

Transfer List April 2015

First Name	Surname	Outgoing Club	Incoming Club	Outgoing County	incoming County	Inter County Y/N
John Rock	Pender	Bagenalstown A.C.	St. Laurence O'Toole A.C.	Carlow	Carlow	N
Aibha	Kiernan	Hacketstown A.C.	St. Laurence O'Toole A.C.	Carlow	Carlow	N
Ivan	Jones	St.Laurence O'Toole A.C.	St.Abbans A.C.	Carlow	Laois	Y
Heidi	Jones	St.Laurence O'Toole A.C.	St.Abbans A.C.	Carlow	Laois	Y
Mary Ann	O'Sullivan	Tinryland A.C.	St.Abbans A.C.	Carlow	Laois	Y
Amy	Foley	Tinryland A.C.	Barrow Valley A.C.	Carlow	Carlow	N
Cian	McCrystal	Bailieborough A.C.	Annalee A.C.	Cavan	Cavan	N
Oliver	McCrystal	Bailieborough A.C.	Annalee A.C.	Cavan	Cavan	N
Kate	McCrystal	Bailieborough A.C.	Annalee A.C.	Cavan	Cavan	N
Enya	Kiernan	Inny Vale A.C.	Annalee A.C.	Cavan	Cavan	N
Sean	McDaid	Inny Vale A.C.	St. Brigid's A.C.	Cavan	Cavan	N
Joanne	Clarke	Shercock A.C.	Carrick Aces A.C.	Cavan	Monaghan	Y
Brian	Flatley	Shercock A.C.	Raheny Shamrock A.C.	Cavan	Dublin	Y
Alan	Byrnes	B.M.O.H A.C.	Tulla	Clare	Clare	N
Dylan	Leamy	B.M.O.H A.C.	St. Cronan's A.C.	Clare	Clare	N
Chloe	Leamy	B.M.O.H A.C.	St. Cronan's A.C.	Clare	Clare	N
Joe	Mooney	B.M.O.H A.C.	Derg A.C.	Clare	Clare	N
Alannah	O'Donovan	Derg A.C.	Nenagh Olympic A.C.	Clare	Tipperary	Y
Deirdre	Flanagan	Kilmihil A.C.	Kilmurry Ibrickane A.C.	Clare	Clare	N
Aimee	McNamara	Kilmihil A.C.	Kilmurry Ibrickane A.C.	Clare	Clare	N
Shane	McNamara	Kilmihil A.C.	Kilmurry Ibrickane A.C.	Clare	Clare	N
Damien	Landers	St. Johns A.C.	Ennis Track A.C.	Clare	Clare	N
Yolanda	Ramirez	Tulla A.C.	Ennis Track A.C.	Clare	Clare	N
Shane	Kelleher	Belgooly A.C.	Togher A.C.	Cork	Cork	N
Hilary	Kelleher	Belgooly A.C.	Togher A.C.	Cork	Cork	N
Simone	Looney	Belgooly A.C.	Leevale A.C.	Cork	Cork	N
Jennifer	Olden	Belgooly A.C.	Leevale A.C.	Cork	Cork	N
Rachel	Olden	Belgooly A.C.	Leevale A.C.	Cork	Cork	N
Robert	Bennett	C.I.T A.C.	Templemore A.C.	Cork	Tipperary	Y
Michael	O'Regan	C.I.T A.C.	Leevale A.C.	Cork	Cork	N
Seamus	Ahern	Carrig Na Bhfear A.C.	St. Nicholas A.C.	Cork	Cork	N
Shane	Healy	Carrigaline Road Runners A.C.	Tracton A.C.	Cork	Cork	N
David	Carroll	Eagle A.C.	Belgooly A.C.	Cork	Cork	N

First Name	Surname	Outgoing Club	Incoming Club	Outgoing County	incoming County	Inter County Y/N
David	Muldowney	Eagle A.C.	East Cork A.C.	Cork	Cork	N
Jake	Cassidy	Leevale A.C.	Belgooly A.C.	Cork	Cork	N
Levi	Cassidy	Leevale A.C.	Belgooly A.C.	Cork	Cork	N
Emma	Fraday	Leevale A.C.	Ballincollig A.C.	Cork	Cork	N
Lea	McCann	Leevale A.C.	Togher A.C.	Cork	Cork	N
Jack	Murphy	Leevale A.C.	Belgooly A.C.	Cork	Cork	N
Michael	Ruby	Liscarroll A.C.	Rising Sun A.C.	Cork	Cork	N
Killian	Allen	Midleton A.C.	Ballymore Cobh A.C.	Cork	Cork	N
Padraig	Allen	Midleton A.C.	Ballymore Cobh A.C.	Cork	Cork	N
Fatimo	Amusa	Midleton A.C.	Leevale A.C.	Cork	Cork	N
Rebecca	Cotter	Midleton A.C.	Glanmire A.C.	Cork	Cork	N
Rachel	Hegarty	Midleton A.C.	Ballymore Cobh A.C.	Cork	Cork	N
Hameed	Olatunji	Midleton A.C.	Leevale A.C.	Cork	Cork	N
Samuel	Olugbue	Midleton A.C.	Leevale A.C.	Cork	Cork	N
Tracy	Olugbue	Midleton A.C.	Leevale A.C.	Cork	Cork	N
Aishalt	Onilogbo	Midleton A.C.	Leevale A.C.	Cork	Cork	N
Christopher	Quaid	Midleton A.C.	Ballymore Cobh A.C.	Cork	Cork	N
Shannon	Quaid	Midleton A.C.	Ballymore Cobh A.C.	Cork	Cork	N
Joanne	Ryan	Midleton A.C.	Youghal A.C.	Cork	Cork	N
Mary	Togher	Midleton A.C.	Carraig Na Bhfear A.C.	Cork	Cork	N
Niamh	Hayes	North Cork A.C.	Kilmallock A.C.	Cork	Limerick	Y
Evan	McEneaney	North Cork A.C.	Kilmallock A.C.	Cork	Limerick	Y
George	Murray	North Cork A.C.	Mallow A.C.	Cork	Cork	N
Sean	Crowley	Old Abbey A.C.	Leevale A.C.	Cork	Cork	N
Claire	Crowley	Old Abbey A.C.	Leevale A.C.	Cork	Cork	N
Helen	Crowley	Old Abbey A.C.	Leevale A.C.	Cork	Cork	N
Rachel	O'Neill	Old Abbey A.C.	Riverstick/Kinsale A.C.	Cork	Cork	N
Eoin	Mackey	Riverstick/kinsale A.C.	Belgooly A.C.	Cork	Cork	N
Ann Marie	Holland	St. Finbars A.C.	Youghal A.C.	Cork	Cork	N
Niamh	Roe	St. Finbars A.C.	Leevale A.C.	Cork	Cork	N
Edmond	Kinane	St. Nicholas A.C.	Fethard A.C.	Cork	Tipperary	Y
Denise	O'Brien	St. Nicholas A.C.	Fethard A.C.	Cork	Tipperary	Y
Donal	Coakley	Togher A.C.	Leevale A.C.	Cork	Cork	N
Pauline	Grainger	Watergrasshill A.C.	Leevale A.C.	Cork	Cork	N

First Name	Surname	Outgoing Club	Incoming Club	Outgoing County	incoming County	Inter County Y/N
Meabh	Crowley	West Muskerry A.C.	Millstreet A.C.	Cork	Cork	N
Richard	Piotrowski	West Muskerry A.C.	Eagle A.C.	Cork	Cork	N
Aileen	Hallinan	Youghal A.C.	Midleton A.C.	Cork	Cork	N
Conor	Gallagher	Finn Valley A.C.	Lifford A.C.	Donegal	Donegal	N
Holly	Duddy	Letterkenny A.C.	Finn Valley A.C.	Donegal	Donegal	N
Dayle	Gallagher	Letterkenny A.C.	Finn Valley A.C.	Donegal	Donegal	N
Shane	Irwin	Letterkenny A.C.	Finn Valley A.C.	Donegal	Donegal	N
Martin	Mbvli	Lifford A.C.	Finn Valley A.C.	Donegal	Donegal	N
John	McCallion	Rosses A.C.	Limerick A.C.	Donegal	Limerick	Y
Mary	Doherty	Sliabh Liag A.C.	Tír Chonaill A.C.	Donegal	Donegal	N
Louise	McEroy	Ballyboughal A.C.	Portmarnock A.C.	Dublin	Dublin	N
Jack	Lydon	Blackrock A.C. (Dublin)	Letterkenny A.C.	Dublin	Donegal	Y
Emily	Foynes	Bros Pearse A.C.	Blackrock A.C. (Dublin)	Dublin	Dublin	N
Lisa	Murphy	Civil Service A.C.	St. Michaels A.C.	Dublin	Laois	Y
David	Sweeney	Civil Service A.C.	St. Michaels A.C.	Dublin	Laois	Y
Richard	Case	Clonliffe Harriers A.C.	Portmarnock A.C.	Dublin	Dublin	N
Meadhbh	Farrelly	Clonliffe Harriers A.C.	Fingallians A.C.	Dublin	Dublin	N
Brandon	Hargreaves	Clonliffe Harriers A.C.	DSD A.C.	Dublin	Dublin	N
Ronan	Hartnett	Clonliffe Harriers A.C.	Balbriggan & District A.C.	Dublin	Dublin	N
Andrew	Liadov	Clonliffe Harriers A.C.	Dunboyne A.C.	Dublin	Meath	Y
Dcelan	Ryan	Clonliffe Harriers A.C.	Galway City Harriers A.C.	Dublin	Galway	Y
Declan	Ryan	Clonliffe Harriers A.C.	Galway City Harriers A.C.	Dublin	Galway	Y
Christopher	Troy	Clonliffe Harriers A.C.	Raheny Shamrock A.C.	Dublin	Dublin	N
Rene	Borg	Crusaders A.C.	Sli Cualann A.C.	Dublin	Wicklow	Y
Amidou	Dembelr	Crusaders A.C.	Sli Cualann A.C.	Dublin	Wicklow	Y
Roisin	McDonnell	Crusaders A.C.	Kilcoole A.C.	Dublin	Wicklow	Y
Robert	O'Brien	Crusaders A.C.	Blackrock A.C. (Dublin)	Dublin	Dublin	N
Ella	O'Neill	Crusaders A.C.	Cabinteely A.C.	Dublin	Dublin	N
Rachel	Walshe	Crusaders A.C.	Blackrock A.C. (Dublin)	Dublin	Dublin	N
Tanisha	Bissett	Donore Harriers A.C.	Tallaght A.C.	Dublin	Dublin	N
Clíodhna	Carthy	Donore Harriers A.C.	Celbridge A.C.	Dublin	Kildare	Y
Zuma	Josyobakhe	Donore Harriers A.C.	St. Gerards A.C.	Dublin	Louth	Y
Megan	Lunney	Donore Harriers A.C.	Tallaght A.C.	Dublin	Dublin	N
Ruairí	Short	Donore Harriers A.C.	Crusaders A.C.	Dublin	Dublin	N

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Josyobakhe	Zuma	Donore Harriers A.C.	St. Gerards A.C.	Dublin	Louth	Y
Rita	Boland	DSD A.C.	Ennis Track A.C.	Dublin	Clare	Y
Sinead	Harrington	DSD A.C.	Bros Pearse A.C.	Dublin	Dublin	N
Evanna	Hoey	DSD A.C.	Blackrock A.C. (Dublin)	Dublin	Dublin	N
Rhianna	McCarthy	DSD A.C.	Crusaders A.C.	Dublin	Dublin	N
Peter	Murphy	DSD A.C.	Crusaders A.C.	Dublin	Dublin	N
Claire	Tarplee	DSD A.C.	St. Cocas A.C.	Dublin	Kildare	Y
Jamie	Behan	Dublin Striders A.C.	Donore Harriers A.C.	Dublin	Dublin	N
Gerard	Cullen	Fingallians A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
Susan	Kelly	Fingallians A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
Daniel	Lacey	Fingallians A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
Emma	McDonnell	Fingallians A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
Tara	Wallnutt	Fingallians A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
Mairead	Murphy	Liffey Valley A.C.	Cilles A.C.	Dublin	Meath	N
Mairead	Murphy	Liffey Valley A.C.	Cilles A.C.	Dublin	Wexford	Y
Thomas	Buggle	Lucan Harriers A.C.	Breakaway Running Club A	Dublin	Dublin	N
Lucy	Kirwan	Lucan Harriers A.C.	Donore Harriers A.C.	Dublin	Dublin	N
Brendan	McCann	Lucan Harriers A.C.	MSB A.C.	Dublin	Dublin	N
Sarah	Tavey	Lucan Harriers A.C.	Donore Harriers A.C.	Dublin	Dublin	N
Cathal	Gregory	Mount Merrion A.C.	Blackrock A.C. (Dublin)	Dublin	Dublin	N
David	Keenan	MSB A.C.	Donore Harriers A.C.	Dublin	Dublin	N
Aoife	Simm	MSB A.C.	Donore Harriers A.C.	Dublin	Dublin	N
Ciara	Simm	MSB A.C.	Donore Harriers A.C.	Dublin	Dublin	N
Eoin	Keating	Portmarnock A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
Jack	Maughan	Portmarnock A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
Seamus	Byrne	Raheny Shamrocks A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
Matthew	Jenkinson	Raheny Shamrocks A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
Catherine	Devitt	Rathfarnham WSAF	Sli Cualann A.C.	Dublin	Wicklow	Y
Gerard	Forde	Rathfarnham WSAF	Slaney Olympic A.C.	Dublin	Wexford	Y
Gerald	Forde	Rathfarnham WSAF	Slaney Olympic A.C.	Dublin	Wexford	Y
Philip	Halpin	Rathfarnham WSAF	DSD A.C.	Dublin	Dublin	N
Colm	Byrne	Skerries A.C.	Balbriggan & District A.C.	Dublin	Dublin	N
Megan	Bannan	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N
Dylan	Bannan	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N

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Emily	Bradshaw	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N
Iida	Bradshaw	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N
David	Bradshaw	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N
Kate	Bradshaw	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N
Eva	Bradshaw	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N
Ciara	Bradshaw	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N
Gracie	Browne	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N
Realtín	Browne	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N
Jodie	Core	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N
Erika	Doyle	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N
Niamh	Doyle	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N
Aimee	Kenna	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N
Louis	O'Loughlin	Tallaght A.C.	Donore Harriers A.C.	Dublin	Dublin	N
Alix	White	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N
Adrianna	Wozniak	Tallaght A.C.	DSD A.C.	Dublin	Dublin	N
Tiernan	Burne	Athenry A.C.	Craughwell A.C.	Galway	Galway	N
Gemma	Healy	Athenry A.C.	Craughwell A.C.	Galway	Galway	N
Flora	McKnight	Athenry A.C.	Sli Cualann A.C.	Galway	Wicklow	Y
Niamh	Burns	Craughwell A.C.	Loughrea A.C.	Galway	Galway	N
Hannah	Byrne	Craughwell A.C.	South Galway A.C.	Galway	Galway	N
Odette	Doherty	Craughwell A.C.	Maree A.C.	Galway	Galway	N
Michael	Forde	Craughwell A.C.	Athenry A.C.	Galway	Galway	N
Michael	Hand	Craughwell A.C.	Old Abbey A.C.	Galway	Cork	Y
Leah	O'Halloran	Craughwell A.C.	Loughrea A.C.	Galway	Galway	N
Lennan	Doyle	East Galway A.C.	Galway City Harriers A.C.	Galway	Galway	N
Alvy	Carragher	Galway City Harriers A.C.	Liffey Valley A.C.	Galway	Dublin	Y
Maura	Lee	Galway City Harriers A.C.	Athenry A.C.	Galway	Galway	N
Clare	Rowe	Tuam A.C.	Galway City Harriers A.C.	Galway	Galway	N
Padraig	Burke	Gneeveguilla A.C.	Spa Mucross A.C.	Kerry	Kerry	N
Ciaran	Kennelly	Gneeveguilla A.C.	Spa Mucross A.C.	Kerry	Kerry	N
Finn	Kennelly	Gneeveguilla A.C.	Spa Mucross A.C.	Kerry	Kerry	N
Mary	O'Shea	Kenmore A.C.	Gneeveguilla A.C.	Kerry	Kerry	N
Gavin	Dillon	Tralee Harriers	West Limerick A.C.	Kerry	Limerick	Y
Fiona	Kavanagh	Tralee Harriers	An Riocht A.C.	Kerry	Kerry	N

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Michael	Burns	Celbridge A.C.	Le Cheile A.C.	Kildare	Kildare	N
Anna	Burns	Celbridge A.C.	Le Cheile A.C.	Kildare	Kildare	N
Clíodhna	O'Connor	Crookstown Millview A.C.	Naas A.C.	Kildare	Kildare	N
Anne	Quigley	Crookstown Millview A.C.	Celbridge A.C.	Kildare	Kildare	N
Gerard	McLoughlin	Donadea Running Club	St. Cocas A.C.	Kildare	Kildare	N
Cathy	O'Brien	Donadea Running Club	St. Cocas A.C.	Kildare	Kildare	N
Clora	Cunningham	Eire Og Choill A.C.	Naas A.C.	Kildare	Kildare	N
Patricia	Gamell	Eire Og Choill A.C.	Naas A.C.	Kildare	Kildare	N
Sharon	Ashmore	Le Cheile A.C.	Celbridge A.C.	Kildare	Kildare	N
Tommy	Walsh	Le Cheile A.C.	Celbridge A.C.	Kildare	Kildare	N
Esther	Bayon	Newbridge A.C.	Celbridge A.C.	Kildare	Kildare	N
Aidan	Entrialgo Bayon	Newbridge A.C.	Celbridge A.C.	Kildare	Kildare	N
Kamila	Stanislawek	Newbridge A.C.	Celbridge A.C.	Kildare	Kildare	N
Eoghan	McGrath	Suncroft A.C.	Celbridge A.C.	Kildare	Kildare	N
Patrick	Tobin	Tullaroan A.C.	Gowran A.C.	Kildare	Kildare	N
May	Cummins	K.C.H A.C.	Castlecomer A.C.	Kilkenny	Kilkenny	N
Alice	Monahan	St. Senans A.C.	Thomastown A.C.	Kilkenny	Kilkenny	N
Ava	O'Dwyer	Stoneyford A.C.	Kilkenny City Harriers A.C.	Kilkenny	Kilkenny	N
Gary	Cantwell	Kilkenny City Harriers A.C.	St. Abbans A.C.	Kilkenny	Laois	Y
Natasha	Foley	Kilkenny City Harriers A.C.	Ferrybank A.C.	Kilkenny	Waterford	N
Samantha	Foley	Kilkenny City Harriers A.C.	Ferrybank A.C.	Kilkenny	Waterford	N
Katie	Murphy	St. Senan's A.C.	Ferrybank A.C.	Kilkenny	Waterford	Y
James	Hamm	Ballyroan Abbeyleix A.C.	Portlaoise A.C.	Laois	Laois	N
Sophie	Fortune	Portlaoise A.C.	Emo/Rath A.C.	Laois	Laois	N
Jack	Fortune	Portlaoise A.C.	Emo/Rath A.C.	Laois	Laois	N
Alicia	Fortune	Portlaoise A.C.	Emo/Rath A.C.	Laois	Laois	N
Philip	Dunne	Rosenallis/ Kilcavan A.C.	Tullamore Harriers A.C.	Laois	Offaly	Y
David	Byrne	St. Abbans A.C.	Castlecomer A.C.	Laois	Kilkenny	Y
Patrick	Marshall	St. Abbans A.C.	Portlaoise A.C.	Laois	Laois	N
Cathal	McGourty	Carrick-On-Shannon A.C.	Drumshanbo A.C.	Leitrim	Leitrim	N
Katie	McManus	Carrick-On-Shannon A.C.	Drumshanbo A.C.	Leitrim	Leitrim	N
Megan	Moran	Carrick-On-Shannon A.C.	Drumshanbo A.C.	Leitrim	Leitrim	N
Ethan	Walker	Carrick-On-Shannon A.C.	Drumshanbo A.C.	Leitrim	Leitrim	N

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Deirdre	Finn	Bilboa A.C.	Derg A.C.	Limerick	Clare	Y
Kevin	Wilkinson	Bilboa A.C.	Dooneen A.C.	Limerick	Limerick	N
Laura	Burke	Emerald A.C.	Limerick A.C.	Limerick	Limerick	N
Sarah	Meade	Emerald A.C.	Limerick A.C.	Limerick	Limerick	N
Agne	Bulyceva	Kilfinane A.C.	An Bru A.C.	Limerick	Limerick	N
Joe	O'Brien	Kilfinane A.C.	An Bru A.C.	Limerick	Limerick	N
Harry	Conoon	Limerick A.C.	Bilboa A.C.	Limerick	Limerick	N
Junior	Echeruwe	Limerick A.C.	Dooneen A.C.	Limerick	Limerick	N
Dird	Lawal	Limerick A.C.	Dooneen A.C.	Limerick	Limerick	N
Tessie	Lawal	Limerick A.C.	Dooneen A.C.	Limerick	Limerick	N
Debby	Lawal	Limerick A.C.	Dooneen A.C.	Limerick	Limerick	N
David	Toomey	Limerick Country Club A.C.	Dooneen A.C.	Limerick	Limerick	N
Conor	Lovett	West Limerick A.C.	Dooneen A.C.	Limerick	Limerick	N
Audrey	O'Dwyer	West Limerick A.C.	Dooneen A.C.	Limerick	Limerick	N
Niamh	Bergin	Boyne A.C.	Drogheda & District A.C.	Louth	Louth	N
Bláthnaid	Donnelly	Boyne A.C.	Drogheda & District A.C.	Louth	Louth	N
Aoife	Geraghty	Boyne A.C.	Drogheda & District A.C.	Louth	Louth	N
Ciara	Gough	Boyne A.C.	Drogheda & District A.C.	Louth	Louth	N
Ellie	Hanley Rice	Boyne A.C.	Cilles A.C.	Louth	Meath	Y
Rebecca	Hughes	Boyne A.C.	Cilles A.C.	Louth	Meath	Y
Robyn	Hughes	Boyne A.C.	Cilles A.C.	Louth	Meath	Y
Ellen	O'Connor	Boyne A.C.	Drogheda & District A.C.	Louth	Louth	N
Kate	O'Reilly	Boyne A.C.	Drogheda & District A.C.	Louth	Louth	N
Ciara	Reilly	Boyne A.C.	Dunleer A.C.	Louth	Louth	N
Tiernan	Rowley	Boyne A.C.	Dunleer A.C.	Louth	Louth	N
Odhran	Rowley	Boyne A.C.	Dunleer A.C.	Louth	Louth	N
Shay	Clarke	Drogheda & District A.C.	Cilles A.C.	Louth	Meath	Y
Nicola	Finegan	Drogheda & District A.C.	Boyne A.C.	Louth	Louth	N
Peter	Hearty	Drogheda & District A.C.	Duleek & District A.C.	Louth	Meath	N
Olwyn	McGinn	Drogheda & District A.C.	Boyne A.C.	Louth	Louth	N
Martin	Peters	Drogheda & District A.C.	Boyne A.C.	Louth	Louth	N
Aideen	Price	Drogheda & District A.C.	Cilles A.C.	Louth	Meath	Y
Paul	Simon	Drogheda & District A.C.	Cilles A.C.	Louth	Wicklow	Y
Una	Ui Laocha	Drogheda & District A.C.	Boyne A.C.	Louth	Louth	N

First Name	Surname	Outgoing Club	Incoming Club	Outgoing County	incoming County	Inter County Y/N
Cormac	Canning	Dunleer A.C.	Drogheda & District A.C.	Louth	Louth	N
Neasa	Early	Dunleer A.C.	Drogheda & District A.C.	Louth	Louth	N
Geraldine	Finegan	Dunleer A.C.	North East Runners A.C.	Louth	Louth	N
Geraldine	Finegan	Dunleer A.C.	North East Runners A.C.	Louth	Louth	N
Emma	Coleman	St. Gerard's A.C.	Blackrock A.C. (Louth)	Louth	Louth	N
Ethan	Crawley	St. Gerard's A.C.	Dun Dealgan A.C.	Louth	Louth	N
Ethan	Crawley	St. Gerard's A.C.	Dun Dealgan A.C.	Louth	Louth	N
Laura-Jane	Hegarty	St. Gerard's A.C.	Blackrock A.C. (Louth)	Louth	Louth	N
Roisin	Donnelly	Drogheda & District A.C.	Dunleer A.C.	Louth	Louth	N
Orla	Fleming	Ballina A.C.	Swinford A.C.	Mayo	Mayo	N
Clara	Gardiner	Ballina A.C.	Ballycastle A.C.	Mayo	Mayo	N
Chloe	Gardiner	Ballina A.C.	Ballycastle A.C.	Mayo	Mayo	N
Gillian	Gardiner	Ballina A.C.	Ballycastle A.C.	Mayo	Mayo	N
Anthony	Gardiner	Ballina A.C.	Ballycastle A.C.	Mayo	Mayo	N
Michael	Loftus	Ballina A.C.	Mayo A.C.	Mayo	Mayo	N
Caroline	Nealon	Ballina A.C.	Ballycastle A.C.	Mayo	Mayo	N
Norah	Newcombe Pieterse	Ballina A.C.	Mayo A.C.	Mayo	Mayo	N
Katelin	O'Donnell	Ballina A.C.	Ballycastle A.C.	Mayo	Mayo	N
Arwen	O'Neill	Ballina A.C.	Tireragh A.C.	Mayo	Sligo	Y
Eli	O'Neill	Ballina A.C.	Tireragh A.C.	Mayo	Sligo	Y
Frey	O'Neill	Ballina A.C.	Tireragh A.C.	Mayo	Sligo	Y
Amanda	Walsh	Ballina A.C.	Ballycastle A.C.	Mayo	Mayo	N
Clodagh	Heraty	Claremorris A.C.	Lake District A.C.	Mayo	Mayo	N
Cormac	O'Mathony	Claremorris A.C.	Swinford A.C.	Mayo	Mayo	N
James	Marrey	Lake District A.C.	Westport A.C.	Mayo	Mayo	N
Francis	Cryan	Mayo A.C.	Westport A.C.	Mayo	Mayo	N
Niamh	Monahan	Bohermeen AC	Trim A.C.	Meath	Meath	N
Ruby	Hartford	Cushinstown A.C.	Duleek & District A.C.	Meath	Meath	N
Marie	O'Brien	Duleek AC	Cushinstown A.C.	Meath	Meath	N
Cormac	Canning	Dunleer A.C.	Drogheda & District A.C.	Meath	Louth	Y
Conor	Gleeson	South O'Hanlon A.C.	Bohermeen A.C.	Meath	Meath	N
Paul	Gleeson	South O'Hanlon A.C.	Bohermeen A.C.	Meath	Meath	N
Stephanie	Bolster	St. Andrews A.C.	Cushinstown A.C.	Meath	Meath	N

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Laura	Bolster	St. Andrews A.C.	Cushinstown A.C.	Meath	Meath	N
Ciaran	Crowther	St. Andrews A.C.	Ratoath A.C.	Meath	Meath	N
Anna	Reidy	St. Andrews A.C.	Donore Harriers A.C.	Meath	Dublin	Y
Oisin	Ward O'Brien	Star of the Sea A.C.	Cilles A.C.	Meath	Meath	N
John	Fyne	Monaghan Phoenix A.C.	St. Gerards A.C.	Monaghan	Louth	Y
Conn	McGillion	Monaghan Phoenix A.C.	Clones A.C.	Monaghan	Monaghan	N
Gerard	McCourt	Monaghan Town Runners A.C.	Carrick Aces A.C.	Monaghan	Monaghan	N
Jamie	Ryan	Ballyskenach A.C.	Roscrea A.C.	Offaly	Tipperary	Y
Leah	Ryan	Ballyskenach A.C.	Roscrea A.C.	Offaly	Tipperary	Y
Jamie	Ryan	Ballyskenach A.C.	Roscrea A.C.	Offaly	Tipperary	Y
Leah	Ryan	Ballyskenach A.C.	Roscrea A.C.	Offaly	Tipperary	Y
Aaron	Mangan	Edenderry A.C.	Tullamore Harriers A.C.	Offaly	Offaly	N
Lauren	Murphy	St. Brendans A.C.	Tullamore Harriers A.C.	Offaly	Kerry	Y
Lauren	Murphy	St. Brendans A.C.	Tullamore Harriers A.C.	Offaly	Kerry	N
Ava	Horkan	Lough Ree A.C.	Longford A.C.	Roscommon	Longford	Y
Dylan	Horkan	Lough Ree A.C.	Longford A.C.	Roscommon	Longford	Y
Mia	Rowan	Lough Ree A.C.	Longford A.C.	Roscommon	Longford	Y
Seónna	Devaney	North Roscommon A.C.	Carrick on Shannon A.C.	Roscommon	Leitrim	Y
Andrew	Johnston	Roscommon AC A.C.	Lough Ree A.C.	Roscommon	Roscommon	N
Niamh	Beirne	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Alison	Corrigan	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Ciara	Corrigan	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Riona	Cunningham	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Oisin	Deehan	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Conor	Devaney	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Hannah	Duffy	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Michelle	Flynn	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Laura	Johnson	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Erika	Lowe	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Rebecca	Lowe	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Sophie	Lowe	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Caoimhe	Lowry	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Ruairí	Lyons	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Aoife	Ní Leochain	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y

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Paidi	O Leochain	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Ellen	Raleigh	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Hannah	Seery	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Séan	Seery	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Daniel	Tierney	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Jimmy	Walshe	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Ava	Warby	St.Ronan's A.C.	A.I.T A.C.	Roscommon	Westmeath	Y
Bernie	Grant	Calry A.C.	Lucan Harriers A.C.	Sligo	Dublin	Y
Colm	Bourke	Sligo A.C.	Raheny Shamrock A.C.	Sligo	Dublin	Y
Lauren	Durcan	Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Ciaran	Garry	Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Ciara	Henry	Sligo A.C.	North Sligo A.C.	Sligo	Sligo	N
Aoibheann	O'Reilly	Sligo A.C.	North Sligo A.C.	Sligo	Sligo	N
Mark	Phelan	Sligo A.C.	North Sligo A.C.	Sligo	Sligo	N
Patrick	Phelan	Sligo A.C.	North Sligo A.C.	Sligo	Sligo	N
Brendan	Brett	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Barry	Clavin	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Ben	Clavin	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Myra	Clavin	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Cian	Flynn	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Ciara	Gillespie	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Aoife	Gillespie	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Rachel	Haran	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Callum	Hosey	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Kate	Hosey	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Robert	Hosey	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Clara	Hyland	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Ciaran	Kenny	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Niall	Kenny	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Nisha	McDonagh	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Lana	McDonagh	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Matthew	McGrath	South Sligo A.C.	Corran A.C.	Sligo	Sligo	N
Molly	Hunt	Tireragh A.C.	Corran A.C.	Sligo	Sligo	N
Matthew	Hunt	Tireragh A.C.	Corran A.C.	Sligo	Sligo	N

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Brid	Madden	Tubbercurry A.C.	Corran A.C.	Sligo	Sligo	N
Maura	Madden	Tubbercurry A.C.	Corran A.C.	Sligo	Sligo	N
Glen	Austin	Borrisokane A.C.	Templemore A.C.	Tipperary	Tipperary	N
Clare	Annan	Carrick-On-Suir A.C.	Clonmel A.C.	Tipperary	Tipperary	N
Keith	Barry	Clonmel A.C.	Carrick-On-Suir A.C.	Tipperary	Tipperary	N
Davis	Mansfield	Clonmel A.C.	Clonliffe Harriers A.C.	Tipperary	Dublin	Y
Mary	Molloy	Clonmel A.C.	Carrick-On-Suir A.C.	Tipperary	Tipperary	N
Michaela	Phelan	Clonmel A.C.	Carrick-On-Suir A.C.	Tipperary	Tipperary	N
Orlaith Bríd	Maher	Moyne A.C.	Templemore A.C.	Tipperary	Tipperary	N
Laura	Hayes	Nenagh Olympic A.C.	Barrisokane A.C.	Tipperary	Tipperary	N
Emma	Moltzer	Nenagh Olympic A.C.	Derg A.C.	Tipperary	Clare	Y
Alannah	Dunford	Roscrea A.C.	Templemore A.C.	Tipperary	Tipperary	N
Aaron	Dunford	Roscrea A.C.	Templemore A.C.	Tipperary	Tipperary	N
John	Cleary	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N
Raad	Khan	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N
Emma	Walsh	Ferrybank A.C.	Carrick-On-Suir A.C.	Waterford	Tipperary	N
Pauric	Walsh	Ferrybank A.C.	Carrick-On-Suir A.C.	Waterford	Tipperary	N
Emmet	Walsh	Ferrybank A.C.	Carrick-On-Suir A.C.	Waterford	Tipperary	N
Mossie	Keogh	Finisk Valley A.C.	West Waterford A.C.	Waterford	Waterford	N
Megan	Keogh	Finisk Valley A.C.	West Waterford A.C.	Waterford	Waterford	N
Kate	Keogh	Finisk Valley A.C.	West Waterford A.C.	Waterford	Waterford	N
Emmanuel	Ogdonna	Tramore A.C.	Menipians A.C.	Waterford	Wexford	N
Jamie	Clancy	Waterford A.C.	Tramore A.C.	Waterford	Waterford	N
Molly	Kearney	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	N
Eimear	Larkin	Waterford A.C.	St. Senans A.C.	Waterford	Kilkenny	Y
Maia	Payne	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	N
Sophie	Payne	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	N
Lydia	Rowe	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	N
Emmet	Russell	Waterford A.C.	Carrick A.C.	Waterford	Tipperary	N
Eadaoin	Ryan	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	N
Noeleen	Dalton Kiely	West Waterford A.C.	Carrick-On-Suir A.C.	Waterford	Tipperary	Y
PJ	Guinan	West Waterford A.C.	Waterford A.C.	Waterford	Waterford	N
Emily	O'Mathony	West Waterford A.C.	Waterford A.C.	Waterford	Waterford	N
Amy	Ryan	West Waterford A.C.	Finisk Valley A.C.	Waterford	Waterford	N

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Mark	Conlon	East Westmeath A.C.	Blackrock A.C. (Dublin)	Westmeath	Dublin	Y
Tori	Coyne	Mullingar Harriers A.C.	Na Fianna A.C.	Westmeath	Meath	N
Nora	Muldoon	Adamstown A.C.	United Striders A.C.	Wexford	Wexford	N
Aoife	Muldoon	Adamstown A.C.	United Striders A.C.	Wexford	Wexford	N
Roisin	Treacy	Bree A.C.	Enniscorthy A.C.	Wexford	Wexford	N
Chloe	Whelan	Bree A.C.	Menapians A.C.	Wexford	Wexford	N
Saidhbhe	Byrne	Craanford Harriers A.C.	Enniscorthy A.C.	Wexford	Wexford	N
Edel	Byrne	Craanford Harriers A.C.	Enniscorthy A.C.	Wexford	Wexford	N
Peter	Mulvany	Kilmore A.C.	Menapians A.C.	Wexford	Wexford	N
Janette	Mulvany	Kilmore A.C.	Menapians A.C.	Wexford	Wexford	N
Jack	Crean	Menapians A.C.	St. Killians A.C.	Wexford	Wexford	N
Nicole	Gillen	St. Killians A.C.	Enniscorthy A.C.	Wexford	Wexford	N
Paul	Dier	Taghmon A.C.	Menapians A.C.	Wexford	Wexford	N
Barry	Sherry	United Striders A.C.	Monaghan Phoenix A.C.	Wexford	Monaghan	Y
Oisin	Denver	Ashford A.C.	Inbhear Dee A.C.	Wicklow	Wicklow	N
Ben	Ryan	Ashford A.C.	Inbhear Dee A.C.	Wicklow	Wicklow	N
Shane	Browne	Aughrim A.C.	Parnell A.C.	Wicklow	Wicklow	N
Sarah	Lalor	Aughrim A.C.	Greystones & District A.C.	Wicklow	Wicklow	N
Maya	Power-O'Shea	Bray A.C.	Blackrock A.C. (Dublin)	Wicklow	Dublin	Y
Iseult	Brosnan	Greystones & District A.C.	Kilcoole A.C.	Wicklow	Wicklow	N
Sophie	Fitzgerald	Greystones & District A.C.	Kilcoole A.C.	Wicklow	Wicklow	N
Ferdia	O'Sullivan	Greystones & District A.C.	Bray Runners A.C.	Wicklow	Wicklow	N
Camille	Madden	Kilcoole A.C.	Greystones & District A.C.	Wicklow	Wicklow	N
Aaron	Browne	Lakeshore Striders A.C.	Rathfarnham WSAF A.C.	Wicklow	Dublin	Y
Holly	Byrne	Parnell A.C.	Greystones & District A.C.	Wicklow	Wicklow	N
Enya	Conroy	Parnell A.C.	Greystones & District A.C.	Wicklow	Wicklow	N
Jane	Mooney	Roundwood & District A.C.	Parnell A.C.	Wicklow	Wicklow	N
Tony	Mooney	Roundwood & District A.C.	Parnell A.C.	Wicklow	Wicklow	N
Felicity	Keane	Sli Cualann A.C.	Kilcoole A.C.	Wicklow	Wicklow	N
Christopher	Maloney	Sli Cualann A.C.	Dooneen A.C.	Wicklow	Limerick	Y
Robin	Aus	St. Benedicts A.C.	Aughrim A.C.	Wicklow	Wicklow	N
Tristan	Kelly	St. Benedicts A.C.	Aughrim A.C.	Wicklow	Wicklow	N

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Darren	Williams Oshun	St. Benedicts A.C.	Aughrim A.C.	Wicklow	Wicklow	N
Diana	Williams Oshun	St. Benedicts A.C.	Aughrim A.C.	Wicklow	Wicklow	N
Janet	Williams Oshun	St. Benedicts A.C.	Aughrim A.C.	Wicklow	Wicklow	N