

## AAI Senior Track and Field Championships of Ireland July 22nd

Men's 200 m

Wind : -1.0

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
	1	206 Brizzel, Paul	Ballymena & Antrim A.C.	21.75		21.33
	2	259 Graham, Darragh	Sli Cualann A.C.	21.67		21.58
	3	92 Hynes, David	Menapians A.C.	22.68		22.31
	4	458 Hogan, Nick	Dundrum South Dublin A.C.	22.12		22.38
	5	456 Tobin, Daniel	Clonliffe Harriers A.C.	22.35		22.8
		232 Ryan, Gary	Nenagh Olympic A.C.	21.56		DNF
		326 Doyle, Brian	Harrow A.C.	21.71		DNS
		453 Laffey, John	Clonliffe Harriers A.C.	22.58		DNS
		229 O'Reilly, Gerard	Shercock A.C.	22.65		
		91 Cogley, Kevin	Menapians A.C.	22.75		
		324 Mc Carron, Patrick	Glaslough Harriers A.C.	22.86		
		223 Murphy, Brendan	City Of Lisburn	22.98		
		120 Mac Namara, Carl	Leevale A.C.	23.4		
		457 Lynch, Colm	Iveragh A.C.	23.48		
		155 Mc Entee, Alan	Shercock A.C.	23.87		
		198 Carew, John	Dooneen A.C.	24.22		
		93 Hughes, Adam	Menapians A.C.	24.39		
		106 Crossan, Patrick	City Of Lisburn	DNS		

Men's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
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Heat 1

		353 Mc Kee, Paul	Beechmount Harriers A.C	48.43		
		358 Kennedy, Gordon	Tullamore Harriers A.C.	49.3		
		273 Ware, Kieran	Togher A.C.	49.4		
		196 Glynn, Brian	Dooneen A.C.	50.79		
		472 French O'Carroll, Marcus	Dundrum South Dublin A.C.	51.37		
		322 Hopper, Ciaran	Lucan Harriers A.C.	53.35		
		466 Dolan, Keith	Fingallians A.C.	66.21		

## Heat 2

356	Mc Carthy, David	Le Cheile A.C.	48.32
224	Burke, Antoine	Crusaders A.C.	49.41
164	Taggart, Simon	Donore Harriers A.C.	49.95
275	Quinn, Michael	Abbey A.C	50.23
298	O'Doherty, Kevin	Strabane Track Club	52.28
225	Malone, Derek	Unattached	55.17

## Heat 3

242	Gillick, David	Dundrum South Dublin A.C.	47.38
272	Walsh, Kevin	Togher A.C.	49.42
473	O'Sullivan, Michael	Metro/St. Brigid's A.C.	50.06
112	Nelson, Liam	Lagan Valley A.C	50.37
223	Murphy, Brendan	City Of Lisburn	50.48
94	Mc Gahey, Gerard	Menapians A.C.	57.77

## Heat 4

326	Doyle, Brian	Harrow A.C.	48.29
152	Murphy, Brian	U.C.C. A.C.	48.66
327	Saulters, John	North Down A.C.	49.92
467	Kinsella, Lorcan	Dundrum South Dublin A.C.	51.45
141	Warne, Joe	Doheny A.C.	51.91
185	Mc Ateer, Seamus	Strabane Track Club	56.25
334	Mc Donnell, Alan	Drogheda & District A.C.	DNS

## Men's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
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Heat 1	169	Chamney, Thomas	Crusaders A.C.	1.55.08		
	203	Tuohy, Niall	Ferrybank A.C.	1.56.59		
	424	Hamilton, Patrick	City of Derry	1.57.06		
	141	Warne, Joe	Doheny A.C.	1.57.16		
	447	Healy, Conor	Clonliffe Harriers A.C.	1.57.21		
	105	Lombard, Richard	Celtic A.C.	1.59.48		
	323	Keogh, David	Lucan Harriers A.C.	1.59.78		
	246	Mc Dermott, Dermot	Sligo A.C.	2.00.96		
	195	Swaby, Brian	Waterford A.C.	DNS		

## Heat 2

280	Campbell, David	St. Coca'S A.C.	1.56.92
452	Adams, Raymond	Lagan Valley A.C.	1.57.03
252	Fahy, Karl	Rathfarnham W.S.A.F. A.C.	1.57.39
334	Mc Donnell, Alan	Drogheda & District A.C.	1.58.33
426	O'Halloran, Liam	Raheny Shamrock A.C.	1.59.10
171	Maginnis, Stephen	Ballymena & Antrim A.C.	2.02.34
111	Oakley, Richard	Liffey Valley A.C.	2.03.28
254	Morris, Willie	Dublin Striders A.C.	2.03.68
187	Sheil, Niall	Bree A.C.	2.04.55

## Heat 3

362	Kelly, Feidhlim	Raheny Shamrock A.C.	1.53.23
126	Everard, Eoin	Kilkenny City Harriers A.C.	1.53.52
251	Flynn, Eoin	Rathfarnham W.S.A.F. A.C.	1.53.55
179	Mc Cloy, Kevin	Mid Ulster	1.56.49
286	Mc Daid, Darragh	Letterkenny A.C.	1.58.77
427	King, Eddie	Ballymena & Antrim A.C.	1.59.16
301	Kenny, Simon	Crusaders A.C.	2.01.12
122	Baer, Robert	Leevale A.C.	2.06.51
267	Savage, Raymond	Fingallians A.C.	2.06.58

## Men's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
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## Heat 1

	100	Costello, Colin	Star Of The Sea A.C.	3.58.87		
	303	Corcoran, Richard	Raheny Shamrock A.C.	3.58.93		
	235	Healy, Eoin	Dundrum South Dublin A.C.	3.58.97		
	114	Hanrahan, Mark	Leevale A.C.	3.59.70		
	463	Mc Allister, Dominic	St. Malachy's A.C.	4.00.66		
	304	O'Sullivan, Gavin	Raheny Shamrock A.C.	4.01.57		
	243	Coughlan, Garrett	Crusaders A.C.	4.03.41		
	115	Shine, John	Leevale A.C.	4.05.98		
	189	Marsh, Francis	North Down A.C.	4.08.83		
	132	Maunsell, Thomas	Leevale A.C.	4.09.19		
	233	Balfe, Paul	Liffey Valley A.C.	4.09.51		

Heat 2	255	Hughes, Jonathan	Rathfarnham W.S.A.F. A.C.	4.18.84
	390	Cragg, Alistair	Clonliffe Harriers A.C.	3.49.68
	170	McCarthy, David	West Waterford A.C.	3.54.96
	249	Dunleavy, Emmet	Sligo A.C.	3.55.31
	173	Cummins, Dermot	West Waterford A.C.	3.55.66
	125	Maher, Brian	Kilkenny City Harriers A.C.	3.57.66
	305	Birmingham, Daire	Raheny Shamrock A.C.	3.59.08
	321	Mc Gee, Fintan	Lucan Harriers A.C.	3.59.71
	430	Bailey, Aidan	Clonliffe Harriers A.C.	4.04.13
	428	Conroy, Ian	Raheny Shamrock A.C.	4.04.99
	445	Carroll, Tommy	North Sligo A.C.	4.10.19

Heat 3	253	Coleman, Brian	Rathfarnham W.S.A.F. A.C.	4.11.84
	468	English, Kevin	Clonliffe Harriers A.C.	4.15.24
	234	Reale, Liam G.	Limerick A.C.	3.57.71
	470	Rooney, Colm	Clonliffe Harriers A.C.	4.00.96
	250	Conroy, Martin	Sligo A.C.	4.00.99
	261	Earls, Des	Sli Cualann A.C.	4.01.43
	204	Cooper, Kevin	Ferrybank A.C.	4.04.19
	188	Budde, James	North Down A.C.	4.05.31
	256	Kearns, Ronan	Tallaght A.C.	4.06.44
	168	Hurley, Kieran	City Of Derry	4.06.63
	347	Hughes, William	Thurles Crokes A.C.	4.11.86

#### Men's 10,000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	371	Mulvey, Vincent	Raheny Shamrock A.C.			29.58.35
2	462	Mc Alister, Joe	St. Malachy's A.C.			30.11.06
3	464	Matthews, Peter	Dundrum South Dublin A.C.			30.15.59
4	230	Mc Namara, Paul	Athenry A.C.			30.26.73
5	465	Sweeney, Joseph	Dundrum South Dublin A.C.			30.54.56

6	288	Mc Kinney, Pauric	Letterkenny A.C.	31.03.41
7	147	Eves, John	Dundrum South Dublin A.C.	31.05.56
8	368	Thornton, Gary	Galway City Harriers A.C.	31.26.56
	107	Carey, Tom	Limerick A.C.	DNS

#### Men's 400 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
	90	Miller, Jonathan	Dublin City Harriers A.C.	53.77		
	224	Burke, Antoine	Crusaders A.C.	55.03		
	128	Fagan, John	Kilkenny City Harriers A.C.	55.11		
	434	Mc Avoy, Robert	Lisburn A.C.	56.03		
	197	Minn, Chris	Clonliffe Harriers A.C.	56.24		
	214	Mc Dermid, Liam	Dundrum South Dublin A.C.	54.17		
	180	Quinn, Chris	Lagan Valley A.C.	55.05		
	270	Foolkes, Ronan	Togher A.C.	57.45		
	331	Mc Cormack, Shane	Menapians A.C.	63.04		

#### Men's 3000m SC

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
	1	316 O'Neill, Eugene	Crusaders A.C.			8.56.62
	2	385 Kirwan, Mark	Raheny Shamrock A.C.			9.01.81
	3	455 Scullion, Stephen	North Belfast Harriers			9.21.65
	4	184 Dunwoody, Andrew	Annadale Striders A.C.			9.30.09
	5	154 Carroll, Noel	Shercock A.C.			9.33.89
	6	284 Doherty, Ciaran	Letterkenny A.C.			9.47.16
	7	459 Malseed, Robert	Clonliffe Harriers A.C.			10.08.12
	8	116 Hornibrook, Aaron	Leevale A.C.			10.55.78

#### Men's High Jump

Place	No	Name	Club	1.80	1.85	1.90	1.95	2.00	2.05	2.10	2.2
	1	231 Crowley, Mark	Dublin City Harriers A.C.	-	-	-	-	O	XXO	XO	XXX

2	127	O'Dwyer, Adrian	Kilkenny City Harriers A.C.	-	-	O	-	XXO	XO	XXX
3	96	Muntean, Igor	Galway City Harriers A.C.	O	O	O	O	XO	XXX	
4	448	Colter, Garry	Ballymena & Antrim A.C.	O	-	O	O	XXX		
5	104	Crowley, Christopher	Belgooly A.C.	-	-	XO	XO	XXX		
6	460	Pender, Barry	St. Abbans A.C.	O	O	O	XXO	XXX		
7	210	Kelly, Eoin	St. Abbans A.C.	O	O	O	XXX			

Men's Long Jump  
Place

No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	146 Fleming, Stephen	Crusaders A.C.	7.31	7.32	7.18	6.98	6.976	7.41	7.41
			-0.2	1.6	1.5	0	1.6	0.1	0.1
2	110 O'Farrell, Darragh	Borrisokane A.C.	7.02	7.09	-	7.23	7.07	7.4	7.4
			1	0.3		1.1	1.1	0.1	0.1
3	382 Leung, Leslie	Ballymena & Antrim A.C.	6.66	6.81	X	X	6.99	X	6.99
			0.8	-0.6			1.6		1.6
4	378 Bourke, Brendan	Limerick A.C.	6.63	6.94	X	6.8	6.57	6.96	6.96
			0.4	0.4		2.3	1.4	1.1	1.1
5	143 Ritchie, Jonathan	City Of Edinuragh	X	X	X	6.74	X	6.61	6.74
						0.7		0.3	0.7
6	330 Dizdarevic, Slaven	Crusaders A.C.	6.21	6.5	6.6	X	X	X	6.6
			0.2	1.6	1.7				1.7
7	241 O'Connor, Brendan	Beara A.C.	5.72	5.85	5.64	5.87	6.09	6.07	6.09
			1.1	0.6	0.1	1.2	1.7	0.6	1.7
8	432 Gomm, David	Raheny Shamrock A.C.	3	3.22	2.75	3.23	2.86	3.02	3.23
			1.3	1.3	1.4	0.5	0.2	0.6	0.5

Men's Shot Putt  
Place

No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	393 Leahy, John P.	Limerick A.C.	15.14	15.73	15.12	15.77	X	15.77	15.77
2	433 Breathnach, Sean	Galway City Harriers A.C.	14.92	X	15.52	14.74	X	14.84	15.52
3	98 Nagle, Gerard	Star of the Sea A.C.	11.33	12.95	13.92	13.66	X	X	13.92
4	330 Dizdarevic, Slaven	Crusaders A.C.	13.47	X	13.23	X	13.65	X	13.65
5	397 Power, Gary	Dublin City Harriers A.C.	13.13	X	12.59	X	X	X	13.13
6	226 O'Connor, Alan	Tralee Harriers A.C.	10.05	10.43	10.72	11.12	11.39	11.02	11.39

7	121	Nagle, Joseph	Leevale A.C.	9.64	10.18	9.86	9.32	X	9.62	10.18
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Men's 56lb Height

Place

No	Name	Club	3.00	3.30	3.60	3.80	4.00	4.20	4.30
1	399 Fitzpatrick, Seamus	North Laois A.C.	O	O	O	O	O	O	XXX
2	99 Delaney, Barry	Star of the Sea A.C.	-	O	O	O	O	XO	XXX
3	433 Breathnach, Sean	Galway City Harriers A.C.	-	O	O	O	O	XXX	
4	999 Kennedy, Austin	Crusaders A.C.	-	XO	O	XO	XO	XXX	
5	202 Lazzlo, Andre	Old Abbey A.C.	-	O	O	XO	XXX		
6	142 O'Donovan, Michael	Doheny A.C.	O	O	O	XXX			

Women's 200 m

Wind : -1.0

Final

Place

No	Name	Club	Heat Time	Semi Time	Final Time
1	402 Cuddihy, Joanne	U.C.D. A.C.	24.45		23.33
2	29 Maher, Emily	Kilkenny City Harriers A.C.	24.87		24.01
3	62 Murphy, Mairead	Ferrybank A.C.	25.02		24.57
4	25 Brady, Claire	Celbridge A.C.	25.48		25.12
5	83 Hynes, Gemma	Galway City Harriers A.C.	25.25		25.14
6	2 Carson, Kathryn	Ballymena & Antrim A.C.	25.39		25.19
7	26 Quinn, Sarah	Lisburn A.C.	25.57		25.47
8	54 Murphy, Hayley	Ferrybank A.C.	25.49		25.74
	6 Rodgers, Michelle	Abbey A.C.	25.78		

Women's 400 m

Final

Place

Heat 1

No	Name	Club	Heat Time	Semi Time	Final Time
406	Carey, Michelle	Dublin Striders A.C.	56.48		
6	Rodgers, Michelle	Abbey A.C.	57.5		
31	Cuddihy, Catriona	Kilkenny City Harriers A.C.	57.58		
244	Mc Carthy, Martina	Dublin City Harriers A.C.	58.07		
70	Mc Ilveen, Erin	Unattached	60.05		

Heat 2	47	Coghlan, Mary	Crusaders A.C.	60.7
	402	Cuddihy, Joanne	U.C.D. A.C.	54.84
	65	Mc Glynn, Clare	Templeogue A.C.	56.44
	35	Zebo, Jessika	Leevale A.C.	57.04
	4	Mc Sweeney, Claire	Leevale A.C.	57.14
	26	Quinn, Sarah	Lisburn A.C.	58.69
	3	Maunsell, Aisling	Leevale A.C.	60.37

#### Women's 5000 m Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
	1	436 Loughnane, Ann	Craughwell A.C.			22.22.24
	2	71 Reynolds, Laura	Mohill A.C.			25.47.58
	3	317 Carolan, Donna	Sli Cualann A.C.			27.39.02

#### Women's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	85	Mc Loone, Mary	Tír Chonaill A.C.	11.59	11.67	12.11	12.38	12.24	12.19	12.38
				0.2	0	1.4	0	-5	1	0
2	15	Barry, Sarah	Dundrum South Dublin A.C.	X	11.87	X	X	12.34	X	12.34
					0.9			1.8		1.8
3	1	Hoey, Aoife	Crusaders A.C.	11.14	11.49	11.24	10.89	11.47	11.43	11.49
				1.9	1.1	0.6	0.8	0.7	1.7	1.1
4	55	Barr, Jessie	Ferrybank A.C.	11.13	10.98	11.33	11.01	X	X	11.33
				1	1.7	0.7	0.6			0.7
5	454	Ferguson, Kiara	City of Derry	10.14	X	10.49	X	10.38	10.74	10.74
				1.3		1.4		1.6	1.6	1.6

#### Women's Discus

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	81	Katewicz, Renata	St. L. O'Toole A.C.	46.33	44.09	42.44	X	X	X	46.33
2	30	O'Keeffe, Eileen	Kilkenny City Harriers A.C.	45.02	X	41.87	42.7	39.22	42.9	45.02



3	75	Massey, Eva	North Down A.C.	35.73	X	X	X	37.5	41.42	41.42
4	40	Murphy, Deirdre	Leevale A.C.	35.42	35.41	32.3	X	36.03	37.64	37.64
5	45	Bradfield, Sarah	Bandon A.C.	33.34	31.66	32.08	32.64	33.48	33.92	33.92
6	60	Kennedy, Sonia	Ferrybank A.C.	X	X	32.62	33.48	31.25	X	33.48
7	53	Conway, Philippa	Crusaders A.C.	30.53	31.26	X	28.62	32.09	33.46	33.46
8	218	Healy, Karen	Fr. Murphys A.C.	X	31.31	X	X	30.97	28.86	31.31
9	8	Vallely-Gilroy, Caoimbhe	Abbey A.C.	24.83	X	30.94				30.94
10	52	Pilkington, Michelle	Dunboyne A.C.	21.51	-	-				21.51

#### Women's Javelin

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	422	Kerr, Laura	Lagan Valley A.C.	45.92	X	45.28	45.66	43.73	47.62	47.62
2	13	O'Sullivan, Jennifer	Cushinstown A.C.	X	X	X	42.55	45.71	45.74	45.74
3	34	Mc Donald, Olivia	St. Peter'S A.C.	36.55	35.06	33.56	34.47	29.11	28.65	36.55
4	44	Byrne, Denise	Clonliffe Harriers A.C.	30.95	29.17	31.08	31.16	33.34	27.43	33.34
5	239	Buckley, Helen	Raheny Shamrock A.C.	28.33	27.26	X	29.2	X	29.41	29.41
6	5	Callaghan, Lisa	Cushinstown A.C.	23.48	22.87	21.21	22	22.11	22.42	23.48

#### Women's Hammer

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	30	O'Keeffe, Eileen	Kilkenny City Harriers A.C.	66.24	65.91	67.8	X	66.06	62.82	67.8
2	87	Akers, Rachel	Marian A.C.	50.6	50.37	X	X	X	48	50.6
3	57	Cronin, Ann Marie	Old Abbey A.C.	46.17	48.78	49.63	X	48.89	49.36	49.63
4	218	Healy, Karen	Fr. Murphys A.C.	X	30.64	41.83	42.41	41.56	X	42.41
5	58	Cronin, Linda	Old Abbey A.C.	40.37	40.54	37.77	X	X	41.72	41.72
6	443	Donnelly, Maggie	Mid Ulster A.C.	30.78	40.04	38.83	41.53	39.97	39.26	41.53
7	72	Wynne, Lisa	Dundrum South Dublin A.C.	35.87	35	35.08	X	X	X	35.87
8	49	Naughton, Aoife	Nenagh Olympic A.C.	X	X	32.89	32.31	31.35	X	32.89
9	52	Pilkington, Michelle	Dunboyne A.C.	28.76	26.21	X				28.76

#### Women's Pole Vault

Place	No	Name	Club	2.4	2.6	2.7	2.8	2.9
1	425	Wilkinson, Claire	Ballymena & Antrim A.C.	-	-	XO	-	XXX

2	23	O'Meara, Edel	Borrisokane A.C.	O	XO	-	XXX
3	77	Loscher, Sofie	Sli Cualann A.C.	XXO	XXX		