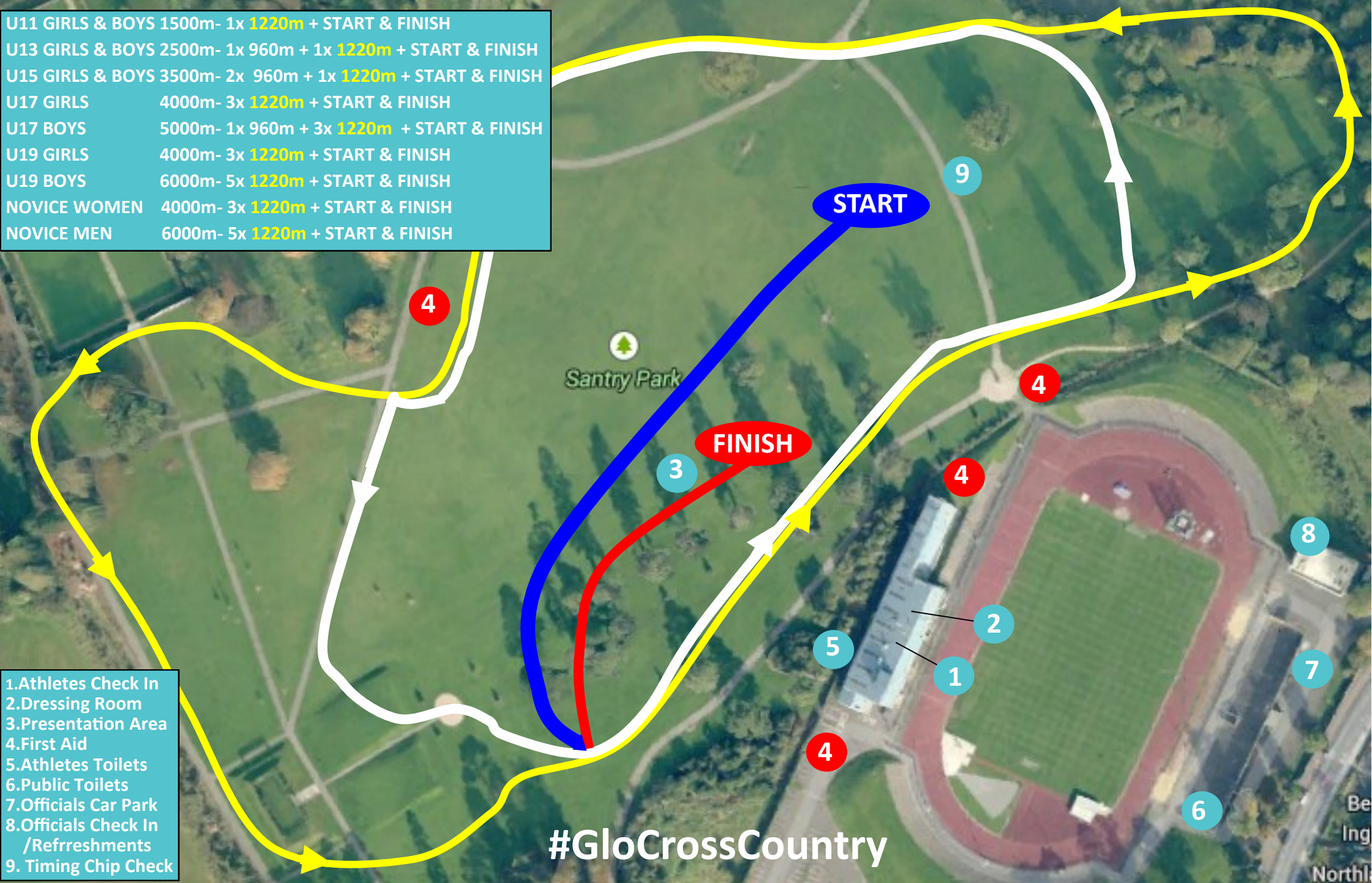




U11 GIRLS & BOYS	1500m- 1x 1220m + START & FINISH
U13 GIRLS & BOYS	2500m- 1x 960m + 1x 1220m + START & FINISH
U15 GIRLS & BOYS	3500m- 2x 960m + 1x 1220m + START & FINISH
U17 GIRLS	4000m- 3x 1220m + START & FINISH
U17 BOYS	5000m- 1x 960m + 3x 1220m + START & FINISH
U19 GIRLS	4000m- 3x 1220m + START & FINISH
U19 BOYS	6000m- 5x 1220m + START & FINISH
NOVICE WOMEN	4000m- 3x 1220m + START & FINISH
NOVICE MEN	6000m- 5x 1220m + START & FINISH

1. Athletes Check In
2. Dressing Room
3. Presentation Area
4. First Aid
5. Athletes Toilets
6. Public Toilets
7. Officials Car Park
8. Officials Check In / Refreshments
9. Timing Chip Check



#GloCrossCountry