

# IRISH BLIND SPORTS ATHLETICS TRAINING WEEKEND

Friday 9<sup>th</sup> - Sunday 11<sup>th</sup> November 2007

**Venue: The Mardyke Arena, Cork**

- Expert coaching on all aspects of athletics events in excellent facilities (400m international tartan track)
- Opportunity to train with international Paralympic coaches and athletes

**COST: Residential €100  
Non-residential €25**

Price includes:

- 2 nights bed and breakfast accommodation in Hotel
- 2 days coaching sessions

Return booking form with €20 deposit to: Daragh McDaid  
(make cheque payable to Irish Blind Sports)  
Athletics Co-ordinator  
Irish Blind Sports  
115 Lower George's Street  
Dun Laoghaire  
Co. Dublin  
0879654532  
[daraghmcdaid@yahoo.com](mailto:daraghmcdaid@yahoo.com)

Closing Date:

Thursday 1<sup>st</sup> November 2007

IRISH BLIND SPORTS

CORK ATHLETICS TRAINING WEEKEND

BOOKING FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Telephone No.: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

E-mail: \_\_\_\_\_

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