



LIVE T.V. TIMETABLE

NATIONAL SENIOR T&F CHAMPIONSHIPS

MORTON STADIUM, SANTRY
SAT 28TH & SUN 29TH JULY 2018

ATHLETICSIRELAND.IE   #IhNatsT&F

Saturday 28th July

12:40	5000m Walk	Women	F	12:15	Hammer	Men
13:10	400mH	Women	H	12:45	Triple Jump	Women
13:20	400mH	Men	H	13:55	Discus	Women
13:30	3000m S/C	Men	F	14:25	Triple Jump	Men
13:45	200m	Women	H	15:30	Javelin	Women
13:55	200m	Men	H	15:55	35 lb Height	J&U23 Men
14:15	800m	Women	H	15:55	56 lb Height	Men
14:30	800m	Men	H	17:00	Javelin	Men
15:00	10000m	Men	F			
15:40	200m	Women	F			
15:50	200m	Men	F			
16:00	1500m	Men	H			
16:25	5000m	Women	F			
16:50	400m	Women	H			
17:05	400m	Men	H			
17:35	5000m	Men	H			
18:15	1500m	Women	H			
18:35	4 X 100m	Women	F			
18:45	4 X 100m	Men	F			

*Timetable updated 25/07/18

Sunday 29th July

14:00 Mixed Juvenile Relays

14:40	3000m	Junior Men	F	14:50	Pole Vault	Women
15:05	10000m Walk	Men	F	15:00	Long Jump	Women
16:05	100m	Women	H	15:35	Shot Put	Men
16:15	100m	Men	H	15:45	Hammer	Women
16:40	5000m	Men	F	16:20	High Jump	Women
17:05	3000m S/C	Women	F	17:15	Pole Vault	Men
17:25	100mH	Women	F	17:35	Long Jump	Men
17:35	110mH	Men	F	17:35	Shot Put	Women
17:50	400mH	Women	F	18:20	High Jump	Men
18:05	400mH	Men	F	18:25	Discus	Men
18:15	800m	Women	F	18:45	56lb Distance	Men
18:25	800m	Men	F	19:30	28lb Distance	Women
18:35	400m	Women	F			
18:45	400m	Men	F			
19:00	100m	Women	F			
19:10	100m	Men	F			
19:20	100m	Men B	F			
19:30	1500m	Women	F			
19:45	1500m	Men	F			
19:55	4 X 400m	Women	F			
20:05	4 X 400m	Men	F			

Live

Coverage on
RTE

SUN 29 JULY
17:30-19:45

Check in closes 90 minutes before each event. (Heats and Finals)
Implement check in closes 60 minutes before each Throwing event.