

## NOTES FOR COMPETITION

Club Singlets, single colour shorts and appropriate footwear must be worn. No international shorts.  
ONLY 5mm spikes may be used– including High Jump. WA rules apply for footwear  
Field event winners must report for medal presentation immediately after their event with the official.  
Track event winners must report for medal presentation 20 minutes after their results have been posted, where possible or when called from the Public Address System  
Coaches and parents are not allowed on the track at any time

### 1. Check In Rules:

- Each athlete **must collect their own number** and check-in for their event/events.
- All athletes must collect a competition number and check in for **each** event on that day, if competing across both days of a weekend or if qualified for a final on day 2 you must **re-register** for that event. The same bib number will be kept for day 2 (or 3 if the event commences on a Friday evening).
- All athletes must check in a **minimum** of one (1) hour prior to their event
- Call room will be in operation for both track and field events
- **Personal Equipment:** Implements must be checked in a minimum of 60 minutes prior to the start time of each event

### 2. Call Room Rules:

- **Track athletes** report to call room immediately their event is called, **black tent near the start line.**
- **Field athletes** report to the call room immediately their event is called, **white tent near the finish line.**
- **Athletes are not permitted to carry or use electronic recording or transmission equipment (e.g: earphones, notebooks, tablets, iPods, smart phones etc.) in the competition area.** NOTE: The competition area starts at the assembly/call room or at each field event.
- No spectators, no bags or gear to be left in the area

### 3. An athlete shall be excluded from participation in all further events in the competition, including relays, in cases where;

- A final confirmation was given that the athlete would start in an event but then failed to participate.
- An athlete qualified in preliminaries or heats for further participation in an event but then failed to participate further (Rule 142.4).
- An athlete fails to provide a bona fide effort to compete in an event
- The duration of the competition that this rule pertains to is defined as being consecutive days, e Friday, Saturday, and Sunday of a single weekend.
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### 4. Protest/ Appeals Process

- Any protest in the first instance shall be made *orally* to the Referee by the athlete or someone acting on their behalf.
- Protests shall be made within 20 minutes of the completion of the event/posting of the result.
- The Referee may decide the protest *or* refer it to the Jury of Appeal. To arrive at a fair decision the Referee should use any available evidence they feel is necessary.
- The appeal to the Jury should only come after a decision by the Referee.
- The appeal to the Jury shall be in writing signed by a responsible club official on behalf of the athlete or team and shall be made within 20 minutes following the decision of the Referee and shall be accompanied by a €20 fee which will be forfeited if the appeal is unsuccessful.
- The Jury of Appeal shall consist of a representative of each of the five regions, three of whom will sit during the appeal.
- Advice will be obtained from a member of the Technical Committee when and if required.
- The decision of the Jury of Appeal shall be final.