Irish Life health

National Indoor Championships

PROVISIONAL TIMETABLE





Order of Events may change throughout the day Check in commences at 9.00 am closes at 9.45 am

TRACK EVENTS

FIELD EVENTS

			-		-
10.00	Girls 14	60m H 2'3"	10.00	Girls 16	Long Jump Pit 1
	Boys 14	60m H 2'6"	10.00	Boys 16	Long Jump Pit 2
	Girls 15	60m H 2'6"	CONTRACTOR	Girls 15	Long Jump
1	Girls 16	60m H 2'6"		Boys 15	Long Jump
	Boys 15	60m H 2'9"		Girls 14	Long Jump
SHE	Boys 16	60m H 2'9"		Boys 14	Long Jump
	Youth Girls 17-18	60m H 2'6"		Youth Girls 17-18	Long Jump
	Youth Boys 17-18	60m H 3'0"		Youth Boys 17-18	Long Jump
11.45	Junior, Senior, Women	60m H 2'9"			
12.00	Master Women 35-39	60m H 2'9"			
12.00	Master Women 40-49	60mH 2'6"	1 3= 1	E E	
12.15	Master Men 35-49	60m H 3'3"	10.00	Girls 15	High Jump
12.30	Junior Men	60m H 3'3"	10.00	Boys 15	High Jump
12.45	Senior Men	60m H 3'6"	-	Girls 14	High Jump
				Boys 16	High Jump
13.00	Master Women 50+	60m		Girls 16	High Jump
13.10	Master Men 50+	60m		Boys 14	High Jump
				Youth Girls 17-18	High Jump
				Youth Boys 17-18	High Jump
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			10.15	Girls 14	Shot Put 2k
	All Women	800m		Boys 14	Shot Put 2.72k
	Master Men 50+	1000m		Girls 15	Shot Put 2.72k
	Junior, Master Men 35-49	1000m		Boys 15	Shot Put 3k
17.30	Senior Men	1000m	III 4	Girls 16	Shot Put 3k
70				Boys 16	Shot Put 4k
	Vision Vision			Youth Girls 17-18	Shot Put 3k
	The second second	DANIEL STATE	PATE IN	Youth Boys 17-18	Shot Put 5k
Final Track Event 20 minutes after the completion of last event					
Juvenile Girls 800m / Youth Girls 17-18 800m					
Juvenile Boys 800m / Youth Boys 17-18 1000m					

13.30 All Women 14.30 All Women 15.30 All Women High Jump **Shot Put Long Jump**

13.30 Senior, Junior Men 15.30 Junior, Master Men 50+ 16.15 Junior Men 14.30 Master Men All 16.00 Senior, Master Men 35-49 16.45 Senior, Master Men

Long Jump Shot Put 6k High Jump Long Jump Shot Put 7.26k **High Jump**

IRISH LIFE HEALTH COMBINED EVENTS INDOOR CHAMPIONSHIPS AIT INTERNATIONAL ARENA, ATHLONE





