



Athletics Ireland Performance Pathway - Winter Series

Supporting your Dual Career Athletes

5th December 2020

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Overview

1. Background
2. The Performance Environment
3. The EMPATIA Project + Website
4. Evaluation



The Performance Environment



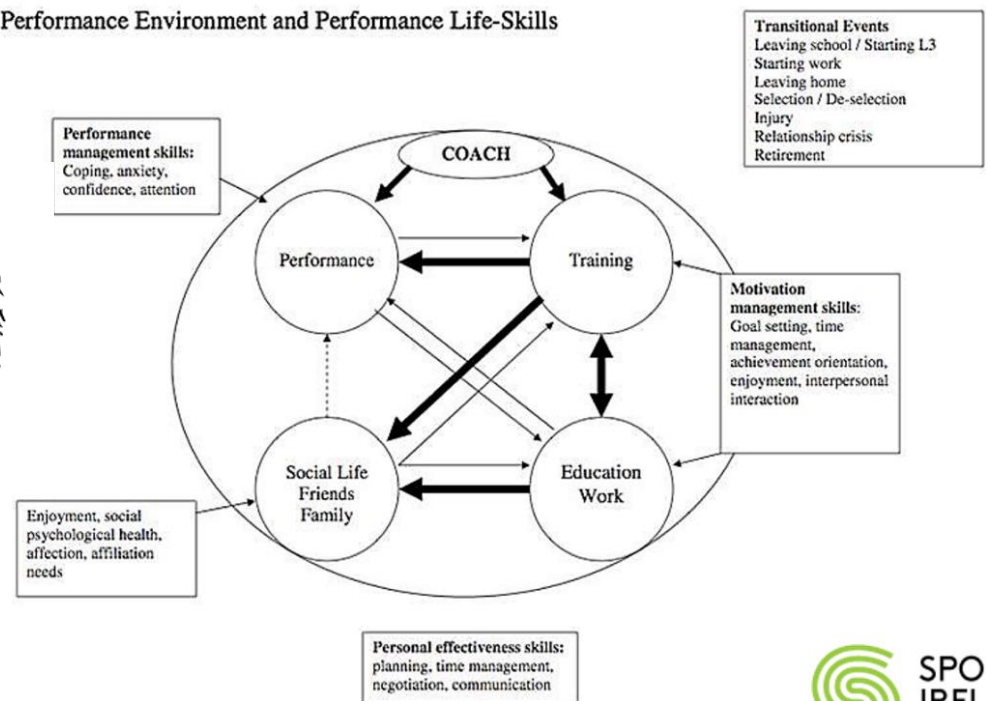
Performance Environment

- Create Environment
- Sharpen the skills
- Everything Impacts Everything
- Unique



The Performance Environment

Performance Environment and Performance Life-Skills



EMPATIA - Website

<https://edu.empatiasport.eu/>

Please complete short questionnaire (10 mins) once you have used the website direct link below.

<https://www.1ka.si/a/306709&language=2&language=2>

Other Useful Resources

- <https://careersportal.ie/>
- <https://sportsscholarshipsireland.com/>