



123.ie

**NATIONAL SENIOR, U20 , U23
& JUVENILE EVEN AGE
Necarne Castle, Irvinestown
SUNDAY 17th NOVEMBER 2024**

Provisional Times

EVENT	DISTANCE	START
GIRLS U12	2,000m	11:30am
BOYS U12	2,000m	11:45am
GIRLS U14	3,000m	12:00pm
BOYS U14	3,000m	12:20pm
GIRLS U16	4,000m	12:40pm
BOYS U16	4,000m	13:00pm
GIRLS U18 & U20 WOMEN	4,500m	13:20pm
BOYS U18 & U20 MEN	4,500m	13:45pm
SENIOR & U23 WOMEN	7,500m	14:10pm
SENIOR & U23 MEN	7,500m	14:50pm