

AAI Indoor Games  
Nenagh - 17th January, 2010  
Men's 60 m

Place	Name	Club	Time
1	Christopher Russell	Ferrybank A.C.	7.03
2	Patrick Phelan	Tralee Harriers A.C.	7.03
3	David Hynes	Menapians A.C.	7.06
4	David O'Shea	Dooneen A.C.	7.07
5	Eoin Hannon	Tullamore Harriers A.C.	7.19
6	John Crowley	Dundrum South Dublin A.C.	7.22
7	Alan Whelan	Tullamore Harriers A.C.	7.35
1	Olawale Egbeyemi	St. L. O'Toole A.C.	7.42
2	Gerard O'Shea	Corbally A.C.	7.45
3	Andrew Kidd	Dundrum South Dublin A.C.	7.51
4	Simon Hogan	Dooneen A.C.	7.53
5	Clarence Kennedy	St. Brendan's A.C.	7.65
6	Dylan Roche	St. Brendan's A.C.	7.72
7	Emmett Conway	Glenmore A.C.	8.06
8	Pika Roland	Limerick A.C.	9.18
1	Kieran Downes	Limerick A.C.	7.72
2	Derek Mcebo Zulu	Fethard A.C.	7.82
3	Fionn Carew	Limerick A.C.	7.82
4	Ben Dennesen	St. Brendan's A.C.	7.83
5	Tomas Griffin	Riocht A.C.	7.87
6	Stewart Nolan	St. Brendan's A.C.	7.93
7	Mike O'Brien	Limerick A.C.	7.96
8	Gussi Mangidi	Limerick A.C.	7.96
9	Ronan Foley	Togher A.C.	8.31

Men's 60 m Hurdles

Place	Name	Club	Time
1	Jeremy Lyons	Clonliffe Harriers A.C.	8.97
2	Clarence Kennedy	St. Brendan's A.C.	9.20
3	William Finnegan	Craughwell A.C.	9.67
	Ben Dennesen	St. Brendan's A.C.	DNF
	Joe Barry	Templemore A.C.	DNF

Men's 200 m

Place	Name	Club	Time
1	Kieran Kelly	Raheny Shamrock A.C.	23.00
2	Eoin Muldowney	Castlecomer A.C.	23.23
3	Brian Boyce	Letterkenny A.C.	25.81

Men's 400 m

Place	Name	Club	Time
1	Barry Upton	Menapians A.C.	52.08
2	Luke O'Keefe	St. Brendan's A.C.	55.43
3	David Hogan	St. Brendan's A.C.	58.00
1	Cathal Ownes	Leevale A.C.	51.84
2	Colm Lynch	Iveragh A.C.	52.84
3	PJ Galvin	St. Brendan's A.C.	60.62

Men's 1000 m

Place	Name	Club	Time
1	Paul Robinson	St. Coca'S A.C.	2.27.38
2	Darren Mc Brearty	Letterkenny A.C.	2.27.74
3	Alan O'Brien	Crusaders A.C.	2.28.36
4	Mark English	Letterkenny A.C.	2.30.04
5	Keith Maher	Thurles Crokes A.C.	2.30.98
6	Emmet Dunleavy	Sligo A.C.	2.31.39
7	James Ledingham	West Waterford A.C.	2.32.43

8	Feidhlim Kelly	Raheny Shamrock A.C.	2.33.47
9	Sean Fitzpatrick	Tallaght A.C.	3.04.62
1	Daniel Mooney	Letterkenny A.C.	2.35.70
2	Aidan Mullins	Bantry A.C.	2.44.86
3	Stephen Dineen	University of Ulster	2.46.85
4	Neil Sheil	St. Killians A.C.	2.47.75
5	David Hogan	St. Brendan's A.C.	2.59.30
6	Derek Murray	Galway City Harriers A.C.	2.59.58
7	Michael Coleman	Dundrum A.C.	3.00.62
8	Adrian Buckley	St. Brendan's A.C.	3.23.49
1	Ronan Duggan	Bandon A.C.	2.40.43
2	Joe O'Donnell	Galway City Harriers A.C.	2.46.37
3	David Somerville	Tallaght A.C.	2.48.87
4	Brendan Glynn	Galway City Harriers A.C.	2.53.03
5	Stephen Walsh	St. Brendan's A.C.	2.59.58
6	Alade Tola	Limerick A.C.	3.04.90

#### Men's 3000 m

Place	Name	Club	Time
1	Alan O'Brien	Crusaders A.C.	8.28.69
2	Patrick Mc Cartan	West Limerick A.C.	8.30.47
3	Richard Corcoran	Raheny Shamrock A.C.	8.32.03
4	Tomas Sen Fitzpatrick	Tallaght A.C.	8.32.97
5	Martin Conroy	Sligo A.C.	8.36.82
6	Eoin Flynn	Rathfarnham W.S.A.F. A.C.	8.41.19
7	Stephen Walsh	St. Brendan's A.C.	10.59.71
	Paul Fleming	Rathfarnham W.S.A.F. A.C.	DNF

#### Men's 3km Walk

Place	Name	Club	Time
1	Jamie Costin	West Waterford A.C.	11.56.29
2	David Kidd	St. L. O'Toole A.C.	12.46.93
3	James Treanor	Shercock A.C.	13.16.39
4	Niall Prendiville	Farranfore Maine Valley A.C.	13.57.85

#### Men's Long Jump

Place	Name	Club	Dist(m)
1	Eoin Hannon	Tullamore Harriers A.C.	7.18
2	David Quilligan	Leevale A.C.	6.69
3	Rosemary Daniels	Na Fianna A.C.	6.46
4	David Tobin	Trim A.C.	6.31
5	Derek Mcebo Zulu	Fethard A.C.	6.08
6	Pika Roland	Limerick A.C.	5.73
7	Olawale Egbeyemi	St. L. O'Toole A.C.	5.51
8	Ross Kelly	Belgooly A.C.	5.43
9	Jerry Griffin	Riocht A.C.	4.73

#### Men's High Jump

Place	Name	Club	Hgt(m)
1	Kouroush Fouroughi	Star of the Sea A.C.	2.15
2	PJ Galvin	St. Brendan's A.C.	1.75
3	Clarence Kennedy	St. Brendan's A.C.	1.65
4	Martin O'Grady	Nenagh Olympic A.C.	1.65
5	Kevin Byrne	Dundrum South Dublin A.C.	1.60
6	Joe Barry	Templemore A.C.	1.60
7	Stephen O'Riordan	Templemore A.C.	1.55

#### Men's Shot Putt

Place	Name	Club	Dist(m)
1	Sean Breathnach	Galway City Harriers A.C.	15.89
2	Kieron Stout	Celbridge A.C.	13.39

3	Daniel Clifford	Farranfore Maine Valley A.C.	13.20
4	Joe Barry	Templemore A.C.	9.05
5	Kevin Byrne	Dundrum South Dublin A.C.	8.29
6	Stephen O'Riordan	Templemore A.C.	6.55

#### Men's Triple Jump

Place	Name	Club	Dist(m)
1	Eoin Kelly	St. Abbans A.C.	14.68
2	Denis Finnegan	U.C.C. A.C.	14.11
3	Niall Counihan	Dooneen A.C.	13.32
4	Olawale Egbeyemi	St. L. O'Toole A.C.	11.72
5	Clarence Kennedy	St. Brendan's A.C.	11.44
6	Dylan Roche	St. Brendan's A.C.	10.01
7	Stephen O'Riordan	Templemore A.C.	9.89

#### Women's Triple Jump

Place	Name	Club	Dist(m)
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#### Women's 60 m

Place	Name	Club	Time
1	Amy Foster	University of Ulster	7.50
2	Claire Brady	Celbridge A.C.	7.55
3	Kelly Proper	Ferrybank A.C.	7.57
4	Mairead Murphy	U.C.D. A.C.	7.98

#### Women's 60 m Hurdles

Place	Name	Club	Time
1	Mairead Murphy	U.C.D. A.C.	8.89
2	Katey Byrd	Leevale A.C.	9.59
3	Helen Buckley	Raheny Shamrock A.C.	11.94
	Sarah Finnegan	Craughwell A.C.	DNF

#### Women's 200 m

Place	Name	Club	Time
1	Ailbhe Courtney	St. Brendan's A.C.	29.20

#### Women's 400 m

Place	Name	Club	Time
1	Aisling O'Brien	Celtic DCH A.C.	61.10
2	Orna Mc Ginley	Clonliffe Harriers A.C.	63.17
3	Emily Brick	St. Brendan's A.C.	65.62
4	Erin Murphy	Limerick A.C.	69.10

#### Women's 3000 m

Place	Name	Club	Time
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#### Women's 3km Walk

Place	Name	Club	Time
1	Zuzana Malikova	West Waterford A.C.	12.53.48
2	Kate Veale	West Waterford A.C.	13.18.20
3	Fiona Dennehy	St. Senans A.C.	15.19.03
4	Caoimhe Casey	St. Brendan's A.C.	16.01.47

#### Women's Long Jump

Place	Name	Club	Dist(m)
1	Nicola Power	Ferrybank A.C.	5.48
2	Cheryl Dolan	Na Fianna A.C.	4.95
3	Patricia Boyle	Cranford A.C.	4.72
4	Helen Buckley	Raheny Shamrock A.C.	4.42
5	Emily Brick	St. Brendan's A.C.	4.38

Women's High Jump

Place	Name	Club	Hgt (m)
1	Rosemary Daniels	Na Fianna A.C.	1.65
2	Mary Kate Lanigan	Kilkenny City Harriers A.C.	1.65
3	Helen Buckley	Raheny Shamrock A.C.	1.60
3	Claire Mc Namara	Athenry A.C.	1.60
5	Caoimhe Basquille	Sli Cualann A.C.	1.55

Women's Shot Putt

Place	Name	Club	Dist (m)
1	Cheryl Dolan	Na Fianna A.C.	9.56
2	Claire Mc Namara	Athenry A.C.	9.41
3	Aoife O'Malley	Bilboa A.C.	9.27
4	Helen Buckley	Raheny Shamrock A.C.	9.16