

**National 10m
Womens Age Categories
Pheonix Park
21st July 2024**

Place	Cat Pos	Name	Time	Bib	Age Cat	Club
36	1	Grace Lynch	00:56:58	334	FS	Dundrum South Dublin A.C.
64	2	Heather Murphy	00:59:36	517	FS	St. Michael's A.C.
78	3	Fiona Roche	01:00:54	350	FS	Raheny Shamrock A.C.
80	4	Lauren Dermody	01:01:31	33	FS	Castlecomer A.C.
99	5	Meghan Mccarthy	01:03:41	285	FS	Kilkenny City Harriers A.C.
104	6	Ciara Brady	01:03:48	370	FS	Raheny Shamrock A.C.
107	7	Maebh Brannigan	01:04:10	111	FS	Galway City Harriers A.C.
144	8	Ciara O'connor	01:07:25	603	FS	Edenderry A.C.
149	9	April Clarke	01:07:32	308	FS	North Belfast Harriers
187	10	Cliodhna Tutty Bardon	01:10:39	587	FS	Liffey Valley A.C.
255	11	Deirdre Mcging	01:16:04	494	FS	Sportsworld A.C.
270	12	Leanne Butler	01:17:43	287	FS	Kilkenny City Harriers A.C.
318	13	Clara O'neill	01:22:33	192	FS	Ratoath A.C.
348	14	Berta Quinonero	01:26:22	547	FS	Tallaght A.C.
351	15	Sorcha Delargy	01:26:40	185	FS	Raheny Shamrock A.C.
357	16	Emma Foy	01:27:56	309	FS	Edenderry A.C.
358	17	Aisling O'connor	01:27:56	110	FS	Edenderry A.C.
359	18	Niamh O'connor	01:27:58	531	FS	Tullamore Harriers A.C.
401	19	Carrie Browne	01:37:11	121	FS	Kells A.C.
402	20	Sinead Kilroy	01:37:12	119	FS	Kells A.C.
429	21	Ailbhe Doolan	01:46:36	408	FS	Banagher A.C.
436	22	Gemma O'grady	01:49:47	347	FS	Civil Service Harriers A.C.
440	23	Ellen Jacob	01:51:39	186	FS	Raheny Shamrock A.C.
455	24	Aisling Mcevoy O'connor	02:03:47	6082	FS	Celbridge A.C.

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Place	Cat Pos	Name	Time	Bib	Age Cat	Club
91	1	Aedin Corr	01:02:52	80	F35	Donore Harriers A.C.
121	2	Grace Kennedy	01:05:14	88	F35	Donore Harriers A.C.
132	3	Debbie Mcconnell	01:06:11	489	F35	Jog Lisburn
143	4	Tara Darcy	01:07:24	218	F35	Tallaght A.C.
177	5	Aoife Quigley	01:10:16	65	F35	Crusaders A.C.
204	6	Claire O'malley	01:12:03	105	F35	Dunleer A.C.
208	7	Brigid Long	01:12:24	480	F35	Liffey Valley A.C.
231	8	Orla Gordon	01:14:15	441	F35	Liffey Valley A.C.
241	9	Lisa Mccarthy	01:15:11	175	F35	Raheny Shamrock A.C.
278	10	Sinead Boland	01:18:22	125	F35	Kilcoole A.C.
286	11	Catherine Harvey	01:19:01	446	F35	Clonliffe Harriers A.C.
321	12	Nita Pigott	01:22:47	277	F35	Ballymun A.C.
336	13	Orla Roche	01:24:58	104	F35	Dunleer A.C.
360	14	Carla Beattie	01:28:02	589	F35	Skerries A.C.
365	15	Clair Mackey	01:29:01	225	F35	Tomnafinnogue A.C.
368	16	Ciara Dowling	01:29:27	323	F35	Civil Service Harriers A.C.
384	17	Ellen Brady	01:31:45	53	F35	Civil Service Harriers A.C.
385	18	Maeve Coppinger	01:31:50	392	F35	Sportsworld A.C.
388	19	Emer Brennan	01:33:13	371	F35	Clonliffe Harriers A.C.
400	20	Louise Hollingsworth	01:36:52	329	F35	Sli Cualann A.C.
409	21	Alice Casey	01:38:45	318	F35	St. Coca's A.C.
412	22	Evelyn Boyle	01:39:47	140	F35	Lusk A.C.
417	23	Jacqueline Prunty	01:42:05	70	F35	D15 Running Club A.C.
422	24	Michelle Mcgeough	01:44:17	493	F35	Moynalty A.C.
423	25	Nicola Farrell	01:44:18	421	F35	Moynalty A.C.
443	26	Laura Gibbons	01:53:01	435	F35	LSA A.C.
445	27	Sarah Muldowney	01:55:42	246	F35	Garristown Flyers A.C.

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Place	Cat Pos	Name	Time	Bib	Age Cat	Club
105	1	Aoife O'leary	01:03:49	209	F40	Sportsworld A.C.
123	2	Sinead O'reilly	01:05:31	293	F40	St. Coca's A.C.
134	3	Clare Sullivan	01:06:19	2502	F40	Crusaders A.C.
148	4	Eileen Mccullagh	01:07:32	221	F40	Thurles Crokes A.C.
156	5	Claire Nifhaircheallaigh	01:08:00	97	F40	Dunboyne A.C.
157	6	Jane Bandila	01:08:08	99	F40	Dunboyne A.C.
161	7	Crona Clohisey	01:08:40	384	F40	Sportsworld A.C.
170	8	Nina Holmes	01:09:32	66	F40	Crusaders A.C.
184	9	Ariana Ball	01:10:30	85	F40	Donore Harriers A.C.
185	10	Claire Dermody	01:10:30	405	F40	Kilkenny City Harriers A.C.
193	11	Roseanna Knox	01:11:11	129	F40	Kilkenny City Harriers A.C.
196	12	Lynn Devitt	01:11:42	321	F40	Liffey Valley A.C.
206	13	Miriam Logan	01:12:18	333	F40	Crusaders A.C.
227	14	Lisa Collins	01:13:41	286	F40	Kilkenny City Harriers A.C.
235	15	Claire Phelan	01:14:31	604	F40	St. Abbans A.C
238	16	Grainne Hickey	01:14:37	39	F40	Celbridge A.C.
240	17	Joan Ryan	01:15:06	555	F40	Dundrum South Dublin A.C.
245	18	Lorna Quinn	01:15:32	2405	F40	Sportsworld A.C.
257	19	Orla Byrne	01:16:19	25	F40	Brothers Pearse A.C.
260	20	Suzie Henleywillis	01:16:26	79	F40	Donore Harriers A.C.
266	21	Anne Marie Burns	01:17:31	316	F40	Ballymun A.C.
267	22	Rhona Dempsey	01:17:32	213	F40	St. Finbarrs A.C.
272	23	Joanne Smith	01:17:50	2482	F40	Brothers Pearse A.C.
283	24	Aileen Cooke	01:18:41	391	F40	Raheny Shamrock A.C.
297	25	Loretta Hegarty	01:19:57	449	F40	Civil Service A.C.
299	26	Caroline Mullen	01:20:13	600	F40	Mullingar Harriers A.C.
334	27	Niamh Ni Ogain	01:24:00	20	F40	Bray Runners A.C.
381	28	Gina Glennon	01:31:12	439	F40	Garristown Flyers A.C.
396	29	Michelle Dawson	01:36:04	402	F40	Donore Harriers A.C.

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403	30	Sarah-Jane Gibbons	01:37:13	274	F40	Ratoath A.C.
420	31	Sarah Irwin	01:43:42	595	F40	Ballymun A.C.
425	32	Eimear Mckay	01:44:34	95	F40	Dunboyne A.C.
426	33	Ursula Elliott	01:44:44	414	F40	Coolock Running Club A.C.
441	34	Eileen Judge	01:51:47	457	F40	Edenderry A.C.
449	35	Tanya Pigott	01:56:56	605	F40	Ballymun A.C.
453	36	Emma Patton	02:03:47	280	F40	Celbridge A.C.
454	37	Fiona O'leary	02:03:47	6080	F40	Celbridge A.C.
456	38	Ana Maria Rodrigo	02:05:48	262	F40	Donore Harriers A.C.
457	39	Maria Elena De Blas Menendez	02:05:49	263	F40	Donore Harriers A.C.
461	40	Estelle Churchill	02:20:45	48	F40	Cilles A.C.

Place	Cat Pos	Name	Time	Bib	Age Cat	Club
128	1	Joan Kinsella	01:05:56	296	F45	Clane A.C.
141	2	Mairead Hogan	01:07:15	98	F45	Dunboyne A.C.
168	3	Anita Byrne	01:09:26	127	F45	Kilkenny City Harriers A.C.
201	4	Paula Donnellan Walsh	01:11:51	146	F45	Mayo A.C.
218	5	Helen Byers	01:12:56	377	F45	North Down AC
232	6	Edel Martyn	01:14:24	484	F45	Dunboyne A.C.
242	7	Deirdre Ni Chearbhaill	01:15:14	2283	F45	Crusaders A.C.
244	8	Anne Moore	01:15:26	231	F45	Victoria Park & Connswater
250	9	Janice Doyle	01:15:49	26	F45	Brothers Pearse A.C.
252	10	Claire Mulligan	01:15:58	513	F45	Donore Harriers A.C.
261	11	Julie O'neill	01:16:57	6089	F45	Armagh AC
262	12	Donna Kearney	01:17:04	142	F45	Lusk A.C.
265	13	Linda Cunningham	01:17:24	397	F45	Mullingar Harriers A.C.
282	14	Deborah Smith	01:18:33	586	F45	Ballymun A.C.
290	15	Annmarie Kenny	01:19:36	465	F45	Sli Cualann A.C.
292	16	Roberta Dornan	01:19:38	409	F45	North Down AC
295	17	Louise O'brien	01:19:44	345	F45	Brothers Pearse A.C.

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332	18	Karen Gibbons	01:23:55	161	F45	Newbridge A.C.
342	19	Claire Joyce	01:25:47	136	F45	Lucan Harriers A.C.
350	20	Alex Horgan	01:26:37	450	F45	Garristown Flyers A.C.
361	21	Dawn Bannatyne	01:28:17	196	F45	Saintfield Striders
377	22	Loretta Mchugh	01:30:53	496	F45	LOVE2RUN A.C.
392	23	Patricia Gahan	01:35:18	224	F45	Tomnafinnogue A.C.
393	24	Tricia Heary	01:35:43	448	F45	D15 Running Club A.C.
397	25	Sharon Haines	01:36:04	282	F45	Dunboyne A.C.
406	26	Anne Coghlan	01:37:48	386	F45	St. Andrews A.C.
413	27	Sarah Murphy	01:39:53	515	F45	Donore Harriers A.C.
444	28	Claire Corcoran	01:53:58	90	F45	Drogheda and District A.C.
450	29	Siobhan O'leary	01:57:09	46	F45	Celbridge A.C.
459	30	Sinead Farrell	02:14:00	423	F45	Lucan Harriers A.C.

Place	Cat Pos	Name	Time	Bib	Age Cat	Club
125	31	Karen Wilton	01:05:43	608	F50	Jog Lisburn
137	32	Breda Gaffney	01:06:35	433	F50	Mallow A.C.
173	33	Sarah Benton	01:09:38	164	F50	North Down AC
174	34	Criona Reid	01:09:44	290	F50	Mullingar Harriers A.C.
203	35	Bernadette Bruen	01:11:59	179	F50	Raheny Shamrock A.C.
269	36	Kate O'connor	01:17:43	266	F50	LOVE2RUN A.C.
284	37	Anna Marie Crosbie	01:18:43	198	F50	Shercock A.C.
289	38	Michelle Mccabe	01:19:26	486	F50	Celbridge A.C.
293	39	Sandra Mclaughlin	01:19:38	500	F50	Celbridge A.C.
306	40	Orla Deighan	01:20:49	58	F50	Clonliffe Harriers A.C.
316	41	Deborah Kelly	01:22:31	2051	F50	Brothers Pearse A.C.
322	42	Fionnula Gilmartin	01:22:57	593	F50	Annalee A.C.
337	43	Bernie Byrne	01:25:16	203	F50	Sli Cualann A.C.
340	44	Edith Coakley	01:25:25	319	F50	Lucan Harriers A.C.
344	45	Lisa Nagle	01:25:55	2278	F50	Brothers Pearse A.C.

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345	46	Angela Charlton	01:25:56	383	F50	Raheny Shamrock A.C.
346	47	Niamh Murphy	01:26:06	22	F50	Brothers Pearse A.C.
363	48	Caroline Lee	01:28:56	100	F50	Dunboyne A.C.
380	49	Jo Hughes	01:31:09	75	F50	Donore Harriers A.C.
386	50	Sinéad Howard	01:31:50	19	F50	Blackrock (Dublin) A.C.
387	51	Eimear Mcardle	01:33:05	310	F50	Drogheda and District A.C.
415	52	Liliana Patricia Molina Quintero	01:40:38	87	F50	Donore Harriers A.C.
418	53	Michelle Madden	01:42:45	336	F50	Naomh Mhuire A.C.
460	54	Jacinta Linehan	02:14:00	478	F50	Lucan Harriers A.C.

Place	Cat Pos	Name	Time	Bib	Age Cat	Club
162	1	Mary Stuart	01:08:46	156	F55	Mullingar Harriers A.C.
178	2	Maria Dolan	01:10:16	183	F55	Raheny Shamrock A.C.
202	3	Edel Somers	01:11:53	101	F55	Dunboyne A.C.
214	4	Annette Whittaker	01:12:50	588	F55	St. Coca's A.C.
225	5	Louise Kierans	01:13:37	154	F55	Moynalty A.C.
226	6	Rita Daly Ravenhill	01:13:40	229	F55	Tullamore Harriers A.C.
303	7	Laura Cunningham	01:20:35	396	F55	LOVE2RUN A.C.
314	8	Lisa O`Neill	01:22:15	193	F55	Ratoath A.C.
349	9	Paula Simpson	01:26:36	297	F55	North Down AC
356	10	Deirdre Farrell	01:27:25	1870	F55	Brothers Pearse A.C.
395	11	Jackie Varley	01:35:50	284	F55	Kilkenny City Harriers A.C.
405	12	Debbie Ryan	01:37:26	113	F55	Garristown Flyers A.C.
410	13	Lorraine Bride	01:39:09	63	F55	Coolock Running Club A.C.
411	14	Jenny Kinsella	01:39:39	467	F55	Moynalty A.C.
419	15	Audrey O`Neill	01:42:52	344	F55	Ratoath A.C.
424	16	Val Lewis	01:44:19	477	F55	Garristown Flyers A.C.
427	17	Hilda Dawson	01:45:27	36	F55	Celbridge A.C.
431	18	Vivienne Lennon	01:46:50	475	F55	Dunboyne A.C.
434	19	Angela O'mahony	01:49:11	275	F55	St. Nicholas A.C.

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446	20	Grace Lawlor	01:55:55	43	F55	Celbridge A.C.
451	21	Una Carr	01:57:12	42	F55	Celbridge A.C.

Place	Cat Pos	Name	Time	Bib	Age Cat	Club
160	1	Mary Slocum	01:08:35	302	F60	Ward Park Runners
310	2	Vicki Nicholson	01:21:40	122	F60	Kilcoole A.C.
327	3	Ann Marie Keenan	01:23:12	32	F60	Carrick-on-Shannon A.C.
331	4	Bridget O'brien	01:23:52	44	F60	Celbridge A.C.
364	5	Jackie Kingston	01:28:58	300	F60	Rathfarnham W.S.A.F. A.C.
366	6	Margaret O'friel	01:29:04	533	F60	Liffey Valley A.C.
379	7	Eileen Rowland	01:31:01	206	F60	Sportsworld A.C.
438	8	Claire Harrington	01:51:20	243	F60	Croghan A.C.
447	9	Avril Feeney	01:56:28	426	F60	Lucan Harriers A.C.

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212	1	Pauline Moran	01:12:44	508	F65	Mayo A.C.
233	2	Grainne Grennan	01:14:24	442	F65	Blackrock (Dublin) A.C.
280	3	Jean Carr	01:18:26	60	F65	Clonliffe Harriers A.C.
285	4	Mary Browne	01:18:56	376	F65	Mayo A.C.
333	5	Nuala Reilly	01:23:59	606	F65	Drogheda and District A.C.
352	6	Liz Arkins	01:26:43	356	F65	Lucan Harriers A.C.
372	7	Joan Mcternan	01:30:14	598	F65	Donore Harriers A.C.
458	8	Rosemary Gaine	02:10:02	233	F65	Waterstown Warriors A.C.
462	9	Josephine Dignam	02:25:04	267	F65	Lucan Harriers A.C.

Place	Cat Pos	Name	Time	Bib	Age Cat	Club
374	1	Eileen O'brien	01:30:28	529	F70	Lucan Harriers A.C.
428	2	Mary Nolan Hickey	01:46:21	202	F70	Sli Cualann A.C.