



**NORTHERN IRELAND
ATHLETIC FEDERATION
and
ULSTER ATHLETIC COUNCIL**



**JUVENILE CROSS COUNTRY
CHAMPIONSHIPS**

**Incorporating
The Novice Races**

**Stranorlar, Co Donegal
Sunday 11th November 2007**

**Uneven Age Groups
U11, U13, U15, U17 & U19**

NORTHERN IRELAND & ULSTER CROSS COUNTRY CHAMPIONSHIPS 2007

Incorporating the Novice Races

Sunday 11th November 2007

Stranorlar, Co. Donegal

AGE GROUPS

Under 11	1997/1998
Under 13	1995/1996
Under 15	1993/1994
Under 17	1991/1992
Under 19	1989/1990

SCORING

CLUB TEAMS	6 to Run	4 to Score
GIRLS U19	6 to Run	3 to Score
NOVICE RACE	8 to Run	4 to Score (Men)
	6 to Run	3 to Score (Women)

* ALL TEAMS MUST BE ENTERED---DECLARED AND PAID FOR IN ADVANCE.

* COUNTY TEAMS ARE THE FIRST 6 ACROSS THE LINE.

ELIGIBILITY FOR NOVICE RACE

Any athlete who has placed in the top 3 in an Ulster, Northern Ireland or All Ireland Cross Country Championship race in the Senior, Novice or Junior (U20) Categories **or** has been a member of any of the winning teams in the same categories **or** any athlete who has placed in the top 3 in 1500m or 3000m Championships on the track is **INELIGIBLE**.

ENTRY FEES

CLUB	€20.00	OR	£14.00stg. per team of 6 people
INDIVIDUAL	€5.00	OR	£3.50 stg.

ENTRIES TO :

NIAF
Athletics House
Old Coach Road
Belfast
BT9 5PR

* Cheques should be made payable to: NIAF *

Closing Date for Entries is **Wednesday 17th October 2007**

***** Please note: No late entries will be accepted *****

**** All entries to be written in BLOCK CAPTIALS ****

All teams MUST be entered, declared and paid for in advance.

As the results will be computerised, no changes can be made on the day.

ALL IRELAND QUALIFICATION

The All Ireland Uneven Age Group Championships will be held on Sunday 16th December 2007, venue to be confirmed. The following will qualify for these championships:

FIRST 12	INDIVIDUALS
FIRST 3	TEAMS
FIRST 3	COUNTIES

All Clubs and Counties must fill in an Entry Form and pay fees for the All Ireland direct to the AAI Office, Unit 19, Northwood Court, Northwood Business Campus, Santry, Dublin 9



Northern Ireland & Ulster Cross Country



Proposed Start Times

Uneven Ages:

Girls Under 11	800m	12.00pm
Boys Under 11	800m	12.10pm
Girls Under 13	1000m	12.20pm
Boys Under 13	1200m	12.35pm
Girls Under 15	1500m	12.50pm
Boys Under 15	2000m	1.00pm
Girls Under 17	2000m	1.15pm
Boys Under 17	4000m	1.30pm
Girls Under 19	3500m	1.45pm
Boys Under 19	6000m	2.00pm
Novice Ladies	3500m	2.30pm
Novice Men	6000m	2.45pm

NORTHERN IRELAND & ULSTER

Juvenile Cross Country Championships

Entry Form

Girls 11 - 800m

Born in 1997 or 1998

Club Team: _____

County: _____

Office Use		Full Name	Date of Birth	Reg. No.
	1			
	2			
	3			
	4			
	5			
	6			

Secretary's Name: _____

Address: _____

Contact Tel. No. _____

Signed: _____

E-Mail Address _____

NORTHERN IRELAND & ULSTER

Juvenile Cross Country Championships

Entry Form

Boys 11 - 800m

Born in 1997 or 1998

Club Team: _____

County: _____

Office Use		Full Name	Date of Birth	Reg. No.
	1			
	2			
	3			
	4			
	5			
	6			

Secretary's Name: _____

Address: _____

Contact Tel. No. _____

Signed: _____

E-Mail Address _____

NORTHERN IRELAND & ULSTER

Juvenile Cross Country Championships

Entry Form

Girls 13 - 1000m
Born in 1995 or 1996

Club Team: _____

County: _____

Office Use		Full Name	Date of Birth	Reg. No.
	1			
	2			
	3			
	4			
	5			
	6			

Secretary's Name: _____

Address: _____

Contact Tel. No. _____

Signed: _____

E-Mail Address _____

NORTHERN IRELAND & ULSTER

Juvenile Cross Country Championships

Entry Form

Boys 13 - 1200m
Born in 1995 or 1996

Club Team: _____

County: _____

Office Use		Full Name	Date of Birth	Reg. No.
	1			
	2			
	3			
	4			
	5			
	6			

Secretary's Name: _____

Address: _____

Contact Tel. No. _____

Signed: _____

E-Mail Address _____

NORTHERN IRELAND & ULSTER

Juvenile Cross Country Championships

Entry Form

Girls 15 - 1500m
Born in 1993 or 1994

Club Team: _____

County: _____

Office Use		Full Name	Date of Birth	Reg. No.
	1			
	2			
	3			
	4			
	5			
	6			

Secretary's Name: _____

Address: _____

Contact Tel. No. _____

Signed: _____

E-Mail Address _____

NORTHERN IRELAND & ULSTER

Juvenile Cross Country Championships

Entry Form

Boys 15 - 2000m
Born in 1993 or 1994

Club Team: _____

County: _____

Office Use		Full Name	Date of Birth	Reg. No.
	1			
	2			
	3			
	4			
	5			
	6			

Secretary's Name: _____

Address: _____

Contact Tel. No. _____

Signed: _____

E-Mail Address _____

NORTHERN IRELAND & ULSTER

Juvenile Cross Country Championships

Entry Form

Girls 17 - 2000m
Born in 1991 or 1992

Club Team: _____

County: _____

Office Use		Full Name	Date of Birth	Reg. No.
	1			
	2			
	3			
	4			
	5			
	6			

Secretary's Name: _____

Address: _____

Contact Tel. No. _____

Signed: _____

E-Mail Address _____

NORTHERN IRELAND & ULSTER

Juvenile Cross Country Championships

Entry Form

Boys 17 - 4000m
Born in 1991 or 1992

Club Team: _____

County: _____

Office Use		Full Name	Date of Birth	Reg. No.
	1			
	2			
	3			
	4			
	5			
	6			

Secretary's Name: _____

Address: _____

Contact Tel. No. _____

Signed: _____

E-Mail Address _____

NORTHERN IRELAND & ULSTER

Juvenile Cross Country Championships

Entry Form

Girls 19 - 3500m
Born in 1989 or 1990

Club Team: _____

County: _____

Office Use		Full Name	Date of Birth	Reg. No.
	1			
	2			
	3			
	4			
	5			
	6			

Secretary's Name: _____

Address: _____

Contact Tel. No. _____

Signed: _____

E-Mail Address _____

NORTHERN IRELAND & ULSTER

Juvenile Cross Country Championships

Entry Form

Boys 19 - 6000m

Born in 1989 or 1990

Club Team: _____

County: _____

Office Use		Full Name	Date of Birth	Reg. No.
	1			
	2			
	3			
	4			
	5			
	6			

Secretary's Name: _____

Address: _____

Contact Tel. No. _____

Signed: _____

E-Mail Address _____

NI & ULSTER INDOOR TRACK & FIELD AGE GROUP CHAMPIONSHIPS



Perspective View of High Performance Centre at Jordanstown

We are pleased to announce that the NI & Ulster Age Group Track and Field Championships will be held at top-class Indoor venues across the province in 2008.

DATES:

Sat 26th-Sun 27th January 08: **ODYSSEY ARENA, BELFAST** (Irish Indoor Champs)

Saturday 23rd February 08: **HIGH PERFORMANCE CENTRE, JORDANSTOWN**

Saturday 8th March 08: **MAGHERAFELT INDOOR CENTRE, CO.DERRY**



Further Information On - www.niathletics.org