.10	23.30
45.55	45.95	400 Metres	51.50	52.30
1:45.40	1:46.60	800 Metres	2:00.00	2:01.30
3:36.60	3:39.00	1500 Metres	4:06.50	4:10.00
13:21.50	13:28.00	5000 Metres	15:08.70	15:24.00
27:49.00	28:06.00	10,000 Metres	31:40.00	32:00.00
2:11.00* / 2:12.30*		Marathon	2:28.00*	2:30.00*
8:24.60	8:32.00	3000m SC	9:48.00	9:58.00
13.55	13.62	110m Hurdles	12.96	13.11
49.20	49.80	400m Hurdles	55.60	56.50
2.30m	2.27m	High Jump	1.95m	1.92m
5.70m	5.60m	Pole Vault	4.45m	4.30m
8.20m	8.05m	Long Jump	6.70m	6.60m
17.10m	16.70m	Triple Jump	14.20m	14.00m
20.30m	19.70m	Shot Put	18.30m	17.30m
64.50m	62.50m	Discus Throw	61.00m	59.00m
78.50m	74.00m	Hammer Throw	69.50m	67.00m
81.00m	77.80m	Javelin Throw	61.00m	59.00m
8000pts	7700pts	Decathlon	6000pts	5800pts
1:23:00	1:24:30	20 K Race Walk	1:33:30	1:38:00
3:57.00*	4:03.00*	50 K Race Walk		
39.00		4x100m Relay	43.90	
3:03.30		4x400m Relay	3:31.00	

\*AAI Adjusted standards

## European Championship Qualification Standards

Men	Event	Women
10.50	100m	11.60
21.10	200m	23.75
46.75	400m	53.40
1.47.20	800m	2.02.50
3.41.00	1500m	4.13.00
13.42.00	5000m	15.40.00
28.50.00	10000m	33.20.00
8.35.00	3000m Steeple	10.05.00
13.88	110m/100m hurdles	13.45
50.60	400m hurdles	57.80
2.25	High Jump	1.89
5.55	Pole Vault	4.20
7.95	Long Jump	6.50
16.50	Triple Jump	13.65
18.90	Shot Put	16.55
62.00	Discus Throw	56.00
75.00	Hammer Throw	64.50
77.00	Javelin Throw	55.50
7.800	Decathlon / Heptathlon	5.750
2.15.00*	Marathon	2.34.00*
1.24.00	20km walk	1.33.30
4.00.00	50km walk	---
3 x 10.50 & 2 x 10.60	4x100m	3 x 11.60 & 2 x 11.75
3 x 46.75 & 2 x 47.20	4x400m	3 x 53.40 and 2 x 54.10

\*AAI Adjusted standards

## European U23 Championship Qualification Standards 2007

Men	Event	Women
10.50	100m	11.75
21.25	200m	23.85
47.10	400m	54.20
1:49.00	800m	2:06.00
3:44.50	1500m	4:20.00
14:12.50	5000m	16:30.00
29.45.00	10000m	34:45.00
8:52.00	3000m Steeple	10:20.00
14.20	110m/100m hurdles	13.85
51.75	400m hurdles	59.50
2.18	High Jump	1.83
5.25	Pole Vault	3.95
7.65	Long Jump	6.25
15.80	Triple Jump	13.25
17.60	Shot Put	15.50
55:00	Discus Throw	51.30
65:00	Hammer Throw	61.00
70.00	Javelin Throw	51.50
7400	Decathlon / Heptathlon	5400
1:28:00	20km walk	1:43:00
TBC	4x100m	TBC
TBC	4x400m	TBC

AAI Adjusted June 01st 2006

## World Junior Qualification Standards

Men	Event	Women
10.74	100m	11.90
21.64	200m	24.30
48.04	400m	54.80
1:51.00	800m	2:07.50
3:48.00	1500m	4:24.00
	3000m	9:35.00
14:15.00 or 8:15.00	5000m	16:30.00
3030.00	10,000m	
14.74 (1.067m) or 14.34 (0.995m)	110mH	
	100mH	14.10
53.34	400mH	60.30
9:10.00	3000mSC	10:35.00
44:05.00	10.000m Race Walk	50:55.00
No standard	4 x 100m Relay	No standard
No standard	4 x 400m Relay	No standard
2.14	HJ	1.82
5.05	PV	3.95
7.55	LJ	6.10
15.60	TJ	12.90
17.90 (6kg) or 16.30 (7.26kg)	SP	14.40
55.00 (1.75kg) or 50.50 (2kg)	DT	47.00
67.50 (6kg) or 60.00 (7.26kg)	HT	56.00
66.50	JT	49.50
6875 (7.26kg Sp / 2kg DT) or 7050 (6kgSP / 1.75Kg DT)	Decathlon	
	Heptathlon	5150
2 x 10.74 & 3 x 10.85	4 x 100	2 x 11.90 & 3 x 12:00
2 x 48.04 & 3 x 48.50	4 x 400	2 x 54.80 & 3 x 55.20

AAI Adjusted June 01st 2006

## European Junior Championship Qualification Standards

Men	Event	Women
10.75	100m	12.00
21.70	200m	24.50
48.50	400m	55.20
1.51.30	800m	2.08.00
3.50.00	1500m	4.25.00
	3000m	9.43.00
14.35.00	5000m	17.00.00
30.45.00	10000m	-
9.10.00	3000m/ Steeple	10.40.00
14.80 (1.067) 14.35 (.99)	110m / 100m H	14.20
53.70	400m H (300H)	61.00
2.14	High Jump	1.80
5.05	Pole Vault	3.85
7.45	Long Jump	6.05
15.30	Triple Jump	12.85
16.10 = 7.26kg / 17.60 = 6kg	Shot Putt	14.20
49.50 = 2kg / 53.30=1.75kg	Discus	47.00
60.00= 7.26kg / 65.00=6kg	Hammer	57.00
65.50	Javelin	49.00
Junior Implements 7000 Senior Implements 6850	Decathlon/Heptathlon	5100
44.40.00	Walk 10000m	51.30.00
TBC	4 x 100m	TBC
TBC	4 x 400m	TBC

AAI Adjusted June 01st 2006

**World Youth Qualification Standards  
Ostrava Czech 11-15 July 2007**

<b>Men</b>	<b>Event</b>	<b>Women</b>
10.95	100m	12.10
22.00	200m	24.80
49.20	400m	55.50
1.54.50	800m	2.10.00
3.56.00	1500m	4.28.00
8.32.00	3000m	9.45.00
6.02.00	2000m S/C	6.50.00
14.30(0.914)	110mH/100m H	14.10(0.766)
53.80(0.840)	400m H 300m H	61.00(0.762) *
46.30.00	10000/5000m Walk	25.00
2.05	High Jump	1.75
4.70	Pole Vault	3.50
7.10	Long Jump	6.00
14.60	Triple Jump	12.25
17.30	Shot	13.50
52.00	Discus	43.00
62.00	Hammer	50.00
62.00	Javelin	45.00
5500	Combined Events	4750

AAI Adjusted June 01st 2006

\* This standard is included for qualification for carding purposes only



**European Youth Olympic Festival Guideline Standards  
Belgrade 23-27 July 2007**

<b>Men</b>	<b>Event</b>	<b>Women</b>
11.10	100m	12.20
22.40	200m	25.20
50.00	400m	56.50
1.56.00	800m	2.12.00
3.59.00	1500m	4.33.00
8.40.00	3000m	9.50.00
6.07.00	2000m S/C	6.55.00**
14.80(0.914)	110mH/100m H	14.40(0.762)
54.80(0.840)	400m H 300m H	62.00(0.762) 43.00
47.00.00**	10000/5000m Walk	25.30.00**
2.02	High Jump	1.73
4.50	Pole Vault	3.30
6.85	Long Jump	5.80
14.30	Triple Jump	11.90
16.00	Shot	12.50
48.00	Discus	41.00
60.00	Hammer (5KG)	48.00
58.00	Javelin	44.00
5350**	Combined Events Octathalon / Heptathlon	4600**

AAI Adjusted June 01st 2006

\*\* Standard set for carding purposes only as **NOT AN EYOF EVENT**

## Junior Achievers & Youth Achievers Performance Standards 2007

<b>1988 U20</b>	<b>1989 U19</b>	<b>1990 U18</b>	<b>1991 U17</b>	<b>Event</b>	<b>1988 U20</b>	<b>1989 U19</b>	<b>1990 U18</b>	<b>1991 U17</b>
10.85	11.10	11.20	11.30	100m	12.05	12.20	12.30	12.40
21.85	22.40	22.60	22.80	200m	24.65	25.20	25.45	25.70
48.85	50.00	50.50	51.00	400m	55.60	56.50	57.00	57.50
1.52.90	1.56.00	1.57.00	1.58.00	800m	2.09.00	2.12.00	2.14.50	2.17.00
3.53.00	3.59.00	4.01.00	4.03.00	1500m	4.26.50	4.33.00	4.36.00	4.39.00
-	8.40.00	8.45.00	8.50.00	3000m	9.45.00	9.50.00	9.55.00	10.00.00
9.15.00 (3000 s/t)	6.07.00	6.10.00	6.14.00	2000m S/C	10.43.00 (3000s/t)	-	-	-
14.50 (0.99) 14.90 (1.067)	14.80  13.40	14.95  13.55	15.10  13.90	110mH (91.4cm) 100m H(91.4cm)				
				100mH (76.2cm)	14.40	14.40	14.55	14.70
54.50 (0.914)	54.80	55.30	55.90	400mH (84cm)				
				400mH (76.2cm) 300mH (76.2cm)	61.20 (0.762)	62.00  43.00	62.60  43.50	63.20  44.00
45.30	47.00	47.45	N.A.	10000m Walk	52.00	-	-	-
-	-	-	-	5000m Walk	-	25.30	25.55	N.A.
2.09m	2.02m	1.98m	1.95m	High Jump	1.78m	1.73m	1.71m	1.69m
4.85m	4.50m	4.45m	4.40m	Pole Vault	3.60m	3.30m	3.25m	3.20m
7.25m	6.85m	6.80m	6.70m	Long Jump	6.00m	5.80m	5.75m	5.70m
14.90m	14.30m	14.15m	14.00m	Triple Jump	12.50m	11.90m	11.80m	11.70m
16.00m (6kg)	16.00m	15.85m	15.70m	Shot (5kg)				
-	-	-	-	Shot (4kg)	13.50m	12.25m	12.10m	12.00m
49.00m (1.75kg)	48.00m	47.50m	47.00m	Discus (1.5kg)				
-	-	-	-	Discus (1kg)	45.00m	41.00m	40.50m	40.00m
60.00m (6kg)	58.00m	57.50m	57.00m	Hammer (5kg)				
	-	-	-	Hammer (4kg)		46.00m	45.50m	45.00m
61.00m (800g)	58.00m	57.50m	57.00m	Javelin (700g)				
				Javelin (600g)	47.00m	44.00m	43.50m	43.00m
6650 (decathlon)	5200pts	5150pts	N.A.	Octathlon				
				Heptathlon	4950pts	4600pts	4550pts	N.A.

**Standards must be achieved in the 2006 season to qualify for the performance programme in 2007**