

## Sub 4 Minute Miles Run in Ireland

| Sequence | Time   | Name                 | Country | DOB        | Position | Location | Stadium / Track                           | Date       | Meeting / Event                        |
|----------|--------|----------------------|---------|------------|----------|----------|---|------------|--|
| 1        | 3.54.5 | Herb Elliott         | AUS     | 25.02.1938 | 1        | Dublin   | Morton, Santry                            | 06.08.1958 | Clonliffe Harriers & Crusaders Meeting |
| 2        | 3.55.9 | Merv Lincoln         | AUS     | 22.11.1937 | 2        | Dublin   | Morton, Santry                            | 06.08.1958 | Clonliffe Harriers & Crusaders Meeting |
| 3        | 3.57.5 | Ron Delany           | IRL     | 06.03.1935 | 3        | Dublin   | Morton, Santry                            | 06.08.1958 | Clonliffe Harriers & Crusaders Meeting |
| 4        | 3.57.5 | Murray Halberg       | NZL     | 07.07.1933 | 4        | Dublin   | Morton, Santry                            | 06.08.1958 | Clonliffe Harriers & Crusaders Meeting |
| 5        | 3.58.6 | Albert Thomas        | AUS     | 08.02.1935 | 5        | Dublin   | Morton, Santry                            | 06.08.1958 | Clonliffe Harriers & Crusaders Meeting |
| 6        | 3.57.0 | Herb Elliott         | AUS     | 25.02.1938 | 1        | Dublin   | Morton, Santry                            | 23.09.1960 | Clonliffe Harriers Meeting             |
| 7        | 3.59.8 | Terence Sullivan     | RHO     | 07.09.1935 | 2        | Dublin   | Morton, Santry                            | 23.09.1960 | Clonliffe Harriers Meeting             |
| 8        | 3.59.9 | Gordon Pirie         | GBR     | 10.02.1931 | 3        | Dublin   | Morton, Santry                            | 23.09.1960 | Clonliffe Harriers Meeting             |
| 9        | 3.56.9 | Alan Simpson         | GBR     | 22.05.1940 | 1        | Dublin   | Morton, Santry                            | 05.07.1965 | Clonliffe Harriers Meeting             |
| 10       | 3.57.5 | Mike Wiggs           | GBR     | 25.04.1938 | 2        | Dublin   | Morton, Santry                            | 05.07.1965 | Clonliffe Harriers Meeting             |
| 11       | 3.59.9 | Peter Snell          | NZL     | 17.12.1938 | 3        | Dublin   | Morton, Santry                            | 05.07.1965 | Clonliffe Harriers Meeting             |
| 12       | 3.59.9 | Walter Wilkinson     | GBR     | 02.11.1944 | 1        | Dublin   | Morton, Santry                            | 21.07.1965 | Ireland V England International Match  |
| 13       | 3.59.9 | Mike Wiggs           | GBR     | 25.04.1938 | 2        | Dublin   | Morton, Santry                            | 21.07.1965 | Ireland V England International Match  |
| 14       | 3.57.4 | Kip Keino            | KEN     | 17.01.1940 | 1        | Dublin   | Morton, Santry                            | 18.09.1966 | Clonliffe Harriers Meeting             |
| 15       | 3.57.2 | Kip Keino            | KEN     | 17.01.1940 | 1        | Belfast  | Paisley Park                              | 16.08.1967 | Albert Foundary International Meeting  |
| 16       | 3.59.4 | Derek Graham         | GBR     | 22.09.1941 | 2        | Belfast  | Paisley Park                              | 16.08.1967 | Albert Foundary International Meeting  |
| 17       | 3.59.7 | Frank Murphy         | IRL     | 21.05.1947 | 1        | Dublin   | Morton, Santry                            | 11.07.1968 | Clonliffe Harriers Meeting             |
| 18       | 3.59.2 | Kip Keino            | KEN     | 17.01.1940 | 1        | Dublin   | Morton, Santry                            | 10.08.1970 | Morton Mile                            |
| 19       | 3.59.3 | Frank Murphy         | IRL     | 21.05.1947 | 2        | Dublin   | Morton, Santry                            | 10.08.1970 | Morton Mile                            |
| 20       | 3.56.3 | John Hartnett        | IRL     | 07.06.1950 | 1        | Cork     | Mardyke (grass)                           | 05.07.1974 | Cork City Sports                       |
| 21       | 3.57.4 | Frank Clement        | GBR     | 26.04.1952 | 1        | Belfast  | Aircraft Park                             | 03.06.1975 | Gamble Simms International Meeting     |
| 22       | 3.58.8 | Anthony Settle       | GBR     | 09.12.1953 | 1        | Belfast  | Mary Peters                               | 29.05.1976 | Belfast City Council International     |
| 23       | 3.56.2 | Steve Ovett          | GBR     | 09.10.1955 | 1        | Belfast  | Mary Peters                               | 28.05.1977 | Belfast City Council International     |
| 24       | 3.59.8 | Eamonn Coghlan       | IRL     | 24.11.1952 | 1        | Limerick | Thomond College Bowl                      | 02.06.1977 | Limerick AC Centenary - Commodore Mile |
| 25       | 3.59.1 | Steve Ovett          | GBR     | 09.10.1955 | 1        | Cork     | Mardyke (grass)                           | 05.07.1977 | Cork City Sports                       |
| 26       | 3.59.4 | Bronislaw Malinowski | POL     | 04.06.1951 | 2        | Cork     | Mardyke (grass)                           | 05.07.1977 | Cork City Sports                       |
| 27       | 3.52.0 | John Walker          | NZL     | 12.01.1952 | 1        | Dublin   | University College Dublin (UCD), Belfield | 11.07.1977 | Morton Mile                            |
| 28       | 3.53.4 | Eamonn Coghlan       | IRL     | 24.11.1952 | 2        | Dublin   | University College Dublin (UCD), Belfield | 11.07.1977 | Morton Mile                            |
| 29       | 3.54.5 | Wilson Waigwa        | KEN     | 15.02.1949 | 3        | Dublin   | University College Dublin (UCD), Belfield | 11.07.1977 | Morton Mile                            |
| 30       | 3.55.0 | Jim McGuinness       | GBR     | 21.09.1951 | 4        | Dublin   | University College Dublin (UCD), Belfield | 11.07.1977 | Morton Mile                            |
| 31       | 3.55.3 | Ray Flynn            | IRL     | 22.01.1957 | 5        | Dublin   | University College Dublin (UCD), Belfield | 11.07.1977 | Morton Mile                            |
| 32       | 3.56.4 | Dick Quax            | NZL     | 01.01.1948 | 6        | Dublin   | University College Dublin (UCD), Belfield | 11.07.1977 | Morton Mile                            |
| 33       | 3.56.5 | Frank Clement        | GBR     | 26.04.1952 | 7        | Dublin   | University College Dublin (UCD), Belfield | 11.07.1977 | Morton Mile                            |
| 34       | 3.57.8 | Ken Hall             | AUS     | 25.07.1951 | 8        | Dublin   | University College Dublin (UCD), Belfield | 11.07.1977 | Morton Mile                            |
| 35       | 3.55.7 | Steve Ovett          | GBR     | 09.10.1955 | 1        | Dublin   | University College Dublin (UCD), Belfield | 12.07.1978 | Morton Mile                            |
| 36       | 3.57.5 | Steve Scott          | USA     | 05.05.1956 | 2        | Dublin   | University College Dublin (UCD), Belfield | 12.07.1978 | Morton Mile                            |
| 37       | 3.57.8 | Niall O'Shaughnessy  | IRL     | 23.11.1955 | 3        | Dublin   | University College Dublin (UCD), Belfield | 12.07.1978 | Morton Mile                            |
| 38       | 3.58.1 | Rod Dixon            | NZL     | 13.07.1950 | 4        | Dublin   | University College Dublin (UCD), Belfield | 12.07.1978 | Morton Mile                            |
| 39       | 3.58.1 | Jerald Jones         | USA     | 20.06.1953 | 5        | Dublin   | University College Dublin (UCD), Belfield | 12.07.1978 | Morton Mile                            |
| 40       | 3.59.4 | Ken Hall             | AUS     | 25.07.1951 | 6        | Dublin   | University College Dublin (UCD), Belfield | 12.07.1978 | Morton Mile                            |

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|----------|---------|--------------------|---------|------------|----------|------------|---|------------|--------------------------|
| 41       | 3.59.4  | Paul Lawther       | GBR     | 22.12.1955 | 7        | Dublin     | University College Dublin (UCD), Belfield | 12.07.1978 | Morton Mile              |
| 42       | 3.54.8  | Eamonn Coghlan     | IRL     | 24.11.1952 | 1        | Cork       | Mardyke                                   | 21.06.1979 | Cork City Sports         |
| 43       | 3.56.0  | Ray Flynn          | IRL     | 22.01.1957 | 2        | Cork       | Mardyke                                   | 21.06.1979 | Cork City Sports         |
| 44       | 3.56.26 | Steve Scott        | USA     | 05.05.1956 | 1        | Dublin     | University College Dublin (UCD), Belfield | 10.07.1979 | Morton Mile              |
| 45       | 3.56.59 | Steve Foley        | AUS     | 21.11.1957 | 2        | Dublin     | University College Dublin (UCD), Belfield | 10.07.1979 | Morton Mile              |
| 46       | 3.57.70 | Ray Flynn          | IRL     | 22.01.1957 | 3        | Dublin     | University College Dublin (UCD), Belfield | 10.07.1979 | Morton Mile              |
| 47       | 3.58.31 | Steve Lacy         | USA     | 17.01.1956 | 4        | Dublin     | University College Dublin (UCD), Belfield | 10.07.1979 | Morton Mile              |
| 48       | 3.58.32 | Phil Kane          | USA     | 05.03.1955 | 5        | Dublin     | University College Dublin (UCD), Belfield | 10.07.1979 | Morton Mile              |
| 49       | 3.56.3  | Eamonn Coghlan     | IRL     | 24.11.1952 | 1        | Cork       | Mardyke                                   | 24.06.1980 | Cork City Sports         |
| 50       | 3.57.3  | Thomas Wessinghage | FRG     | 22.02.1952 | 2        | Cork       | Mardyke                                   | 24.06.1980 | Cork City Sports         |
| 51       | 3.58.2  | Omer Khalifa       | SUD     | 18.12.1956 | 3        | Cork       | Mardyke                                   | 24.06.1980 | Cork City Sports         |
| 52       | 3.59.2  | David Taylor       | IRL     | 07.03.1959 | 4        | Cork       | Mardyke                                   | 24.06.1980 | Cork City Sports         |
| 53       | 3.53.8  | Steve Scott        | USA     | 05.05.1956 | 1        | Dublin     | Morton, Santry                            | 27.08.1980 | Morton Mile              |
| 54       | 3.53.9  | Wilson Waigwa      | KEN     | 15.02.1949 | 2        | Dublin     | Morton, Santry                            | 27.08.1980 | Morton Mile              |
| 55       | 3.54.0  | John Walker        | NZL     | 12.01.1952 | 3        | Dublin     | Morton, Santry                            | 27.08.1980 | Morton Mile              |
| 56       | 3.55.4  | Pierre Délèze      | SUI     | 25.09.1958 | 4        | Dublin     | Morton, Santry                            | 27.08.1980 | Morton Mile              |
| 57       | 3.56.9  | Filbert Bayi       | TAN     | 23.06.1953 | 5        | Dublin     | Morton, Santry                            | 27.08.1980 | Morton Mile              |
| 58       | 3.59.0  | Ray Flynn          | IRL     | 22.01.1957 | 6        | Dublin     | Morton, Santry                            | 27.08.1980 | Morton Mile              |
| 59       | 3.52.11 | Eamonn Coghlan     | IRL     | 24.11.1952 | 1        | Cork       | Mardyke                                   | 23.06.1981 | Cork City Sports         |
| 60       | 3.53.83 | Ray Flynn          | IRL     | 22.01.1957 | 2        | Cork       | Mardyke                                   | 23.06.1981 | Cork City Sports         |
| 61       | 3.58.82 | Frank O'Mara       | IRL     | 17.07.1960 | 3        | Cork       | Mardyke                                   | 23.06.1981 | Cork City Sports         |
| 62       | 3.54.75 | Steve Scott        | USA     | 05.05.1956 | 1        | Dublin     | Morton, Santry                            | 14.07.1981 | Morton Mile              |
| 63       | 3.55.77 | Sydney Maree       | USA     | 09.09.1956 | 1        | Dublin     | Morton, Santry                            | 14.07.1981 | Morton Mile              |
| 64       | 3.56.39 | David Taylor       | IRL     | 07.03.1959 | 3        | Dublin     | Morton, Santry                            | 14.07.1981 | Morton Mile              |
| 65       | 3.56.93 | Ray Flynn          | IRL     | 22.01.1957 | 4        | Dublin     | Morton, Santry                            | 14.07.1981 | Morton Mile              |
| 66       | 3.57.92 | Todd Harbour       | USA     | 24.03.1959 | 5        | Dublin     | Morton, Santry                            | 14.07.1981 | Morton Mile              |
| 67       | 3.58.18 | Omer Khalifa       | SUD     | 18.12.1956 | 6        | Dublin     | Morton, Santry                            | 14.07.1981 | Morton Mile              |
| 68       | 3.58.47 | Eamonn Coghlan     | IRL     | 24.11.1952 | 7        | Dublin     | Morton, Santry                            | 14.07.1981 | Morton Mile              |
| 69       | 3.57.8  | Eamonn Coghlan     | IRL     | 24.11.1952 | 1        | Tullylease | Tullylease                                | 17.08.1981 | Tullylease Track Opening |
| 70       | 3.58.2  | John Walker        | NZL     | 12.01.1952 | 2        | Tullylease | Tullylease                                | 17.08.1981 | Tullylease Track Opening |
| 71       | 3.59.7  | Ray Flynn          | IRL     | 22.01.1957 | 3        | Tullylease | Tullylease                                | 17.08.1981 | Tullylease Track Opening |
| 72       | 3.49.42 | Sydney Maree       | USA     | 09.09.1956 | 1        | Cork       | Mardyke                                   | 13.07.1982 | Cork City Sports         |
| 73       | 3.49.90 | Steve Cram         | GBR     | 14.10.1960 | 2        | Cork       | Mardyke                                   | 13.07.1982 | Cork City Sports         |
| 74       | 3.50.01 | John Walker        | NZL     | 12.01.1952 | 3        | Cork       | Mardyke                                   | 13.07.1982 | Cork City Sports         |
| 75       | 3.50.64 | Graham Williamson  | GBR     | 15.06.1960 | 4        | Cork       | Mardyke                                   | 13.07.1982 | Cork City Sports         |
| 76       | 3.51.63 | Ray Flynn          | IRL     | 22.01.1957 | 5        | Cork       | Mardyke                                   | 13.07.1982 | Cork City Sports         |
| 77       | 3.52.41 | Wilson Waigwa      | KEN     | 15.02.1949 | 6        | Cork       | Mardyke                                   | 13.07.1982 | Cork City Sports         |
| 78       | 3.52.91 | Thomas Wessinghage | FRG     | 22.02.1952 | 7        | Cork       | Mardyke                                   | 13.07.1982 | Cork City Sports         |
| 79       | 3.53.44 | Jack Buckner       | GBR     | 22.09.1961 | 8        | Cork       | Mardyke                                   | 13.07.1982 | Cork City Sports         |
| 80       | 3.59.0  | Paul Lawther       | GBR     | 22.12.1955 | 9        | Cork       | Mardyke                                   | 13.07.1982 | Cork City Sports         |

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|------------|---------|-----------------------|---------|------------|----------|----------|---|------------|------------------------|
| 81         | 3.53.48 | Eamonn Coghlan        | IRL     | 24.11.1952 | 1        | Dublin   | University College Dublin (UCD), Belfield | 11.07.1983 | Morton Mile            |
| 82         | 3.59.20 | John Robson           | GBR     | 31.01.1957 | 2        | Dublin   | University College Dublin (UCD), Belfield | 11.07.1983 | Morton Mile            |
| 83         | 3.50.99 | Steve Scott           | USA     | 05.05.1956 | 1        | Cork     | Mardyke                                   | 13.07.1983 | Cork City Sports       |
| 84         | 3.51.59 | John Walker           | NZL     | 12.01.1952 | 2        | Cork     | Mardyke                                   | 13.07.1983 | Cork City Sports       |
| 85         | 3.52.50 | Frank O'Mara          | IRL     | 17.07.1960 | 3        | Cork     | Mardyke                                   | 13.07.1983 | Cork City Sports       |
| 86         | 3.54.48 | David Taylor          | IRL     | 07.03.1959 | 4        | Cork     | Mardyke                                   | 13.07.1983 | Cork City Sports       |
| 87         | 3.54.61 | Ray Flynn             | IRL     | 22.01.1957 | 5        | Cork     | Mardyke                                   | 13.07.1983 | Cork City Sports       |
| 88         | 3.56.65 | Marcus O'Sullivan     | IRL     | 22.12.1961 | 6        | Cork     | Mardyke                                   | 13.07.1983 | Cork City Sports       |
| 89         | 3.57.40 | John Robson           | GBR     | 31.01.1957 | 8        | Cork     | Mardyke                                   | 13.07.1983 | Cork City Sports       |
| 90         | 3.57.70 | Tom Moloney           | IRL     | 11.03.1960 | 9        | Cork     | Mardyke                                   | 13.07.1983 | Cork City Sports       |
| 91         | 3.57.81 | Paul Lawther          | GBR     | 22.12.1955 | 10       | Cork     | Mardyke                                   | 13.07.1983 | Cork City Sports       |
| 92         | 3.55.13 | Graham Williamson     | GBR     | 15.06.1960 | 1        | Cork     | Mardyke                                   | 03.07.1984 | Cork City Sports       |
| 93         | 3.55.73 | Peter Elliott         | GBR     | 09.10.1962 | 2        | Cork     | Mardyke                                   | 03.07.1984 | Cork City Sports       |
| 94         | 3.55.82 | Paul Donovan          | IRL     | 11.07.1963 | 3        | Cork     | Mardyke                                   | 03.07.1984 | Cork City Sports       |
| 95         | 3.56.11 | Marcus O'Sullivan     | IRL     | 22.12.1961 | 4        | Cork     | Mardyke                                   | 03.07.1984 | Cork City Sports       |
| 96         | 3.56.27 | Jack Buckner          | GBR     | 22.09.1961 | 5        | Cork     | Mardyke                                   | 03.07.1984 | Cork City Sports       |
| 97         | 3.56.88 | Tim Hutchings         | GBR     | 04.12.1958 | 6        | Cork     | Mardyke                                   | 03.07.1984 | Cork City Sports       |
| 98         | 3.59.32 | Aleksandr Kostyetskiy | RUS     | 14.01.1960 | 7        | Cork     | Mardyke                                   | 03.07.1984 | Cork City Sports       |
| 99         | 3.59.84 | Ken Moloney           | NZL     | 11.11.1961 | 8        | Cork     | Mardyke                                   | 03.07.1984 | Cork City Sports       |
| <b>100</b> | 3.56.34 | Steve Ovet            | GBR     | 09.10.1955 | 1        | Belfast  | Mary Peters                               | 24.06.1985 | Dale Farm Ulster Games |
| 101        | 3.56.74 | Marcus O'Sullivan     | IRL     | 22.12.1961 | 2        | Belfast  | Mary Peters                               | 24.06.1985 | Dale Farm Ulster Games |
| 102        | 3.58.51 | Frank O'Mara          | IRL     | 17.07.1960 | 3        | Belfast  | Mary Peters                               | 24.06.1985 | Dale Farm Ulster Games |
| 103        | 3.58.59 | Mike Boit             | KEN     | 06.01.1949 | 4        | Belfast  | Mary Peters                               | 24.06.1985 | Dale Farm Ulster Games |
| 104        | 3.59.31 | Tim Hutchings         | GBR     | 04.12.1958 | 5        | Belfast  | Mary Peters                               | 24.06.1985 | Dale Farm Ulster Games |
| 105        | 3.52.14 | Sydney Maree          | USA     | 09.09.1956 | 1        | Cork     | Mardyke                                   | 09.07.1985 | Cork City Sports       |
| 106        | 3.52.64 | Marcus O'Sullivan     | IRL     | 22.12.1961 | 2        | Cork     | Mardyke                                   | 09.07.1985 | Cork City Sports       |
| 107        | 3.53.20 | John Walker           | NZL     | 12.01.1952 | 3        | Cork     | Mardyke                                   | 09.07.1985 | Cork City Sports       |
| 108        | 3.55.92 | Frank O'Mara          | IRL     | 17.07.1960 | 4        | Cork     | Mardyke                                   | 09.07.1985 | Cork City Sports       |
| 109        | 3.56.17 | Thomas Wessinghage    | FRG     | 22.02.1952 | 5        | Cork     | Mardyke                                   | 09.07.1985 | Cork City Sports       |
| 110        | 3.56.36 | Enda Fitzpatrick      | IRL     | 28.04.1965 | 6        | Cork     | Mardyke                                   | 09.07.1985 | Cork City Sports       |
| 111        | 3.56.99 | Alan Salter           | GBR     | 22.04.1960 | 7        | Cork     | Mardyke                                   | 09.07.1985 | Cork City Sports       |
| 112        | 3.58.18 | David Taylor          | GBR     | 09.01.1964 | 8        | Cork     | Mardyke                                   | 09.07.1985 | Cork City Sports       |
| 113        | 3.58.78 | Frank O'Mara          | IRL     | 17.07.1960 | 1        | Dublin   | Morton, Santry                            | 28.07.1985 | Morton Mile            |
| 114        | 3.57.49 | José Manuel Abascal   | ESP     | 17.03.1958 | 1        | Belfast  | Mary Peters                               | 30.06.1986 | Dale Farm Ulster Games |
| 115        | 3.58.12 | Steve Scott           | USA     | 05.05.1956 | 2        | Belfast  | Mary Peters                               | 30.06.1986 | Dale Farm Ulster Games |
| 116        | 3.58.54 | Marcus O'Sullivan     | IRL     | 22.12.1961 | 3        | Belfast  | Mary Peters                               | 30.06.1986 | Dale Farm Ulster Games |
| 117        | 3.58.98 | John Walker           | NZL     | 12.01.1952 | 4        | Belfast  | Mary Peters                               | 30.06.1986 | Dale Farm Ulster Games |
| 118        | 3.59.15 | Ray Flynn             | IRL     | 22.01.1957 | 5        | Belfast  | Mary Peters                               | 30.06.1986 | Dale Farm Ulster Games |
| 119        | 3.59.61 | Gerry O'Reilly        | IRL     | 01.07.1964 | 6        | Belfast  | Mary Peters                               | 30.06.1986 | Dale Farm Ulster Games |
| 120        | 3.59.70 | Maurice Smith         | USA     | 20.11.1962 | 7        | Belfast  | Mary Peters                               | 30.06.1986 | Dale Farm Ulster Games |

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|----------|---------|-------------------|---------|------------|----------|----------|-----------------|------------|------------------------|
| 121      | 3.59.96 | Ken Moloney       | NZL     | 11.11.1961 | 8        | Belfast  | Mary Peters     | 30.06.1986 | Dale Farm Ulster Games |
| 122      | 3.52.99 | Steve Ovet        | GBR     | 09.10.1955 | 1        | Cork     | Mardyke         | 08.07.1986 | Cork City Sports       |
| 123      | 3.53.55 | Marcus O'Sullivan | IRL     | 22.12.1961 | 2        | Cork     | Mardyke         | 08.07.1986 | Cork City Sports       |
| 124      | 3.53.57 | Sydney Maree      | USA     | 09.09.1956 | 3        | Cork     | Mardyke         | 08.07.1986 | Cork City Sports       |
| 125      | 3.54.39 | Neil Horsfield    | GBR     | 07.12.1966 | 4        | Cork     | Mardyke         | 08.07.1986 | Cork City Sports       |
| 126      | 3.54.68 | Tom Moloney       | IRL     | 11.03.1960 | 5        | Cork     | Mardyke         | 08.07.1986 | Cork City Sports       |
| 127      | 3.55.25 | Gerry O'Reilly    | IRL     | 01.07.1964 | 6        | Cork     | Mardyke         | 08.07.1986 | Cork City Sports       |
| 128      | 3.56.97 | David Taylor      | GBR     | 09.01.1964 | 7        | Cork     | Mardyke         | 08.07.1986 | Cork City Sports       |
| 129      | 3.57.76 | Ray Wicksell      | USA     | 24.04.1956 | 8        | Cork     | Mardyke         | 08.07.1986 | Cork City Sports       |
| 130      | 3.58.42 | Ralf Eckert       | FRG     | 30.04.1959 | 9        | Cork     | Mardyke         | 08.07.1986 | Cork City Sports       |
| 131      | 3.58.54 | Eugene Curran     | IRL     | 17.01.1964 | 10       | Cork     | Mardyke         | 08.07.1986 | Cork City Sports       |
| 132      | 3.58.98 | Earl Jones        | USA     | 17.07.1964 | 11       | Cork     | Mardyke         | 08.07.1986 | Cork City Sports       |
| 133      | 3.58.5  | Marcus O'Sullivan | IRL     | 22.12.1961 | 1        | Dublin   | Morton, Santry  | 06.08.1986 | Morton Mile            |
| 134      | 3.59.6  | Ken Moloney       | NZL     | 11.11.1961 | 2        | Dublin   | Morton, Santry  | 06.08.1986 | Morton Mile            |
| 135      | 3.59.7  | Enda Fitzpatrick  | IRL     | 28.04.1965 | 3        | Dublin   | Morton, Santry  | 06.08.1986 | Morton Mile            |
| 136      | 3.59.7  | Paul Donovan      | IRL     | 11.07.1963 | 4        | Dublin   | Morton, Santry  | 06.08.1986 | Morton Mile            |
| 137      | 3.59.9  | Dave Campbell     | CAN     | 31.08.1960 | 5        | Dublin   | Morton, Santry  | 06.08.1986 | Morton Mile            |
| 138      | 3.56.69 | Frank O'Mara      | IRL     | 17.07.1960 | 1        | Cork     | Mardyke         | 07.07.1987 | Cork City Sports       |
| 139      | 3.57.03 | Steve Ovet        | GBR     | 09.10.1955 | 2        | Cork     | Mardyke         | 07.07.1987 | Cork City Sports       |
| 140      | 3.58.06 | Ken Moloney       | NZL     | 11.11.1961 | 3        | Cork     | Mardyke         | 07.07.1987 | Cork City Sports       |
| 141      | 3.58.42 | Sean O'Neill      | IRL     | 17.07.1961 | 4        | Cork     | Mardyke         | 07.07.1987 | Cork City Sports       |
| 142      | 3.58.84 | Marcus O'Sullivan | IRL     | 22.12.1961 | 5        | Cork     | Mardyke         | 07.07.1987 | Cork City Sports       |
| 143      | 3.59.84 | Enda Fitzpatrick  | IRL     | 28.04.1965 | 6        | Cork     | Mardyke         | 07.07.1987 | Cork City Sports       |
| 144      | 3.59.90 | Alan Salter       | GBR     | 22.04.1960 | 7        | Cork     | Mardyke         | 07.07.1987 | Cork City Sports       |
| 145      | 3.59.94 | Jonathan Richards | GBR     | 19.05.1964 | 8        | Cork     | Mardyke         | 07.07.1987 | Cork City Sports       |
| 146      | 3.59.26 | John Walker       | NZL     | 12.01.1952 | 1        | Belfast  | Mary Peters     | 20.07.1987 | Giro Bank Ulster Games |
| 147      | 3.59.35 | Marcus O'Sullivan | IRL     | 22.12.1961 | 2        | Belfast  | Mary Peters     | 20.07.1987 | Giro Bank Ulster Games |
| 148      | 3.59.85 | Steve Martin      | GBR     | 16.07.1959 | 3        | Belfast  | Mary Peters     | 20.07.1987 | Giro Bank Ulster Games |
| 149      | 3.55.49 | Steve Scott       | USA     | 05.05.1956 | 1        | Cork     | Mardyke         | 05.07.1988 | Cork City Sports       |
| 150      | 3.56.63 | Ken Moloney       | NZL     | 11.11.1961 | 2        | Cork     | Mardyke         | 05.07.1988 | Cork City Sports       |
| 151      | 3.56.71 | Chris McGeorge    | GBR     | 13.01.1962 | 3        | Cork     | Mardyke         | 05.07.1988 | Cork City Sports       |
| 152      | 3.57.15 | Gary Taylor       | GBR     | 01.06.1963 | 4        | Cork     | Mardyke         | 05.07.1988 | Cork City Sports       |
| 153      | 3.57.42 | Colin Ridding     | GBR     | 01.11.1961 | 5        | Cork     | Mardyke         | 05.07.1988 | Cork City Sports       |
| 154      | 3.58.43 | Glen Ritchie      | AUS     | 18.01.1962 | 6        | Cork     | Mardyke         | 05.07.1988 | Cork City Sports       |
| 155      | 3.58.61 | Enda Fitzpatrick  | IRL     | 28.04.1965 | 7        | Cork     | Mardyke         | 05.07.1988 | Cork City Sports       |
| 156      | 3.58.71 | Steve Ovet        | GBR     | 09.10.1955 | 8        | Cork     | Mardyke         | 05.07.1988 | Cork City Sports       |
| 157      | 3.58.82 | Frank Conway      | IRL     | 01.01.1967 | 9        | Cork     | Mardyke         | 05.07.1988 | Cork City Sports       |
| 158      | 3.59.84 | Seamus McCann     | IRL     | 10.06.1966 | 10       | Cork     | Mardyke         | 05.07.1988 | Cork City Sports       |
| 159      | 3.57.59 | Saïd Aouita       | MAR     | 02.11.1959 | 1        | Belfast  | Mary Peters     | 17.07.1989 | Giro Bank Ulster Games |
| 160      | 3.58.09 | Steve Scott       | USA     | 05.05.1956 | 2        | Belfast  | Mary Peters     | 17.07.1989 | Giro Bank Ulster Games |

## Sub 4 Minute Miles Run in Ireland

| Sequence   | Time    | Name                     | Country | DOB        | Position | Location | Stadium / Track | Date       | Meeting / Event                                 |
|------------|---------|--------------------------|---------|------------|----------|----------|-----------------|------------|---|
| 161        | 3.58.28 | Paul Larkins             | GBR     | 19.05.1963 | 3        | Belfast  | Mary Peters     | 17.07.1989 | Giro Bank Ulster Games                          |
| 162        | 3.58.29 | John Walker              | NZL     | 12.01.1952 | 4        | Belfast  | Mary Peters     | 17.07.1989 | Giro Bank Ulster Games                          |
| 163        | 3.58.38 | Adrian Passey            | GBR     | 02.09.1964 | 5        | Belfast  | Mary Peters     | 17.07.1989 | Giro Bank Ulster Games                          |
| 164        | 3.59.36 | David Heath              | GBR     | 22.05.1965 | 6        | Belfast  | Mary Peters     | 17.07.1989 | Giro Bank Ulster Games                          |
| 165        | 3.59.9  | Davey Wilson             | GBR     | 07.09.1968 | 1        | Belfast  | Mary Peters     | 30.05.1991 | Lagan Valley Young Athletes Series              |
| 166        | 3.55.17 | Peter Elliott            | GBR     | 09.10.1962 | 1        | Belfast  | Mary Peters     | 21.06.1991 | Pearl Assurance Games                           |
| 167        | 3.55.45 | David Kibet              | KEN     | 24.11.1963 | 2        | Belfast  | Mary Peters     | 21.06.1991 | Pearl Assurance Games                           |
| 168        | 3.56.23 | Moses Kiptanui           | KEN     | 01.10.1970 | 3        | Belfast  | Mary Peters     | 21.06.1991 | Pearl Assurance Games                           |
| 169        | 3.57.10 | Kevin McKay              | GBR     | 09.02.1969 | 4        | Belfast  | Mary Peters     | 21.06.1991 | Pearl Assurance Games                           |
| 170        | 3.59.34 | Joseph Kiprobon          | KEN     | 10.10.1970 | 6        | Belfast  | Mary Peters     | 21.06.1991 | Pearl Assurance Games                           |
| 171        | 3.56.19 | Ian Hamer                | GBR     | 18.04.1965 | 1        | Cork     | Mardyke         | 05.07.1991 | Cork City Sports                                |
| 172        | 3.58.54 | Enda Fitzpatrick         | IRL     | 28.04.1965 | 2        | Cork     | Mardyke         | 05.07.1991 | Cork City Sports                                |
| 173        | 3.59.23 | Niall Bruton             | IRL     | 07.10.1971 | 3        | Cork     | Mardyke         | 05.07.1991 | Cork City Sports                                |
| 174        | 3.56.87 | William Tanui            | KEN     | 22.02.1964 | 1        | Belfast  | Mary Peters     | 31.08.1992 | Pearl Assurance Games - Les Jones Memorial Mile |
| 175        | 3.59.50 | Hauke Fuhlbrügge         | GER     | 21.03.1966 | 2        | Belfast  | Mary Peters     | 31.08.1992 | Pearl Assurance Games - Les Jones Memorial Mile |
| 176        | 3.59.60 | Paul Vandergriff         | USA     | 16.05.1969 | 3        | Belfast  | Mary Peters     | 31.08.1992 | Pearl Assurance Games - Les Jones Memorial Mile |
| 177        | 3.59.95 | Jeff Atkinson            | USA     | 24.02.1963 | 4        | Belfast  | Mary Peters     | 31.08.1992 | Pearl Assurance Games - Les Jones Memorial Mile |
| 178        | 3.59.24 | Robert Kiplagat Andersen | DEN     | 12.12.1972 | 1        | Belfast  | Mary Peters     | 19.06.1993 | Pearl Assurance Games                           |
| 179        | 3.59.32 | Steve Cram               | GBR     | 14.10.1960 | 2        | Belfast  | Mary Peters     | 19.06.1993 | Pearl Assurance Games                           |
| 180        | 3.59.60 | Robert Denmark           | GBR     | 23.11.1968 | 3        | Belfast  | Mary Peters     | 19.06.1993 | Pearl Assurance Games                           |
| 181        | 3.57.99 | Marcus O'Sullivan        | IRL     | 22.12.1961 | 1        | Cork     | Mardyke         | 09.07.1993 | Cork City Sports                                |
| 182        | 3.58.29 | Niall Bruton             | IRL     | 07.10.1971 | 2        | Cork     | Mardyke         | 09.07.1993 | Cork City Sports                                |
| 183        | 3.58.64 | Mark Carroll             | IRL     | 15.01.1972 | 3        | Cork     | Mardyke         | 09.07.1993 | Cork City Sports                                |
| 184        | 3.58.70 | Matthew de Freitas       | GBR     | 19.09.1968 | 4        | Cork     | Mardyke         | 09.07.1993 | Cork City Sports                                |
| 185        | 3.57.35 | David Kibet              | KEN     | 24.11.1963 | 1        | Cork     | Mardyke         | 25.06.1994 | Cork City Sports                                |
| 186        | 3.57.40 | Niall Bruton             | IRL     | 07.10.1971 | 2        | Cork     | Mardyke         | 25.06.1994 | Cork City Sports                                |
| 187        | 3.58.39 | Matthew Barnes           | GBR     | 12.01.1968 | 3        | Cork     | Mardyke         | 25.06.1994 | Cork City Sports                                |
| 188        | 3.58.71 | Desmond English          | IRL     | 06.06.1967 | 4        | Cork     | Mardyke         | 25.06.1994 | Cork City Sports                                |
| 189        | 3.58.89 | Pavel Dolgushev          | RUS     | 11.07.1968 | 5        | Cork     | Mardyke         | 25.06.1994 | Cork City Sports                                |
| 190        | 3.58.97 | Andy Keith               | GBR     | 25.12.1971 | 6        | Cork     | Mardyke         | 25.06.1994 | Cork City Sports                                |
| 191        | 3.59.23 | Shane Healy              | IRL     | 05.10.1968 | 7        | Cork     | Mardyke         | 25.06.1994 | Cork City Sports                                |
| 192        | 3.57.53 | Johan Landsman           | RSA     | 12.05.1964 | 1        | Cork     | Mardyke         | 24.06.1995 | Cork City Sports                                |
| 193        | 3.57.96 | Andy Keith               | GBR     | 25.12.1971 | 2        | Cork     | Mardyke         | 24.06.1995 | Cork City Sports                                |
| 194        | 3.58.09 | Ken Nason                | IRL     | 29.03.1972 | 3        | Cork     | Mardyke         | 24.06.1995 | Cork City Sports                                |
| 195        | 3.58.68 | Ciaran Murphy            | GBR     | 02.09.1971 | 4        | Cork     | Mardyke         | 24.06.1995 | Cork City Sports                                |
| 196        | 3.59.09 | Nigel Adkin              | AUS     | 02.02.1972 | 5        | Cork     | Mardyke         | 24.06.1995 | Cork City Sports                                |
| 197        | 3.59.46 | Shaun Creighton          | AUS     | 14.05.1967 | 6        | Cork     | Mardyke         | 24.06.1995 | Cork City Sports                                |
| 198        | 3.59.74 | Frederick Cheruiyot      | KEN     | 20.09.1970 | 1        | Dublin   | Morton, Santry  | 13.07.2001 | Morton Mile                                     |
| 199        | 3.57.70 | James Nolan              | IRL     | 27.01.1977 | 1        | Dublin   | Morton, Santry  | 15.08.2003 | Morton Mile                                     |
| <b>200</b> | 3.58.99 | David Kiplak             | KEN     | 27.12.1981 | 2        | Dublin   | Morton, Santry  | 15.08.2003 | Morton Mile                                     |

## Sub 4 Minute Miles Run in Ireland

| Sequence | Time    | Name              | Country | DOB        | Position | Location  | Stadium / Track                    | Date       | Meeting / Event                        |
|----------|---------|-------------------|---------|------------|----------|-----------|------------------------------------|------------|--|
| 201      | 3.58.45 | James Nolan       | IRL     | 27.01.1977 | 1        | Tullamore | Tullamore Harriers                 | 05.06.2004 | Irish Schools - Irish Milers Club Mile |
| 202      | 3.58.93 | Michael Power     | AUS     | 09.05.1976 | 2        | Tullamore | Tullamore Harriers                 | 05.06.2004 | Irish Schools - Irish Milers Club Mile |
| 203      | 3.59.87 | Mark Tucker       | AUS     | 15.08.1979 | 3        | Tullamore | Tullamore Harriers                 | 05.06.2004 | Irish Schools - Irish Milers Club Mile |
| 204      | 3.59.99 | James Nolan       | IRL     | 27.01.1977 | 1        | Dublin    | Morton, Santry                     | 25.06.2004 | Morton Mile                            |
| 205      | 3.58.45 | Mitchell Kealey   | AUS     | 28.01.1984 | 1        | Dublin    | Morton, Santry                     | 08.07.2007 | Morton Mile                            |
| 206      | 3.58.89 | Brad Woods        | AUS     | 25.04.1986 | 2        | Dublin    | Morton, Santry                     | 08.07.2007 | Morton Mile                            |
| 207      | 3.56.23 | Robert Myers      | USA     | 05.08.1980 | 1        | Dublin    | Morton, Santry                     | 25.07.2008 | Morton Mile                            |
| 208      | 3.56.75 | Will Leer         | USA     | 15.04.1985 | 2        | Dublin    | Morton, Santry                     | 25.07.2008 | Morton Mile                            |
| 209      | 3.57.27 | Stephen Pifer     | USA     | 07.12.1984 | 3        | Dublin    | Morton, Santry                     | 25.07.2008 | Morton Mile                            |
| 210      | 3.57.62 | Collis Birmingham | AUS     | 27.12.1984 | 4        | Dublin    | Morton, Santry                     | 25.07.2008 | Morton Mile                            |
| 211      | 3.57.71 | Youcef Abdi       | AUS     | 07.12.1977 | 5        | Dublin    | Morton, Santry                     | 25.07.2008 | Morton Mile                            |
| 212      | 3.58.05 | James Thie        | GBR     | 27.06.1978 | 6        | Dublin    | Morton, Santry                     | 25.07.2008 | Morton Mile                            |
| 213      | 3.58.22 | Graeme Wells      | CAN     | 16.05.1983 | 7        | Dublin    | Morton, Santry                     | 25.07.2008 | Morton Mile                            |
| 214      | 3.58.35 | Darren Brown      | USA     | 19.12.1986 | 8        | Dublin    | Morton, Santry                     | 25.07.2008 | Morton Mile                            |
| 215      | 3.59.55 | John Jefferson    | USA     | 30.12.1982 | 9        | Dublin    | Morton, Santry                     | 25.07.2008 | Morton Mile                            |
| 216      | 3.56.81 | Will Leer         | USA     | 15.04.1985 | 1        | Dublin    | Morton, Santry                     | 21.07.2010 | Morton Mile                            |
| 217      | 3.58.41 | John Bolas        | USA     | 01.11.1987 | 2        | Dublin    | Morton, Santry                     | 21.07.2010 | Morton Mile                            |
| 218      | 3.58.48 | Russell Brown     | USA     | 06.03.1985 | 3        | Dublin    | Morton, Santry                     | 21.07.2010 | Morton Mile                            |
| 219      | 3.59.19 | Craig Miller      | USA     | 03.08.1987 | 4        | Dublin    | Morton, Santry                     | 21.07.2010 | Morton Mile                            |
| 220      | 3.59.46 | Andrew Bumbalough | USA     | 14.03.1987 | 5        | Dublin    | Morton, Santry                     | 21.07.2010 | Morton Mile                            |
| 221      | 3.59.79 | David McCarthy    | IRL     | 16.07.1983 | 6        | Dublin    | Morton, Santry                     | 21.07.2010 | Morton Mile                            |
| 222      | 3.59.86 | Liam Boylan-Pett  | USA     | 11.09.1985 | 7        | Dublin    | Morton, Santry                     | 21.07.2010 | Morton Mile                            |
| 223      | 3.56.82 | Jordan McNamara   | USA     | 07.03.1987 | 1        | Dublin    | Morton, Santry                     | 08.07.2011 | Morton Mile                            |
| 224      | 3.57.34 | Brendon Bethke    | USA     | 19.01.1987 | 2        | Dublin    | Morton, Santry                     | 08.07.2011 | Morton Mile                            |
| 225      | 3.57.99 | Ciarán O'Lionáird | IRL     | 11.04.1988 | 3        | Dublin    | Morton, Santry                     | 08.07.2011 | Morton Mile                            |
| 226      | 3.58.19 | James Kaan        | AUS     | 17.09.1990 | 4        | Dublin    | Morton, Santry                     | 08.07.2011 | Morton Mile                            |
| 227      | 3.58.41 | Craig Miller      | USA     | 03.08.1987 | 5        | Dublin    | Morton, Santry                     | 08.07.2011 | Morton Mile                            |
| 228      | 3.58.75 | Jack Bolas        | USA     | 01.11.1987 | 6        | Dublin    | Morton, Santry                     | 08.07.2011 | Morton Mile                            |
| 229      | 3.59.99 | Paul Robinson     | IRL     | 24.05.1991 | 7        | Dublin    | Morton, Santry                     | 08.07.2011 | Morton Mile                            |
| 230      | 3.57.98 | Ryan Gregson      | AUS     | 26.04.1990 | 1        | Cork      | Cork Institute of Technology (CIT) | 17.07.2012 | Cork City Sports                       |
| 231      | 3.58.38 | Liam Boylan-Pett  | USA     | 11.09.1985 | 2        | Cork      | Cork Institute of Technology (CIT) | 17.07.2012 | Cork City Sports                       |
| 232      | 3.58.48 | Elliott Heath     | USA     | 04.02.1989 | 3        | Cork      | Cork Institute of Technology (CIT) | 17.07.2012 | Cork City Sports                       |
| 233      | 3.58.70 | Paul Robinson     | IRL     | 24.05.1991 | 4        | Cork      | Cork Institute of Technology (CIT) | 17.07.2012 | Cork City Sports                       |
| 234      | 3.58.84 | Ciarán O'Lionáird | IRL     | 11.04.1988 | 5        | Cork      | Cork Institute of Technology (CIT) | 17.07.2012 | Cork City Sports                       |
| 235      | 3.56.39 | Will Leer         | USA     | 15.04.1985 | 1        | Dublin    | Morton, Santry                     | 25.07.2012 | Morton Mile                            |
| 236      | 3.56.40 | David Torrence    | USA     | 26.11.1985 | 2        | Dublin    | Morton, Santry                     | 25.07.2012 | Morton Mile                            |
| 237      | 3.56.45 | Ryan Gregson      | AUS     | 26.04.1990 | 3        | Dublin    | Morton, Santry                     | 25.07.2012 | Morton Mile                            |
| 238      | 3.56.49 | Craig Miller      | USA     | 03.08.1987 | 4        | Dublin    | Morton, Santry                     | 25.07.2012 | Morton Mile                            |
| 239      | 3.56.78 | Ryan Hill         | USA     | 31.01.1990 | 5        | Dublin    | Morton, Santry                     | 25.07.2012 | Morton Mile                            |
| 240      | 3.57.02 | Ciarán O'Lionáird | IRL     | 11.04.1988 | 6        | Dublin    | Morton, Santry                     | 25.07.2012 | Morton Mile                            |

## Sub 4 Minute Miles Run in Ireland

| Sequence | Time    | Name              | Country | DOB        | Position | Location | Stadium / Track                    | Date       | Meeting / Event  |
|----------|---------|-------------------|---------|------------|----------|----------|------------------------------------|------------|------------------|
| 241      | 3.57.18 | Garrett Heath     | USA     | 03.11.1985 | 7        | Dublin   | Morton, Santry                     | 25.07.2012 | Morton Mile      |
| 242      | 3.57.57 | Ricky Stevenson   | GBR     | 14.11.1988 | 8        | Dublin   | Morton, Santry                     | 25.07.2012 | Morton Mile      |
| 243      | 3.57.63 | Silas Kisorio     | KEN     | 08.01.1983 | 9        | Dublin   | Morton, Santry                     | 25.07.2012 | Morton Mile      |
| 244      | 3.58.47 | Paul Robinson     | IRL     | 24.05.1991 | 10       | Dublin   | Morton, Santry                     | 25.07.2012 | Morton Mile      |
| 245      | 3.54.77 | Cameron Page      | AUS     | 12.06.1991 | 1        | Cork     | Cork Institute of Technology (CIT) | 02.07.2013 | Cork City Sports |
| 246      | 3.55.76 | Jordan McNamara   | USA     | 07.03.1987 | 2        | Cork     | Cork Institute of Technology (CIT) | 02.07.2013 | Cork City Sports |
| 247      | 3.55.91 | Garrett Heath     | USA     | 03.11.1985 | 3        | Cork     | Cork Institute of Technology (CIT) | 02.07.2013 | Cork City Sports |
| 248      | 3.56.18 | Paul Robinson     | IRL     | 24.05.1991 | 4        | Cork     | Cork Institute of Technology (CIT) | 02.07.2013 | Cork City Sports |
| 249      | 3.56.66 | Ben Blankenship   | USA     | 15.12.1988 | 5        | Cork     | Cork Institute of Technology (CIT) | 02.07.2013 | Cork City Sports |
| 250      | 3.57.85 | David McCarthy    | IRL     | 16.07.1983 | 6        | Cork     | Cork Institute of Technology (CIT) | 02.07.2013 | Cork City Sports |
| 251      | 3.55.85 | Cory Leslie       | USA     | 24.10.1989 | 1        | Dublin   | Morton, Santry                     | 17.07.2013 | Morton Mile      |
| 252      | 3.56.27 | Duncan Phillips   | USA     | 07.06.1989 | 2        | Dublin   | Morton, Santry                     | 17.07.2013 | Morton Mile      |
| 253      | 3.57.34 | Juan Luis Barrios | MEX     | 24.06.1983 | 3        | Dublin   | Morton, Santry                     | 17.07.2013 | Morton Mile      |
| 254      | 3.57.35 | Craig Miller      | USA     | 03.08.1987 | 4        | Dublin   | Morton, Santry                     | 17.07.2013 | Morton Mile      |
| 255      | 3.57.73 | Ioan Zaizan       | ROU     | 21.07.1983 | 5        | Dublin   | Morton, Santry                     | 17.07.2013 | Morton Mile      |
| 256      | 3.57.75 | Liam Boylan-Pett  | USA     | 11.09.1985 | 6        | Dublin   | Morton, Santry                     | 17.07.2013 | Morton Mile      |
| 257      | 3.57.93 | David McCarthy    | IRL     | 16.07.1983 | 7        | Dublin   | Morton, Santry                     | 17.07.2013 | Morton Mile      |
| 258      | 3.57.97 | Alberto Sánchez   | ESP     | 19.10.1988 | 8        | Dublin   | Morton, Santry                     | 17.07.2013 | Morton Mile      |
| 259      | 3.58.93 | Eoin Everard      | IRL     | 23.04.1986 | 9        | Dublin   | Morton, Santry                     | 17.07.2013 | Morton Mile      |
| 260      | 3.57.98 | Paul Robinson     | IRL     | 24.05.1991 | 1        | Galway   | Regional Sports Centre, Dangan     | 14.09.2013 | Galway Kenya Run |
| 261      | 3.59.58 | Ben St Lawrence   | AUS     | 07.11.1981 | 2        | Galway   | Regional Sports Centre, Dangan     | 14.09.2013 | Galway Kenya Run |

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