

Irish Life health

All Ireland Schools Cross Country Championships



Irish Life Health
 All Ireland Schools Cross Country
 Saturday 10th March 2018,
 WIT Arena, Carriganore, Co. Waterford

EVENT	DISTANCE	TIME
Minor Girls	2,000m	12.00
Minor Boys	2,500m	12.15
Junior Girls	2,500m	12.30
Junior Boys	3,500m	12.50
Intermediate Girls	3,500m	13.30
Intermediate Boys	5,000m	13.50
Senior Girls	2,500m	14.15
Senior Boys	6,000m	14.30

1000m lap	
1500m lap	
START	
FINISH	
CHECK IN/NUMBER PICKUP	
CATERING	
TOILETS	
FIRST AID	
PRESENTATION AREA	

Event	Laps	Check In
Minor Girls	2 Short Laps	Call Up 11:50am
Minor Boys	1 Short then 1 Long Lap	Call Up 12:05pm
Junior Girls	1 Short then 1 Long Lap	Call Up 12:20pm
Junior Boys	2 Short then 1 Long Lap	Call Up 12:40pm
Intermediate Girls	2 Short then 1 Long Lap	Call Up 1:20pm
Intermediate Boys	2 Short then 2 Long Laps	Call Up 1:40pm
Senior Girls	1 Short then 1 Long Lap	Call Up 2:05pm
Senior Boys	4 Long Laps	Call Up 2:20pm

