

THE 31st BELFAST INTERNATIONAL CROSS COUNTRY



IAAF World Cross Country Permit Meeting



Sponsored by MIZUNO



Incorporating the **UK Cross Challenge**



to be held at

Stormont Estate, Belfast

On

SATURDAY 5 JANUARY 2008

Promoted by



WWW.NIATHLETICS.ORG





THE BELFAST INTERNATIONAL CROSS COUNTRY – 5 JANUARY 2008
STORMONT ESTATE, BELFAST



Race Information *The organisers reserve the right to change the race times*

EVENT	AGE GROUP	DISTANCE	TIME	TEAM RACE	FEES	£	€
Girls U13 Race	Age 11 or 12 on 31 August 2007	1800m	11.00am	Enter 8 Run 6 Score 3	Individual Team	£2.00 £6.00	€3.00 €9.00
Boys U13 Race	Age 11 or 12 on 31 August 2007	1800m	11.15am	Enter 8 Run 6 Score 3	Individual Team	£2.00 £6.00	€3.00 €9.00
Girls U15 Race	Age 13 or 14 on 31 August 2007	3600m	11.30am	Enter 8 Run 6 Score 3	Individual Team	£4.00 £10.00	€6.00 €14.00
Boys U15 Race	Age 13 or 14 on 31 August 2007	3600m	11.55am	Enter 8 Run 6 Score 3	Individual Team	£4.00 £10.00	€6.00 €14.00
Girls U17 Race & IAAF Junior	Age 15 or 16 on 31 August 2007 Junior Women - U20 on 31 December 2008	3600m	12.15pm	Enter 8 Run 6 Score 3	Individual Team	£4.00 £10.00	€6.00 €14.00
Boys U17 Race	Age 15 or 16 on 31 August 2007	5600m	12.35pm	Enter 8 Run 6 Score 3	Individual Team	£4.00 £10.00	€6.00 €14.00
Male Veterans	At least 35 years of age on the day of the race	7400m	1.00pm	Enter any number Score 4	Registered Late Entry Unregistered Unreg late	£6.00 £8.00 £7.00 £9.00	€8.50 €11.50 €10.00 €13.00
Mens U20 Championships (IAAF Junior Men)	Under 20 on 31 December 2008	5600m	1.40pm	Enter 10 Run 8 Score 4	Individual Team	£6.00 £12.00	€8.50 €18.00
Women / Senior Women	Senior, International, and Veteran Women	5600m	2.10pm	Enter any number Score 4	Registered Late Entry Unregistered Unreg late	£6.00 £8.00 £7.00 £9.00	€8.50 €11.50 €10.00 €13.00
Senior Men	Senior and International	9000m	2.45pm	Enter any number Score 4	Registered Late Entry Unregistered Unreg late	£6.00 £8.00 £7.00 £9.00	€8.50 €11.50 €10.00 €13.00

GENERAL INFORMATION

- **CLOSING DATE: MONDAY 17 DECEMBER 2007.** Entries received after this date will be charged at the late entry fee. **No late entries accepted in Championship Events.**
- **ONLINE ENTRY AVAILABLE ON www.niathletics.org / Credit/ Debit Card available in office**
- Cheques/Postal Orders should be made payable to **NIAF**
- All Athletes over 15 years must be registered
- Teams must field no more than the permitted number
- No additions or substitutions will be allowed
- Please note Age Groups are set to keep in line with the UK Cross Challenge

Anti Doping:

- All athletes and athlete support personnel are bound by UKA/IAAF Anti Doping Rules (which can be found on the UKA website www.ukathletics.net). In particular, athletes should ensure that they register any use of prescribed medication containing prohibited substances prior to any use or (in emergency cases) immediately after use. For further information please contact the UKA Anti Doping Department on 0870 998 6732.

Entries with entry fees should be returned to:

Athletics Northern Ireland, Athletics House, Old Coach Road, Belfast BT9 5PR

Tel: 028 9060 2707 (048 9060 2707 from ROI) **Fax:** 028 9030 9939 (048 9030 9939 from ROI)

Enter Online Now at www.niathletics.org

**The Belfast International Cross Country
Stormont Estate, Saturday 5 January 2008**

ENTRY FORM – SENIOR/ VETERAN WOMEN

(Please note, International athletes must also be entered by their club to score)

PLEASE PRINT ALL DETAILS CLEARLY IN **BLOCK LETTERS**

Details:

Club:	
Club Colours:	
Club Contact:	
Address
Tel no.Email.....

Entries: Enter any number, score 4

Please include category: *S-Senior* *V+(Age) - Veteran*

	Name	Cat.		Name	Cat.
1.			7.		
2.			8.		
3.			9.		
4.			10.		
5.			11.		
6.			12.		

Entries with fees (cheques to be made payable to **NIAF**) should be returned to:

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before **MONDAY 17th DECEMBER 2007**

OFFICE USE ONLY:

AMT: _____

DATE: _____

METH: _____

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**The Belfast International Cross Country
Stormont Estate, Belfast - Saturday 5 January 2008**

ENTRY FORM – SENIOR MEN

(Please note, International athletes must also be entered by their club to score)

PLEASE PRINT ALL DETAILS CLEARLY IN **BLOCK LETTERS**

Details:

Club:	
Club Colours:	
Club Contact:	
Address
Tel No.Email.....

Entries: Enter any number, score 4

	Name		Name
1.		7.	
2.		8.	
3.		9.	
4.		10.	
5.		11.	
6.		12.	

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**The Belfast International Cross Country
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**ENTRY FORM
GIRLS UNDER 13 RACE
(Aged 11 or 12 on 31st August 2007)**

PLEASE PRINT ALL DETAILS CLEARLY IN **BLOCK LETTERS**

Details:

Club:	
Club Colours:	
Club Contact:	
Address
Tel No.Email.....

Entries: (enter 8, run 6, score 3)

Team A

	Name		Name
1.		2.	
3.		4.	
5.		6.	
7.		8.	

Team B

	Name		Name
1.		2.	
3.		4.	
5.		6.	
7.		8.	

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**The Belfast International Cross Country
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**ENTRY FORM
BOYS UNDER 13 RACE
(Aged 11 or 12 on 31st August 2007)**

PLEASE PRINT ALL DETAILS CLEARLY IN **BLOCK LETTERS**

Details:

Club:	
Club Colours:	
Club Contact:	
Address
Tel No.Email.....

Entries: (enter 8, run 6, score 3)

Team A

	Name		Name
1.		2.	
3.		4.	
5.		6.	
7.		8.	

Team B

	Name		Name
1.		2.	
3.		4.	
5.		6.	
7.		8.	

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**The Belfast International Cross Country
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**ENTRY FORM
GIRLS UNDER 15
(Aged 13 or 14 on 31st August 2007)**

PLEASE PRINT ALL DETAILS CLEARLY IN **BLOCK LETTERS**

Details:

Club:	
Club Colours:	
Club Contact:	
Address
Tel No.Email.....

Entries: (enter 8, run 6, score 3)

Team A

	Name		Name
1.		2.	
3.		4.	
5.		6.	
7.		8.	

Team B

	Name		Name
1.		2.	
3.		4.	
5.		6.	
7.		8.	

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**The Belfast International Cross Country
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**ENTRY FORM
BOYS UNDER 15
(Aged 13 or 14 on 31st August 2007)**

PLEASE PRINT ALL DETAILS CLEARLY IN **BLOCK LETTERS**

Details:

Club:	
Club Colours:	
Club Contact:	
Address
Tel No.Email.....

Entries: (enter 8, run 6, score 3)

Team A

	Name		Name
1.		2.	
3.		4.	
5.		6.	
7.		8.	

Team B

	Name		Name
1.		2.	
3.		4.	
5.		6.	
7.		8.	

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**ENTRY FORM
FEMALE IAAF U20 (on 31 Dec 2008) &
GIRLS UNDER 17 (Aged 15 or 16 on 31st August 2007)**

PLEASE PRINT ALL DETAILS CLEARLY IN **BLOCK LETTERS**

Details:

Club:	
Club Colours:	
Club Contact:	
Address
Tel No.Email.....

Entries: (enter 8, run 6, score 3)

Team A

	Name	Age Group		Name	Age Group
1.			2.		
3.			4.		
5.			6.		
7.			8.		

Team B

	Name	Age Group		Name	Age Group
1.			2.		
3.			4.		
5.			6.		
7.			8.		

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**ENTRY FORM
BOYS UNDER 17 RACE
(Aged 15 or 16 on 31st August 2007)**

PLEASE PRINT ALL DETAILS CLEARLY IN **BLOCK LETTERS**

Details:

Club:	
Club Colours:	
Club Contact:	
Address
Tel No.Email.....

Entries: (enter 8, run 6, score 3)

Team A

	Name		Name
1.		2.	
3.		4.	
5.		6.	
7.		8.	

Team B

	Name		Name
1.		2.	
3.		4.	
5.		6.	
7.		8.	

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**ENTRY FORM
MALE VETERANS RACE
(At least 35 years of age on the day of the Race)**

PLEASE PRINT ALL DETAILS CLEARLY IN **BLOCK LETTERS**

Details:

Club:	
Club Colours:	
Club Contact:	
Address
Tel No.Email.....

Entries: (enter any number, score 4)

Please include veteran category

	Name	Vet Cat.		Name	Vet Cat.
1.			7.		
2.			8.		
3.			9.		
4.			10.		
5.			11.		
6.			12.		

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**ENTRY FORM
MENS UNDER 20 CHAMPIONSHIPS
(Under IAAF Rules – under the age of 20 on 31 December 2008)**

PLEASE PRINT ALL DETAILS CLEARLY IN **BLOCK LETTERS**

Details:

Club:	
Club Colours:	
Club Contact:	
Address
Tel No.Email.....

Entries: (enter 10, run 8, score 4)

Team A

	Name		Name
1.		2.	
3.		4.	
5.		6.	
7.		8.	
9.		10.	

Team B

1.		2.	
3.		4.	
5.		6.	
7.		8.	
9.		10.	

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DATE: _____

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