

AAI Provincial squads- Connacht performance squad athletes (indoor and outdoor results)

Girls U16	Name	Club		Girls U17	Name	Club
100m	Katie O' Haire	Galway City Harriers		100m	Angela Cielecka	Galway City Harriers
	Rachel Warde	Craughwell Galway			Lucy Hounponou	Galway City Harriers
	Emma Edmunson	Westport Mayo			Laura Hoade	St. Colmans South Mayo
	Aevene Kelly	Craughwell Galway			Megan Devane	Craughwell Galway
80mH	Rachel Warde	Craughwell Galway		100mH	Lucy Hounponou	Galway City Harriers
	Lucie Cawley	Sligo			Lauren Kilduff	Craughwell Galway
	Grace Davoren-King	Claremorris Mayo			Emma O' Donovan	Craughwell Galway
250mH	Rachel Warde	Craughwell Galway		300mH	Lauren Kilduff	Craughwell Galway
	Mila Clancy	Corran Sligo			Emma O' Donovan	Craughwell Galway
	Lucie Cawley	Sligo			Laurina Percy	Sligo
	Grace Davoren-King	Claremorris Mayo				
200m	Katie O' Haire	Galway City Harriers		200m	Elisa Jaime-Stapleton	Galway City Harriers
	Isla Day	Galway City Harriers			Megan Devane	Craughwell Galway
	Aevene Kelly	Craughwell Galway			Laura Hoade	St. Colmans South Mayo
	Reina Heaney	Castlebar Mayo			Emily Nestor	Craughwell Galway
800m	Claudia Coyle	South Galway		400m	Elisa Jaime-Stapleton	Galway City Harriers
	Sarah Mulvaney-Kelly	North Leitrim				
	Jennifer McCarthy	Galway City Harriers				
	Lucie Cawley	Sligo				
1500m	Claudia Coyle	South Galway		800m	Rhona Connolly	Clare River Harriers Galway
	Ellen Trench	Claremorris Mayo				

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	Jennifer McCarthy	Galway City Harriers				
	Tara Nolan	Moy Valley Mayo				
3000m	Ellen Trench	Claremorris Mayo		1500m	Emma Brennan	Longford
	Laura Crampton	Galway City Harriers			Niamh McWalter	Tuam Galway
	Keilah Murray	Galway City Harriers			Áine Brennan	Moy Valley Mayo
	Beth O' Mahony	Suck Valley Roscommon				
2000m Walk	Sarah Mulvaney-Kelly	North Leitrim		3000m	Áine Brennan	Moy Valley Mayo
	Pearl Sands	Moy Valley Mayo			Erica O' Driscoll	Westport Mayo
	Lillian O' Brien	Moy Valley Mayo			Rhona Connolly	Clare River Harriers Galway
	Ann Doyle	South Galway				
High Jump	Rebecca Moynihan	Tuam Galway		2000m S/C	Emma Brennan	Longford
	Roisin Brennan	Suck Valley Roscommon			Sarah Hartnett	Tuam Galway
	Caoimhe O' Connell	Lake District Mayo				
	Aoibheann Devaney	Swinford Mayo				
Long Jump	Mila Clancy	Corran Sligo		3000m Walk	Robin Óg Murphy	Longford
	Lucia McDonnell	East Mayo			Karen Mulvaney-Kelly	North Leitrim
	Rebecca Moynihan	Tuam Galway			Elizabete Varsberga	Galway City Harriers
	Lauren East	Lake District Mayo		High Jump	Riona Luse	South Sligo
Triple Jump	Rachel Francis	Galway City Harriers			Lucy Dunne	Claremorris Mayo
				Long Jump	Angela Cielecka	Galway City Harriers
Shot Put	Emma Edmundson	Westport Mayo			Lucy Hounkponou	Galway City Harriers
	Tara Nolan	Moy Valley Mayo			Isabella Hughes	Lake District Mayo
	Nicole Dowd	Roscommon			Gloria Filipe	Galway City Harriers

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	Saoirse O' Malley	Tuam Galway		Triple Jump	Riona Luse	South Sligo
Pole Vault	NONE				Gloria Filipe	Galway City Harriers
					Juno Hayes	Galway City Harriers
					Maud O' Reilly	Westport Mayo
				Shot Put	Caoimhe Hughes	Swinford Mayo
Javelin	Emma Edmundson	Westport Mayo			Maud O' Reilly	Westport Mayo
	Annalysse Nally	Tuam Galway			Elizabete Varsberga	Galway City Harriers
	Taillte O' Callaghan	Tuam Galway				
	Ann Doyle	South Galway				
Discus	Sarah Mulvaney-Kelly	North Leitrim		Pole Vault	Maud O' Reilly	Westport Mayo
	Taillte O' Callaghan	Tuam Galway				
	Nicole Dowd	Roscommon				
Hammer	NONE			Javelin	Caoimhe Hughes	Swinford Mayo
					Lucy Dunne	Claremorris Mayo
Relay 4x100m	Galway City Harriers	Galway		Discus	Juno Hayes	Galway City Harriers
	Tuam	Galway			Karen Mulvaney-Kelly	North Leitrim
	Suck Valley	Roscommon				
				Hammer	Karen Mulvaney-Kelly	North Leitrim
				Relay 4x100m	Galway City Harriers	Galway

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Girls U18	Name	Club		Girls U19	Name	Club
100m	Orlaith Mannion	South Galway		100m	Holly Rogers	Longford
	Sophie Foley	Galway City Harriers				
	Sophie O' Haire	Galway City Harriers				
	Valeria Serhienko	Carrick-On_Shannon Leitrim				
100mH	Orlaith Mannion	South Galway		100mH	NONE	
400mH	NONE			400mH	NONE	
200m	Inga Cielecka	Galway City Harriers		200m	Lianna Colleran	Galway City Harriers
	Aoibhinn Redington	Tuam Galway			Róisín Leonard	Loch Lurgan Galway
	Sophie Foley	Galway City Harriers				
	Sophie O' Haire	Galway City Harriers				
400m	Danielle Moynihan	Tuam Galway		400m	Saoirse Coleman	Galway City Harriers
	Aoibhinn Redington	Tuam Galway			Lianna Coleman	Galway City Harriers
	Inga Cielecka	Galway City Harriers				
	Grace McNelis Lee	North Sligo				
800m	Grace Jennings	Lake District Mayo		800m	NONE	

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1500m	Hanora Brady	Carrick-On-Shannon Leitrim		1500m	Caitlin Hughes	Swinford Mayo
3000m	NONE			3000m	Caitlin Hughes	Swinford Mayo
2000m S/C	NONE			3000m S/C	NONE	
3000m Walk	Ciara Gilmore	Tuam Galway				
High Jump	NONE			3000m Walk	Holly Shaughnessy	Tuam Galway
					Beabhin Hosty	Loch Lurgan Galway
					Siobhán O' Reilly	Moy Valley Mayo
Long Jump	Kate Lally	Loch Lurgan Galway		High Jump	Eva Kelleher	Craughwell Galway
	Sarah Caulfield	St. Colmans South Mayo				
Triple Jump	Inga Cielecka	Galway City Harriers		Long Jump	Eva Kelleher	Craughwell Galway
	Sarah Caulfield	St. Colmans South Mayo				
Shot Put	Rachel Donoghue	Caltra and District Galway		Triple Jump	Roisin Leonard	Loch Lurgan Galway
	Sarah Caulfield	St. Colmans South Mayo				

AAI Provincial squads- Connacht performance squad athletes (indoor and outdoor results)

Pole Vault	NONE			Shot Put	NONE	
Javelin	Rihanna Waters Moran	Lake District Mayo		Pole Vault	NONE	
	Katie Donoghue	Caltra and District Galway				
Discus	Katie Donoghue	Caltra and District Galway		Javelin	NONE	
	Rachel Donoghue	Caltra and District Galway				
Hammer	Katie Donoghue	Caltra and District Galway		Discus	NONE	
	Rachel Donoghue	Caltra and District Galway				
Relay 4x100m	NONE			Hammer	NONE	
Relay 4x400m	NONE			Relay 4x100m	NONE	
				Relay 4x400m	Galway City Harriers	Galway

AAI Provincial squads- Connacht performance squad athletes (indoor and outdoor results)

Boys U16	Name	Club		Boys U17	Name	Club
100m	Kelvin Kalu	Sligo		100m	Sean Grealy	Longford
	Kenneth Kalu	Sligo			John McDermott	Castlegar Galway
	Kai Watters	Craughwell Galway			Darragh Morrin	Lake District Mayo
	Liam Hall	Loch Lurgan Galway			Brandon McKiernan	Carrick-On -Shannon Leitrim
100mH	Tom Rene- McEnroe	Sligo		100mH	NONE	
	Marc Galligan	Longford				
250mH	Tom Rene- McEnroe	Sligo		300mH	Sean Hoade	Craughwell Galway
	Ruairí McLoughlin	Sligo			Alvin Ngani	Galway City Harriers
	Hugo Lynagh	Galway City Harriers			Mark Hazlett	North Leitrim
	Marc Galligan	Longford				
200m	Kelvin Kalu	Sligo		200m	Daniel Oluwalaanumi Sangodele	Galway City Harriers
	Kai Watters	Craughwell Galway			John McDermott	Castlegar Galway
	Daniel Cornyn	Sligo			Darragh Morrin	Lake District Mayo
	Hugo Lynagh	Galway City Harriers			Hugh Redington	Tuam Galway
800m	Kevin Groarke	Swinford Mayo		400m	Shane McGovern	Galway City Harriers
	Tom Rene- McEnroe	Sligo			Matthew Kelly	Castlebar Mayo
	Colman Walsh	South Sligo			Joshua Whyte	Craughwell Galway
	Justin McCarthy	Galway City Harriers			Adam Bensmaine	Castlegar Galway
1500m	Luke Walsh	South Galway		800m	Keelan Moorhead	Craughwell Galway
	Ciaran Considine	South Galway			Declan O' Connell	Craughwell Galway
	Justin McCarthy	Galway City Harriers			Óisín Maher	Galway City Harriers
	Tomas Coyle	Reeside Roscommon			Adam Kelly	Moy Valley Mayo

AAI Provincial squads- Connacht performance squad athletes (indoor and outdoor results)

3000m	Ciaran Considine	South Galway		1500m	Declan O' Connell	Craughwell Galway
	Luke Walsh	South Galway			Lucas Lyons	North Leitrim
	Seamus Burke	Lake District Mayo			Óisín Maher	Galway City Harriers
	Justin McCarthy	Galway City Harriers			Keelan Moorhead	Craughwell Galway
3000m Walk	Ciaran Kelleher	South Galway		3000m	Declan O' Connell	Craughwell Galway
					Lucas Lyons	North Leitrim
					Rian Collins	Athenry Galway
High Jump	Marc Galligan	Longford		2000m S/C	NONE	
Long Jump	Kenneth Kalu	Sligo		3000m Walk	NONE	
	Alexander Smyth	Moy Valley Mayo				
	WJ Van Dyk	Claremorris Mayo				
	Liam Hall	Loch Lurgan Galway		High Jump	Conor Penney	Craughwell Galway
Triple Jump	Adill Prochownik	Galway City Harriers			Alan Lydon	
	Ross Campbell	Sligo				
				Long Jump	Ben Moran	West Coast Galway
Shot Put	Cathal McNicholas	Swinford Mayo			Mark Hazlett	North Leitrim
					Darragh Morrin	Lake District Mayo
				Triple Jump	Daniel Oluwalaanumi Sangodele	Galway City Harriers
Pole Vault	NONE				Mark Hazlett	North Leitrim
					Joshua Whyte	Craughwell Galway
				Shot Put	Paul Edmundson	Westport Mayo
Javelin	Eoin Jennings	Lake District Mayo				

AAI Provincial squads- Connacht performance squad athletes (indoor and outdoor results)

Discus	Tom McHugh	Galway City Harriers		Javelin	Liam Lynch	Lake District Mayo	45.56m
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INDOOR RESULTS

Girls U16	Name	Club		Girls U17	Name	Club
60m	Rachel Warde	Craughwell Galway		60m	Angela Cielecka	Galway City Harriers
	Katie O' Haire	Galway City Harriers			Lucy Hounkponou	Galway City Harriers
	Emma Edmunson	Westport Mayo			Laurina Percy	Sligo
	Isla Day	Clare River Harriers Galway			Laura Hoade	St. Colmans South Mayo
60mH	Rachel Warde	Craughwell Galway		60mH	Lucy Hounkponou	Galway City Harriers
	Mila Clancy	Corran Sligo			Emily Hession	South Sligo
	Lucie Cawley	Sligo			Laurina Percy	Sligo
	Emma Edmunson	Westport Mayo				
200m	Reina Heaney	Castlebar Mayo		200m	Elissa Jaime-Stapleton	Galway City Harriers
	Mila Clancy	Corran Sligo			Megan Devane	Craughwell Galway
	Katie O' Haire	Galway City Harriers			Emily Nestor	Craughwell Galway
	Isla Day	Clare River Harriers Galway			Isabella Hughes	Lake District Mayo
800m	Jennifer McCarthy	Galway City Harriers		400m	Lauren Kilduff	Craughwell Galway
	Claudia Coyle	Craughwell Galway			Elisa Jaime-Stapleton	Galway City Harriers
	Lucie Cawley	Sligo			Niamh Moran	Castlebar Mayo
	Laura Campion	Galway City Harriers			Enya Mitchell	Tuam Galway

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1500m	Jennifer McCarthy	Galway City Harriers		800m	Sarah Hartnett	Tuam Galway
	Claudia Coyle	Craughwell Galway			Niamh Moran	Castlebar Mayo
	Ellen Trench	Claremorris Mayo			Emma Carroll	North Sligo
	Keilah Murray	Galway City Harriers			Isobelle Conroy	Clare River Harriers Galway
1500m Walk	Sarah Mulvaney-Kelly	North Leitrim		1500m	Sarah Hartnett	Tuam Galway
	Pearl Sands	Moy Valley Mayo			Áine Brennan	Moy Valley Mayo
	Lillian O' Brien	Moy Valley Mayo			Niamh McWalter	Tuam Galway
	Ann Doyle	South Galway			Aisling Geaney	South Galway
High Jump	Rebecca Moynihan	Tuam Galway		!500m Walk	Karen Mulvaney-Kelly	North Leitrim
	Caoimhe O' Connell	Lake District Mayo			Caoimhe Phelan	Tuam Galway
	Róisín Brennan	Suck Valley Roscommon			Chloe Flynn	Tuam Galway
					Elizabete Varsberga	Galway City Harriers
Long Jump	Mila Clancy	Corran Sligo		High Jump	Lucy Dunne	Claremorris Mayo
	Lucie Cawley	Sligo				
	Lucia McDonnell	East Mayo				
	Grace Davoren-King	Claremorris Mayo				
Triple Jump	Rachel Francis	Galway City Harriers		Long Jump	Angela Cielecka	Galway City Harriers
	Alison Kennedy	Galway City Harriers			Lucy Hounkponou	Galway City Harriers
					Erin Walsh	South Sligo
					Isabella Hughes	Lake District Mayo
Shot Put	Emma Edmundson	Westport Mayo		Triple Jump	Riona Luse	South Sligo
	Sarah Mulvaney-kelly	North Leitrim			Juno Hayes	Galway City Harriers
	Annalysse Nally	Tuam Galway			Maud O' Reilly	Westport Mayo
	Isabelle Flynn	Suck Valley Roscommon			Gloria Filipe	Galway City Harriers

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Pole Vault	NONE			Shot Put	Caoimhe Hughes	Swinford Mayo
					Maud O' Reilly	Westport Mayo
					Lucy Dunne	Claremorris Mayo
					Angela Duffy	Claremorris Mayo
Relay 4x200m	Galway City Harriers	Galway		Pole Vault	Enya Mitchell	Tuam Galway
	Claremorris	Mayo				
	Tuam	Galway				
	West Sligo	Sligo		Relay 4x200m	Galway City Harriers	Galway
					Claremorris	Mayo
				Mixed Relay 4x200m	Galway City Harriers	Galway

Girls U18	Name	Club		Girls U19	Name	Club	Time/Throw
60m	Orlaith Mannion	South Galway		60m	Holly Rogers	Longford	8.09s
	Inga Cielecka	Galway City Harriers					
	Sophie O' Haire	Galway City Harriers					
	Sophie Foley	Galway City Harriers					
60mH	Orlaith Mannion	South Galway		60mH	NONE		
200m	Inga Cielecka	Galway City Harriers		200m	Lianna Colleran	Galway City Harriers	27.74s
	Sophie O' Haire	Galway City Harriers			Eva McLoughlin	Galway City Harriers	28.21s
	Caitlin Cryan-Gallagher	Aughagower Mayo			Roisin Leonard	Loch Lurgan Galway	30.60s

AAI Provincial squads- Connacht performance squad athletes (indoor and outdoor results)

	Ellie Harte	Corran Sligo					
400m	Danielle Moynihan	Tuam Galway		400m	Saoirse Coleman	Galway City Harriers	1:00.48s
	Amy Rose Kelly	South Galway			Eva McLoughlin	Galway City Harriers	1:04.83s
	Ellie Harte	Corran Sligo					
800m	Grace Jennings	Lake District Mayo		800m	NONE		
1500m	Aoife Blewitt	Moy Valley Mayo		1500m	Caitlin Hughes	Swinford Mayo	5:15.90s
1500m Walk	Ciara Gilmore	Tuam Galway		1500m Walk	Holly Shaughnessy	Tuam Galway	7:29.94s
					Beabhin Hosty	Loch Lurgan Galway	7:41.63s
High Jump	Isabel Schukat	Craughwell Galway		High Jump	NONE		
Long Jump	Kate Lally	Loch Lurgan Galway		Long Jump	Ciara Farrissey	Loch Lurgan Galway	3.86m
	Katie Donoghue	Caltra and District Galway					
	Leah Gallagher	Swinford Mayo					

AAI Provincial squads- Connacht performance squad athletes (indoor and outdoor results)

	Sarah Caulfield	St. Colmans South Mayo					
Triple Jump	Inga Cielecka	Galway City Harriers		Triple Jump	Ciara Farrissey	Loch Lurgan Galway	9.11m
					Roisín Leonard	Loch Lurgan Galway	8.64m
Shot Put	Katie Donoghue	Caltra and District Galway		Shot Put	NONE		
	Leah Gallagher	Swinford Mayo					
	Sarah Caulfield	St. Colmans South Mayo					
	Rachel Donoghue	Caltra and District Galway					
Pole Vault	NONE			Pole Vault	NONE		
Relay 4x200m	Galway City Harriers	Galway		Relay 4x200m	Galway City Harriers	Galway	1:52.87s
				Mixed Relay 4x200m	Galway City Harriers	Galway	1:48.63s

Boys U16	Name	Club		Boys U17	Name	Club
60m	Kelvin Kalu	Sligo		60m	Sean Grealay	Longford
	Kai Watters	Craughwell Galway			Donnacha Lawless	Craughwell Galway

AAI Provincial squads- Connacht performance squad athletes (indoor and outdoor results)

	Alastair Sheehan	Sligo			Cian Brady	Craughwell Galway
	Alexander Smyth	Moy Valley Mayo			John McDermott	Castlegar Galway
60mH	Tom Rene-McEnroe	Sligo		60mH	Briain Cullinan	Sligo
	Marc Galligan	Longford				
200m	Kai Watters	Craughwell Galway		200m	Sean Grealy	Longford
	Kelvin Kalu	Sligo			Donnacha Lawless	Craughwell Galway
	Alastair Sheehan	Sligo			Cian Brady	Craughwell Galway
	Hugh Lenihan	Claremorris Mayo			Tom McCabe	Sligo
800m	Luke Walsh	South Galway		400m	Shane McGovern	Galway City Harriers
	Gearóid Tuohy	Sligo			Toyosi George	Craughwell Galway
	Kevin Groarke	Swinford Mayo			Keelan Moorhead	Craughwell Galway
	Colman Walsh	South Sligo			Matthew Kelly	Castlebar Mayo
1500m	Gearóid Tuohy	Sligo		800m	Declan O' Connell	Craughwell Galway
	Luke Walsh	South Galway			Adam Kelly	Moy Valley Mayo
	Ciarán Considine	South Galway			Matthew Kelly	Castlebar Mayo
	Séamus Burke	Lake District Mayo			Lucas Lyons	North Leitrim
1500m Walk	Ciarán Kelliher	South Galway		1500m	Declan O' Connell	Craughwell Galway
					Lucas Lyons	North Leitrim
					Óisín Maher	Galway City Harriers
					Rian Collins	Athenry Galway
High Jump	NONE			1500m Walk		
					NONE	
Long Jump	Kevin Kalu	Sligo		High Jump	Conor Penney	Craughwell Galway
	Alexander Smyth	Moy Valley Mayo			Brian McCabe	Sligo

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	Liam Hall	Loch Lurgan Galway			Daniel Oluwalaanumi Sangodele	Galway City Harriers
	James Duffy	Swinford Mayo				
Triple Jump	Ross Campbell	Sligo		Long Jump	Daniel Oluwalaanumi Sangodele	Galway City Harriers
	Justin McCarthy	Galway City Harriers			Tom McCabe	Sligo
					Brian McCabe	Sligo
					Jayden Montes	Unattached
Shot Put	Cathal McNicholas	Swinford Mayo		Triple Jump	Daniel Oluwalaanumi Sangodele	Galway City Harriers
	James Duffy	Swinford Mayo			Joshua Whyte	Craughwell Galway
					Tom McCabe	Sligo
Pole Vault	NONE			Shot Put	Paul Edmundson	Westport Mayo
Relay 4x200m	Sligo	Sligo		Pole Vault	NONE	
	Galway City Harriers	Galway				
	Claremorris	Mayo				
				Relay 4x200m	Craughwell	Galway

Boys U18	Name	Club		Boys U19	Name	Club
60m	Lemar Lucciano	Unattached		60m	Sean Doggett	Athenry Galway
	Leon Ewere	Unattached			Sean McCabe	Sligo
	Piotr Maciorowski	South Sligo			Joshua Cadman	Sligo
	Mark Wallace	St. Colmans South Mayo			Ben Ogier	Sligo
60mH	Darragh Fahy	Loughrea Galway		60mH	Finn Campbell	Sligo

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	Joseph Cleary	Aughagower Mayo				
	Kevin Munnelly	Tuam Galway				
200m	Leon Ewere	Unattached		200m	Sean Doggett	Athenry Galway
	Lemar Lucciano	Unattached			Finn Campbell	Sligo
	Shane Meagher	Galway City Harriers			Joshua Cadman	Sligo
	David McDonough	South Galway			Ben Ogier	Sligo
400m	Leon Ewere	Unattached		400m	Finn Campbell	Sligo
	Shane Meagher	Galway City Harriers			Oisin Phelan	Tuam Galway
	David McDonough	South Galway				
	Ronan Duggan	Unattached				
800m	Kevin Duffy	Claremorris Mayo		800m	Alan Hegarty	Castlebar Mayo
	Luke O' Sullivan	Craughwell Galway			Liam O' Connell	Craughwell Galway
	Marc Munnelly	Moy Valley Mayo				
	Shay Davis	North Sligo				
1500m	Luke O' Sullivan	Craughwell Galway		1500m	Darragh Mulrooney	Moy Valley Mayo
	Marc Munnelly	Moy Valley Mayo			Sean Nolan	Moy Valley Mayo
	Shay Davis	North Sligo			Pádraig Corduff	Westport Mayo
					Conan Dempsey	Tuam Galway
1500m Walk	Luke Fitzmaurice	North Leitrim		1500m Walk	NONE	
High Jump	Darragh Kelly	Craughwell Galway		High Jump	Sean Liston	Craughwell Galway
	Kevin Munnelly	Tuam Galway				
	Setanta Gleeson	Ballinamore Leitrim				
Long Jump	Darragh Fahy	Loughrea Galway		Long Jump	Cian Flynn	Corran Sligo
	Mark Wallace	St. Colmans South Mayo				
	Piotr Maciorowski	South Sligo				

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Triple Jump	Darragh Fahy	Loughrea Galway		Triple Jump	Cian Flynn	Corran Sligo
	Darragh Kelly	Craughwell Galway				
Shot Put	NONE			Shot Put	Dean Williams	North Leitrim
					Mark McVann	Castlebar Mayo
Pole Vault	NONE			Pole Vault	NONE	
Relay 4x200m	Galway City Harriers	Galway		Relay 4x200m	Sligo	Sligo
	North Sligo	Sligo				