

SIAB INTERNATIONAL CROSS COUNTRY 2015

Timetable of Races:

Junior Girls	3,000m Call Up 12.50pm 2 x (1,500 Laps)	Race 13.00pm
Junior Boys	4,000m Call Up 13.10pm 1 x 1,000 lap + 2 X 1500 laps	Race 13.20pm
Inter Girls	4,000m Call Up 13.30pm 1 x 1,000 lap + 2 X 1500 laps	Race 13.40pm
Inter Boys	6,000m Call Up 14.05pm 4 x 1500 laps	Race 14.15pm

