

### 10.30 a.m. TRACK EVENTS

#### Check in 9.00 a.m. Hurdles

#### 10.30 a.m. Hurdles

Girls 13	60m Hurdles	2'3"	68.6cm
Boys 13	60m Hurdles	2'3"	68.6cm
Girls 14	75m Hurdles	2'3"	68.6cm
Boys 14	75m Hurdles	2'6"	76.2cm
Girls 15	80m Hurdles	2'6"	76.2cm
Girls 16	80m Hurdles	2'6"	76.2cm
Boys 15	80m Hurdles	2'9"	84.0cm
Girls 17	100m Hurdles	2'6"	76.2cm
Girls 18	100m Hurdles	2'6"	76.2cm
Boys 16	100m Hurdles	2'9"	84.0cm
Girls 19	100m Hurdles	2'9"	84.0cm
Boys 17	100m Hurdles	3'0"	91.4cm
Boys 18	110m Hurdles	3'0"	91.4cm
Boys 19	110m Hurdles	3'3"	99.0cm

#### Finals of Hurdles

#### Check in closes Walks 11,30 a.m.

#### 12.30 p.m.

Girls 14,15,16	2000m Walks Finals
Girls 17,18,19	3000m Walks Finals

#### Check in closes 12.30 p.m.

#### 1.30 p.m.

Girls & Boys 13	80m	Heats
Girls & Boys 14	80m	Heats
Girls & Boys 15	100m	Heats
Girls & Boys 16	100m	Heats
Girls & Boys 17	100m	Heats
Girls & Boys 18	100m	Heats
Girls & Boys 19	100m	Heats

#### Check in closes 2.30

#### 3.30 p.m.

Girls 18/19	1500 S/C	Final
Boys 17	1500 S/C	Final
Boys 18/19	2000 S/C	Final

#### Final Sprints

### 10.00 a.m. FIELD EVENTS

Girls	14	Hammer (2.5k)SW
Boys	14	Hammer (2.5k)SW
Girls	15	Hammer (2.5k)SW
Girls	16	Hammer (3.25k)
Boys	15	Hammer (3.25k)
Girls	17	Hammer (3.25k)

#### 10.00 a.m. Pole Vault

Girls	16,17,18 & 19
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#### 10.a.m.

Boys & Girls	14	Long Jump
Girls	16	High Jump
Boys	15	Shot
Girls	19	Discus
Boys	16	Javelin

#### 11.00 a.m.

Boys & Girls	17	Long Jump
Girls	18	High Jump
Boys	18	Shot
Girls	15	Discus
Boys	19	Javelin

#### 12.30 p.m.

Boys & Girls	15	Long Jump
Boys	16	High Jump
Girls	14	Shot
Boys	14	Discus
Girls	16	Javelin
Boys	18	Triple Jump

#### 2.00 p.m.

Boys	17	High Jump
Girls	19	Shot
Boys	19	Discus
Boys	18	Javelin
Girls	18	Triple Jump

#### 3.00

Boys	15	Javelin
Girls	15	High Jump

## TRACK EVENTS

### Check in 9.30 a.m. 300/400m

#### 10.30 a.m.

Girls 17 & 18	300m	Heats
Boys 17,18,19	400m	Heats
Girls 19	400m	Heats

### Check in 10.00 a.m

#### 11.30 Hurdles Heats

Girls 15	250m Hurdles	2'3"	68.6cm
Girls 16	250m Hurdles	2'3"	68.6cm
Boys 15	250m Hurdles	2'6"	76.2cm
Boys 16	250m Hurdles	2'6"	76.2cm
Girls 17	300m Hurdles	2'6"	76.2cm
Boys 17	300m Hurdles	2'6"	76.2cm
Girls 18	300m Hurdles	2'6"	76.2cm
Girls 19	400m Hurdles	2'6"	76.2cm
Boys 18	400m Hurdles	2'9"	84.0cm
Boys 19	400m Hurdles	3'0"	91.4cm

### Finals of Hurdles in the same order

### Check in 800m closes 12.30p.m.

#### 1.30 p.m.

Girls & Boys	13	600m	Heats
Girls & Boys	14	800m	Heats
Girls & Boys	15	800m	Heats
Girls & Boys	16	800m	Heats
Girls & Boys	17	800m	Heats
Girls & Boys	18	800m	Heats
Girls & Boys	19	800m	Heats

#### 2.30 p.m.

Finals 300m, 400m

### Check in closes 2.30 p.m. 3000m

#### 3.00 p.m.

Boys 16,17,18,19	3000m	Final
Girls 18, 19	3000m	Final

#### 4.00 pm.

Finals of 600m, 800m

## 10.00 a.m. FIELD EVENTS

#### 10.00 a.m.

Girls	18	Hammer (4kg)
Boys	16	Hammer (4kg)
Girls	19	Hammer (4kg)
Boys	17	Hammer (5kg)
Boys	18	Hammer (5kg)
Boys	19	Hammer (6kg)

#### 10.00 a.m. Pole Vault

Boys 15,16,17,18 & 19

#### 10.00a.m.

Girls	16	Long Jump
Girls	14	High Jump
Boys	14	Shot
Girls	17	Discus
Boys	13	Javelin
Boys	15	Triple Jump

#### 11.30 a.m.

Girls	19	High Jump
Boys	13	Shot
Girls	18	Discus
Boys	14	Javelin
Boys	19	Triple Jump

#### 1.00 p.m.

Boys	16	Long Jump
Girls	13	Shot
Boys	14	High Jump
Girls	13	Javelin
Boys	18	Discus

#### 2.30 p.m.

Girls	13	Long Jump
Girls	16	Shot
Boys	13	High Jump
Girls	14	Javelin
Boys	15	High Jump

#### 3.30 p.m.

Boys	19	Shot
Boys	17	Triple Jump
Girls	13	High Jump
Boys	13	Long Jump
Boys	15	High Jump

**TRACK EVENTS**

**FIELD EVENTS**

**Check in 9.30 Walks**

**10.30 am Walks**

Boys 14, 15      2000m Walks Finals  
 Boys 16, 17      3000m Walks Finals  
 Boys 18, 19      5000m Walks Finals

**Check in 10.00 closes 10.45 1500m**

**11.15 am**

Girls & Boys 14    1500m      Heats  
 Girls & Boys 15    1500m      Heats  
 Girls & Boys 16    1500m      Heats  
 Girls & Boys 17    1500m      Heats  
 Girls & Boys 18    1500m      Heats  
 Girls & Boys 19    1500m      Heats

**Check in 12.00 closes 200m**

**1.00 p.m.**

Girls & Boys 14    200m      Heats  
 Girls & Boys 15    200m      Heats  
 Girls & Boys 16    200m      Heats  
 Girls & Boys 17    200m      Heats  
 Girls & Boys 18    200m      Heats  
 Girls & Boys 19    200m      Heats

**3.00 p.m.**

**Finals 1500m**

**Finals 200m**

Girls                    14

**10.00 a.m**

Boys                19      Long Jump  
 Boys                17      Discus  
 Girls                17      Shot  
 Girls                18      Javelin  
 Girls                19      Long Jump

**11.00 a.m.**

Girls                17      High Jump  
 Boys                16      Triple Jump  
 Girls                18      Long Jump  
 Girls                15      Shot  
 Boys                15      Discus  
 Boys                17      Javelin

**12.00 noon**

Boys                19      High Jump  
 Boys                16      Shot  
 Girls                16      Discus  
 Girls                17      Triple Jump  
 Girls                15      Javelin

**2.00 p.m.**

Boys                17      Shot  
 Boys                16      Discus  
 Girls                17      Javelin  
 Girls                19      Triple Jump  
 Boys                18      High Jump

**3.00 p.m.**

Girls                19      Javelin  
 Boys                18      Long Jump  
 Discus  
 Girls                18      Shot

# Athletic Association of Ireland Juvenile Programme 2007

## Inter Club Relays

**Venue:** Tullamore, Co Offaly  
**Date:** 29<sup>th</sup> July 2007  
**Time:** 10.30 a.m.  
**Entry Fee:** 10 Euro per team  
No late entries  
Entries to: Competition Secretary, Head Office  
**Check-in** Opens 9.00 a.m.  
All athletes must be registered.  
**Closing Date:** 15<sup>th</sup> July 2007

### Order of Events

10.30 a.m.

		Age	Event	
1	Girls	18	4 x 300	Heats
2	Boys	18	4 x 400	Heats
7	Girls	13	4 x 100m	Heats
8	Boys	13	4 x 100m	Heats
9	Girls	15	4 x 100m	Heats
10	Boys	15	4 x 100m	Heats
11	Girls	17	4 x 100m	Heats
12	Boys	17	4 x 100m	Heats
13	Girls	19	4 x 100m	Heats
14	Boys	19	4 x 100m	Heats

### Finals in the same order

1.30 p.m.

15	Girls	17	4 x 300m	Heats
16	Boys	17	4 x 400m	Heats
17	Girls	19	4 x 400m	Heats
18	Boys	19	4 x 400m	Heats
23	Girls	14	4 x 100m	Heats
24	Boys	14	4 x 100m	Heats
25	Girls	16	4 x 100m	Heats
26	Boys	16	4 x 100m	Heats
27	Girls	18	4 x 100m	Heats
28	Boys	18	4 x 100m	Heats

### Finals in the same order

**Regulations: Normal rules for Track and Field apply plus the following**

- 1 Athletes born in **1992** may not compete in either the 4x300m or 4x400m relays
- 2 Minimum break of 45 for 100m relays and 90 mins for 300m and 400m relays
- 3 Athletes may move up one age group but can only compete in a maximum of 3.
- 4 **At least 2 members of the team must be in their correct age-group.**
- 5 Three (3) teams per county per age group, **Teams qualify from the County.**
- 6 Entry Forms for 13-19's will be sent to County Secretaries.
- 7 **All team names, reg numbers and DOB must be on entry sheets at closing date.**
- 9 **Declaration sheets must be filled in on day of competition.**
- 10 **Spot checks may take place.**