

Athletic Association of Ireland Juvenile Programme 2007 Track & Field Regulations

1. The first four (4) from each region qualify for the National Championships.
2. **The first three (3) 13 in the 600m due to safety regulations.**
3. Individual Track & Field Championships for Boys and Girls ages 13-19.
4. Ages 13, 14, 15 and 16 are limited to 3 events plus relay.
5. Ages 17, 18 and 19 are limited to 4 events plus relay.
6. Athletes are confined to their own age group.
7. All Athletes aged 17, 18 and 19 may compete in the National Championships provided they have entered that event in the Regional Championships and entry must be through the Regional Secretary by the closing date for entries.
8. All entries must come through the Regional Secretary.
9. A copy of all Regional results plus entries go directly to Head Office and a copy to the National Track & Field Secretary.
10. **Regional Competition secretaries must be present on day of competition.**
11. No Entry or Change of entry on the day of championship.
12. Club Singlets must be worn.
13. Only starting blocks provided by the organising committee may be used.
14. **COLLECTING YOUR NUMBER DOES NOT MEAN YOU ARE CHECKED IN.**
15. The committee reserve the right to alter timetable. The starting time of events may be brought forward up to 45 minutes from the proposed Timetable.
16. **Track athletes must check in at the check in area 1 hour before their event.**
17. **Field athletes check in at their event.**
18. The guidelines for middle distance events are; a final will be held if there are 16 or less in the 600m, 800m and 20 or less in the 1500m
19. In all field events except the High Jump and Pole Vault 3 attempts, 3 final throws/jumps for the 8 best athletes.
20. **ALL FIELD EVENT ATHLETES MUST BE TECHNICALLY PROFICIENT AND COMPETENT IN THE EVENT IN THE INTEREST OF SAFETY.**
21. Winning athletes must report for medal presentation 20 minutes after their event.
22. **ONLY 5mm SPIKES MAY BE USED.**
23. An athlete must leave the arena when their event is complete.
24. Please do not leave your personal belongings unattended.
25. **PLEASE HAVE RESPECT FOR THE STADIUM AND ITS ENVIRONS.**
26. Coaches and parents are **not allowed** on the track at any time. Any parent or club official found on the track risk the possibility of their athlete and club being disqualified.

Juvenile Track & Field Championships U13 – U19

Venue: Tullamore Stadium, Co. Offaly
Date: Saturday/Sunday 14th/15th July 2007
Time: Check in commences at 9.00 a.m.
 See timetable for individual competition times.
Entry Fee: €4 per event
 No Late entries
 Entries to Competition Secretary AAI, Head Office
 A copy of entries to National Juvenile Competition Secretary
Closing Date: Week 1 - 1st July 2007 Week 2 – 15th July 2007
 All athletes must be registered for 2007

EVENTS

Girls U13
80m
60m Hurdles
600m
High Jump
Javelin
Long Jump
Shot Putt

GIRLS 14	GIRLS 15	GIRLS 16
80m Sprint	100m Sprint	100m Sprint
75m Hurdles	80m Hurdles	80m Hurdles
	250m Hurdles	250m Hurdles
200m	200m	200m
800m	800m	800m
1500m	1500m	1500m
2000m Walk	2000m Walk	2000m Walk
Discus	Discus	Discus
Hammer	Hammer	Hammer
High Jump	High Jump	High Jump
Javelin	Javelin	Javelin
Long Jump	Long Jump	Long Jump
Shot Putt	Shot Putt	Shot Putt
		Pole Vault

GIRLS 17	GIRLS 18	GIRLS 19
100m Sprint	100m Sprint	100m Sprint
100m Hurdles	100m Hurdles	100m Hurdles
300m Hurdles	300m Hurdles	400m Hurdles
200m	200m	200m
300m	300m	400m
800m	800m	800m
1500m	1500m	1500m
	3000m	3000m
	1500m S/Chase	1500m S/Chase
3000m Walk	3000m Walk	3000m Walk
Discus	Discus	Discus
Hammer	Hammer	Hammer
High Jump	High Jump	High Jump
Javelin	Javelin	Javelin
Long Jump	Long Jump	Long Jump
Pole Vault	Pole Vault	Pole Vault
Shot Putt	Shot Putt	Shot Putt
Triple Jump	Triple Jump	Triple Jump

Athletic Association of Ireland Juvenile Programme 2007

Juvenile Track & Field Championships U13 – U19

Events cont.

Boys U13
80m
60m Hurdles
600m
High Jump
Javelin
Long Jump
Shot Putt

BOYS 14	BOYS 15	BOYS 16
80m Sprint	100m Sprint	100m Sprint
75m Hurdles	80m Hurdles	100m Hurdles
	250m Hurdles	250m Hurdles
200m	200m	200m
800m	800m	800m
1500m	1500m	1500m
		3000m
2000m Walk	2000m Walk	3000m Walk
Discus	Discus	Discus
Hammer	Hammer	Hammer
High Jump	High Jump	High Jump
Javelin	Javelin	Javelin
Long Jump	Long Jump	Long Jump
	Pole Vault	Pole Vault
Shot Putt	Shot Putt	Shot Putt
	Triple Jump	Triple Jump

BOYS 17	BOYS 18	BOYS 19
100m Sprint	100m Sprint	100m Sprint
100m Hurdles	110m Hurdles	110m Hurdles
300m Hurdles	400m Hurdles	400m Hurdles
200m	200m	200m
400m	400m	400m
800m	800m	800m
1500m	1500m	1500m
1500m S/Chase	2000m S/Chase	2000m S/Chase
3000m	3000m	3000m
3000m Walk	5000m Walk	5000m Walk
Discus	Discus	Discus
Hammer	Hammer	Hammer
High Jump	High Jump	High Jump
Javelin	Javelin	Javelin
Long Jump	Long Jump	Long Jump
Pole Vault	Pole Vault	Pole Vault
Shot Putt	Shot Putt	Shot Putt
Triple Jump	Triple Jump	Triple Jump

21A.A.I. Juvenile Championships of Ireland 13 – 19 years

Day 1 – Saturday 14th July 2007

10.30 a.m. TRACK EVENTS

Check in 9.00 a.m. Hurdles

10.30 a.m. Hurdles

Girls	13	60m Hurdles	2'3" 68.6cm
Boys	13	60m Hurdles	2'3" 68.6cm
Girls	14	75m Hurdles	2'3" 68.6cm
Boys	14	75m Hurdles	2'6" 76.2cm
Girls	15	80m Hurdles	2'6" 76.2cm
Girls	16	80m Hurdles	2'6" 76.2cm
Boys	15	80m Hurdles	2'9" 84.0cm
Girls	17	100m Hurdles	2'6" 76.2cm
Girls	18	100m Hurdles	2'6" 76.2cm
Boys	16	100m Hurdles	2'9" 84.0cm
Girls	19	100m Hurdles	2'9" 84.0cm
Boys	17	100m Hurdles	3'0" 91.4cm
Boys	18	110m Hurdles	3'0" 91.4cm
Boys	19	110m Hurdles	3'3" 99.0cm

Finals of Hurdles

Check in closes Walks 11,30 a.m.

12.30 p.m.

Girls	14,15,16	2000m Walks	Finals
Girls	17,18,19	3000m Walks	Finals

Check in closes 12.30 p.m.

1.30 p.m.

Girls & Boys	13	80m	Heats
Girls & Boys	14	80m	Heats
Girls & Boys	15	100m	Heats
Girls & Boys	16	100m	Heats
Girls & Boys	17	100m	Heats
Girls & Boys	18	100m	Heats
Girls & Boys	19	100m	Heats

Check in closes 2.30

3.30 p.m.

Girls	18/19	1500 S/C	Final
Boys	17	1500 S/C	Final
Boys	18/19	2000 S/C	Final

Final Sprints

10.00 a.m. FIELD EVENTS

Girls	14	Hammer (2.5k)SW
Boys	14	Hammer (2.5k)SW
Girls	15	Hammer (2.5k)SW
Girls	16	Hammer (3.25k)
Boys	15	Hammer (3.25k)
Girls	17	Hammer (3.25k)

10.00 a.m. Pole Vault

Girls 16,17,18 & 19

10.a.m.

Boys & Girls	14	Long Jump
Girls	16	High Jump
Boys	15	Shot
Girls	19	Discus
Boys	16	Javelin

11.00 a.m.

Boys & Girls	17	Long Jump
Girls	18	High Jump
Boys	18	Shot
Girls	15	Discus
Boys	19	Javelin

12.30 p.m.

Boys & Girls	15	Long Jump
Boys	16	High Jump
Girls	14	Shot
Boys	14	Discus
Girls	16	Javelin
Boys	18	Triple Jump

2.00 p.m.

Boys	17	High Jump
Girls	19	Shot
Boys	19	Discus
Boys	18	Javelin
Girls	18	Triple Jump

3.00

Boys	15	Javelin
Girls	15	High Jump

A.A.I. Juvenile Championships of Ireland 13 – 19 years
Tullamore Co. Offaly
Day 2 – Sunday Saturday 15th July 2007

TRACK EVENTS

10.00 a.m. FIELD EVENTS

Check in 9.30 a.m.300/400m

10.30 a.m.

Girls 17 & 18 300m Heats
 Boys 17,18,19 400m Heats
 Girls 19 400m Heats

Check in 10.00 a.m

11.30 Hurdles Heats

Girls 15 250m Hurdles 2'3" 68.6cm
 Girls 16 250m Hurdles 2'3" 68.6cm
 Boys 15 250m Hurdles 2'6" 76.2cm
 Boys 16 250m Hurdles 2'6" 76.2cm
 Girls 17 300m Hurdles 2'6" 76.2cm
 Boys 17 300m Hurdles 2'6" 76.2cm
 Girls 18 300m Hurdles 2'6" 76.2cm
 Girls 19 400m Hurdles 2'6" 76.2cm
 Boys 18 400m Hurdles 2'9" 84.0cm
 Boys 19 400m Hurdles 3'0" 91.4cm

Finals of Hurdles in the same order

Check in 800m closes 12.30p.m.

1.30 p.m.

Girls & Boys 13 600m Heats
 Girls & Boys 14 800m Heats
 Girls & Boys 15 800m Heats
 Girls & Boys 16 800m Heats
 Girls & Boys 17 800m Heats
 Girls & Boys 18 800m Heats
 Girls & Boys 19 800m Heats

2.30 p.m.

Finals 300m, 400m

Check in closes 2.30 p.m. 3000m

3.00 p.m.

Boys 16,17,18,19 3000m Final
 Girls 18, 19 3000m Final

4.00 pm.

Finals of 600m, 800m

10.00 a.m.

Girls 18 Hammer (4kg)
 Boys 16 Hammer (4kg)
 Girls 19 Hammer (4kg)
 Boys 17 Hammer (5kg)
 Boys 18 Hammer (5kg)
 Boys 19 Hammer (6kg)

10.00 a.m.

Pole Vault

Boys 15,16,17,18 & 19

10.00a.m.

Girls 16 Long Jump
 Girls 14 High Jump
 Boys 14 Shot
 Girls 17 Discus
 Boys 13 Javelin
 Boys 15 Triple Jump

11.30 a.m.

Girls 19 High Jump
 Boys 13 Shot
 Girls 18 Discus
 Boys 14 Javelin
 Boys 19 Triple Jump

1.00 p.m.

Boys 16 Long Jump
 Girls 13 Shot
 Boys 14 High Jump
 Girls 13 Javelin
 Boys 18 Discus

2.30 p.m.

Girls 13 Long Jump
 Girls 16 Shot
 Girls 14 Javelin
 Boys 13 High Jump

3.30 p.m.

Boys 19 Shot
 Boys 17 Triple Jump
 Girls 13 High Jump
 Boys 13 Long Jump

A.A.I. Juvenile Championships of Ireland 13 – 19 years Tullamore, Co Offaly Day 3 – Saturday 28th July 2007

TRACK EVENTS
FIELD EVENTS
Check in 9.30 Walks
10.30 am Walks

Boys 14, 15	2000m Walks Finals
Boys 16, 17	3000m Walks Finals
Boys 18, 19	5000m Walks Finals

Check in 10.00 closes 10.45 1500m
11.15 am

Girls & Boys 14	1500m	Heats
Girls & Boys 15	1500m	Heats
Girls & Boys 16	1500m	Heats
Girls & Boys 17	1500m	Heats
Girls & Boys 18	1500m	Heats
Girls & Boys 19	1500m	Heats

Check in 12.00 closes 200m
1.00 p.m.

Girls & Boys 14	200m	Heats
Girls & Boys 15	200m	Heats
Girls & Boys 16	200m	Heats
Girls & Boys 17	200m	Heats
Girls & Boys 18	200m	Heats
Girls & Boys 19	200m	Heats

3.00 p.m.
Finals 1500m
Finals 200m
10.00 a.m

Boys	15	High Jump
Boys	19	Long Jump
Boys	17	Discus
Girls	17	Shot
Girls	18	Javelin
Girls	19	Long Jump

11.00 a.m.

Girls	17	High Jump
Boys	16	Triple Jump
Girls	18	Long Jump
Girls	15	Shot
Boys	15	Discus
Boys	17	Javelin

12.00 noon

Boys	19	High Jump
Boys	16	Shot
Girls	16	Discus
Girls	17	Triple Jump
Girls	15	Javelin

2.00 p.m.

Boys	17	Shot
Boys	16	Discus
Girls	17	Javelin
Girls	19	Triple Jump
Boys	18	High Jump

3.00 p.m.

Girls	19	Javelin
Boys	18	Long Jump
Girls	14	Discus
Girls	18	Shot