

SPAR 

CROSS COUNTRY CHAMPIONSHIPS

Fingal-Dublin 2021

SPORT IRELAND CAMPUS

12 December 2021



VIP GUIDE

www.fingal-dublin2021.ie



VIP Guide

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MESSAGES



European Athletics President

I am delighted to welcome everyone to the SPAR European Cross Country Championships here in Fingal, Dublin, especially after it had to be postponed last year owing to the COVID-19 pandemic, because this event continues to be one of the highlights of our annual competition programme.

This is the 27th edition of these championships and I am very happy that they are going to be staged in a nation with a great cross country tradition and huge enthusiasm for this area of our sport.

Ireland can boast of some superb exponents of this discipline for more than a century. Looking at the history books, an Irishman named Jack Daly was on the podium at the very first International Cross Country Championships back in 1903.

More recently, but still before the advent of these continental championships, John Treacy won two back-to-back world titles in 1978 and 1979 in outstanding fashion and deservedly remains an icon to this day.

On the women's side, Catherina McKiernan and Fionnuala McCormack both have a place in

SPAR European Cross Country Championships history: with the former being the first women's winner when these championships were inaugurated in 1994 and the latter being the first woman to win two consecutive senior titles in 2011 and 2012. Consequently, Ireland can feel very proud of the contribution it has made has made to cross

be there in-person.

With many people from 2009 still involved in the Local Organising Committee, I have every confidence that our hosts will again provide us with a SPAR European Cross Country Championships to remember.

I know from discussions with our Member Federations that there is a huge appetite for

ONE OF THE HIGHLIGHTS OF OUR ANNUAL COMPETITION PROGRAMME

country running and it is a privilege to be here.

In terms of staging events, in addition to the two world cross country championships staged in Ireland in 1979 and 2002, this is the second time that the SPAR European Cross Country Championships will have been held here following a hugely successful event in nearby Santry in 2009.

Twelve years ago, these championships were superbly staged, memorable for their excellent organisation and outstanding hospitality, with thousands of enthusiastic spectators flocking the course to watch the races and some excellent TV coverage for those that couldn't

this championship after the enforced hiatus last year so I am optimistic that we will see many of Europe's top distance runners in action.

I would just like to conclude by saying that European Athletics are very grateful to Athletics Ireland, Sport Ireland, Fingal County Council as well as the other institutional partners, and all the officials and volunteers with the Local Organising Committee for their hard work and commitment to staging this event.

Dobromir Karamarinov
European Athletics President

MESSAGES



Chair of the SPAR European Cross Country Championships Local Organising Committee

I am delighted to welcome everyone attending the 27th SPAR European Cross Country Championships at the Sport Ireland Campus in Fingal, Dublin.

Covid-19 forced us to cancel last year's event however, we are grateful to European Athletics and the Italian Federation, in conjunction with the Turin organisers for 2022, for enabling the event to be held here this year.

Cross Country holds a special place in Irish athletics. Successful editions of the World Cross Country were held in 1979 and 2002 with the SPAR European Cross Country in 2009 in Santry Park. Iconic figures in Irish sport John Treacy, Sonia O'Sullivan and Catherina McKiernan

achieved notable successes at World level. And of course Catherina won the inaugural European Cross Country in 1994. In recent times Fionnuala McCormack won two consecutive editions in 2011 and 2012 leading in the latter and delivering the Irish women's team to an historic gold medal.

An event of this magnitude requires a highly motivated group of individuals. I sincerely thank all those who are giving of their time, energy and expertise in the staging of this event.

Our partners Sport Ireland, Fingal Council, RTE and Athletics Ireland have all played a fundamental role in securing these championships for Ireland. We thank them and all our sponsors for their support.

I look forward to a memorable occasion for Irish sport on December 12th in the splendid surroundings of Sport Ireland Campus.

Notably two Berlin champions, Michal Haratyk and Christin Hussong, finished second in their events on that occasion but bounced back to claim titles in the German capital.

I and European Athletics are very grateful to the Slovak Athletic Federation, the town of Šamorín, the x-bionic sphere management as well as all the officials and volunteers with the Local Organising Committee for all their hard work and commitment to staging this event.

I wish everyone an enjoyable and successful time in Šamorín and I feel sure that once again we will see some outstanding performances and big distances from the throwers.

Liam Hennessy
*Chair of the SPAR European
Cross Country Championships
Local Organising Committee*

1. ORGANISATIONAL STRUCTURE

1.1. European Athletics Council

TITLE	NAME
President	Dobromir Karamarinov (BUL)
First Vice President	Jean Gracia (FRA)
Vice Presidents	Cherry Alexander (GBR)
	Libor Varhanik (CZE)
CEO	Christian Milz (SUI)
Council Members	Slobodan Brankovic (SRB)
	Nadya But-Husaim (BLR)
	Raul Chapado (ESP)
	Fatih Cintimar (TUR)
	Panagiotis Dimakos (GRE)
	Karin Grute Movin (SWE)
	Marton Gyulai (HUN)
	Juergen Kessing (GER)
	Anna Kirnova (SVK)
	Henryk Olszewski (POL)
	Antti Pihlakoski (FIN)
	Sonja Spindelhofer (AUT)
	ErichTeigamägi (EST)
World Athletics President (ex officio member)	Sebastian Coe (GBR)
Chair European Athletics Athletes Committee	Periklis Iakovakis (GRE)

1.2. European Athletics Delegates

TITLE	NAME
European Athletics Delegate	Cherry Alexander (GBR)
Technical Delegate	Anacleto Jimenez (ESP)
Doping Control Delegate	Linn Gustafsson (SWE)
Jury of Appeal (3)	(to be appointed at the Technical Briefing)

1.3. European Athletics Office

European Athletics Office
Avenue Louis Ruchonnet 16
1003 Lausanne
Switzerland

Tel: +41 21 313 43 50
Fax: +41 21 313 43 51
Email: event@european-athletics.org

1.4. Executive Board of Athletics Ireland

TITLE	NAME
President	John Cronin
Vice President	Brid Golden
Board Members	Michael Quinlan
	Andrew Lynam
	Fintan Reilly
	Evelyn O'Reilly
	Nuala Hunt
	Greta Hickey
	Claire Shannon
	PJ O'Rourke
	Greg Duggan
	Brendan McDaid
	Brian Bruton
	Rory Friel
	Laura Brennan
	David Abrahams

1.5. Steering Group & Local Organising Committee

STEERING GROUP	
TITLE	NAME
Athletics Ireland CEO	Hamish Adams
Local Organising Committee	Liam Hennessy
Athletics Ireland	Georgina Drumm
Sport Ireland	Michael Murray
Fingal County Council	Mary Godwin

LOCAL ORGANISING COMMITTEE	
TITLE	NAME
LOC Chairperson	Liam Hennessy
VIP/Protocol	Hamish Adams
IT/Communications	Karl O'Connell
Competition Management	John Cronin
Logistics	Dermot Nagle
Venue & Facilities	James Welsh
Host Broadcast	Sinead Murphy
Event Control	George Maybury
Event Management	Lizzy Broderick
Finance	John Holian
Fingal County Council	Paul Barnes
Marketing & Promotion	Claire Shannon
Sport Ireland	Stephen Bennett

2. GENERAL INFORMATION

2.1. Host Country Ireland

Ireland is an island in the North Atlantic. It is separated from Great Britain to its east by the North Channel, the Irish Sea, and St George's Channel. Ireland is the second-largest island of the British Isles, the third-largest in Europe, and the twentieth-largest on Earth. Ireland's territory spans about 70,000 square kilometres with a population of over 5 million. The capital and largest city is Dublin. The official language is English and Irish.

Geopolitically, the island of Ireland is divided between the Republic of Ireland (officially named Ireland), which covers five-sixths of the island, and Northern Ireland, which is part of the United Kingdom. In 2011, the population of the island of Ireland was about 6.6 million, ranking it the second-most populous island in Europe after Great Britain. As of 2020, 5 million lived in the Republic of Ireland, and 1.6 million in Northern Ireland.

The geography of Ireland comprises relatively low-lying mountains surrounding a central plain, with several navigable rivers extending inland. Its lush vegetation is a product of its mild but changeable climate which is free of extremes in temperature.



Dublin city

TITLE	NAME
Form of Government	Republic democracy
Location	Western Europe
Area	70 273 km ²
Population	5 Million
Climate	Temperate, mild, humid and changeable
Language	English
Religion	Catholic
Capital	Dublin
Local Time	GMT
Electricity	230V, 50Hz, 3 pin type G plug
Driving	On the left
International Calls	+ or 00 plus country code
Telephone Country Code	+353
Mobile Phone Networks	Vodafone, Virgin, Eir, Three, Clear
Currency	EURO



Aerial view Skerries, Fingal

2.2. Host City Fingal-Dublin

Fingal is one of three areas into which County Dublin was divided in 1994. It has a diverse and growing population of approximately 300,000 and is the third most populated local authority area in Ireland. The county town is Swords which is located to the north and is 14 km from Dublin City Centre. The county is located on the Dublin-Belfast Economic Corridor which should ensure its continued growth. Dublin Airport is located within the county and is the primary economic hub of Fingal.

Fingal is a large county on the North Western edge of Dublin City. Fingal is home to Dublin Airport and several large towns in the area.

Fingal is Ireland’s fastest growing county; with their population almost doubling from 1991 to 2016.

Fingal is defined by the diversity of their residents and landscape in equal measure. Fingal is rural, urban, coastal and suburban.

Fingal is home to strong, established communities tracing their roots back hundreds of years, side by side with emerging communities looking forward to exciting futures.

For further information on what to see and do in Fingal please visit <https://www.fingal.ie/visitor>

There are several large shopping centres and modern facilities conveniently located close to the course and your hotel.

3. TRAVEL TO FINGAL-DUBLIN

3.1. Official Airport and Arrival Information

The official airport is Dublin Airport located only 15 km by motorway from the competition venue. The LOC will provide welcome services from Terminal 1 and Terminal 2 and transports from the Airport to the European Athletics Family Hotel (Crowne Plaza Hotel, Blanchardstown), situated close to the SPAR European Cross Country Championships 2021 venue.

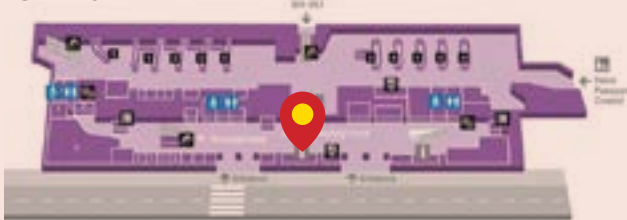
Upon arrival at Dublin Airport, the guests will be met by LOC staff of the Welcome Desk located immediately in Main Arrivals hall of the airport, immediately after exit from the baggage hall. The Welcome Desk will operate according to the arrival information entered in the event management system at the latest 72 hours before arrival.

The transfer time from the Airport to the European Athletics Family Hotel is approximately 15 minutes.

For those who do not require Airport Transportation upon arrival/departure are requested to add their arrival/departure details for information only.

Contact the LOC transportation department (+353 876 849 602) in case you need any support

Terminal 1



 Location of the LOC Welcome desks

3.2. Arrival by Road

Guests arriving by road are kindly asked to go directly to the European Athletics Family Hotel where representatives from the LOC will welcome them.

3.3. Entry Visas

The following countries require visas to enter Ireland:

- ALB
- ARM
- AZE
- BLR
- BIH
- GEO
- KOS
- MDA
- MNE
- MKD
- SRB
- TUR
- UKR

Visas should be obtained before leaving your country, from the Irish Embassy or Consulate well in advance to ensure all the procedures in due time.

Participants who require a visa should contact the LOC (george_maybury@hotmail.com) as soon as possible to obtain a special invitation letter and visa application information.

Terminal 2





4. ACCREDITATION

A COVID Certificate based on vaccination, recovery or a negative RT-PCR test – all of them complying with the detailed conditions stated in the medical clearance and sanitary protocol developed for the event – will have to be presented, together with an ID card or passport, in order to receive the accreditation.

The accreditation card must be worn at all times and should be clearly visible. Security personnel will control all areas. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints.

Guests who do not have any accreditation card shall show the VIP invitation card they should have received in advance. Guests holding these invitation cards are kindly requested to access the venue only through the VIP entrance and they will be provided with a wristband at the VIP Welcome Desk in order to access the European Athletics Club and the VIP Tribune. A COVID Certificate based on vaccination, recovery or a negative RT-PCR test – all of them complying with the detailed conditions stated in the medical clearance and

sanitary protocol developed for the event – will have to be presented, together with an ID card or passport, in order to receive the wristband.

Accreditation Centre

The VIP Accreditation Centre will be located in the European Athletics Family Hotel.

The opening dates and times of the VIP Accreditation Centre will be as follows:

Friday 10 December	From 10:00 until 20:00 (or according to the arrivals)
Saturday 11 December	From 09:00 until 22:00
Sunday 12 December	From 08:00 until 14:00

5. ACCOMMODATION

5.1. European Athletics Family Hotel

Crowne Plaza Hotel Blanchardstown
 Blanchardstown Town Centre, Dublin 15
 +00 353 1 897 7777
 meetings@cpblanchardstown.ie
 www.cpireland.crowneplaza.com/dublin-blanchardstown
 Your accommodation expenses should have been settled in advance. The hotel extras, such as minibar, phone calls, etc. shall be settled at the hotel reception upon check-out and for this purpose a credit card will be required at arrival.
 Hotel check-out time is 12:00 (noon). For a later departure, please contact the LOC at the Information Desk.
 Free internet access will be provided in the hotel.



Crowne Plaza Hotel Blanchardstown

5.2. Information Desk

An Information Desk will be located in the hotel with qualified personnel offering relevant information about all aspects of the SPAR European Cross Country Championships 2021. The Information Desk's opening hours will be as follows:

Thursday 9 December	According to the arrivals
Friday 10 December	From 08:00 until 22:00
Saturday 11 December	From 08:00 until 22:00
Sunday 12 December	From 08:00 until 22:00
Monday 13 December	From 08:00 until 22:00

5.3. Meals

Opening hours of the European Athletics Family Hotel restaurant:

Breakfast	06:30 – 11:00
Lunch	11:30 – 14:00
Dinner	19:00 – 22:00



Crowne Plaza Hotel Blanchardstown reception

6. TRANSPORTATION

Transportation between the European Athletics Family Hotel and the competition venue will be facilitated. The exact schedule will be displayed at the Information desk.

There is a large shopping centre within immediate walking distance of the European Athletics Family hotel. The competition venue can also be accessed by walking from the European Athletics Family Hotel in approximately 15 minutes.

Transport Desk

Transportation information will be available at the information desk.

VIP Parking

All VIPs will have access to parking in Carpark 4 of the map below on the Sport Ireland Campus and this will be communicated by email and you will be sent a car pass. Access is through Gate C visible on the parking map on page 19.

Departure

Departure schedule will be displayed in the Information desk according to the departure details submitted in the Event Management System. If you have not already provided your departure details, or if these have changed, please inform the LOC staff during the accreditation process or at the Information desk at least 48 hours before departure.

7. VIP GUEST INFORMATION

7.1. European Athletics & LOC Offices

In the European Athletics Family Hotel there will be LOC staff to support you.

At the competition venue, European Athletics & LOC staff will be available at the European Athletics Club and VIP Tribune to provide assistance.

7.2. VIP Tribune

A covered VIP tribune is reserved for the European Athletics & LOC Family and is located next to the European Athletics Club at the finish line. You are kindly requested to show your accreditation carrying the appropriate zone or wristband to access it.

7.3. European Athletics Club

The European Athletics Club is located at the back of the VIP Tribune and is open throughout the event on Sunday 12 December from 08:00 to 15:30. Guests can socialise, relax or hold informal meetings in a comfortable environment. From 12:00 to 14:30 a buffet lunch (hot and cold food) will be proposed with a variety of starters, main dishes and desserts. During the opening hours a permanent drinks service will also be available.

7.4 Medical Services

A medical tent will be located close to the kit collection area and active for acute medical assistance. First aid teams Red Cross marked, supervised by doctors, will be distributed around the course during the competition, as well as in the Finish Area.

In case of emergency, please contact the nearest medical first aid station or call the 24/7 Medical Emergency number 999.



8. CEREMONIES & SOCIAL FUNCTIONS

8.1. European Athletics - LOC Dinner

The European Athletics - LOC Dinner will be held in the European Athletics Family Hotel on Saturday 11 December at 20:00. Attendance to the dinner is by invitation only.

8.2. Opening Ceremony

The Opening Ceremony will take place on Sunday 12 December at 09:38 at the competition venue.

8.3. Victory Ceremonies

The victory ceremonies for individuals and teams will take place at the competition venue as scheduled on the event programme detailed in section 9.4.



9. Event information

9.1. The Course

The SPAR European Cross Country Championships 2021 will be disputed on a 1000m and a 1500m lap course. The course is located at the Sport Ireland Campus Course and will be mostly grassed with few sandy parts.

The distances per race are as follows:

	DISTANCE	NUMBER OF LOOPS AND RESPECTIVE LENGTH
U20 Women	4000m	1 Short Lap (1000m) + 2 Long Laps (1500m)
U20 Men	6000m	4 Long Laps (1500m)
U23 Women	6000m	4 Long Laps (1500m)
U23 Men	8000m	2 Short Lap (1000m) + 4 Long Laps (1500m)
Senior Women	8000m	2 Short Lap (1000m) + 4 Long Laps (1500m)
Senior Men	10000m	1 Short Lap (1000m) + 6 Long Laps (1500m)
Mixed Relay	6000m	4 Long Laps (1500m)



9.2. Scoring

Each race shall be scored separately. In all individual races, 3 (three) athletes shall score. The team results shall be decided by the aggregate of placing recorded by the scoring athletes of each team. The team with the lowest aggregate of placing points will be judged the winner.

If a team fails to finish with a complete scoring team, it will not be classified in the team result. The athletes finishing shall be counted as individuals in the race result and shall be eligible for the individual placing. No adjustment to the scoring placing of the finishing teams shall be made in respect of any non-scoring team runners or of individual entries.

9.3 Ties

In the event of a tie, it shall be resolved in favour of the team whose last scoring runner finishes nearest to the first place in accordance with European Athletics Regulation 302.16.

If two or more athletes tie for a place in any event, the attributable points shall be divided equally between them.



9.4. Timetable

EVENT	TIME
Opening Ceremony	09:38
U20 Men's Race (6000m)	10:00
U20 Women's Race (4000m)	10:28
U23 Men's Race (8000m)	10:50
U23 Women's Race (6000m)	11:23
Victory Ceremonies for U20s	11:53 – 12:15
Mixed Relay (4x 1500m)	12:21
Victory Ceremonies for U23s	12:45 – 13:05
Senior Men's Race (10,000m)	13:13
Senior Women's Race (8000m)	13:53
Victory Ceremonies for Mixed Relay and Senior Men & Women	14:28 – 15:10

9.5 Participating Member Federations

According to the preliminary entries, 38 countries have declared they will compete at the SPAR European Cross Country Championships 2021.



10. CONTACT DETAILS

For further details about the SPAR European Cross Country Championships 2021, Fingal-Dublin please contact:

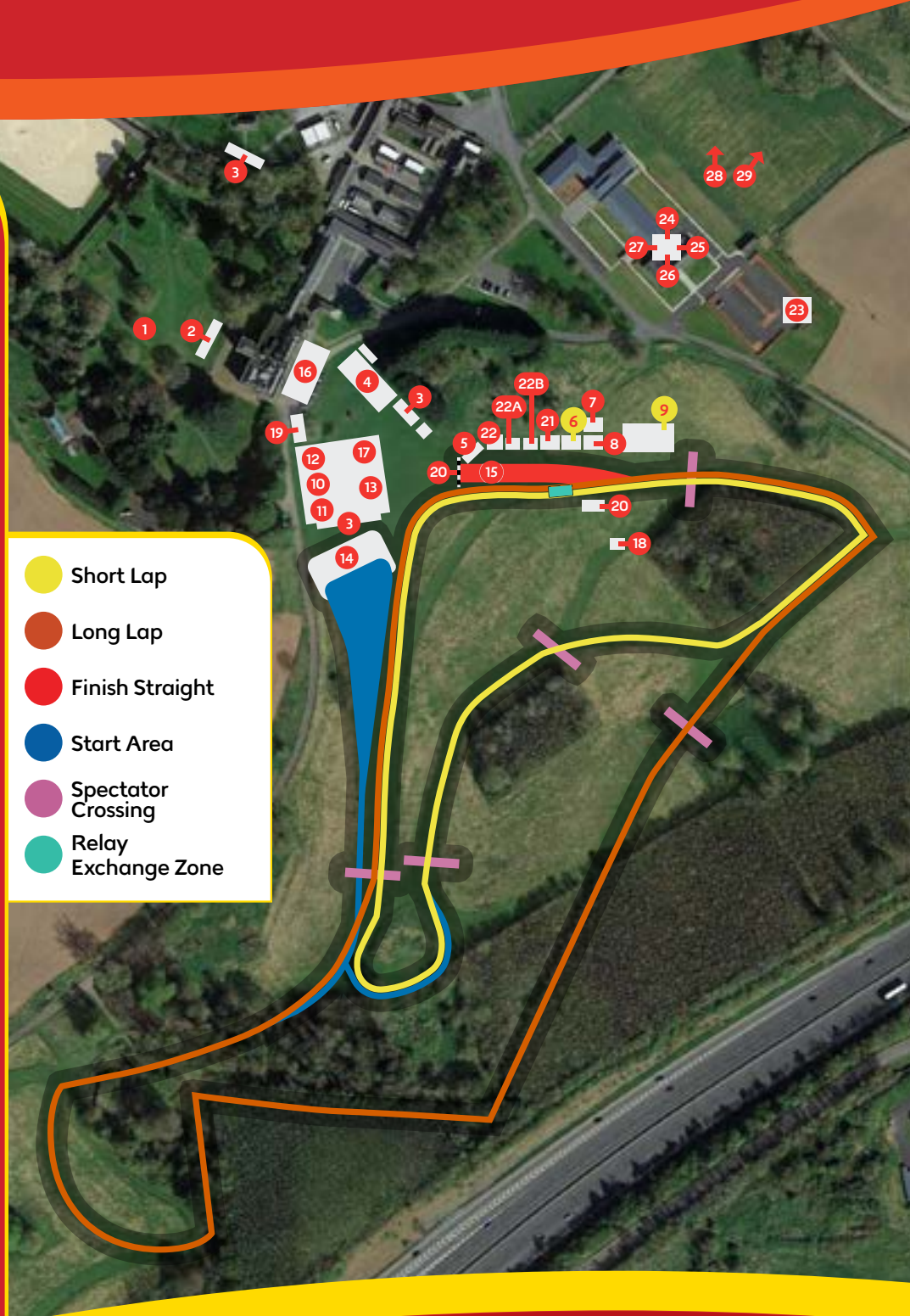
Liam Hennessy
Event Chair
liamhennessy1@gmail.com
+353 87 967 4768

Lizzy Broderick
Event Management
lizzybroderick@athleticsireland.ie
+353 86 603 9025

Deirdre Marley
VIP Coordinator
deidre.marley@athleticsireland.ie
+353 86 0659592

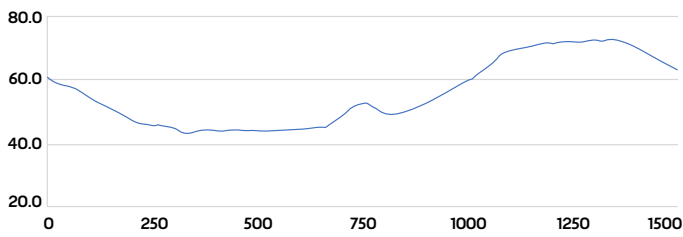
Appendix 1 – Plan of the Competition Venue

- 1 Warm-Up Area
- 2 Public Toilets
- 3 Athletes Toilets
- 4 Athletes Club
- 5 Timing Cabin & Event Presentation
- 6 VIP Tribune
- 7 Victory Ceremony Preparation Tent
- 8 Victory Ceremony Podium
- 9 European Athletics Club
- 10 Kit Collection & Chip Return
- 11 Team Area
- 12 Mixed Zone
- 13 Call Room
- 14 Start
- 15 Finish
- 16 Market Square
- 17 Medical Centre
- 18 Video Wall
- 19 Technical Information Centre
- 20 Photographers Podium
- 21 Media Tribune
- 22 RTE Studios
- 22A RTE Commentary 1
- 22B RTE Commentary 2
- 23 TV Compound
- 24 Media Centre
- 25 European Athletics Office
- 26 LOC Office
- 27 Jury of Appeal Room
- 28 Showers/Dressing Rooms
- 29 Doping Control Station

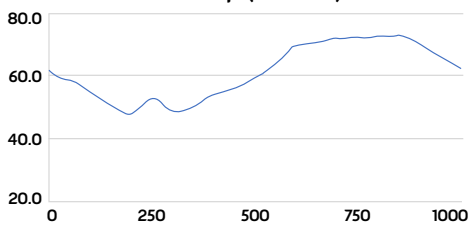


Appendix 2 – Map of the Course, Loops and Course Profile

Long Lap (1500m)



Short Lap (1000m)



- Short Lap
- Long Lap
- Finish Straight
- Start Area
- Spectator Crossing
- Relay Exchange Zone



	Distance	Number of loops and respective length
U20 Women	4000m	1 X Short Lap + 2 X Long Laps
U20 Men	6000m	4 X Long Laps
U23 Women	6000m	4 X Long Laps
U23 Men	8000m	2 X Short Laps + 4 X Long Laps
Senior Women	8000m	2 X Short Laps + 4 X Long Laps
Senior Men	10000m	1 X Short Lap + 6 X Long Laps
Mixed Relay	6000m	4 X Long Laps

Appendix 3 – City Map with Team Hotel & Championship site



Appendix 4 – Parking

- C Access by car through Gate C
- 4 VIP car park



OFFICIAL PARTNERS



BROADCAST PARTNER



DIGITAL PARTNER



NATIONAL PARTNERS



HOST INSTITUTIONS



MEDIA PARTNERS



OFFICIAL SUPPLIERS



SOCIAL PARTNER

