

Friday 17 August 2007. 7:30 pm

Place	Time	Name	Team	Pace
1	0:25:26	BRALITIS, Sandis	West Waterford A.C	05:05.1
2	0:26:30	ZAKIS, Raivis	West Waterford A.C	05:17.9
3	0:26:58	STILLWELL, Sean	West Waterford A.C	05:23.5
4	0:27:22	DUGGAN, Peter	St Josephs A.C	05:28.3
5	0:27:50	FLANNELLY, Ted	United Striders	05:33.9
6	0:28:20	MCGRATH, Declan (81)	West Waterford A.C	05:39.9
7	0:28:25	MOLONEY, Rory	West Waterford A.C	05:40.9
8	0:28:44	FRANCIS, Peter		05:44.7
9	0:28:50	TURCAN, Valerin	Clonmel AC	05:45.9
10	0:28:52	RADLEY, Keith	N/A	05:46.3
11	0:28:56	MCCARTHY, Martin	West Waterford A.C	05:47.1
12	0:29:00	BUDDS, Liam	West Waterford A.C	05:47.9
13	0:29:12	LEARY, Andrew	West Waterford A.C	05:50.3
14	0:29:15	RIORDAN, Patrick	West Waterford A.C	05:50.9
15	0:29:16	BYRNE, Brian	West Waterford A.C	05:51.1
16	0:29:26	KELLY, Joe	West Waterford A.C	05:53.1
17	0:29:31	BRENNAN, Lucy	Sligo	05:54.1
18	0:29:31	WALSH, Ian	Waterford Triathlon	05:54.1
19	0:29:32	NEUMERZKITSKIG, Vasiliy	Clonmel AC	05:54.3
20	0:29:41	MCGUIRE, Billy	West Waterford A.C	05:56.1
21	0:29:58	CARROLL, Denis	Eagle A.C	05:59.5
22	0:30:02	CROTTY, Sinead	West Waterford A.C	06:00.3
23	0:30:11	GALLAGHER, Brian	Waterford A.C	06:02.1
24	0:30:15	LOWE, Cathal	Waterford A.C	06:02.9
25	0:30:17	DUNFORD, Michael	West Waterford A.C	06:03.3
26	0:30:17	DWYER, PJ	St. Senans A.C	06:03.3
27	0:30:19	DWYER, Ray	West Waterford A.C	06:03.7
28	0:30:24	MALONE, Kevin	Waterford A.C	06:04.7
29	0:30:42	DUGGAN, Jack	St Josephs A.C	06:08.3
30	0:30:45	O'CONNOR, Brian	Grange/Fermoy	06:08.9
31	0:30:47	PHELAN, Eamon	West Waterford A.C	06:09.3
32	0:31:09	FITZGERALD, Jerry	Waterford A.C	06:13.7
33	0:31:11	GRIFFIN, John	Carrignavar, Cork	06:14.1
34	0:31:13	CARTHY, Jakie	Kilmore A.C	06:14.5
35	0:31:17	CURLEY, PAUL	Youghal A.C	06:15.3
36	0:31:21	MARTIN, Lar	Clonmel AC	06:16.1
37	0:31:22	POWER, Michael	St Josephs A.C	06:16.3
38	0:31:28	MURRAY, Conor	West Waterford A.C	06:17.5
39	0:31:31	CASHMAN, John	Midleton A.C	06:18.1
40	0:31:33	DRAKE, Martin	Clonmel AC	06:18.5
41	0:31:34	FLYNN, Martin	Waterford A.C	06:18.7
42	0:31:41	O'BRIEN, Tom	West Waterford A.C	06:20.1
43	0:31:42	TWOMEY, TIM	East Cork	06:20.3
44	0:31:43	COONAN, Justin	West Waterford A.C	06:20.5
45	0:31:47	TOBIN, Maurice	Grange/Fermoy	06:21.3
46	0:31:52	PULLMAN, Mark	dunoughmore	06:22.3
47	0:31:55	AHEARNE, Neilus	Midleton A.C	06:22.9
48	0:31:56	LEAHY, John	N/A	06:23.1
49	0:32:09	DOLLARD, Andy	St. Senans A.C	06:25.7
50	0:32:12	CUNNINGHAM, Luke	West Waterford A.C	06:26.3
51	0:32:13	CURRAN, Alan (88)	N/A	06:26.5
52	0:32:15	CRONIN, Brendan		06:26.9
53	0:32:17	MOONEY, Paul	West Waterford A.C	06:27.3
54	0:32:20	FAWKES, Ron	N/A	06:27.9
55	0:32:21	WHELAN, Alan	Waterford A.C	06:28.1
56	0:32:23	TUTTY, Vincent	West Waterford A.C	06:28.5
57	0:32:29	CONNORS, Nicholas	N/A	06:29.7
58	0:32:31	MCCARTHY, Sean	Clonmel AC	06:30.1

59	0:32:36	BURKE, Mary	Waterford A.C	06:31.1
60	0:32:37	NAVIN, Earl	West Waterford A.C	06:31.3
61	0:32:48	COOKE, Brea	Waterford A.C	06:33.5
62	0:32:52	O'DONNELL, Kenneth	West Waterford A.C	06:34.3
63	0:32:54	RYAN, Noel	Balnonty	06:34.7
64	0:33:07	ALLEN, Wayne	Waterford A.C	06:37.3
65	0:33:23	DUHIG, Jim	West Waterford A.C	06:40.5
66	0:33:25	O'CONNOR, Gerry	N/A	06:40.9
67	0:33:27	LOWE, Brenda	Waterford A.C	06:41.3
68	0:33:28	SHARP, Gavin	N/A	06:41.5
69	0:33:34	COLEMAN, Tomas	West Waterford A.C	06:42.7
70	0:33:34	O'BRIEN, Patricia	Grange/Fermoy	06:42.7
71	0:33:36	KELLEHER, Con	N/A	06:43.1
72	0:33:43	MCCARTHY, Eugene	Youghal A.C	06:44.5
73	0:33:45	BYRNE, Garrett	West Waterford A.C	06:44.9
74	0:33:46	GRANT, Derek	Waterford A.C	06:45.1
75	0:33:52	NUGENT, Elma	West Waterford A.C	06:46.3
76	0:34:00	WYLEY, Ger	West Waterford A.C	06:47.9
77	0:34:03	CONNORS, David	N/A	06:48.5
78	0:34:06	LINDOP, Don	wirksworth rc	06:49.1
79	0:34:13	DUNPHY, John	N/A	06:50.5
80	0:34:16	EVANS, Paul	great yarmouth rr	06:51.1
81	0:34:20	BOLAND, Maurice	Clonmel AC	06:51.9
82	0:34:30	KELLY, Richard	West Waterford A.C	06:53.9
83	0:34:38	FLYNN, John (1967)	West Waterford A.C	06:55.5
84	0:34:43	DWYER, Anthony	West Waterford A.C	06:56.5
85	0:34:45	KELLY, Maurice	N/A	06:56.9
86	0:34:46	WADE, Michael	West Waterford A.C	06:57.1
87	0:34:48	KAVANAGH, Liam	West Waterford A.C	06:57.5
88	0:34:51	LENIHAN, Frank	Togher A.C	06:58.1
89	0:34:51	FLYNN, David	Waterford A.C	06:58.1
90	0:34:53	DWYER, Sean	West Waterford A.C	06:58.5
91	0:34:57	DOYLE, Helen	Kilmore A.C	06:59.3
92	0:34:58	HARTE, Declan	Waterford A.C	06:59.5
93	0:35:05	BURKE, Johnny	Carrick-on-Suir AC	07:00.9
94	0:35:06	O'KELLY, Aidan	Tralee AC	07:01.1
95	0:35:11	MURPHY, Esther	St Finbars A.C	07:02.1
96	0:35:12	TRACEY, Alan	Carrick-on-Suir AC	07:02.3
97	0:35:24	STREET, Paddy	West Waterford A.C	07:04.6
98	0:35:35	ROCHE, Michael	West Waterford A.C	07:06.8
99	0:35:40	DROHAN, Noel	West Waterford A.C	07:07.8
100	0:35:46	RATH, Suzanne	Waterford Road Runners	07:09.0
101	0:35:49	VESPA, Mark	N/A	07:09.6
102	0:35:49	BEAVER, Harry	Waterford A.C	07:09.6
103	0:35:51	COLEMAN, Billy	West Waterford A.C	07:10.0
104	0:35:53	MORRISSEY, Pat	West Waterford A.C	07:10.4
105	0:35:53	CURRAN, P.J.	West Waterford A.C	07:10.4
106	0:36:04	POWER, Kevin	Youghal A.C	07:12.6
107	0:36:17	DOYLE, Jim	S.B Rovers	07:15.2
108	0:36:22	O'HALLORAN, Frank		07:16.2
109	0:36:27	FLANAGAN, Eamonn	Youghal A.C	07:17.2
110	0:36:28	WALL, Triona	West Waterford A.C	07:17.4
111	0:36:29	LINDOP, Andy	wirksworth rc	07:17.6
112	0:36:32	MCCARTHY, Nial	Clonmel AC	07:18.2
113	0:36:55	KENNY, Karen	Grange/Fermoy	07:22.8
114	0:37:16	QUINN, Tom	Clonmel AC	07:27.0
115	0:37:17	BURKE, Michael	Waterford A.C	07:27.2
116	0:37:20	AHEARNE, Ruth	Waterford A.C	07:27.8
117	0:37:27	GOUGH, Cathriona		07:29.2
118	0:37:33	COFFEY, Brigid	West Waterford A.C	07:30.4
119	0:37:34	BLAIR, Gabrielle	Waterford A.C	07:30.6

120	0:37:36	HALLY, Tom	Clonmel AC	07:31.0
121	0:37:43	WALSH, Anthony	Waterford A.C	07:32.4
122	0:37:45	BRENNAN, Shelly	Waterford A.C	07:32.8
123	0:37:49	CURRAN, Ray	West Waterford A.C	07:33.6
124	0:37:55	GARVEY, Roisin	Waterford A.C	07:34.8
125	0:37:58	UI CHUIRRIN, Josie	West Waterford A.C	07:35.4
126	0:38:01	ROCHE, Michael (68)	N/A	07:36.0
127	0:38:03	JACOB, Nicky	Waterford A.C	07:36.4
128	0:38:08	RYAN, Karen	West Waterford A.C	07:37.4
129	0:38:15	CHAPMAN, Deirdre	Waterford A.C	07:38.8
130	0:38:16	CAMPBELL, David	West Waterford A.C	07:39.0
131	0:38:17	TUTTY, Pat	West Waterford A.C	07:39.2
132	0:38:20	CRONIN, Ann	Carrick-on-Suir AC	07:39.8
133	0:38:27	SHALLOE, Tony	West Waterford A.C	07:41.2
134	0:38:29	DEEGAN, Michael	West Waterford A.C	07:41.6
135	0:38:42	MOORE, Ray	West Waterford A.C	07:44.2
136	0:38:47	MCPMAHON, Christopher	Youghal A.C	07:45.2
137	0:38:47	CALLAGHAN, Michael	West Waterford A.C	07:45.2
138	0:38:48	TUTTY, Michael	West Waterford A.C	07:45.4
139	0:38:49	MOLONEY, Niamh	N/A	07:45.6
140	0:38:51	POWER, Margaret	West Waterford A.C	07:46.0
141	0:38:55	CARTLIDGE, Aaron	N/A	07:46.8
142	0:38:56	FLAVIN, Eamonn	West Waterford A.C	07:47.0
143	0:39:00	O'GORMAN, Paul	West Waterford A.C	07:47.8
144	0:39:06	SMITH, Miriam	Grange/Fermoy	07:49.0
145	0:39:19	MCGRATH, Paul	West Waterford A.C	07:51.6
146	0:39:25	HEFFERNAN, Geraldine	N/A	07:52.8
147	0:40:07	KEATING, Paul	West Waterford A.C	08:01.2
148	0:40:10	HENLEY, John Joe	West Waterford A.C	08:01.8
149	0:40:17	MELNE, Inese	West Waterford A.C	08:03.2
150	0:40:18	MOONEY, Brian	Waterford A.C	08:03.4
151	0:40:20	GODDARD, Nicholas	Waterford A.C	08:03.8
152	0:40:29	STAVROU, Amanda	St Finbars A.C	08:05.6
153	0:40:32	COLLINS, Hillary	Coolquin A.C	08:06.2
154	0:40:32	HOULIHAN, Ger	Carrick-on-Suir AC	08:06.2
155	0:40:37	LINDOP, Eilisa	wirksworth rc	08:07.2
156	0:40:43	RYAN, Martina	West Waterford A.C	08:08.4
157	0:40:51	GAFFNEY, Andrea	West Waterford A.C	08:10.0
158	0:41:02	MCDONAGH, Shane	Waterford Road Runners	08:12.2
159	0:41:08	DWYER, Tracy	West Waterford A.C	08:13.4
160	0:41:17	HANRAHAN, Judy	West Waterford A.C	08:15.2
161	0:41:17	SANDFORD, Liam	West Waterford A.C	08:15.2
162	0:41:22	O'DONOGHUE, Shileanne	West Waterford A.C	08:16.2
163	0:41:24	POWER, Onra	West Waterford A.C	08:16.6
164	0:41:44	SCANLON, Thomas	West Waterford A.C	08:20.6
165	0:41:46	BYRNS, Graham	N/A	08:21.0
166	0:41:51	FLYNN, Sean	Waterford A.C	08:22.0
167	0:41:55	O'BRIEN, Catriona	West Waterford A.C	08:22.8
168	0:41:56	KELLY, Aine	West Waterford A.C	08:23.0
169	0:41:58	MURRAY, Ray	West Waterford A.C	08:23.4
170	0:42:45	EVANS, Catherine	great yarmouth rr	08:32.8
171	0:43:10	DUBBERY, Gemma	Waterford A.C	08:37.8
172	0:43:25	DURAND, Michele	West Waterford A.C	08:40.8
173	0:44:05	GAFFNEY, Niamh	N/A	08:48.8
174	0:44:06	O'CONNOR, Hugh	West Waterford A.C	08:49.0
175	0:44:20	DE FAOITE, Brid	N/A	08:51.8
176	0:44:20	O'DONOVAN, Vincent	West Waterford A.C	08:51.8
177	0:45:42	MEAGHER, Colin	Clonmel AC	09:08.2
178	0:46:01	LINDOP, Bidy	wirksworth rc	09:12.0
179	0:48:38	GOUGH, Terri	West Waterford A.C	09:43.4
180	0:48:42	REEDY, Tim	N/A	09:44.2

181	0:49:03	SHEIL, Jacinta	West Waterford A.C	09:48.4
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