

Athletics Ireland Endurance Coaching Network (ECN)

Vision

A Coaching Network providing Irish endurance coaches with cutting edge supports to improve their coaching practice and produce world class athlete performances



Mission

Create a sustainable coaching network that focuses on the needs of our coaches that is athlete centered, coach led and support focused



Philosophy

Coach collaboration and a community of practice accelerates learning, innovation and performance

Values

Excellence

- Maximise coaching potential
- Challenge and be challenged
- Seek continuous improvement
- Growth mindset

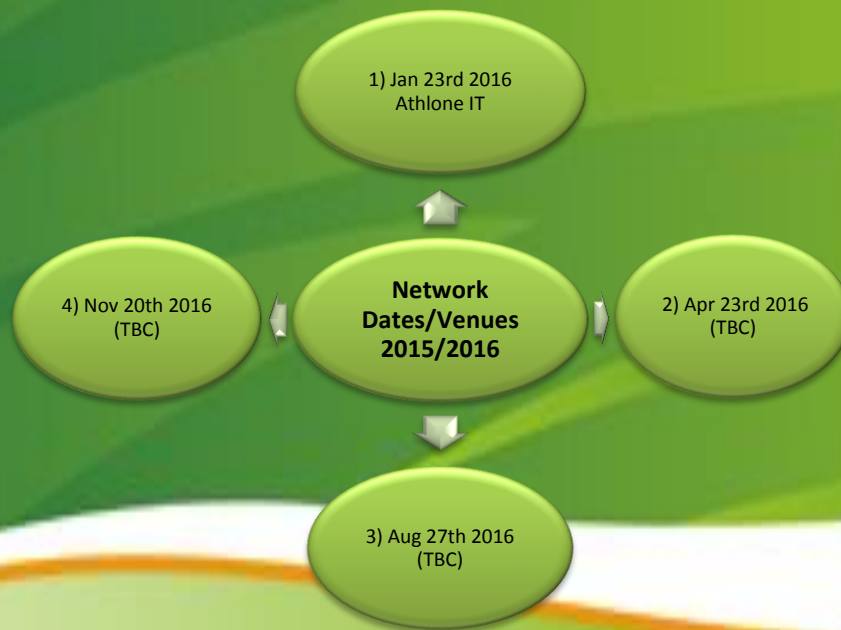
Community

- Coaches recognise each others achievements
- Earn mutual respect
- Be open and honest
- Close collaboration & sharing
- Commitment to the network

Appreciation

- Coaches are valued
- Coaches are supported in their up skilling
- Coach Network Membership introduction with benefits
- Coach mentoring

AAI Endurance Network (ECN) Dates 2016



AAI Endurance Coaching Network (ECN) Content



