

Institute of Technology, Sligo

Sunday 27th May 2007 - Starting Time 13.30

For office use only

ENTRY FORM

Surname:

First Name:

Club:

D.O.B: -- Reg. No.

Contact No.

No Entry Fee

Closing Date: 18th May 2007

Women	Men
100m <input type="checkbox"/>	100m <input type="checkbox"/>
200m <input type="checkbox"/>	200m <input type="checkbox"/>
400m <input type="checkbox"/>	400m <input type="checkbox"/>
800m <input type="checkbox"/>	800m <input type="checkbox"/>
1500m <input type="checkbox"/>	3000m <input type="checkbox"/>
1500m Junior <input type="checkbox"/>	1500m Junior <input type="checkbox"/>
	3000m Masters <input type="checkbox"/>
3000m Walk <input type="checkbox"/>	5000m Walk <input type="checkbox"/>
Triple Jump <input type="checkbox"/>	400m Hur <input type="checkbox"/>
High Jump <input type="checkbox"/>	High Jump <input type="checkbox"/>
Pole Vault <input type="checkbox"/>	Pole Vault <input type="checkbox"/>
Long Jump <input type="checkbox"/>	Long Jump <input type="checkbox"/>
Javelin <input type="checkbox"/>	Discus <input type="checkbox"/>
	Shot <input type="checkbox"/>

Best Performance:

Entries to: Competitions AAI, 19, Northwood Court, Northwood Business Campus, Dublin 9
or Email to admin@athleticsireland.ie

Athletes who enter for Senior & Junior Competition may be subject for selection for testing under the Anti Doping document



AAI GAMES



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Timetable

Time	Track		Time	Field	
13.30	3000m Walk	W	13.30	Triple Jump	W
14.00	400m Hurdles	M	14.00	Pole Vault	W & M
14.10	100m	W		Long Jump	M
14.20	100m	M	14.20	Discus	M
14.30	5000m Walk	M	14.30	High Jump	W
15.00	800m	M			
15.10	1500m	W	15.20	Long Jump	W
15.20	1500m Junior	M			
15.30	200m	W	15.30	Javelin	W
15.40	200m	M	15.40	Shot Putt	M
15.50	3000m	M	15.50	High Jump	M
16.05	400m	W			
16.15	400m	M			
16.25	3000m	M			

Doping is Cheating AAI is Committed to Drugs Free Sport