

STAR OF THE SEA A.C.

19TH ANNUAL CROSS-COUNTRY MEETING
SUNDAY 30TH SEPTEMBER 2007

GREENANSTOWN, STAMULLEN, CO. MEATH

Note: Venue will be signposted from Duleek to Julianstown road and from Stamullen village.

JUVENILE PROGRAMME COMMENCES AT 11AM

GIRLS

RACE 1: U9 500M
RACE 3: U10 500M
RACE 5: U11 800M
RACE 7: U12 1,000M
RACE 9: U13 1,000M
RACE 11: U14 1,200M
RACE 13: U15 1,500M
RACE 15: U17 2,000M

BOYS

RACE 2: U9 500M
RACE 4: U10 500M
RACE 6: U11 800M
RACE 8: U12 1,000M
RACE 10: U13 1,200M
RACE 12: U14 1,500M
RACE 14: U15 2,000M
RACE 16: U17 4,000M

JUNIOR, SENIOR AND MASTERS PROGRAMME COMMENCES AT 12:45PM

WOMENS: JUNIOR, SENIOR AND MASTERS (M1, M2, M3) 3,000M

MENS: JUNIOR, SENIOR AND MASTERS (M1, M2, M3) 6,000M

PLEASE NOTE:

- >REGISTRATION FOR JUNIOR, SENIOR & MASTER RACES ON THE DAY – NO REGISTRATION AFTER 12.30PM.
- >3 PER TEAM FOR ALL JUVENILE RACES
- >JUNIOR AND SENIOR TEAMS CAN CONTAIN ANY COMBINATION OF JUNIOR AND SENIOR ATHLETES – 3 PER TEAM.
- >MASTERS TEAMS CAN CONTAIN ANY COMBINATION OF ATHLETES FROM M1, M2 AND M3 – 3 PER TEAM.
- >JUNIOR RACES ARE UNDER 20 YEARS OF AGE.
- >ALL AGES AS AT 31ST OF DECEMBER 2007
- >PRIZES FOR 1ST 6 JUVENILES AND 1ST 3 TEAMS
- >CASH PRIZES FOR 1ST 3 JUNIOR, SENIOR & MASTERS.
- >PRIZES FOR 1ST 3 MASTERS IN M1, M2, M3.
- >MASTERS LADIES- OVER 35 AND MASTERS MEN -OVER 40.
- >TEAM MANAGERS TO HAND IN SCORE CARDS WITHIN 10 MINS OF FINISH OF EACH RACE.
- >SEAN HIGGINS MEMORIAL PERPETUAL TROPHY PRESENTED TO THE WINNER OF THE BOYS U17 RACE.
- >STAR OF THE SEA A.C. SHIELD PRESENTED TO BEST JUVENILE CLUB.

FOR FURTHER INFORMATION PLEASE CONTACT:

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