

National 10k Championships / Great Ireland Run 2018

<u>All **general** entries to close **online** at</u> <u>5pm Thursday 12th April</u>

Entries into the Garmin Great Ireland Run for those wishing to be part of the National 10km Championships: <u>The deadline for online entries is at 5pm 3rd of April.</u>

On **Friday 13th** and **Saturday 14th April**, **number pickup** will be located inside the Lifestyle Sports Shop (Blanchardstown Fashion Retail Park, Unit 425, Dublin 15)

If you are unable to collect your Number between Friday and Saturday, there is the option to collect at the information Tent for AAI Members only on the Morning of the race close to the start area from 8.30am. Please arrive early.

Please note: Strictly no late entries accepted on the day of the event!

Opening hours are: Friday: 10am – 7pm Saturday: 10am – 4pm – entries close on this day

All event information, timetable and course etc. can be found online here: <u>http://www.greatrun.org/great-ireland-run</u>



Team Declaration National 10k Championships 2018					
Club :					
Email:					
Phone:					
<u>Category</u>					
Male Female					
Senior Master 35+ Master 50+					

First Name	Last Name	Date of Birth	AAI Life Reg No

Team Positions calculated on finishing times of each athlete

Please return completed form to <u>competition@athleticsireland.ie</u> closing date for Team Declaration **Wed 11th April 2018 @2pm Sharp**

There is no fee for Team Entries set by Athletics Ireland



Athlete must wear club singlet alternatives permitted in certain circumstances with permission of meet manager / director on application with entry.

Athletes must be 18 years of age to compete in events of 10,000m and over. In team events athletes may only score in the category for which they declare.

Team scores calculated on first 3 across line unless declared, finishing times, youngest age will apply to team category.

Championships medals will only be awarded to registered athletes

	Score	Individuals	Club Teams
Senior Men	4	First 3	First 3
Senior Women	3	First 3	First 3
Masters Men	3	First 3 O/35 ,0/40	First 3- O/35 + O/50
Masters Women	3	First 3 O/35 ,0/40	First 3 - O /35 + O/50