

# GloHealth

## NATIONAL JUNIOR & U23 CHAMPIONSHIPS 2015

### PROVISIONAL TIMETABLE

#### TRACK EVENTS

10.00	60m	Junior Women	Heats	16.05	800m	Junior Women	Heats
	60m	U23 Women	Heats		800m	U23 Women	Heats
	60m	Junior Men	Heats		800m	Junior Men	Heats
	60m	U23 Men	Heats		800m	U23 Men	Heats
11.20	1500m	Junior Women	Heats	16.35	60m H	Junior Women	Heats
	1500m	U23 Women	Heats		60m H	U23 Women	Heats
	1500m	Junior Men	Heats		60m H	Junior Men	Heats
	1500m	U23 Men	Heats		60m H	U23 Men	Heats
11.55	400m	Junior Women	Heats	17.05	200m	<u>FINALS</u>	
	400m	U23 Women	Heats				
	400m	Junior Men	Heats	17.20	800m	<u>FINALS</u>	
	400m	U23 Men	Heats				
13.15	60m	<u>FINALS</u>		17.35	400m	<u>FINALS</u>	
13.55	3000m Walk	Jun & U23 Women	Final	17.50	60m H	<u>FINALS</u>	
14.15	3000m Walk	Jun & U23 Men	Final				
14.35	1500m	<u>FINALS</u>					
14.55	200m	<u>HEATS</u>					

#### FIELD EVENTS

11.00	Long Jump	Junior & U23 Women	14.00	Pole Vault	Junior & U23 Women
11.00	Shot Put (6.00)	Junior Men	14.30	High Jump	Junior & U23 Men
11.15	Pole Vault	Junior & U23 Men			
12.00	High Jump	Junior & U23 Women	15.00	35lb Distance	Junior & U23 Men
12.30	Shot Put (7.26)	U 23 Men	15.15	Long Jump	Junior & U23 Men
12.30	Triple Jump	Junior & U23 Men			
13.30	Shot Put	Junior & U23 Women	16.30	Triple Jump	Junior & U23 Women

Please note: If Heats are unnecessary Finals will be held at Heat Times  
Order : Women followed by Men, Junior followed by under 23

Athlone International Arena  
Sunday 25th Jan 2015  
ATHLETICSIRELAND.IE

