

| ID | Time | Name | Team Name | Position |
|-----------|-------------|--------------------|-----------------------------|-----------------|
| 3 | 20:12 | Sophie TARVER | England | 1 |
| 42 | 20:25 | Ide NICDHOMHNAILL | West Limerick A.C. | 2 |
| 8 | 20:32 | Fiona EVERARD | Bandon A.C. | 3 |
| 28 | 20:43 | Nakita BURKE | Letterkenny A.C. | 4 |
| 37 | 20:45 | Cheryl NOLAN | St. Abbans A.C. | 5 |
| 24 | 20:50 | Emma MCEVOY | Dundrum South Dublin A.C. | 6 |
| 4 | 20:55 | Kirsty WALKER | Scotland | 7 |
| 5 | 20:58 | Charlotte PENNEMAN | Belgium | 8 |
| 22 | 21:03 | Lauren TINKLER | Dublin City Harriers A.C. | 9 |
| 26 | 21:12 | Amy GREENE | Finn Valley A.C. | 10 |
| 2803 | 21:18 | Nadine DONNEGAN | Tullamore Harriers A.C. | 11 |
| 20 | 21:23 | Edel MONAGHAN | Dublin City Harriers A.C. | 12 |
| 15 | 21:26 | Rebecca ROSSITER | CNDR Track A.C. | 13 |
| 17 | 21:28 | Celine GAVIN | Donore Harriers A.C. | 14 |
| 27 | 21:37 | Hannah KEHOE | Kilkenny City Harriers A.C. | 15 |
| 2 | 21:39 | Tamara REEVES | New Zealand | 16 |
| 14 | 21:43 | Ciara O'NEILL | Clonmel A.C. | 17 |
| 18 | 21:48 | Orla DUFFY | Dublin City Harriers A.C. | 18 |
| 38 | 21:53 | Maisy O'SULLIVAN | St. Abbans A.C. | 19 |
| 43 | 21:56 | Lucy HOLMES | West Waterford A.C. | 20 |
| 7 | 21:58 | Robyn MCKEE | Annadale Striders | 21 |
| 35 | 22:02 | Sheila O'BYRNE | Sli Cualann A.C. | 22 |
| 29 | 22:03 | Aoife COFFEY | Lucan Harriers A.C. | 23 |
| 30 | 22:04 | Sadhbh MOHAN | Metro/St. Brigids A.C. | 24 |
| 21 | 22:05 | Cliona MURPHY | Dublin City Harriers A.C. | 25 |
| 32 | 22:09 | Aine COTTER | North East Runners A.C. | 26 |
| 13 | 22:12 | Laura COONEY | Clonmel A.C. | 27 |
| 41 | 22:12 | Fiona MCKENNA | U.C.D. A.C. | 28 |
| 10 | 22:19 | Lauren DERMODY | Castlecomer A.C. | 29 |
| 6 | 22:32 | Julie VANDEWALLE | Belgium | 30 |
| 9 | 22:40 | Holly CARROLL | Blarney/Inniscara A.C. | 31 |
| 11 | 22:57 | Lauren MURPHY | Cilles A.C. | 32 |
| 40 | 22:59 | Emily GRENNAN | Tullamore Harriers A.C. | 33 |
| 34 | 23:11 | Aisling O'CONNOR | Rathfarnham W.S.A.F. A.C. | 34 |
| 36 | 23:17 | Aoife CARROLL | Sportsworld A.C. | 35 |
| 39 | 23:31 | Aine BURKE | St. Coca's A.C. | 36 |
| 44 | 23:52 | Avril CASHMAN | Youghal A.C. | 37 |
| 2804 | 24.50 | Ellen MCGLOUGHLIN | Metro/St. Brigid's A.C. | 38 |
| 23 | 25.10 | Sabrina KEOGH | Dunboyne A.C. | 39 |