

Transfer List May 2023

First Name	Last Name	Outgoing Club	Incoming Club	Outgoing County	Incoming County	Inter County
Eleanor	Byrne	Hacketstown A.C.	Hacketstown Runners A.C.	Carlow	Carlow	No
Saoirse	Byrne	St. L. O'Toole A.C.	Ardattin A.C.	Carlow	Carlow	No
Sheena	Kerins	Ennis Track A.C.	St. Cronans A.C.	Clare	Clare	No
Melissa	O Sullivan	Marathon Club Ireland A.C.	Togher A.C.	Clare	Cork	Yes
Stephen	O Neill	Marian A.C.	Ennis Track A.C.	Clare	Clare	No
Sean	Maher	St. Cronans A.C.	Ennis Track A.C.	Clare	Clare	No
Clara	Minitier	St. Marys (Clare) A.C.	Nenagh Olympic A.C.	Clare	Tipperary	Yes
Aoife	King	St. Marys (Clare) A.C.	Fergus A.C.	Clare	Clare	No
Gemma	Galvin	St. Marys (Clare) A.C.	Ennis Track A.C.	Clare	Clare	No
Isabel	Maher	Tulla A.C.	Ennis Track A.C.	Clare	Clare	No
Grace	Keogh	Ballymore Cobh A.C.	Corran A.C.	Cork	Sligo	Yes
Adelle	O'Connor	Belgooly A.C.	St. Finbarrs A.C.	Cork	Cork	No
Gail	Murray	Belgooly A.C.	Eagle A.C.	Cork	Cork	No
Ciaran	McCarthy	Belgooly A.C.	Cork City A.C.	Cork	Cork	No
Neasa	McCarthy	Belgooly A.C.	Cork City A.C.	Cork	Cork	No
Cliona	Moylan	Belgooly A.C.	Carrigaline A.C.	Cork	Cork	No
Sean	Sheehan	Bridevale A.C.	St. Nicholas A.C.	Cork	Cork	No
Darren	Coleman	Buttevant A.C.	Mallow A.C.	Cork	Cork	No
Deb	O Donovan	Bweeng Trail Blazers A.C.	West Muskerry A.C.	Cork	Cork	No
Royce	Bangura	Carraig-Na-Bhfear A.C.	Cork City A.C.	Cork	Cork	No
Sadie	Mc Cormack	Carrigaline A.C.	Belgooly A.C.	Cork	Cork	No
Julia	Mc Cormack	Carrigaline A.C.	Belgooly A.C.	Cork	Cork	No
Carol	Scarrott	Carrigaline A.C.	Tracton A.C.	Cork	Cork	No
Luke	Scarrott	Carrigaline A.C.	Tracton A.C.	Cork	Cork	No
Caitlin	Scarrott	Carrigaline A.C.	Tracton A.C.	Cork	Cork	No
Emma	Purcell	Carrigaline A.C.	Tracton A.C.	Cork	Cork	No
Marie	Kehoe	Carrigaline A.C.	Eagle A.C.	Cork	Cork	No
Zck	Murphy	Clonakilty Juvenile A.C.	Bandon A.C.	Cork	Cork	No
Isla	Carroll	Clonakilty Juvenile A.C.	Bandon A.C.	Cork	Cork	No
Cian	O Sullivan	Clonakilty Juvenile A.C.	Bandon A.C.	Cork	Cork	No
Gemma	OMahony	Doheny A.C.	West Muskerry A.C.	Cork	Cork	No
Sammy	OMahony	Doheny A.C.	West Muskerry A.C.	Cork	Cork	No

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Darren	Casey	Eagle A.C.	Bandon A.C.	Cork	Cork	No
Bryan	Crowley	Grange/Fermoy A.C.	Bridevale A.C.	Cork	Cork	No
Darren	Ahern	Grange/Fermoy A.C.	Midleton A.C.	Cork	Cork	No
Rebecca	Walsh	Grange/Fermoy A.C.	Bridevale A.C.	Cork	Cork	No
David	Barrett	Leevale A.C.	Ballymore Cobh A.C.	Cork	Cork	No
Una	Samuels	Leevale A.C.	Dundrum South Dublin A.C.	Cork	Dublin	Yes
Michael	Curtin	Leevale A.C.	Midleton A.C.	Cork	Cork	No
Sophie	Sheehan	Leevale A.C.	Togher A.C.	Cork	Cork	No
Annabel	Kelly	Leevale A.C.	Belgooly A.C.	Cork	Cork	No
Henry	Milward	Midleton A.C.	St. Nicholas A.C.	Cork	Cork	No
Anthony	Forristal	Midleton A.C.	East Cork A.C.	Cork	Cork	No
Oran	Kiely	Millstreet A.C.	Killarney Valley A.C.	Cork	Kerry	Yes
Sean	Doyle	North Cork A.C.	Cork City A.C.	Cork	Cork	No
Caoimhe	O Callaghan	Old Abbey A.C.	Togher A.C.	Cork	Cork	No
Luke	Barry	Old Abbey A.C.	Bandon A.C.	Cork	Cork	No
David	Fenton	Old Abbey A.C.	Bandon A.C.	Cork	Cork	No
Odhran	O'Brien	Old Abbey A.C.	Togher A.C.	Cork	Cork	No
Eoghan	Sweeney	Old Abbey A.C.	Ballincollig A.C.	Cork	Cork	No
Sam	Kingston	Skibbereen A.C.	Leevale A.C.	Cork	Cork	No
Adam	O'Donovan	Skibbereen A.C.	Leevale A.C.	Cork	Cork	No
Dylan	O'Donovan	Skibbereen A.C.	Leevale A.C.	Cork	Cork	No
Evan	O'Donovan	Skibbereen A.C.	Leevale A.C.	Cork	Cork	No
John	O'Brien	St. Finbarrs A.C.	Ballymore Cobh A.C.	Cork	Cork	No
Ned	Condon	St. Nicholas A.C.	Leevale A.C.	Cork	Cork	No
Méabh	Coleman	St. Nicholas A.C.	Grange/Fermoy A.C.	Cork	Cork	No
Cara	Nolan	Togher A.C.	Drumshanbo A.C.	Cork	Leitrim	Yes
Callum Lewis	Wilkinson	Togher A.C.	Cork City A.C.	Cork	Cork	No
Louise	Heffernan	Togher A.C.	Watergrasshill A.C.	Cork	Cork	No
Marjorie	Lynch	Togher A.C.	Cork City A.C.	Cork	Cork	No
Tony	O'Sullivan	Togher A.C.	Cork City A.C.	Cork	Cork	No
Perseus	Karlstrom	Togher A.C.	Cork City A.C.	Cork	Cork	No
Tahlia	Britton	Togher A.C.	Cork City A.C.	Cork	Cork	No

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Jack	Forde	Togher A.C.	Cork City A.C.	Cork	Cork	No
Diarmuid	Kennelly	Togher A.C.	Kilmurray/Ibrick/N.Clare A.C.	Cork	Clare	Yes
Patrick	Murphy	Togher A.C.	Cork City A.C.	Cork	Cork	No
Faye	O Reilly Murphy	Togher A.C.	Cork City A.C.	Cork	Cork	No
Ben	O Reilly Murphy	Togher A.C.	Cork City A.C.	Cork	Cork	No
Patrick	O Reilly Murphy	Togher A.C.	Cork City A.C.	Cork	Cork	No
Stephen	Cody	Tracton A.C.	Togher A.C.	Cork	Cork	No
Rian	Cody	Tracton A.C.	Togher A.C.	Cork	Cork	No
Peter	Fleming	Tracton A.C.	Eagle A.C.	Cork	Cork	No
Ryan	Mulroy	Watergrasshill A.C.	St. Finbarrs A.C.	Cork	Cork	No
Paul	O Mahony	Watergrasshill A.C.	Togher A.C.	Cork	Cork	No
Brendan	Healy	Watergrasshill A.C.	Cork Track Club A.C.	Cork	Cork	No
Brian	Buckley	Watergrasshill A.C.	Togher A.C.	Cork	Cork	No
Hayley	Callaghan	Olympian Youth A.C.	Letterkenny A.C.	Derry	Donegal	Yes
Mary	O Callaghan	Finn Valley A.C.	Killybegs A.C.	Donegal	Donegal	No
Gavin	Mc Cullagh	Lifford Strabane A.C.	Finn Valley A.C.	Donegal	Donegal	No
Claire	McGuigan	Lifford Strabane A.C.	Letterkenny A.C.	Donegal	Donegal	No
Aoife	McGranaghan	Lifford Strabane A.C.	Finn Valley A.C.	Donegal	Donegal	No
Shay	Doherty	Milford A.C.	Olympian Youth A.C.	Donegal	Derry	Yes
Oran	Reynolds	Tír Chonaill A.C.	Killybegs A.C.	Donegal	Donegal	No
Alan	King	Balbriggan and District A.C.	Lusk A.C.	Dublin	Dublin	No
Alan	O'Donnell	Balbriggan and District A.C.	Lusk A.C.	Dublin	Dublin	No
Eoin	O'Donnell	Balbriggan and District A.C.	Lusk A.C.	Dublin	Dublin	No
Liam	O'Donnell	Balbriggan and District A.C.	Lusk A.C.	Dublin	Dublin	No
Kathleen	O'Donnell	Balbriggan and District A.C.	Lusk A.C.	Dublin	Dublin	No
Leire	O'Donnell	Balbriggan and District A.C.	Lusk A.C.	Dublin	Dublin	No
Susan	O'Donnell	Balbriggan and District A.C.	Lusk A.C.	Dublin	Dublin	No
Mary	Rogers	Balbriggan and District A.C.	Skerries A.C.	Dublin	Dublin	No
Deirdre	Lynch	Balbriggan and District A.C.	Skerries A.C.	Dublin	Dublin	No
Karin	Negry Mcgrath	Balbriggan and District A.C.	Lusk A.C.	Dublin	Dublin	No
Brian	Mullen	Balbriggan and District A.C.	Lusk A.C.	Dublin	Dublin	No
Jasmine	Hughes	Balbriggan and District A.C.	Lusk A.C.	Dublin	Dublin	No

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Antoine	Roquette	Blackrock (Dublin) A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Gary	Crossan	Brothers Pearse A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Danny	O Sullivan	Brothers Pearse A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Lauren	Murnaghan	Brothers Pearse A.C.	Rathfarnham W.S.A.F. A.C.	Dublin	Dublin	No
Ben	Donohue	Brothers Pearse A.C.	Rathfarnham W.S.A.F. A.C.	Dublin	Dublin	No
Ella	Duffy	Brothers Pearse A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Alex	Teggin	Brothers Pearse A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Aoibheann	Nicmhathuna	Brothers Pearse A.C.	Rathfarnham W.S.A.F. A.C.	Dublin	Dublin	No
Laura	Smith	Brothers Pearse A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Tara	Mc Mahon	Brothers Pearse A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Anna	Hicks	Brothers Pearse A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Erica	Quinn	Brothers Pearse A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Cian	Mc Laughlin	Brothers Pearse A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Luai	O Murchu	Brothers Pearse A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Maitiú	Ó Murchú	Brothers Pearse A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Shay	O Donoghue	Brothers Pearse A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Harrison	Torrices	Cabinteely A.C.	Greystones and District A.C.	Dublin	Wicklow	Yes
Clare	O'Connor	Celtic DCH A.C.	Dublin City Harriers A.C.	Dublin	Dublin	No
Christopher	Mc Loughlin	Celtic DCH A.C.	Dublin City Harriers A.C.	Dublin	Dublin	No
Joseph	Mcloughlin	Celtic DCH A.C.	Dublin City Harriers A.C.	Dublin	Dublin	No
Aisling	Keenan	Celtic DCH A.C.	Dublin City Harriers A.C.	Dublin	Dublin	No
Keelin	Gogarty	Celtic DCH A.C.	Dublin City Harriers A.C.	Dublin	Dublin	No
Joseph	Fogarty	Celtic DCH A.C.	Dublin City Harriers A.C.	Dublin	Dublin	No
Cristin	Scollard	Celtic DCH A.C.	Dublin City Harriers A.C.	Dublin	Dublin	No
Adam	Festus	Celtic DCH A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No
Marie	Howard	Clonliffe Harriers A.C.	Leevale A.C.	Dublin	Cork	Yes
Christian	Finn	Clonliffe Harriers A.C.	Raheny Shamrock A.C.	Dublin	Dublin	No
Chloe	Mc Kenna	Crusaders A.C.	Castlerea Crusaders A.C.	Dublin	Roscommon	Yes
Rhianna	Mc Carthy	Crusaders A.C.	U.C.D. A.C.	Dublin	Dublin	No
Killian	Barry	Crusaders A.C.	U.C.D. A.C.	Dublin	Dublin	No
Padraig	Sheehan	Crusaders A.C.	Eagle A.C.	Dublin	Cork	Yes
Barbara	Murray	Donore Harriers A.C.	Glaslough Harriers A.C.	Dublin	Monaghan	Yes

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Olivia	Brady	Donore Harriers A.C.	Metro/St. Brigid's A.C.	Dublin	Dublin	No
Hugo	Badura	Donore Harriers A.C.	Metro/St. Brigid's A.C.	Dublin	Dublin	No
Tracey	Clarke	Donore Harriers A.C.	Cherry Orchard Running A.C.	Dublin	Dublin	No
Clodagh	Gormly	Dundrum South Dublin A.C.	Rathfarnham W.S.A.F. A.C.	Dublin	Dublin	No
James	Crowley	Dundrum South Dublin A.C.	Lucan Harriers A.C.	Dublin	Dublin	No
Isabelle	Doyle	Dundrum South Dublin A.C.	Rathfarnham W.S.A.F. A.C.	Dublin	Dublin	No
Paul	Delahunty	Dundrum South Dublin A.C.	Sli Cualann A.C.	Dublin	Wicklow	Yes
Chloe	Heaslip	Fingallians A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No
Jean	Fearon	Fingallians A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No
Aileen	Gittens	Liffey Valley A.C.	St. L. O'Toole A.C.	Dublin	Carlow	Yes
James	Crowley	LOVE2RUN A.C.	Lucan Harriers A.C.	Dublin	Dublin	No
Michael	Lee	Lucan Harriers A.C.	Dunboyne A.C.	Dublin	Meath	Yes
Muireann	Lee	Lucan Harriers A.C.	Dunboyne A.C.	Dublin	Meath	Yes
Iarlaith	Lee	Lucan Harriers A.C.	Dunboyne A.C.	Dublin	Meath	Yes
Donal	Lee	Lucan Harriers A.C.	Dunboyne A.C.	Dublin	Meath	Yes
Noah	Mullooly	Lucan Harriers A.C.	Dunboyne A.C.	Dublin	Meath	Yes
Ian	Dolan	Lusk A.C.	Garristown Flyers A.C.	Dublin	Dublin	No
Fiachra	Beirne	Lusk A.C.	LSA A.C.	Dublin	Dublin	No
Alex	Bell	Lusk A.C.	LSA A.C.	Dublin	Dublin	No
Helen	Whearity	Lusk A.C.	Skerries A.C.	Dublin	Dublin	No
Kate	Harrington	Lusk A.C.	Skerries A.C.	Dublin	Dublin	No
Neil	Murphy	Portmarnock A.C.	Navan A.C.	Dublin	Meath	Yes
Des	Kennedy	Raheny Shamrock A.C.	Croghan A.C.	Dublin	Wexford	Yes
Derek	Nolan	Raheny Shamrock A.C.	Lusk A.C.	Dublin	Dublin	No
Ryan	O Callaghan	Rathcoole A.C.	Lucan Harriers A.C.	Dublin	Dublin	No
Sarah	Mc Daid	Rathfarnham W.S.A.F. A.C.	Tallaght A.C.	Dublin	Dublin	No
Emma	Mc Daid	Rathfarnham W.S.A.F. A.C.	Tallaght A.C.	Dublin	Dublin	No
Aranas	Makarevicius	Rathfarnham W.S.A.F. A.C.	Cabinteely A.C.	Dublin	Dublin	No
Brian	Furey	Rathfarnham W.S.A.F. A.C.	Brothers Pearse A.C.	Dublin	Dublin	No
Sonny	Stritch	Rathfarnham W.S.A.F. A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Samuel	Fitzsimons	Rathfarnham W.S.A.F. A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Martin	Keenan	Sportsworld A.C.	Clane A.C.	Dublin	Kildare	Yes

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Anthony	Fitzpatrick	Sportsworld A.C.	Slaney Olympic A.C.	Dublin	Wexford	Yes
Vinny	Quirke	Tallaght A.C.	Celbridge A.C.	Dublin	Kildare	Yes
Barry	Whelan	Tallaght A.C.	Portmarnock A.C.	Dublin	Dublin	No
Sinead	Greene	Ballinasloe and District A.C.	Ferbane A.C.	Galway	Offaly	Yes
Robyn	Carey	Craughwell A.C.	South Galway A.C.	Galway	Galway	No
Amber	Carey	Craughwell A.C.	South Galway A.C.	Galway	Galway	No
Myah	Gallagher	Tuam A.C.	Swinford A.C.	Galway	Mayo	Yes
Evie	Gallagher	Tuam A.C.	Swinford A.C.	Galway	Mayo	Yes
Oisin	O Regan	An Ríocht A.C.	Killarney Valley A.C.	Kerry	Kerry	No
Ava	Harty	Killarney Valley A.C.	Star of the Laune A.C.	Kerry	Kerry	No
Abby	Stephenson	Spa-Fenit Barrow A.C.	Tralee Harriers A.C.	Kerry	Kerry	No
Lily May	O'Gara	Spa-Fenit Barrow A.C.	Tralee Harriers A.C.	Kerry	Kerry	No
John	Clifford	St. Brendan's A.C. (Kerry)	Star of the Laune A.C.	Kerry	Kerry	No
Paddy	Daly	St. Brendan's A.C. (Kerry)	Mullingar Harriers A.C.	Kerry	Westmeath	Yes
Isabel	Tynan Daly	St. Brendan's A.C. (Kerry)	Mullingar Harriers A.C.	Kerry	Westmeath	Yes
Thomas	Tynan Daly	St. Brendan's A.C. (Kerry)	Mullingar Harriers A.C.	Kerry	Westmeath	Yes
Lexi	Keane	Tralee Harriers A.C.	St. Brendan's A.C. (Kerry)	Kerry	Kerry	No
Angad	Bawa	Clane A.C.	Naas A.C.	Kildare	Kildare	No
James	Hanway	Clane A.C.	Celbridge A.C.	Kildare	Kildare	No
Barney	Daniels	Le Chéile A.C.	Donadea Running A.C.	Kildare	Kildare	No
Alison	Murphy	Le Chéile A.C.	St. Coca's A.C.	Kildare	Kildare	No
Lara	Gleeson	Le Chéile A.C.	Celbridge A.C.	Kildare	Kildare	No
Gavin	Kelly	Newbridge A.C.	Clane A.C.	Kildare	Kildare	No
Jamie	Byrnes	Newbridge A.C.	Naas A.C.	Kildare	Kildare	No
Dylan	Byrnes	Newbridge A.C.	Naas A.C.	Kildare	Kildare	No
Tiarnan	Donnelly	Newbridge A.C.	Crookstown Millview A.C.	Kildare	Kildare	No
Sadie	Cullinan	North West Kildare A.C.	Le Chéile A.C.	Kildare	Kildare	No
Dylan	King	Suncroft A.C.	U.C.D. A.C.	Kildare	Dublin	Yes
Conor	Brannock	Suncroft A.C.	Crookstown Millview A.C.	Kildare	Kildare	No
Ross	Brannock	Suncroft A.C.	Crookstown Millview A.C.	Kildare	Kildare	No
Adam	Quinn	Suncroft A.C.	Crookstown Millview A.C.	Kildare	Kildare	No
Ray	Lenahan	Tír na Móna	Donadea Running A.C.	Kildare	Kildare	No

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Paul	Fallon	Kilkenny City Harriers A.C.	Galway City Harriers A.C.	Kilkenny	Galway	Yes
John	O Donnell	Kilkenny City Harriers A.C.	Clonakilty Road Runners	Kilkenny	Cork	Yes
Olivier	Lameire	Kilkenny City Harriers A.C.	Enniscorthy A.C.	Kilkenny	Wexford	Yes
Charlie	Norris	Thomastown A.C.	Kilkenny City Harriers A.C.	Kilkenny	Kilkenny	No
Elaine	Miller	Ballyroan Abbeyleix and District A.C.	St Abbans A.C	Laois	Laois	No
Sean	Sweeney	Portlaoise A.C.	St. Michael's A.C.	Laois	Laois	No
Michael	Kelly	St Abbans A.C	Tinryland A.C.	Laois	Carlow	Yes
Orla	O Shaughnessy	Dooneen A.C.	Emerald A.C.	Limerick	Limerick	No
David	Toomey	Dooneen A.C.	Limerick Country Club A.C.	Limerick	Limerick	No
Grace	O Donnell	Emerald A.C.	West Limerick A.C.	Limerick	Limerick	No
Sherlene	Brophy	Limerick A.C.	Birr A.C.	Limerick	Offaly	Yes
Tony	Harty	West Limerick A.C.	Star of the Laune A.C.	Limerick	Kerry	Yes
Michael	Kinahan	St. Peter's A.C.	Ardee and District A.C.	Louth	Louth	No
Adamlee	Moran	Aughagower A.C.	Castlebar A.C.	Mayo	Mayo	No
Serena	Tuffy	Ballina A.C.	Dundrum South Dublin A.C.	Mayo	Dublin	Yes
Grainne	Kelly	Ballycastle A.C.	Moy Valley A.C.	Mayo	Mayo	No
Michael	Kelly	Claremorris A.C.	St. Colmans South Mayo A.C.	Mayo	Mayo	No
Kevin	Donnellan	Mayo A.C.	Lake District A.C.	Mayo	Mayo	No
David	Macdermott	Mayo A.C.	Lake District A.C.	Mayo	Mayo	No
Ethan	Duffy	St. Colmans South Mayo A.C.	Claremorris A.C.	Mayo	Mayo	No
Roisin	O'Brien	Westport A.C.	Dundrum South Dublin A.C.	Mayo	Dublin	Yes
Sean	O Boyle	Westport A.C.	East Galway A.C.	Mayo	Galway	Yes
Vicky	Mccabe	Bohermeen A.C.	Navan A.C.	Meath	Meath	No
Cian	O Loughlin	Cushinstown A.C.	Clonliffe Harriers A.C.	Meath	Dublin	Yes
Liam	Callan	Cushinstown A.C.	Boyne A.C.	Meath	Louth	Yes
Alan	King	Dunboyne A.C.	Metro/St. Brigid's A.C.	Meath	Dublin	Yes
Kayla	Ryan	Dunboyne A.C.	Ratoath A.C.	Meath	Meath	No
Mia	Mujadin	Dunboyne A.C.	St. Coca's A.C.	Meath	Kildare	Yes
Ben	Hughes	Dunboyne A.C.	Ratoath A.C.	Meath	Meath	No
Lorena	Harrison	Dunboyne A.C.	Ratoath A.C.	Meath	Meath	No
Eimear	Kane	Dunshaughlin A.C.	Ratoath A.C.	Meath	Meath	No
Sean	Ennis	Navan A.C.	Ratoath A.C.	Meath	Meath	No

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Rafael	Mc Caffrey	Ratoath A.C.	Donore Harriers A.C.	Meath	Dublin	Yes
Aobh	Forde	Ratoath A.C.	Dundrum South Dublin A.C.	Meath	Dublin	Yes
Ellen	Vitting	Trim A.C.	Kenmare A.C.	Meath	Kerry	Yes
Ryan	Treanor	Monaghan Phoenix A.C.	Togher A.C.	Monaghan	Cork	Yes
Niamh	Coyle	Monaghan Town Runners A.C.	Monaghan Phoenix A.C.	Monaghan	Monaghan	No
Alison	Clerkin	Monaghan Town Runners A.C.	Monaghan Phoenix A.C.	Monaghan	Monaghan	No
Rian	Conway	Ballyskenach A.C.	Birr A.C.	Offaly	Offaly	No
Evan	Conway	Ballyskenach A.C.	Birr A.C.	Offaly	Offaly	No
John	Phelan	Clara A.C.	Tullamore Harriers A.C.	Offaly	Offaly	No
Kevin	Looby	Clara A.C.	Naomh Mhuire A.C.	Offaly	Offaly	No
Robert	Westman	Naomh Mhuire A.C.	Tullamore Harriers A.C.	Offaly	Offaly	No
Dympna	Fox	Tullamore Harriers A.C.	Naomh Mhuire A.C.	Offaly	Offaly	No
Paula	Nolan	Tullamore Harriers A.C.	Naomh Mhuire A.C.	Offaly	Offaly	No
Christine	Van Welie	Boyle A.C.	Carrick-on-Shannon A.C.	Roscommon	Leitrim	Yes
Jen	Little	Boyle A.C.	Carrick-on-Shannon A.C.	Roscommon	Leitrim	Yes
Aimee	Farrell	Roscommon A.C.	Suck Valley A.C.	Roscommon	Roscommon	No
Sarah	King	Roscommon A.C.	Suck Valley A.C.	Roscommon	Roscommon	No
David	Clyne	Roscommon Harriers A.C.	Reeside A.C.	Roscommon	Roscommon	No
Jasmine	Sweeney	Abbey Forthill A.C.	Sligo A.C.	Sligo	Sligo	No
Leia	Valentine	North Sligo A.C.	Longford A.C.	Sligo	Longford	Yes
Mary	Roussilhe	Sligo A.C.	East Mayo A.C.	Sligo	Mayo	Yes
Susan	Laste	Clonmel A.C.	Fethard A.C.	Tipperary	Tipperary	No
Joseph	English	Dundrum A.C.	Tramore A.C.	Tipperary	Waterford	Yes
Barry	Hartnett	Mooreabbey Milers A.C.	Dundrum A.C.	Tipperary	Tipperary	No
Martin	O Meara	Moycarkey Coolcree A.C.	Templemore A.C.	Tipperary	Tipperary	No
Aoibheann	Fogarty	Moycarkey Coolcree A.C.	Clonmel A.C.	Tipperary	Tipperary	No
Lauren	Franks	Moycarkey Coolcree A.C.	Templemore A.C.	Tipperary	Tipperary	No
Ryan	Franks	Moycarkey Coolcree A.C.	Templemore A.C.	Tipperary	Tipperary	No
Ciara	Franks	Moycarkey Coolcree A.C.	Templemore A.C.	Tipperary	Tipperary	No
Caoimhe	Bourke	Newport A.C.	St. Catherine's A.C.	Tipperary	Cork	Yes
Ailish	Bourke	Newport A.C.	St. Catherine's A.C.	Tipperary	Cork	Yes
Mark	Davidson	Templemore A.C.	Nenagh Olympic A.C.	Tipperary	Tipperary	No

Transfer List May 2023

First Name	Last Name	Outgoing Club	Incoming Club	Outgoing County	Incoming County	Inter County
Tadhg	Kinsella	Ardmore A.C.	West Waterford A.C.	Waterford	Waterford	No
Conor	Greenan	Ferrybank A.C.	St. Joseph's A.C.	Waterford	Kilkenny	Yes
Lean	Ni Chiobhan	Ferrybank A.C.	St. Joseph's A.C.	Waterford	Kilkenny	Yes
Ciara	Cooney	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	No
Niamh	Cusack	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	No
David	Igwe	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No
Danny	Hagan	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No
Samyuktha	Kakollu	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No
Sreemanth	Kakollu	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No
Eamonn	Scollard	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No
Darragh	Scollard	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No
Ciaran	Scollard	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No
Ted	O Leary	West Waterford A.C.	St. Catherine's A.C.	Waterford	Cork	Yes
Shauna	Leydon	Mullingar Harriers A.C.	Tullamore Harriers A.C.	Westmeath	Offaly	Yes
Ciara	Kehoe	Bree A.C.	United Striders A.C.	Wexford	Wexford	No
Dara	Kavanagh	Croghan A.C.	St Benedict Inbhear Mór A.C.	Wexford	Wicklow	Yes
Elizabeth	Gahan	Enniscorthy A.C.	Dublin City Harriers A.C.	Wexford	Dublin	Yes
Rayna	Thompson	Kilmore A.C.	D.M.P. A.C.	Wexford	Wexford	No
Shane	Mccormack	Menapians A.C.	Dundrum South Dublin A.C.	Wexford	Dublin	Yes
Alan	O'Rourke	Wexford Marathon A.C.	D.M.P. A.C.	Wexford	Wexford	No
Noah	Harris	Ashford A.C.	Parnell A.C.	Wicklow	Wicklow	No
Finn	Harris	Ashford A.C.	Parnell A.C.	Wicklow	Wicklow	No
Alia	Harris	Ashford A.C.	Parnell A.C.	Wicklow	Wicklow	No
Theo	Harris	Ashford A.C.	Parnell A.C.	Wicklow	Wicklow	No
Sandra	Brady	Bray Runners A.C.	Solid Running A.C.	Wicklow	Wicklow	No
Sadhbh	Quinn	Bray Runners A.C.	Cabinteely A.C.	Wicklow	Dublin	Yes
Gerry	Curtis	Bray Runners A.C.	Solid Running A.C.	Wicklow	Wicklow	No
Mark	Messitt	Bray Runners A.C.	Dublin Bay Running A.C.	Wicklow	Dublin	Yes
Graeme	Warren	Glendalough Harriers A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Diarmuid	Kavanagh	Glendalough Harriers A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Gavin	Kennedy	Glendalough Harriers A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Eoin	Kennedy	Glendalough Harriers A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No

Transfer List May 2023

First Name	Last Name	Outgoing Club	Incoming Club	Outgoing County	Incoming County	Inter County
Rachel	Wisdom	Glendalough Harriers A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Blaise	Kinsella	Glendalough Harriers A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Keith	Mulvey	Glendalough Harriers A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Paul	Duffy	Glendalough Harriers A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Marcus	Murphy	Glendalough Harriers A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Lorraine	Creane	Glendalough Harriers A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Graham	Bushe	Glendalough Harriers A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Catherine	Devitt	Glendalough Harriers A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Luke	Weldon	Greystones and District A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Patrick	Phibbs	Greystones and District A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Taylor	Quinn	Greystones and District A.C.	Kilcoole A.C.	Wicklow	Wicklow	No
Tom	Jacob	Greystones and District A.C.	Kilcoole A.C.	Wicklow	Wicklow	No
Casey	Jacob	Greystones and District A.C.	Kilcoole A.C.	Wicklow	Wicklow	No
Andrew	Sullivan	Inbhear Dee A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Trish	Synnott	Sli Cualann A.C.	St Benedict Inbhear Mór A.C.	Wicklow	Wicklow	No
Noelle	Thorpe	Sli Cualann A.C.	Bray Runners A.C.	Wicklow	Wicklow	No