

## TRACK EVENTS

10.00 Girls 14 60m H 2'3"  
 Boys 14 60m H 2'6"  
 Girls 15 60m H 2'6"  
 Girls 16 60m H 2'6"  
 Youth Girls 17-18 60m H 2'6"  
 Boys 15 60m H 2'9"  
 Boys 16 60m H 2'9"

11.45 Junior, Senior, Women 60m H 2'9"  
 12.00 Master Women 35-49 60m H 2'9"  
 12.05 Youth Boys 17-18 60m H 3'0"  
 12.15 Master Men 35-49 60m H 3'3"  
 12.30 Junior Men 60m H 3'3"  
 12.45 Senior Men 60m H 3'6"

13.00 Master Women 50+ 60m  
 13.10 Master Men 50+ 60m

16.30 All Women 800m  
 16.40 Master Men 50+ 1000m  
 17.15 Junior, Master Men 35-49 1000m  
 17.30 Senior Men 1000m

Final Track Event 20 minutes after the completion of last field event

Juvenile 800m  
 Youth Girls 800m  
 Youth Boys 17-18 1000m

13.30 All Women High Jump  
 14.30 All Women Shot Put  
 15.30 All Women Long Jump

13.30 Senior, Junior Men Long Jump  
 15.30 Junior, Master Men 50+ Shot Put 6k  
 16.15 Junior Men High Jump  
 14.30 Master Men All Long Jump  
 16.00 Senior, Master Men 35-49 Shot Put 7.26k  
 16.45 Senior, Master Men High Jump

## FIELD EVENTS

10.00 Girls 16 Long Jump  
 10.00 Boys 16 Long Jump  
 Girls 15 Long Jump  
 Boys 15 Long Jump  
 Girls 14 Long Jump  
 Boys 14 Long Jump  
 Youth Girls 17-18 Long Jump  
 Youth Boys 17-18 Long Jump

10.00 Girls 15 High Jump  
 10.00 Boys 15 High Jump  
 Girls 14 High Jump  
 Boys 16 High Jump  
 Girls 16 High Jump  
 Boys 14 High Jump  
 Youth Girls 17-18 High Jump  
 Youth Boys 17-18 High Jump

10.15 Girls 14 Shot Put 2k  
 Boys 14 Shot Put 2.72k  
 Girls 15 Shot Put 2.72k  
 Boys 15 Shot Put 3k  
 Girls 16 Shot Put 3k  
 Boys 16 Shot Put 4k  
 Youth Girls 17-18 Shot Put 4k  
 Youth Boys 17-18 Shot Put 5k