

**National 5m
Women Individual Results
Pheonix Park
23rd June 2024**

Place	Cat Pos.	Bib	Name	Gross Time	Age Cat	Club
1	1	33	Ciara WILSON	00:27:25	FS	D.M.P. A.C.
2	2	440	Heather MURPHY	00:28:25	FS	St. Michael's A.C.
3	3	1303	Niamh O'MAHONY	00:28:38	FS	An Ríocht A.C.
4	4	159	Sheila O'BYRNE	00:29:00	FS	Sli Cualann A.C.
5	5	525	Faye DERVAN	00:29:12	FS	Dublin City Harriers A.C.
6	6	203	Rachel BIRT	00:30:06	FS	Annalee A.C.
10	7	290	Ciara BRADY	00:30:37	FS	Raheny Shamrock A.C.
11	8	308	Sharon CANTWELL	00:31:14	FS	Moyne A.C.
12	9	294	Ciara BRODERICK FARRELL	00:31:15	FS	Liffey Valley A.C.
17	10	531	Julie LARKIN	00:31:58	FS	Clonliffe Harriers A.C.
20	11	165	Aoife CARROLL	00:32:19	FS	Sportsworld A.C.
24	12	464	Meghan O'KEEFFE	00:32:29	FS	Clonliffe Harriers A.C.
26	13	466	Aoife O'REILLY	00:32:39	FS	Clonliffe Harriers A.C.
27	14	361	Orla HEALY	00:32:46	FS	Moyne A.C.
30	15	89	Jools HUGHES	00:33:17	FS	Clonliffe Harriers A.C.
34	16	300	Alanna BURKE	00:33:35	FS	Clonliffe Harriers A.C.
41	17	392	Aisling KILLILEA	00:34:40	FS	Clonliffe Harriers A.C.
53	18	283	Emma Jane BANE	00:35:30	FS	Donore Harriers A.C.
54	19	532	Ciara LYNCH	00:35:33	FS	Crusaders A.C.
57	20	421	Rebecca MCLOUGHLIN	00:36:04	FS	Liffey Valley A.C.
61	21	486	Aoibhe ROONEY	00:36:24	FS	Raheny Shamrock A.C.
62	22	202	Fiona KAVANAGH	00:36:27	FS	An Ríocht A.C.
75	23	214	Amy SMYTH	00:38:26	FS	Blackrock (Dublin) A.C.
76	24	534	Holly MANUEL	00:38:34	FS	Sli Cualann A.C.
89	25	130	Melissa THOMPSON	00:40:16	FS	Liffey Valley A.C.
93	26	441	Ruth MURPHY	00:40:53	FS	Liffey Valley A.C.
96	27	131	Heather BROWNING	00:41:35	FS	Liffey Valley A.C.
97	28	521	Kelly BROWN	00:41:43	FS	Crusaders A.C.
103	29	99	Jenny BOWERS	00:42:24	FS	Coolock Running Club A.C.
105	30	538	Jade MURPHY	00:43:09	FS	Crusaders A.C.
107	31	471	Michelle SKEATH	00:43:20	FS	Liffey Valley A.C.
117	32	475	Berta QUINONERO	00:44:58	FS	Tallaght A.C.
120	33	544	Sinead KILROY	00:46:55	FS	Kells A.C.

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128	34	332	Ailbhe DOOLAN	00:49:14	FS	Banagher A.C.
134	35	213	Mary E. DAVIS	00:50:45	FS	Blackrock (Dublin) A.C.
136	36	178	Anna CLARKE	00:51:34	FS	Drogheda and District A.C.
143	37	493	Amy SHEERAN	00:54:25	FS	D15 Running Club A.C.
148	38	527	Lisa FLOOD	00:55:27	FS	Ballymun A.C.
149	39	500	Kerryanne SMYTH	00:55:51	FS	Coolock Running Club A.C.
152	40	211	Caoimhe NI MHAOLAGAIN	00:56:22	FS	Ballymun A.C.
159	41	24	Aisling MCEVOY O'CONNOR	00:57:47	FS	Celbridge A.C.
161	42	324	Caoimhe DALY	00:59:35	FS	Coolock Running Club A.C.
169	43	233	Nicola BURKE	01:01:49	FS	Clonliffe Harriers A.C.
176	44	371	Karen JOHNSTON	01:08:00	FS	North Clondalkin Running Club A.C.
177	45	278	Ellen ARBUTHNOT	01:08:02	FS	North Clondalkin Running Club A.C.

Place	Cat Pos.	Bib	Name	Gross Time	Age Cat	Club
7	1	40	Aedin CORR	00:30:23	F35	Donore Harriers A.C.
14	2	192	Grace KENNEDY	00:31:32	F35	Donore Harriers A.C.
32	3	476	Kathryn RAFFERTY	00:33:32	F35	Armagh AC
37	4	400	Brigid LONG	00:33:58	F35	Liffey Valley A.C.
38	5	359	Catherine HARVEY	00:34:06	F35	Clonliffe Harriers A.C.
43	6	353	Orla GORDON	00:34:41	F35	Liffey Valley A.C.
63	7	113	Pam WHITE	00:36:36	F35	Donore Harriers A.C.
86	8	49	Evelyn BOYLE	00:39:58	F35	Lusk A.C.
111	9	206	Sarah DICKSON	00:44:02	F35	Artane/Beaumont RC A.C.
113	10	195	Louise HOLLINGSWORTH	00:44:35	F35	Sli Cualann A.C.
115	11	318	Maeve COPPINGER	00:44:46	F35	Sportsworld A.C.
131	12	293	Emma BRODERICK	00:50:07	F35	Lucan Harriers A.C.
155	13	364	Aoife HOBAN	00:56:45	F35	Ballymun A.C.
156	14	119	Elaine STONE	00:56:49	F35	Dublin Front Runners A.C.
181	15	509	Gemma TUGWELL	01:20:00	F35	Garristown Flyers A.C.

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13	1	2154	Clare SULLIVAN	00:31:23	F40	Crusaders A.C.
15	2	44	Jane BANDILA	00:31:36	F40	Dunboyne A.C.
16	3	223	Michelle COX	00:31:43	F40	Newbridge A.C.
18	4	56	Emma BOLAND	00:32:00	F40	Newbridge A.C.
21	5	42	Claire NIFHAIRCHEALLAIGH	00:32:26	F40	Dunboyne A.C.
23	6	72	Eileen MCCULLAGH	00:32:27	F40	Moyne A.C.
33	7	204	Oonagh KELLY-HAUGHEY	00:33:34	F40	Armagh AC
39	8	205	Jacqueline WRIGHT	00:34:15	F40	Armagh AC
40	9	246	Emily RYAN	00:34:37	F40	Sli Cualann A.C.
42	10	51	Paula DONNELLAN WALSH	00:34:40	F40	Mayo A.C.
44	11	473	Lorna QUINN	00:34:52	F40	Sportsworld A.C.
45	12	326	Lynn DEVITT	00:34:53	F40	Liffey Valley A.C.
47	13	27	Grainne HICKEY	00:35:18	F40	Celbridge A.C.
49	14	310	Karina CASH	00:35:25	F40	Newbridge A.C.
60	15	384	Adrienne KELLY	00:36:17	F40	Metro/St. Brigid's A.C.
64	16	540	Claire PHELAN	00:36:39	F40	St. Abbans A.C
65	17	548	Karen DUFFY	00:36:42	F40	Ballymun A.C.
79	18	317	Aileen COOKE	00:38:57	F40	Raheny Shamrock A.C.
81	19	404	Maura LYNSKEY	00:39:28	F40	Raheny Shamrock A.C.
82	20	363	Loretta HEGARTY	00:39:31	F40	Civil Service A.C.
90	21	320	Kelly CRILLY	00:40:27	F40	North Clondalkin Running Club A.C.
91	22	234	Karen CROMWELL	00:40:27	F40	Coolock Running Club A.C.
104	23	286	Anne BELTON	00:42:33	F40	Sportsworld A.C.
110	24	153	Ekaterina NESTERENKO	00:43:44	F40	Ratoath A.C.
116	25	467	Gemma O'REILLY	00:44:56	F40	North Clondalkin Running Club A.C.
126	26	41	Eimear MCKAY	00:48:52	F40	Dunboyne A.C.
127	27	539	Orla MURTAGH	00:48:52	F40	Dunboyne A.C.
132	28	517	Lorraine WATSON	00:50:26	F40	Brothers Pearse A.C.
145	29	360	Suzanne HAYES	00:55:03	F40	Garristown Flyers A.C.
157	30	391	Julie KILBRIDE	00:57:26	F40	LSA A.C.
160	31	390	Laura KEYES	00:59:35	F40	North Clondalkin Running Club A.C.
162	32	375	Eileen JUDGE	00:59:43	F40	Edenderry A.C.
164	33	7	Ana Maria RODRIGO	01:00:20	F40	Donore Harriers A.C.

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165	34	120	Rose Alice MURPHY	01:00:46	F40	Dublin Front Runners A.C.
166	35	190	Emma PATTON	01:00:52	F40	Celbridge A.C.
167	36	8	Maria Elena DE BLAS MENENDEZ	01:01:07	F40	Donore Harriers A.C.
168	37	35	Martina SWEENEY	01:01:28	F40	D15 Running Club A.C.
170	38	315	Carol COAKLEY	01:03:52	F40	Lusk A.C.
179	39	82	Estelle CHURCHILL	01:11:06	F40	Cilles A.C.
180	40	478	Lesley REDMOND	01:16:13	F40	Coolock Running Club A.C.

Place	Cat Pos.	Bib	Name	Gross Time	Age Cat	Club
8	1	457	Catherine O'CONNOR	00:30:23	F45	Sli Cualann A.C.
9	2	146	Zoe QUINN	00:30:31	F45	Raheny Shamrock A.C.
22	3	43	Mairead HOGAN	00:32:26	F45	Dunboyne A.C.
31	4	147	Shirley COYLE	00:33:29	F45	Raheny Shamrock A.C.
48	5	463	Sophia O'HARA	00:35:22	F45	Celbridge A.C.
58	6	437	Claire MULLIGAN	00:36:10	F45	Donore Harriers A.C.
59	7	156	Annmarie KENNY	00:36:10	F45	Sli Cualann A.C.
66	8	321	Linda CUNNINGHAM	00:36:45	F45	Mullingar Harriers A.C.
68	9	302	Helen BYERS	00:37:09	F45	North Down AC
71	10	199	Elaine O'HAGAN MCNULTY	00:37:28	F45	Raheny Shamrock A.C.
94	11	484	Helen ROGERS	00:41:21	F45	North Clondalkin Running Club A.C.
99	12	123	Eileen CONNOLLY	00:41:53	F45	Dundrum South Dublin A.C.
101	13	253	Ruthanne BARRY	00:42:14	F45	Donore Harriers A.C.
102	14	122	Caroline MAGUIRE	00:42:20	F45	Dunboyne A.C.
112	15	86	Ciara O'REGAN	00:44:11	F45	Clonliffe Harriers A.C.
121	16	249	Elaine VELLA	00:47:30	F45	Dunboyne A.C.
123	17	100	Andrea LEGGETT	00:47:43	F45	Coolock Running Club A.C.
125	18	173	Natasha MURPHY	00:48:18	F45	Cherry Orchard Running A.C.
130	19	343	Sinead FARRELL	00:50:06	F45	Lucan Harriers A.C.
133	20	362	Tricia HEARY	00:50:32	F45	D15 Running Club A.C.
140	21	428	Colette MILLER	00:52:41	F45	Ballymun A.C.
150	22	118	Joanne NEILAN	00:55:54	F45	Dublin Front Runners A.C.
158	23	115	Claire CORCORAN	00:57:30	F45	Drogheda and District A.C.
173	24	365	Helen HOLTON	01:04:18	F45	St. Coca's A.C.
174	25	444	Sarah MURPHY	01:04:58	F45	Donore Harriers A.C.

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175	26	425	Fiona MCVEIGH	01:05:06	F45	Ballymun A.C.
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Place	Cat Pos.	Bib	Name	Gross Time	Age Cat	Club
25	1	385	Tara KENNEDY	00:32:37	F50	Raheny Shamrock A.C.
28	2	158	Lucy MALLEY	00:32:49	F50	Sli Cualann A.C.
29	3	60	Mary WALSH	00:33:04	F50	Raheny Shamrock A.C.
36	4	133	Breda SMYTH	00:33:53	F50	Lucan Harriers A.C.
46	5	61	Lorraine BYRNE	00:35:01	F50	Raheny Shamrock A.C.
50	6	407	Donna MAHON	00:35:26	F50	Rathfarnham W.S.A.F. A.C.
52	7	57	Sarah BENTON	00:35:30	F50	North Down AC
70	8	420	Sandra MCLAUGHLIN	00:37:26	F50	Celbridge A.C.
74	9	490	Vanessa SALLIER	00:37:42	F50	Rathfarnham W.S.A.F. A.C.
77	10	31	Orla DEIGHAN	00:38:34	F50	Clonliffe Harriers A.C.
78	11	409	Michelle MCCABE	00:38:55	F50	Celbridge A.C.
80	12	152	Maria BRENNAN	00:39:20	F50	Rathfarnham W.S.A.F. A.C.
92	13	536	Zoë MELLING	00:40:30	F50	Rathfarnham W.S.A.F. A.C.
95	14	39	Jo HUGHES	00:41:21	F50	Donore Harriers A.C.
119	15	218	Bernie BOLAND	00:46:12	F50	Artane/Beaumont RC A.C.
124	16	193	Eimear MCARDLE	00:48:14	F50	Drogheda and District A.C.
137	17	207	Ann MURPHY	00:51:44	F50	Artane/Beaumont RC A.C.
141	18	94	Trish MCLOUGHLIN	00:53:04	F50	Coolock Running Club A.C.
154	19	408	Caitriona MANNION	00:56:32	F50	Ballymun A.C.
171	20	423	Deirdre MCNALLY	01:03:53	F50	Lusk A.C.

Place	Cat Pos.	Bib	Name	Gross Time	Age Cat	Club
55	1	157	Debbie GRIFFIN	00:35:35	F55	Sli Cualann A.C.
56	2	171	Rita DALY RAVENHILL	00:35:41	F55	Tullamore Harriers A.C.
72	3	533	Anne LYONS	00:37:30	F55	Clonliffe Harriers A.C.
84	4	14	Lisa O'NEILL	00:39:47	F55	Ratoath A.C.
87	5	411	Aine MCCANN	00:40:04	F55	Clonliffe Harriers A.C.
88	6	17	Paula SIMPSON	00:40:13	F55	North Down AC
100	7	76	Deirdre FARRELL	00:42:02	F55	Brothers Pearse A.C.
106	8	541	Philip RICHARDS	00:43:13	F55	Clonliffe Harriers A.C.
122	9	242	Hilary MITCHELL MCDONNELL	00:47:36	F55	Liffey Valley A.C.

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129	10	25	Hilda DAWSON	00:49:40	F55	Celbridge A.C.
138	11	121	Vivienne LENNON	00:51:47	F55	Dunboyne A.C.
139	12	104	Lorraine BRIDE	00:51:51	F55	Coolock Running Club A.C.
142	13	240	Val LEWIS	00:53:48	F55	Garristown Flyers A.C.
146	14	477	Elaine REDMOND	00:55:17	F55	Ballymun A.C.
151	15	304	Susan BYRNE	00:56:06	F55	Dunboyne A.C.
153	16	102	Paula REDDY	00:56:24	F55	Coolock Running Club A.C.
163	17	191	Sinead M CLERY	00:59:51	F55	Cherry Orchard Running A.C.
178	18	502	Fiona TAAFFE	01:09:24	F55	Coolock Running Club A.C.

Place	Cat Pos.	Bib	Name	Gross Time	Age Cat	Club
19	1	201	Niamh O'SULLIVAN	00:32:11	F60	An Ríocht A.C.
35	2	20	Mary SLOCUM	00:33:35	F60	Ward Park Runners
69	3	518	Anne WHELAN	00:37:20	F60	Lucan Harriers A.C.
73	4	46	Vicki NICHOLSON	00:37:39	F60	Kilcoole A.C.
83	5	549	Caroline DALY	00:39:37	F60	Clonliffe Harriers A.C.
98	6	132	Margaret O'FRIEL	00:41:50	F60	Liffey Valley A.C.
109	7	18	Jackie KINGSTON	00:43:41	F60	Rathfarnham W.S.A.F. A.C.
114	8	161	Ellen LAVIN	00:44:41	F60	Sportsworld A.C.
147	9	142	Rose MCCAUL	00:55:22	F60	Raheny Shamrock A.C.

Place	Cat Pos.	Bib	Name	Gross Time	Age Cat	Club
51	1	537	Pauline MORAN	00:35:27	F65	Mayo A.C.
67	2	297	Mary BROWNE	00:36:51	F65	Mayo A.C.
172	3	73	Rosemary GAINE	01:04:11	F65	Lucan Harriers A.C.

Place	Cat Pos.	Bib	Name	Gross Time	Age Cat	Club
85	1	403	Mary LYNCH	00:39:52	F70+	Raheny Shamrock A.C.
108	2	480	Una REILLY	00:43:32	F70+	Liffey Valley A.C.
118	3	455	Eileen O'BRIEN	00:46:07	F70+	Lucan Harriers A.C.
135	4	155	Mary NOLAN HICKEY	00:51:08	F70+	Sli Cualann A.C.
144	5	163	Judith LLOYD	00:54:48	F70+	Sportsworld A.C.