

Club	First Name	Last Name	Cat	Declared Team
Acorns AC	Julie	Brodison	F35	
Acorns AC	Don	Brownlee	M60	
Acorns AC	Judith	Dickson	F35	
Acorns AC	Damian	Kearney	M45	
Acorns AC	Stephen	Kerr	M40	
Acorns AC	Gordon	Linton	M40	
Acorns AC	Martin	Loughran	M35	
Acorns AC	Thomas	Martin	M40	
Acorns AC	Francis	McDaid	M35	
Acorns AC	Gary	McGucken	M50	
Acorns AC	Aaron	Meharg	MS	
Acorns AC	Aidan	O'Hagan	M35	
Acorns AC	Padraig	O'Kane	M35	
Acorns AC	Kate	Semple	F40	
Acorns AC	Colin	Thom	M50	
Acorns AC	Mark	Thom	M35	
Aghada Running Club ARC	Pamela	Barry	F40	SENIOR
Aghada Running Club ARC	Eleanor M.	Duggan	F45	
Aghada Running Club ARC	Sinead	Fitzgerald	F40	SENIOR
Aghada Running Club ARC	Chris	Kelly	MS	SENIOR
Aghada Running Club ARC	Christine	Kelly	FS	SENIOR
Aghada Running Club ARC	Chris	McGrath	MS	
Aghada Running Club ARC	Jim	Morgan	M40	SENIOR
Aghada Running Club ARC	Gordon	O'Neill	M40	
Aghada Running Club ARC	Janet	O'Reilly	F35	
Aghada Running Club ARC	Eoin	Pomphrett	M45	SENIOR
Aghada Running Club ARC	Therese	Ryan	F40	
Aghada Running Club ARC	Len	Slye	M45	
Aghada Running Club ARC	Lavinia	Swords	FS	
Albertville Harriers	Colum	Gaile	MS	
Albertville Harriers	Paul	Gorman	M40	
Albertville Harriers	Dinny	Harkin	M35	
Albertville Harriers	Brian	Kingston	M50	
Albertville Harriers	Nadine	Mercer	F40	
Albertville Harriers	Neil	Mercer	M40	
Albertville Harriers	Beverley	Mitchell	F35	
Albertville Harriers	Glenn	Weir	M45	
An Bru A.C	Sinead	Barry	F40	
An Bru A.C	Stephen	Casey	M35	
An Bru A.C	Edel	Foster	FS	
An Bru A.C	Helen	Garry	F35	
An Bru A.C	John	Hartnett	M40	
An Bru A.C	Don	Hayes	M35	
An Bru A.C	Seamus	Hourigan	M50	
An Bru A.C	Des	Hyde	M35	
An Bru A.C	Derval	Kenny	F45	
An Bru A.C	Michael	Kenny	M50	
An Bru A.C	Brian	Lawlor	M35	

Club	First Name	Last Name	Cat	Declared Team
An Bru A.C	Declan	Lipper	M50	
An Bru A.C	Nicholas	Moloney	M35	
An Bru A.C	Karl	O'Donnell	M35	
An Bru A.C	Elizabeth	O'Connell	F50	
An Bru A.C	John	O'Connell	M50	
An Bru A.C	Liam	Smith	MS	
An Bru A.C	Leigh	Tweddle	M40	
An Ríocht A.C.	Willie	Guiney	M50	
An Ríocht A.C.	Willie	Guiney	M50	
Annadale Striders	Michel	Le Velly	M50	
Annadale Striders	Simon	Taylor	M35	
Annalee A.C.	Fionnula	Gilmartin	F40	
Annalee A.C.	Clare	McCrystal	F40	
Annalee A.C.	Ronan	Smith	MS	
Ardmore A.C.	Noel	Quinn	M45	
Armagh AC	James	Brannigan	M40	
Armagh AC	Fearghal	Delaney	M35	
Armagh AC	Geraldine	Devlin	F50	
Armagh AC	John	Fields	M40	
Armagh AC	Paul	Finnegan	M35	
Armagh AC	Conor	Hamilton	M45	
Armagh AC	Kerrie	Hamilton	F40	
Armagh AC	Oonagh	Haughey	F35	
Armagh AC	Lisa	McKeever	F40	
Armagh AC	Michael	McKenzie	M35	
Armagh AC	Kathryn	Rafferty	FS	
Armagh AC	John	Vallely	M40	
Armagh AC	Lorcan	Vallely	F35	
Ashford A.C	Joe	Boland	M60	
Ashford A.C	Diarmuid	Canning	M45	
Ashford A.C	Kevin	Hill	M40	
Ashford A.C	Tony	O'Toole	M45	
Ashford A.C	Paul	Whelan	M50	
Athenry A.C.	Marie treasa	Beatty	F55	
Athenry A.C.	Catherine	Burke	F35	
Athenry A.C.	Frank	Burke	M45	
Athenry A.C.	Noel	Conway	M35	
Athenry A.C.	Tammie	Corrigan	FS	
Athenry A.C.	Majella	Cummins	F50	
Athenry A.C.	Kevin	Devane	M45	
Athenry A.C.	Colin	Duane	M35	
Athenry A.C.	Michael	Duane	M40	
Athenry A.C.	Adrian	Fitzmaurice	M45	
Athenry A.C.	Sean	Flaherty	M40	
Athenry A.C.	Patrick	Forde	M45	
Athenry A.C.	Noel	Fox	M45	
Athenry A.C.	Brendan	Galvin	M35	
Athenry A.C.	Lyall	Guiney	MS	

Club	First Name	Last Name	Cat	Declared Team
Athenry A.C.	Kieran	Guiry	M40	
Athenry A.C.	Martin	Hynes	M50	
Athenry A.C.	Martin	Keane	M70	
Athenry A.C.	Basil	King	M35	
Athenry A.C.	Bridget	Kissane	FS	
Athenry A.C.	Frances	Leahy	F55	
Athenry A.C.	Jim	Leahy	M50	
Athenry A.C.	Peter	Lowney	M40	
Athenry A.C.	Luciano	Lualdi	M40	
Athenry A.C.	Philip	Magnier	M65	
Athenry A.C.	Martin	McGrath	M40	
Athenry A.C.	Angela	McManaman	F40	
Athenry A.C.	David	Meehan	M40	
Athenry A.C.	Caroline	Mitchell	F45	
Athenry A.C.	Paul	Mitchell	M45	
Athenry A.C.	David	Murray	M45	
Athenry A.C.	Liam	Mycroft	M55	
Athenry A.C.	Cormac	Nicholson	M45	
Athenry A.C.	David	Noone	M35	
Athenry A.C.	Maeve	Noone	F45	
Athenry A.C.	Peadar	Nugent	M70	
Athenry A.C.	Kenneth	O'Hara	M35	
Athenry A.C.	Martin	O'Hara	M40	
Athenry A.C.	David	O'Sullivan	M35	
Athenry A.C.	Bernie	Rogers	F50	
Athenry A.C.	Maureen	Ryan	F45	
Athenry A.C.	Brian	Somers	M35	
Athenry A.C.	Raymond	Somers	M40	
Athenry A.C.	Kieran	Staunton	MS	
Athenry A.C.	Orla	Stevens	F45	
Athenry A.C.	Ray	Treacy	M35	
Athenry A.C.	Kieran	Walsh	M35	
Athenry A.C.	Marguerite	Wilkinson	F40	
Athlone IT A.C.	James	Fennell	M40	
Athlone IT A.C.	Rosie	Greene	F50	
Athlone IT A.C.	Amanda	Irwin	F50	
Athlone IT A.C.	Padraig	Irwin	M55	
Athlone IT A.C.	Aisling	Kearney	F45	
Athlone IT A.C.	Emmet	Mullally	M40	
Athlone IT A.C.	Lisa	O'Rourke	F40	
Athlone IT A.C.	Crevan	O'Donnell	M45	
Athlone IT A.C.	Mags	O'Donnell	F45	
Athlone IT A.C.	Martin	Sherlock	MS	
B.M.O.H. Athletics Club	Anthony	Boyle	M40	
B.M.O.H. Athletics Club	Laura	Burke	F40	
B.M.O.H. Athletics Club	Aidan	Collins	M40	
B.M.O.H. Athletics Club	Jane	Collins	F35	
B.M.O.H. Athletics Club	Stephen	Hannam	M35	

Club	First Name	Last Name	Cat	Declared Team
B.M.O.H. Athletics Club	Dermot	Hartigan	M45	
B.M.O.H. Athletics Club	Rachel	King	FS	
B.M.O.H. Athletics Club	Damian	Landy	M40	
B.M.O.H. Athletics Club	Olive	Liddane	F40	
B.M.O.H. Athletics Club	Darren	Lynch	M40	
B.M.O.H. Athletics Club	Erin	McGuane	F35	
B.M.O.H. Athletics Club	Caroline	O'Brien	F40	
B.M.O.H. Athletics Club	Fergus	O'Shea	M35	
B.M.O.H. Athletics Club	Antonio	Raffa	MS	
B.M.O.H. Athletics Club	Derek	Vaughan	M40	
Balbriggan & District	Paul	Bissett	M45	
Balbriggan & District	Claire	Brett-Holmes	F45	
Balbriggan & District	Elaine	Byrne	F45	
Balbriggan & District	Stephanie	Carragher	FS	
Balbriggan & District	Hugh	Cashell	MS	
Balbriggan & District	tony	cluskey	M45	
Balbriggan & District	Edel	Cunningham	F45	
Balbriggan & District	Liam	Doyle	M45	
Balbriggan & District	Robert	Doyle	M40	
Balbriggan & District	Julie	Fitzpatrick	F40	
Balbriggan & District	Ronan	Hartnett	M40	
Balbriggan & District	Dermot	Holland	M50	
Balbriggan & District	Emma	Hrebicek	F40	
Balbriggan & District	Chris	Keeling	M55	
Balbriggan & District	Aedeen	Lane	F45	
Balbriggan & District	Siobhan	Lyons	F40	
Balbriggan & District	Eileen	Martin	FS	
Balbriggan & District	Carla	O'Connor	F40	
Balbriggan & District	Padraig	O'Connor	M40	
Balbriggan & District	Alan	O'Donnell	M35	
Balbriggan & District	Elizabeth	O'Reilly	F40	
Balbriggan & District	Alessandra	Pollicini	F40	
Balbriggan & District	Charni	Purewal	M45	
Balbriggan & District	Isidore	Ryan	M40	
Balbriggan & District	Wendy	Tiernan	F45	
Balbriggan & District	Jean	Timmins	F55	
Balbriggan & District	Pauline	Titier	F45	
Balbriggan & District	Catherine	Troy	F35	
Balbriggan & District A.C	Fearghal	Clarke	M45	
Ballina A.C.	Michael	Boland	M40	
Ballina A.C.	Mark	Bourke	M35	
Ballina A.C.	Padraig	Brady	M65	
Ballina A.C.	Yvonne	Bruce	M40	
Ballina A.C.	Bryony	Clarke	FS	
Ballina A.C.	Liz	Clarke	F40	
Ballina A.C.	Mattie	Coleman	M55	
Ballina A.C.	John	Courell	MS	
Ballina A.C.	Sharon	Doherty	F45	

Club	First Name	Last Name	Cat	Declared Team
Ballina A.C.	Shona	Duffy	FS	
Ballina A.C.	Geraldine	Durkan	F50	
Ballina A.C.	Ann	Egan	F50	
Ballina A.C.	Brendan	Egan	M35	
Ballina A.C.	Michael	Egan	M45	
Ballina A.C.	Derek	Fair	M50	
Ballina A.C.	Lyndsey	Harkins	FS	
Ballina A.C.	Paul	Hogan	M40	
Ballina A.C.	Tom	Horkan	M75	
Ballina A.C.	Pat	Hughes	M50	
Ballina A.C.	Fiona	Kelly	F35	
Ballina A.C.	Ivan	Kelly	M40	
Ballina A.C.	Martina	Kilgannon	F45	
Ballina A.C.	Raymond	Masterson	M40	
Ballina A.C.	Ray	McNamara	M35	
Ballina A.C.	Bernie	Munnely	F35	
Ballina A.C.	Alan	Murphy	M50	
Ballina A.C.	Claire	Murphy	F35	
Ballina A.C.	Elizabeth	Murphy	F45	
Ballina A.C.	Claire	O'Boyle	F35	
Ballina A.C.	Alison	O'Connell	F40	
Ballina A.C.	Agnes	O'Hora	F40	
Ballina A.C.	Anthony	Reape	M50	
Ballina A.C.	Mark	Reynolds	M35	
Ballina A.C.	Robbie	Reynolds	M50	
Ballina A.C.	John	Robinson	M35	
Ballina A.C.	Joanna	Skalic	F35	
Ballina A.C.	Michelle	Traynor	F45	
Ballina A.C.	James	Wright	M35	
Ballinasloe & District	David	Harley	M50	
Ballincollig A.C.	Louise	Sheehan	F40	
Ballintotis Fit4Life	T.J.	Carew	MS	
Ballintotis Fit4Life	Noreen	Cashman	F45	
Ballintotis Fit4Life	Sean	Cooney	MS	
Ballintotis Fit4Life	James	Cullinane	M35	
Ballintotis Fit4Life	Simon	Davies	M40	
Ballintotis Fit4Life	Sean	Hennessy	M50	
Ballintotis Fit4Life	Linda	Kelleher	FS	
Ballintotis Fit4Life	Kieran	Lynch	M40	
Ballintotis Fit4Life	Brendan	McGrath	M45	
Ballintotis Fit4Life	Mary	Molloy	F50	
Ballintotis Fit4Life	Shaun	Torgius	M40	
Ballycastle Runners	Robert	Hook	M35	
Ballycastle Runners	Gerard	Hughes	M45	
Ballycastle Runners	Catriona	McKendry	F40	
Ballycastle Runners	Cara	McShane	F35	
Ballydrain Harriers	Gary	Adams	M45	
Ballydrain Harriers	Allyson	Beattie	F45	

Club	First Name	Last Name	Cat	Declared Team
Ballydrain Harriers	Stephen	Beattie	M45	
Ballydrain Harriers	Craig	Bradley	M35	
Ballydrain Harriers	Jill	Burgess	F45	
Ballydrain Harriers	Eleanor	Clarke	F50	
Ballydrain Harriers	Darrel	Cooper	MS	
Ballydrain Harriers	Denise	Davison	F50	
Ballydrain Harriers	Rosi	Earney	F45	
Ballydrain Harriers	Paul	Edgar	M40	
Ballydrain Harriers	Alison	Gilmore	F45	
Ballydrain Harriers	Claire	Harrison	F45	
Ballydrain Harriers	Graham	Hill	M45	
Ballydrain Harriers	Karen	Johnston	F45	
Ballydrain Harriers	Denise	Logue	F35	
Ballydrain Harriers	Joanne	Lusty	F45	
Ballydrain Harriers	Darren	Martin	M40	
Ballydrain Harriers	Norman	Mawhinney	M55	
Ballydrain Harriers	Anne	McClurg	F45	
Ballydrain Harriers	Colin	McDowell	M45	
Ballydrain Harriers	Stuart	McIver	M40	
Ballydrain Harriers	Adam	McKee	MS	
Ballydrain Harriers	Debbie	Mingout	F40	
Ballydrain Harriers	Andrea	Mockford	F35	
Ballydrain Harriers	Simon	Moffett	M40	
Ballydrain Harriers	Naomi	Montgomery	F35	
Ballydrain Harriers	Fiona	Murphy	F50	
Ballydrain Harriers	Roger	Pannell	M40	
Ballydrain Harriers	Amanda	Perry	F45	
Ballydrain Harriers	Fiona	Prue	F45	
Ballydrain Harriers	Heather	Stanex	F45	
Ballydrain Harriers	Alison	Stocks	F35	
Ballydrain Harriers	Jonathan	Swann	M35	
Ballyfin A.C.	Andrew	Kehoe	MS	
Ballyfin A.C.	Ronan	Lynch	M40	
Ballymena Runners AC	mairead	agnew	F40	
Ballymena Runners AC	Rodney	Agnew	M50	
Ballymena Runners AC	Michael	Bennett	M40	
Ballymena Runners AC	PAMELA	DAVIS	F50	
Ballymena Runners AC	kevin	duffy	M50	
Ballymena Runners AC	Vicki	Dunn	F45	
Ballymena Runners AC	Peter	Fleming	M45	
Ballymena Runners AC	Eleanor	Forrest	F45	
Ballymena Runners AC	JOHN	HASSON	F45	
Ballymena Runners AC	Alastair	Hill	M45	
Ballymena Runners AC	andrew	hutchinson	MS	
Ballymena Runners AC	Pamela	Kane	F35	
Ballymena Runners AC	ryan	logan	M40	
Ballymena Runners AC	teresa	mark	F45	
Ballymena Runners AC	glenn	mccgall	M50	

Club	First Name	Last Name	Cat	Declared Team
Ballymena Runners AC	moyra	mckinley	F50	
Ballymena Runners AC	PAUL	MCKINLEY	M50	
Ballymena Runners AC	Debbie	McPherson	F40	
Ballymena Runners AC	Patrick	Millar	M55	
Ballymena Runners AC	Jim	Moore	M40	
Ballymena Runners AC	gillian	o'boyle	F40	
Ballymena Runners AC	Brigid	Quinn	F70	
Ballymena Runners AC	DAVID	RAINEY	M50	
Ballymena Runners AC	John	Robinson	M40	
Ballymena Runners AC	sharon	Speers	F45	
Ballymena Runners AC	Michael	Steele	M45	
Ballymena Runners AC	Emma	Stewart	FS	
Ballymena Runners AC	Christopher	Young	MS	
Ballymore Cobh A.C.	Sarah	Ahern	F35	
Ballymore Cobh A.C.	Catherine	Britton	FS	
Ballymore Cobh A.C.	Anne	Burke	F50	
Ballymore Cobh A.C.	Sinead	Daly	F40	
Ballymore Cobh A.C.	Katherine	Farrell	F35	
Ballymore Cobh A.C.	Una	French	F45	
Ballymore Cobh A.C.	Angela	Leahy	F45	
Ballymore Cobh A.C.	Angela	Leahy	F45	
Ballymore Cobh A.C.	Jennifer	Montague	FS	
Ballymore Cobh A.C.	Bernadette	Navin	F40	
Ballymore Cobh A.C.	Justine	Norton	M45	
Ballymore Cobh A.C.	Orla	O'Rourke	F50	
Ballymore Cobh A.C.	Eimear	Taft	F40	
Ballymore Cobh A.C.	Damien	Whelan	M45	
Ballynonty A.C.	Neilie	Hall	M50	
Ballynonty A.C.	David	Shelly	MS	
Ballyroan, Abbeyleix & Dist. A.C.	Roland	Tarrant	M40	
Ballyroan, Abbeyleix & District A.C	Laurence	Mahony	M40	
Banbridge AC	Sonya	Curran	F40	
Banbridge AC	Dominic	Kearns	M50	
Banbridge AC	Stuart	Sinnamon	M35	
Bandon A.C.	Mari	Burke	F35	
Bandon A.C.	Pauline	Callan	F40	
Bandon A.C.	Heather	Collins	F35	
Bandon A.C.	Brian	Cotter	M45	
Bandon A.C.	Susan	O'Sullivan	F40	
Bantry A.C.	Mel	Devine	M50	
Bantry A.C.	Maria	Hurley	F55	
Beechmount Harriers A.C	Colin	Drain	M40	
Beechmount Harriers A.C	Niall	Farquharson	M35	
Beechmount Harriers A.C	Daniel	Jack	M35	
Beechmount Harriers A.C	Eileen	Jack	FS	
Beechmount Harriers A.C	Helen	Laverty	FS	
Beechmount Harriers A.C	Sarah	Laverty	FS	
Beechmount Harriers A.C	Brendan	Mcnally	M35	

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Beechmount Harriers A.C	Noel	McNally	M35	
Belfast Assoc RC & FR	Dessie	Green	M35	
Belfast Assoc RC & FR	Paddy	Mallon	M50	
Belfast Assoc RC & FR	Colin	Pascoe	M40	
Belfast Running Club	Damien	Duffy	M50	
Belfast Running Club	Nora	Gilbody	F45	
Belfast Running Club	Aaron	Hill	M45	
Belfast Running Club	Robert	Marks	M35	
Belfast Running Club	Paul	McCorry	M35	
Belfast Running Club	Liam	McHenry	MS	
Belfast Running Club	Mark	Rocks	M50	
Belfast Running Club	Fabrice	Scoupe	M45	
Belfast Running Club	Marv	Van Niekkek	M40	
Belfast Running Club	Nicholas	Wallace	M35	
Belfast Running Club	Siobhan	Wright	F55	
Bilboa A.C.	MICHELLE	CONDON	F45	
Bilboa A.C.	Cathal	Gleeson	M45	
Bilboa A.C.	Barry	O'Brien	MS	
Birr A.C.	Sandra	Brady	F35	
Birr A.C.	Alice	Burke	F45	
Birr A.C.	Brian	Dooley	M40	
Birr A.C.	Nicky	Dunne	M45	
Birr A.C.	Damien	Finnerty	M45	
Birr A.C.	Patricia	Flynn	F35	
Birr A.C.	Geraldine	Fox	M40	
Birr A.C.	Philip	Guilfoyle	M45	
Birr A.C.	James	Hartnett	M35	
Birr A.C.	Dave	Heather	M45	
Birr A.C.	Andrew	Masterson	M50	
Birr A.C.	Andrew	Masterson	M50	
Birr A.C.	Elaine	Masterson	F45	
Birr A.C.	Paddy	Mellsop	M50	
Birr A.C.	Mary	Murphy	F50	
Birr A.C.	Mary	Murphy	F50	
Birr A.C.	Pat	Obrien	M35	
Birr A.C.	Caroline	Sheils	F40	
Birr A.C.	Liam	Spain	M45	
Birr A.C.	Marie	Sweeney	F45	
Blackrock A.C. (Dublin)	Rita	Moran	F45	
Blackrock A.C. (Dublin)	Deirdre	Nally	FS	
Blackrock A.C. (Dublin)	Norris	Power	M40	
Blackrock A.C.(Dublin)	Rob	Asher	MS	
Blackrock A.C.(Dublin)	Niamh	Bolger	F45	
Blackrock A.C.(Dublin)	Joe	Byrne	M50	
Blackrock A.C.(Dublin)	John	Casey	M45	
Blackrock A.C.(Dublin)	Richard	Cooke	M50	
Blackrock A.C.(Dublin)	Tara	Cooke	F45	
Blackrock A.C.(Dublin)	Elizabeth	Cullen	F35	

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Blackrock A.C.(Dublin)	Gerry	Flaherty	M45	
Blackrock A.C.(Dublin)	Kevin	Flood	M50	
Blackrock A.C.(Dublin)	Patricia	Forde	F50	
Blackrock A.C.(Dublin)	Tom	Gavin	M45	
Blackrock A.C.(Dublin)	Martin- Javid	Gaynor	MS	
Blackrock A.C.(Dublin)	Sinéad	Howard	F40	
Blackrock A.C.(Dublin)	Dermot	Hughes	M50	
Blackrock A.C.(Dublin)	Colin	Hunt	M45	
Blackrock A.C.(Dublin)	Shane	Lavery	MS	
Blackrock A.C.(Dublin)	Jennifer	Lee	F50	
Blackrock A.C.(Dublin)	Mary	Mason	F40	
Blackrock A.C.(Dublin)	Killian	McMorrow	M60	
Blackrock A.C.(Dublin)	Ali	McNamara	FS	
Blackrock A.C.(Dublin)	Clare	Morgan	F55	
Blackrock A.C.(Dublin)	Jasmine	Murphy	F45	
Blackrock A.C.(Dublin)	Breda	O'Keefe	F50	
Blackrock A.C.(Dublin)	Dee	O'Mahony	F50	
Blackrock A.C.(Dublin)	Fiona	O'Riain	F50	
Blackrock A.C.(Dublin)	Ger	O'Toole	M50	
Blackrock A.C.(Dublin)	Colin	Power	M50	
Blackrock A.C.(Dublin)	Kathrin	Riordan	F50	
Blackrock A.C.(Dublin)	Aideen	Sheehan	F45	
Blackrock A.C.(Dublin)	Johnny	Sheehan	M45	
Blackrock A.C.(Dublin)	Bryan	Sheils	M45	
Blackrock A.C.(Dublin)	Barry	Thornton	M45	
Blackrock A.C.(Dublin)	Michelle	Tracey	F50	
Blackrock A.C.(Dublin)	Olivier	Van Parys	M40	
Blackrock A.C.(Dublin)	Michael	Wood	M50	
Blayney Rockets A.C.	Derek	Callan	M40	
Blayney Rockets A.C.	Aidan	Campbell	M50	
Blayney Rockets A.C.	Karina	Carroll	F40	
Blayney Rockets A.C.	Alan	Clarke	M40	
Blayney Rockets A.C.	Lucia	Denny	FS	
Blayney Rockets A.C.	Stephen	Dignam	M40	
Blayney Rockets A.C.	Helen	Doran	F45	
Blayney Rockets A.C.	Nicola	Flanagan	F35	
Blayney Rockets A.C.	Martin	Fleming	M40	
Blayney Rockets A.C.	Frankie	Gorman	M50	
Blayney Rockets A.C.	Edwin	Lennon	MS	
Blayney Rockets A.C.	Anthony	Malone	M35	
Blayney Rockets A.C.	Dermot	McGuigan	M50	
Blayney Rockets A.C.	Jason	Monaghan	MS	
Blayney Rockets A.C.	Brendan	Murphy	M45	
Blayney Rockets A.C.	Diane	Murphy	F45	
Blayney Rockets A.C.	Olive	Murphy	F50	
Blayney Rockets A.C.	Martin	Rafter	M55	
Bohermeen A.C.	Richard	Ball	M60	
Bohermeen A.C.	Anthony	Callan	M35	

Club	First Name	Last Name	Cat	Declared Team
Bohermeen A.C.	John	Carroll	M35	
Bohermeen A.C.	Helen	Duffy	F40	
Bohermeen A.C.	Mark	Duffy	M40	
Bohermeen A.C.	Stephen	Fay	M40	
Bohermeen A.C.	Fiona	Keogan	F35	
Bohermeen A.C.	Ollie	Keogan	M40	
Bohermeen A.C.	Andrea	Mc Guinness	F40	
Bohermeen A.C.	Adrian	Mc Nally	M40	
Bohermeen A.C.	shane	McCabe	M40	
Bohermeen A.C.	Martina	Miskelly	F45	
Bohermeen A.C.	Rose	Murray	F45	
Bohermeen A.C.	Gerard	Nealon	M35	
Bohermeen A.C.	Maire	Ni Chonchuir	F55	
Bohermeen A.C.	Sandra	Nugent	F35	
Bohermeen A.C.	Andy	Perle	M45	
Bohermeen A.C.	Christine	Perle	F40	
Bohermeen A.C.	Karen	Reilly	F40	
Bohermeen A.C.	Eoin	Ryan	MS	
Bohermeen A.C.	George	Ryan	M50	
Bohermeen A.C.	Robert	Tallon	M40	
Bohermeen A.C.	Caroline	Walsh	F45	
Bohermeen A.C.	Tony	Walsh	M45	
BOLT Running Club	Joe	Coyle	MS	
BOLT Running Club	Lisa	Harris	F45	
BOLT Running Club	Clare Mac	Mac Gabhann	F35	
Boyne A.C.	Derek	Boylan	M40	
Boyne A.C.	Michael	Byrne	M35	
Boyne A.C.	Rebecca	Carolan	F40	
Boyne A.C.	Jillian	Connor	F40	
Boyne A.C.	Andrew	Coyle	M40	
Boyne A.C.	Karen	Fairclough	F35	
Boyne A.C.	Nicola	Finegan	F45	
Boyne A.C.	Anne Marie	Garcia	F40	
Boyne A.C.	Ryan	Holcroft	MS	
Boyne A.C.	Ruth	McCabe	F40	
Boyne A.C.	Julie	O Shea	F45	
Boyne A.C.	leanne	thornton	FS	
Boyne A.C.	Nicola	Veale	F40	
Breakaway Running Club	Eddie	Fitzsimmons	M50	
Breakaway Running Club	Noel	McMahon	M45	
Brothers Pearse A.C.	Carole	Agar	F45	
Brothers Pearse A.C.	Garreth	Bayle	M35	
Brothers Pearse A.C.	Garreth	Bayle	M35	
Brothers Pearse A.C.	Rownald	Bayle	M35	
Brothers Pearse A.C.	Rownald	Bayle	M35	
Brothers Pearse A.C.	PJ	Black	M35	
Brothers Pearse A.C.	Donal	Brady	M40	
Brothers Pearse A.C.	Alison	Brophy	F45	

Club	First Name	Last Name	Cat	Declared Team
Brothers Pearse A.C.	Jonathan	Butler	M35	
Brothers Pearse A.C.	Kieran	Campbell	M35	
Brothers Pearse A.C.	Aidan	Carroll	M40	
Brothers Pearse A.C.	Karen	Clarke	F40	
Brothers Pearse A.C.	Tony	Connolly	M50	
Brothers Pearse A.C.	Stephen	Connon	M40	
Brothers Pearse A.C.	Alan	Conroy	M40	
Brothers Pearse A.C.	Colm	Costello	M40	
Brothers Pearse A.C.	Vanessa	Coughlin	F40	
Brothers Pearse A.C.	Keith	Doyle	M35	
Brothers Pearse A.C.	Philip	Doyle	M40	
Brothers Pearse A.C.	alan	fairbrother	M50	
Brothers Pearse A.C.	Deirdre	Farrell	F45	
Brothers Pearse A.C.	Keith	Farrell	M40	
Brothers Pearse A.C.	Joe	Haugh	M40	
Brothers Pearse A.C.	John	Hayden	M40	
Brothers Pearse A.C.	Niamh	Honer	F40	
Brothers Pearse A.C.	Ailish	Hudson	F50	
Brothers Pearse A.C.	Edward	Hudson	M55	
Brothers Pearse A.C.	Shane	Hughes	M35	
Brothers Pearse A.C.	Amanda	Keegan	F45	
Brothers Pearse A.C.	Peter	Lawlor	M50	
Brothers Pearse A.C.	Paul	Lyons	M45	
Brothers Pearse A.C.	Paul	Martin	MS	
Brothers Pearse A.C.	Alison	McDonald	F45	
Brothers Pearse A.C.	Karen	McManus	F35	
Brothers Pearse A.C.	Terry	Monaghan	MS	
Brothers Pearse A.C.	Padraig	Moorehouse	M35	
Brothers Pearse A.C.	Tos	Moran	M55	
Brothers Pearse A.C.	Ciara	Mullaly	FS	
Brothers Pearse A.C.	Emma	Murphy	F35	
Brothers Pearse A.C.	Rachel	O'Callaghan	F40	
Brothers Pearse A.C.	John	O'Gorman	M40	
Brothers Pearse A.C.	Ian	O'Reilly	M40	
Brothers Pearse A.C.	Emmet	O'Sullivan	MS	
Brothers Pearse A.C.	Stephen	O'Sullivan	M35	
Brothers Pearse A.C.	Mark	Pearce	M35	
Brothers Pearse A.C.	Sharon	Phibbs	F35	
Brothers Pearse A.C.	Karen	Reid	F40	
Brothers Pearse A.C.	Mick	Roche	M35	
Brothers Pearse A.C.	Tadhg	Ryan	M40	
Brothers Pearse A.C.	Austin	Smyth	M45	
Brothers Pearse A.C.	Patrick	Sneyd	M40	
Brothers Pearse A.C.	Michael	Walsh	M55	
Brothers Pearse A.C.	Maggie	Walshe	FS	
Brothers Pearse A.C.	Mary	Ward	F55	
Brothers Pearse A.C.	Declan	Watters	M35	
Brothers Pearse A.C.	Ramon	Whelan	M45	

Club	First Name	Last Name	Cat	Declared Team
Bweeng Trail Blazers	Brian	Ahern	M40	
Bweeng Trail Blazers	Eilish	Ahern	FS	
Bweeng Trail Blazers	Deirdre	Collins	F40	
Bweeng Trail Blazers	Aidan	Crowley	MS	
Bweeng Trail Blazers	Sinéad	Edwards	F35	
Bweeng Trail Blazers	Michelle	Geaney	F35	
Bweeng Trail Blazers	Shirley	Kavanagh	F40	
Bweeng Trail Blazers	Trevor	Kavanagh	M40	
Bweeng Trail Blazers	Kasia	Luczak	F35	
Bweeng Trail Blazers	Karen	Madden	F40	
Bweeng Trail Blazers	Caroline	Murphy	F45	
Bweeng Trail Blazers	Dawn	Walsh	F40	
Bweeng Trail Blazers	Gary	Walsh	M35	
Cabinteely A.C.	Lorcan	McGovern	MS	
Cabinteely A.C.	Larry	Watson	M40	
Callan A.C.	Lorraine	Quigley	F40	
Calry A.C.	Zola	Flynn	FS	
Calry A.C.	Jack	McGowan	M80	
Carmen Runners A.C.	Ciara	Coyle	FS	
Carmen Runners A.C.	Aileen	Hurson	F35	
Carmen Runners A.C.	Michael	Kerr	M40	
Carmen Runners A.C.	Sinead	Kerr	F35	
Carmen Runners A.C.	Ciara	McElhone	F35	
Carmen Runners A.C.	Noel	McElhone	M35	
Carriag-Na-Bhfear A.C.	Robert	Boyle	M45	
Carriag-Na-Bhfear A.C.	Tony	Dunne	M40	
Carriag-Na-Bhfear A.C.	Cliona	Hurley	F40	
Carriag-Na-Bhfear A.C.	Martin	Hurley	M45	
Carriag-Na-Bhfear A.C.	David	Mullins	M45	
Carriag-Na-Bhfear A.C.	Eileen	Murphy	F55	
Carriag-Na-Bhfear A.C.	Paul	Noonan	M50	
Carriag-Na-Bhfear A.C.	Jim	O Mahony	M45	
Carriag-Na-Bhfear A.C.	Sonya	Walsh	F40	
Carrick Aces A.C.	Eric	Byrne	M40	
Carrick Aces A.C.	Patrick	Cassidy	M40	
Carrick Aces A.C.	Niall	Condron	MS	
Carrick Aces A.C.	Shane	Connolly	M40	
Carrick Aces A.C.	Caroline	Corey	FS	
Carrick Aces A.C.	Michael	Gallagher	M45	
Carrick Aces A.C.	Roger	Hanratty	M45	
Carrick Aces A.C.	Alan	Hill	M40	
Carrick Aces A.C.	Paul	Keenan	M35	
Carrick Aces A.C.	Damian	Martin	M45	
Carrick Aces A.C.	Patrick	McCabe	M40	
Carrick Aces A.C.	Martin	McCahey	M45	
Carrick Aces A.C.	Niamh	McCarthy	FS	
Carrick Aces A.C.	Eithne	McGorman	F35	
Carrick Aces A.C.	Ann	O'Rourke	F45	

Club	First Name	Last Name	Cat	Declared Team
Carrick Aces A.C.	Fergal	Quinn	M40	
Carrick Aces A.C.	Liam	Ryan	M45	
Carrick Aces A.C.	Darragh	Scott	M35	
Carrick Aces A.C.	Elaine	Walls	F45	
Carrick-on-Shannon A.C.	Dean	Beirne	MS	
Carrick-on-Shannon A.C.	Melissa	Doohan	FS	
Carrick-on-Shannon A.C.	Bernard	Greene	M40	
Carrick-on-Shannon A.C.	Adrian	Lyons	M50	
Carrick-on-Shannon A.C.	Helen	O Gara	F35	
Carrick-on-Shannon A.C.	Sarah	Towey	F40	
Carrick-on-Suir A.C.	Raymond	Bourke	M40	
Carrick-on-Suir A.C.	Andrew	Downey	M40	
Carrick-on-Suir A.C.	Brian	Graham	M35	
Carrick-on-Suir A.C.	Brian	Murphy	M35	
Carrick-on-Suir A.C.	Darren	O'Loughlin	MS	
Carrick-on-Suir A.C.	Michael	O'Sullivan	M45	
Carrick-on-Suir A.C.	Seamus	Ward	M50	
Carrigaline Road Runners A.C.	Kieran	Curtin	MS	
Carrigaline Road Runners A.C.	Declan	Grogan	M40	
Carrigaline Road Runners A.C.	Elaine	Oughton	F35	
Castlecomer A.C.	Karen	Allen	F40	
Castlegar A.C.	Shane	Begley	M35	M35
Castlegar A.C.	Liam	Curran	M35	M35
Castlegar A.C.	Colm	Scully	M50	
Celbridge A.C.	Edel	Bailey	F45	
Celbridge A.C.	Stephen	Coller	M35	
Celbridge A.C.	Eavan	Connolly	MS	
Celbridge A.C.	Stephen	Conroy	MS	
Celbridge A.C.	Joanne	Cooley	F45	
Celbridge A.C.	Gary	Cribben	M35	
Celbridge A.C.	Brendan	Curley	M35	
Celbridge A.C.	John	Dixon	M45	
Celbridge A.C.	Peter	Donohue	M55	
Celbridge A.C.	Kevin	Ecock	M60	
Celbridge A.C.	Gary	Finnegan	M35	
Celbridge A.C.	Caitriona	Flynn	F35	
Celbridge A.C.	David	Hayes	M40	
Celbridge A.C.	James	Hoare	MS	
Celbridge A.C.	Martin	Hoare	MS	
Celbridge A.C.	Eamon	Hourihane	M45	
Celbridge A.C.	Alan	Kavanagh	M40	
Celbridge A.C.	David	Kinsella	M40	
Celbridge A.C.	Pedro	Lopez	M40	
Celbridge A.C.	Christy	Maloney	M50	
Celbridge A.C.	Michelle	McCabe	F45	
Celbridge A.C.	Shane	McCarthy	M45	
Celbridge A.C.	Conor	McDonald	MS	
Celbridge A.C.	Elaine	McDonnell	F35	

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Celbridge A.C.	Sandra	McLaughlin	F45	
Celbridge A.C.	David	McMahon	M35	
Celbridge A.C.	Eoin	McManus	MS	
Celbridge A.C.	Ian	McManus	MS	
Celbridge A.C.	JASON	MILEY	M35	
Celbridge A.C.	Claire	Millar	F40	
Celbridge A.C.	Paddy	Moran	M40	
Celbridge A.C.	Owen	Mulvaney	M45	
Celbridge A.C.	Tierna	Murphy	F35	
Celbridge A.C.	Mark	Newton	MS	
Celbridge A.C.	Dee	OToole	FS	
Celbridge A.C.	Roisin	Ryan	F40	
Cilles A.C.	Caroline	Conroy	F50	
Cilles A.C.	Brona	Cromwell	F40	
Cilles A.C.	Graham	Devitt	M40	
Cilles A.C.	Tim	Donnelly	M45	
Cilles A.C.	Susan	Kielty	F40	
Cilles A.C.	Ciara	Lenihan Murphy	F35	
Cilles A.C.	Deirdre	McNulty	F40	
Cilles A.C.	Alan	Mulligan	M35	
Cilles A.C.	Karen	Mulligan	F45	
City of Derry AC Spartans	Kyle	Doherty	MS	SENIOR
City of Derry AC Spartans	Mark	Long	MS	SENIOR
City of Derry AC Spartans	Gavin	McGlinchey	M40	M35
City of Derry AC Spartans	Rob	Stewart	M50	
City of Lisburn AC	Eimear	McCracken	F35	
City of Lisburn AC	Paul	McCullagh	M55	
City of Lisburn AC	Seamus	McKillop	M50	
City of Lisburn AC	Stephen	Reid	M50	
City of Lisburn AC	Rhiannon	Rose	F50	
City of Lisburn AC	Ian	Steele	M50	
Civil Service A.C.	Avril	Birmingham	F45	
Civil Service A.C.	Mark	Carroll	M40	
Civil Service A.C.	Siobhan	Carroll	F40	
Civil Service A.C.	Orla	Cox	F40	
Civil Service A.C.	Andy	Davies	M55	
Civil Service A.C.	Eóin	Devlin	MS	
Civil Service A.C.	Stephen	Downey	M35	
Civil Service A.C.	Andrea	Doyle	M40	
Civil Service A.C.	Brendan	Farrell	M40	
Civil Service A.C.	Tania	Finn	F45	
Civil Service A.C.	Michelle	Furlong	FS	
Civil Service A.C.	Ashleigh	Irvine	FS	
Civil Service A.C.	Eppie	Jones	FS	
Civil Service A.C.	Alan	Julian	M50	
Civil Service A.C.	Maurice	Kennelly	M35	
Civil Service A.C.	Kevin	Laide	M35	
Civil Service A.C.	Maeve	McQuillan	FS	

Club	First Name	Last Name	Cat	Declared Team
Civil Service A.C.	John	Meagher	M40	
Civil Service A.C.	Marie	Norris	F45	
Civil Service A.C.	Darren	Pollard	M40	
Civil Service A.C.	Martin	Prunty	M40	
Civil Service A.C.	Brid	Ryan	F35	
Civil Service A.C.	Noel	Ryan	M40	
Civil Service A.C.	Sunil	Singh	MS	
Civil Service A.C.	Ronan	Ward	M60	
Clane A.C.	John	Finn	M45	
Clane A.C.	John	Finn	M45	
Clane A.C.	Paul	Hawkins	M50	
Clane A.C.	Niall	Heffernan	M40	
Clane A.C.	Ken	McManamon	M45	
Clare River Harriers A.C.	John	Flaherty	M35	
Clare River Harriers A.C.	Colman	Greene	M50	
Clare River Harriers A.C.	Michael	Healy	M40	
Clare River Harriers A.C.	Pat	Murphy	M40	
Clare River Harriers A.C.	Gerry	Rohan	M50	
Clonakilty Road Runners	Eileen	Collins	F40	
Clonakilty Road Runners	Karin	Connolly	F45	
Clonakilty Road Runners	Shane	Deasy	MS	
Clonakilty Road Runners	Jean	Farrelly	F45	
Clonakilty Road Runners	Eilish	kingston	F45	
Clonakilty Road Runners	PAUL	KINGSTON	M40	
Clonakilty Road Runners	Noel	Lawlor	M50	
Clonakilty Road Runners	Liam	Lyons	M35	
Clonakilty Road Runners	Aoife	McAuley	F35	
Clonakilty Road Runners	caroline	O Donovan	F40	
Clonakilty Road Runners	Conan	O'donovan	MS	
Clonakilty Road Runners	Ruadh	Ó'Fearghail	M45	
Clonakilty Road Runners	Michelle	O'Regan	M35	
Clonakilty Road Runners	Aidan	Scally	M50	
Clonakilty Road Runners	NORMA	STEWARD	F40	
Clonakilty Road Runners	John	Twomey	M40	
Clonakilty Road Runners A.C.	Aidan	Scally	M50	
Clones A.C.	Christopher	Audley	M35	
Clones A.C.	Mark	Caughey	M45	
Clones A.C.	Niall	Maguire	M40	
Clonliffe Harriers A.C.	Anthony	Doran	MS	
Clonliffe Harriers A.C.	Aisling	Andrews	FS	
Clonliffe Harriers A.C.	Mark	Birmingham	M45	
Clonliffe Harriers A.C.	Aideen	Brady	F35	
Clonliffe Harriers A.C.	Emer	Brennan	FS	
Clonliffe Harriers A.C.	Evelyn	Brennan	F50	
Clonliffe Harriers A.C.	Sergiu	Cabiano	MS	
Clonliffe Harriers A.C.	Emma	Cooper	F40	
Clonliffe Harriers A.C.	Alan	Curley	M35	
Clonliffe Harriers A.C.	Melissa	Curran	F35	

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Clonliffe Harriers A.C.	Pat	Devitt	M65	
Clonliffe Harriers A.C.	Mark	Dowling	MS	
Clonliffe Harriers A.C.	Stephen	Doyle	M35	
Clonliffe Harriers A.C.	James	Dunne	M35	
Clonliffe Harriers A.C.	Andrew	Eustace	M45	
Clonliffe Harriers A.C.	Dermot	Faughnan	M40	
Clonliffe Harriers A.C.	Michael	Gleeson	M40	
Clonliffe Harriers A.C.	Niall	Gorman	M40	
Clonliffe Harriers A.C.	Thomas jnr	Griffin	M45	
Clonliffe Harriers A.C.	Darren	Hogan	M35	
Clonliffe Harriers A.C.	Alan	Hughes	M55	
Clonliffe Harriers A.C.	Caroline	Hynes	F40	
Clonliffe Harriers A.C.	Damien	Kelly	M35	
Clonliffe Harriers A.C.	Laura	Kernan	F40	
Clonliffe Harriers A.C.	Colm	Leonard	M50	
Clonliffe Harriers A.C.	anne	lyons	F50	
Clonliffe Harriers A.C.	Colm	MacDonhnail	M45	
Clonliffe Harriers A.C.	David	Mansfield	MS	
Clonliffe Harriers A.C.	Maura	Matthews	F40	
Clonliffe Harriers A.C.	Matthew	Mc Guinness	M35	
Clonliffe Harriers A.C.	Joanne	McCabe	F40	
Clonliffe Harriers A.C.	Maurice	McCrohan	M50	
Clonliffe Harriers A.C.	David	Mullen	MS	
Clonliffe Harriers A.C.	Karl	Nolan	MS	
Clonliffe Harriers A.C.	Anthony	O'Brien	M50	
Clonliffe Harriers A.C.	Niall	O'Connor	M40	
Clonliffe Harriers A.C.	Gary	O'Hanlon	M40	
Clonliffe Harriers A.C.	Paul	O'Loughlin	M45	
Clonliffe Harriers A.C.	Alison	O'Sullivan	F40	
Clonliffe Harriers A.C.	ollie	power	M45	
Clonliffe Harriers A.C.	Janette	Reid	F45	
Clonliffe Harriers A.C.	Robert	Reid	M50	
Clonliffe Harriers A.C.	Philip	Richards	M50	
Clonliffe Harriers A.C.	Shane	Rooney	M40	
Clonliffe Harriers A.C.	Stephen	Scullion	MS	
Clonliffe Harriers A.C.	Lorraine	Sherwood	F50	
Clonliffe Harriers A.C.	Lorraine	Sherwood	F50	
Clonliffe Harriers A.C.	Alan	Townsend	M45	
Clonliffe Harriers A.C.	Stephen	Treacy	M40	
Clonliffe Harriers A.C.	Wayne	Walker	MS	
Clonliffe Harriers A.C.	Alan	Worrall	M45	
Clonmel A.C.	Jimmy	Boland	MS	
Clonmel A.C.	Gloria	Boles	F35	
Clonmel A.C.	Tom	Bourke	M50	
Clonmel A.C.	Niall	Brannigan	M35	
Clonmel A.C.	Josephine	Brett	F45	
Clonmel A.C.	Kenny	Brett	M40	
Clonmel A.C.	Aine	Butler	F45	

Club	First Name	Last Name	Cat	Declared Team
Clonmel A.C.	Tom	Butler	M45	
Clonmel A.C.	Alan	Carter	M40	
Clonmel A.C.	John	Connor	M40	
Clonmel A.C.	Mark	Corcoran	M45	
Clonmel A.C.	James	Denn	M40	
Clonmel A.C.	Rebecca	Doocey	F35	
Clonmel A.C.	Michael	Egan	MS	
Clonmel A.C.	Ciaran	Fahey	M50	
Clonmel A.C.	Deirdre	Fahey	F50	
Clonmel A.C.	Claire	Falvey	F40	
Clonmel A.C.	Joseph	Feery	MS	
Clonmel A.C.	Conor	Fleming	M50	
Clonmel A.C.	Cyril	Fogarty	M50	
Clonmel A.C.	Noel	Gillman	M50	
Clonmel A.C.	Paula	Greally	FS	
Clonmel A.C.	Shane	Greene	M40	
Clonmel A.C.	Susan	Hickey	FS	
Clonmel A.C.	Grzegorz	Kecik	M40	
Clonmel A.C.	Sinead	Kennedy	F50	
Clonmel A.C.	John	Laste	M55	
Clonmel A.C.	Cathy	Mansfield	F40	
Clonmel A.C.	Mellissa	McCarthy	F35	
Clonmel A.C.	Cornelius	McFadden	M50	
Clonmel A.C.	Anne	McGarry	F35	
Clonmel A.C.	Siobhan	McHugh	F45	
Clonmel A.C.	Vincent	McHugh	M40	
Clonmel A.C.	Billy	Moloney	MS	
Clonmel A.C.	Sean	O Dea	M50	
Clonmel A.C.	Helen	O Ceallaigh	F45	
Clonmel A.C.	Pat	O Connor	M45	
Clonmel A.C.	Caroline	O Donoghue	F40	
Clonmel A.C.	Eward	O Donoghue	M40	
Clonmel A.C.	Nigel	O Flaherty	M40	
Clonmel A.C.	Grainne	O Malley	F40	
Clonmel A.C.	Graham	O'Regan	M40	
Clonmel A.C.	Ian	Patterson	M40	
Clonmel A.C.	John	Perry	M45	
Clonmel A.C.	Sheila	Perry	F45	
Clonmel A.C.	Anthony	Power	M55	
Clonmel A.C.	Neil	Proven	M50	
Clonmel A.C.	Sancha	Quigley	MS	
Clonmel A.C.	Keith	Robinson	M35	
Clonmel A.C.	Edel	Roche	F35	
Clonmel A.C.	David`	Ryan	M40	
Clonmel A.C.	Donal	Ryan	M45	
Clonmel A.C.	Lizzie	Ryan	F50	
Clonmel A.C.	Michael	Ryan	M45	
Clonmel A.C.	Suzanne	Shine	F40	

Club	First Name	Last Name	Cat	Declared Team
Clonmel A.C.	Julie	Tideswell	F50	
Clonmel A.C.	Kealey	Tideswell	FS	
Clonmel A.C.	Brian	Tyrrell	M40	
Clonmel A.C.	Benny	Walsh	M40	
Clonmel A.C.	Pat	Walsh	M45	
Clonmel A.C.	Brendan	Walshe	M40	
Club Pulse Runners	Arlene	Carlisle	F40	
Club Pulse Runners	John	McParland	M35	
Club Pulse Runners	Mark	Winters	M45	
Co Antrim Harriers	Aaron	Anderson	M35	
Co Antrim Harriers	Kim	Gleave	F55	
Co Antrim Harriers	Stuart	Gowans	M40	
Co Antrim Harriers	Rachael	Lloyd	F40	
Co Antrim Harriers	Marion	Morrow	F55	
Co Antrim Harriers	Louise	Smart	F35	
Co Antrim Harriers	Eileen	Stewart	F60	
Co Antrim Harriers	Andrew	Wilson	M40	
Convoy A.C.	Kay	Bonner	F55	
Convoy A.C.	Josephine	Donaghey	F40	
Convoy A.C.	Kelda	Gibson	F35	
Convoy A.C.	Shelley	Gillespie	F35	
Convoy A.C.	Louise	Goudie	F40	
Convoy A.C.	Tanya	Hall	F40	
Convoy A.C.	Martin	Jordan	M35	
Convoy A.C.	Michael	Jordan	M40	
Convoy A.C.	Andrew	Leighton	M45	
Convoy A.C.	John	Mailey	M40	
Convoy A.C.	Brid	McCafferty	F50	
Convoy A.C.	Elaine	Parke	F40	
Convoy A.C.	Nicola	Patterson	F45	
Coolquill A.C.	Kay	White	F50	
Corofin A.C.	Brenda	Burke Egan	F40	
Corran A.C	Darren	Aldridge	M40	
Corran A.C	Kieran	Coleman	M45	
Corran A.C	Ciaran	Garry	M40	
Corran A.C	Sandra	Lang	F35	
Corran A.C	Dermot	McGlone	M45	
Corran A.C	Alan	Stafford	M40	
Craughwell A.C.	Elisha	Daniels	F35	
Craughwell A.C.	Rena	Deely	F45	
Craughwell A.C.	Laura	Dolan	F40	
Craughwell A.C.	Brian	Gorman	M45	
Craughwell A.C.	Kathleen (Katie)	Gorman	F45	
Craughwell A.C.	Margaret	Murphy	M40	
Craughwell A.C.	Siobhan	Niland	F40	
Craughwell A.C.	Declan	O'Leary	M40	
Craughwell A.C.	Kay	Touhy	F45	
Croghan A.C.	Melissa	Boland	FS	

Club	First Name	Last Name	Cat	Declared Team
Croghan A.C.	Nicky	Boland	M45	
Croghan A.C.	Brendan	Brogan	M35	
Croghan A.C.	Anna	Bushe	FS	
Croghan A.C.	Susan	Dixon	F35	
Croghan A.C.	Gary	Doyle	MS	
Croghan A.C.	Derek	Herbage	M45	
Croghan A.C.	Suzanne	Keane	F35	
Croghan A.C.	Mary	Kennedy	F45	
Croghan A.C.	Colin	McShane	M40	
Croghan A.C.	Mark	Poole	M35	
Croghan A.C.	Philip	Redmond	M35	
Croghan A.C.	Keith	Wallace	MS	
Crusaders A.C.	Gian Piero	Allerta	M45	M35
Crusaders A.C.	Celine	Bonce	F35	F35
Crusaders A.C.	Dominick	Branigan	M35	M35
Crusaders A.C.	Robert	Browne	MS	SENIOR
Crusaders A.C.	Diarmuid	Byrne	MS	SENIOR
Crusaders A.C.	Robert	Cahill	M40	M35
Crusaders A.C.	Olan	Callanan	M35	
Crusaders A.C.	Siobhan	Campion	FS	SENIOR
Crusaders A.C.	Aoife	Clarke	FS	SENIOR
Crusaders A.C.	Thomas	Clarke	M40	M35
Crusaders A.C.	Lucy	Collender	FS	SENIOR
Crusaders A.C.	Fergal	Condron	MS	SENIOR
Crusaders A.C.	James	Cottle	M60	M50
Crusaders A.C.	Paul	Dempsey	M35	M35
Crusaders A.C.	Jean	Devlin	F35	F35
Crusaders A.C.	Aisling	Dilworth	FS	SENIOR
Crusaders A.C.	Gavan	Doherty	M40	M35
Crusaders A.C.	Aidan	Doyle	M35	SENIOR
Crusaders A.C.	Joe	Dunne	M50	M50
Crusaders A.C.	Niall	Dunne	MS	SENIOR
Crusaders A.C.	Olwyn	Dunne	F50	F35
Crusaders A.C.	Tommy	Faherty	MS	SENIOR
Crusaders A.C.	Diarmuid	Fahey	MS	SENIOR
Crusaders A.C.	Victor	Fairbrother	M50	M50
Crusaders A.C.	Eoin	Farrington	MS	
Crusaders A.C.	Eoin	Farrington	MS	
Crusaders A.C.	Mary	Fitzsimons	F45	F35
Crusaders A.C.	Mike	Fong	M35	M35
Crusaders A.C.	Ger	Forde	M35	M35
Crusaders A.C.	Paraic	Gallagher	M35	M35
Crusaders A.C.	Kiera	Gleeson	FS	SENIOR
Crusaders A.C.	Frank	Halligan	MS	SENIOR
Crusaders A.C.	Philip	Hamilton	M35	M35
Crusaders A.C.	Ann Marie	Horgan	F35	
Crusaders A.C.	Lesley Lluyd	Hughes	FS	
Crusaders A.C.	Nina	Hurley	F35	F35

Club	First Name	Last Name	Cat	Declared Team
Crusaders A.C.	Donatas	Jocius	MS	SENIOR
Crusaders A.C.	Adrienne	Jordan	F40	F35
Crusaders A.C.	Niall	Kelly	MS	SENIOR
Crusaders A.C.	Paul	Kelly	M35	
Crusaders A.C.	Maria	Kennedy	F35	F35
Crusaders A.C.	James	Kershaw	MS	SENIOR
Crusaders A.C.	Micheal	Killeen	MS	SENIOR
Crusaders A.C.	Fintan	Lawler	M50	M50
Crusaders A.C.	Ciara	Lehane	F35	F35
Crusaders A.C.	Miriam	Logan	FS	SENIOR
Crusaders A.C.	Leo	Lundy	M50	M50
Crusaders A.C.	Ciara	Lynch	FS	SENIOR
Crusaders A.C.	Kevin	Lynch	MS	SENIOR
Crusaders A.C.	John	Mannion	MS	
Crusaders A.C.	Robert	Manson	M45	M35
Crusaders A.C.	Donnacha	McCarthy	MS	SENIOR
Crusaders A.C.	Eugene	McDonough	M35	M35
Crusaders A.C.	Katie	McElroy	FS	
Crusaders A.C.	Barry	McGuire	M40	M35
Crusaders A.C.	James	Moran	MS	SENIOR
Crusaders A.C.	Stephen	Mulligan	M45	M35
Crusaders A.C.	Denis	Murphy	M55	M50
Crusaders A.C.	Russell	Murphy	M50	M50
Crusaders A.C.	Kate	Murray	F40	F35
Crusaders A.C.	Phelim	Murray	MS	SENIOR
Crusaders A.C.	Patrick	Needham	M40	M35
Crusaders A.C.	Damien	O'Brien	MS	SENIOR
Crusaders A.C.	Niall	O'Connell	M40	M35
Crusaders A.C.	Aisling	O'Connor	FS	SENIOR
Crusaders A.C.	Maureen	O'Donohue	FS	
Crusaders A.C.	Brian	O'Kelly	MS	SENIOR
Crusaders A.C.	Brian	O'Kelly	MS	
Crusaders A.C.	William	Owens	M35	M35
Crusaders A.C.	Pat	Quill	M50	M50
Crusaders A.C.	Niamh	Quinn	FS	SENIOR
Crusaders A.C.	Kevin	Regan	MS	SENIOR
Crusaders A.C.	Noel	Reilly	M35	SENIOR
Crusaders A.C.	Kristy	Ryan	F35	F35
Crusaders A.C.	Darina	Scully	FS	SENIOR
Crusaders A.C.	Sean	Smith	M35	M35
Crusaders A.C.	Mike	Stewart	M45	M35
Crusaders A.C.	Warren	Swords	M35	M35
Crusaders A.C.	Ela	Szkamruk	F35	F35
Crusaders A.C.	Andrea	Talpo	F40	
Crusaders A.C.	Ali Onur	Uyar	M40	M35
Crusaders A.C.	Helena	Walsh	F35	
Derg A.C.	Deirdre	Finn	F50	
Derg A.C.	Cormac	Flannery	M40	

Club	First Name	Last Name	Cat	Declared Team
Derg A.C.	Maeve	Flannery	F35	
Derg A.C.	Enda	Joyce	MS	
Derg A.C.	Michael	Kelly	M50	
Derg A.C.	caroline	madden	FS	
Derg A.C.	noel	moroney	M35	
Derg A.C.	Darren	O'Brien	MS	
Donadea Running Club	Glenn	Brennan	M40	
Donadea Running Club	Mary	Brennan	F40	
Donadea Running Club	Paula	Burcheal	FS	
Donadea Running Club	Marie	Carolan	F50	
Donadea Running Club	Alan	Clifford	M40	
Donadea Running Club	Fiona	Collins	F40	
Donadea Running Club	John-Joe	Cosgrove	M40	
Donadea Running Club	Brendan	Dowd	M35	
Donadea Running Club	Hannah	Fothergill	FS	
Donadea Running Club	Emma	Gurren	FS	
Donadea Running Club	James	Heggie	M45	
Donadea Running Club	Karen	Hurley	F40	
Donadea Running Club	Conor	Lavery	MS	
Donadea Running Club	Brian	Lee	M40	
Donadea Running Club	Evelyn	Leonard	F50	
Donadea Running Club	Andrew	Meehan	M40	
Donadea Running Club	Lorraine	Powell	F40	
Donadea Running Club	Tara	Shirley	F40	
Donadea Running Club	Clare	Skelton	F50	
Donore Harriers	Ariana	Ball	FS	SENIOR
Donore Harriers	Tony	Barry	M35	
Donore Harriers	Michael	Barry snr	M35	
Donore Harriers	Luke	Boland	MS	
Donore Harriers	Diane	Bourke	F40	F35
Donore Harriers	Deirdre	Brennan	F40	F35
Donore Harriers	Sean	Browne	M35	
Donore Harriers	Lee	Chambers	FS	SENIOR
Donore Harriers	Daryl	Clement D'Art	M40	
Donore Harriers	Arthur	Connick	M50	M50
Donore Harriers	Kenneth	Cronin	M55	M50
Donore Harriers	Anne	Curley	F45	SENIOR
Donore Harriers	Florence	Curley	F40	SENIOR
Donore Harriers	Michelle	Dawson	F35	F35
Donore Harriers	Stephen	Dawson	M35	
Donore Harriers	Marianne	Dunlevy	F35	F35
Donore Harriers	Pat	Egan	M35	
Donore Harriers	Angela	Eustace	F45	F35
Donore Harriers	Alan	Farrell	M45	
Donore Harriers	Sean	Fox	M40	
Donore Harriers	Peter	Gaffney	M45	
Donore Harriers	Sinead	Graham	F35	F35
Donore Harriers	Tony	Griffin	M55	M50

Club	First Name	Last Name	Cat	Declared Team
Donore Harriers	Eoin	Hannon	M35	
Donore Harriers	Fiona	Hegarty	FS	
Donore Harriers	Philip	Hennessy	M45	
Donore Harriers	Jo	Hughes	F45	F35
Donore Harriers	Michelle	Kelly	F45	
Donore Harriers	Grace	Kennedy	FS	SENIOR
Donore Harriers	Declan	Lynch	M35	
Donore Harriers	Dana	Mackey	F45	F35
Donore Harriers	Andrew	Maguire	M50	
Donore Harriers	Anna	McMahon	F35	
Donore Harriers	Orlaith	McMahon	FS	
Donore Harriers	Patrick	Moriarty	M40	
Donore Harriers	Claire	Morrissey	F35	F35
Donore Harriers	Christopher	Muldoon	M40	
Donore Harriers	Ken	Norgrove	M45	
Donore Harriers	Oliver	O Hara	M40	
Donore Harriers	Daniel	O'Farrell	M35	
Donore Harriers	Niamh	O'Reilly	F45	
Donore Harriers	Declan	Raftery	M45	
Donore Harriers	Ian	Redican	M40	
Donore Harriers	Shane	Russell	MS	
Donore Harriers	Cariosa	Walsh	F45	
Donore Harriers	Fergal	Whitty	M40	
Donore Harriers	Ioana	Costa	FS	
Donore Harriers	Pam	White	FS	SENIOR
Donoughmore A.C.	Vincent	Buckley	M40	
Donoughmore A.C.	Mark	Bulman	M50	
Donoughmore A.C.	Maureen	Cremin	F40	
Donoughmore A.C.	Kieran	Crowley	M45	
Donoughmore A.C.	Conor	Fox	M45	
Donoughmore A.C.	Annette	Golden	F45	
Donoughmore A.C.	Paul	Healy	M45	
Donoughmore A.C.	Jim	Lawton	M45	
Donoughmore A.C.	Liam	Lynch	M55	
Donoughmore A.C.	Colm	Menton	M45	
Donoughmore A.C.	Niamh	Menton	F45	
Donoughmore A.C.	Brenda	O'Connell	F45	
Dooneen A.C.	Robbie	Bannon	M45	
Dooneen A.C.	Michelle	English	F35	
Dooneen A.C.	Ger	Harte	M40	
Dooneen A.C.	Catriona	Hassett	M40	
Dooneen A.C.	Claire	Knight	F55	
Dooneen A.C.	Michael	Nolan	M40	
Dooneen A.C.	Joseph	O'Brien	M35	
Dooneen A.C.	Colin	O'Flynn	M40	
Dooneen A.C.	Shona	O'Flynn	FS	
Dooneen A.C.	Liam	OHora	M50	
Dooneen A.C.	Karen	Raine	F35	

Club	First Name	Last Name	Cat	Declared Team
Dooneen A.C.	Eileen	Reeves	F50	
Dooneen A.C.	Shane	Ryan	MS	
Dooneen A.C.	David	Toomey	M35	
Drogheda & District A.C.	David	Birch	M45	
Drogheda & District A.C.	Donna	Brady	F40	
Drogheda & District A.C.	Paula	Branigan	F50	
Drogheda & District A.C.	Alison	Browne	F40	
Drogheda & District A.C.	Mick	Chawke	M40	
Drogheda & District A.C.	Sarah	Clarke	F40	
Drogheda & District A.C.	John	Cooper	M45	
Drogheda & District A.C.	Linda	Cruise	F45	
Drogheda & District A.C.	Karen	Delaney	F50	
Drogheda & District A.C.	Helen	Dillon	F35	
Drogheda & District A.C.	Terri	Durnin	F50	
Drogheda & District A.C.	Elaine	Fallon	FS	
Drogheda & District A.C.	Gillian	Farrelly	F40	
Drogheda & District A.C.	Gerard	Fay	M45	
Drogheda & District A.C.	Sharon	Finn	F40	
Drogheda & District A.C.	Stephen	Floyd	M40	
Drogheda & District A.C.	Stephen	Geraghty	M35	
Drogheda & District A.C.	Adrian	Gogarty	M45	
Drogheda & District A.C.	David	Gough	M45	
Drogheda & District A.C.	Brian	Guilfoyle	M45	
Drogheda & District A.C.	Julie	Halton	F40	
Drogheda & District A.C.	Carmel	Keenan	F45	
Drogheda & District A.C.	James	Keenan	M45	
Drogheda & District A.C.	Stephen	Kelly	M40	
Drogheda & District A.C.	Ged	Kenny	M45	
Drogheda & District A.C.	Artur	Kuwik	M40	
Drogheda & District A.C.	Colin	Leonard	MS	
Drogheda & District A.C.	Paul	Mallon	M40	
Drogheda & District A.C.	Enda	Martin	M45	
Drogheda & District A.C.	Niamh	Matthews	F45	
Drogheda & District A.C.	Helga	McDonnell	F45	
Drogheda & District A.C.	Sinead	McGuinness	F35	
Drogheda & District A.C.	Declan	Monaghan	M40	
Drogheda & District A.C.	Gerry	Mullins	M50	
Drogheda & District A.C.	Fergal	Myles	MS	
Drogheda & District A.C.	Knut	Nielsen	M45	
Drogheda & District A.C.	Ruaidhri	Nolan	M35	
Drogheda & District A.C.	Michelle	O'Brien	FS	
Drogheda & District A.C.	Pol	O'Murchu	M35	
Drogheda & District A.C.	David	O'Neill	MS	
Drogheda & District A.C.	colm	reilly	MS	
Drogheda & District A.C.	John	Reilly	M50	
Drogheda & District A.C.	David	Rothwell	M35	
Drogheda & District A.C.	Joy	Tegart	F40	
Drogheda & District A.C.	Roger	Tegart	M45	

Club	First Name	Last Name	Cat	Declared Team
Drogheda & District A.C.	Cariona	Tuite	F40	
Drogheda & District A.C.	Paddy	Ward	M45	
Dromahane Road Runners A,C,	Damien	O'Keefe	M40	
Dromahane Road Runners A,C,	Kevin	Quaid	M40	
Dromore AC	Colin	Atkinson	M50	
Dromore AC	Norma	Campbell	FS	
Dromore AC	Lisa	Corbett	F35	
Dromore AC	Diane	Cordner	F50	
Dromore AC	Jonathan Patrick	Davis	MS	
Dromore AC	Andrew	Gibson	M35	
Dromore AC	Johnny	McKinley	M45	
Dromore AC	Michael	McLernon	MS	
Dromore AC	Susan	Smyth	F35	
Drumshanbo A.C.	Breda	Bohan	FS	
Drumshanbo A.C.	Cora	Connolly Regan	F35	
Drumshanbo A.C.	Regina	Foley	F35	
Drumshanbo A.C.	Donna	Hogan	F40	
Drumshanbo A.C.	Sharon	McGourty	F35	
Drumshanbo A.C.	CYRIL	MCKEON	M50	
Drumshanbo A.C.	Linda	Mollohan	F35	
Dub Running Club	Neil	Curran	M40	
Dub Running Club	James	Guin	M45	
Dub Running Club	Andrew	McDermott	MS	
Dub Running Club	Sean	O'Hagan	M40	
Dublin Bay Running Club	Jenny	Bowers	FS	
Dublin Bay Running Club	Stephen	Boyne	M40	
Dublin Bay Running Club	George	Brady	M35	
Dublin Bay Running Club	Barry	Casserly	MS	
Dublin Bay Running Club	Tom	Cassidy	M45	
Dublin Bay Running Club	Joseph	Cole	M35	
Dublin Bay Running Club	Ger	Copeland	M40	
Dublin Bay Running Club	Colin	Doolan	MS	
Dublin Bay Running Club	Enda	Dunne	M45	
Dublin Bay Running Club	Stephen	Egan	M50	
Dublin Bay Running Club	Tracy	Flanagan	F45	
Dublin Bay Running Club	Mark	Hughes	M40	
Dublin Bay Running Club	Joe	Kiernan	M45	
Dublin Bay Running Club	Ann	McDonald	F50	
Dublin Bay Running Club	Ronan	Misteil	MS	
Dublin Bay Running Club	Erwin	Noel	M45	
Dublin Bay Running Club	Ruadhan	O Laoi	MS	
Dublin Bay Running Club	Gary	O'Daly	MS	
Dublin Bay Running Club	Niamh	O'Daly	F35	
Dublin Bay Running Club	John	O'Mahony	M50	
Dublin Bay Running Club	Gary	Power	M35	
Dublin Bay Running Club	Tom	Reynolds	M45	
Dublin Bay Running Club	Gary	Seery	M40	
Dublin Bay Running Club	Jennifer	Sharkey	F35	

Club	First Name	Last Name	Cat	Declared Team
Dublin Bay Running Club	Anthony	Sheridan	M40	
Dublin Bay Running Club	Darren	Sheridan	MS	
Dublin Bay Running Club	Gavin	Tobin	M40	
Dublin Front Runners A.C.	Derek	Bell	M65	
Dublin Front Runners A.C.	Lydia	Bigley	F40	
Dublin Front Runners A.C.	Aidan	Connolly	MS	SENIOR
Dublin Front Runners A.C.	Robert	Corr	M65	
Dublin Front Runners A.C.	Robert	Corr	M65	SENIOR
Dublin Front Runners A.C.	colm	corrigan	MS	SENIOR
Dublin Front Runners A.C.	Luiz	Dasilva	M50	
Dublin Front Runners A.C.	Roger	Dowds	M55	
Dublin Front Runners A.C.	Angela	Gallagher	F40	
Dublin Front Runners A.C.	Sean	Lynch	M35	
Dublin Front Runners A.C.	Paul	Mc Walter	MS	SENIOR
Dublin Front Runners A.C.	Ashley	McCall	FS	
Dublin Front Runners A.C.	Oliver	McCrohan	M40	
Dublin Front Runners A.C.	Alan	McEntee	MS	SENIOR
Dublin Front Runners A.C.	Mark	McGarrity	M45	
Dublin Front Runners A.C.	Denise	Moloney	M45	
Dublin Front Runners A.C.	Seamus	Moore	M40	
Dublin Front Runners A.C.	Thomas	O'Connor	M50	
Dublin Front Runners A.C.	Eric	Reyes	M40	
Dublin Front Runners A.C.	Michael	Smyth	M40	
Duhallow A.C.	Stephen	O Regan	M35	
Duhallow A.C.	Patrick	O, Keeffe	F45	
Duleek & District A.C.	Ken	Brady	M45	
Duleek & District A.C.	Stephen	Burke	MS	
Duleek & District A.C.	Anita	Carolan	F40	
Duleek & District A.C.	Lisa	Chambard	F35	
Duleek & District A.C.	Eric	Devine	M40	
Duleek & District A.C.	Greg	Dixon	M45	
Duleek & District A.C.	Susan	Durnin	F40	
Duleek & District A.C.	Steve	Gallagher	M40	
Duleek & District A.C.	Keith	Horgan	M40	
Duleek & District A.C.	Paddy	Lennon	M50	
Duleek & District A.C.	Derek	Reilly	M35	
Duleek & District A.C.	Olivia	Woods	F40	
Dunboyne A.C.	Jackie	Brannigan	F45	
Dunboyne A.C.	Siobhan	Campbell	F50	
Dunboyne A.C.	John	Carney	M35	
Dunboyne A.C.	Donal	Cashin	M40	
Dunboyne A.C.	Jennifer	Clancy	F35	
Dunboyne A.C.	Fintan	Crehan	M40	
Dunboyne A.C.	Emilia	Dan	F45	
Dunboyne A.C.	Stephen	Devlin	MS	
Dunboyne A.C.	David	Dolan	M40	
Dunboyne A.C.	Elaine	Donovan	F45	
Dunboyne A.C.	Alan	Doyle	MS	

Club	First Name	Last Name	Cat	Declared Team
Dunboyne A.C.	Stephen	Doyle	M45	
Dunboyne A.C.	John	Eager	M45	
Dunboyne A.C.	Derek	Finegan	M40	
Dunboyne A.C.	Deirdre	Fitzsimons	F45	
Dunboyne A.C.	Tim	Fogarty	M45	
Dunboyne A.C.	Michael	Foy	M45	
Dunboyne A.C.	David	Galbraith	MS	
Dunboyne A.C.	Liam	Grant	M35	
Dunboyne A.C.	Stephen	Griffin	M40	
Dunboyne A.C.	Rob	Hale	M45	
Dunboyne A.C.	Geoff	Hamilton	M50	
Dunboyne A.C.	Sarah Marie	Hamilton	F45	
Dunboyne A.C.	Heather	Harold Clarke	F45	
Dunboyne A.C.	John	Holian	M50	
Dunboyne A.C.	Antoinette	Howlin	F45	
Dunboyne A.C.	Audrey	Keane	F35	
Dunboyne A.C.	Ian	Kennedy	M40	
Dunboyne A.C.	Julie	Lang	F35	
Dunboyne A.C.	Noel	Leddy	M45	
Dunboyne A.C.	Jim	Lineen	M45	
Dunboyne A.C.	Hilary	Madden	F40	
Dunboyne A.C.	John	Maguire	MS	
Dunboyne A.C.	Gerard	Martin	M35	
Dunboyne A.C.	Mark	McDonald	M40	
Dunboyne A.C.	Fiona	McGough	F40	
Dunboyne A.C.	Seamus	McGovern	M50	
Dunboyne A.C.	Alan	McKernan	M45	
Dunboyne A.C.	Sarah	Meegan	F40	
Dunboyne A.C.	Claire	NiFhaircheallaigh	F35	
Dunboyne A.C.	Michael	O'Baille	M40	
Dunboyne A.C.	Andrew	O'Connell	M40	
Dunboyne A.C.	Paul	O'Donnell	M40	
Dunboyne A.C.	Michael	O'Dwyer	M50	
Dunboyne A.C.	John	O'Malley	M45	
Dunboyne A.C.	Ciara	O'Neill	FS	
Dunboyne A.C.	Tony	O'Neill	M45	
Dunboyne A.C.	Gerard	Plante	M40	
Dunboyne A.C.	Ana	Quigley	F45	
Dunboyne A.C.	Olywen	Read	F40	
Dunboyne A.C.	Ann	Ryan	F45	
Dunboyne A.C.	Gerard	Walsh	M45	
Dunboyne A.C.	Veronica	Ward	F45	
Dundrum A.C.	Michael	Browne	M50	
Dundrum A.C.	Paudraig	Coen	M35	
Dundrum A.C.	Linda	Grogan	F35	F35
Dundrum A.C.	P.j.	Holmes	M60	
Dundrum A.C.	Mary	Kennedy	F35	F35
Dundrum A.C.	Teresa	O'Connor	F40	F35

Club	First Name	Last Name	Cat	Declared Team
Dundrum South Dublin A.C.	Kelly	Admirand	F40	
Dundrum South Dublin A.C.	James	Berry	MS	
Dundrum South Dublin A.C.	Aidan	Blighe	M35	
Dundrum South Dublin A.C.	David	Bradshaw	M35	
Dundrum South Dublin A.C.	Fergal	Calvey	MS	
Dundrum South Dublin A.C.	Darren	Clifford	M40	
Dundrum South Dublin A.C.	Gerard	Colleran	M35	
Dundrum South Dublin A.C.	Fergus	Collis	M35	
Dundrum South Dublin A.C.	Colm	Cunningham	M40	
Dundrum South Dublin A.C.	Lisa	D'arcy Priestley	F40	
Dundrum South Dublin A.C.	Alan	Egan	M45	
Dundrum South Dublin A.C.	Des	Fitzgerald	M45	
Dundrum South Dublin A.C.	Clare	Flanagan	F35	
Dundrum South Dublin A.C.	Marcella	Flood	F50	
Dundrum South Dublin A.C.	Andrew	Flynn	M35	
Dundrum South Dublin A.C.	Eoin	Fogarty	M35	
Dundrum South Dublin A.C.	Dave	Gowan	MS	
Dundrum South Dublin A.C.	Shauna	Griffin	F35	
Dundrum South Dublin A.C.	Edel	Hallissey	F45	
Dundrum South Dublin A.C.	Carol	Healy	F45	
Dundrum South Dublin A.C.	Philip	Horan	MS	
Dundrum South Dublin A.C.	John	Hosey	M45	
Dundrum South Dublin A.C.	Fintan	Houriham	M50	
Dundrum South Dublin A.C.	Stephen	Judge	M50	
Dundrum South Dublin A.C.	Claire	Kelly	FS	
Dundrum South Dublin A.C.	Romaine	King	FS	
Dundrum South Dublin A.C.	Susan	Leyden	F35	
Dundrum South Dublin A.C.	Emer	MacAvin	F45	
Dundrum South Dublin A.C.	Liam	McCambridge	M50	
Dundrum South Dublin A.C.	Maria	McCambridge	F40	
Dundrum South Dublin A.C.	John	McDonnell	M50	
Dundrum South Dublin A.C.	Claire	McGovern	FS	
Dundrum South Dublin A.C.	Enda	McMorrow	M60	
Dundrum South Dublin A.C.	Alan	Moore	M55	
Dundrum South Dublin A.C.	Colin	Murphy	M40	
Dundrum South Dublin A.C.	Pauline	O'Brien	F50	
Dundrum South Dublin A.C.	Sarah	O'Carroll	FS	
Dundrum South Dublin A.C.	Lorraine	O'Driscoll	F50	
Dundrum South Dublin A.C.	AnneMarie	O'Flaherty	F40	
Dundrum South Dublin A.C.	gavin	o'flaherty	M40	
Dundrum South Dublin A.C.	Barry	O'Grady	M45	
Dundrum South Dublin A.C.	Denise	O'Mahony	F35	
Dundrum South Dublin A.C.	Jim	Quinn	M45	
Dundrum South Dublin A.C.	Jennifer	Ryan	F40	
Dundrum South Dublin A.C.	Ciaran	Sutton	MS	
Dundrum South Dublin A.C.	Sarah	Sutton	FS	
Dundrum South Dublin A.C.	Camilla	Tuffy	F45	
Dundrum South Dublin A.C.	Lynda	Tuohy	F50	

Club	First Name	Last Name	Cat	Declared Team
Dundrum South Dublin A.C.	Jaye	Walsh	M35	
Dundrum South Dublin A.C.	Shane	Walsh	M40	
Dunleer A.C.	Richard	Califf	M35	
Dunleer A.C.	Niall	Campbell	M45	
Dunshaughlin A.C.	Paul	Allen	M45	
Dunshaughlin A.C.	Micheal	Anderson	M40	
Dunshaughlin A.C.	Racheal	Anderson	F35	
Dunshaughlin A.C.	Stephen	Bateson	M45	
Dunshaughlin A.C.	Shane	Boyle	M45	
Dunshaughlin A.C.	Siobhan	Brophy	F45	
Dunshaughlin A.C.	Declan	Butler	M45	
Dunshaughlin A.C.	Heidi	Carty	FS	
Dunshaughlin A.C.	Shane	Clarke	M35	
Dunshaughlin A.C.	Dermot	Clinton	M45	
Dunshaughlin A.C.	Olivia	Daly	F40	
Dunshaughlin A.C.	Shane	Duffy	M40	
Dunshaughlin A.C.	Brendan	Dunne	M45	
Dunshaughlin A.C.	George	Ennis	M50	
Dunshaughlin A.C.	Teresa	Ennis	F50	
Dunshaughlin A.C.	Anthony	Fairbrother	M45	
Dunshaughlin A.C.	Anne	Flood	F40	
Dunshaughlin A.C.	Ian	Forrestal	M40	
Dunshaughlin A.C.	Eoin	Gorman	M40	
Dunshaughlin A.C.	Alice	Harris	F35	
Dunshaughlin A.C.	Paul	Harris	M45	
Dunshaughlin A.C.	Aidan	Lanigan	M35	
Dunshaughlin A.C.	Noel	Larkin	M50	
Dunshaughlin A.C.	Geraldine	Lynam	F40	
Dunshaughlin A.C.	Hilary	Mahony	F35	
Dunshaughlin A.C.	Jason	Manek	M40	
Dunshaughlin A.C.	Lorna	McCarthy	F35	
Dunshaughlin A.C.	Maria	McGloin	F40	
Dunshaughlin A.C.	Violet	Molloy	F40	
Dunshaughlin A.C.	Jenny	Moyles	F40	
Dunshaughlin A.C.	Linda	Moyles	F45	
Dunshaughlin A.C.	Linda	Moyles	F45	
Dunshaughlin A.C.	Elizabeth	O'Brien	F50	
Dunshaughlin A.C.	Breda	O'Connor	FS	
Dunshaughlin A.C.	Celeste	Onofri	F45	
Dunshaughlin A.C.	Gioia	Onofri	M35	
Dunshaughlin A.C.	Lucia	Onofri	FS	
Dunshaughlin A.C.	Marco	Onofri	M45	
Dunshaughlin A.C.	Paul	O'Rourke	M45	
Dunshaughlin A.C.	Paul	O'Rourke	M45	
Dunshaughlin A.C.	Carol	Pearl	F45	
Dunshaughlin A.C.	Geraldine	Reilly	F50	
Dunshaughlin A.C.	Evan	Scully	MS	
Dunshaughlin A.C.	Zara	Sheridan	F35	

Club	First Name	Last Name	Cat	Declared Team
Dunshaughlin A.C.	Ursula	Summerville	F40	
Eagle A.C.	Karen	Bevan	F35	
Eagle A.C.	Ronan	Boland	M50	
Eagle A.C.	Christopher	Bristow	MS	
Eagle A.C.	30Charlie	Byrd	M50	
Eagle A.C.	Tony	Cambridge	M50	
Eagle A.C.	Darren	Casey	M40	
Eagle A.C.	Dympna	Connolly	F40	
Eagle A.C.	Geraldine	Corcoran	F40	
Eagle A.C.	Derek	Costello	M45	
Eagle A.C.	Mary	Cotter	F55	
Eagle A.C.	Paul	Cotter	M40	
Eagle A.C.	Paul	Cotter	M40	
Eagle A.C.	Helen	Cronin	F35	
Eagle A.C.	Martin	Daly	M40	
Eagle A.C.	Colin	Foley	MS	
Eagle A.C.	Vivian	Foley	M45	
Eagle A.C.	Mike	Forde	M35	
Eagle A.C.	Thomas	Fox	M50	
Eagle A.C.	Mark	Gallagher	M40	
Eagle A.C.	Gary	Gibbons	M45	
Eagle A.C.	Elaine	Guinane	F40	
Eagle A.C.	Frank	Hill	M50	
Eagle A.C.	Ita	Kirwan	F45	
Eagle A.C.	Martin	Leahy	M50	
Eagle A.C.	Mairead	Lonergan	FS	
Eagle A.C.	John	McCarthy	M40	
Eagle A.C.	Brian	McGuire	M45	
Eagle A.C.	Ken	Mulcahy	M45	
Eagle A.C.	Kieran	Mulcahy	M45	
Eagle A.C.	Gillian	Murphy	F40	
Eagle A.C.	Michael	Noonan	M35	
Eagle A.C.	Derek	O'Keefe	M40	
Eagle A.C.	Alan	O'Brien	M35	
Eagle A.C.	Denise	O'Brien	FS	
Eagle A.C.	Ruairi	O'Callaghan	M35	
Eagle A.C.	Pat	O'Connor	M45	
Eagle A.C.	Colin	O'Herlihy	M45	
Eagle A.C.	David	O'Keefe	M35	
Eagle A.C.	Sean	O'Keefe	M40	
Eagle A.C.	Ronan	O'Reilly	M45	
Eagle A.C.	Fiona	O'Riordan	F45	
Eagle A.C.	Maura	Regan	F35	
Eagle A.C.	Ian	Roche	M35	
Eagle A.C.	Mairead	Ryan	F35	
Eagle A.C.	John	Sheehan	M45	
Eagle A.C.	Dermot	Slyne	M40	
Eagle A.C.	John	Swanton	M35	

Club	First Name	Last Name	Cat	Declared Team
Eagle A.C.	Aidan	Trindle	M45	
Eagle A.C.	Ken	Wynman	M50	
East Antrim Harriers	Tim	Khanna	MS	
East Down AC	Dermot	Cahill	M35	
East Down AC	Clare	Carson	F45	
East Down AC	Joanne	carson	F45	
East Down AC	Linda	Cunningham	F50	
East Down AC	Catherine	Gilchrist	F40	
East Down AC	Stephen	Heasley	M50	
East Down AC	Gareth	Kelly	M35	
East Down AC	Tom	McCleen	M50	
East Down AC	Michael	McCreesh	M40	
East Down AC	Raymond	Milligan	M50	
East Down AC	Chris	Smith	M50	
East Down AC	David	Smith	M50	
East Down AC	Helen	Vint	F40	
Edenderry A.C.	Lynsey	Byrne	F40	
Edenderry A.C.	Samantha	Carolan	F40	
Edenderry A.C.	Deirdre	Donoghue	F45	
Edenderry A.C.	Damien	Kehoe	M45	
Edenderry A.C.	Aisling	O'Connor	FS	
Ennis Track A.C.	JIMMY	DOYLE	M55	
Ennis Track A.C.	Siobhan	Gallagher	F45	
Ennis Track A.C.	John	Maloney	M40	
Ennis Track A.C.	Pat	Morrissey	M50	
Ennis Track A.C.	Aisling	Power	F45	
Ennis Track A.C.	KIERA	WEBB	F35	
Ennis Track A.C.	sean	whelan	M65	
Enniskillen RC	Cyril	Boyd	M55	
Enniskillen RC	Karen	Dolan	F50	
Enniskillen RC	Jenny	Elliott York	F45	
Enniskillen RC	Des	Elton	M55	
Enniskillen RC	Bryony	May	F45	
Enniskillen RC	Stephen	McElroy	M40	
Enniskillen RC	Damien	Murray	M35	
Enniskillen RC	Dave	Slater	M40	
Enniskillen RC	Michael	Walsh	M45	
Enniskillen RC	Heather	Williams	F45	
Erris A.C.	Barbara	Deane	F40	
Farranfore Maine Valley A.C.	Dermot	Dineen	M40	
Farranfore Maine Valley A.C.	Gráinne	Tierney	F40	
Ferbane A.C.	Noel	Buckley	M40	
Ferbane A.C.	Frances	Connolly	M40	
Ferbane A.C.	Catriona	Daly	F40	
Ferbane A.C.	Laurence	Duncan	M45	
Ferbane A.C.	Michael	Murphy	M40	
Ferrybank A.C.	Suzanne	Gough	F45	
Ferrybank A.C.	Graham	Power	MS	

Club	First Name	Last Name	Cat	Declared Team
Ferrybank A.C.	Sinead	Power	F40	
Fingallians A.C.	Colum	Flanagan	M45	
Fingallians A.C.	Deirdre	Lee	F35	
Fingallians A.C.	Colm	McNally	M35	
Fingallians A.C.	Colm	McNally	M35	
Fingallians A.C.	Alan	O'Mahoney	M35	
Finn Valley A.C.	Noreen	Bonner	F60	
Finn Valley A.C.	Derek	Callaghan	M40	
Finn Valley A.C.	Barry	Chambers	M35	
Finn Valley A.C.	Barry	Gallagher	M40	
Finn Valley A.C.	Brian	McCrea	M35	
Finn Valley A.C.	Margaret	Reid	F40	
Fota Island Running Club	Carin	O'Rourke	F45	
Fota Island Running Club	Martin	O'Rourke	M40	
Foyle Valley AC	Rhonda	Bond	FS	
Foyle Valley AC	Frankie	Bradley	M35	
Foyle Valley AC	David	Campbell	M55	
Foyle Valley AC	Verona	Campbell	F50	
Foyle Valley AC	Paul	Coyle	M40	
Foyle Valley AC	Declan	Doherty	MS	
Foyle Valley AC	Karl	Fullerton	M35	
Foyle Valley AC	Liam	Gallagher	M50	
Foyle Valley AC	Lee	Gillespie	F35	
Foyle Valley AC	Hugh	Hegarty	M45	
Foyle Valley AC	Martin	Kelly	M50	
Foyle Valley AC	James	Knox	M50	
Foyle Valley AC	Mark	Long	MS	
Foyle Valley AC	Peter	Loughrey	M45	
Foyle Valley AC	Gary	Marshal	M50	
Foyle Valley AC	Caroline	McMenamin	F40	
Foyle Valley AC	Dara	McNulty	M45	
Foyle Valley AC	Billy	Orr	M55	
Foyle Valley AC	Mark	Reid	M40	
Foyle Valley AC	Barry	Smith	M35	
Foyle Valley AC	Siobhan	Tourish	F50	
Foyle Valley AC	Darren	Wallace	M35	
Foyle Valley AC	Mark	White	MS	
Foyle Valley AC	David	Wylie	M50	
Fr. Murphy A.C.	Brendan	Anderson	M55	
Fr. Murphy A.C.	Angela	Bagnall	F35	
Fr. Murphy A.C.	Richie	Bell	M40	
Fr. Murphy A.C.	Eileen	Cunningham	F40	
Fr. Murphy A.C.	Liam	Cunningham	M40	
Fr. Murphy A.C.	Tina	Growney	F45	
Fr. Murphy A.C.	Aine	Lilly -Delaney	F35	
Fr. Murphy A.C.	Ruairí	Mac Conduibh	MS	
Fr. Murphy A.C.	Kathy	McCollum	F45	
Fr. Murphy A.C.	Brenda	Piercey	F45	

Club	First Name	Last Name	Cat	Declared Team
Fr. Murphy A.C.	Ursula	Thompson	F45	
Galtee Runners A.C.	Mike	Casey	M50	
Galtee Runners A.C.	James	Fletcher	M40	
Galtee Runners A.C.	Sabrina	Hickey	F40	
Galtee Runners A.C.	Michael	Keating	M45	
Galtee Runners A.C.	Aileen	Murphy	F35	
Galtee Runners A.C.	William	O'Connor	M45	
Galway City Harriers A.C.	Barbara	Bergin	F55	
Galway City Harriers A.C.	Carmel	Brannigan	F55	
Galway City Harriers A.C.	Tom	Breen	MS	
Galway City Harriers A.C.	Eamonn	Brennan	M45	
Galway City Harriers A.C.	Emily	Bruton	F35	
Galway City Harriers A.C.	Cathy	Byrne	FS	SENIOR
Galway City Harriers A.C.	Ciara	Carey	F35	SENIOR
Galway City Harriers A.C.	Danny	Carr	M55	
Galway City Harriers A.C.	Martina	Carr	F40	
Galway City Harriers A.C.	Gerry	Carty	M45	
Galway City Harriers A.C.	Abigail	Colleran	F35	
Galway City Harriers A.C.	Louis	Coyne	M35	
Galway City Harriers A.C.	Jerome	Debize	M40	
Galway City Harriers A.C.	Siobhan	Egan	F35	
Galway City Harriers A.C.	Siobhan	Egan Lee	F35	SENIOR
Galway City Harriers A.C.	Caroline	Faherty	F45	
Galway City Harriers A.C.	Sineád	Flannery	F40	
Galway City Harriers A.C.	James Jnr	Frizzell	M50	
Galway City Harriers A.C.	Dervla	Geraghty	F45	
Galway City Harriers A.C.	David	Glynn	M40	
Galway City Harriers A.C.	Imelda	Gormally	F40	
Galway City Harriers A.C.	Michael	Greene	M65	
Galway City Harriers A.C.	Michael	Greene	M65	
Galway City Harriers A.C.	Sharon	Griffin	F45	
Galway City Harriers A.C.	Aidan	Hanley	M45	
Galway City Harriers A.C.	Sean	Hanley	M45	
Galway City Harriers A.C.	John	Heelan	M40	
Galway City Harriers A.C.	Niamh	Hennelly	FS	SENIOR
Galway City Harriers A.C.	Diarmuid	Hennessy	M40	
Galway City Harriers A.C.	Gearoid	Hynes	M35	
Galway City Harriers A.C.	Martin	Kearney	M60	
Galway City Harriers A.C.	Jason	Kelly	M40	
Galway City Harriers A.C.	Larry	Kelly	M50	
Galway City Harriers A.C.	Patrick	Kenny	M60	
Galway City Harriers A.C.	Padraig	McHugh	M35	
Galway City Harriers A.C.	John	Moran	M45	
Galway City Harriers A.C.	Eilís	Ní Dhúill	F40	
Galway City Harriers A.C.	Sharon	Ni Loideain	F35	SENIOR
Galway City Harriers A.C.	Gráinne	Ní Uallacháin	F40	SENIOR
Galway City Harriers A.C.	Paraic	Oates	M50	
Galway City Harriers A.C.	Tony	O'Connor	M40	

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Galway City Harriers A.C.	Hugh	O'Donoghue	M35	
Galway City Harriers A.C.	Fergal	O'Dowd	M40	
Galway City Harriers A.C.	Lornie	O'Dwyer	F35	
Galway City Harriers A.C.	Pat	O'Dwyer	M50	
Galway City Harriers A.C.	Culan	O'Meara	M40	
Galway City Harriers A.C.	Clare	O'Shea	F40	
Galway City Harriers A.C.	Michael	O'Sullivan	M50	
Galway City Harriers A.C.	Peter	Payton	M50	
Galway City Harriers A.C.	Karen	Quirke	F40	
Galway City Harriers A.C.	Evgeni	Raykov	M35	
Galway City Harriers A.C.	Marie	Shiel	F35	
Galway City Harriers A.C.	Richard	Simpson	M45	
Galway City Harriers A.C.	Elaine	Walsh	F40	SENIOR
Galway City Harriers A.C.	Mirko	Warnke	M45	
Galway City Harriers A.C.	Tara	Whyte	F35	
Glaslough Harriers A.C.	Patrick	Cassidy	M35	
Glaslough Harriers A.C.	Dermot	Meehan	MS	
Glendalough Harriers & A.C.	Colm	Kenna	M35	
Glenmore A.C.	Tony	Ashby	M35	
Glenmore A.C.	Gavin	Byrne	M35	
Glenmore A.C.	Ronan	Callan	M35	
Glenmore A.C.	Fiona	Mc Quade	F45	
Glenmore A.C.	Stephen	O'Connor	M40	
Glenmore A.C.	Paul	Savage	M35	
Glenmore A.C.	Gerry	Stewart	M50	
Glenmore A.C.	Rose	White	F55	
Glens Runners	John	Woodhouse	M40	
Gneeveguilla A.C.	Tony	Foley	M50	
Gneeveguilla A.C.	Seamas	Murphy	M45	
Gowran A.C.	John Paul	Comerford	M35	
Gowran A.C.	Tom	Corrigan	M35	
Gowran A.C.	Michael	Walsh	M60	
Graigue Ballycallan A.C.	Gary	Bourke	MS	
Graigue Ballycallan A.C.	Padraig	Brennan	MS	
Graigue Ballycallan A.C.	Rachel	Brennan	F35	
Graigue Ballycallan A.C.	Lisa	Corcoran	F35	
Graigue Ballycallan A.C.	Norah	Deacon	F55	
Graigue Ballycallan A.C.	Warren	Deacon	M50	
Graigue Ballycallan A.C.	Carmel	Everard	F40	
Graigue Ballycallan A.C.	Michael	Malone	M45	
Graigue Ballycallan A.C.	Mary	Murphy East	F40	
Graigue Ballycallan A.C.	Marie	O'Brien	F45	
Graigue Ballycallan A.C.	Tom	O'Halloran	M40	
Graigue Ballycallan A.C.	Millie	O'Connor	F45	
Graigue Ballycallan A.C.	Patricia	O'Halloran	F40	
Graigue Ballycallan A.C.	Breda	Walsh	F40	
Grange/Fermoy A.C.	Judy	Baker	F55	
Grange/Fermoy A.C.	Louise	Barry	F40	

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Grange/Fermoy A.C.	Siobhan	Barry	F40	
Grange/Fermoy A.C.	Conor	Bartley	M45	
Grange/Fermoy A.C.	Seamus	Branagh	M40	
Grange/Fermoy A.C.	Keith	Buckley	MS	
Grange/Fermoy A.C.	Gary	Clerkin	M45	
Grange/Fermoy A.C.	Carmel	Cooney	F40	
Grange/Fermoy A.C.	Helena	Corcoran	F35	
Grange/Fermoy A.C.	Sinead	Cotter	F40	
Grange/Fermoy A.C.	Eamonn	Doyle	M40	
Grange/Fermoy A.C.	Kevin	Doyle	M45	
Grange/Fermoy A.C.	Anthony	Dunne	M75	
Grange/Fermoy A.C.	Margaret	Dunne	F70	
Grange/Fermoy A.C.	Joan	Ennis	F50	
Grange/Fermoy A.C.	Darren	Flynn	M40	
Grange/Fermoy A.C.	Mag	Flynn	F45	
Grange/Fermoy A.C.	Tom	Flynn	M50	
Grange/Fermoy A.C.	John	Gray	M35	
Grange/Fermoy A.C.	Ellen	Hanley	F40	
Grange/Fermoy A.C.	Geraldine	Hartnett	FS	
Grange/Fermoy A.C.	Martin	Healy	M45	
Grange/Fermoy A.C.	MaryClare	Healy	F45	
Grange/Fermoy A.C.	Pam	Kennedy	F35	
Grange/Fermoy A.C.	Sean	Lomasneey	M50	
Grange/Fermoy A.C.	Francis	Morrison	M40	
Grange/Fermoy A.C.	John	Murphy	M45	
Grange/Fermoy A.C.	Linda	Murphy	F40	
Grange/Fermoy A.C.	Eddie	O'Brien	M40	
Grange/Fermoy A.C.	John	O'Brien	M50	
Grange/Fermoy A.C.	Peter	O'Brien	M35	
Grange/Fermoy A.C.	Kealan	O'Connor	M40	
Grange/Fermoy A.C.	Dawn	O'Farrell	F45	
Grange/Fermoy A.C.	Angela	O'Mahoney	F45	
Grange/Fermoy A.C.	Brendan	O'Mahony	M45	
Grange/Fermoy A.C.	Colette	Powell	F40	
Grange/Fermoy A.C.	Michael	Pratt	M55	
Grange/Fermoy A.C.	Don	Pyne	M35	
Grange/Fermoy A.C.	Mark	Pyne	M40	
Grange/Fermoy A.C.	Troy	Spink	M45	
Grange/Fermoy A.C.	June	Walsh	F35	
Grange/Fermoy A.C.	Des	White	M50	
Inishowen A.C.	Sinead	Crawford	F35	
Inishowen A.C.	Jo-ann	Doherty	F45	
Inishowen A.C.	Marian	Doherty	F40	
Inishowen A.C.	Mary	Doherty	F35	
Inishowen A.C.	Sheila	Doherty	FS	
Inishowen A.C.	Damian	Downey	M45	
Inishowen A.C.	Marie	Downey	F35	
Inishowen A.C.	Finbarr	Gallagher	M50	

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Inishowen A.C.	Grainne	Gillen	F50	
Inishowen A.C.	Danielle	Grant	F35	
Inishowen A.C.	Jim	Harkin	M40	
Inishowen A.C.	Anna	Mc Laughlin	F40	
Inishowen A.C.	Matthew	Mc Laughlin	M40	
Inishowen A.C.	John	McCandless	M45	
Inishowen A.C.	Sharon	McDaid	F40	
Inishowen A.C.	Anne	McElhinney	F55	
Inishowen A.C.	Maria	McElwaine	F45	
Inishowen A.C.	Malcolm	McGee	M40	
Inishowen A.C.	Caroline	McGonigle	F40	
Inishowen A.C.	Pauric	McKinney	M50	
Inishowen A.C.	Aideen	McLaughlin	F50	
Inishowen A.C.	Patricia	McLaughlin	F45	
Inishowen A.C.	Benny	Mullan	M45	
Inishowen A.C.	Sharon	Smith	F45	
Inishowen A.C.	Joanne	Whoriskey	F45	
Inishowen A.C.	Ronan	Whoriskey	M45	
Jog Lisburn Running Club	Gillian	Alister	F45	
Jog Lisburn Running Club	Paul	Alister	M50	
Jog Lisburn Running Club	Karyn	Cooke	F40	
Jog Lisburn Running Club	Andrew	Cummings	M45	
Jog Lisburn Running Club	Sonya	Grimley	F40	
Jog Lisburn Running Club	Sinead	Hamill	F40	
Jog Lisburn Running Club	Brenda	Harris	F45	
Jog Lisburn Running Club	Michael	Harris	M45	
Jog Lisburn Running Club	Laura	Johnston	FS	
Jog Lisburn Running Club	Jennifer	Liggett	F50	
Jog Lisburn Running Club	James	Magee	M40	
Jog Lisburn Running Club	Stephen	McCullough	M35	
Jog Lisburn Running Club	Clifton	McLoughlin	M55	
Jog Lisburn Running Club	Julia	McNeice	F45	
Jog Lisburn Running Club	Colin	Mooney	M35	
Jog Lisburn Running Club	Ian	Morrow	M50	
Jog Lisburn Running Club	Martina	Rydout	F40	
Jog Lisburn Running Club	Stan	Scott	M60	
Jog Lisburn Running Club	Joseph	Stewart	M70	
Jog Lisburn Running Club	Martin	Stewart	M35	
Jog Lisburn Running Club	Andrew	Willis	M45	
Jog Moira	Paul	Bracken	M40	
Jog Moira	Gillian Sara	Graham	FS	
Jog Moira	Wilson	McAlister	M55	
Jog Moira	Brian	McFetridge	M40	
Jog Moira	Charlie	McQuillan	M35	
Jog Moira	Michael	Snoddy	M55	
Kernan Running Club	Patricia	Doherty	F50	
Kernan Running Club	Angela	Gemmell	F55	
Kilcoole A.C.	Mark	Byrne	M40	

Club	First Name	Last Name	Cat	Declared Team
Kilcoole A.C.	George	Coffey	M45	
Kilcoole A.C.	Darren	Cullen	MS	
Kilcoole A.C.	Justin	Doyle	M40	
Kilcoole A.C.	Gaye	Edwards	M50	
Kilcoole A.C.	Ronan	Gill	M40	
Kilcoole A.C.	Marie	Greene	F35	
Kilcoole A.C.	Brian	Gurrin	M45	
Kilcoole A.C.	Paddy	Holohan	M40	
Kilcoole A.C.	Aiden	Jennings	M35	
Kilcoole A.C.	Kevin	Kelleher	F35	
Kilcoole A.C.	Fiachra	Ledwidge	M35	
Kilcoole A.C.	Gemma	Ledwidge	F35	
Kilcoole A.C.	TONI	LLOVERA	M40	
Kilcoole A.C.	Barry	Lynch	M40	
Kilcoole A.C.	Sandra	Lynch	F40	
Kilcoole A.C.	David	Maloney	M45	
Kilcoole A.C.	Ann	Masterson	F40	
Kilcoole A.C.	Aaron	Mooney	M35	
Kilcoole A.C.	Eoghan	Mooney	M40	
Kilcoole A.C.	Patrick	Mullen	M35	
Kilcoole A.C.	Colm	Murphy	M40	
Kilcoole A.C.	Paul	O'Brien	M35	
Kilcoole A.C.	Mai	Olden	F35	
Kilcoole A.C.	John	O'Sullivan	M40	
Kilcoole A.C.	Sinead	Wall	F40	
Kilcoole A.C.	Colin	Wendel	M35	
Kilfinane A.C.	Tom	Fox	MS	
Kilfinane A.C.	Michael	Hayes	M35	
Kilfinane A.C.	Edel	Hennessy	F35	
Kilfinane A.C.	Martin	Hennessy	M35	
Kilfinane A.C.	James	Keogh	M40	
Kilfinane A.C.	Susan	Roche	F40	
Kilkenny City Harriers A.C.	Kathy	Carter	F40	
Kilkenny City Harriers A.C.	Teresa	Comerford	F40	
Kilkenny City Harriers A.C.	MaryAnn	Connolly	F35	
Kilkenny City Harriers A.C.	Claire	Cusack	F55	
Kilkenny City Harriers A.C.	Claire	Dermody	F35	
Kilkenny City Harriers A.C.	Mervin	Doyle	M40	
Kilkenny City Harriers A.C.	Amy	Dunne	FS	
Kilkenny City Harriers A.C.	Marcus	Fitzsimons	MS	
Kilkenny City Harriers A.C.	Aisling	Gannon	F40	
Kilkenny City Harriers A.C.	Helen	Gilman	F35	
Kilkenny City Harriers A.C.	Roisin	Gribbin	F50	
Kilkenny City Harriers A.C.	Edward	Hawe	M35	
Kilkenny City Harriers A.C.	Dymphna	Kelly	F50	
Kilkenny City Harriers A.C.	Grainne	Kelly	F50	
Kilkenny City Harriers A.C.	Sheila	Lyster	F50	
Kilkenny City Harriers A.C.	Patrick	Mason	M40	

Club	First Name	Last Name	Cat	Declared Team
Kilkenny City Harriers A.C.	Rita	McGarvey	F40	
Kilkenny City Harriers A.C.	Martina	McGrath	F50	
Kilkenny City Harriers A.C.	Eoin	Molloy	M40	
Kilkenny City Harriers A.C.	Trust	Mtinsi	M35	
Kilkenny City Harriers A.C.	Jacinta	Mulroe	F35	
Kilkenny City Harriers A.C.	Jacinta	O'Duffy	F35	
Kilkenny City Harriers A.C.	Pat	Purcell	M40	
Kilkenny City Harriers A.C.	Darragh	Sharpe	M45	
Kilkenny City Harriers A.C.	Anne Marie	Shortall	F45	
Kilkenny City Harriers A.C.	Declan	Walshe	M40	
Killarney Valley A.C.	Philip	Gammell	M45	
Kilmallock A.C.	Jeremiah	Sheedy	M70	
Kilmihil A.C.	John	Keogh	M40	
Kilmore A.C.	Adrian	Reville	M40	
Kilmurray/Ibrick/N.Clare A.C.	maura	falsey	F55	
Kilmurray/Ibrick/N.Clare A.C.	james	kenny	M60	
Kilmurray/Ibrick/N.Clare A.C.	Sinead	Mc Cormack	FS	
Kilmurray/Ibrick/N.Clare A.C.	Sean	McNamara	M40	
Knocks Running Club	Nora	Cadden	F55	
Knocks Running Club	Helen	Davis	F35	
Knocks Running Club	Ian	Davis	M40	
Knocks Running Club	Brian	Fitzpatrick	M50	
Knocks Running Club	Kevin	Foster	M45	
Knocks Running Club	Orla	Foster	F40	
Knocks Running Club	Joanne	Ingram	F35	
Knocks Running Club	Kate	Lynch	F40	
Knocks Running Club	Martin	Lynch	M45	
Knocks Running Club	John	McAtee	M40	
Knocks Running Club	Fergal	McElroy	M40	
Knocks Running Club	Martin	McElvaney	M50	
Knocks Running Club	Sharon	McGuigan	F35	
Knocks Running Club	Sinead	Mohan	F35	
Lagan Valley AC	Suzanne	Higgins	F35	
Lagan Valley AC	Jason	Ratcliffe	M40	
Lagan Valley AC	Hugh	Sally	M35	
Lagan Valley AC	Wilson	Trevor	M55	
Lakeshore Striders A.C.	Ultan	Downes	MS	
Lakeshore Striders A.C.	Dee	Gibson	F40	
Lakeshore Striders A.C.	Thomas	Healy	M40	
Lakeshore Striders A.C.	Daragh	O'Callaghan	MS	
Lakeshore Striders A.C.	Tom	O'Leary	M35	
Lambay Sports Academy	Darragh	Doherty	M50	
Lambay Sports Academy	Shane	O'Farrell	M40	
Laragh A.C.	Brian	O'Reilly	M55	
Larne AC	Thomas	Craig	MS	
Larne AC	Andrew	Davidson	M40	
Larne AC	Sammy	Drummond	M45	
Larne AC	Paul	Gaskell	M45	

Club	First Name	Last Name	Cat	Declared Team
Larne AC	Brian	Heron	M45	
Larne AC	Alan	Lockington	MS	
Larne AC	Dan	Magill	M35	
Larne AC	ricky	mann	M45	
Larne AC	Stephen	McManus	M45	
Larne AC	kirsten	montgomery	FS	
Larne AC	Mark	Todd	M40	
Larne AC	Emmett	Woods	M50	
Le Cheile A.C.	Marc	Augustin	M35	
Le Cheile A.C.	Colin	Blake	M40	
Le Cheile A.C.	Gary	Denner	M40	
Le Cheile A.C.	Gerard	Donnelly	M35	
Le Cheile A.C.	Brendan	Kearney	M35	
Le Cheile A.C.	Paul	Kiely	M50	
Le Cheile A.C.	Deirdre	Lacey	F40	
Le Cheile A.C.	Jason	Leonard	M35	
Le Cheile A.C.	Louise	Long	FS	
Le Cheile A.C.	Niamh	Lynch	F50	
Le Cheile A.C.	Alan	Maher	M40	
Le Cheile A.C.	David	McDonnell	M40	
Le Cheile A.C.	Arlane	McHugh	F35	
Le Cheile A.C.	Patricia	McLoughlin	F40	
Le Cheile A.C.	Declan	Moyles	M35	
Le Cheile A.C.	Roísín	Ní Shéaghda	F35	
Le Cheile A.C.	Ian	O'Gorman	M50	
Le Cheile A.C.	John	O'Neill	M35	
Le Cheile A.C.	Trisha	Padden	FS	
Le Cheile A.C.	Eamon	Shields	M45	
Le Cheile A.C.	Paul	Teahan	M40	
Le Cheile A.C.	Tommy	Walsh	M35	
Leevale A.C.	Maretta	Brennan	F50	
Leevale A.C.	Michael	Brennan	M45	
Leevale A.C.	Ciaran	Desmond	M55	
Leevale A.C.	Jonathan	Murphy	MS	
Leevale A.C.	Garry	Noonan	M40	
Leevale A.C.	Dan	O Sullivan	MS	
Leevale A.C.	John	Twomey	M35	
Letterkenny A.C.	Darren	Beecroft	M50	
Letterkenny A.C.	Patrick	Brennan	M35	
Letterkenny A.C.	Martin	Devenney	M35	
Letterkenny A.C.	Ben	George	M40	
Letterkenny A.C.	Catriona	Jennings	F35	
Letterkenny A.C.	Ciaran	Liddy	M40	
Letterkenny A.C.	Barry	Mackey	M50	
Letterkenny A.C.	Sean	McFadden	M40	
Letterkenny A.C.	Gerard	McGranaghan	M35	
Letterkenny A.C.	Monica	McGranaghan	F40	
Letterkenny A.C.	Paul	McMonagle	M35	

Club	First Name	Last Name	Cat	Declared Team
Letterkenny A.C.	Gerard	Mullen	M40	
Letterkenny A.C.	Darren	Price	M35	
Letterkenny A.C.	Stephen	Shiels	M45	
Liffey Valley A.C.	Mark	Barr	M35	
Liffey Valley A.C.	Gavin	Curran	M35	
Liffey Valley A.C.	Ciaran	Reilly	M40	
Liffey Valley A.C.	Conor	Reilly	MS	
Liffey Valley A.C.	Lena	Sinclair	F40	
Liffey Valley A.C.	John	Tuohy	M35	
Liffey Valley A.C.	Maeve	Walsh	F40	
Lifford Strabane A.C	Gerard	Campbell	M50	
Lifford Strabane A.C	Dominic	Carlin	M45	
Lifford Strabane A.C	Sean	Carlin	M50	
Lifford Strabane A.C	Laurence	Doherty	M55	
Lifford Strabane A.C	Pius	Doherty	M60	
Lifford Strabane A.C	Judy	Duddy	F35	
Lifford Strabane A.C	Michael	Duncan	M55	
Lifford Strabane A.C	Rhonda	Green	F45	
Lifford Strabane A.C	Dympna	Houston	M35	
Lifford Strabane A.C	Paul	Houston	M35	
Lifford Strabane A.C	Eddie	Kelly	M45	
Lifford Strabane A.C	Paul	Kelly	M35	
Lifford Strabane A.C	Stephen	Kerlin	M40	
Lifford Strabane A.C	Claire	Keys	F40	
Lifford Strabane A.C	Roisin	Mc Ginley	F50	
Lifford Strabane A.C	Barry	McArdle	M45	
Lifford Strabane A.C	Lorraine	McGrinder	F45	
Lifford Strabane A.C	Michael	McGrinder	M50	
Lifford Strabane A.C	Enda	McNulty	M45	
Lifford Strabane A.C	Orla	McNulty	F40	
Lifford Strabane A.C	Hugh	Patton	MS	
Lifford Strabane A.C	Jason	Walsh	M50	
Limerick A.C.	Pat	Hickey	M35	
Limerick A.C.	Martin	Philips	M50	
Limerick A.C.	Allan	Robertson	M50	
Limerick Country Club A.C.	Niall	Bennis	MS	
Limerick Country Club A.C.	Michael	Carroll	M70	
Limerick Country Club A.C.	Darren	Crowne	M35	
Limerick Country Club A.C.	Yvonne	Degan	F45	
Limerick Country Club A.C.	Dominic	Devereux	M55	
Limerick Country Club A.C.	Brendan	Fitzgerald	M40	
Limerick Country Club A.C.	Pat	Hartigan	M45	
Limerick Country Club A.C.	Sean	Kelly	M50	
Limerick Country Club A.C.	Ger	Moore	M45	
Limerick Country Club A.C.	Brigid	Murdock	F50	
Limerick Country Club A.C.	Michael	Sheehan	M60	
Limerick Country Club A.C.	Kieran	Tracey	M55	
Limerick Country Club A.C.	Martin	Waters	M40	

Club	First Name	Last Name	Cat	Declared Team
Longford A.C.	Anne	Brady	F35	
Longford A.C.	Raymond	Brogan	M55	
Longford A.C.	Sean	Crossan	M40	
Longford A.C.	Lorcan	Geraghty	MS	
Longford A.C.	Marie	Gill	F45	
Longford A.C.	Juraj	Karcak	M40	
Longford A.C.	Shona	Matthews	FS	
Longford A.C.	Derek	O'Neill	M45	
Longford A.C.	SINEAD	PHELAN	F40	
Longford A.C.	Colman	Reilly	M40	
Longford A.C.	Patrick	Sharkey	M40	M35
Longford A.C.	Barry	Sheil	M35	M35
Longford A.C.	Kevin	Ward	M45	M35
Loughrea A.C.	Tomas	Crosse	M45	
Loughrea A.C.	Aisling	Hanrahan	F40	
Loughrea A.C.	Stephen	Hanrahan	M40	
Loughrea A.C.	Alphonsus	Heneghan	M40	
Loughrea A.C.	Teresa	Hennigan	F50	
Loughrea A.C.	Maeve	Hynes	FS	
Loughrea A.C.	Noel	Murray	M50	
Loughrea A.C.	Cathal	O'Reilly	M35	
Loughrea A.C.	Miriam	Rabbitte-Comar	F45	
Loughrea A.C.	Mike	Ward	M35	
Lucan Harriers A.C.	Rob	Brannigan	M45	
Lucan Harriers A.C.	Gerry	Byrne	M50	
Lucan Harriers A.C.	Will	Byrne	M40	
Lucan Harriers A.C.	Nial	Cadogan	M40	
Lucan Harriers A.C.	Maria	Donoghue	F35	
Lucan Harriers A.C.	Franchea	Gibson	F45	
Lucan Harriers A.C.	Patricia	Gough	F45	
Lucan Harriers A.C.	Anita	Hughes	F35	
Lucan Harriers A.C.	Peter John	Hyland	M35	
Lucan Harriers A.C.	Danijela	Klopotan	F45	
Lucan Harriers A.C.	MICHAEL	LEE	M40	
Lucan Harriers A.C.	Libor	Matousek	M40	
Lucan Harriers A.C.	Thomas	Meade	M40	
Lucan Harriers A.C.	AISLING	MORRIS	F40	
Lucan Harriers A.C.	Vincent	Murtagh	M55	
Lucan Harriers A.C.	CHRISTOPHER	O'BRIEN	MS	
Lucan Harriers A.C.	Eileen	O'Brien	F65	
Lucan Harriers A.C.	Damien	O'Sullivan	M40	
Lucan Harriers A.C.	vivienne	pierce	FS	
Lucan Harriers A.C.	Jana	Rakociova	F35	
Lucan Harriers A.C.	Rory	Thompson	M35	
Lucan Harriers A.C.	Claire	Wright	F40	
Lucan Harriers A.C.	Claire	Wright	F40	
Lusk A.C.	Louise	Bartle	F40	
Lusk A.C.	Veronica	Brogan	F45	

Club	First Name	Last Name	Cat	Declared Team
Lusk A.C.	Eamon	Caffrey	M45	
Lusk A.C.	Ken	Cahill	M40	
Lusk A.C.	Daniel	Cronin	M35	
Lusk A.C.	Richard	Foy	M40	
Lusk A.C.	Mark	Geraghty	M40	
Lusk A.C.	Sean	Greensit	M50	
Lusk A.C.	Dara-Ann	Hartford	F35	
Lusk A.C.	Nicole	Hodson	F45	
Lusk A.C.	Richard	Lanigan	M40	
Lusk A.C.	Rodrigo	Lara	M45	
Lusk A.C.	Eilish	Lynch	F40	
Lusk A.C.	John	McDonald	M55	
Lusk A.C.	Ursula	McDonald	F50	
Lusk A.C.	Colm	McNally	M50	
Lusk A.C.	Kathy	McNamara	F35	
Lusk A.C.	Dwain	Moore	M40	
Lusk A.C.	Stephen	Murtagh	M45	
Lusk A.C.	Noel	O'Reilly	M40	
Lusk A.C.	Jacqui	Palmer	F40	
Lusk A.C.	Robert	Pender	M45	
Lusk A.C.	Fiona	Reinhardt	F35	
Lusk A.C.	Olivia	Sampson-Giles	F35	
Lusk A.C.	John	Tindley	M45	
Lusk A.C.	Elba	Vargas-Russell	F35	
Lusk A.C.	Colm	Wall	M40	
Lusk A.C.	William	Walsh	M50	
Magherafelt Harriers	Therese	Connery	F45	
Magherafelt Harriers	Ruari	Johnston	M35	
Magherafelt Harriers	Damian	Kerr	M50	
Magherafelt Harriers	Karen	McElroy	F45	
Magherafelt Harriers	Laura	McErlain	FS	
Magherafelt Harriers	Paul	McErlain	M50	
Magherafelt Harriers	Sebastian	Wisniewski	M40	
Mallow A.C.	Lisa	Barrow	F35	
Mallow A.C.	John Paul	Buckley	M35	
Mallow A.C.	Mary	Carey	FS	
Mallow A.C.	Aoife	Carroll	F35	
Mallow A.C.	Michael	Clancy	M40	
Mallow A.C.	Dan	Collins	M40	
Mallow A.C.	Dan	Collins	M40	
Mallow A.C.	John	Collins	M40	
Mallow A.C.	Paul	CUSACK	M40	
Mallow A.C.	Cathal	Daly	M40	
Mallow A.C.	Aileen	Field	F40	
Mallow A.C.	DEIRDRE	GLYNN	F45	
Mallow A.C.	Jerry	McCarthy	M60	
Mallow A.C.	Eoghan	McKernan	M35	
Mallow A.C.	Meg	Murphy	F50	

Club	First Name	Last Name	Cat	Declared Team
Mallow A.C.	Adrian	Nodwell	M40	
Mallow A.C.	Daire	O'Sullivan	M35	
Mallow A.C.	John	O'Sullivan	M35	
Mallow A.C.	Ester	Ring	F45	
Mallow A.C.	Catriona	Ryan	F35	
Mallow A.C.	Teresa	Ryan	F45	
Mallow A.C.	Colm	Sheehan	M45	
Mallow A.C.	Gerard	Vowles	M45	
Mallow A.C.	Mary	Vowles	F45	
Mallow A.C.	Darragh	Wiley	M45	
Mallusk Harriers	Matthew	Allen	MS	
Mallusk Harriers	Noel	Bloomfield	M50	
Mallusk Harriers	Roisin	Brooks	F40	
Mallusk Harriers	Jennifer	Butler	F40	
Mallusk Harriers	Laura	Campbell	F40	
Mallusk Harriers	Neil	Campbell	M40	
Mallusk Harriers	Patricia	Curistan	F35	
Mallusk Harriers	Alex	Davidson	M45	
Mallusk Harriers	Danny	Donaldson	MS	
Mallusk Harriers	Tiffany	Donaldson	FS	
Mallusk Harriers	Sharon	Dunn	FS	
Mallusk Harriers	hilary	faith	F35	
Mallusk Harriers	Joe	Mathers	MS	
Mallusk Harriers	Ken	McAuley	M50	
Mallusk Harriers	Martin	McCready	M45	
Mallusk Harriers	Brendan	McGeown	M45	
Mallusk Harriers	Neill	McGlinchey	M45	
Mallusk Harriers	Damien	McLoughlin	M40	
Mallusk Harriers	Joanne	Milne	F35	
Mallusk Harriers	Anna-Marie	Nolan	F40	
Mallusk Harriers	Laura	Rose	FS	
Mallusk Harriers	Lee-Anne	Skillen	F35	
Mallusk Harriers	Paul	Skillen	M40	
Marathon Club Ireland	Alison	Adams	F45	
Marathon Club Ireland	Martin	Brady	M45	
Marathon Club Ireland	Hugh	Carolan	M70	
Marathon Club Ireland	Rebecca	Carroll	F40	
Marathon Club Ireland	Stephen	Chambers	MS	
Marathon Club Ireland	Paul	Cheevers	M35	
Marathon Club Ireland	Mick	Connolly	M50	
Marathon Club Ireland	Conor	Cusack	M45	
Marathon Club Ireland	Conor	Cusack	M45	
Marathon Club Ireland	Selina	Da Silva	F60	
Marathon Club Ireland	Patrick	Daly	M45	
Marathon Club Ireland	Patrick	Daly	M45	
Marathon Club Ireland	Christina	Devane	F35	
Marathon Club Ireland	Sheila	Fitzgibbon	F50	F50
Marathon Club Ireland	Aodhagan	Fitzsimons	M40	

Club	First Name	Last Name	Cat	Declared Team
Marathon Club Ireland	Lucey	Foley	F45	
Marathon Club Ireland	Brenda G.	Francis	F40	
Marathon Club Ireland	Adolfo	Garcia	M40	
Marathon Club Ireland	Aldolfo	Garcia	M40	
Marathon Club Ireland	Nicholas	Gordon	M45	
Marathon Club Ireland	Theresa	Grimes	F40	
Marathon Club Ireland	Mary	Hanly	F55	
Marathon Club Ireland	Michael	Haydon	M60	
Marathon Club Ireland	John	Healy	M45	
Marathon Club Ireland	Jacqueline	Hughes	F35	
Marathon Club Ireland	John	Hunt	M55	
Marathon Club Ireland	Eimear	Hurley	F55	F50
Marathon Club Ireland	Jenny	Keavey	F40	
Marathon Club Ireland	Mark	Kells	M40	
Marathon Club Ireland	Lisa	Keogh	F40	
Marathon Club Ireland	sean	Keogh	M45	
Marathon Club Ireland	Neal	Leddy	M40	
Marathon Club Ireland	Jonathan	Lindsay	M40	
Marathon Club Ireland	Jon	Loveria	M40	
Marathon Club Ireland	Carol	Madden	F45	
Marathon Club Ireland	Elaine	McAnulty	F45	
Marathon Club Ireland	Dermot	McCormack	M45	
Marathon Club Ireland	Liam	McDonnell	M55	
Marathon Club Ireland	Patrick	McKeon	M45	
Marathon Club Ireland	Ronnie	McMurdie	M40	
Marathon Club Ireland	daniel	milliard	M40	
Marathon Club Ireland	Stephen	Mooney	M55	
Marathon Club Ireland	Angela	Murphy	F55	F50
Marathon Club Ireland	Sarah	Murray	F45	
Marathon Club Ireland	Wojciech	musial	M40	
Marathon Club Ireland	Maurice	Olwill	M45	
Marathon Club Ireland	Brian	O'Sullivan	M35	
Marathon Club Ireland	Agnieszka	Pamula	F35	
Marathon Club Ireland	Marek	Pamula	M35	
Marathon Club Ireland	Steven	ring	M40	
Marathon Club Ireland	Triona	Ring	F40	
Marathon Club Ireland	gillian	Roche	F40	
Marathon Club Ireland	Nuala	Sheehan	F55	F50
Marathon Club Ireland	Liam	Smith	M50	
Marathon Club Ireland	Janilo	Somcio	M45	
Marathon Club Ireland	Paula	Wright	F40	
Mayo A.C.	Greg	Barry	M45	M35
Mayo A.C.	Darren	Brewer	M40	
Mayo A.C.	John	Byrne	M40	
Mayo A.C.	Neil	Carroll	M35	M35
Mayo A.C.	Karen	Clancy	F35	F35
Mayo A.C.	Carmel	Cloherly	F40	F35
Mayo A.C.	Frank	Cloherly	M40	M35

Club	First Name	Last Name	Cat	Declared Team
Mayo A.C.	Mags	Connell	F35	F35
Mayo A.C.	Bill	Coyne	M50	M50
Mayo A.C.	Yvonne	Coyne	F45	F35
Mayo A.C.	Brian	Derrig	M35	M35
Mayo A.C.	Edel	Feeney	FS	SENIOR
Mayo A.C.	Tim	Ganley	M35	M35
Mayo A.C.	John	Geraghty	M45	M35
Mayo A.C.	Tony	Hegarty	M50	M50
Mayo A.C.	Kelly	Hickey Coyle	F40	F35
Mayo A.C.	Catrina	Houlihan	M35	
Mayo A.C.	Pauline	Jennings	F35	F35
Mayo A.C.	Thomas	Jennings	M50	M50
Mayo A.C.	Michelle	Kelly	F40	F35
Mayo A.C.	Natasha	Kelly	F40	F35
Mayo A.C.	Noelle	Kilduff	FS	SENIOR
Mayo A.C.	Clive	Lavelle	MS	SENIOR
Mayo A.C.	Justin	McDonagh	M40	M35
Mayo A.C.	Ciara	McDonnell	FS	SENIOR
Mayo A.C.	Marcella	McDonnell	F50	F50
Mayo A.C.	Bernie	McHugh	F50	F50
Mayo A.C.	Rebecca	McHugh	FS	SENIOR
Mayo A.C.	John	McNamee	M35	SENIOR
Mayo A.C.	Angela	McVann	F45	F35
Mayo A.C.	Emma	Murphy	FS	SENIOR
Mayo A.C.	Mary	Murphy	F65	F50
Mayo A.C.	James	Murtagh	M50	M50
Mayo A.C.	John	Nolan	M40	M35
Mayo A.C.	John	Nyland	M45	M35
Mayo A.C.	Patricia	Nyland	F45	F35
Mayo A.C.	Emmet	O Brien	M45	
Mayo A.C.	Ursula	O Grady	F40	F35
Mayo A.C.	Elaine	Patterson	F50	
Mayo A.C.	Ann Marie	Shortt	FS	
Mayo A.C.	Sarah	Syron	FS	
Mayo A.C.	Shane	Timothy	M40	M35
Mayo A.C.	Michael	Toughy	M45	M35
Mayo A.C.	Joan	Walsh	F45	F35
Menapians A.C.	Gerard	Mulhall	M35	
Menapians A.C.	Peter	Mulvaney	M50	
Metro/St. Brigid's A.C.	Declan	Bolton	M45	M35
Metro/St. Brigid's A.C.	Terry	Buckley	M45	M35
Metro/St. Brigid's A.C.	David	Culligan	MS	
Metro/St. Brigid's A.C.	Shane	Devlin	M35	M35
Metro/St. Brigid's A.C.	Paul	Farrell	M35	M35
Metro/St. Brigid's A.C.	John	Flynn	M40	M35
Metro/St. Brigid's A.C.	Paul	Kelly	M40	M35
Metro/St. Brigid's A.C.	Sean	Kildunne	M45	M35
Metro/St. Brigid's A.C.	Alan	King	M45	M35

Club	First Name	Last Name	Cat	Declared Team
Metro/St. Brigid's A.C.	Sean	MacSeoin	M45	M35
Metro/St. Brigid's A.C.	John	McMenamin	M35	
Metro/St. Brigid's A.C.	Jason	Murray	M40	M35
Metro/St. Brigid's A.C.	Colm	O'Grady	M40	M35
Metro/St. Brigid's A.C.	Eimear	O'Leary	FS	
Metro/St. Brigid's A.C.	Bernard	Rennick	M40	M35
Metro/St. Brigid's A.C.	Linda	Sheridan	F35	
Metro/St. Brigid's A.C.	Paul	Spollen	M40	M35
Metro/St. Brigid's A.C.	Ian	Treacy	MS	
Midleton A.C.	Sheila	Byrne	F50	
Midleton A.C.	Amanda	Cooney	F55	
Midleton A.C.	Brendan	Curtin	M40	
Midleton A.C.	Niamh	Dorgan	F40	
Midleton A.C.	Shane	Foley	M35	
Midleton A.C.	Francis	Maunsell	M45	
Midleton A.C.	Joan	McCarthy	F60	
Midleton A.C.	Gerard	McLean	M45	
Midleton A.C.	Kevin	Moran	M45	
Midleton A.C.	David	Moynihan	MS	
Midleton A.C.	Margaret	Mulcahy	F50	
Midleton A.C.	Fionan	O'hAodain	M40	
Midleton A.C.	Ger	O'Regan	M45	
Midleton A.C.	Morgan	O'Regan	M40	
Midleton A.C.	Mark	O'Reilly	M45	
Midleton A.C.	Paula	O'Sullivan	F40	
Midleton A.C.	Richard	Power	M45	
Midleton A.C.	Helen	Sheehan	F50	
Midleton A.C.	Kevin	Smith	M40	
Milford A.C.	Barry	Browne	M45	
Milford A.C.	Francis	Diver	M50	
Milford A.C.	Anthony	Doherty	M45	
Milford A.C.	Bernie	Gallagher	F35	
Milford A.C.	Joe	Gallagher	M40	
Milford A.C.	Damian	McBride	M35	
Milford A.C.	Rosemary	McGee	F50	
Milford A.C.	Gerard	McGettigan	M55	
Milford A.C.	Paul	McGettigan	M35	
Milford A.C.	Richard	McNeill	M40	
Milford A.C.	Frank	McTaggart	M45	
Milford A.C.	Sinead	McTaggart	F45	
Milford A.C.	Kieran	Murray	M35	
Milford A.C.	Johnny	O'Doherty	M35	
Milford A.C.	Peter	O'Donnell	MS	
Milford A.C.	Paul	Russell	M40	
Milford A.C.	Agnes	Ryan	F40	
Milford A.C.	Paddy	Ryan	MS	
Milford A.C.	Paul	Ryan	M40	
Milford A.C.	Mark	Scott	M35	

Club	First Name	Last Name	Cat	Declared Team
Milford A.C.	Annette	Sheehy	F40	
Milford A.C.	Eoin	Sheehy	M40	
Milford A.C.	Denis	Sheridan	M55	
Milford A.C.	Sinead	Thornton	F40	
Milford A.C.	Aine	Whoriskey	F40	
Milford A.C.	James	Whoriskey	M35	
Milford A.C.	Teresa	Winston	F35	
Millstreet A.C.	Patrick	Casey	M40	
Monaghan Phoenix A.C.	Damien	Barry	M45	
Monaghan Phoenix A.C.	Leslie	Crawford	M60	
Monaghan Phoenix A.C.	Audrey	Harraghy'	F55	
Monaghan Phoenix A.C.	Stephen	Lambe	M35	
Monaghan Phoenix A.C.	Helen	McCrystal	F45	
Monaghan Phoenix A.C.	Evelyn	McGuirk	F50	
Monaghan Phoenix A.C.	Orla	McKenna	FS	
Monaghan Phoenix A.C.	Sarah	McKenna	F40	
Monaghan Phoenix A.C.	Sean	Sherry	M50	
Monaghan Phoenix A.C.	Gareth	Swift	M40	
Monaghan Phoenix A.C.	Peadar	Treanor	M50	
Monaghan Town Runners	James	Campbell	M45	
Monaghan Town Runners	Brendan	Carbin	M40	
Monaghan Town Runners	Ciara	Cassidy	F35	
Monaghan Town Runners	Declan	Fanthorpe	M45	
Monaghan Town Runners	Emma	Farrell	FS	
Monaghan Town Runners	Oli	Gleeson	M40	
Monaghan Town Runners	Valerie	Groarke	F35	
Monaghan Town Runners	Pan Alrum	Kjer	M35	
Monaghan Town Runners	Sean	Lally	MS	
Monaghan Town Runners	Paul	Mc Kenna	M35	
Monaghan Town Runners	Fergal	McAdam	M35	
Monaghan Town Runners	AnnaMarie	McCleary	F40	
Monaghan Town Runners	Alan	McKeown	M40	
Monaghan Town Runners	Georgina	McMeel	FS	
Monaghan Town Runners	Edele	Muldoon	F35	
Monaghan Town Runners	Liam	O'Donnell	M35	
Monaghan Town Runners	Clair	Quinn	F45	
Monaghan Town Runners	Diane	Sheridan	F45	
Monaghan Town Runners	Kieran	Sherlock	M40	
Monaghan Town Runners	Liam	Smyth	M40	
Monaghan Town Runners	Ryan	Smyth	MS	
Monaghan Town Runners	Barry	Tomany	M45	
Monaghan Town Runners	Trevor	Walker	M45	
Monkstown Spartans AC	David	Billings	M45	
Monkstown Spartans AC	Sharon	Cochrane	F40	
Monkstown Spartans AC	William Thomas	Gray	M40	
Monkstown Spartans AC	Gary	Huntley	M40	
Monkstown Spartans AC	Andrew	McCrea	M35	
Monkstown Spartans AC	Johnny	McKeown	M35	

Club	First Name	Last Name	Cat	Declared Team
Mourne Runners	Laura	Graham	FS	
Moy Valley A.C.	Michael	Canty	M35	
Moy Valley A.C.	John	Fox	M40	
Moy Valley A.C.	Catherine	Gillespie	F45	
Moy Valley A.C.	Catharina	Kenny	F45	
Moy Valley A.C.	Kevin	Rooney	M40	
Moyne A.C.	Brian	Carroll	M35	
Moyne A.C.	Deirdre	Kearney	F45	
Moyne A.C.	Frances	Long	F45	
Moyne A.C.	Breda	McNamara	F40	
Mullingar Harriers A.C.	Tommy	Archbold	M65	
Mullingar Harriers A.C.	Kevin	Baker	M35	M35
Mullingar Harriers A.C.	Michael	Byrne	M45	
Mullingar Harriers A.C.	Mark	Carroll	M35	M35
Mullingar Harriers A.C.	Brian	Collentine	M35	
Mullingar Harriers A.C.	Jane	Creevy	F35	SENIOR
Mullingar Harriers A.C.	David	Fagan	M50	
Mullingar Harriers A.C.	Joan	Flynn	F35	SENIOR
Mullingar Harriers A.C.	Robin	Jackson	M45	
Mullingar Harriers A.C.	Maurice	Looby	M45	M35
Mullingar Harriers A.C.	Mark	McCann	M40	M35
Mullingar Harriers A.C.	Siobhan	McCarthy	F45	SENIOR
Mullingar Harriers A.C.	Eva	McMorrow Byrn	F40	
Mullingar Harriers A.C.	Patrick	Muldoon	M35	
Mullingar Harriers A.C.	Stephen	Naughton	M50	
Mullingar Harriers A.C.	Eddie	Newman	M50	
Mullingar Harriers A.C.	John Paul	O'Brien	M35	
Mullingar Harriers A.C.	Michelle	O'Halloran	F40	
Mullingar Harriers A.C.	Criona	Reid	F45	SENIOR
Mullingar Harriers A.C.	Criona	Reid	F45	
Mullingar Harriers A.C.	Enda	Seery	MS	
Mullingar Harriers A.C.	Colm	Walsh	M40	
Mullingar Harriers A.C.	Ken	Whitelaw	M35	
Mullingar Harriers A.C.	Sinead	Whitelaw	FS	SENIOR
Murlough AC	Caitriona	Carr	FS	
Murlough AC	Brenda	Durkin	FS	
Murlough AC	Michael	Grant	MS	
Murlough AC	Siobhan	Grant	FS	
Murlough AC	Alan	Johnston	M45	
Murlough AC	Sean	Looby	M35	
Murlough AC	Declan	McCormick	M55	
Murlough AC	Joe	McMahon	M60	
Murlough AC	Clare	Murnin	FS	
Murlough AC	Eddie	Murnin	M35	
Murlough AC	Tony	Nellis	M50	
Murlough AC	Hugh	Oram	M40	
Murlough AC	Fionnuala	Simons	FS	
Murlough AC	Bridgeen	Torrens	F50	

Club	First Name	Last Name	Cat	Declared Team
Na Fianna A.C.	Ronan	Carey	M40	
Na Fianna A.C.	Conor	McAuley	M40	
Na Fianna A.C.	Cormac	Minnick	M45	
Naas A.C.	Colin	Feely	M45	
Naas A.C.	Thomas	Freeman	M40	
Naas A.C.	Liam	Grogan	M40	
Naas A.C.	Stephane	Moreau	M40	
Naas A.C.	Ciara	Shortall	F45	
Naomh Mhuire A.C.	Pauline	Colgan	F40	
Naomh Mhuire A.C.	Neville	Coughlan	M35	
Navan A.C.	Frances	Browne	F45	
Navan A.C.	Gráinne	Cahill	F40	
Navan A.C.	John	Corbett	M35	
Navan A.C.	Paul	Daly	M40	
Navan A.C.	Philip	Dempsey	M45	
Navan A.C.	Mark	Egan	M45	
Navan A.C.	Susan	Garde-Maguire	F40	
Navan A.C.	Fiona	Glacken	F50	
Navan A.C.	Rory	Glacken	M50	
Navan A.C.	Brendan	Hurley	M50	
Navan A.C.	Declan	Kearns	M35	
Navan A.C.	Theresa	Lynch	F50	
Navan A.C.	Ruairí	Ó Ceallaigh	M45	
Navan A.C.	Pam	O'Rourke	M35	
Navan A.C.	Karl	Sherlock	M40	
Navan A.C.	Karen	Treleaven	F45	
Navan A.C.	Barry	Watters	M5	
Newbridge A.C.	Eric	Boland	M35	
Newbridge A.C.	Anne	Brennan	F45	
Newbridge A.C.	David	Browne	M35	
Newbridge A.C.	Justin	Delmer	M40	
Newbridge A.C.	Martin	Dowling	M35	
Newbridge A.C.	Anne	Faulkner	F40	
Newbridge A.C.	Michael	Gibbons	M50	
Newbridge A.C.	Danny	Halford	M45	
Newbridge A.C.	Barry	Kehoe	M35	
Newbridge A.C.	Marion	Kelly	F35	
Newbridge A.C.	Steven	Loughlin	M40	
Newbridge A.C.	Paul	Matthews	M40	
Newbridge A.C.	Ramona	McCormack	F35	
Newbridge A.C.	Mary Frances	McGivern	F55	
Newbridge A.C.	Paul	McGivern	M50	
Newbridge A.C.	Lynda	McNulty	F45	
Newbridge A.C.	Peter	Moran	M40	
Newbridge A.C.	Brian	Murphy	M40	
Newbridge A.C.	Gerry	Rowley	M40	
Newbridge A.C.	Paul	Ryan	M45	
Newbridge A.C.	Jeremy	Whitty	M45	

Club	First Name	Last Name	Cat	Declared Team
Newcastle & District AC	Damien	Brannigan	F50	
Newcastle & District AC	Aidan	Brown	M35	
Newcastle & District AC	Frank	Cunningham	MS	
Newcastle & District AC	Rita	Devlin	F40	
Newcastle & District AC	Jerome	Farrell	M40	
Newcastle & District AC	Niall	Fitzpatrick	M35	
Newcastle & District AC	Paul	Fitzpatrick	M45	
Newcastle & District AC	Noel	Gallagher	M40	
Newcastle & District AC	Aidan	Gilmore	M40	
Newcastle & District AC	Patrick	Higgins	MS	
Newcastle & District AC	Niall	King	M45	
Newcastle & District AC	Joe	McCann	M45	
Newcastle & District AC	Michael	McKenna	M35	
Newcastle & District AC	Brendan	McQuaid	M35	
Newcastle & District AC	Kieran	Morgan	M35	
Newcastle & District AC	Jack	O'Hare	M40	
Newcastle & District AC	Simon	Poland	M40	
Newcastle & District AC	Norman	Smyth	M50	
Newcastle & District AC	Alan	Strachan	M50	
Newcastle & District AC	Mari	Troeng	FS	
Newport A.C.	Mathias	Allen	M45	
Newry City Runners AC	Mark	Clements	M40	
Newry City Runners AC	Michael	Dillon	M40	
Newry City Runners AC	Michael	Englishby	M40	
Newry City Runners AC	Marty	Farnon	M35	
Newry City Runners AC	David	Fisher	M40	
Newry City Runners AC	Peter	Linden	M40	
Newry City Runners AC	Damien	Maguire	M40	
Newry City Runners AC	Robbie	Marsh	M40	
Newry City Runners AC	Colm	McCann	M45	
Newry City Runners AC	Conor	McCracken	M45	
Newry City Runners AC	Karen	McElroy	FS	
Newry City Runners AC	Patricia	McMullen	FS	
Newry City Runners AC	Cathal	Morgan	MS	
Newry City Runners AC	Michele	Mowlds	F40	
Newry City Runners AC	Damian	Mulholland	M50	
Newry City Runners AC	Fiona	Murphy	F50	
Newry City Runners AC	Maureen	O'Hare	F50	
Newry City Runners AC	Patrick	Rocks	M65	
Newry City Runners AC	Roisin	Rocks	FS	
NI Civil Service AC	Adam	Heanen	M35	
NI Civil Service AC	Maura	Hennessy	F35	
NI Civil Service AC	Tara	McBride	F45	
NI Civil Service AC	Paul	O'Hare	M55	
NI Civil Service AC	Michael	Williamson	M40	
Nore Valley A.C.	Brain	Keane	M50	
North Belfast Harriers	Francess	Burgess	F40	
North Belfast Harriers	Jack	Carberry	M70	

Club	First Name	Last Name	Cat	Declared Team
North Belfast Harriers	Lyle	Carleton	F55	
North Belfast Harriers	Paul	Carlin	M45	
North Belfast Harriers	Anne Marie	Clarken	F40	
North Belfast Harriers	Jim	Clinton	M55	
North Belfast Harriers	Andrew	Considine	M40	
North Belfast Harriers	Paul	Curley	M35	
North Belfast Harriers	Gordon	Glenn	M45	
North Belfast Harriers	Andrew	Harding	M45	
North Belfast Harriers	Elaine	Holmes	F50	
North Belfast Harriers	Eamon	McCambridge	MS	
North Belfast Harriers	Ita	McCambridge	F55	
North Belfast Harriers	Paddy	Mccambridge	M55	
North Belfast Harriers	Patrick	McCambridge	M55	
North Belfast Harriers	Sarah-Jane	McFadden	FS	
North Belfast Harriers	Philip	Mcllwraith	M40	
North Belfast Harriers	Thomas	McKinstry	M50	
North Belfast Harriers	Stephen	McParland	M40	
North Belfast Harriers	Joe	Norney	M35	
North Belfast Harriers	Sandy	Plumb	M50	
North Belfast Harriers	Simon	Reeve	M40	
North Belfast Harriers	Jason	Reid	MS	
North Belfast Harriers	Arran	Rutledge	M40	
North Belfast Harriers	Rosy	Ryan	F40	
North Belfast Harriers	Nisha	Sharma	FS	
North Belfast Harriers	Thomas	Simmons	M35	
North Belfast Harriers	John	Steele	M50	
North Cork A.C.	TJ	Bluett	M45	
North Cork A.C.	Colin	Bradford	M55	
North Cork A.C.	John	Brady	M60	
North Cork A.C.	Debbie	Buckley	F45	
North Cork A.C.	Marie	Crowley	F35	
North Cork A.C.	Kathryn	Galvin	F50	
North Cork A.C.	Brigita	Lukste	F35	
North Cork A.C.	Marie	McCartan	F40	
North Cork A.C.	John	Meehan	M40	
North Cork A.C.	John Joe	O'Grady	M50	
North Cork A.C.	Diarmuid	O'Sullivan	M35	
North Cork A.C.	Julie	Riordan	F50	
North Cork A.C.	Paula	Ryan	FS	
North Cork A.C.	Edel	Scully	F40	
North Down AC	Steven	Donegan	MS	
North Down AC	Roberta	Dornan	F40	
North Down AC	Paul	Dowey	M40	
North Down AC	Claire	Garrad	F35	
North Down AC	Keith	Gilmore	M40	
North Down AC	Alex	Irvine	M40	
North Down AC	Joanne	Kelly	F45	
North Down AC	Alan	Massey	M40	

Club	First Name	Last Name	Cat	Declared Team
North Down AC	Cliff	McCausland	M50	
North Down AC	Ian	McCreary	M50	
North Down AC	Fiona	McQuillan	F35	
North Down AC	Andrew	Muir	M40	
North Down AC	Philip	Mulligan	M50	
North Down AC	Eamonn	O'Reilly	M45	
North Down AC	Paula	Simpson	F50	
North Down AC	Donald	Smith	M45	
North Down AC	Michael	Stevenson	M50	
North Down AC	Colin	Walker	M40	
North Down AC	Louise	Watson	F35	
North East Runners A.C.	Kana	Akimoto	F35	
North East Runners A.C.	Kevin	Bishop	M35	
North East Runners A.C.	Anita	Bolton	F50	
North East Runners A.C.	Brendan	Breen	M45	
North East Runners A.C.	Cathy	Byrne	F60	
North East Runners A.C.	Raymond	Coogan	M45	
North East Runners A.C.	Alison	Cooney	F45	
North East Runners A.C.	Patrick (Joey)	Cooney	M45	
North East Runners A.C.	Ian	Cosgrove	M40	
North East Runners A.C.	Rachel	Dixon	F35	
North East Runners A.C.	Kevin	Dunne	M40	
North East Runners A.C.	Niall	Farrell	M40	
North East Runners A.C.	Catriona	Faulkner	F35	
North East Runners A.C.	Liam	Fergus	M35	
North East Runners A.C.	Andrew	Gallagher	M5	
North East Runners A.C.	Brendan	Gallagher	M40	
North East Runners A.C.	Audrius	Gaudutis	M35	
North East Runners A.C.	Jim	Gonnelly	M50	
North East Runners A.C.	Kevin	Hamill	M40	
North East Runners A.C.	Mary	Hearty	F40	
North East Runners A.C.	Melanie	Hearty	F45	
North East Runners A.C.	Breffni	Kelly	F40	
North East Runners A.C.	Kieran	Kelly	M45	
North East Runners A.C.	Gerry	Kenny	M50	
North East Runners A.C.	Sarah	Kieran	FS	
North East Runners A.C.	Joanne	Lambe	F35	
North East Runners A.C.	Louise	Lambe	F45	
North East Runners A.C.	Michael	Lindan	M45	
North East Runners A.C.	Jenny	Lynch	F35	
North East Runners A.C.	Brian	Mc Guinness	M40	
North East Runners A.C.	Mary	McArdle	F50	
North East Runners A.C.	Gerard	McCaffrey	M40	
North East Runners A.C.	Sue	McClellan	F40	
North East Runners A.C.	Karen	McCrystal	F40	
North East Runners A.C.	Pat	McElarney	M45	
North East Runners A.C.	Fred	McEleavey	M45	
North East Runners A.C.	Michelle	McEnteggart	F40	

Club	First Name	Last Name	Cat	Declared Team
North East Runners A.C.	Jacinta	McNally	FS	
North East Runners A.C.	Hugh	McNulty	M40	
North East Runners A.C.	Sabrina	Mulholland	F40	
North East Runners A.C.	Aine	Nic Giolla Bhríde	FS	
North East Runners A.C.	Peter	Noone	M45	
North East Runners A.C.	Colette	O'Hagan	F65	
North East Runners A.C.	Kerri	O'Leary Petticrev	F40	
North East Runners A.C.	Austin	Reid	M50	
North East Runners A.C.	Brendan	Reid	M50	
North East Runners A.C.	Fintan	Rogers	M40	
North East Runners A.C.	Barry	Sullivan	M45	
North East Runners A.C.	Enda	Tobin	M40	
North East Runners A.C.	Sheila	Tobin	F40	
North Leitrim A.C.	Jonathan	Fahey	M40	
North Sligo A.C.	Catherine	Donlon	F40	SENIOR
North Sligo A.C.	Donal	Egan	MS	SENIOR
North Sligo A.C.	Karen	Gillen	F45	SENIOR
North Sligo A.C.	Andera	Horgan	FS	SENIOR
North Sligo A.C.	Pamela	Hunter	F35	SENIOR
North Sligo A.C.	Padraig	Kelly	M40	SENIOR
North Sligo A.C.	Rose	Kelly	FS	SENIOR
North Sligo A.C.	Paul	Kerrigan	M50	SENIOR
North West Kildare A.C.	Marian	Brady	F50	
North Westmeath A.C.	OLLIE	DEVINE	M45	
North Westmeath A.C.	Paul	DOLAN	M45	
North Westmeath A.C.	Cathal	Fagan	M35	
North Westmeath A.C.	COLM	Kavanagh	M45	
Omagh Harriers	Patricia	Campbell	F50	
Omagh Harriers	Niall	Heaney	M50	
Omagh Harriers	Maria	McCarter	F55	
Omagh Harriers	Seanie	Meyler	M50	
Omagh Harriers	Bernie	O'Donnell	F45	
Omagh Harriers	Derek	Sommerville	M50	
Orangethroat AC	Sharon	Corken	F40	
Orangethroat AC	Jill	Long	F45	
Orangethroat AC	Rachel	Lyle	F40	
Orangethroat AC	Patricia	Magill	F45	
Orangethroat AC	Ian	Millgate	M40	
Orangethroat AC	robin	montgomery	M45	
Orangethroat AC	David	Roberts	M45	
Orangethroat AC	Heather	Shanks-Miller	F45	
Orangethroat AC	Ian	Wilson	M50	
Orangethroat AC	Paul	Woodman	M40	
Oughaval A.C.	Liz	Jago	F45	
PACE Running Club	David	Conliffe	M40	
PACE Running Club	Donal	Flanagan	M45	
PACE Running Club	Joel	McFetridge	MS	
PACE Running Club	Ricky	McKnight	M35	

Club	First Name	Last Name	Cat	Declared Team
PACE Running Club	John	Nicholson	M40	
PACE Running Club	Stephen	Nicholson	M35	
Portlaoise A.C.	Nuala	Arrigan	F45	
Portlaoise A.C.	Joe	Breen	M40	
Portlaoise A.C.	Aengus	Burke	M50	
Portlaoise A.C.	Sharon	Byrne	FS	
Portlaoise A.C.	Niall	Collins	M35	
Portlaoise A.C.	Sinead	Curtis	FS	
Portlaoise A.C.	Richie	Reid	M40	
Portmarnock A.C.	Ruth	Bannon	F40	
Portmarnock A.C.	Mai	Barrett	F40	
Portmarnock A.C.	Aiden	Burke	M45	
Portmarnock A.C.	Paul	Byrne	M35	
Portmarnock A.C.	John	Clarke	M40	
Portmarnock A.C.	Karen	Clarke	F40	
Portmarnock A.C.	Jennifer	Coates	F45	
Portmarnock A.C.	Linda	Colgan	F40	
Portmarnock A.C.	Don	Cronin	M45	
Portmarnock A.C.	Conor	Fitzpatrick	MS	
Portmarnock A.C.	Lorna	Gibbons Sweeney	F45	
Portmarnock A.C.	Mary	Harte	F40	
Portmarnock A.C.	Declan	Hughes	M45	
Portmarnock A.C.	Brian	Kelly	M50	
Portmarnock A.C.	Declan	Kelly	M40	
Portmarnock A.C.	Eimear	Kelly	F40	
Portmarnock A.C.	Brian	Mccann	M40	
Portmarnock A.C.	Gaetan	Meister	M45	
Portmarnock A.C.	Liz	Murphy	F40	
Portmarnock A.C.	Neil	Murphy	MS	
Portmarnock A.C.	Keith	Murray	M50	
Portmarnock A.C.	Martin	O'Brien	M40	
Portmarnock A.C.	Larry	O'Byrne	M45	
Portmarnock A.C.	Helen	O'Connor	F35	
Portmarnock A.C.	John	O'Leary	M50	
Portmarnock A.C.	Susan	O'Leary	F50	
Portmarnock A.C.	Louise	O'Reilly	F35	
Portmarnock A.C.	Lorraine	Quinn	F40	
Portmarnock A.C.	Emer	Rooney	F40	
Portmarnock A.C.	Neil	Rooney	M40	
Portmarnock A.C.	Edel	Ryan	F40	
Portmarnock A.C.	Ken	Ryan	M45	
Portmarnock A.C.	Patricia	Ryder	F45	
Portmarnock A.C.	Neil	White	M40	
Racing 795	David	Kendellin	M45	
Raheny Shamrock A.C.	Robbie	Beggs	M45	
Raheny Shamrock A.C.	Robbie	Beggs	M45	
Raheny Shamrock A.C.	Michael	Boyle	M45	
Raheny Shamrock A.C.	David	Brady	M65	

Club	First Name	Last Name	Cat	Declared Team
Raheny Shamrock A.C.	Lorraine	Byrne	F45	F35
Raheny Shamrock A.C.	Margaret	Byrne	F45	F35
Raheny Shamrock A.C.	Eric	Champ	M40	
Raheny Shamrock A.C.	Angela	Charlton	F45	F35
Raheny Shamrock A.C.	Una	Cherry	F50	F50
Raheny Shamrock A.C.	Valerie	Clinton	F40	F35
Raheny Shamrock A.C.	Mary	Coghlan	F40	F35
Raheny Shamrock A.C.	Keith	Comiskey	M45	
Raheny Shamrock A.C.	Brian	Connor	MS	
Raheny Shamrock A.C.	Carl	Conroy	M40	
Raheny Shamrock A.C.	Paul	Conroy	M45	
Raheny Shamrock A.C.	Fiona	Coyle	F45	
Raheny Shamrock A.C.	Tommy	Crampton	M45	
Raheny Shamrock A.C.	Aisling	Delaney	F45	F35
Raheny Shamrock A.C.	Colm	Delaney	MS	
Raheny Shamrock A.C.	Michael	Delaney	M50	
Raheny Shamrock A.C.	Simon	Devenney	M35	
Raheny Shamrock A.C.	Maeve	Devlin	F40	F35
Raheny Shamrock A.C.	Aine	Duffy	F50	F50
Raheny Shamrock A.C.	John	Dunne	M35	
Raheny Shamrock A.C.	Caroline	Farrelly	F50	F50
Raheny Shamrock A.C.	Keith	Fleming	M45	
Raheny Shamrock A.C.	Keith	Fleming	M45	
Raheny Shamrock A.C.	Alice	Flynn	F45	F35
Raheny Shamrock A.C.	Alan	Foley	M40	
Raheny Shamrock A.C.	Siobhan	Foley	F40	F35
Raheny Shamrock A.C.	John	Freir	M50	
Raheny Shamrock A.C.	Paul	Frewen	M55	
Raheny Shamrock A.C.	Robert	Frewen	MS	
Raheny Shamrock A.C.	Ann marie	Gargan	F40	F35
Raheny Shamrock A.C.	David	Gargan	M45	
Raheny Shamrock A.C.	Jody	Gilhooly	M35	
Raheny Shamrock A.C.	Dermot	Gorman	M35	
Raheny Shamrock A.C.	David	Grange	M45	
Raheny Shamrock A.C.	Wesley	Grant	M35	
Raheny Shamrock A.C.	Gearoid	Healy	M35	
Raheny Shamrock A.C.	Colm	Hickey	M35	
Raheny Shamrock A.C.	David	Hodson	M35	
Raheny Shamrock A.C.	Maria	Hughes	F40	F35
Raheny Shamrock A.C.	Connor	Jennings	M45	
Raheny Shamrock A.C.	Liz	Keary	F40	F35
Raheny Shamrock A.C.	Damian	Kehoe	M40	
Raheny Shamrock A.C.	Martin	Kelly	M55	
Raheny Shamrock A.C.	Tara	Kennedy Monks	F40	F35
Raheny Shamrock A.C.	Gary	Kenny	M45	
Raheny Shamrock A.C.	Louise	Keogh	F35	
Raheny Shamrock A.C.	Terry	Keogh	M40	
Raheny Shamrock A.C.	Michael	King	M40	

Club	First Name	Last Name	Cat	Declared Team
Raheny Shamrock A.C.	Mark	Kirwan	M5	
Raheny Shamrock A.C.	Mark	Lacey	M55	
Raheny Shamrock A.C.	Paul	Larkin	M35	
Raheny Shamrock A.C.	Declan	Lawler	M45	
Raheny Shamrock A.C.	Barry	Lennon	M35	
Raheny Shamrock A.C.	Tom	Loftus	M60	
Raheny Shamrock A.C.	Patricia	Lorigan	F60	
Raheny Shamrock A.C.	Mary	Lynch	F65	F50
Raheny Shamrock A.C.	Desmond	Lyons	M50	
Raheny Shamrock A.C.	Damien	Martin	M50	
Raheny Shamrock A.C.	Kate	Martin	FS	F35
Raheny Shamrock A.C.	Ciaran	McCarthy	M40	
Raheny Shamrock A.C.	Geraldine	McGonagle	F55	
Raheny Shamrock A.C.	Michael	McMahon	M35	
Raheny Shamrock A.C.	Nicola	Mooney	F35	
Raheny Shamrock A.C.	Gerard	Mullins	M40	
Raheny Shamrock A.C.	Jenny	Mulry	F35	
Raheny Shamrock A.C.	Wesley	O'Brien	M40	
Raheny Shamrock A.C.	Richard	O'Connor	M40	
Raheny Shamrock A.C.	Diana	O'Dea	F35	F35
Raheny Shamrock A.C.	Elaine	O'Hagan McNult	F40	F35
Raheny Shamrock A.C.	David	O'Hara	M50	
Raheny Shamrock A.C.	Adrienne	O'Meara	F50	
Raheny Shamrock A.C.	Rachel	Ormrod	F40	F35
Raheny Shamrock A.C.	Rory	O'Sullivan	M40	
Raheny Shamrock A.C.	Patrick	Phillips	M35	
Raheny Shamrock A.C.	Ollie	Power	M5	
Raheny Shamrock A.C.	Mary	Purduesmyth	F50	
Raheny Shamrock A.C.	Steve	Reeves	M40	
Raheny Shamrock A.C.	Christy	Reilly	M60	
Raheny Shamrock A.C.	Seamus	Rooney	M55	
Raheny Shamrock A.C.	Elizabeth	Rouine	F55	F50
Raheny Shamrock A.C.	Brighid	Smyth	F50	F50
Raheny Shamrock A.C.	Eamon	Traynor	M45	
Raheny Shamrock A.C.	Mary	Walsh	F40	F35
Raheny Shamrock A.C.	Declan	Whooley	M5	
Raheny Shamrock A.C.	Annmarie	Woods	F35	
Rasharkin Runners	joesph	carey	M40	
Rasharkin Runners	ann	DARRAGH	F40	
Rasharkin Runners	THOMAS	DARRAGH	M40	
Rasharkin Runners	kevin	gribben	M5	
Rasharkin Runners	colm	mcmullan	M35	
Rathfarnham W.S.A.F. A.C.	Ciaran	Aylward	M35	
Rathfarnham W.S.A.F. A.C.	Greg	Byrne	M40	
Rathfarnham W.S.A.F. A.C.	Tom	Cuddy	M55	
Rathfarnham W.S.A.F. A.C.	Eric	Cullen	M50	
Rathfarnham W.S.A.F. A.C.	Denis	Daly	M50	
Rathfarnham W.S.A.F. A.C.	Evan	Farren	F35	

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Rathfarnham W.S.A.F. A.C.	Seamus	Gorman	M40	
Rathfarnham W.S.A.F. A.C.	Sean	Hehir	MS	
Rathfarnham W.S.A.F. A.C.	Brendan	Hogan	M55	
Rathfarnham W.S.A.F. A.C.	Aifric	Morrissey	F50	
Rathfarnham W.S.A.F. A.C.	Barry	Mulvhill	M45	
Rathfarnham W.S.A.F. A.C.	Michael	Murphy	M35	
Rathfarnham W.S.A.F. A.C.	Robert	Murphy	M35	
Rathfarnham W.S.A.F. A.C.	Colm	Murray	M50	
Rathfarnham W.S.A.F. A.C.	Jackie	Sullivan	F50	
Rathfarnham W.S.A.F. A.C.	Peter	Toomey	M35	
Rathkenny A.C.	Philomena	Finnegan	F35	
Rathkenny A.C.	Noreen	Mimnagh-Fleming	FS	
Rathkenny A.C.	Derek	O'Halloran	M45	
Rathkenny A.C.	Brendan	White	M45	
Rathkenny A.C.	Teresa	White	F45	
Ratoath A.C.	Aidan	Barker	M40	
Ratoath A.C.	Rachel	Connolly	F40	
Ratoath A.C.	Earle	Doyle	M40	
Ratoath A.C.	Hugh	Kelly	M40	
Ratoath A.C.	Eoin	O'Beara	M50	
Ratoath A.C.	Alan	Phelan	M45	
Ratoath A.C.	Noelle	Russell	F45	
Ratoath A.C.	Richard	Smith	M50	
Rhode A.C.	Deirdre	Henchy	F45	
Roscommon A.C.	Pauline	Healy	F55	
Roscommon A.C.	Mairead	Hynes	F45	
Roscommon Harriers A.C.	Hughes	Anita	F40	
Roscommon Harriers A.C.	John	Bligh	M50	
Roscommon Harriers A.C.	Glen	Campbell	M45	
Roscommon Harriers A.C.	Katie	Daly	F45	
Roscommon Harriers A.C.	Alastair	Donaldson	M35	
Roscommon Harriers A.C.	Brenda	Duffy Hegarty	F45	
Roscommon Harriers A.C.	Helen	Ely	F45	
Roscommon Harriers A.C.	David	Fallon	M40	
Roscommon Harriers A.C.	Sinead	Gannon	F35	
Roscommon Harriers A.C.	Deirdre	Garvey	F35	
Roscommon Harriers A.C.	Anne	Gilleran	F40	
Roscommon Harriers A.C.	Mark	Gilleran	M45	
Roscommon Harriers A.C.	Marie	Grady	F35	
Roscommon Harriers A.C.	Tonya	Hand	F35	
Roscommon Harriers A.C.	Annita	Hughes	F40	
Roscommon Harriers A.C.	Monica	Lyons	F40	
Roscommon Harriers A.C.	Colm	McGarvey	M35	
Roscommon Harriers A.C.	Frank	Murphy	M40	
Roscommon Harriers A.C.	Tom	Reddington	M40	
Roscommon Harriers A.C.	Adrian	Smith	M35	
Roscommon Harriers A.C.	Mary	Tarpey	F45	
Rosenallis A.C.	David	Peake	M35	

Club	First Name	Last Name	Cat	Declared Team
Rosses A.C.	Denis	Boner	M45	M35
Rosses A.C.	Sinéad	Boyle	F40	
Rosses A.C.	Noel	Diver	M35	M35
Rosses A.C.	Terence	Gallagher	M50	
Rosses A.C.	Anne	Harkin	F40	
Rosses A.C.	Edward	Harkin	M35	M35
Rosses A.C.	John	Ivers	MS	
Rosses A.C.	Michael	Logue	M40	M35
Rosses A.C.	Eamonn	McGee	M40	M35
Rosses A.C.	Fergal	McGee	MS	
Rosses A.C.	Noreen	McGee	F40	
Rosses A.C.	Paul	McGee	M40	
Rosses A.C.	Fiona	McGinley	FS	
Rosses A.C.	Gavin	ÓDónaill	M35	
Rosses A.C.	Marie	Sweeney McGar	F40	
Scrabo Striders	Kerri	Anderson	F40	
Scrabo Striders	Catherine	Cauley	FS	
Scrabo Striders	Shannon	Clegg	F35	
Scrabo Striders	Ian	Frazer	MS	
Scrabo Striders	Sharon	Graham	F35	
Scrabo Striders	Jonny	Kinney	M45	
Scrabo Striders	Fiona	McAvoy	F50	
Scrabo Striders	Barbara	McKechnie	F45	
Scrabo Striders	Kieran	McNamara	MS	
Scrabo Striders	Christopher	Stevenson	M40	
Scrabo Striders	Jeanette	Wilson	F40	
Seapark AC	Jacqui	Coghlan	F50	
Seapark AC	Robert	Elliott	MS	
Seapark AC	Gavin	Irvine	MS	
Seapark AC	Sara	Johnston	FS	
Seapark AC	Geraldine	Kane	F45	
Seapark AC	Julie	Marshall	F40	
Seapark AC	colin	McCrum	M50	
Seapark AC	Julie-Ann	Mitchell	F40	
Seapark AC	Caroline	Mone	F35	
Seapark AC	Philip	Mone	M35	
Seapark AC	Glenda	Murray	F45	
Seapark AC	Robert	Murray	M45	
Seapark AC	Karen	Poag	F40	
Seapark AC	Karen	Waring	F45	
Shannon A.C.	Frank	Fitzgerald	M50	
Shercock A.C.	Noel	Carroll	MS	
Shercock A.C.	Kevin	McGuinness	M35	
Shercock A.C.	John joe	Rogers	M55	
Shercock A.C.	Noel	Ruxton	MS	
Shercock A.C.	Niall	Smith	M35	
Shercock A.C.	John	Whelan	M35	
Skerries A.C.	Andrea	Broderick	F40	

Club	First Name	Last Name	Cat	Declared Team
Skerries A.C.	David	Daly	M35	
Skerries A.C.	Gavan	Farrell	M35	
Skerries A.C.	Treabhor	Mac Eochaidh	M40	
Slaney Olympic A.C.	David	Bolger	M45	
Slaney Olympic A.C.	Vincent	Byrne	M50	
Slaney Olympic A.C.	Ed	Cahill	M45	
Slaney Olympic A.C.	Tommy	Colfer	M40	
Slaney Olympic A.C.	Conaill	Cooper	M35	
Slaney Olympic A.C.	Michael	Coughlan	MS	
Slaney Olympic A.C.	Thomas	Crofts	M35	
Slaney Olympic A.C.	Sean	Crotty	M35	
Slaney Olympic A.C.	Orla	Doyle	F35	
Slaney Olympic A.C.	John	Foley	M35	
Slaney Olympic A.C.	Colin	Garry	MS	
Slaney Olympic A.C.	Pat	Hennessey	M40	
Slaney Olympic A.C.	Ben	Hill	M45	
Slaney Olympic A.C.	Seamus	Jordan	M50	
Slaney Olympic A.C.	Annis	Kehoe	F60	
Slaney Olympic A.C.	Julie	Kirwan	F35	
Slaney Olympic A.C.	Brian	Maher	M40	
Slaney Olympic A.C.	Stephanie	McKenna	F40	
Slaney Olympic A.C.	Mick	Morrissey	M55	
Slaney Olympic A.C.	Fergus	Murphy	M40	
Slaney Olympic A.C.	Ger	Murphy	M50	
Slaney Olympic A.C.	Joanne	Murphy	F35	
Slaney Olympic A.C.	Valerie	Murphy	F40	
Slaney Olympic A.C.	Louise	Nolan	F35	
Slaney Olympic A.C.	Declan	O'Brine	M40	
Slaney Olympic A.C.	Tom	O'Shea	M35	
Slaney Olympic A.C.	Michael	Quigley	M55	
Slaney Olympic A.C.	Angie	Redmond	F40	
Slaney Olympic A.C.	Patrick	Rooney	M35	
Slaney Olympic A.C.	Yvonne	Rossiter	F40	
Slaney Olympic A.C.	Mary	Ryan	FS	
Slaney Olympic A.C.	Eamon	Saunders	M50	
Sli Cualann A.C.	Paul	Allen	M35	
Sli Cualann A.C.	Helen	Barry	F45	
Sli Cualann A.C.	Slawek	Bosy	M35	
Sli Cualann A.C.	Siobhan	Butler	F50	
Sli Cualann A.C.	Amanda	Byrne	F40	
Sli Cualann A.C.	Ciaran	Byrne	M55	
Sli Cualann A.C.	Jannette	Byrne	F40	
Sli Cualann A.C.	Elaine	Casey	F45	
Sli Cualann A.C.	Sandra	Coleborn	F55	
Sli Cualann A.C.	Gary R	Condon	M45	
Sli Cualann A.C.	Carol	Costello	F45	
Sli Cualann A.C.	Robert	Costello	M35	
Sli Cualann A.C.	Rory	DeCourcy	M40	

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Sli Cualann A.C.	Peter	Doran	M55	
Sli Cualann A.C.	Alan	Duffy	MS	
Sli Cualann A.C.	Mark	Duncan	M50	
Sli Cualann A.C.	Suzanne	Foot	F45	
Sli Cualann A.C.	Paul	Gannon	M50	
Sli Cualann A.C.	Shay	Hagan	M45	
Sli Cualann A.C.	Emer	Hynes	F45	
Sli Cualann A.C.	Joe	Kelly	M45	
Sli Cualann A.C.	Liam	Kelly	M45	
Sli Cualann A.C.	Ray	Kenny	M40	
Sli Cualann A.C.	Michael	Knight	M60	
Sli Cualann A.C.	Christine	McCann	F60	
Sli Cualann A.C.	Laura	McCann	F35	
Sli Cualann A.C.	William	McCann	M35	
Sli Cualann A.C.	Hugh	McLindon	M45	
Sli Cualann A.C.	Andrea	Murphy	F45	
Sli Cualann A.C.	Mary Pauline	Nolan Hickey	F65	
Sli Cualann A.C.	Anthony	Nugent	MS	
Sli Cualann A.C.	Claire	O Callaghan	FS	
Sli Cualann A.C.	Cormac	O Ceallaigh	M40	
Sli Cualann A.C.	Niamh	O Ceallaigh	F35	
Sli Cualann A.C.	Pauline	O Connell	F55	
Sli Cualann A.C.	Maeve	O Reilly	F40	
Sli Cualann A.C.	Shane	O'Connell	M35	
Sli Cualann A.C.	Catherine	O'Connor	F40	
Sli Cualann A.C.	Jean	O'Kennedy	F55	
Sli Cualann A.C.	Brian	O'Murchu	M35	
Sli Cualann A.C.	MichaelJ	O'Neill	M45	
Sli Cualann A.C.	Marie	Sharpe	F40	
Sli Cualann A.C.	Bill	Stanley	M45	
Sli Cualann A.C.	TRISH	SYNNOTT	F45	
Sli Cualann A.C.	Thomas	moore	M35	
Sliabh Bhuide Rovers A.C.	Liam	Breen	M55	
Sliabh Bhuide Rovers A.C.	Mary	Carton	F50	
Sliabh Bhuide Rovers A.C.	Trevor	Conroy	M40	
Sliabh Bhuide Rovers A.C.	Patrick	Currley	MS	
Sliabh Bhuide Rovers A.C.	Adrian	Doyle	M40	
Sliabh Bhuide Rovers A.C.	Paul	Gibbons	M40	
Sliabh Bhuide Rovers A.C.	Billy	Harpur	M70	
Sliabh Bhuide Rovers A.C.	Christine	Hill	F35	
Sliabh Bhuide Rovers A.C.	Thomas	Kavanagh	MS	
Sliabh Bhuide Rovers A.C.	Thomas	Kavanagh	MS	
Sliabh Bhuide Rovers A.C.	Brian	Kearney	M35	
Sliabh Bhuide Rovers A.C.	Belinda	Kehoe	F40	
Sliabh Bhuide Rovers A.C.	Louise	Kehoe	F35	
Sliabh Bhuide Rovers A.C.	Richie	Lynch	M45	
Sliabh Bhuide Rovers A.C.	Niall	O'Connor	M35	
Sliabh Bhuide Rovers A.C.	Louise	Redmond	FS	

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Slieve Gullion Runners	Larry	Boyle	M40	
Slieve Gullion Runners	Orla	Finnegan	F40	
Slieve Gullion Runners	David	Griffin	M35	
Slieve Gullion Runners	Caroline	Martin	F50	
Slieve Gullion Runners	Conor	Martin	M40	
Slieve Gullion Runners	Denise	Mc Cabe	F40	
Slieve Gullion Runners	Eugene	Mc Crink	M45	
Slieve Gullion Runners	Oonagh	Mc Mahon	F45	
Slieve Gullion Runners	Peter	McAllister	M35	
Slieve Gullion Runners	Stephen	McCabe	M45	
Slieve Gullion Runners	Ciaran	McSherry	M35	
Slieve Gullion Runners	Kevin	McSherry	M40	
Slieve Gullion Runners	Paddy	Moley	M40	
Slieve Gullion Runners	Ollie	Murray	M40	
Slieve Gullion Runners	Brian	O Neill	M40	
Slieve Gullion Runners	Michelle	O Neill	F35	
Slieve Gullion Runners	Peter	Rodgers	M35	
Sligo A.C.	sarah-jane	boyce	FS	SENIOR
Sligo A.C.	Fiona	Boyle	F40	F35
Sligo A.C.	Aisling	Cawley	F40	F35
Sligo A.C.	Sean	Colreavy	M35	M35
Sligo A.C.	Damien	Conlon	M40	M35
Sligo A.C.	Joe	Davey	M50	M50
Sligo A.C.	Eilish	Doherty	F45	F35
Sligo A.C.	Fiona	Fahey Gilmartin	F35	F35
Sligo A.C.	Vanessa	Foley	F40	F35
Sligo A.C.	Stephen	Gilgan	M45	M35
Sligo A.C.	Gerry	Gilmartin	M45	M35
Sligo A.C.	Richard	Gorman	M40	M35
Sligo A.C.	David	Kearins	M45	M35
Sligo A.C.	Aishling	Kennedy	F40	F35
Sligo A.C.	Damien	Kennedy	M40	
Sligo A.C.	Brendan	McCarrick	MS	SENIOR
Sligo A.C.	Roberta	McDonald	FS	SENIOR
Sligo A.C.	Jason	Mulrooney	M35	
Sligo A.C.	Olivia	Seery	F70	F50
Sligo A.C.	Seamus	Somers	M40	M35
Sligo A.C.	Karen	Sweeney	FS	SENIOR
Sligo A.C.	John	Walsh	M50	
Sligo A.C.	Enda	Whelan	M65	M50
Sligo A.C.	Fintan	Whelan	MS	SENIOR
Sligo A.C.	Rose	Young	F60	F50
South Galway A.C.	Geraldine	Fahey	F45	
South Galway A.C.	JJ	Finn	M50	
South Galway A.C.	Martin	Halvey	M55	
South Galway A.C.	Alan	Kenny	M45	
South Galway A.C.	Mags	Kenny	F45	
South Galway A.C.	Pat	MacSweeney	M50	

Club	First Name	Last Name	Cat	Declared Team
South Galway A.C.	Dara	Williams	M35	
South O'Hanlon A.C.	SHARON	CAROLAN	F45	
South O'Hanlon A.C.	EDEL	MC SORLEY	F40	
South O'Hanlon A.C.	CATHAL	O DONNELL	M45	
South O'Hanlon A.C.	Kathleen	Sweeney	F35	
South Sligo A.C.	Rita	Brett	F55	
South Sligo A.C.	Tommy	Killoran	M55	
Sperrin Harriers	John	Canavan	M35	
Sperrin Harriers	Douglas	Finlay	M45	
Sperrin Harriers	Rhoda	Finlay	F40	
Sperrin Harriers	Nicola	Gillespie	F35	
Sperrin Harriers	Kevin	Heenan	M50	
Sperrin Harriers	Linda	Heenan	F50	
Sperrin Harriers	Maureen	Mallon	F50	
Sperrin Harriers	Michael	McCrary	M50	
Sperrin Harriers	Pierce	McCullagh	M35	
Sperrin Harriers	Leon	Mckee	M40	
Sperrin Harriers	Bronagh	McKenna	F35	
Sperrin Harriers	Anne-Marie	McKernan	F40	
Sperrin Harriers	Stephen	McWilliams	M45	
Sperrin Harriers	Laura	Mitchell	FS	
Sperrin Harriers	Jacinta	Morgan	F45	
Sperrin Harriers	Gavin	O Hagan	M35	
Sperrin Harriers	Fergal	O Neil	MS	
Sperrin Harriers	Barry	O'Neill	M50	
Sperrin Harriers	Emma	Rice	FS	
Sperrin Harriers	David	Stewart	M40	
Sperrin Harriers	Brian	Taggart	M40	
Sperrin Harriers	Joanne	Taggart	F35	
Sperrin Harriers	Donal	Teague	MS	
Sperrin Harriers	Joanne	Wilkinson	F40	
Sportsworld A.C.	Anne	Belton	F35	
Sportsworld A.C.	Paul	Canniffe	M40	
Sportsworld A.C.	Jose	Chapa	M45	
Sportsworld A.C.	Caoimhe	Costigan	FS	
Sportsworld A.C.	Angela	Cronin	FS	
Sportsworld A.C.	David	Culhane	M35	
Sportsworld A.C.	Michael	Cunningham	M40	
Sportsworld A.C.	Aidan	Curran	M40	
Sportsworld A.C.	Lucy	Darcy	F45	
Sportsworld A.C.	Anna	Delaney	F40	
Sportsworld A.C.	Martin	Doyle	M40	
Sportsworld A.C.	Sean	Duffy	MS	
Sportsworld A.C.	Patricia	Fitzmaurice	F35	
Sportsworld A.C.	John	Flaherty	M35	
Sportsworld A.C.	Damien	Geraghty	MS	
Sportsworld A.C.	Mark	Hogan	MS	
Sportsworld A.C.	Mark	Hollowed	M40	

Club	First Name	Last Name	Cat	Declared Team
Sportsworld A.C.	Alan	Hynes	M45	
Sportsworld A.C.	Ruth	Kelly	F40	
Sportsworld A.C.	Denise	Kilkenny	F35	
Sportsworld A.C.	THomas	Kinsella	M35	
Sportsworld A.C.	Karol	Laffan	M35	
Sportsworld A.C.	Derrick	Long	M55	
Sportsworld A.C.	Noel	Lynam	M50	
Sportsworld A.C.	Edward	McEntee	M50	
Sportsworld A.C.	Justin	McKeever	M40	
Sportsworld A.C.	William	Murphy	M45	
Sportsworld A.C.	Ronan	Murray	M45	
Sportsworld A.C.	Gerard	Neenan	M35	
Sportsworld A.C.	Paul	O'Beirne	M35	
Sportsworld A.C.	Eoin	O'Brien	M35	
Sportsworld A.C.	Liam	O'Brien	MS	
Sportsworld A.C.	Paul	O'Connell	M40	
Sportsworld A.C.	Derek	O'Doherty	M40	
Sportsworld A.C.	Aoife	O'Leary	F35	
Sportsworld A.C.	Diarmuid	O'Sulleabhain	M35	
Sportsworld A.C.	Neill	Purdy	MS	
Sportsworld A.C.	Naoise	Waldron	F35	
Springwell Running Club	Hugh	Boyle	M65	
Springwell Running Club	Peter	Butcher	M50	
Springwell Running Club	Chris	Capper	M55	
Springwell Running Club	Stephen	Cassidy	M45	
Springwell Running Club	Eddie	Clyde	MS	
Springwell Running Club	Gearoid	Conerney	M40	
Springwell Running Club	Colin	Connolly	M50	
Springwell Running Club	Kieran	Cooke	M35	
Springwell Running Club	Sarah	Dickinson	F35	
Springwell Running Club	Kathy	Donaghey	F35	
Springwell Running Club	Paul	Dornan	M50	
Springwell Running Club	Andy	Dowey	M35	
Springwell Running Club	Stephen	Fillis	MS	
Springwell Running Club	David	Gault	M50	
Springwell Running Club	Noel	Harkin	M35	
Springwell Running Club	Paul	Humphreys	M40	
Springwell Running Club	Paul	Irwin	M40	
Springwell Running Club	Stephen	Joyce	M40	
Springwell Running Club	Ryan	Kennedy	M40	
Springwell Running Club	Andrew	Kincaid	M35	
Springwell Running Club	Fergal	Mackle	M55	
Springwell Running Club	Davy	Macnicol	M45	
Springwell Running Club	Steven	McAlary	M35	
Springwell Running Club	Alison	McAllister	F45	
Springwell Running Club	Kerrie	McIlmoyle	F35	
Springwell Running Club	Gary	Moore	M45	
Springwell Running Club	Hayley	Neely	F40	

Club	First Name	Last Name	Cat	Declared Team
Springwell Running Club	Mark	Neely	M40	
Springwell Running Club	Catherine	Pinkerton	F40	
Springwell Running Club	Bob	Purcell	M45	
Springwell Running Club	Paul	Quinn	M40	
Springwell Running Club	Richard	Ross	M50	
Springwell Running Club	Dave	Sexton	M55	
Springwell Running Club	Stephen	Smyth	M40	
Springwell Running Club	Andrew	Wilmot	M50	
Springwell Running Club	Laura	Wilson	FS	
St Patrick's AC	BREDA	MONAHAN	F45	
St Peters	Colin	Conway	M50	
St Peters	Stephen	Dunn	M45	
St Peters	Linda	Farquhar	F40	
St Peters	Mark	Lieghio	M45	
St Peters	Gillian	Mc Crory	F35	
St Peters	Connor	Mulholland	M40	
St Peters	Paul	Mulholland	M50	
St Peters	Barry	Shanks	M45	
St Peters	Patricia	Thompson	F45	
St. Andrews A.C.	Gavin	Delaney	MS	
St. Andrews A.C.	Stephen	Dollard	MS	
St. Annes A.C.	colm	Moore	M40	
St. Brendan's (Kerry) A.C.	David	Butler	M35	
St. Brendan's (Kerry) A.C.	David	Kissane	M60	
St. Brigids A.C.	Kieran	Callaghan	M35	
St. Brigids A.C.	Ray	Farrelly	M45	
St. Brigids A.C.	brendan	smith	M60	
St. Catherines (Cork) A.C.	Michael	Byrne	M35	
St. Catherines (Cork) A.C.	Colin	Cunningham	M45	
St. Catherines (Cork) A.C.	Brendan	Hickey	M40	
St. Catherines (Cork) A.C.	Michael	Walsh	M45	
St. Coca's A.C.	Maire	Baten	F40	
St. Coca's A.C.	Shane	Brilly	M40	
St. Coca's A.C.	Grainne	Butler	F40	
St. Coca's A.C.	Lorna	Cullen	F55	
St. Coca's A.C.	Conor	Devaney	MS	
St. Coca's A.C.	Brendan	Fay	M45	
St. Coca's A.C.	AnneMarie	Furlong	F35	
St. Coca's A.C.	Martin	Geraghty	M40	
St. Coca's A.C.	Leeroy	Graham	M35	
St. Coca's A.C.	Imelda	Higgins	F45	
St. Coca's A.C.	Brenda	Kelly	F50	
St. Coca's A.C.	Fiona	King	F35	
St. Coca's A.C.	Catherine	Leonard	F35	
St. Coca's A.C.	Mark	Leonard	M50	M50
St. Coca's A.C.	Aidan	Maher	M40	
St. Coca's A.C.	Darren	Maher	M35	
St. Coca's A.C.	Pauline	McEnroe	F45	

Club	First Name	Last Name	Cat	Declared Team
St. Coca's A.C.	Michael	McGrath	M50	M50
St. Coca's A.C.	John	Murray	M45	
St. Coca's A.C.	Richard	O'Keefe	M50	M50
St. Coca's A.C.	Colin	O'Neill	MS	
St. Coca's A.C.	Bernard	Phelan	M50	
St. Coca's A.C.	Andrew	Purcell	M45	
St. Coca's A.C.	Gavin	Scanlon	MS	
St. Coca's A.C.	Emma Jane	Snee	F40	
St. Coca's A.C.	Barry	Twohig	M35	
St. Coca's A.C.	Annette	Whittaker	F45	
St. Finbarrs A.C.	Eddie	Barry	M60	M50
St. Finbarrs A.C.	Kathy	Bradford	F45	F35
St. Finbarrs A.C.	David	Butler	MS	SENIOR
St. Finbarrs A.C.	Daniel	Conneely	MS	SENIOR
St. Finbarrs A.C.	Michael	Corbett	M40	M35
St. Finbarrs A.C.	Gill	Cotter	F40	
St. Finbarrs A.C.	Niamh	Cronin	F40	F35
St. Finbarrs A.C.	Orla	Crosbie	F50	F50
St. Finbarrs A.C.	Joe	Cunningham	M45	M35
St. Finbarrs A.C.	Ken	Devine	M50	M50
St. Finbarrs A.C.	Margo	Dinan	F50	F50
St. Finbarrs A.C.	John	Fitzgibbons	M50	M50
St. Finbarrs A.C.	Paul	Gallagher	M35	M35
St. Finbarrs A.C.	Stephen	Geoghegan	M45	M35
St. Finbarrs A.C.	Mairi	Henderson	F50	F50
St. Finbarrs A.C.	Sorcha	Kearney	F40	F35
St. Finbarrs A.C.	Dan	Kennedy	M65	M50
St. Finbarrs A.C.	Alan	Lehane	M35	M35
St. Finbarrs A.C.	Michael	Linehan	M45	M35
St. Finbarrs A.C.	Michael	Morgan	M40	M35
St. Finbarrs A.C.	Mary	Mulcahy	F55	F50
St. Finbarrs A.C.	Donal	Murray	M40	M35
St. Finbarrs A.C.	Grainne	Ní Luasa	FS	SENIOR
St. Finbarrs A.C.	Alan	Noonan	M40	M35
St. Finbarrs A.C.	Anthony	O'Brien	M45	M35
St. Finbarrs A.C.	Dave	O'Regan	M50	M50
St. Finbarrs A.C.	Alex	O'Shea	M40	M35
St. Finbarrs A.C.	Alice	Power	FS	SENIOR
St. Finbarrs A.C.	Mohamed	Wahbi	MS	SENIOR
St. Finbarrs A.C.	Fergus	Wall	M50	M50
St. Finbarrs A.C.	Anne	Wolfe	F45	F35
St. Ita's A.C.	Marie	Doody	F40	
St. Ita's A.C.	Stephen	Moran	M40	
St. Joseph's A.C.	Anita	Barry	F35	
St. Joseph's A.C.	Patrick	Bookle	M50	
St. Joseph's A.C.	Sinead	Croke	F35	
St. Joseph's A.C.	Ciaran	Cullen	M40	
St. Joseph's A.C.	David	Lanigan	M40	

Club	First Name	Last Name	Cat	Declared Team
St. Joseph's A.C.	Susan	Lanigan	F40	
St. Joseph's A.C.	Larry	Leacy	M60	
St. Joseph's A.C.	Mary	McDonald	F45	
St. Joseph's A.C.	Anna	O'Dwyer	F45	
St. Joseph's A.C.	Jackie	O'Shaughnessy	F40	
St. Joseph's A.C.	Anne	Watkins	F35	
St. Killian's A.C.	Gerry	Moran	M45	
St. Killian's A.C.	Padraig	Moriarty	M50	
St. L. O'Toole A.C.	Clare	Archbold	F45	
St. L. O'Toole A.C.	Adam	Broderick	MS	
St. L. O'Toole A.C.	Evelyn	Buggy	F45	
St. L. O'Toole A.C.	Ken	Byrne	M45	
St. L. O'Toole A.C.	Thomas	Cooney	M40	
St. L. O'Toole A.C.	John	Culhane	M35	
St. L. O'Toole A.C.	Edward	Dooley	M40	
St. L. O'Toole A.C.	Mairead	Farrell	F45	
St. L. O'Toole A.C.	Helen	Fitzgerald	F40	
St. L. O'Toole A.C.	Fergal	Foley	M40	
St. L. O'Toole A.C.	Michael	Garrigan	M35	
St. L. O'Toole A.C.	Amy	Geoghegan	FS	
St. L. O'Toole A.C.	Ann	Hovenden	F45	
St. L. O'Toole A.C.	Des	Joyce	M35	
St. L. O'Toole A.C.	Ruth	Kavanagh	F40	
St. L. O'Toole A.C.	Ruth	Kavanagh	F40	
St. L. O'Toole A.C.	Andrea	Lacey	F40	
St. L. O'Toole A.C.	Mick	Long	M45	
St. L. O'Toole A.C.	Denis	Lyons	M35	
St. L. O'Toole A.C.	sinead	Mc Carthy	F40	
St. L. O'Toole A.C.	Michelle	Mc'Namara	F40	
St. L. O'Toole A.C.	Maria	Murphy	F40	
St. L. O'Toole A.C.	Stephen	Murphy	M45	
St. L. O'Toole A.C.	Brendan	Nolan	M45	
St. L. O'Toole A.C.	Joanne	O Brian	F45	
St. L. O'Toole A.C.	Christine	O Sullivan	F45	
St. L. O'Toole A.C.	James	O'Rourke	M60	
St. L. O'Toole A.C.	Majella	O'Shea	F50	
St. L. O'Toole A.C.	Nathalie	O'Shea	FS	
St. L. O'Toole A.C.	Neil	Thornton	M55	
St. Michael's AC	Shane	Broderick	MS	
St. Michael's AC	Theresa	Broughall	F35	
St. Michael's AC	Dean	Coss	M40	
St. Michael's AC	Julie	Deegan	F35	
St. Michael's AC	Johnny	Doris	M45	
St. Michael's AC	Alvin	Duggan	M35	
St. Michael's AC	Austin	Fenlon	M45	
St. Michael's AC	Suzanne	Fenlon	F35	
St. Michael's AC	Larry	Havens	MS	
St. Michael's AC	Grainne	Higgins	F40	

Club	First Name	Last Name	Cat	Declared Team
St. Michael's AC	Con	Lawler	M50	
St. Michael's AC	Agnes	Maher	F35	
St. Michael's AC	Aileen	Maher	F45	
St. Michael's AC	Alo	Maher	M45	
St. Michael's AC	Valerie	McAuliffe	F35	
St. Michael's AC	Aidan	McGee	M45	
St. Michael's AC	David	Murphy	M50	
St. Michael's AC	Andrew	Murray	M45	
St. Michael's AC	Aindriu	O'Comhraidhe	M35	
St. Michael's AC	Caroline	O'Dea	F45	
St. Michael's AC	Anthony	O'Keefe	M50	
St. Michael's AC	Kathleen	O'Keefe	F50	
St. Michael's AC	Emmett	O'Reilly	M40	
St. Michael's AC	Wesley	Reilly	M35	
St. Michael's AC	Olivia	Sheerin	F50	
St. Michael's AC	Paul	Sheerin	M50	
St. Michael's AC	David	Sweeney	M40	
St. Michael's AC	Bernard	Weldon	M45	
St. Nicholas A.C.	Alan	Looby	M45	
St. Nicholas A.C.	St John	O'Connor	M40	
St. Patricks A.C.	Joanne	Murphy	F40	
St. Senans A.C.	Patsy	Foskin	F60	
Star of the Laune A.C.	Thomas	Bubendorfer	M45	
Star of the Laune A.C.	Niamh	Clifford	FS	
Star of the Laune A.C.	Stephen	Griffin	M45	
Star of the Laune A.C.	Alison	Kirwan	F35	
Star of the Laune A.C.	Declan	Murphy	M40	
Star of the Laune A.C.	Sean	Murphy	M40	
Star of the Sea A.C.	Janice	Allen	F40	
Star of the Sea A.C.	Alan	Caul	M40	
Star of the Sea A.C.	Dearbhla	Colhoun	F40	
Star of the Sea A.C.	Brian	Collins	M50	
Star of the Sea A.C.	Daniel	Delaney	M50	
Star of the Sea A.C.	Josephine	Fagan	F50	
Star of the Sea A.C.	Sharon	Farrell	F40	
Star of the Sea A.C.	Ciaran	Flanagan	M40	
Star of the Sea A.C.	Fiona	Kenna	F35	
Star of the Sea A.C.	Grainne	Kiernan	F50	
Star of the Sea A.C.	Karen	Lavelle	F45	
Star of the Sea A.C.	Lorraine	McGowan	F45	
Star of the Sea A.C.	Eamon	Morris	M40	
Star of the Sea A.C.	Adrian	Mulholland	M40	
Star of the Sea A.C.	Roisin	Murphy	F40	
Star of the Sea A.C.	Fiona	O'Byrne	F45	
Star of the Sea A.C.	John	O'Byrne	M45	
Star of the Sea A.C.	John	O'Neill	M40	
Star of the Sea A.C.	Martina	O'Reilly	F45	
Star of the Sea A.C.	Louise	Scannell	F35	

Club	First Name	Last Name	Cat	Declared Team
Star of the Sea A.C.	Niall	Tuckey	M40	
Star of the Sea A.C.	Susan	Vickers	F40	
Star of the Sea A.C.	Fiona	White	F35	
Swinford A.C.	Shane	Freeman	M40	
Swinford A.C.	Avril	McGreal	F45	
Swinford A.C.	Colette	McNicholas	F40	
Swinford A.C.	Martin	Roughneen	M40	
Tafelta AC	Siobhan	Brown	F40	
Tafelta AC	Roisin	Cuskeran	F45	
Tafelta AC	Shane	Kealey	MS	
Tafelta AC	Wayne	MacFeilimi	MS	
Tafelta AC	Danielle	McStravock	FS	
Tafelta AC	Malachy	O'Neill	M35	
Tafelta AC	Barry	Smith	M35	
Tallaght A.C.	David	Callaghan	MS	
Tallaght A.C.	Alan	Carney	MS	
Tallaght A.C.	Garry	Clarke	M65	
Tallaght A.C.	Barry	Cormac	MS	
Tallaght A.C.	Eddie	Coyle	M70	
Tallaght A.C.	Liam	Cullen	M45	
Tallaght A.C.	Chris	Dalton	M40	
Tallaght A.C.	Christopher	Dalton	M40	
Tallaght A.C.	Dermot	Delaney	M45	
Tallaght A.C.	Eddie	Donegan	M40	
Tallaght A.C.	Gerry	Dore	M50	
Tallaght A.C.	David	Fitzpatrick	M35	
Tallaght A.C.	Tomas	Fitzpatrick	M35	
Tallaght A.C.	David	Fletcher	M35	
Tallaght A.C.	Ciara	Forrester	F35	
Tallaght A.C.	Sandro	Giglione	M50	
Tallaght A.C.	Padraig	Griffin	M35	
Tallaght A.C.	Rob	Harris	M50	
Tallaght A.C.	Stephen	Kavanagh	MS	
Tallaght A.C.	Hazel	Keane	F45	
Tallaght A.C.	Anna	King	F55	
Tallaght A.C.	Andrew	Lennon	M40	
Tallaght A.C.	Billy	Loughman	M40	
Tallaght A.C.	Alan	McCabe	M55	
Tallaght A.C.	Dave	Meehan	M50	
Tallaght A.C.	Paul	Mitchell	M35	
Tallaght A.C.	Michael	Murphy	MS	
Tallaght A.C.	Paul	Murphy	M40	
Tallaght A.C.	Seamus	Murphy	M50	
Tallaght A.C.	Paula	Murray	F45	
Tallaght A.C.	Suzanna	O Callaghan	FS	
Tallaght A.C.	David	O'Callaghan	M35	
Tallaght A.C.	Joe	Pepper	M50	
Tallaght A.C.	Gerry	Schley	M45	

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Tallaght A.C.	Martin	Shields	MS	
Tallaght A.C.	Suzanne	Sweeney	F40	
Tallaght A.C.	John Joseph	Tyrrell	M60	
Tallaght A.C.	Gary	Williams	M45	
Tara A.C.	Paul	Crawley	F45	
Tara A.C.	Stephen	Kelly	M45	
Tara A.C.	Susan	Keogh	F45	
Tara A.C.	shane	moss	M40	
Tara A.C.	Andrew	Murphy	M45	
Tara A.C.	Vincent	Naughton	M40	
Templemore A.C.	Emmet	Breen	M40	M35
Templemore A.C.	Paddy	Clarke	M40	M35
Templemore A.C.	Seamus	Duggan	M40	M35
Templemore A.C.	Michael	Glesson	MS	
Templemore A.C.	Peter	Madden	M45	M35
Templemore A.C.	Paudie	Meehan	M45	
Templemore A.C.	Sean	Mulholland	M35	M35
Templemore A.C.	Trevor	Quinn	M40	M35
Templemore A.C.	Owen	Ryan	M50	M50
Templemore A.C.	Paddy	Ryan	M50	M50
Templemore A.C.	Mark	Saunders	M35	M35
Templemore A.C.	Larry	Stapleton	M45	M35
Templemore A.C.	Paul	Walsh	M40	M35
Templeogue A.C.	Christine	Kinsella	F40	
Termoneeny Running Club	Michael	Burke	M35	
Termoneeny Running Club	Susan	Duggan	F50	
Termoneeny Running Club	Tom	Halferty	M65	
Termoneeny Running Club	Orla	Hatt	F40	
Termoneeny Running Club	Kelley	Holleran	F35	
Termoneeny Running Club	Robbie	Maguire	M50	
Termoneeny Running Club	Denise	Martin	F45	
Termoneeny Running Club	Aaron	Mawhinney	MS	
Termoneeny Running Club	Bronagh	Mc Elhennon	F40	
Termoneeny Running Club	Christina	Mc Erlean	F35	
Termoneeny Running Club	Breda	Mc Peake	F35	
Termoneeny Running Club	Damian	O'Boyle	M55	
Termoneeny Running Club	Nicola	Sargent	F40	
Thomastown A.C.	John	Davis	M50	
Thomastown A.C.	Danny	Shanahan	M35	
Thomastown A.C.	Gerry	Walsh	MS	
Thurles Crokes A.C.	Eoin	Mockler	M35	
Thurles Crokes A.C.	John	O'Shaughnessy	M50	
Thurles Crokes A.C.	Declan	Ryan	M35	
Thurles Crokes A.C.	Willie	Shanahan	M40	
Tinryland A.C.	John	Dillon	M50	M35
Tinryland A.C.	Willie	Quinlan	M50	
Tir Chonaill A.C.	Deborah	Dawson	F40	
Tir Chonaill A.C.	Kevin	Foley	M45	

Club	First Name	Last Name	Cat	Declared Team
Tir Chonaill A.C.	Carmel	Gormley	F35	
Tir Chonaill A.C.	Jason	Graham	M40	
Tir Chonaill A.C.	Noel	Hoey	M50	
Tir Chonaill A.C.	Sean	Lorinyenko	M50	
Tir Chonaill A.C.	Patrick	Loughlin	M35	
Tir Chonaill A.C.	Ronan	Matthews	MS	
Tir Chonaill A.C.	Caroline	McLoone	F35	
Tir Chonaill A.C.	Amanda	McShane	F40	
Tir Chonaill A.C.	Conor	Meehan	M40	
Tir Chonaill A.C.	Shane	O'Donnell	M35	
Tir Chonaill A.C.	Theresa	Orme	F45	
Tir Chonaill A.C.	Karol	Warnock	M35	
Tireragh A.C.	Deirdre	Boland	F40	
Togher A.C.	Yvonne	Gough	F45	
Togher A.C.	Michelle	Nelson	F40	
Togher A.C.	Mary Beth	Ryan	F35	
Tracton A.C.	Mark	Barry	M40	
Tracton A.C.	Elton	Chambers	M40	
Tracton A.C.	Jack	McGregor	M45	
Tracton A.C.	Breda	O'Donovan	F40	
Trim A.C.	Ernest	Asensio	M40	M35
Trim A.C.	Emma	Breen	FS	
Trim A.C.	Heather	Carty	F40	F35
Trim A.C.	Edward	Casey	M45	M35
Trim A.C.	Susan	Clancy	F35	F35
Trim A.C.	Pat	Comey	M65	M50
Trim A.C.	Jan	Corcoran	F35	F35
Trim A.C.	Joseph	Cosgrove	M45	
Trim A.C.	Michael	Counsel	M50	M50
Trim A.C.	Irene	Curley	F40	F35
Trim A.C.	Ciara	Delany Stewart	F40	F35
Trim A.C.	Peter	Duffy	MS	SENIOR
Trim A.C.	Leonie	Dyar	F35	F35
Trim A.C.	Petrina	Edwards	F40	F35
Trim A.C.	Robert	Farrell	M35	M35
Trim A.C.	Niall	Feeney	M45	M35
Trim A.C.	Ken	Foley	M35	M35
Trim A.C.	Mark	Ginnerty	M40	M35
Trim A.C.	James	Guiheen	M45	M35
Trim A.C.	Eoghan	Harford	MS	SENIOR
Trim A.C.	Breda	Harris	F40	F35
Trim A.C.	David	Harte	MS	SENIOR
Trim A.C.	Barry	Harten	M50	M50
Trim A.C.	Helen	Hartnett	F45	F35
Trim A.C.	David	Hawcroft	M70	M50
Trim A.C.	Martin	Kelly	M45	
Trim A.C.	Michael	Lanney	M40	M35
Trim A.C.	Joe	Larkin	M35	M35

Club	First Name	Last Name	Cat	Declared Team
Trim A.C.	Andrew	Linsley	M40	M35
Trim A.C.	Don	Mahon	M45	M35
Trim A.C.	Mark	McGee	M45	M35
Trim A.C.	Gerard	McHale	M35	SENIOR
Trim A.C.	Gerard	McHale	M35	
Trim A.C.	Denise	Molloy	F40	F35
Trim A.C.	Tom	Moore	M35	M35
Trim A.C.	Yvonne	Mulreid	F60	
Trim A.C.	Sean	Murphy	M45	M35
Trim A.C.	Stephen	Nally	M40	M35
Trim A.C.	Lisa	Nangle	F45	
Trim A.C.	Andrew	Reilly	M35	M35
Trim A.C.	Andrew	Revington	M45	M35
Trim A.C.	Don	Rosney	MS	M35
Trim A.C.	Michael	Sargent	MS	SENIOR
Trim A.C.	Sinéad	Skerry	F40	F35
Trim A.C.	Ulrike	Strubing	F45	F35
Trim A.C.	Katie	Young	FS	
Tuam A.C.	Stephen	Brady	M50	
Tuam A.C.	Padraic	Burke	M40	
Tuam A.C.	Padraic	Burke	M40	
Tuam A.C.	Jean	Coleman	F50	
Tuam A.C.	Shane	Crisham	M40	
Tuam A.C.	Aine	Doherty	FS	
Tuam A.C.	Aidan	Doyle	M40	
Tuam A.C.	John	Fahy	M55	
Tuam A.C.	John	Flattery	M35	
Tuam A.C.	Gearoid	Healy	M40	
Tuam A.C.	Marie	Howley	F40	
Tuam A.C.	Martin	Hynes	M70	
Tuam A.C.	Paul	Hynes	M40	
Tuam A.C.	Julie	Murphy	F35	
Tuam A.C.	Marian	Murphy	F55	
Tuam A.C.	Sean	O'Morain	M50	
Tuam A.C.	Lee	Saville	M35	
Tuam A.C.	Tommy joe	Whyte	M55	
Tulla A.C.	Alan	Byrnes	M35	
Tulla A.C.	Oliver	McInerney	M40	
Tullamore Harriers A.C.	Brendan	Abbott	M50	M35
Tullamore Harriers A.C.	Miriam	Brady	F45	
Tullamore Harriers A.C.	Helena	Buckley	F35	
Tullamore Harriers A.C.	Leslie	Buckley	M40	
Tullamore Harriers A.C.	Lesley	Cornally	F40	
Tullamore Harriers A.C.	Pauline	Curley	F45	F35
Tullamore Harriers A.C.	Anne	Cusack	F50	
Tullamore Harriers A.C.	Garry	Dillion	MS	
Tullamore Harriers A.C.	Pauric	Ennis	MS	
Tullamore Harriers A.C.	Rory	Farrell	M40	

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Tullamore Harriers A.C.	Avril	Flynn	FS	
Tullamore Harriers A.C.	Denis	Flynn	M55	
Tullamore Harriers A.C.	Brigid	Fox	FS	
Tullamore Harriers A.C.	Mary	FoxMann	F45	
Tullamore Harriers A.C.	Maria	Gallagher	F40	
Tullamore Harriers A.C.	John Joe	Galvin	M35	
Tullamore Harriers A.C.	Mary	Galvin	F60	
Tullamore Harriers A.C.	Naomi	Galvin	FS	
Tullamore Harriers A.C.	Margaret	Grennan	F45	
Tullamore Harriers A.C.	Mark	Harpur	M35	
Tullamore Harriers A.C.	Paul	Hensey	M40	
Tullamore Harriers A.C.	Adrian	Larkin	M40	
Tullamore Harriers A.C.	Rodge	Larkin	M35	
Tullamore Harriers A.C.	Lavinia	Leahy	F40	
Tullamore Harriers A.C.	Fergal	Leonard	MS	
Tullamore Harriers A.C.	Eugene	Mann	M45	
Tullamore Harriers A.C.	Robert	Maunsell	M40	
Tullamore Harriers A.C.	Aisling	McCormack	F45	
Tullamore Harriers A.C.	Fionnan	Minnock	M40	
Tullamore Harriers A.C.	Lynn	Mooney	F35	F35
Tullamore Harriers A.C.	David	Murray	M35	M35
Tullamore Harriers A.C.	Leonard	Owens	M45	
Tullamore Harriers A.C.	Sinead	Rigney	FS	
Tullamore Harriers A.C.	Declan	Rosney	M45	
Tullamore Harriers A.C.	Lar	Tierney	M35	
Tullamore Harriers A.C.	Robert	Westman	M35	
Tullamore Harriers A.C.	Ricky	White	M35	
Tullamore Harriers A.C.	Gary	Whittle	MS	
Tullaroan A.C	Aidan	Grogan	M35	
Tullaroan A.C	Brendan	Lupton	M35	
U.C.D. A.C.	Jarek	Blacharski	MS	
United Striders A.C.	Sarah	Boland	FS	
United Striders A.C.	Colin	Carney	M35	
United Striders A.C.	Mary	Carney	F35	
United Striders A.C.	Michael	Cleere	M40	
United Striders A.C.	Paul	Colfer	M40	
United Striders A.C.	leona	cranny finn	FS	
United Striders A.C.	Fiona	Donovon	F40	
United Striders A.C.	Paul	Doran	M35	
United Striders A.C.	seamus	kehoe	M50	
United Striders A.C.	John	Kent	M40	
United Striders A.C.	Eddie	Murphy	M40	
United Striders A.C.	Patrick	Murphy	M40	
United Striders A.C.	Sean	Murphy	M40	
United Striders A.C.	Pat	Myers	M45	
United Striders A.C.	Kitty	Nolan Quigley	F45	
United Striders A.C.	Michael	O' Gorman	M55	
United Striders A.C.	Denis	O'Brien	M45	

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United Striders A.C.	Beth	O'Connor	F40	
United Striders A.C.	Catherine	Ronan	F50	
United Striders A.C.	Conrad	Shannon	M45	
United Striders A.C.	anthony	sinnott	M45	
United Striders A.C.	Sandra	Young	FS	
Waterford A.C.	Brendan	Aspel	M50	
Waterford A.C.	Diane	Behan	F45	
Waterford A.C.	John	Byrne	M45	
Waterford A.C.	Cait	Caulfield	F45	
Waterford A.C.	Thomas	Caulfield	M45	
Waterford A.C.	Vinnie	Codd	M40	
Waterford A.C.	Des	Colbert	M40	
Waterford A.C.	David	Cunningham	M40	
Waterford A.C.	Michael	Duffin	M50	
Waterford A.C.	Martin	Flynn	M45	
Waterford A.C.	Sinéad	Harte	F40	
Waterford A.C.	Evelyn	Hearne	F35	
Waterford A.C.	Peter	Hennessy	M40	
Waterford A.C.	Siobhan	Heylin	FS	
Waterford A.C.	Laura	Howell	FS	
Waterford A.C.	Tony	Keogh	M40	
Waterford A.C.	Martin	Kiely	M35	
Waterford A.C.	Aoife	Kirby	F45	
Waterford A.C.	Mark	Langford	M35	
Waterford A.C.	Sarah	Lee	F40	
Waterford A.C.	Pat	Nolan	M40	
Waterford A.C.	Michael	O'Brien	M35	
Waterford A.C.	Miriam	O'Connor	F50	
Waterford A.C.	Keith	O'Driscoll	M40	
Waterford A.C.	Jason	Phelan	M45	
Waterford A.C.	Peter	Power	M50	
Waterford A.C.	Trevor	Power	M35	
Waterford A.C.	Brian	Swaby	M35	
Waterford A.C.	Colm	Walsh	M35	
Waterford A.C.	Michael	Walsh	MS	
Waterford A.C.	Trevor	Walsh	M35	
Waterford A.C.	Gary	Whelan	M35	
Waterford A.C.	Paul	Wyse	M40	
Watergrasshill A.C.	Sean	Ahern	MS	
Watergrasshill A.C.	Julianne	Buckley	F35	
Watergrasshill A.C.	Claire	Carroll	F45	
Watergrasshill A.C.	Mary	Collins	FS	
Watergrasshill A.C.	Brendan	Coughlan	M35	
Watergrasshill A.C.	Ken	Crowley	M40	
Watergrasshill A.C.	Lisa	Crowley	F40	
Watergrasshill A.C.	Alan	Daly	M40	
Watergrasshill A.C.	Dolores	Duffy	F50	
Watergrasshill A.C.	Stephen	Dunlea	M40	

Club	First Name	Last Name	Cat	Declared Team
Watergrasshill A.C.	Ed	Dunphy	M5	
Watergrasshill A.C.	Eleanor	Fennessy	F35	
Watergrasshill A.C.	Kevin	Fennessy	M40	
Watergrasshill A.C.	James	Forrest	M35	
Watergrasshill A.C.	Stephen	Hurley	M35	
Watergrasshill A.C.	Martin	Landers	M40	
Watergrasshill A.C.	Karen	Long	F40	
Watergrasshill A.C.	Jason	Lynch	M45	
Watergrasshill A.C.	Valerie	Lynch	F40	
Watergrasshill A.C.	George	McDonnell	M40	
Watergrasshill A.C.	Dave	Mullins	M40	
Watergrasshill A.C.	Gavin	Murphy	M40	
Watergrasshill A.C.	Ruth	O'Connor	F35	
Watergrasshill A.C.	Lynn	O'Leary	FS	
Watergrasshill A.C.	Leonard	O'Sullivan	M45	
Watergrasshill A.C.	Leslie	O'Sullivan	M45	
Watergrasshill A.C.	Noel	Prendergast	M50	
Watergrasshill A.C.	Stuart	Roche	M40	
Watergrasshill A.C.	Stephen	Rooney	M40	
Watergrasshill A.C.	Yvonne	Sheahan	F35	
Watergrasshill A.C.	Maggie	Stack	F40	
West Limerick A.C.	Rita	Brouder	F35	
West Limerick A.C.	Kieran	Carr	M35	
West Limerick A.C.	Tara	Carr	F40	
West Limerick A.C.	Caroline	Conroy	F40	
West Limerick A.C.	Paul	Crotty	M40	
West Limerick A.C.	Carolynn	Hayes	FS	
West Limerick A.C.	Denis	Hayes	M45	
West Limerick A.C.	Liam	Hurrell	M45	
West Limerick A.C.	Kevin	Kelly	M45	
West Limerick A.C.	Maeve	Kenrick	F40	
West Limerick A.C.	Dympna	Lawlor	F45	
West Limerick A.C.	Martin	Lyons	M40	
West Limerick A.C.	Eoin	MacAuliffe	M5	
West Limerick A.C.	Fiachra	MacDomhnall	M35	
West Limerick A.C.	Declan	McCarthy	M45	
West Limerick A.C.	Niamh	Mulcahy	F40	
West Limerick A.C.	Kevin	O'Donoghue	M35	
West Limerick A.C.	Jeni	O'Regan	FS	
West Limerick A.C.	John	O'Sullivan	M35	
West Limerick A.C.	Norman	Paddle	M55	
West Limerick A.C.	Gary	Wilmot	M35	
West Muskerry A.C.	Jerry	Cronin	M40	
West Muskerry A.C.	Jeremy	Kelleher	M40	
West Waterford A.C.	Joe	Barry	M35	
West Waterford A.C.	Brian	Beatty	M40	
West Waterford A.C.	Paul	Brunnock	M50	
West Waterford A.C.	Michael	Callaghan	M45	

Club	First Name	Last Name	Cat	Declared Team
West Waterford A.C.	Kevin	Casey	M35	
West Waterford A.C.	Mark	Cliffe	M35	
West Waterford A.C.	Michael	Coakley	M50	
West Waterford A.C.	Mick	Concannon	M55	
West Waterford A.C.	Jimmy	Connors	M35	
West Waterford A.C.	Donnacha	Cosgrave	M35	
West Waterford A.C.	Enda	Donnelly	M40	
West Waterford A.C.	Ann	Dunford	F50	
West Waterford A.C.	Dermot	Dwyer	M45	
West Waterford A.C.	Tony	Ferncombe	MS	
West Waterford A.C.	Pat	Fitzgerald	M35	
West Waterford A.C.	Marc	Flavin	M35	
West Waterford A.C.	Linda	Garcia	F45	
West Waterford A.C.	Terri	Gough	F70	
West Waterford A.C.	Ray	Haesy	M50	
West Waterford A.C.	Jody	Hallinan	M45	
West Waterford A.C.	Bryan	Hallissey	M40	
West Waterford A.C.	Nuala	Hogan	F35	
West Waterford A.C.	Daryl	Kearns	MS	
West Waterford A.C.	Catriona	Kiely	F45	
West Waterford A.C.	Tom	Leahy	M40	
West Waterford A.C.	Paul	Lenihan	M50	
West Waterford A.C.	Michael	Moloney	M40	
West Waterford A.C.	Sandra	Moore	F45	
West Waterford A.C.	Sharon	Nugent	F35	
West Waterford A.C.	Vincent	O Donovan	M60	
West Waterford A.C.	Diarmuid	O Hare	MS	
West Waterford A.C.	Ted	O Leary	M45	
West Waterford A.C.	Joe	O Rourke	M50	
West Waterford A.C.	Madison	O Rourke	MS	
West Waterford A.C.	Brian	Ormonde	M45	
West Waterford A.C.	David	Regan	M45	
West Waterford A.C.	Alan	Ryan	M45	
West Waterford A.C.	Colm	Ryan	MS	
West Waterford A.C.	Dermot	Ryan	M40	
West Waterford A.C.	Martin	Tobin	M50	
West Waterford A.C.	Maria	White	F40	
Westport A.C.	Brendan	Gill	M40	M35
Westport A.C.	David	Hickey	M35	M35
Westport A.C.	Dalva	mc Philips	F35	F35
Westport A.C.	Cuan	McCarrick	M45	
Westport A.C.	Sean	McLoughlin	M35	M35
Westport A.C.	Michelle	Needham	F40	F35
Westport A.C.	Sean	o Boyle	M40	
Westport A.C.	Marion	O'Malley	F35	F35
Westport A.C.	Paddy	O'O Toole	M40	M35
Wetlands Running Club	Sinead	Doherty	F40	
Wetlands Running Club	Louise	Reilly	FS	

Club	First Name	Last Name	Cat	Declared Team
Wetlands Running Club	Mary	Reilly	F35	
Wexford Marathon Club	Sean	Bates	M40	
Wexford Marathon Club	Conor	Brady	M40	
Wexford Marathon Club	Adam	Bury	MS	
Wexford Marathon Club	Daniel	Bury	MS	
Wexford Marathon Club	Nicola	Bury	F45	
Wexford Marathon Club	Paul	Driscoll	M35	
Wexford Marathon Club	Jackie	Furlong	F40	
Wexford Marathon Club	Georgina	Gaul	F45	
Wexford Marathon Club	Frances	Gavin	F45	
Wexford Marathon Club	Paul	Hillis	M35	
Wexford Marathon Club	Jason	Kehoe	M40	
Wexford Marathon Club	Anthony	Kennelly	M40	
Wexford Marathon Club	Elaine	Kielty	F35	
Wexford Marathon Club	Annemarie	O'brien	F40	
Wexford Marathon Club	Nicholas	O'Brien	M45	
Wexford Marathon Club	Ciaran	O'Leary	M40	
Wexford Marathon Club	Eadaoin	Quinn	F40	
Wexford Marathon Club	Ciaran	Quirke	M45	
Wexford Marathon Club	Karl	Richards	M45	
Wexford Marathon Club	Paul	Ryan	M45	
Wexford Marathon Club	Lee	Savage	MS	
Wexford Marathon Club	Dermot	Wallace	M35	
Willowfield Harriers	Adrian	Bell	MS	
Willowfield Harriers	Amy	Bulman	F35	
Willowfield Harriers	Stephney	McGivern	FS	
Willowfield Harriers	David	Proctor	M35	
Willowfield Harriers	Stephen	Smartt	M45	
Youghal A.C.	Declan	Barron	M40	
Youghal A.C.	Antoinette	Barry	F45	
Youghal A.C.	David	Barry	M45	
Youghal A.C.	Brendan	Coleman	M40	
Youghal A.C.	Robert	Hamill	M45	
Youghal A.C.	Ken	Harney	M45	
Youghal A.C.	Julie	Keneally	FS	
Youghal A.C.	Claire	Kilgannon	F40	
Youghal A.C.	Ann	Moloney	F50	
Youghal A.C.	Graham	Phipps	M45	
Youghal A.C.	Siobhan	Shanahan	F45	
Youghal A.C.	Maurice	Walsh	MS	