

Check in Opens 9.00am

The Committee reserve the right to alter the timetable.

Check in Closes 9.45 a.m Hurdles

10.30 a.m.

Girls	15	250m Hurdles	2'3"	68.6cm
Girls	16	250m Hurdles	2'3"	68.6cm
Boys	15	250m Hurdles	2'6"	76.2cm
Boys	16	250m Hurdles	2'6"	76.2cm
Girls	17	300m Hurdles	2'6"	76.2cm
Boys	17	300m Hurdles	2'6"	76.2cm
Girls	18	400m Hurdles	2'6"	76.2cm
Girls	19	400m Hurdles	2'6"	76.2cm
Boys	18	400m Hurdles	2'9"	84.0cm
Boys	19	400m Hurdles	3'0"	91.4cm

HURDLE FINALS

Check in closes 11.30 a.m 300m/400m

12.30 p.m

Girls 17 & 18	400m	Heats
Boys 17,18 & 19	400m	Heats
Girls 19	400m	Heats

Girls

Check in 800n closes 12.30p.m. 600m/800m

1.30 p.m.

Girls & Boys	12	600m	Heats
Girls & Boys	13	600m	Heats
Girls & Boys	14	800m	Heats
Girls & Boys	15	800m	Heats
Girls & Boys	16	800m	Heats
Girls & Boys	17	800m	Heats
Girls & Boys	18	800m	Heats
Girls & Boys	19	800m	Heats

3.00 p.m.

400m FINALS

Check in closes 2.30 p.m. 3000m

3.30 p.m. FINALS

Boys	16,17,18,19	3000m
Girls	18, 19	3000m

4.30 pm. 600m, 800m FINALS

10.00 a.m.

Girls	18	Hammer (3kg)
Boys	16	Hammer (4kg)
Girls	19	Hammer (4kg)
Boys	17	Hammer (5kg)
Boys	18	Hammer (5kg)

11.30 a.m.

Boys Pole Vault 15,16,17,18 & 19

10.00 a.m.

Girls	16 (Pit 2)	Long Jump
Girls	14	High Jump
Boys	14	Shot
Girls	15	Discus
Girls	13	Javelin

11.00 a.m.

Boys	12	High Jump
Boys	13	Shot
18	Discus	
Boys	14	Javelin
Boys	19 (Pit 1)	Triple Jump
Boys	16 (Pit 2)	Long Jump

12,00 p.m.

Girls	12 (Pit 2)	Long Jump
Girls	13	Shot
Boys	14	High Jump
Boys	13	Javelin
Girls	14	Discus

1.00 p.m.

Girls	15	Shot
Girls	14	Javelin
Boys	15	High Jump
Girls	16	Discus
Boys	16 (Pit 1)	Triple Jump

2,00 p.m.

Girls	19 (Pit 2)	Long jump
Boys	19	Shot
Boys	17 (Pit 1)	Triple Jump
Girls	13	High Jump

