

AAI Games (CAT E) 29th January 2023 TUS, Athlone



Track		Field	
Time Event	Category	Time Event	Category
11:00 60m	Women	11:00 High Jump	Men
11:15 60m	Men	12:30 High Jump	Women
11:40 400m	Women	11:00 Long Jump	Women
11:55 400m	Men	12:30 Long Jump	Men
12:30 60m - S2	Women	11:00 Pole Vault	Women
12:42 60m - S2	Men	14:00 Pole Vault	Men
13:00 3000mW	Men + Women	11:00 Shotput	Men + Women
13:30 1500m	Women	14:00 Triple Jump	Women
13:35 1500m	Men	15:00 Triple Jump	Men
12.50 200	Maman	12:20 Weight for Distance	Man I Maman
13:50 200m 14:20 200m	Women Men	12:30 Weight for Distance	Men + Women
14.20 200M	ivieri		
14:50 60mH	Women		
15:00 60mH	Men		
15:10 800m	Women		
15:20 800m	Men		
45 40 60 11 55			
15:40 60mH - S2	Men		
15:50 60mH - S2	Women		
16:00 3000m	Men Race 1		
16:15 3000m	Men Race 2		
16:30 4x400m	Women		
16:40 4x400m	Men		