

World Race Walking Tour Bronze
Irish 35km RW Championships
Irish U20 & Masters 10km RW Championships
Rob Heffernan RW Academy Winter Series
Raheny, Dublin, December 15th, 2024
Startlists

11am 35km Walk Senior Men

Course Record

2.31.54	Perseus KARLSTRÖM	Sweden	2021
	Joe MOONEY	Adamstown A.C.	
	Ross ALEXANDER	Coolquill A.C.	
	Oisin LANE	Mullingar Harriers A.C.	
	Caio BONFIM	Brazil	
	Max Batista GONCALVES DOS SANTOS	Brazil	
	Joao Victor SILVA MAGALHAES	Brazil	
	Diego PEREIRA LIMA	Brazil	
	Mattéo DUC	France	
	Kevin CAMPION	France	
	Nathaniel SEILER	Germany	
	Georgios KELEPOURIS	Greece	
	Bence VENYERCSAN	Hungary	
	Sandeep KUMAR	India	
	Massimo STANO	Italy	
	Julio Cesar SALAZAR	Mexico	
	Ricardo ORTIZ	Mexico	
	Ismael Antonio BERNAL	Mexico	
	Ihor HLAVAN	Ukraine	



11am 35km Walk Senior Women

Course Record

3.05.10	Agnieszka ELLWARD	Poland	2022
	Kate VEALE	West Waterford A.C.	
	Elianay PEREIRA	Brazil	
	Gabriela DE SOUZA MUNIZ	Brazil	
	Magaly Beatriz BONILLA	Ecuador	
	Anett TORMA	Hungary	
	Priyanka GOSWAMI	India	
	Federica Curiazzi	Italy	
	Valeria ORTUNO	Mexico	
	Yadira FRANCO	Mexico	
	Alejandra ORTEGA	Mexico	
	Zelda BOTHA	South Africa	
	Jessica GROENWALD	South Africa	

12 Noon 20km Walk Senior Women

Course Record

1.31.42	Mária CZAKOVÁ	Slovakia	2023
	Souad AZZI	Algeria	
	Marion MANARESI	France	
	Emily GHOSE	Great Britain	
	Grazia MANZOTTI	Great Britain	
	Abigail JENNINGS	Great Britain	
	Silvia Jerono KEMBOI	Kenya	
	Naomi JEPKIRUI	Kenya	
	Jacqueline AMOIT	Kenya	
	Arely ENRIQUEZ	Mexico	
	Vitoria OLIVEIRA	Portugal	
	Karla Ximena SERRANO	Mexico - U23	
	Bruna MARQUES	Portugal -U23	
	Erika PONTAROLLO	Great Britain -10km	
	Siobhan DOHERTY	Tír Chonaill A.C. - 10km	



12 Noon 20km Walk Men

Course Record

1.18.39	Perseus KARLSTRÖM	Sweden	2023
	David KENNY	Farranfore Maine Valley A.C.	
	Matthew GLENNON	Mullingar Harriers A.C.	
	Sohail Abderahmane ALOUI	Algeria	
	Tomas VOJTISEK	Czech Republic	
	Misgana WAKUMA	Ethiopia	
	Jerry JOKINEN	Finland	
	Jaakko MAATTANEN	Finland	
	Luc LEGON	Great Britain	
	Callum WILKINSON	Great Britain	
	Andreas PAPASTERGIOU	Greece	
	Norbert TOTH	Hungary	
	Michele ANTONELLI	Italy	
	Samuel GATHIMBA	Kenya	
	Carlos MERCENARIO	Mexico	
	Carlos Alberto OLIVARES	Mexico	
	Cesar Cordova FERNANDEZ	Mexico	
	André VAN SLOOTEN	Netherlands	
	Joao VIEIRA	Portugal	
	Wayne SNYMAN	South Africa	
	Javier DE ARRIBA CASTILLA	Spain	
	Dan NEHEVAJ	USA	
	Ayoub ESSARGHINI	Morocco - 10km	
	Dávid TOKODI	Hungary - 10km	

12 Noon U20 Men 10km Walk

Course Record

43.58	Matthew Glennon	Ireland	2021
	Seamus CLARKE	Moy Valley A.C.	
	Andrew GLENNON	Mullingar Harriers A.C.	
	John GLENNON	Mullingar Harriers A.C.	
	Evan WALSH	St. Joseph's A.C.	
	Matthew NEWELL	Tuam A.C.	
	Ghazrani AYOUB	Morocco	
	Mohamed MANSOURI	Morocco	
	Leandro SILVA	Portugal	
	Jake O'BRIEN	Moy Valley - U23	



11am U20 Women 10km Walk

Course Record

50.51	Ivana DUDOVÁ	Slovakia	2023
	Aoife TUTHILL	Bandon A.C.	
	Ciara WILSON BOWEN	Dundrum South Dublin A.C.	
	Beabhin HOSTY	Loch Lurgan A.C.	
	Siobhan O'REILLY	Moy Valley A.C.	
	Aisling LANE	Mullingar Harriers A.C.	
	Sinead MAHER	South Galway A.C.	
	Savanagh O'CALLAGHAN	Tuam A.C.	
	Gracie GRIFFITHS	Great Britain	
	Natasha MITCHELL	Great Britain	
	Jessica WILTON	Great Britain	
	Latifa AARABI	Morocco	
	Alessia POP	Romania	

11am U23 Women 10km Walk

Méabh O CONNOR	Waterford A.C. - U23
Éabha DE FAOITE	Kenmare A.C. - U23
Rachel BOUQUIN	France -U23
Hannah HOPPER	Great Britain -U23

11am U18 Girls 5km

Course Record

23.49	Alessia POP	Romania	2023
	Juliet BIGGS	Bandon A.C.	
	Aoife MARTIN	Carraig-Na-Bhfear A.C.	
	Maria COONE	D.M.P. A.C.	
	Julia LEBEAU	France	
	Lusai DE FAOITE	Kenmare A.C.	
	Robin Og MURPHY	Longford A.C.	
	Hafsa EZATI	Morocco	
	Ellie BARRY	St. Catherine's A.C.	
	Lily RYAN	St. Joseph's A.C.	
	Ciara GILMORE	Tuam A.C.	
	Holly SHAUGNESSY	Tuam A.C.	
	Eabha HICKEY	West Waterford A.C.	



11am U20 Girls 5km

Keelin DUGGAN
Doireann HICKEY
Saoirse KENNEDY

St. Senans A.C.
West Waterford A.C.
Celbridge A.C

11am U16 Girls 5km**Course Record**

25.34 Savanagh O'Callaghan Ireland 2023

Robyn MAHER
Anna MULLINS
Niamh CLARKE
Leah O GARA
Pearl SANDS
Lillian O BRIEN
Deea IOANOVICI
Ann DOYLE
Amy WALSH

Carraig-Na-Bhfear A.C.
Carraig-Na-Bhfear A.C.
Clonmel A.C.
Finn Valley A.C.
Moy Valley A.C.
Moy Valley A.C.
Romania
South Galway A.C.
St. Joseph's A.C.

12 Noon U16 & U18 Boys 5km Walk**Course Record**

22.14 Seamus Clarke Ireland 2023

Daniel GLENNON
Ciaran KELLEHER
Reda HADAT
Panagiotis SALTIS
Luke FITZMAURICE

Mullingar Harriers A.C. - U16
South Galway A.C.-U16
Morocco -U18
Greece -U18
North Leitrim A.C. - U18



1pm U14 & U16 Girls 3km Walk

Course Record

15.21	Karen Mulvaney Kelly	Ireland	2022
	Cliodhna NI CHONAILL	Castlegar A.C.	
	Siun MORRISSEY	Cork City A.C.	
	Faye CARROLL	Cork City A.C.	
	Millie HOASHI	Dunboyne A.C.	
	Aoife MCGRANAGHAN	Finn Valley A.C.	
	Elizabeth VARSBERGA	Galway City Harriers A.C. -U18	
	Holly KEARNS	Naas A.C.	
	Kerry WIDGER	St. Senans A.C.	
	Taillte O'CALLAGHAN	Tuam A.C.	
	Caoimhe PHELAN	Tuam A.C.	
	Sophie BERESFORD	West Waterford A.C.	
	Sophie DAVIDSON	Great Britain	
	Shyna PATEL	USA	
	Katrīna OSE	Latvia - U14	
	Alexia Bercea	Romania	

1pm U16 Boys 3km Walk

Course Record

14.02	Matthew Newell	Ireland	2022
	Sean WALSH	Adamstown A.C.	
	Joseph HANLEY	Glaslough Harriers A.C.	
	Gareth GLENNON	Mullingar Harriers A.C. -U14	
	Senan MARKEY	Tír Móna A.C.	
	Ryan MC DEVITT	Metro/St. Brigids A.C.	



1.40pm U14 Girls 2km Walk

Course Record

10.24

Shyna Patel

USA

2023

Anna WALSH
Emma MADDEN
Hazel DINKIN
Lauren FERGUSON
Caitlin GARVEY
Molly MURPHY
Rachel MC DEVITT
Zoe MALQUORI
Keeva KILDUNNE
Nora WALSH
Emma WALSH
Lucy AYLWARD
Molly BRANDON
Teagan ROONEY
Róisín STEEDE DUFFY
Emma HOWSON
Emily HESSION
Cuisle O'CALLAGHAN
Grace ANDREWS
Maisy MCGENITY
Isabelle-Grace WILSON
Karlina BESTA
Natalia GAVRILOVIC
Letitia BAITZ

Adamstown A.C.
Castlegar A.C.
Clare River Harriers A.C.
Clongriffin A.C. - U16
Dooneen A.C.
Longford A.C.
Metro/St. Brigids A.C.
Metro/St. Brigids A.C.
Metro/St. Brigids A.C.
South Galway A.C.
St. Joseph's A.C.
St. Senans A.C.
Tuam A.C.
Tuam A.C.
Tuam A.C.
Tuam A.C.
Tuam A.C.
Tuam A.C.
Great Britain
Great Britain
Great Britain
Latvia
Romania
Romania



1.40pm U14 Boys 2km Walk

Course Record

10.42	Sean Walsh	Ireland	2023
	Dylan MADDEN	Castlegar A.C. - U12	
	Saiin PATEL	USA - U12	
	Patrick HANLEY	Glaslough Harriers A.C.	
	Reuben O DOMHNAILL	Letterkenny A.C.	
	Conor BRENNAN	Longford A.C.	
	Seán MCNULTY	Metro/St. Brigids A.C.	
	Liam BEGLEY	Metro/St. Brigids A.C.	
	Michael DOYLE	Moyne A.C.	
	Tadhg O CALLAGHAN	St. Senans A.C.	
	Grofu NEWELL	Tuam A.C.	

1.50pm U12 Girls 1km Walk

Course Record

5.55	Ava Dinkin	Ireland	2023
	Fia NI CHONAILL	Castlegar A.C.	
	Ava DINKIN	Clare River Harriers A.C.	
	Amy O'CALLAGHAN	Cork City A.C.	
	Mia O'TOOLE	Galway City Harriers A.C.	
	Melanija VARSBERGA	Galway City Harriers A.C.	
	Honor MANNION	South Galway A.C.	
	Anna COSTELLO	South Galway A.C.	
	Emily NEVIN	St. Joseph's A.C.	
	Liliana PHELAN	St. Joseph's A.C.	
	Ellie CONROY	St. Joseph's A.C.	
	Ellen KENNEDY	St. Joseph's A.C.	
	Lucy MELBOURNE	St. Joseph's A.C.	
	Ellie Mae AYLWARD	St. Senans A.C.	
	Aisling HICKEY	West Waterford A.C	
	Ameka EARDLEY	Great Britain	

1.50pm U12 Boys 1km Walk

Course Record

5.47 Joseph Hanley Ireland 2023

Owen GANNON	Athenry A.C.
Matthew CASSERLY	Castlegar A.C.
Sam KINSELLA	St. Joseph's A.C.

10.55am U9 & U11 Girls 500m Walk

Zoë MASSEY	Clonmel A.C.	Under 9
Amelia O'LOUGHLIN	Clonmel A.C.	Under 9
Harper LOWE	Clonmel A.C.	Under 9
Sarah KENNEDY	St. Joseph's A.C.	Under 9
Tara HEFFERNAN	Cork City A.C.	Under 11
Regan HEFFERNAN	Cork City A.C.	Under 11
Alice DILWORTH	Cork City A.C.	Under 11
Kiva GALLAGHER O'REILLY	Croghan A.C.	Under 11
Katie Lou CULLETON	St. Joseph's A.C.	Under 11
Lottie WIDGER	St. Senans A.C.	Under 11
Ruby Ó ROURKE	Tuam A.C.	Under 11
Eabha O CONNOR	Tuam A.C.	Under 11
Selena STAICU	Romania	Under 11

10.55am U11 Boys 500m Walk

Cillian MORRISSEY	Cork City A.C.
Tadhg MURPHY	Longford A.C.
Dylan MC DEVITT	Metro/St. Brigids A.C.
Edward CULLETON	St. Joseph's A.C.
Cumhall O'CALLAGHAN	Tuam A.C.
Adam SILKE	Tuam A.C.
Eoin O'CONNOR	Tuam A.C.
Tiarnach Costin	West Waterford A.C.
Harry RICHARDS	Great Britain



12 Noon Masters Men 5km Walk

Emmanuel TARDI	France -O/65
Paul DE MEESTER	USA - O65

12 Noon Masters Women 10km Walk

Maggiehelen O CONNOR	St. Joseph's A.C.	O50
Áine MCKENNA	St. Brendan's A.C.	O45
Sinead MC CONNELL	Finn Valley A.C.	O55
Ligjja CIRULE	Latvia	O35
Modra LIEPINA	Latvia	O35

12 Noon Masters Men 10km Walk

Nicolas PICARD	France	O40
Ross ALEXANDER	Coolquill A.C.	O40
Brian O'DOMHNAILL	Killybegs A.C.	O45
Colm WALSH	Mullingar Harriers A.C.	O45
Mohamed CADIMI	Sweden	O55
John Joe LAWLOR	St. Joseph's A.C.	O55
Modris LIEPINS	Latvia	O55
John LASTE	West Waterford A.C.	O60
David KISSANE	St. Brendan's A.C.	O70
Michael O'CONNOR	Farranfore Maine Valley A.C.	O75
Bobby KING	St. Coca's A.C.	O75