

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check-in opens at 08:30am

Check-in closes 9.15 a.m. (Sprints)

10.00 a.m.

Girls and Boys	12	60m	Heats
Girls and Boys	9	60m	
Girls and Boys	10	60m	
Girls and Boys	11	60m	

Finals U12 60m

Check-in closes 11.30 a.m. Middle Distance*

12.30 p.m.

Girls and Boys	11	600m
Girls and Boys	12	600m
Girls and Boys	9	300m
Girls and Boys	10	500m

Check-in closes 1.30 p.m. Relays*

2.30 p.m.

Girls	12	4x100m
Boys	12	4x100m
Girls	11	4x100m
Boys	11	4x100m
Girls	9	4x100m
Boys	9	4x100m
Girls	10	4x100m
Boys	10	4x100m

Check in Closes 1 hour prior to each start time

Long Jump

10.00 a.m.	Girls	11	(Pit 1)
	Boys	11	(Pit 2)
11.00 a.m.	Girls	9	(Pit 1)
	Boys	9	(Pit 2)
12.00 p.m.	Girls	12	(Pit 1)
	Boys	12	(Pit 2)
2.30 p.m.	Girls	10	(Pit 1)
	Boys	10	(Pit 2)

Turbo Javelin

10.00 a.m.	Girls	10	(Area 1)
	Boys	10	(Area 2)
11.00 a.m.	Girls	11	(Area 1)
	Boys	11	(Area 2)
1.00 p.m.	Girls	9	(Area 1)
	Boys	9	(Area 2)
3.00 p.m.	Girls	12	(Area 1)
	Boys	12	(Area 2)

High Jump

10.30 a.m.	Girls	12
2.00 p.m.	Boys	12

Shot Put (Outfield)

10.30 a.m.	Boys	12
1.15 a.m.	Girls	12

* 1st, 2nd and 3rd place will be determined on Heat times, i.e. No Finals