

Athletic Association of Ireland Track & Field 13 – 19 years

Day 3 – Sunday 13th July 2008 - Tullamore Stadium

Check in opens 9.00am

The Committee reserve the right to alter the timetable.

Check in closes 9.30a.m 1500m

10.00 a.m

Girls & Boys 14	1500m	Heats
Girls & Boys 15	1500m	Heats
Girls & Boys 16	1500m	Heats
Girls & Boys 17	1500m	Heats
Girls & Boys 18	1500m	Heats
Girls & Boys 19	1500m	Heats

10.00 a.m

Girls	16	Hammer (3.25k)
Boys	15	Hammer (3.25k)
Girls	17	Hammer (3.25k)
Boys	19	Hammer (6kg)

10.00 a.m

Boys	19	Long Jump
Boys	17	Discus
Girls	17	Shot
Girls	18	Javelin
Girls	19	Long Jump

Check in closes 10.30 200m

11.30 a.m

Girls & Boys 14	200m	Heats
Girls & Boys 15	200m	Heats
Girls & Boys 16	200m	Heats
Girls & Boys 17	200m	Heats
Girls & Boys 18	200m	Heats
Girls & Boys 19	200m	Heats

11.00 a.m.

Girls	17	High Jump
Boys	16	Triple Jump
Girls	18	Long Jump
Girls	15	Shot
Boys	15	Discus
Boys	17	Javelin

12.00 noon

Boys	19	High Jump
Boys	16	Shot
Girls	16	Discus
Girls	15	Javelin
Girls	17	Triple Jump

Check in closes 12.00 noon Walks

1.00 p.m

Boys 14, 15	2000m Walks	Finals
Boys 16, 17	3000m Walks	Finals
Boys 18, 19	5000m Walks	Finals

2.00 p.m.

Boys	17	Shot
Boys	16	Discus
Girls	17	Javelin
Girls	19	Triple Jump
Boys	18	High Jump

2.30 p.m.

1500m	FINALS
200m	FINALS

3.00 p.m.

Girls	19	Javelin
Boys	18	Long Jump
Boys	18	Discus
Girls	18	Shot
Girls	18	High Jump

**Athletic Association of
Ireland
Saturday 26th July
Inter Club Relays**

Tullamore Harriers Stadium

Check-in Opens 9.00 a.m.

Order of Events

10.30 a.m.

		Age	Event	
1	Girls	18	4 x 300	Heats
2	Boys	18	4 x 400	Heats
7	Girls	13	4 x 100m	Heats
8	Boys	13	4 x 100m	Heats
9	Girls	15	4 x 100m	Heats
10	Boys	15	4 x 100m	Heats
11	Girls	17	4 x 100m	Heats
12	Boys	17	4 x 100m	Heats
13	Girls	19	4 x 100m	Heats
14	Boys	19	4 x 100m	Heats

Finals in the same order

1.30 p.m.

15	Girls	17	4 x 300m	Heats
16	Boys	17	4 x 400m	Heats
17	Girls	19	4 x 400m	Heats
18	Boys	19	4 x 400m	Heats
23	Girls	14	4 x 100m	Heats
24	Boys	14	4 x 100m	Heats
25	Girls	16	4 x 100m	Heats
26	Boys	16	4 x 100m	Heats
27	Girls	18	4 x 100m	Heats
28	Boys	18	4 x 100m	Heats

Finals in the same order

Regulations: Normal rules for Track and Field apply plus the following

- 1 Athletes born in **1993** may not compete in either the 4x300m or 4x400m relays
- 2 Minimum break of 45 for 100m relays and 90 mins. for 300m and 400m relays
- 3 Athletes may move up one age group but can only compete in a maximum of 3.
- 4 At least 2 members of a competing relay team, participating in that event on that day must be of the correct age, if sub is present and declared on the day sub medal will be presented
- 5 Three (3) teams per county per age group, **Teams qualify from the County.**
- 6 Entry Forms for 13-19's will be sent to County Secretaries.
- 7 All team names; reg numbers and DOB must be on entry sheets at closing date.
- 8 Declaration sheets must be filled in on day of competition.
- 9 **Spot checks may take place.**