



White -1000m Loop
Orange -1500m Loop

Finish Start

COURSE
MAP

Sat 11th March

ALL IRELAND SCHOOLS
CROSS COUNTRY

- Minor Girls; 2000m (2 White Laps)
- Minor Boys; 2500m (1 White 1 Orange Lap)
- Junior Girls; 2500m (1 White 1 Orange Lap)
- Junior Boys; 3500 (2 White 1 Orange Lap)
- Intermediate Girls; 3500 (2 White 1 Orange Lap)
- Intermediate Boys; 5000m (2 White 2 Orange)
- Senior Girls; 3500 (2 White 1 Orange Lap)
- Senior Boys; 6000m (4 Orange laps)