



SIAB Track & Field 16th July 2016 – Julie Rose Stadium

				Time:			
				10.30	F1	Hammer	Boys
				11.35	F2	Hammer	Girls
Time:				12.45	T1	3Km Walk	Boys & Girls
				12.48	F3	Discus	Boys
				12.55	F4	Pole Vault	Boys
				12.58	F5	Long Jump	Girls
13.05	T2	300m Hurdles	Girls	13.05	F6	High Jump	Boys
13.15	T3	400m Hurdles	Boys				
13.25	T4	800m	Girls				
13.35	T5	800m	Boys				
13.45		100m N/S	Girls				
13.55		100m N/S	Boys	13.55	F7	Discus	Girls
				14.02	F8	Long Jump	Boys
14.05	T6	100m	Girls	14.05	F9	Shot	Boys
14.15	T7	100m	Boys				
14.25	T8	3000m	Girls				
14.40	T9	300m	Girls				
14.50	T10	3000m	Boys	14.58	F10	Pole Vault	Girls
				15.00	F11	Javelin	Boys
15.05	T11	400m	Boys	15.03	F12	High Jump	Girls
				15.05	F13	Triple Jump	Girls
15.25	T12	80m Hurdles	Girls				
15.35	T13	100m Hurdles	Boys				
				15.58	F14	Shot	Girls
15.45	T14	200m	Girls				
15.51	T15	200m	Boys				
15.57	T16	1500m	Girls				
16.07	T17	1500m	Boys				
				16.08	F15	Triple Jump	Boys
				16.10	F16	Javelin	Girls
16.30	T18	1500m Steeplech.	Girls				
16.45	T19	1500m Steeplech.	Boys				
17.00	T20	4 x 100m	Girls				
17.10	T21	4 x 100m	Boys				
17.20	T22	4 x 300m	Girls				
17.30	T23	4 x 400m	Boys				