

Forenames	Surname	Club	Age Category
Tara Jane	Cassidy	Abbey Striders A.C.	40+
Deirdre	Firth	Abbey Striders A.C.	35+
aimee	flannery	Abbey Striders A.C.	Senior
alan	Keegan	Abbey Striders A.C.	35+
nigel	gough	Adamstown A.C.	35+
William	Roberts	Albertville Harriers	60+
Cillian	Mac Domhnaill	An Ghaeltacht/Aird Mhor A.C.	55+
paddy	hamilton	Armagh A.C.	35+
Grainne	Macklin	Ashford A.C.	35+
Marie	Redmond	Ashford A.C.	35+
Mark	Redmond	Ashford A.C.	Senior
Peter	Savage	Ashford A.C.	50+
Paul	Whelan	Ashford A.C.	50+
Yvonne	Fehily	Athenry A.C.	35+
Martin	Keane	Athenry A.C.	70+
Peter	Kehoe	Athlone IT A.C.	40+
Alan	O Donnell	Balbriggan & District A.C.	35+
Paul	Bissett	Balbriggan & District A.C.	45+
Lisa	Hughes	Balbriggan & District A.C.	45+
alan	king	Balbriggan & District A.C.	35+
Thomas	Levins	Balbriggan & District A.C.	50+
Eileen	Martin	Balbriggan & District A.C.	Senior
Paul	Mc Steen	Balbriggan & District A.C.	35+
Peter	McEvoy	Balbriggan & District A.C.	45+
Conor	O'Reilly	Balbriggan & District A.C.	45+
Pauline	Titier	Balbriggan & District A.C.	45+
Alexandra	Walsh	Balbriggan & District A.C.	40+
Mark	Hogan	Ballincollig A.C.	Senior
paula	oreilly	Ballydrain Harriers	50+
Hugh	young	Ballydrain Harriers	75+
Helen	Coughlan	Ballyfin A.C.	50+
Colin	Maher	Ballyfin A.C.	Senior
Daniel	Jack	Beechmount Harriers A.C.	35+
Eileen	Jack	Beechmount Harriers A.C.	Senior
Gerrie	Short	Beechmount Harriers A.C.	40+
Michelle	Langan	Blackrock A.C. (Dublin)	40+
john	carroll	Bohermeen A.C.	35+
Eoin	Ryan	Bohermeen A.C.	Senior
Ronan	Wogan	Bohermeen A.C.	35+
Alan	Forde	Castlegar A.C.	35+
sean	mcdermott	Castlegar A.C.	40+
Sharon	Ashmore	Celbridge A.C.	45+
David	Clancy	Celbridge A.C.	50+
Philip	Reilly	Celbridge A.C.	60+
kyle	doherty	City of Derry A.C. Spartans	Senior
PETER	JACKSON	City of Derry A.C. Spartans	60+
Peter	Lilburn	City of Derry A.C. Spartans	60+
Dermot	McElhinney	City of Derry A.C. Spartans	45+
Gary	Slevin	City of Derry A.C. Spartans	Senior

Catherine	Whoriskey	City of Derry A.C. Spartans	Senior
Claire	Egan	Civil Service A.C.	35+
Alan	Hutchinson	Civil Service A.C.	Senior
Owen	Mcfeely	Civil Service A.C.	40+
Marie	Norris	Civil Service A.C.	45+
Neil	O' Rourke	Civil Service A.C.	Senior
Marie	O'Connell	Civil Service A.C.	Senior
Mairead	O'Shaughnessy	Civil Service A.C.	Senior
Jason	Reilly	Civil Service A.C.	Senior
Ashley Pia	Ryan	Civil Service A.C.	Senior
Brid	Ryan	Civil Service A.C.	Senior
Sean	Ryan	Civil Service A.C.	50+
ANNA	SADOWSKA	Civil Service A.C.	35+
Andrew	Talbot	Clare River Harriers A.C.	65+
Fiachra	Crean	Clonliffe Harriers	40+
Michael	Carolan	Clonliffe Harriers A.C.	35+
Thomas	Sherlock	Clonliffe Harriers A.C.	Senior
helen	cahill	Clonmel A.C.	Senior
Kevin	Maunsell	Clonmel A.C.	Senior
WILLIAM	MAUNSELL	Clonmel A.C.	Senior
Mari	Murphy Condon	Clonmel A.C.	55+
Yvonne	O'Connor	Clonmel A.C.	40+
Julie ann	Tideswell	Clonmel A.C.	50+
Kealey	Tideswell	Clonmel A.C.	Senior
Eddie	Cahalan	Coolquill A.C.	65+
Mark	Browne	Crusaders Athletic Club	40+
roland	cottle	Crusaders Athletic Club	Senior
Rob	Cross	Crusaders Athletic Club	40+
Karl	Fitzmaurice	Crusaders Athletic Club	40+
Louise	Howard	Crusaders Athletic Club	35+
Michael	Kiely	Crusaders Athletic Club	Senior
John	Mulvihill	Crusaders Athletic Club	Senior
Brendan	Murphy	Crusaders Athletic Club	Senior
Lisa	Shine	Crusaders Athletic Club	Senior
Mairin	Shine	Crusaders Athletic Club	60+
Michael	Wycherley	Crusaders Athletic Club	40+
George	Brady	Donore Harriers Athletic Club	35+
Anne	Curley	Donore Harriers Athletic Club	40+
michelle	dawson	Donore Harriers Athletic Club	Senior
karla	doran	Donore Harriers Athletic Club	35+
John	Dunne	Donore Harriers Athletic Club	35+
Bronagh	Elliott	Donore Harriers Athletic Club	40+
Sinead	Graham	Donore Harriers Athletic Club	35+
philip	hennessy	Donore Harriers Athletic Club	45+
Dana	Mackey	Donore Harriers Athletic Club	45+
Aine	Mahony	Donore Harriers Athletic Club	Senior
Catherine	McKeon	Donore Harriers Athletic Club	35+
Terry	Mee	Donore Harriers Athletic Club	70+
Amy	Moriarty	Donore Harriers Athletic Club	Senior
Barbara	Murray	Donore Harriers Athletic Club	40+

Jennifer	O'Keefe	Donore Harriers Athletic Club	50+
Barry	Potts	Donore Harriers Athletic Club	65+
Elaine	Verdon	Donore Harriers Athletic Club	35+
Fergal	Whitty	Donore Harriers Athletic Club	40+
Paul	Barrell	Drogheda and District A.C.	40+
joe	cunningham	Drogheda and District A.C.	60+
jane	glynn	Drogheda and District A.C.	35+
Robert	Kierans	Drogheda and District A.C.	35+
Suzanne	McCabe	Drogheda and District A.C.	35+
Eoin	McGinn	Drogheda and District A.C.	40+
Declan	Monaghan	Drogheda and District A.C.	40+
Ruaidhri	Nolan	Drogheda and District A.C.	Senior
David	O'Neill	Drogheda and District A.C.	Senior
Rob	Power	Drogheda and District A.C.	35+
Siobhan	Redmond	Drogheda and District A.C.	40+
Mary	Reilly	Drogheda and District A.C.	50+
Nuala	Reilly	Drogheda and District A.C.	60+
Joy	Tegart	Drogheda and District A.C.	40+
Roger	Tegart	Drogheda and District A.C.	45+
Joanne	Weston	Drogheda and District A.C.	35+
Colm	Cunningham	DSD A.C.	35+
Ciara	Darker	DSD A.C.	40+
Linda	Finnegan	DSD A.C.	55+
Paul	Hogan	DSD A.C.	45+
Annette	Kehoe	DSD A.C.	50+
Claire	Kelly	DSD A.C.	Senior
Sarah	Miles	DSD A.C.	Senior
Colin	Murphy	DSD A.C.	40+
Pauline	O'Brien	DSD A.C.	50+
Barry	O'Grady	DSD A.C.	40+
Camilla	Tuffy	DSD A.C.	45+
Martin	Mannion	DSD AC	50+
Aindrias	Mc Cullagh	Dub Running Club	45+
Sarah	moriarty	Dub Running Club	40+
Siobhain	Mcardle	Dublin Bay Running Club A.C.	45+
Regina	Byrne	Dublin Front Runners A.C.	35+
Martha	Cahill	Dublin Front Runners A.C.	40+
Enda	Currid	Dublin Front Runners A.C.	40+
Sandra	Galvin	Dublin Front Runners A.C.	40+
Dermot	McCarthy	Dublin Front Runners A.C.	40+
Damien	Molloy	Dublin Front Runners A.C.	45+
siobhan	o brien	Dublin Front Runners A.C.	40+
ANTONIO VICENTE	VERDU SANZ	Dublin Front Runners A.C.	40+
siobhan	campbell	Dunboyne A.C.	50+
Emilia	Dan	Dunboyne A.C.	45+
Vivienne	Lennon	Dunboyne A.C.	45+
Stephen	O'Beirne	Dunboyne A.C.	50+
Jan	Rice	Dunboyne A.C.	35+
Darren	Clifford	Dundrum South Dublin A.C.	35+
mark	conway	Dundrum South Dublin A.C.	Senior

Romain	Denis	Dundrum South Dublin A.C.	40+
Sarah	Gallagher	Dundrum South Dublin A.C.	Senior
maxine	jones	Dundrum South Dublin A.C.	60+
Sarah	Macken	Dundrum South Dublin A.C.	35+
Killian	Mooney	Dundrum South Dublin A.C.	Senior
Christine	Mulcahy	Dundrum South Dublin A.C.	50+
sarah	O'Carroll	Dundrum South Dublin A.C.	Senior
Rachel	Riordan	Dundrum South Dublin A.C.	Senior
Meghan	Ryan	Dundrum South Dublin A.C.	Senior
Mark	Sheridan	Dundrum South Dublin A.C.	35+
sandra	Doheny	Dunleer A.C.	45+
Olivia	Daly	Dunshaughlin AC	40+
Ken	Mulcahy	Eagle A.C.	45+
Michael	McKeown	East Down A.C.	50+
michael	casey	Eire Og Corra Choill A.C.	50+
Mick	Fogarty	Ferbane A.C.	35+
Liz	Murray	Fingallians A.C.	35+
Gerard	Gallagher	Finn Valley Athletic Club	Senior
Barbara	Bergin	Galway City Harriers A.C.	50+
Carmel	Brannigan	Galway City Harriers A.C.	50+
Tom	Breen	Galway City Harriers A.C.	Senior
Brian	Bruton	Galway City Harriers A.C.	35+
Owen	Byrne	Galway City Harriers A.C.	35+
Gerry	Carty	Galway City Harriers A.C.	45+
Regina	Casey	Galway City Harriers A.C.	35+
Seamus	Leddy	Galway City Harriers A.C.	35+
Sarah	Makem	Galway City Harriers A.C.	Senior
Martin	McEilly	Galway City Harriers A.C.	65+
Pat	O'Dwyer	Galway City Harriers A.C.	Senior
Damien	Ridge	Galway City Harriers A.C.	Senior
Margaret	Sheridan	Galway City Harriers A.C.	50+
Pat	Sherry	Galway City Harriers A.C.	50+
Maura	Bambrick	Gowran A.C.	Senior
derek	kehoe	Gowran AC	45+
Rachel	O'Hara	Gowran AC	45+
christine	mc cann	Greystones A.C.	55+
martina	callaghan	Inishowen A.C.	40+
philip	callaghan	Inishowen A.C.	40+
Sinéad	Crawford	Inishowen A.C.	35+
Aileen	Doherty	Inishowen A.C.	35+
Kathleen	Doherty	Inishowen A.C.	45+
Ronan	DOHERTY	Inishowen A.C.	Senior
Sara Marie	Doherty	Inishowen A.C.	Senior
Sheila	Doherty	Inishowen A.C.	Senior
Michelle	Donaghy	Inishowen A.C.	40+
Damian	Downey	Inishowen A.C.	45+
marie	downey	Inishowen A.C.	35+
Henrietta	Elves	Inishowen A.C.	45+
Jim	Harkin	Inishowen A.C.	40+
Tracy	Harley	Inishowen A.C.	40+

Ilze	Kaulina	Inishowen A.C.	Senior
Ursula	Lynch	Inishowen A.C.	35+
John	Mc Candless	Inishowen A.C.	45+
Elizabeth	Mc Daid	Inishowen A.C.	40+
Malcolm	mc gee	Inishowen A.C.	40+
Evelyn	Mc ginley	Inishowen A.C.	40+
Aideen	Mc Laughlin	Inishowen A.C.	50+
David	Mc Menamin	Inishowen A.C.	Senior
Linda	McDaid	Inishowen A.C.	40+
Niall	McGee	Inishowen A.C.	40+
Paula	McGilloway	Inishowen A.C.	50+
Melissa	McIntyre	Inishowen A.C.	35+
PAURIC	MCKINNEY	Inishowen A.C.	45+
Majella	Mclaughlin	Inishowen A.C.	35+
Martin	McLucas	Inishowen A.C.	45+
Trina	Mhic Dhonail	Inishowen A.C.	40+
Benny	Mullan	Inishowen A.C.	40+
marie	o donnell	Inishowen A.C.	40+
David	Porter	Inishowen A.C.	Senior
Patrick	O Shea	Iveragh A.C.	65+
Martina	Colleran	Kilcoole A.C.	40+
Patrick	Cryan	Kilcoole A.C.	35+
Claire	Lauder	Kilcoole A.C.	40+
Susan	Lawless	Kilcoole A.C.	35+
eilish	morrissey	Kilcoole A.C.	40+
Ken	Noonan	Kilcoole A.C.	40+
Emma	Raughter	Kilcoole A.C.	40+
fiona	ryan	Kilcoole A.C.	40+
Brian	McGrath	Le Cheile A.C.	60+
Pamela	Nolan	Le Cheile A.C.	Senior
Nicholas	Walsh	Le Cheile A.C.	35+
FIONA-ANNE	WHITE	Le Cheile A.C.	35+
Carmel	Parnell	Leevale Athletic Club	60+
Benjamin	Thistlewood	Leevale Athletic Club	Senior
Paul	Balfe	Liffey Valley Athletic Club	40+
Arnaud	BENJACAR	Liffey Valley Athletic Club	45+
Matthew	Blyth	Liffey Valley Athletic Club	35+
damien	cauvet	Liffey Valley Athletic Club	Senior
Sean	Dowling	Liffey Valley Athletic Club	40+
Chris	Morgan	Liffey Valley Athletic Club	Senior
Leona	O' Reilly	Liffey Valley Athletic Club	35+
Darren	Spring	Liffey Valley Athletic Club	35+
Martin	Kelly	Longford A.C.	60+
Brian	Douglas	Lucan Harriers Athletic Club	45+
Eileen	O'Brien	Lucan Harriers Athletic Club	65+
Michelle	Carton	Lusk A.C.	35+
Eamon	Caffrey	Lusk AC	45+
Eamon	McBride	Lusk AC	35+
Colm	McNally	Lusk AC	45+
Jacqui	Palmer	Lusk AC	40+

Mairead	Cafferkey	Mayo A.C.	Senior
Neil	Carroll	Mayo A.C.	Senior
David	Dinsmore	Mayo A.C.	60+
Edel	Feeney	Mayo A.C.	Senior
Jimmy	Feeney	Mayo A.C.	60+
John	Geraghty	Mayo A.C.	45+
Margaret	Glavey	Mayo A.C.	65+
PJ	Hall	Mayo A.C.	55+
Tom	Hunt	Mayo A.C.	65+
Monica	Joyce	Mayo A.C.	50+
Maria	Kneafsey	Mayo A.C.	Senior
Una	McGrath	Mayo A.C.	55+
Angela	McVann	Mayo A.C.	45+
Padraic	McVann	Mayo A.C.	45+
Pauline	Moran	Mayo A.C.	55+
Brendan	Murphy	Mayo A.C.	45+
Mary	Murphy	Mayo A.C.	60+
Anne	Murray	Mayo A.C.	50+
John	Nyland	Mayo A.C.	45+
Angela	O'Connor	Mayo A.C.	50+
Christy	O'Malley	Mayo A.C.	45+
Paula	Prendergast	Mayo A.C.	Senior
Shane	Timothy	Mayo A.C.	35+
Mary	Walsh	Mayo A.C.	50+
Seán	Mac Seoin	Metro St. Brigids Athletic Club	40+
yvonne	monahan	Metro St. Brigids Athletic Club	35+
Eimear	O'Leary	Metro St. Brigids Athletic Club	Senior
HANNAH	LONG	Monaghan Town Runners	Senior
Angela	Magee	Moynalty A.C.	45+
Tom	McGrath	Mullingar Harriers	50+
Eddie	Newman	Mullingar Harriers	50+
Brian	Boyle	Mullingar Harriers A.C.	40+
mel	carthy	Mullingar Harriers A.C.	50+
Maura	Dervin	Mullingar Harriers A.C.	50+
Ollie	Donnelly	Mullingar Harriers A.C.	45+
Michael	Duggan	Mullingar Harriers A.C.	50+
Siabhra	Durcan	Mullingar Harriers A.C.	45+
Terry	Greene	Mullingar Harriers A.C.	50+
Michelle	Kavanagh	Mullingar Harriers A.C.	50+
mervyn	kennedy	Mullingar Harriers A.C.	40+
Mark	Mc cann	Mullingar Harriers A.C.	35+
Brigid	McCaBE	Mullingar Harriers A.C.	60+
nicholas	mccabe	Mullingar Harriers A.C.	65+
siobhan	mccarthy	Mullingar Harriers A.C.	45+
Malcolm	McDonnell	Mullingar Harriers A.C.	40+
Liam	McGlynn	Mullingar Harriers A.C.	50+
Nuala	Moran	Mullingar Harriers A.C.	50+
paula	murray	Mullingar Harriers A.C.	45+
Stephen	Naughton	Mullingar Harriers A.C.	50+
Emer	O Hanlon	Mullingar Harriers A.C.	45+

Aine	O'Reilly	Mullingar Harriers A.C.	35+
Michael	O'Sullivan	Mullingar Harriers A.C.	55+
Colm	Walsh	Mullingar Harriers A.C.	40+
Eileen	Blythe	Naas Athletic Club	35+
Mary	Bolger	Naas Athletic Club	50+
Mary	Bolton	Naas Athletic Club	45+
Deirdre	Brady	Naas Athletic Club	45+
Celine	Burke	Naas Athletic Club	45+
Kate	Crotty	Naas Athletic Club	35+
Anne-Maria	Crowley	Naas Athletic Club	45+
siobhan	durnin	Naas Athletic Club	45+
Sarah	Farmer	Naas Athletic Club	40+
Ann-Marie	Feely	Naas Athletic Club	40+
Emer	Flynn	Naas Athletic Club	50+
Tracy	Kavanagh	Naas Athletic Club	35+
Sarah	Kearns	Naas Athletic Club	40+
Cliona	Kenny	Naas Athletic Club	40+
Patricia	Maher	Naas Athletic Club	35+
martina	McKenna	Naas Athletic Club	45+
Dina	Sharkey	Naas Athletic Club	45+
andrea	Farrelly	Navan A.C.	35+
Olivia	Archbold	Newbridge Athletic Club	40+
Emma	Boland	Newbridge Athletic Club	35+
Lisa	Donlon	Newbridge Athletic Club	35+
Laura	Gillen	Newbridge Athletic Club	35+
Albert	Keenan	Newbridge Athletic Club	65+
patrick	malone	Newbridge Athletic Club	50+
Pauline	Mcdonnell	Newbridge Athletic Club	55+
Laura	Vaughan	Newbridge Athletic Club	35+
Conor	McCracken	Newry City Runners A.C.	40+
Paul	Elliott	North Belfast Harriers	60+
Anita	Bolton	North East Runners A.C.	50+
Paul	Dullaghan	North East Runners A.C.	40+
Jason	Hill	North East Runners A.C.	40+
Chris	Kelly	North East Runners A.C.	35+
Michelle	lannon	North Roscommon A.C.	40+
marie	brennan	Portlaoise A.C.	35+
Aengus	Burke	Portlaoise A.C.	50+
sinead	ging	Portlaoise A.C.	35+
paula	grant	Portlaoise A.C.	40+
sharon	grant	Portlaoise A.C.	35+
olwyn	larkin	Portlaoise A.C.	45+
Trevor	Percy	Portlaoise A.C.	35+
Tony	Reilly	Portlaoise A.C.	45+
Aiden	Burke	Portmarnock A.C.	40+
Denis	Farrell	Portmarnock A.C.	50+
Conor	Fitzpatrick	Portmarnock A.C.	Senior
Michelle	Forde	Portmarnock A.C.	35+
LORIENT	Meredith	Portmarnock A.C.	Senior
john	wallnutt	Portmarnock A.C.	50+

Colm	Ward	Portmarnock A.C.	Senior
Mary	Yu	Portmarnock A.C.	35+
Mary	Harte	Portmarnock AC	35+
Michael	McSwiggan	Portmarnock AC	40+
Paolo	Ciappa	Raheny Shamrocks Athletic Club	Senior
Tommy	crampton	Raheny Shamrocks Athletic Club	45+
Dermot	Gorman	Raheny Shamrocks Athletic Club	Senior
Connor	Jennings	Raheny Shamrocks Athletic Club	45+
brian	kelly	Raheny Shamrocks Athletic Club	50+
Brian	Leahy	Raheny Shamrocks Athletic Club	35+
Sinead	Lyons	Raheny Shamrocks Athletic Club	40+
Orla	Manley	Raheny Shamrocks Athletic Club	Senior
wesley	o brien	Raheny Shamrocks Athletic Club	35+
Dave	Woods	Raheny Shamrocks Athletic Club	50+
Aaron	Browne	Rathfarnham WSAF Athletic Club	Senior
Andrew	Buckley	Rathfarnham WSAF Athletic Club	35+
Joe	Casey	Rathfarnham WSAF Athletic Club	50+
Tom	Cuddy	Rathfarnham WSAF Athletic Club	55+
Derval	Devaney	Rathfarnham WSAF Athletic Club	40+
Kevin	Donagher	Rathfarnham WSAF Athletic Club	Senior
John	Farrelly	Rathfarnham WSAF Athletic Club	50+
Michael	Freeley	Rathfarnham WSAF Athletic Club	35+
Helen	French	Rathfarnham WSAF Athletic Club	45+
Brian	Furey	Rathfarnham WSAF Athletic Club	Senior
Louise	Gaffney	Rathfarnham WSAF Athletic Club	Senior
olivier	gaillot	Rathfarnham WSAF Athletic Club	45+
Matthew	Horrigan	Rathfarnham WSAF Athletic Club	Senior
Jonathan	hughes	Rathfarnham WSAF Athletic Club	Senior
Helen	Ingram	Rathfarnham WSAF Athletic Club	60+
Donna	Mahon	Rathfarnham WSAF Athletic Club	40+
Louis	McCarthy	Rathfarnham WSAF Athletic Club	Senior
Miriam	McCormack	Rathfarnham WSAF Athletic Club	50+
Eoghain	McGinley	Rathfarnham WSAF Athletic Club	Senior
Valerie	McGuinness	Rathfarnham WSAF Athletic Club	Senior
Micheál	Murphy	Rathfarnham WSAF Athletic Club	Senior
aisling	o connor	Rathfarnham WSAF Athletic Club	Senior
Donagh	Powell	Rathfarnham WSAF Athletic Club	Senior
David	Power	Rathfarnham WSAF Athletic Club	Senior
Suzanne	Ryan	Rathfarnham WSAF Athletic Club	40+
vanessa	sallier	Rathfarnham WSAF Athletic Club	45+
Neil	Skelton	Rathfarnham WSAF Athletic Club	Senior
Paul	Stephenson	Rathfarnham WSAF Athletic Club	Senior
Clare	Sullivan	Rathfarnham WSAF Athletic Club	Senior
Jackie	Sullivan	Rathfarnham WSAF Athletic Club	50+
Peter	Toomey	Rathfarnham WSAF Athletic Club	Senior
Kerrianne	Waldron	Rathfarnham WSAF Athletic Club	35+
Brigid	Liston	Riverstick Kinsale A.C.	35+
Debbie	McCarthy	Riverstick Kinsale A.C.	40+
Elaine	O Donoghue	Riverstick Kinsale A.C.	35+
Helen	O'Callaghan	Riverstick Kinsale A.C.	40+

Sinead	O'Regan	Riverstick Kinsale A.C.	35+
brian	mc carey	Shercock A.C.	35+
Catherina	Mullen	Shercock A.C.	Senior
David	Barron	Slaney Olympic A.C.	45+
Gerald	Forde	Slaney Olympic A.C.	Senior
Jim	Stafford	Slaney Olympic A.C.	55+
Paul	Allen	Sli Cualann A.C.	35+
martina	breen	Sli Cualann A.C.	45+
Alan	Dalton	Sli Cualann A.C.	40+
Martha	O'Neill	Sli Cualann A.C.	45+
clive	quinn	Sli Cualann A.C.	35+
Elaine	Jenkinson	Sli Cualann AC	50+
Alison	Kearns	Sli Cualann AC	Senior
Annmarie	Kenny	Sli Cualann AC	40+
Susan	Nichols	Sli Cualann AC	35+
bill	carty	Sligo A.C.	45+
amanda	cunniffe	Sligo A.C.	Senior
joe	davey	Sligo A.C.	50+
richard	gorman	Sligo A.C.	40+
mari	johnston	Sligo A.C.	45+
alan	kearins	Sligo A.C.	40+
david	kearins	Sligo A.C.	40+
Aishling	Kennedy	Sligo A.C.	35+
damien	Kennedy	Sligo A.C.	35+
fiona	McArdle-melvin	Sligo A.C.	45+
brendan	mccarrick	Sligo A.C.	Senior
Cathy	McCarthy	Sligo A.C.	45+
Michael	O'connell	Sligo A.C.	50+
fionnuala	silke	Sligo A.C.	Senior
seamus	somers	Sligo A.C.	40+
enda	whelan	Sligo A.C.	65+
Andy	Hodgson	Sligo AC	45+
Enda	Whelan	Sligo AC	65+
Helen	Brouder	Sportsworld A.C.	Senior
Noreen	Brouder	Sportsworld A.C.	35+
Karl	Chatterton	Sportsworld A.C.	Senior
Caoimhe	Costigan	Sportsworld A.C.	Senior
Kevin	Curran	Sportsworld A.C.	Senior
Will	Greensmyth	Sportsworld A.C.	Senior
Phil	Kilgannon	Sportsworld A.C.	35+
Adrian	Lanigan	Sportsworld A.C.	35+
Conor	Mccarthy	Sportsworld A.C.	Senior
Catherine	Mulleady	Sportsworld A.C.	Senior
Eoin	O'Brien	Sportsworld A.C.	35+
Naoise	Waldron	Sportsworld A.C.	Senior
Liam	Byrne	St. Abbans A.C.	45+
Anthony	McDonald	St. Abbans A.C.	Senior
BRIAN	DUFFY	St. Cronans A.C.	40+
Joe	Cunningham	St. Finbarrs A.C.	40+
Ken	Devine	St. Finbarrs A.C.	50+

Eamonn	Mc Evoy	St. Finbarrs A.C.	60+
Angela	McEvoy	St. Finbarrs A.C.	50+
Rebecca	McEvoy	St. Finbarrs A.C.	Senior
John	Meade	St. Finbarrs A.C.	35+
Karina	Teahan	St. Finbarrs A.C.	35+
David	Butler	St. Finbarrs AC	Senior
Cormac	Kavanagh	St. Michaels Portarlinton A.C.	Senior
Gloria	Beyer	St. Patricks A.C.	45+
Ger	Moloney	St. Pauls A.C.	55+
Patricia	Foskin	St. Senans A.C.	60+
deirdrem	farrell	Star of the Sea A.C.	45+
Maurice	Hackett	Star of the Sea A.C.	40+
Toni	Dunlevy	Taghmon A.C.	Senior
Jacqui	Boyle	Tallaght A.C.	45+
David	Callaghan	Tallaght A.C.	Senior
Niall	Campbell	Tallaght A.C.	35+
Luke	Coleman	Tallaght A.C.	Senior
Trevor	Connolly	Tallaght A.C.	35+
Barry	Cullen	Tallaght A.C.	40+
Eddie	Donegan	Tallaght A.C.	40+
Martina	Farrell	Tallaght A.C.	40+
david	fitzpatrick	Tallaght A.C.	35+
Peter	Fitzsimons	Tallaght A.C.	Senior
Maria	Kavanagh	Tallaght A.C.	35+
Hazel	Keane	Tallaght A.C.	40+
Caroline	Keating	Tallaght A.C.	35+
Pat	Kelly	Tallaght A.C.	50+
Sarah	Kinsella	Tallaght A.C.	35+
Billy	Loughman	Tallaght A.C.	35+
Pauline	Madden	Tallaght A.C.	35+
Dave	Meehan	Tallaght A.C.	50+
Vivian	O Hanlon	Tallaght A.C.	65+
David	O'Brien	Tallaght A.C.	40+
HELEN	SWEENEY	Tallaght A.C.	40+
Christine	Kinsella	Templeogue A.C.	35+
David	mcperson	Thomastown A.C.	Senior
John	Fitzgibbon	Thurles Croke A.C.	35+
Denis	Shanahan	Thurles Croke A.C.	40+
pat	byrne	Tinryland A.C.	40+
Sean	Reynolds	Tralee Harriers A.C.	50+
Carrie	Brogan	Trim A.C.	50+
Jaime	Gartland	Trim A.C.	35+
Trish	Duffy	Trim AC	45+
padraig	berry	Tullamore Harriers Athletic Club	35+
Liam	Brady	Tullamore Harriers Athletic Club	Senior
Miriam	Brady	Tullamore Harriers Athletic Club	45+
helena	buckley	Tullamore Harriers Athletic Club	35+
Lesley	Cornally	Tullamore Harriers Athletic Club	40+
Anne	Cusack	Tullamore Harriers Athletic Club	50+
Anne	Daly	Tullamore Harriers Athletic Club	50+

mary	daly	Tullamore Harriers Athletic Club	50+
Sharon	Daly	Tullamore Harriers Athletic Club	45+
siobhan	Daly	Tullamore Harriers Athletic Club	Senior
Rita	Daly Ravenhill	Tullamore Harriers Athletic Club	45+
Christopher	Donegan	Tullamore Harriers Athletic Club	50+
john	donegan	Tullamore Harriers Athletic Club	50+
Aidan	Egan	Tullamore Harriers Athletic Club	35+
Eddie	Fitzgerald	Tullamore Harriers Athletic Club	Senior
Denis	Flynn	Tullamore Harriers Athletic Club	55+
mary	fox mann	Tullamore Harriers Athletic Club	45+
Mary	Galvin	Tullamore Harriers Athletic Club	55+
Ruth	Galvin	Tullamore Harriers Athletic Club	Senior
mag	grennan	Tullamore Harriers Athletic Club	45+
Paul	Hensey	Tullamore Harriers Athletic Club	40+
Evelyn	Herlihy	Tullamore Harriers Athletic Club	35+
Melissa	Hogan	Tullamore Harriers Athletic Club	Senior
anna	hyland guilfoyle	Tullamore Harriers Athletic Club	45+
brendan	kennedy	Tullamore Harriers Athletic Club	55+
jim	langan	Tullamore Harriers Athletic Club	70+
Martina	Lydon	Tullamore Harriers Athletic Club	45+
eugene	mann	Tullamore Harriers Athletic Club	40+
aisling	Mccormack	Tullamore Harriers Athletic Club	45+
Elysia	McCormack	Tullamore Harriers Athletic Club	35+
John	Mcgowan	Tullamore Harriers Athletic Club	60+
Carmel	McGreal	Tullamore Harriers Athletic Club	40+
Tara	McKinney	Tullamore Harriers Athletic Club	Senior
Nita	McLoughlin	Tullamore Harriers Athletic Club	35+
Francis	Mollen	Tullamore Harriers Athletic Club	50+
Conor	Mooney	Tullamore Harriers Athletic Club	35+
Leonard	Mooney	Tullamore Harriers Athletic Club	35+
Denis	Moran	Tullamore Harriers Athletic Club	35+
Matthew	O Byrne	Tullamore Harriers Athletic Club	35+
Barbara	Oconnell	Tullamore Harriers Athletic Club	45+
leonard	owens	Tullamore Harriers Athletic Club	45+
Helen	Reynolds	Tullamore Harriers Athletic Club	50+
Dermot	Smith	Tullamore Harriers Athletic Club	45+
Gary	Whittle	Tullamore Harriers Athletic Club	Senior
des	colbert	Waterford A.C.	40+
Frank	Quinlan	Waterford A.C.	40+
yvonne	byrne	Westport A.C.	40+
Mairead	Kelly	Westport A.C.	35+
john	kilroy	Westport A.C.	55+
Aine	Mc Alpine	Westport A.C.	35+
cuan	mc carrick	Westport A.C.	45+
Michelle	Needham	Westport A.C.	40+
Marian	O'Malley	Westport A.C.	35+
Pat	Cummins	Youghal A.C.	65+
Sean	Hehir		Senior