

National Senior Marathon Championships

Belfast 3rd October 2021

Final Entry List - No additional entries will be taken.

First Name	Last Name	Gender	Club Name
Alison	Adams Byrne	Female	Marathon Club Ireland
Tanya	Agnew	Female	Ballymena Runners AC
Tracey	Atkinson	Female	North Belfast Harriers
Deirdre	Bateson	Female	Carrick Aces A.C.
Alex	Bell	Female	Lusk A.C.
Rachel	Bennett	Female	Ballina A.C.
Catie	Bevington	Female	Monkstown Spartans AC
Rachel	Birt	Female	Annalee A.C.
Julie	Blair	Female	PACE Running Club
Kirsty	Bogle	Female	Ballydrain Harriers
Jennifer	Boyd	Female	Enniskillen RC
Sabrina	Boyd	Female	Ballymena Runners AC
Danielle	Boyle	Female	Tír Chonail A.C.
Judith	Bracken	Female	Jog Moira
Ciara	Brady	Female	Sportsworld A.C.
Laura	Brennan	Female	Murlough AC
Olga	Brennan	Female	Lusk A.C.
Claire	Brett	Female	Balbriggan & District
Noreen	Brizzell	Female	Rasharkin Runners
Mary	Browne	Female	Lucan Harriers A.C.
Vicky	Campbell	Female	Seapark AC
Clare	Carson	Female	East Down AC
Roisin	Catney	Female	Jog Moira
Catherine	Cauley	Female	Scrabo Striders
Eimear	Caulfield	Female	Lambay Sports Academy
Marie	Chapman	Female	Slaney Olympic A.C.
Angela	Charlton	Female	Raheny Shamrock A.C.
Stephanie	Clarke	Female	Newry City Runners AC
Shannon	Clegg	Female	Scrabo Striders
Sharon	Cochrane	Female	Monkstown Spartans AC
Alli	Coll	Female	Brothers Pearse A.C.
Janice	Conlon	Female	Dunshaughlin A.C.

Charlotte	Connolly	Female	Monaghan Town Runners
Heatherann	Connor	Female	Monkstown Spartans AC
Donna	Convery	Female	Ballydrain Harriers
Andrea	Convery	Female	Termoneeny Running Club
Dearbhla	Cox	Female	Annadale Striders
Shirley	Coyle	Female	Raheny Shamrock A.C.
Senga	Craig	Female	Larne AC
Gemma	Craig	Female	Springwell Running Club
Grainne	Crilly	Female	St. Peter's A.C.
Anne	Curley	Female	Donore Harriers
Gráinne	Curtin	Female	Lusk A.C.
Dawn	Daly	Female	Cilles A.C.
Colleen	Daly	Female	Na Fianna A.C.
Wendy	Davis	Female	Lagan Valley AC
Karen	Dempster	Female	Ballydrain Harriers
Nuala	Dervan	Female	Tallaght A.C.
Roslyn	Dobson	Female	St Peter's AC
Denise	Doherty	Female	Ballymena Runners AC
Margaret	Doherty	Female	Rasharkin Runners
Tracy	Doherty	Female	Duleek & District A.C.
Sinead	Doherty	Female	Monaghan Phoenix A.C.
Collette	Donaghy	Female	Termoneeny Running Club
Erin	Donnelly	Female	Scrabo Striders
Anna	Donnelly- Kel	Female	Keep Er Lit
Trina	Donohue	Female	East Mayo AC
Lorna	Doran	Female	Carrick Aces A.C.
Helena	Dornan	Female	Springwell Running Club
Helena	Dorrigan	Female	Navan A.C.
Irene	Downey	Female	Co Antrim Harriers
Valerie	Duffay	Female	Clane A.C.
Marlaine	Duffy	Female	Albertville Harriers
Lynn	Duffy	Female	Sli Cualann A.C.
Justine	Eagleson	Female	Seapark AC
Margaret	Edgar	Female	Athletics NI
Madelyn	Egan	Female	Clane A.C.
Michele	Ennis	Female	Scrabo Striders
Kerry	Evans	Female	Termoneeny Running Club
Rowena	Fair	Female	Belfast Running Club
Áine	Fegan	Female	Newry City Runners AC
Joanne	Fingleton	Female	Sperrin Harriers

Edel	Fitzgerald	Female	Star of the Sea A.C.
Joan	Flynn	Female	Mullingar Harriers A.C.
Linda	Foley	Female	West Waterford A.C.
Ciara	Forrester	Female	Tallaght A.C.
Una	Gaines	Female	Lusk A.C.
Claire	Gallagher	Female	Boyle A.C.
Gladys	Ganiel	Female	North Belfast Harriers
Heather	Gault	Female	Co Antrim Harriers
Leann	Gibson	Female	Victoria Park & Connswater
Valerie	Gibson	Female	Ballydrain Harriers
Leann	Gibson	Female	Victoria park and Connswater A.C.
Dearbhla	Glackin	Female	Sperrin Harriers
Linda	Glass	Female	Kernan Running Club
Emma	Glynn	Female	Dromore AC
Ciara	Goddard	Female	Acorns AC
Arlene	Gorman	Female	Navan A.C.
Marysia	Graffin	Female	Moneyglass & District Runners
Karen	Greene	Female	Lusk A.C.
Charlotte	Gregg	Female	Ballymena Runners AC
Grainne	Grennan	Female	Blackrock (Dublin) A.C.
Laura	Grimes	Female	Jog Moira
Judith	Haffey	Female	Armagh AC
Natalie	Hall	Female	Victoria Park & Connswater
Sabrina	Halliwell	Female	Ratoath A.C.
Louise	Hand	Female	Navan Ac
Jessica	Henderson	Female	Belfast Running Club
Phillippa	Henry	Female	Jog Moira
Andrea	Heslip	Female	Dromore AC
Brónagh	Heverin	Female	Tír Chonaill A.C.
Ciara	Hickey	Female	Brothers Pearse A.C.
Suzanne	Higgins	Female	Lagan Valley AC
Alison	Hillman	Female	Duleek & District A.C.
Louise	Holmes	Female	East Antrim Harriers
Danielle	Houston	Female	Ward Park Runners
Stephanie Jane	Isley	Female	West Waterford A.C.
Mary	Jennings	Female	Waterford A.C.
Ann	Johnston	Female	Termoneeny Running Club
Louise	Johnston	Female	Acorns AC
Madaline	Johnston	Female	Murlough AC
Ann	Jordan	Female	Ratoath

Teresa	Kavanagh	Female	Dunshaughlin A.C.
Deirdre	Keena	Female	AIT
Jenny	Keery	Female	North Down AC
Belinda	Kehoe	Female	Sliabh Bhuide Rovers A.C.
Roisin	Kelly	Female	Ward Park Runners
Jennifer	Kelso	Female	Monkstown Spartans AC
Fiona	Kenna	Female	Drogheda & District A.C.
Suzanne	Kennedy	Female	Co Antrim Harriers
Grace	Kennedy- Clarke	Female	Donore Harriers
Sabrina	Keogh	Female	Dunboyne A.C.
Claire	Keys	Female	Lifford Strabane A.C.
Edel	Kiernan	Female	Balbriggan and district
Fiona	King	Female	St. Coca's A.C.
Christine	Kinsella	Female	Brothers Pearse A.C.
Sarah	Kinsella	Female	Tallaght A.C.
Brenda	Larkin	Female	Ballygalget AC
Ciara	Larney	Female	Carrick Aces A.C.
Karen	Lavelle	Female	Star of the Sea A.C.
Eleanor	Lavelle Balamash	Female	Brothers Pearse A.C.
Rachel	Lavery	Female	Murlough AC
Helen	Lavery	Female	Beechmount Harriers A.C.
Sarah	Lavery	Female	Beechmount Harriers A.C.
Isobel	Lawlor	Female	Navan A.C.
Ita	Little	Female	Maguiresbridge RC
Sharon	Lock	Female	Monkstown Spartans AC
Sorcha	Loughnane	Female	Donore Harriers
Deborah	Loughran	Female	Newry City Runners AC
Anne	Loughran	Female	Carmen Runners A.C.
Julie	Lyness	Female	Seapark AC
Yasmin	Lynn	Female	Mallusk Harriers
Melissa	Lyons	Female	Clane A.C.
Clare	Madden	Female	Togher A.C.
Gayle	Malaugh	Female	Scrabo Striders
Maureen	Mallon	Female	Sperrin Harriers
Louise	Maloney	Female	Star of the Sea A.C.
Teresa	Mark	Female	Ballymena Runners AC
Monica	Marriott	Female	Coalisland Na Fianna Runners
Laura	Marshall	Female	Ratoath A.C.
Claire	Martin	Female	Ballymena Runners AC
Marea-Louise	Martin	Female	Saintfield Striders

Carol	Mc Adam	Female	Willowfield Harriers
Bronagh	Mc Aler	Female	Knockmany Running Club
Elaine	Mc Anulty	Female	Marathon Club Ireland
Amanda	Mc Ara	Female	Lambay Sports Academy
Louise	Mc Aree	Female	Belfast Running Club
Karen	Mc Caffrey	Female	Enniskillen RC
Breige	Mc Caffrey	Female	Knockmany Running Club
Toni	Mc Caig	Female	PACE Running Club
Jade	Mc Candless	Female	Dromore AC
Judith	Mc Cann	Female	Orangetown AC
Aravon	Mc Cann	Female	Maguiresbridge RC
Lisa	Mc Carthy	Female	Raheny Shamrock A.C.
Tracey	Mc Clements	Female	Ballygalget AC
Rachel	Mc Closkey	Female	RoadRunners AC
Aoibheann	Mc Colgan	Female	Inishowen A.C.
Karen	Mc Connell	Female	Dee Runners
Laura	Mc Conville	Female	St Peter's AC
Jurgita	Mc Cormick	Female	Dromore AC
Helen	Mc Cready	Female	Rosses A.C.
Sonia	Mc Cusker	Female	St. Peter's A.C.
Ciara	Mc Elhone	Female	Carmen Runners A.C.
Danielle	Mc Ferran	Female	Rasharkin Runners
Deirdre	Mc Ging	Female	Sportsworld A.C.
Jade	Mc Guinness	Female	West Belfast Coolers
Elaine	Mc Guckin	Female	1ZER01 Athletes
Catherine	Mc Intyre	Female	Orangetown AC
Diane	Mc Kay	Female	Murlough AC
Martina	Mc Kenna	Female	Knockmany Running Club
Aoife	Mc Keown	Female	City of Lisburn AC
Lorraine	Mc Keown	Female	Knockmany Running Club
Annemarie	Mc Kernan	Female	Acorns AC
Ciara	Mc Laughlin	Female	Larne AC
Niamh	Mc Laughlin	Female	Larne AC
Siobhan	Mc Laughlin	Female	Inishowen A.C.
Roisin	Mc Lean	Female	Beechmount Harriers A.C.
Cora	Mc Leron	Female	Rasharkin Runners
Louise	Mc Naughton	Female	Glens Runners
Una	Mc Neill	Female	Monkstown Spartans AC
Violet	Mc Neill	Female	Kernan Running Club
Kay	Mc Peake	Female	Termoneeny Running Club

Éadaoin	Mc Veigh	Female	Galbally Runners
Fiona	Mc Vicar	Female	Ward Park Runners
Fiona	McFall	Female	Jog Lisburn Running Club
Ita	McVeigh	Female	Keep Er Lit
Nadine	Mercer	Female	Albertville Harriers
Pauline	Millar	Female	Monkstown Spartans AC
Tara	Montgomery	Female	Termoneeny Running Club
Pamela	Mooney	Female	Mallusk Harriers
Rachel	Moran	Female	Raheny Shamrock A.C.
Maria	Morris	Female	Beechmount Harriers A.C.
Edele	Muldoon	Female	Ballydrain Harriers
Catherine	Murphy	Female	Eagle A.C.
Oonagh	Murray	Female	Belfast Running Club
Aisling	Murray	Female	Albertville Harriers
Sinead	Murtagh	Female	Newcastle & District AC
Eileen	Murtagh	Female	Coalisland Na Fianna Runners
Ashlene	Mussen	Female	Newcastle & District AC
Laura	Neely	Female	North Down AC
Cheryl	Niblock	Female	Ballydrain Harriers
Paula	Nolan	Female	Tullamore Harriers A.C.
Selenia	Nolan Culligan	Female	Ennis Track A.C.
Eimear	Nugent	Female	North Belfast Harriers
Christine	Nugent	Female	Armagh AC
Ciara	O Brien	Female	Clane A.C.
Margaret	O Brien	Female	Donore Harriers
Aideen	O Connor	Female	Clonliffe Harriers A.C.
Catherine	O Connor	Female	Sli Cualann A.C.
Dee	O Keeffe	Female	Brothers Pearse A.C.
Aoife	O Leary	Female	Sportsworld A.C.
Patricia	O Neill	Female	Blackrock (Dublin) A.C.
Claire	O Rourke	Female	Murlough AC
Kellyann	O Sullivan	Female	West Belfast Coolers
Claire	Oliphant	Female	Co Antrim Harriers
Stacey	Orr	Female	Dub Running Club
Hazel	Parker	Female	Jog Lisburn Running Club
Tracey	Paul	Female	Termoneeny Running Club
Anne Marie	Pickering	Female	Termoneeny Running Club
Lorraine	Powell	Female	Donadea Running Club
Caroline	Prendergast	Female	Garristown Flyers A.C.
Anne	Prendiville	Female	Lambay Sports Academy

Nicola	Quigley	Female	Ballygalget AC
Brigid	Quinn	Female	Ballymena Runners AC
Karen	Reid	Female	Brothers Pearse A.C.
Gillian	Robinson	Female	Sperrin Harriers
Gemma	Roddy	Female	ballygalget ac
Catherine	Ronan	Female	United Striders A.C.
Stephanie	Rooney	Female	Murlough AC
Fionnuala	Ross	Female	Armagh AC
D	Russell	Female	East Coast AC
Orla	Russell	Female	Murlough AC
Martina	Saravia	Female	Orangetrove AC
Adrienne	Savage	Female	Orangetrove AC
Heather	Shanks-Miller	Female	Orangetrove AC
Annette	Sheehy	Female	Milford A.C.
Mary	Slocum	Female	Ward Park Runners
Louise	Smart	Female	Co Antrim Harriers
Louise	Smith	Female	North Belfast Harriers
Kelly	Smith	Female	East Down AC
Stephanie	Smyth	Female	Ballydrain Harriers
Paula	Smyth	Female	Termoneeny Running Club
Aisling	Stapleton	Female	Liffey Valley A.C.
Agnieszka	Stepien	Female	St Peter's AC
Fiona	Sutherland	Female	Belfast Running Club
Josephine	Tams Gregg	Female	Ballymena Runners AC
Ciara	Tierney	Female	1ZER01 Athletes
Sinead	Tighe	Female	Brothers Pearse A.C.
Eva	Tomonyiczka	Female	Dublin Bay Running Club
Ciara	Toner	Female	City of Derry AC Spartans
Anne	Travers	Female	Newry City Runners AC
Joanne	Traynor	Female	Bohermeen A.C.
Elaine	Trimble	Female	Knockmany Running Club
Kathleen	Trunk	Female	Lucan Harriers A.C.
Adele	Walsh	Female	St. Senans A.C.
Ellie	Walshe	Female	Brothers Pearse A.C.
Carmel	Ward	Female	Raheny Shamrock A.C.
Debbie	Watters	Female	Ballymena Runners AC
Jean	Whelan	Female	Navan A.C.
Susan	Whelan	Female	Navan A.C.
Sarah	White	Female	Balbriggan & District
Catherine	Whoriskey	Female	City of Derry AC Spartans

Susan	Williams	Female	Ward Park Runners
Sharon	Williamson	Female	Kernan Running Club
Karen	Wilton	Female	Jog Lisburn Running Club
Fiona	Woodhouse	Female	Ballycastle Runners
Lucy	Woods	Female	Galbally Runners
Jacqueline	Wright	Female	Armagh AC
Keith	Adair	Male	Foyle Valley AC
Peter	Adair	Male	Scrabo Striders
Gary	Adams	Male	Ballydrain Harriers
Tom	Agnew	Male	North Down AC
Stephen	Aicken	Male	ATHLETIC NI
Darren	Aldridge	Male	Corran A.C
Darwin	Allen	Male	Maguiresbridge RC
Geoff	Allen	Male	Springwell
Paul	Alister	Male	Jog Lisburn Running Club
Stephen	Anderson	Male	Orangegrove AC
Nick	Anderson	Male	North Down AC
Ryan	Armstrong	Male	North Belfast Harriers
Ray	Armstrong	Male	Donore Harriers
Adam	Aston	Male	Seapark AC
Craig	Badger	Male	Acorns AC
Ian	Bailey	Male	Lagan Valley AC
Ian	Baird	Male	Seapark AC
Christopher	Ballentine	Male	North Down AC
Michael	Barnett	Male	Knockmany Running Club
Kehoe	Barry	Male	Newbridge A.C.
Andrew	Beech	Male	Ward Park Runners
Michael	Begley	Male	Castlegar A.C.
Jonathon	Bell	Male	Seapark AC
Michael	Bell	Male	Ward Park Runners
Niall	Bell	Male	Keep Er Lit
Andy	Belshaw	Male	North Down AC
Ross	Bingham	Male	Jog Lisburn Running Club
Ian	Birney	Male	Enniskillen RC
Rodney	Bishop	Male	Mallusk Harriers
Paul	Blackstock	Male	Jog Lisburn Running Club
Noel	Bloomfield	Male	Mallusk Harriers
Brian	Bogle	Male	Ballydrain Harriers
Graham	Bourne	Male	Kilkenny City Harriers A.C.
Michael	Boyd	Male	North Down AC

David	Boyd	Male	Willowfield Temperance Harriers
Damian	Boylan	Male	Willowfield Harriers
Hugh	Boyle	Male	Springwell Running Club
Simon	Boyle	Male	North Down AC
Paul	Bracken	Male	Jog Moira
Craig	Bradley	Male	Ballydrain Harriers
Frankie	Bradley	Male	Rise Running Club
Seamus	Brandon	Male	Foyle Valley AC
Stephen	Brasier	Male	Balbriggan & District
Pádraig	Breathnach	Male	Clonmel A.C.
William	Brown	Male	Ballydrain Harriers
Malcolm	Browne	Male	1ZER01 Athletes
Ciaran	Browne	Male	North Down AC
Dermot	Browne	Male	Clane A.C.
Paul	Browne	Male	Slaney Olympic A.C.
Richard	Bryson	Male	Orangetown AC
George	Buckley	Male	Ballymena Runners AC
Michael	Burke	Male	Termoneeny Running Club
Seán	Burke	Male	Tuam A.C.
Colin	Burns	Male	Le Cheile Athletic Club
Gareth	Burns	Male	Keep Er Lit
Stuart	Burnside	Male	Saintfield Striders
David	Butler	Male	St. Finbarrs A.C.
Stephen	Butters	Male	Willowfield Harriers
Graham	Byrne	Male	Duleek & District A.C.
Colm	Byrne	Male	East Galway A.C.
Paudie	Byrne	Male	Lambay Sports Academy
Will	Byrne	Male	Lucan Harriers A.C.
Ronan	Byrne	Male	Rathfarnham W.S.A.F. A.C.
Eamon	Caffrey	Male	Lusk A.C.
Paul	Cairns	Male	Saintfield Striders
Edward	Caldwell	Male	Dub Running Club
Ronan	Callan	Male	Glenmore A.C.
Frederick	Campbell	Male	City of Lisburn AC
Henry	Campbell	Male	Carrick Aces A.C.
Michael	Canty	Male	Moy Valley A.C.
Sean	Carlin	Male	1ZER01 Athletes
Paul	Carlisle	Male	Annadale Striders
Noel	Carroll	Male	Shercock A.C.
Paul	Carroll	Male	Shercock A.C.

Gerald	Carroll	Male	St. Brendan's A.C. (Kerry)
Pat	Carroll	Male	United Striders A.C.
Charlie	Carty	Male	Coalisland Na Fianna Runners
Eric	Champ	Male	Raheny Shamrock A.C.
Alan	Clarke	Male	Foyle Valley AC
Gary	Clarke	Male	Scrabo Striders
Daniel	Clarke	Male	Scrabo Striders
Colin	Clarke	Male	Scrabo Striders
Kevin	Clarke	Male	Moy Valley A.C.
Justin	Clegg	Male	Scrabo Striders
Ian	Cleland	Male	Seapark AC
Michael	Clohisey	Male	Raheny Shamrock A.C.
Vinnie	Codd	Male	Waterford A.C.
Gerry	Collins	Male	Blayney Rockets A.C.
Matthew	Collins	Male	Portmarnock A.C.
Hugh	Colwell	Male	Ballygalget AC
Derek	Colwell	Male	Tallaght A.C.
Mikey	Combe	Male	Willowfield Harriers
Shane	Coney	Male	Keep Er Lit
Mark	Conlon	Male	Acorns AC
Malachy	Conlon	Male	Glens Runners
Paul	Connolly	Male	Ballymena Runners AC
Christopher	Connolly	Male	North Down AC
Darren	Connolly	Male	Maguiresbridge RC
Steven	Connor	Male	Foyle Valley AC
Kevin	Conroy	Male	Omagh Harriers
Daniel	Convery	Male	Termoneeny Running Club
Patrick	Conwell	Male	St Peter's AC
Owen	Coogan	Male	Acorns AC
Edward	Cooke	Male	Annadale Striders
Conaill	Cooper	Male	Slaney Olympic A.C.
Odhrán	Copeland	Male	Beechmount Harriers A.C.
John	Corbett	Male	Navan A.C.
Martin	Corcoran	Male	Omagh Harriers
Kieran	Corcoran	Male	Trim A.C.
Simon	Cordoba	Male	Orangethicket AC
Kieran	Corr	Male	Armagh AC
Kevin	Corrigan	Male	Murlough AC
Ian	Cortina	Male	Lusk A.C.
Peter	Cosgrove	Male	Ward Park Runners

James	Cottle	Male	Crusaders A.C.
Dessy	Coulter	Male	Ballygalget AC
Fintan	Counihan	Male	Lambay Sports Academy
Michael	Counsel	Male	Trim A.C.
Colin	Coyne	Male	St. Abbans A.C
Thomas	Craig	Male	Larne AC
Carl	Crehan	Male	Le Cheile Athletic Club
Daniel	Cronin	Male	Lusk A.C.
Michael	Cronin	Male	Monaghan Town Runners
Sean	Crotty	Male	Slaney Olympic A.C.
Eric	Cullen	Male	Rathfarnham W.S.A.F. A.C.
Neil	Cummins	Male	Navan A.C.
Frank	Cunningham	Male	Newcastle & District AC
Colm	Cunningham	Male	Blackrock (Dublin) A.C.
Shane	Curtis	Male	Sperrin Harriers
Pat	Cussen	Male	Lambay Sports Academy
Jarlath	Daly	Male	Knockmany Running Club
David	Daly	Male	Skerries A.C.
Paul	Dane	Male	Jog Moira
Alex	Davidson	Male	Mallusk Harriers
Noel	Davis	Male	Donore Harriers
Robert	Davison	Male	Saintfield Striders
Keith	Dawson	Male	Lagan Valley AC
Stephen	Dawson	Male	Donore Harriers A.C.
Liam	Dean	Male	PACE Running Club
Bob	Dempster	Male	Ballymena Runners AC
Sean	Denvir	Male	Belfast Running Club
Frankie	Devlin	Male	City of Lisburn AC
Maurice	Devlin	Male	Keep Er Lit
Conor	Diver	Male	Cherryvale Harriers
Kyle	Doherty	Male	City of Derry AC Spartans
Steven	Donegan	Male	North Down AC
Mark	Donnelly	Male	Knockmany Running Club
Garry	Doran	Male	Ballygalget AC
Brian	Doris	Male	Keep Er Lit
James	Dowling	Male	Blackrock (Dublin) A.C.
Paul	Downey	Male	Dromore AC
Keith	Downey	Male	Skerries A.C.
Mervin	Doyle	Male	Kilkenny City Harriers A.C.
Aidan	Duffy	Male	Coalisland Na Fianna Runners

Mark	Dunne	Male	Lusk A.C.
Noel	Eager	Male	North Down AC
Alan	Erwin	Male	Mallusk Harriers
David	Esler	Male	Mallusk Harriers
Alan	Fairbrother	Male	Brothers Pearse A.C.
Peter	Faith	Male	Ballymena Runners AC
Conor	Fanning	Male	Jog Lisburn Running Club
Jed	Farquharson	Male	Willowfield Harriers
Niall	Farquharson	Male	Beechmount Harriers A.C.
Alan	Farrell	Male	Donore Harriers
Rodney	Farrelly	Male	Monkstown Spartans AC
Thomas	Farren	Male	Rasharkin Runners
Paul	Fearon	Male	Sperrin Harriers
Tom	Feeley	Male	Trim Ac
Niall	Feeney	Male	Trim A.C.
Barry	Finnegan	Male	Navan A.C.
David	Fisher	Male	Newry City Runners AC
Ian	Fitzgerald	Male	Waterstown Warriors A.C.
Pat	Fitzgerald	Male	West Waterford AC
John	Fitzgerald	Male	Moycarkey Coolcree A.C.
John	Fitzmaurice	Male	Roscommon Harriers A.C.
Brian	Fitzpatrick	Male	Murlough AC
David	Fitzpatrick	Male	Tallaght A.C.
Peter	Fleming	Male	Ballymena Runners AC
Scott	Fleming	Male	Ballymena Runners AC
Donal	Fleming	Male	Le Cheile Athletic Club
Paul	Flynn	Male	Ballydrain Harriers
Eoin	Flynn	Male	Rathfarnham W.S.A.F. A.C.
Desi	Foley	Male	Sligo A.C.
Dan	Foord	Male	Scrabo Striders
John	Ford	Male	Monkstown Spartans AC
Ken	Forrester	Male	Tallaght A.C.
Drew	Fowler	Male	BALLYDRAIN HARRIERS
Richard	Foy	Male	Lusk AC
Dean	Fullston	Male	Donore Harriers
Colum	Gaile	Male	Albertville Harriers
Colly	Gallagher	Male	Sperrin Harriers
Noel	Gallagher	Male	Newcastle & District AC
Joe	Gallagher	Male	North Belfast Harriers
Liam	Gallagher	Male	Rise Running Club

Andrew	Garrett	Male	Ballygalget AC
Adrian	Gartland	Male	Rock Runners
Rory	Geary	Male	Monaghan Phoenix A.C.
Brian	Gepp	Male	Monkstown Spartans AC
Mark	Geraghty	Male	Lusk A.C.
Gary	Gibbons	Male	Eagle A.C.
Graham	Gibson	Male	Ballydrain Harriers
Mark	Gibson	Male	Sperrin Harriers
Dave	Gibson	Male	Mallusk Harriers
Brendan	Gildernew	Male	Sperrin Harriers
Michael	Gillan	Male	Lagan Valley AC
David	Gilliland	Male	Orangetown AC
Terry	Glenn	Male	AthleticsNI Unattached
Jonathan	Glover	Male	Monkstown Spartans AC
Frankie	Gorman	Male	Blaney Rockets A.C.
Gordon	Graham	Male	East Down AC
Tom	Graham	Male	Jog Lisburn Running Club
Leeroy	Graham	Male	St Coca's A.C.
Grzegorz	Grajek	Male	Monkstown Spartans AC
Damian	Grant	Male	RoadRunners AC
William Thomas	Gray	Male	Monkstown Spartans AC
Keith	Greene	Male	Lusk A.C.
Gareth	Greer	Male	Magherafelt Harriers
Mark	Grennan	Male	Letterkenny A.C.
Ross	Griffin	Male	Rathfarnham W.S.A.F. A.C.
Jonathan	Groarke	Male	Monaghan Town Runners
Ernest	Hall	Male	Newcastle & District AC
Ronan	Halpenny	Male	Slieve Gullion Runners
Stephen	Hanly	Male	Balbriggan & District
Patrick	Hannan	Male	Newry City Runners AC
Stephen	Harbinson	Male	Seapark AC
Michael	Harris	Male	Jog Lisburn Running Club
Mark	Harvey	Male	Belfast Running Club
Paddy	Havern	Male	Newry City Runners AC
Tim	Hawksworth	Male	Ballymena Runners AC
Andrew	Hayes	Male	Mayo A.C.
Donal	Heagney	Male	Portlaoise A.C.
Thomas	Hegarty	Male	Sperrin Harriers
David	Hendron	Male	Willowfield Harriers
Colin	Heron	Male	Keep Er Lit

Michael	Hillman	Male	Duleek & District A.C.
Martin	Hinch	Male	Springwell Running Club
Stephen	Hoey	Male	Jog Lisburn Running Club
Mark	Holland	Male	Newcastle & District AC
Dermot	Holland	Male	Balbriggan & District
Robert	Hook	Male	Ballycastle Runners AC
Chris	Hopkins	Male	Co Antrim Harriers
Martin	Horan	Male	St. Coca's A.C.
Abrar	Hossain	Male	Scrabo Striders
Fergal	Hughes	Male	Termoneeny Running Club
Dermot	Hughes	Male	Blackrock (Dublin) A.C.
Ciaran	Hunter	Male	Beechmount Harriers A.C.
Gary	Huntley	Male	Monkstown Spartans AC
Chris	Hutchinson	Male	Annadale Striders
Conor	Hyland	Male	Slaney Olympic A.C.
Ray	Hynes	Male	Donore Harriers
Darren	Irwin	Male	Acorns AC
Laurence	Irwin	Male	Scrabo Striders
Luke	Izard	Male	Youghal A.C.
Phillip	Jackson	Male	Keep Er Lit
Colin	James	Male	East Antrim Harriers
Stephen	Jamison	Male	City of Derry AC Spartans
William	Jenkins	Male	Seapark AC
Chris	Jenkins	Male	Victoria Park and Connswater AC
Michael	Johnson	Male	Springwell Running Club
Timothy	Johnston	Male	Mourne Runners
Paul	Kane	Male	Murlough AC
Kevin	Kavanagh	Male	Crusaders A.C.
Seamus	Kavanagh	Male	Kilkenny City Harriers A.C.
Cormac	Kavanagh	Male	St. Michael's A.C.
Damian	Kearney	Male	Acorns AC
Marc	Kearney	Male	Saintfield Striders
Eoin	Keegan	Male	Raheny Shamrock A.C.
Raymond	Keenan	Male	Termoneeny Running Club
Paul	Keenan	Male	Carrick Aces A.C.
Peter	Kehoe	Male	Roscommon Harriers A.C.
David	Kehoe	Male	United Striders A.C.
Kevin	Kelly	Male	East Down AC
David	Kelly	Male	Dub Running Club
Alan	Kelly	Male	Ballina A.C.

Stephen	Kelly	Male	Drogheda & District A.C.
Martin	Kelly	Male	Rathfarnham W.S.A.F. A.C.
James	Kelly	Male	Trim A.C.
Maurice	Kelter	Male	Crusaders A.C.
Joseph	Kennedy	Male	Foyle Valley AC
Jamie	Kennedy	Male	Blackrock (Dublin) A.C.
Ray	Kenny	Male	Sli Cualann A.C.
Terry	Keogh	Male	Raheny Shamrock A.C.
Richard	Kerr	Male	Saintfield Striders
Pk	Kerr	Male	Jog Lisburn Running Club
Jim	Kerrigan	Male	RoadRunners AC
Joseph	Kiernan	Male	Dublin bay running club
Mark	Kilcoyne	Male	Blackrock (Dublin) A.C.
Conor	Kinane	Male	Clane A.C.
Brian	Kingston	Male	Albertville Harriers
Gerard	Kirwan	Male	Clonliffe Harriers A.C.
Martin	Kolbohm	Male	Sperrin Harriers
David	Lahive	Male	Cork Mental Health A.C.
Sean	Lally	Male	Monaghan Town Runners
James	Lappin	Male	Scrabo Striders
John	Lappin	Male	Keep Er Lit
Jim	Larkin	Male	Dub Running Club
Noel	Larkin	Male	Ballygalget AC
Paschal	Larney	Male	Carrick Aces A.C.
Anthony	Lavery	Male	Albertville Harriers
Peter	Lavery	Male	Lavery
Lonnie	Law	Male	Willowfield Harriers
Simon	Lawlor	Male	Navan A.C.
Brian	Lenihan	Male	Blackrock (Dublin) A.C.
Barry	Lennon	Male	Raheny Shamrock A.C.
Stephen	Leonard	Male	Coalisland Na Fianna Runners
Declan	Leung	Male	Virtual Run NI
Peter	Linden	Male	Newry City Runners AC
Jason	Lindsay	Male	Scrabo Striders
Gordon	Linton	Male	Acorns AC
Peter	Lock	Male	Monkstown Spartans
Gary	Long	Male	Ballydrain Harriers
Pedro	Lopez	Male	Celbridge A.C.
Johnny	Loughead	Male	Co Antrim Harriers
Martin	Loughran	Male	Acorns AC

Séamus	Mac Giolla Phádra	Male	Blackrock (Dublin) A.C.
Flo	Mada	Male	Ballygalget AC
James	Magee	Male	Jog Lisburn Running Club
Damien	Maguire	Male	Newry City Runners AC
Ryan	Maguire	Male	North Belfast Harriers
Alan	Maher	Male	Le Cheile Athletic Club
Tim	Mahood	Male	Scrabo Striders
Brian	Maltman	Male	East Coast AC
David	Mansfield	Male	Clonmel A.C.
Keith	Markey	Male	Dunshaughlin A.C.
Hugh	Marley	Male	Jog Lisburn Running Club
Paul	Marshall	Male	Rasharkin Runners
Niall	Mathews	Male	Marathon Club Ireland
Paul	Matthews	Male	Newbridge A.C.
Norman	Mawhinney	Male	Scrabo Striders
Aaron	Mawhinney	Male	Termoneeny Running Club
Gary	Maxwell	Male	Armagh AC
Dallan	Mc Aleenan	Male	RoadRunners AC
Hugh	Mc Aler	Male	Knockmany Running Club
Gareth	Mc Allister	Male	Dub Running Club
Sean	Mc Allister	Male	St Peter's AC
Ross	Mc Aneney	Male	Seapark AC
Larry	Mc Ater	Male	East Antrim Harriers
Michael	Mc Auley	Male	Mallusk Harriers
Ken	Mc Auley	Male	Mallusk Harriers
Mark	Mc Avoy	Male	North Belfast Harriers
Gabriel	Mc Avoy	Male	North Belfast Harriers
James	Mc Cabe	Male	Omagh Harriers
Stephen	Mc Caffrey	Male	Knockmany Running Club
Eamon	Mc Caighy	Male	Jog Lisburn Running Club
Lewis	Mc Cann	Male	Dunboyne A.C.
Stephen	Mc Cartan	Male	EDAC
Owen	Mc Carthy	Male	Brothers Pearse A.C.
Frank	Mc Caughan	Male	Ballycastle Runners AC
Ryan	Mc Cauley	Male	Milford A.C.
Seamus	Mc Collum	Male	Jog Lisburn Running Club
Declan	Mc Conaghy	Male	Newry City Runners AC
David	Mc Conn	Male	Donore Harriers
Mark	Mc Connell	Male	Ward Park Runners
Patrick	Mc Cormack	Male	Lambay Sports Academy

Larry	Mc Cormack	Male	Newbridge A.C.
Martin	Mc Cracken	Male	St Peter's AC
Colin	Mc Crum	Male	Seapark AC
Pierce	Mc Cullagh	Male	Sperrin Harriers
Stephen	Mc Cullough	Male	Jog Lisburn Running Club
Maurice	Mc Dermott	Male	Lusk A.C.
Tom	Mc Donald	Male	St. Joseph's A.C.
Barry	Mc Elduff	Male	Omagh Harriers
Noel	Mc Elhone	Male	Carmen Runners A.C.
Franky	Mc Givern	Male	Newcastle & District AC
Brian	Mc Glinchey	Male	Na Fianna A.C.
Eugene	Mc Govern	Male	Acorns AC
Rory	Mc Grady	Male	Murlough AC
Declan	Mc Grellis	Male	Belfast Assoc RC & FR
John Paul	Mc Guckin	Male	Acorns AC
Connor	Mc Guinness	Male	Keep Er Lit
Brendan	Mc Ilhennon	Male	Dub Running Club
Andrew	Mc Intyre	Male	Orangetrove AC
Gavin	Mc Kay	Male	East Coast AC
Dermot	Mc Keague	Male	Tafelta AC
Bernard	Mc Keaveney	Male	Mallusk Harriers
Brendan	Mc Kenna	Male	Jog Lisburn Running Club
Vincent	Mc Kenna	Male	North Belfast Harriers
Martin	Mc Kenna	Male	Armagh AC
Michael	Mc Kenzie	Male	Armagh AC
Johnny	Mc Keown	Male	Monkstown Spartans AC
Oliver	Mc Keown	Male	Jog Moira
Michael	Mc Keown	Male	Springwell Running Club
Anthony	Mc Kinley	Male	Albertville Harriers
Thomas	Mc Kinstry	Male	North Belfast Harriers
Gareth	Mc Kinstry	Male	Dromore AC
Mark	Mc Leod	Male	Belfast Running Club
Colm	Mc Loughlin	Male	Ballina A.C.
Eoin	Mc Loughlin	Male	Ballina A.C.
Brian	Mc Menamin	Male	Foyle Valley AC
Ryan	Mc Mullan	Male	Saintfield Striders
Brendan	Mc Nally	Male	RoadRunners AC
Noel	Mc Nally	Male	RoadRunners AC
Sean	Mc Nally	Male	Keep Er Lit
Ray	Mc Namara	Male	Ballina A.C.

Jimmy	Mc Neill	Male	Monkstown Spartans AC
Gavin	Mc Neill	Male	Murlough AC
Christopher	Mc Nickle	Male	Springwell Running Club
Aidan	Mc Peake	Male	Belfast Running Club
Patrick	Mc Shane	Male	Albertville Harriers
John	Mc Sharry	Male	Knockmany Running Club
Dermot	McCabe	Male	Keep Er Lit
Conal	McCambridge	Male	North Belfast Harriers A.C.
Ryan	McMahon	Male	Blayney Rockets A.C.
Andrew	Meehan	Male	Donadea Running Club
Eamonn	Melaugh	Male	Termoneeny Running Club
Neil	Mercer	Male	Albertville Harriers
Jock	Mewha	Male	Monkstown Spartans AC
Stephen	Mezza	Male	Dub Running Club
Andrew	Millar	Male	Ward Park Runners
Simon	Moffett	Male	Ballydrain Harriers
Aidan	Molloy	Male	Omagh Harriers
Phil	Mone	Male	Seapark AC
Stephen	Montgomery	Male	Glenlough Running Club
Robin	Montgomery	Male	Orangetown AC
Gary	Montgomery	Male	Glenlough Running Club
Tony	Mooney	Male	Newry City Runners AC
Jim	Moore	Male	Ballymena Runners AC
Jonathan	Moore	Male	Willowfield Harriers
Dwain	Moore	Male	Lusk A.C.
Tom	Moore	Male	Trim A.C.
Gareth	Moran	Male	Dunleer A.C.
Peter	Morgan	Male	Newcastle & District AC
David	Morgan	Male	Annadale Striders
Michael	Morgan	Male	St. Finbarrs A.C.
Stephen	Morris	Male	Willowfield Harriers
Robert	Morrison	Male	Albertville Harriers
Paul	Morrow	Male	Scrabo striders
Ben	Morrow	Male	Ballymena Runners AC
Wayne	Morrow	Male	Glenlough Running Club
Kevin	Moseley	Male	Monkstown Spartans AC
Brendan	Mulgrew	Male	Belfast Running Club
Damian	Mulholland	Male	Newry City Runners AC
Eoin	Mullan	Male	Omagh Harriers
Raymond	Mullen	Male	Armagh AC

John	Mulvaney	Male	Waterstown Warriors A.C.
Christopher	Murdock	Male	Scrabo Striders
Declan	Murnaghan	Male	Carrick Aces A.C.
Paul	Murphy	Male	Ballymena Runners AC
John	Murphy	Male	Grange/Fermoy A.C.
Noel	Murphy	Male	Waterford A.C.
Paul	Murphy	Male	Tallaght A.C.
Shane	Murray	Male	Dub Runners
Michael	Murray	Male	The Emmetts Running Club
Paul	Nagle	Male	Tallaght A.C.
John	Neill	Male	East Antrim Harriers
Chris	Nesbitt	Male	Ward Park Runners
Canice	Nicholas	Male	Keep Er Lit
Gary	Nolan	Male	Clane A.C.
Ryan	Nugent	Male	Willowfield Harriers
Gregory Paul	O Beirne	Male	Dublin Bay Running Club
Alan	O Boyle	Male	Brothers Pearse A.C.
Colm	O Brien	Male	Newry City Runners AC
Iain	O Byrne	Male	Waterford A.C.
Ciarán	Ó Coighligh	Male	Raheny Shamrock A.C.
Brian	O Connell	Male	Togher A.C.
Tom	O Connor	Male	Garristown Flyers A.C.
James	O Connor	Male	Slaney Olympic A.C.
Michael	O Donoghue	Male	Orangethroat AC
Neil	O Driscoll	Male	North Down AC
Pat	O Driscoll	Male	North Down AC
David	O Farrell	Male	Keep Er Lit
Thomas	O Gorman	Male	Newcastle & District AC
Eoghan	O Gorman	Male	Drogheda & District A.C.
Kevin	O Hagan	Male	Keep Er Lit
Gary	O Hanlon	Male	Clonliffe Harriers A.C.
Padraig	O Kane	Male	Acorns AC
Sean	O Keeffe	Male	Eagle A.C.
Conor	O Loughlin	Male	Navan AC
Anthony	O Neill	Male	Sperrin Harriers
John	O Donnell	Male	Kilkenny City Harriers A.C.
Paul	O Hare	Male	NI Civil Service AC
Martin	O'Neill	Male	Keep Er Lit
Ryan	O'Neill	Male	Keep Er Lit
Angela	O'Neill	Male	Keep Er Lit

Darren	Owens	Male	Kinawley Running Group
Leigh	Parke	Male	Mourne Runners
Daniel	Pearson	Male	Magherafelt Harriers
Michael	Pentony	Male	Ardee & District A.C.
Stephen	Perry	Male	Trim A.C.
Dovydas	Pliauga	Male	Ballydrain Harriers
Colin	Porter	Male	Monkstown Spartans AC
Rob	Powell	Male	Victoria Park & Connswater
Nigel	Prior	Male	Dub Running Club
David	Proctor	Male	Willowfield Harriers
Ciaran	Rea	Male	RoadRunners AC
Darrell	Reamsbottom	Male	Raheny Shamrock A.C.
Pádraig	Regan	Male	St. Brendan's A.C. (Kerry)
Mark	Reid	Male	Sperrin Harriers
Mark	Reid	Male	Foyle Valley AC
Stephen	Reid	Male	City of Lisburn AC
Eugene	Reid	Male	Ballymena Runners AC
David	Reidy	Male	Rathfarnham W.S.A.F. A.C.
Colm	Reilly	Male	Drogheda & District A.C.
Steven	Rice	Male	Lambay Sports Academy
Fintan	Rice	Male	Fethard A.C.
Martin	Rimmer	Male	Jog Moira
Aaron	Roath	Male	East Coast AC
John	Roban	Male	Slaney Olympic A.C.
Sean	Roberts	Male	Newcastle & District AC
Gareth	Robson	Male	Scrabo Striders
Olivier	Rodriguez	Male	Trim A.C.
Tony	Roe	Male	Ratoath Athletics Club
Mark	Rogers	Male	Ward Park Runners
Richard	Ross	Male	Springwell Running Club
Scott	Roulston	Male	Victoria Park & Connswater
Roy	Roulston	Male	Victoria Park & Connswater
James	Rowan	Male	Ballymena Runners AC
Mark	Rowntree	Male	Carrick Aces A.C.
David	Ruane	Male	East Galway A.C.
Toby	Ruffer	Male	Newbridge A.C.
Ivor	Russell	Male	Knockmany Running Club
Sean	Russell	Male	Newcastle & District AC
Arran	Rutledge	Male	North Belfast Harriers
Mark	Ryan	Male	Rathfarnham W.S.A.F. A.C.

Owen	Ryan	Male	Templemore A.C.
Simon	Scales	Male	Ward Park Runners
Darragh	Scott	Male	Carrick Aces A.C.
Fabrice	Scoupe	Male	Belfast Running Club
Stephen	Scullion	Male	Clonliffe Harriers A.C.
Darragh	Scully	Male	Duleek & District A.C.
Olli	Seeger	Male	Scrabo Striders
Ciarán	Seery	Male	Navan A.C.
Barry	Shanks	Male	St Peter's AC
Christopher	Sharkey	Male	St Peter's AC
Kieran	Sheerin	Male	Dunboyne A.C.
Kieran	Sherlock	Male	Monaghan Town Runners
Darragh	Sherwin	Male	Sligo A.C.
John	Shevlin	Male	Knockmany Running Club
Mark	Shields	Male	Belfast Running Club
Dermot	Shiels	Male	Rathfarnham W.S.A.F. A.C.
Craig	Simson	Male	Foyle Valley AC
David	Slaughter	Male	Clane A.C.
Donal	Smith	Male	East Down AC
John	Smith	Male	East down AC
Damien	Smith	Male	Waterstown Warriors A.C.
Martin	Smyth	Male	Carrick Aces A.C
David	Somerville	Male	1ZER01 Athletes
Andrew	Sossick	Male	PACE Running Club
Leon	Stafford	Male	LSA
Joe	Stagg	Male	Corran A.C
Tony	Stanley	Male	Beechmount Harriers A.C.
Jack	Stenson	Male	North Belfast Harriers
David	Stevenson	Male	Willowfield Harriers
Jamie	Stevenson	Male	North Down AC
Barry	Sullivan	Male	Drogheda & District A.C.
Brian	Taggart	Male	Sperrin Harriers
Darren	Taggart	Male	Mallusk Harriers
Shane	Taggart	Male	Keep Er Lit
Hughie	Taggart	Male	Keep Er Lit
Dainis	Tarvids	Male	Enniskillen RC
Raymond	Thom	Male	Sperrin Harriers
JP	Thomas	Male	Dromore AC
Paul	Thompson	Male	Springwell Running Club
Declan	Toal	Male	Armagh AC

Steven	Todd	Male	RoadRunners A.C.
Ciaran	Toner	Male	Belfast Running Club
Ryan	Treanor	Male	Monaghan Phoenix A.C.
Francis	Tumelty	Male	Newcastle & District AC
Peter	Tuohey	Male	Strive Racing A.C.
Bill	Tyrrell	Male	Sli Cualann A.C.
Stephen	Walker	Male	North Belfast Harriers
Robert	Walker	Male	Dub Running Club
Tommy	Walsh	Male	St. Coca's A.C.
Gerry	Walsh	Male	Thomastown A.C.
Benny	Ward	Male	Carmen Runners A.C.
Sean	Ward	Male	Mohill A.C.
Arik	Warshager	Male	Blackrock (Dublin) A.C.
Colin	Watson	Male	Dromore AC
Gareth	Watson	Male	Albertville Harriers
Neill	Weir	Male	Willowfield Harriers
Darren	Weir	Male	Ballydrain Harriers
John	Weldon	Male	Newbridge A.C.
Jonathan	Weston	Male	Orangetown AC
Pat	Whelan	Male	Lusk A.C.
Larry	Whelan	Male	Navan A.C.
Enda	Whelan	Male	Sligo A.C.
Andrew	Willis	Male	Jog Lisburn Running Club
Andrew	Wilmot	Male	Springwell Running Club
Jonathan	Winter	Male	Scrabo Striders
Chris	Woods	Male	Orangetown AC
Brendan	Woods	Male	Galbally Runners
Ciaran	Wright	Male	Mallusk Harriers
William John	Wyers	Male	Ward Park Runners