

AAI PROVINCIAL SQUADS 2024 – Munster Performance squad athletes (U 16- U20 2024 age groups- Top 4 at provincial champs) from outdoor and XC results.

Girls U16	Name	Club
100m	Tiffany Nwaedozie	Belgooly, Cork
	Cora Miller	Ferrybank, Waterford
	Elle-Kate McRae	Midleton, Cork
	Ava Shorten	North Cork
80mH	Cora Miller	Ferrybank, Waterford
	Giselle Ahern	Leevale
	Lily Corbett	Ferrybank, Waterford
	Megan O' Shea	Dooneen Limerick
250mH	Kate O' Donovan	Leevale, Cork
	Cora Miller	Ferrybank, Waterford
	Elle-Kate McRae	Midleton, Cork
	Lily Corbett	Ferrybank, Waterford
200m	Tiffany Nwaedozie	Belgooly, Cork
	Zoe Kenny	Ferrybank, Waterford
	Freya Bateman	Belgooly, Cork
	Alicia Hegarty	Midleton Cork
800m	Freya Bateman	Belgooly, Cork
	Sophie Maher	Ennis Track, Clare
	Faye Mannion	Ennis Track, Clare
	Lucy Clinton	Waterford
1500m	Faye Mannion	Ennis Track, Clare
	Emma Haugh	Fergus, Clare
	Sophie Maher	Ennis Track, Clare
	Lucy Clinton	Waterford
3000m	Emma Haugh	Fergus, Clare
	Sophie Maher	Ennis Track, Clare
	Lucy Clinton	Waterford AC
	Ciara rohan	Waterford AC
2000m Walk	Faye Carroll	Cork City AC
	Robyn Maher	Carraig-Na-BhFear, Cork
	Anna Mullins	Carraig-Na-BhFear, Cork
	Niamh Clarke	Clonmel Tipperary
High Jump	Áine Frawley	St. Mary's, Limerick
	Emer Purtill	Dooneen, Limerick
	Margaret Verling	St. Nicholas, Cork
	Giselle Ahern	Leevale Cork
Long Jump	Tiffany Nwaedozie	Belgooly, Cork
	Áine Frawley	St. Mary's, Limerick
	Giselle Ahern	Leevale, Cork
	Kate O' Donovan	Leevale Cork
Triple Jump	Juliana Stankevicius Gea	St. Cronan's, Clare
	Antonya Lejwoda	Killarney Valley, Kerry
	Lily Gallagher	Ferrybank, Waterford
Shot Put	Emer Purtill	Dooneen, Limerick

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	Tara Osborn	Tracton, Cork
	Michalina Goclik	West Waterford AC
	Lorraine Coakley	Skibbereen Cork
Pole Vault	Helena Golka	Leevale, Cork
	Noelle Mulcahy	Leevale, Cork
Javelin	Emer Purtill	Dooneen, Limerick
	Ally Mulvihill	Borrisokane, Tipperary
	Lorraine Coakley	Skibbereen, Cork
	Niamh Barry	Ferrybank Waterford
Discus	Michalina Goclik	West Waterford AC
	Emily Stapleton	Borrisokane, Tipperary
	Mia Garvanovich	Killarney Valley, Kerry
	Grace Oakley Nolan	Finisk Valley, Waterford
Hammer	Emily Stapleton	Borrisokane, Tipperary
	Tiarna Quinn	Finisk Valley, Waterford
	Louise Hyland	Templemore, Tipperary
Relay 4x100m	Ferrybank	Waterford
	Leevale	Cork
	Killarney Valley	Kerry
	Dooneen	Limerick

Boys U16	Name	Club
100m	Chucks Onyeka	Belgooly, Cork
	Christopher Disonama	Nenagh Olympic, Tipperary
	Ruadhan Casey	Ennis Track, Clare
	Samuel Akinsanya	Belgooly, Cork
100mH	Eddie Raicevic	Finisk Valley, Waterford
	Josh Devlin	Emerald, Limerick
	Shane Wall	Ferrybank, Waterford
	Louis Power	Ferrybank, Waterford
250mH	Eddie Raicevic	Finisk Valley, Waterford
	Alex Jaworski	Midleton, Cork
	Jack Collins	Tralee Harriers, Kerry
200m	Thomas Barry-Daly	Belgooly, Cork
	Christopher Disonama	Nenagh Olympic, Tipperary
	Phoenix O' Farrell-Rooney	Borrisokane, Tipperary
	Ruadhan Casey	Ennis Track, Clare

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800m	Ronan Keenan	Leevale, Cork
	Odhran Perill	Ennis Track, Clare
	Isaac Vickers	Farranfore Maine Valley, Kerry
	Noah Cummins	West Waterford
1500m	Luke Merrigan	Leevale, Cork
	Liam O' Driscoll	Leevale, Cork
	Matthew Mahony	Midleton, Cork
	Isaac Vickers	Farranfore Maine Valley, Kerry
3000m	Luke Merrigan	Leevale, Cork
	Matthew Mahony	Midleton, Cork
	Cian Manning	Leevale, Cork
	Daithí O' Leary	St. Cronans Clare
3000m Walk	NONE	
High Jump	Samuel Akinsanya	Belgooly, Cork
	Luke Guerin	Midleton, Cork
Long Jump	Chucks Onyeka	Belgooly, Cork
	Alex Jaworski	Midleton, Cork
	Josh Devlin	Emerald, Limerick
	Samuel Akinsanya	Belgooly, Cork
Triple Jump	Max Clover	Bandon, Cork
	Josh Devlin	Emerald, Limerick
	Daire Bohane	Skibbereen, Cork
Shot Put	Liam Rohan	An Ríocht, Kerry
	Chucks Onyeka	Belgooly, Cork
	Asron Crean	Tralee Harriers, Kerry
	Fintan O' Grady	Fanahan McSweeney
Pole Vault	NONE	
Javelin	Kevin O' Shea	Farranfore Maine Valley, Kerry
	Phoenix O' Farrell-Rooney	Borrisokane, Tipperary
	Eddie Raicevic	Finisk Valley, Waterford
	Darragh Thornton	Ferrybank Waterford

AAI PROVINCIAL SQUADS 2024 – Munster Performance squad athletes (U 16- U20 2024 age groups- Top 4 at provincial champs) from outdoor and XC results.

Discus	Fintan O' Grady	Fanahan McSweeney, Cork
	Liam Rohan	An Ríocht, Kerry
	Kevin O' Shea	Farranfore Maine Valley
	Cayden Scanlan	Finisk Valley, Waterford
Hammer	Jack Tierney	Borrisokane, Tipperary
	Fintan O' Grady	Fanahan McSweeney, Cork
	Cayden Scanlan	Finisk Valley, Waterford
	Luke Thompson Dwyer	Templemore Tipperary
Relay 4x100m	NONE	
Girls U17	Name	Club
100m	Éaanna Iseult Ní Huigín	Dooneen, Limerick
	Faye Scriven	Leevale, Cork
	Louise Mullins	Leevale, Cork
	Grainne Kennedy	Ennis Track, Clare
100mH	Ruby Cummins	Bandon, Cork
	Eilis McHugh	Ferrybank, Waterford
	Maebh Kelly	Ennis Track, Clare
	Cassandra Abullo	Waterford
300mH	Eilis McHugh	Ferrybank, Waterford
	Louise Mullins	Leevale, Cork
	Sadbh Connolly	Nenagh Olympic, Tipperary
	Sintja Sarovska	Leevale, Cork
200m	Faye Scriven	Leevale, Cork
	Emer Brennan	Clonmel, Tipperary
	Éanna Iseult Ní Huigín	Dooneen, Limerick
	Ava Flavin	Finisk Valley Waterford
400m	Lauren Dinan	Leevale, Cork
	Sarah O' Halloran	Limerick AC
	Caoimhe Gray-Walsh	Carraig-Na-BhFear, Cork
	Gabriella Flynn	Ennis Track Clare
800m	Lauren Dinan	Leevale, Cork
	Meabh O' Connor	An Ríocht, Kerry
	Sarah O' Halloran	Limerick AC
	Caoimhe Gray-Walsh	Carraig-Na-BhFear, Cork
1500m	Alana Spillane	Moyne, Tipperary
	Rebecca O' Neill	West Muskerry, Cork
	Sadhbh Cronin	Midleton, Cork
	Orlaith Murray	Togher Cork
3000m	Alana Spillane	Moyne, Tipperary
	Chloe-Ann O' Callaghan	Durrus, Cork
	Cara Leahy	Lios Tuathail, Kerry

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	Emily Singleton	Ennis Track Clare
2000m S/C	Ella Dinan	Leevale, Cork
3000m Walk	Aoife Martin	Carraig-Na-BhFear, Cork
High Jump	Ellis McHugh	Ferrybank, Waterford
	Isabel Maher	Ennis Track, Clare
	Naimh Madden	Nenagh Olympic Tipperary
Long Jump	Tally Collins	Lios Tuathail, Kerry
	Jana Moull	Waterford AC
	Laoise Cummins	Finisk Valley, Waterford
	Ella Kennedy	Ferrybank, Waterford
Triple Jump	Ellis McHugh	Ferrybank, Waterford
	Kayla Connellan	Ennis Track, Clare
	Maebh Kelly	Ennis Track, Clare
Shot Put	Niamh Madden	Nenagh Olympic, Tipperary
	Méabh O' Connell	Blarney/Iniscarra, Cork
	Eimer Ryan	Dooneen, Limerick
	Jana Moull	Waterford
Pole Vault	Olive Burger	Leevale, Cork
	Anna O' Shea	Killarney Valley, Kerry
Javelin	Elaine O' Sullivan	Skibbereen, Cork
	Eimer Ryan	Dooneen, Limerick
Discus	Méabh O' Connell	Blarney/Iniscarra, cork
	Abby Barnes	Blackwater, Waterford
	Niamh Madden	Nenagh Olympic Tipperary
Hammer	Meghan Sheahan	Gneeveguilla Kerry
	Aoibhin O' Sullivan	Abbey Striders, Cork
	Ciara Carr	Templemore, Tipperary
Relay 4x100m	Ferrybank	Waterford
	Dooneen	Limerick
	Ennis Track	Clare

AAI PROVINCIAL SQUADS 2024 – Munster Performance squad athletes (U 16- U20 2024 age groups- Top 4 at provincial champs) from outdoor and XC results.

Relay 4x400m	Moyne	Tipperary
Mixed Relay 4x400m	NONE	

Boys U17	Name	Club
100m	Joe Burke	Templemore, Tipperary
	Gabriel Ebo	Midleton, Cork
	Sizothini Ndhlovu	Dooneen, Limerick
	Benjamin Deegan	Nenagh Olympic Tipperary
100mH	Wojciech Fraczek	Midleton, Cork
300mH	Wojciech Fraczek	Midleton, Cork
	Benjamin Deegan	Nenagh Olympic, Tipperary
200m	Joe Burke	Templemore, Tipperary
	Sizothini Ndhlovu	Dooneen, Limerick
	Benjamin Deegan	Nenagh Olympic, Tipperary
	Gabriel Ebo	Midleton Cork
400m	Dylan O' Callaghan	Lios Tuathail, Kerry
	Tadhg Purcell	Limerick AC
	Josh O' Mahony	Leevale, Cork
	Robert Sheehan	Limerick AC
800m	Dylan O' Callaghan	Lios Tuathail, Kerry
	Daniel Golden	Leevale, Cork
	Dylan Bergin	Nenagh Olympic, Tipperary
	Ruairi Walshe	Nenagh Olympic, Tipperary
1500m	Ben O' Reilly Murphy	Cork City AC
	Ethan Wyse	Togher, Cork
	Stephen O' Hara	Waterford AC
	Iain Buckley	Leevale, Cork
3000m	Ben O' Reilly Murphy	Cork City AC
	Stephen O' Hara	Waterford AC
	Ruairí Walshe	Nenagh Olympic, Tipperary
2000m S/C	NONE	
3000m Walk	NONE	

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High Jump	Rian Walsh	Tralee Harriers, Kerry
Long Jump	Ryan Onoh	Leevale, Cork
	Eoin Malik	St. Brendan's, Kerry
	Dominik Wasila	Killarney Valley, Kerry
	Darragh McNamara	Newport Tipperary
Triple Jump	Eoin Malik	St. Brendan's, Kerry
Shot Put	Kieran Keane	An Ríocht, Kerry
	Oscar Naughton	Leevale, Cork
	Rian Walsh	Tralee Harriers
	Fionn Griffin	Newport Tipperary
Pole Vault	Oscar Naughton	Leevale, Cork
Javelin	Oscar Naughton	Leevale, Cork
	Eoin Malik	St. Brendan's, Kerry
Discus	Oscar Naughton	Leevale, Cork
	Kieran Keane	An Ríocht, Kerry
	Joe Brice	Leevale, Cork
	Tomas Max	Templemore Tipperary
Hammer	Tomas Max	Templemore, Tipperary
Relay 4x100m	Dooneen	Limerick
Relay 4x400m	NONE	
Mixed Relay 4x400m	NONE	

AAI PROVINCIAL SQUADS 2024 – Munster Performance squad athletes (U 16- U20 2024 age groups- Top 4 at provincial champs) from outdoor and XC results.

Girls U18	Name	Club
100m	Elena O' Sullivan	Leevale, Cork
	Róise Gavan	Limerick AC
	Sophie Mulcahy	Leevale, Cork
	Orla O' Shaughnessy	Emerald Limerick
100mH	Petra Igwe	Ferrybank, Waterford
	Ellie Vaughan Reddan	Leevale, Cork
	Aoife Callan	Bandon, Cork
400mH	Caoimhe Byrne O' Connell	Ennis Track, Clare
	Caoimhe Murphy	Tramore, Waterford
	Ellie Vaughan Reddan	Leevale, Cork
200m	Róise Gavan	Limerick AC
	Sophie Mulcahy	Leevale, Cork
	Sophie Walker	Newport, Tipperary
	Orla O' Shaughnessy	Emerald Limerick
400m	Sophie Walker	Newport, Tipperary
	Mollie O' Riordan	Killarney Valley, Kerry
	Ciara Delaney	Skibbereen, Cork
	Caoimhe Murphy	Tramore Waterford
800m	Gemma Galvin	Ennis Track, Clare
	Ciara Delaney	Skibbereen, Cork
	Katie Hennessy	Midleton Cork
	Caoimhe Carolan	Ballymore Cobh Cork
1500m	Gemma Galvin	Ennis Track, Clare
	Katie Hennessy	Midleton, Cork
	Saoirse Twomey	West Muskerry, Cork
	Lily Manning	Belgooly Cork
3000m	Saoirse Twomey	West Muskerry, Cork
	Hannah Smith	Leevale, Cork
	Olive O' Flynn	Bandon, Cork
	Lily Manning	Belgooly Cork
2000m S/C	NONE	
3000m Walk	Lusaí De Faoite	Kenmare, Kerry
	Ellie Barry	St. Catherine's, Kerry
	Éabha Hickey	West Waterford AC
High Jump	Clodagh Donohoe	Nenagh Olympic, Tipperary
	Tiggy Hanafin	Leevale, Cork
Long Jump	Aoife Callan	Bandon, Cork
	Petra Igwe	Ferrybank, Waterford
	Caoimhe Murphy	Tramore, Waterford
	Eimear Meany	Blackwater Waterford
Triple Jump	Clodagh Donohoe	Nenagh Olympic, Tipperary

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	Catherine O' Donnell	Finisk Valley, Waterford
	Ailbhe Morley	Finisk Valley, Waterford
Shot Put	Clara Minitier	Nenagh Olympic, Tipperary
	Rebecca Walsh	Leevale, Cork
	Saorlaith Murphy	West Muskerry, Cork
	Diana Rose Coakley	Skibbereen Cork
Pole Vault	Gráinne Cronin	Leevale, Cork
Javelin	Aoife Callan	Bandon, Cork
	Katie Kingston	Leevale, Cork
	Clara Minitier	Nenagh Olympic, Tipperary
Discus	Rebecca Walsh	Leevale, Cork
	Niamh O' Shea	Farranfore Maine Valley, Kerry
	Diana Rose Coakley	Skibbereen, Cork
	Clara Minitier	Nenagh Olympic Tipperary
Hammer	Diana Rose Coakley	Skibbereen, Cork
Relay 4x100m	Ferrybank	Waterford

Boys U18	Name	Club
100m	Luke Calitz	Limerick AC
	Ronan Ryan	Nenagh Olympic, Tipperary
	David Ebo	Midleton, Cork
	Joshua Mainoo	Dooneen Limerick
110mH	NONE	
400mH	Stuart Tobin	Nenagh Olympic, Tipperary
200m	Luke Calitz	Limerick AC
	David Ebo	Midleton, Cork
	Ronan Ryan	Nenagh Olympic, Tipperary
	Kenneth Blower	Newport Tipperary
400m	Sam Hegarty	Togher, Cork

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800m	Jack O' Rourke	Leevale, Cork
	Jack Crowley	Dooneen, Limerick
	Leo Murray	Togher, Cork
1500m	Diarmuid Moloney	Nenagh Olympic, Tipperary
	Jack Crowley	Dooneen, Limerick
	Finnian Lawton	Durrus, Cork
	Shane Byrne	Togher Cork
3000m	Diarmuid Moloney	Nenagh Olympic, Tipperary
	Finnian Lawton	Durrus, Cork
	Zach Walshe	St. Brendan's, Kerry
3000m S/C	Daniel Dollard	Bandon, Cork
	Kevin Looney	Killarney Valley, Kerry
5000m Walk	NONE	
High Jump	Diarmuid Bannon	Leevale, Cork
Long Jump	Ryan Ronan	Nenagh Olympic, Tipperary
	Bao Foley	Tralee Harriers, Kerry
	Conor Crean	Tralee Harriers, Kerry
	Joshua Mainoo	Dooneen Limerick
Triple Jump	NONE	
Shot Put	Morgan Deasy	Borrisokane, Tipperary
	Eoin O' Callaghan	Bandon, Cork
	Jeffrey Myles	Templemore, Tipperary
	Conor Crean	Tralee Harriers Kerry
Pole Vault	Alex Neff	Leevale, Cork
Javelin	Eoin O' Callaghan	Bandon, Cork
	Conor Crean	Tralee Harriers, Kerry
Discus	Morgan Deasy	Borrisokane, Tipperary
	Eoin O' Callaghan	Bandon, Cork
	Jeffrey Myles	Templemore, Tipperary
	Diarmuid Bannon	Leevale Cork
Hammer	Bobbie Gleeson	Templemore, Tipperary

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	Jeffrey Myles	Templemore, Tipperary
Relay 4x100m	An Ríocht	Kerry
Relay 4x400m	NONE	

Girls U19	Name	Club
100m	Hannah Falvey	Belgooly, Cork
	Mia Casey	Ferrybank, Waterford
	Sarah O' Connell	St. Catherine's, Cork
100mH	Leagh Moloney	Dooneen, Limerick
400mH	NONE	
200m	Hannah Falvey	Belgooly, Cork
	Annabelle Walsh	Ferrybank, Waterford
	Mia Casey	Ferrybank, Waterford
400m	Zoe Conway	Leevale, Cork
800m	Zoe Conway	Leevale, Cork
1500m	Elsa Ryan	Midleton, Cork
	Noelle Dillon	Lios Tuathail, Kerry
	Nicola O' Sullivan	Togher, Cork
3000m	Grace O' Meara	Killarney Valley, Kerry
	Grace Rynne	Ennis Track, Clare
	Noelle Dillon	Lios Tuathail, Kerry
3000m S/C	Grace Rynne	Ennis Track, Clare

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3000m Walk	Aoife Tuthill	Bandon, Cork
	Doireann Hickey	West Waterford AC
High Jump	Maeve Fleming	Leevale, Cork
	Annabelle Walsh	Ferrybank, Waterford
Long Jump	Leagh Moloney	Dooneen, Limerick
	Sarah O' Connell	St. Catherine's, Cork
Triple Jump	Leagh Moloney	Dooneen, Limerick
	Isabelle Kennedy	Waterford AC
Shot Put	Aoibhínn Harte	Lios Tuathail, Kerry
Pole Vault	NONE	
Javelin	Jade Barry	Carrick-On Suir, Tipperary
Discus	Averil Buckley	Finisk Valley, Waterford
	Saoirse Quinn	West Waterford AC
	Aoibhínn Harte	Lios Tuathail, Kerry
	Orna O' Sullivan	Abbey Striders, Cork
Hammer	Eadaoin Towey	Fanahan McSweeney
	Averil Buckley	Finiak Valley, Waterford
	Orna O' Sullivan	Abbey Striders, Cork
Relay 4x100m	NONE	
Relay 4x400m	NONE	

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Mixed Relay 4x400m	NONE	
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Boys U19	Name	Club
100m	Cian O' Brien	Killarney Valley, Kerry
	David Idunorba	Belgooly, Cork
110mH	NONE	
	NONE	
400mH		
200m	Lamine Diarrassouba	Dooneen, Limerick
	Cian O' Brien	Killarney Valley, Kerry
	Patrick Corkery	Leevale, Cork
400m	Lamine Diarrassouba	Dooneen, Limerick
	Aodán MacConsaidín	West Clare and Fitness, Clare
	Ruaidhrí Boyle	Carraig-Na-BhFear, Cork
	Luke Savage	Waterford AC
800m	Roman Borkowski	North Cork, Cork
	Luke Savage	Waterford AC
	Cormac Murphy	North Cork, Cork
	Iarlaith McElroy	Ennis Track Clare
1500m	Ryan McCarthy	Leevale, Cork
	Roman Borkowski	North Cork, Cork
	Alan McCutcheon	Dooneen, Limerick
	James Dillon	Lios Tuathail, Kerry
3000m	Alan McCutcheon	Dooneen, Limerick
	James Dillon	Lios Tuathail, Kerry
	Dubhalta MacMurchadha	West Waterford AC
3000m S/C	NONE	
5000m Walk	NONE	
High Jump	Tom Feerick	Finisk Valley, Waterford
	David Idunorba	Belgooly, Cork

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Long Jump	Keelan Veerasoo	Killarney Valley, Kerry
Triple Jump	Keelan Veerasoo	Killarney Valley, Kerry
	David Flynn	Leevale, Cork
Shot Put	Corey Scanlan	Finiak Valley, Waterford
Pole Vault	NONE	
Javelin	NONE	
Discus	Corey Scanlan	Finisk Valley, Waterford
	Tom Feerick	Finisk Valley, Waterford
	Eoghan O' Brien	West Waterford AC
Hammer	Corey Scanlan	Finisk Valley, Waterford
Relay 4x100m	NONE	
Relay 4x400m	NONE	
Mixed Relay 4x400m	NONE	

Women U20	Name	Club
100m	Mia Casey	Ferrybank, Waterford
	Aoife Ryan	Limerick AC

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	Orla O' Sullivan	Killarney Valley, Kerry
100mH	Leagh Moloney	Dooneen, Limerick
200m	NONE	
400m	Caoimhe Murrphy	Tramore, Waterford
	Caoimhe Gray-Walsh	Carraig-Na-BhFear
	Aoife Ryan	Limerick AC
400mH	NONE	
800m	Caoimhe Gray-Walsh	Carraig-Na-BhFear, Cork
1500m	Avril Millerick	Youghal, Cork
3000m	Anna Towns	Durrus, Cork
3000m Walk	NONE	
3000m S/C	Caoimhe Flannery	Skibbereen, Cork
(2000m S/C Munst)	Katie Hennessy	Midleton, Cork
	Grace Rynne	Ennis Track, Clare
High Jump	Ava Rochford	Nenagh Olympic, Tipperary
Long Jump	Leagh Moloney	Dooneen, Limerick
	Petra Igwe	Ferrybank, Waterford
	Eimear Meany	Blackwater, Waterford
	Catherine O' Donnell	Finisk Valley, Waterford

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Triple Jump	Leagh Moloney	Dooneen, Limerick
	Catherine O' Donnell	Finisk Valley, Waterford
	Ailbhe Morley	Finisk Valley, Waterford
Shot Put	Kotryna Pacerinskaite	Fanahan McSweeney, Cork
	Niamh Madden	Nenagh Olympic, Tipperary
Pole Vault	Olive Burger	Leeevale, Cork
	Anna O' Shea	Killarney Valley, Kerry
	Grainne Cronin	Leevale, Cork
Javelin	Jade Barry	Carrick-On-Suir, Tipperary
Discus	Méabh O' Connell	Blarney/Iniscarra, Cork
	Aoibhínn Harte	Lios Tuathail, Kerry
Hammer	Kotryna Pacerinskaite	Fanahan McSweeney, Cork
	Kaley Cozens	Templemore, Tipperary
	Orna O' Sullivan	Abbey Striders, Cork
Weight for Distance	Kotryna Pacerinskaite	Fanahan McSweeney, Cork
	Sula Burger	Leevale, Cork
	Aoibhínn Harte	Lios Tuathail, Kerry
	Niamh Madden	Nenagh Olympic Tipperary
Relay 4x100m	NONE	
Relay 4x400m	NONE	

Men U20	Name	Club
100m	Joe Burke	Templemore, Tipperary
	Kyle Kamdem	Leevale, Cork
	Rex Nyamakazi	Limerick AC
110mH	Sean Carmody	Leevale, Cork
200m	Joe Burke	Templemore, Tipperary

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	Leon Ewere	Unattached?
	Rex Nyamakazi	Limerick AC
	Daithi Gallagher	Limerick AC
400m	NONE	
400mH	Ruaidhri Boyle	Carraig-Na-BhFear, Cork
800m	Luke Savage	Waterford AC
1500m	Jack O' Rourke	Leevale, Cork
	Iain Buckley	Leevale, Cork
	Brian Hawkins	Carraig-Na-BhFear, Cork
5000m	Aaron Lynch	West Limerick AC
	Brian Hawkins	Carraig-Na-BhFear, Cork
5000m Walk	Shane Byrne	Togher, Cork
3000m S/C	NONE	
High Jump	NONE	
Long Jump	David Igwe	Ferrybank, Waterford
Triple Jump	Aaron O' Connor	Limerick AC
	David Igwe	Ferrybank
Shot Put	Kieran Keane	An Ríocht, Kerry
	Corey Scanlan	Finiak Valley, Waterford
	Morgan Deasy	Borrisokane, Tipperary

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	Fionn Griffin	Newport Tipperary
Pole Vault	Joshua Fitzgerald	Leevale, Cork
	Alex Neff	Leevale, Cork
	Oscar Naughton	Leevale, Cork
Javelin	Andrew Scanlon	Leevale, Cork
Discus	Corey Scanlan	Finisk Valley, Waterford
	Jeffrey Myles	Templemore, Tipperary
	Joe Brice	Leevale, Cork
Hammer	Corey Scanlan	Finisk Valley, Waterford
	Bobbie Gleeson	Templemore, Tipperary
	Jeffrey Myles	Templemore, Tipperary
Weight for Distance	Morgan Deasy	Borrisokane, Tipperary
Weight for Height	NONE	
Relay 4x100m	NONE	
Relay 4x400m	NONE	

CROSS COUNTRY RESULTS

GIRLS	Name	Club
U16 4000m	Freya Bateman	Belgooly, Cork
	Emma Haugh	Fergus, Clare
	Ciara Rohan	Waterford AC
	Faye Mannion	Ennis Track Clare
U17 4500m	Jennifer O' Leary	Nenagh Olympic, Tipperary
	Fia De Paor	West Waterford AC
	Caoimhe Flannery	Skibbereen, Cork
	Eanna Duff	West Muskerry Cork
U18 5000m	Caoimhe Flannery	Skibbereen, Cork
	Niamh Cusack	Waterford AC

AAI PROVINCIAL SQUADS 2024 – Munster Performance squad athletes (U 16- U20 2024 age groups- Top 4 at provincial champs) from outdoor and XC results.

	Katie Hennessy	Midleton, Cork
	Gemma Galvin	Ennis Track, Clare
U19 5000m	Alex Cashman	Youghal, Cork
	Lucy O' Flynn	Bandon, cork
	Holly O' Boyle	Ennis Track, Clare
	Grace Rynne	Ennis Track Clare
U20 4000m	Neasa Ní Ainifein	Ennis Track, Clare
	Ella Collins	Bandon, Cork
	Laura Cooney	Clonmel, Tipperary
	Caoimhe Flannery	Skibbereen Cork
BOYS	Name	Club
U16 4000m	Kevin Finn	Nenagh Olympic, Tipperary
	Andrew Hinds	Togher, Cork
	Liam O' Driscoll	Riverstick/Kinsale, Cork
	Finn Yore	West Mukerry Cork
U17 4500m	Diarmuid Moloney	Nenagh Olympic, Tipperary
	Kevin Finn	Nenagh Olympic, Tipperary
	Leo Murray	Togher, Cork
	Daire O' Donnell	Nenagh Olympic, Tipperary
U18 5000m	Diarmuid Moloney	Nenagh Olympic, Tipperary
	Oisin Lynch	Killarney Valley, Kerry
	Leo Murray	Togher, Cork
	Eoghan O' Connor	Belgooly Cork
U19 5000m	Cian Hodgins	Nenagh Olympic, Tipperary
	William Verling	St. Nicholas, Cork
	Peter Farrell	Ennis Track, Clare
	Thomas Bergin	Nenagh Olympic, Tipperary
U20 6000m	Sean Lawton	Durrus, Cork
	Luke Purcell	Nenagh Olympic, Tipperary
	Barry Conway	Ennis Track, Clare
	Robert Troy	Liscarroll Cork