Fantastic Start to the Midland Running League

There was an brilliant turnout of almost 190 runners and walkers for the first 5km fun run and walk in the Midland Running League at Belvedere House, Gardens & Park, Mullingar on Wednesday May 2nd last. This was a record entry for the event and included participants from eight different counties who were all full of praise for the new traffic-free course. It is fitting that this event should take place off the road over a scenic 5km course through the Earls Trail in Belvedere, following on from the recent National Road Safety Week campaign promoting road safety especially to young road users.

A fine summer's evening set the scene for a most enjoyable event. Thanks to all the participants who came out in such huge numbers to support the league. The large entry included many local runners, joggers and walkers, with many athletes throughout the midlands and beyond also taking part. The increased entry of walkers was most welcome. Noel Kelly from the host club Mullingar Harriers and Pauline Curley from Tullamore Harriers were the individual male and female winners on the night, but in this event everyone who takes part is a winner.

Judging by the entries so far the Midland Running League is destined to be another great success this year. The event promoted by Mullingar Harriers Athletic Club & Westmeath Sports Partnership is aimed at increasing participation in sport and physical activity in Westmeath. It offers a fun and social way to participate in sport and aims to cater for runners, joggers and walkers of all ages and abilities. The focus is on participation rather that competition and the Organising Committee are encouraging as many as possible to take part. The event aims to encourage women to participate in sport and is ideal preparation for ladies who are preparing for the forthcoming women's mini-marathon. Indeed it is a fun way for the entire family to participate in sport with children aged 12 and over also welcome to take part.

The organizers are confidently expecting another large turnout for the remaining events on the Wednesday evenings in May. We look forward to welcoming back all our participants for our next event at Belvedere House, Gardens & Park this evening (Wednesday May $9^{th} - 7.30 \text{pm}$ start) and hopefully many new runners, joggers and walkers will take up the challenge and join us in this fun and social event.

For new entries, registration is at the Visitor Centre in Belvedere from 6.30pm onwards. Each entrant will receive a souvenir t-shirt. Runners and walkers already registered should go directly to the start area in the overflow carpark. The entry fee is €15 for the series, which covers the five events and includes a souvenir t-shirt for each participant, or €5 per event.

There will be a presentation ceremony after the final event on May 30th with lots of category and spot prizes to be won. The overall male and female winners will receive the Pat Finnerty Perpetual Trophy to commemorate Pat Finnerty (R.I.P.), past Chairperson of Mullingar Harriers. Prizes will be awarded for participants who take part in three out of the five events.

The Organising Committee are appealing to the people of Westmeath and the Midlands to support this event, it is a great fun and social way to participate in sport and explore the beauty of one of our finest visitor attractions simultaneously. So why not come to Belvedere House, Gardens & Park on the Wednesday evenings of May, you will not be disappointed!

Mullingar Harriers and Westmeath Sports Partnership wish to thank all who contributed to the success of the event so far, especially the Management & Staff of Belvedere House, Park & Gardens, Westmeath County Council and Westmeath Civil Defence without whose support and assistance the Midland Running League could not take place. Thanks also to all the stewards who did a superb job on marshalling the course, taking entries, recording and processing results.

The Midland Running League is a joint initiative between Mullingar Harriers Athletic Club and Westmeath Sports Partnership, supported by the Irish Sports Council under the Women in Sport Programme. One of the aims of the Westmeath Sports Partnership three-year strategy for the development of sport in the county is to encourage participation in sport at local level. For further information on the League contact Sonja Statham, Westmeath Sports Partnership Tel: 044-9390208 / Pat Muldoon, Mullingar Harriers Tel: 087 6982547. Alternatively visit www.westmeathsports.ie or www.mullingarharriers.com Full results are available on either of the above websites.

Round 1 Results, Wednesday 2nd May 2007

Place	Name	Club	Category	No.	Time
1	Noel Kelly	Mullingar Harriers	Senior	236	15:59
2	Paul Buckley	Ferbane A.C.	Senior	238	16:15
3	Catch Grennan	Tullamore Harriers	Senior	242	16:41
4	Peter Mooney	Na Fianna	Senior	207	16:43
5	Ben Vaitevichius	Mullingar Harriers	O 50	308	16:45
6	Tom McGrath	Mullingar Harriers	O 40	399	16:47
7	John Donegan	Tullamore Harriers	O 40	384	16:54
8	Cormac Finnerty	Mullingar Harriers	Senior	202	17:02
9	Declan Fahy		Senior	215	17:06
10	Domo Moran	Dunshaughlin A.C.	O 45	329	17:10
11	Ed O' Connor	Na Fianna	O 40	331	17:13
12	Pauline Curley	Tullamore Harriers	Senior	221	17:22
13	P. J. Carroll	North Laois A.C.	O 40	319	17:37
14	Matt Glennon	Mullingar Harriers	O 40	303	17:43
15	Jody O'Reilly	Tullamore Harriers	Senior	213	17:51
16	Alan Maye	Na Fianna	Senior	403	17:55
17	Derek Croal	Bohermeen A.C.	Senior	431	17:57
18	Billy Gallagher	Mayo A. C.	O 50	278	18:05
19	Aidan Gorry	Mullingar Harriers	Senior	205	18:17
20	Sean Murphy		Senior	429	18:19
21	Johnny Feerey	Tullamore Harriers	O 50	325	18:20

22	Rory Mooney	Na Fianna	Senior	209	18:25
23	Dermot Farrelly	Bohermeen A.C.	Senior	425	19:00
24	Mary Hanley	Na Fianna	Senior	222	19:14
25	Kieran Nolan	Mullingar Harriers	Senior	217	19:15
26	Joe Wrafter	Tullamore Harriers	O 40	385	19:23
27	Joe Holton	Na Fianna	O 45	255	19:25
28	Eddie Newman	Mullingar Harriers	O 40	375	19:25
29	Dermot Cafferty		Senior	210	19:28
30	Declan Byrne	Bohermeen A.C	O 40	272	19:32
31	John Joe McDonagh	Brosna Boxing	Senior	436	19:36
32	Enda Markey		Senior	427	19:42
33	Maire-Triona Keane	Tullamore Harriers	Senior	241	19:46
34	Ciaran O' Meara	Mullingar Harriers	Senior	401	19:52
35	Eddie Prunty	Annalee A.C.	O 60	323	19:59
36	Barry Kelly		Senior	250	20:25
37	Patsy Fitzsimons	South O' Hanlon	O 55	366	20:28
38	Eva Ross	Mullingar Harriers	Senior	212	20:34
39	John Nearey			268	20:39
40	Gerry Duffy	Midland Tri Club	Senior	219	20:42
41	Frank Dillon	Mullingar Harriers	O 55	251	20:53
42	Brian Cully		O 40	395	20:54
43	Michael Nevin		Senior	438	21:00
44	Murty Hanley	Mullingar Harriers	Senior	248	21:01
45	Paul Hardman		Senior	203	21:07
46	John Bannon	Mullingar Harriers	O 40	419	21:13
47	Brendan Fayne		Senior	211	21:14
48	Shane Kelleher		Junior	189	21:25
49	Christy Creagh	Mullingar Harriers	O 60	314	21:32
50	Vonas Bryllart	Ericsson	Senior	441	21:38
51	Maura Dervan	Mullingar Harriers	O 40	341	21:41
52	Ciaran McGovern	Tullamore Harriers	O 55	253	21:43
53	Brendan Kennedy	Tullamore Harriers	O 45	264	21:45
54	Wendy Bates	Mullingar Harriers	Senior	428	21:54
55	Andy O' Grady	Tullamore Harriers	O 50	265	21:56
56	Ger Brady		Senior	443	22:00
57	Lorcan Sleator	Midland Tri	Senior	434	22:04
58	Sean Cooney	South O Hanlon Navan	O 65	369	22:05
59	John Paul O' Brien	Lakeside Wheelers	Senior	417	22:06
60	Elizabeth Carr	Mullingar Harriers	Junior	407	22:10
61	AnnMarie McCluskey	Na Fianna	O 40	335	22:14
62	Liam Dalton		Senior	243	22:15
63	Kestutis Navickas		O 50	309	22:17

64	Anthony Doolin		Senior	224	22:23
65	Paul McCool	Mullingar Harriers	O 45	318	22:23
66	Gerard Dalton		O 50	356	22:27
67	Sinead Nolan	Anneleigh	Senior	204	22:39
68	Paddy Tierney	North Westmeath A/C	O 50	379	22:41
69	Martin Carley		O 40	267	22:42
70	Tommy Carr	Mullingar Harriers	Senior	405	22:54
71	Frankie Wright	Lilliput Triathlon	O 40	271	22:56
72	Paddy Nevin	Brosna Boxing	Junior	453	23:02
73	Colm Geoghegan	Lakeside Wheelers	Senior	418	23:18
74	Ray Doyle	Longford	Senior	230	23:47
75	Simon Carr	Mullingar Harriers	Junior	409	23:49
76	Garath Carr	Mullingar Harriers	Junior	408	23:55
77	Paddy Joyce	Brosna Boxing	Junior	452	24:03
78	Kevin McLoughlin		Senior	234	24:18
79	Jude Lowen	Roscommon	Senior	225	24:20
80	Michelle O'Hallohan	Mullingar Harriers	Senior	228	24:20
81	Sean Connell		Senior	233	24:24
82	Sean Montgomery	North Westmeath A/C	O 45	383	24:45
83	Jim Langan	Tullamore Harriers	O 60	301	25:00
84	Shane Nugent	Mullingar Harriers	Junior	186	25:11
85	Edward Balbirnie		Senior	240	25:16
86	Aidan Cashin	Roscommon A.C.	O 65	343	25:16
87	Margaret Power		Senior	437	25:16
88	Kieran McCarty		Senior	442	25:16
89	Dorothy Duffy	Midland Tri Club	Senior	218	25:24
90	Colin Clarke		Senior	226	25:24
91	Gerard Flynn		Senior	440	25:26
92	Richard Kelly	Midland Tri	Senior	414	25:29
93	Jude Doran	Ericsson	Senior	445	25:33
94	Carmel O'Grady		Senior	227	25:37
95	Barry O' Brien	Midland Tri	Senior	416	26:16
96	Therese O'Keeffe		O 35	363	26:26
97	Jo Egan	Mullingar Harriers	Senior	432	26:26
98	Eileen Gorry	Mullingar Harriers	Senior	206	26:30
99	Martin O' Donnell	Midland Tri	O 40	257	26:44
100	Bobby King	Dunboyne	O 60	315	26:46
101	Georgina Tuohy	Tullamore Harriers	Senior	448	26:46
102	Patricia Broderick	Mullingar Harriers	O 40	430	27:00
103	Susan O' Neill		Senior	449	27:00
104	Breda Daly		Senior	223	27:40

105 106	Aaron Duggan Aine O Grady	Midland Tri Mullingar Harriers	Junior Senior	455 446	27:40 28:01
107	Deirdre Coffey	gar riarrioro	0 35	340	28:05
108	Breda McDonnell	Mullingar Harriers	O 55	311	28:07
109	Sean McMullin	Mullingar Harriers	0 60	353	28:25
110	Geraldine Walsh	Mullingar Harriers	O 55	266	28:31
111	Adre Vosloo	· ·	Senior	235	28:35
112	Yvonne Kane	Midland Tri	O 35	259	28:35
113	Pat Nugent	Mullingar Harriers	O 40	361	28:35
114	Des Walsh	Mullingar Harriers	O 60	269	29:29
115	Geraldine Martin		O 35	261	29:30
116	Mary Carr	Mullingar Harriers	Senior	406	29:30
117	Tara Kelleher		Junior	187	29:34
118	Rian Kelleher		Junior	188	29:34
119	Sheelagh O'Connor		Senior	201	29:37
120	Karen Malone	Mullingar Harriers	Senior	208	30:00
121	Ray Martin		Senior	232	30:28
122	Paula Maguire		Senior	444	30:28
123	John Cronin	Tullamore Harriers	O 45	336	31:20
124	Tanya O'Neill		Senior	415	31:26
125	John Kenny		O 40	397	31:31
126	Valerie Brady		Senior	463	31:41
127	Barbara McGuire		Senior	464	31:41
128	Douglas Bates		Senior	263	31:47
129	Mary Dillon	Mullingar Harriers	O 35	273	31:47
130	Niall Bohan		Senior	421	31:47
131	Stephen Woods	Brosna Boxing Club	Junior	190	32:23
132	Sinead Muldoon		Senior	402	32:40
133	Claire O'Neill	Mullingar Harriers	Senior	231	33:14
134	Audrey Thomas		Senior	439	33:29
135	Anne Gormley	Donore Harriers	O 40	324	34:38
136	Leanne Gerathy	Mullingar Jets	Junior	435	36:04
137	Patricia Nolan		Senior	454	36:54
138	Christopher O' Reilly		Senior	246	37:10
139	Margaret Hayes		O 40	270	38:18
	Margaret Hayes		0 40	270	30.10

141	Joanna Wood		O 45	326	38:34
142	Laura Wilson		Junior	185	40:00
143	Edel Kelleher		O 40	376	40:00
144	Susan Finnerty	Mullingar Harriers	Senior	424	41:09
145	Ashling McTiernan	Mullingar Harriers	Senior	426	41:09
146	Gemma McMullin		Senior	249	43:10
147	Lynda Martin		Senior	300	43:10
148	Marie Buckley		O 40	358	43:35
149	Briege Ginnell		O 40	252	44:10
150	Patricia Flannagan		O 40	398	44:10
151	Miriam Owen		Senior	404	44:13
152	Alison Cullian		Senior	422	44:13
153	Roibeard Ó Ceallaigh	Westmeath CoCo	Senior	423	44:13
154	Sinead Marshall	Mullingar Harriers	Senior	229	44:16
155	Martha Marshall	Mullingar Harriers	O 50	368	44:16
156	Linda Gerathy		O 40	433	44:36
157	Caroline Dillion	WCC	O 40	239	44:48
158	Angela Algar		O 40	275	44:48
159	Carla Molley		Senior	459	45:18
160	Marie Muldoon		O 50	410	46:48
161	Theresa Millone		O 50	411	46:48
162	Laura Brieslin		Senior	247	46:58
163	Ann Duignan		Walker	457	48:03
164	Mandy Brieslin		Senior	245	48:53
165	Anne O' Sullivan		Senior	447	49:03
166	Anne Byrne		O 40	396	49:05
167	Emma Duggan	Midland Tri	Junior	456	50:00
168	Amy Shekleton		Senior	460	50:00
169	Angela Duggan		Senior	412	51:32
170	Cristain Linscot		Senior	458	51:33
171	Carmel Geraghty		O 40	254	52:05
172	Mary Leonard		Senior	420	52:05
173	Cytherea O'Reilly		Senior	258	52:35

174	Pauline Hussey		Senior	260	52:35
175	Niamh Rushe		Senior	262	52:35
176	Paula O'Dornan		Senior	244	55:45
177	Geraldine Merrifield		O 40	256	55:45
178	Maureen Murtagh		Senior	461	56:05
179	Claire Fox		Senior	462	56:05
180	Michael Drury	Mullingar Harriers	Junior	191	
181	Shane Boyle	Bohermeen	Senior	214	
182	Treacy Fahey		Senior	216	
183	Darragh Caffrey		Senior	220	
184	Karen Malherbe	Mullingar Harriers	Senior	237	
185	Susan Finnerty	Mullingar Harriers	Senior	274	
186	Bronwyn Drury		Senior	276	
187	Anne Doyle		O 40	400	
188	Michael Duggan	Midland Tri	Senior	413	
189	Olive Maguire		O 60	451	