

2023 Athletics Ireland Operation Gold Athlete List

The following is a full list of athletes that will receive Athlete Carding support during 2023.

Level	Category	Name	Event	Club	Coach
Sport Ireland	Podium	Ciara Mageean	1500m	City of Lisburn AC	Helen Clitheroe
Sport Ireland	Podium	Mark English	800m	Finn Valley AC	Feidhlim Kelly
Sport Ireland	World Class	Rhasidat Adeleke	400m	Tallaght AC	Edrick Floreal
Sport Ireland	World Class	Fionnuala McCormack	Marathon	Kilcoole AC	Alan McCormack
Sport Ireland	World Class	Mx 4x400m	4x100m	Ireland	Drew Harrison
Sport Ireland	World Class	W 4x400m	4x400m	Ireland	David McCarthy
Sport Ireland	World Class	Israel Olatunde	100m	UCD AC	Daniel Kilgallon
Sport Ireland	World Class	Sarah Lavin	100mH	Emerald AC	Noelle Morissey
Sport Ireland	World Class	Efrem Gidey	10,000m	Clonliffe Harriers AC	Peter McDermott
Sport Ireland	World Class	Thomas Barr	400mH	Ferrybank AC	Hayley Harrison
Sport Ireland	World Class	Kate O'Connor	Heptathlon	Dundalk St Gerards AC	Michael O'Connor
Sport Ireland	International	Brendan Boyce	35km Walk	Finn Valley AC	Rob Heffernan
Sport Ireland	International	Andrew Coscoran	1500m	Star of the Sea AC	Feidhlim Kelly
Sport Ireland	International	David Kenny	20k Walk	Farranfore Maine Valley AC	Robert Heffernan
Sport Ireland	International	Sarah Healy	1500m	UCD AC	Trevor Painter
Sport Ireland	International	Louise Shanahan	800m	Leevale AC	Philip O'Dell
Sport Ireland	International	Brian Fay	5000m	Raheny Shamrocks AC	Andy Powell
Sport Ireland	International	Darragh McElhinney	5000m	UCD AC	Emmett Dunleavy
Sport Ireland	International	Hiko Haso	10,000m	Dundrum South Dublin AC	Donal Hennigan
Sport Ireland	International	Chris O'Donnell	400m	North Sligo AC	Benke Blomkvist
Sport Ireland	International	Eric Favors	Shot Put	Raheny Shamrocks AC	Dane Miller

Sport Ireland	International	Phil Healy	400m	Bandon AC	Shane McCormack
Sport Ireland	International	Nadia Power	800m	Dublin City Harriers AC	Matthew Yates
Sport Ireland	Relay	Sharlene Mawdsley	4x400m	Newport AC	Gary Ryan
Sport Ireland	Relay	Sophie Becker	4x400m	Raheny Shamrocks AC	Jeremy Lyons & Gerard O'Donnell
Sport Ireland	Relay	Cillín Greene	4x400m	Galway City Harriers AC	Jeremy Lyons & Gerard O'Donnell
Sport Ireland	Relay	Cliodhna Manning	4x400m	Kilkenny City Harriers AC	Peter Lyons
Sport Ireland	Relay	Robert McDonnell	4x400m	Galway City Harriers AC	Brendan Glynn
Sport Ireland	Relay	Jack Raftery	4x400m	Donore Harriers AC	Jeremy Lyons & Gerard O'Donnell
Sport Ireland	Relay	Róisín Harrison	4x400m	Emerald AC	Eoghan MacNamara
Discretionary	Opportunity	Michelle Finn	3000 SC	Leevale AC	Feidhlim Kelly
Discretionary	Opportunity	Marcus Lawler	200m	Clonliffe Harriers AC	Shane McCormack
Discretionary	Opportunity	Siofra Cleirigh-Buttner	800m	Dundrum South Dublin AC	Mark Coogan
Discretionary	Opportunity	Georgie Hartigan	800m	Dundrum South Dublin AC	Bev Hartigan
Discretionary	Opportunity	Roisin Flanagan	5000m	Finn Valley AC	Damon Martin
Discretionary	Opportunity	Eilish Flanagan	3000 SC	Finn Valley AC	Damon Martin
Development	Gold	Luke McCann	1500m	UCD AC	Thomas Dreißigacker & Clark McCann
Development	Gold	Molly Scott	100m	St Laurence O'Toole AC	Deirdre Scott
Development	Gold	Cian McPhillips	1500m	UCD AC	Joe Ryan
Development	Gold	Diarmuid O'Connor	Decathlon	Bandon AC	Frank Stam
Development	Gold	Ciara Neville	100m	Emerald AC	Noelle Morrissey
Development	Silver	John Fitzsimons	800m	Kildare AC	Joe Ryan
Development	Silver	Keelan Kilrehill	Cross Country	Moy Valley AC	Emmett Dunleavy
Development	Silver	Ruby Millet	Long Jump	St Abban's AC	Michael Kelly
Development	Silver	Oisin Lane	20km Walk	Mullingar Harriers AC	Michael Lane
Development	Bronze	Niamh Fogarty	Discus	Raheny Shamrocks AC	Peter Collins
Development	Bronze	Conor Cusack	Javelin	Lake District AC	Padraic Joyce

Emerging Talent	Gold	Dean Casey	5,000m, XC	Ennis Track Club	Pat Hogan
Emerging Talent	Gold	Nicola Tuthill	Hammer	Bandon AC	Killian Barry, Kevin Warner, Roland Korom
Emerging Talent	Gold	Reece Ademola	Long Jump	Bandon AC	Liz Coomey
Emerging Talent	Gold	Nicholas Griggs	1500m/3000m/XC	CNDR Track Club	Mark Kirk
Emerging Talent	Gold	Elizabeth Ndudi	Long Jump	Dundrum South Dublin AC	Julien Guillard
Emerging Talent	Gold	Fintan Dewhirst	400mh	Tir Chonaill	Brian McGonagle
Emerging Talent	Silver	Lucy May Sleeman	100m	Leevale AC	John Corr
Emerging Talent	Silver	Ava Rochford	High Jump	Nenagh AC	Martin O'Grady
Emerging Talent	Silver	Niamh Murray	400m	Bray Runners	Aine Murray
Emerging Talent	Silver	Oisin Joyce	Javelin	Lake District AC	Padraic Joyce
Emerging Talent	Bronze	Callum Hurley	800m	Ferrybank AC	Andrew Connick
Emerging Talent	Bronze	Callum Morgan	5000m	CNDR Track Club	Mark Kirk
Emerging Talent	Bronze	Sean McGinley	1500m/3000m/XC	Finn Valley AC	John Rogan
Emerging Talent	Bronze	Adrienne Gallen	Hammer	Lifford AC	John O'Donnell
Emerging Talent	Bronze	Anna Gavigan	Discus	Lambay Sports Academy	Gerry Ronan

Emerging Talent	Bronze	Kate O'Connell	400m	Lucan Harriers	Jeremy Lyons
Emerging Talent	Bronze	Lucy McGlynn	400mh	Tir Chonaill AC	Eamon Harvey
Emerging Talent	Bronze	Maeve O'Neill	800m	Doheny AC	Tony O'Neill
Emerging Talent	Bronze	Niall Murphy	5000m	Ennis Track Club	Pat Hogan
Emerging Talent	Bronze	Nkemjika Onwumereh	100m	Metro St Brigids AC	Daniel Kilgallon
Emerging Talent	Bronze	Aisling Lane	Walks	Mullingar Harriers AC	Michael Lane
Emerging Talent	Bronze	Finn O'Neill	Decathlon	Lifford Strabane AC	Wendy Phillips Jim Alexander
Emerging Talent	Bronze	Harry Colbert	3000m	Waterford AC	Des Colbert
Emerging Talent	Bronze	Jack Fenlon	3000m	St Abban's AC	Eamonn Kelly
Emerging Talent	Bronze	Jack Kelly	800m	Tallaght AC	Johnny Fox
Emerging Talent	Bronze	Kirsti Foster	1500m	Willowfield Harriers	Davy Foster
Emerging Talent	Bronze	Lughaidh Mallon	1500m	Lagan Valley AC	Jim McKeown
Emerging Talent	Bronze	Neil Culhane	800m	Ace AC	Liam Cooney
Emerging Talent	Bronze	Seamus Robinson	1500m	City of Derry Spartans	Martin Robinson
Emerging Talent	Bronze	Sean Aigboboh	100m	Tallaght AC	Daniel Kilgallon

Emerging Talent	Bronze	Victoria Amiadamen	400mh	Dooneen AC	PJ O'Rourke
Emerging Talent	Bronze	Cormac Dixon	3000m	Tallaght AC	Cecil Johnston
Emerging Talent	Bronze	Hollie Kilroe	400m	Suck Valley AC	Dermot McDermott
Emerging Talent	Bronze	Jesse Osas	100m	Ratoath AC	Peter Doherty
Emerging Talent	Bronze	Lucy Foster	1500m	Willowfield Harriers	Davy Foster
Emerging Talent	Bronze	Nicole Dinan	800m	Leevale AC	Chris Harrington
Emerging Talent	Bronze	Toby Thompson	200m	Ballymena & Antrim AC	Roger Sexton
Emerging Talent	Bronze	Cian Crampton	Discus	Edenderry AC	Peter Collins
Emerging Talent	Bronze	Clodagh Gill	3000m	Moy Valley AC	Philip Finnerty
Emerging Talent	Bronze	Saoirse Fitzgerald	800m	Lucan Harriers	Niamh Fitzgerald