

University athletics have played important roles in the foundation and evolution of track and field in Ireland. The first athletics meeting took place in College Park on Saturday 28 February, 1857, under the auspices of Trinity College Dublin Football (rugby) Club, termed 'The Dublin University Football Club Foot Races'. This athletics meeting was only preceded by meetings organised by The Royal Military Academy, Woolwich, London in 1842 and at Exeter College, Oxford in 1850. What became known as "The College Races" continued through until 1986, except on eight occasions – 1878 and 1879 when the Board of the College refused permission because of a drunken riot by students in 1877, WWI (1915-1919) and 1921 because a female student spectator had been shot dead by an I.R.A. sniper from Nassau Street during a cricket match. The first All-Ireland Track and Field Championships were held in College Park under the auspices of Irish Champion Athletic Club on 7 July, 1873, with some 8,000 spectators watching 91 entries in the 13 events. Henry Wallace Doveton Dunlop, a Trinity graduate, was the founder of the I.C.A.C. His lasting achievement was the building of Lansdowne Road Rugby Ground, the oldest international rugby ground in the world, as a multi-sport complex for athletics, cricket, rugby, tennis, archery and bowls. College Park and Lansdowne Road would continue to be prime venues for international athletics matches and meetings and Irish championships for over a century. The Queen's University of Ireland was established formally by Royal Charter on 3 September 1850 as the degree-awarding body for the Queen's Colleges of Belfast, Cork and Galway, which had been established in 1845. Queen's College Cork held its first athletic sports on 14 May, 1869.

A proposition to hold an Inter-University Sports between Queen's University of Ireland and the University of Dublin, Trinity College, was first mooted in May 1872 with the intent to hold the meeting in Dublin in July 1872. It is not known what became of this original proposition. The subsequent proposal of Queen's University to hold the intervarsity event on 19 May 1873 was considered at the annual general meeting of Dublin University Athletic Club on 14 March, 1873. The proposal of Queen's University to found an 'Inter-University Contest' was met with a negative response from Trinity College, as it considered that the inaugural Irish Champion Athletic Club meeting in College Park would open the field to all University competition. Thus, Trinity College Dublin did not compete in the inaugural intervarsity championships in Cork, but instead hosted the inaugural Irish Champion Athletic Club Championships at the beginning of July. Nonetheless, the Queen's University inter-collegiate contest at the Cork Cricket Grounds, Mardyke between the Queens' Colleges Belfast, Cork and Galway [which nowadays are Queen's University of Belfast (Q.U.B.), University College Cork (U.C.C.) and the National University of Ireland Galway] was very successful. This was not only the first inter-collegiate athletics meeting held in Ireland, but also the world's first national intervarsity athletics meeting. Cork competed in scarlet and black, Galway in blue and white and Belfast in red, blue and gold. An estimated 2,500 spectators watched the athletics. Of the thirteen events on the programme, Cork won ten and Belfast three. In 1874 the Queen's inter-collegiate meeting was held in May in Belfast. There was then a hiatus for 38 years in intervarsity athletics for reasons obscured by the passage of time, while each of the Queen's Colleges and Trinity College continued to hold their own annual athletics meetings in which athletes from other colleges took part.

Intervarsity championships resumed in 1912, much due again to initiatives by U.C.C., with all bar University College Galway (U.C.G.) participating. The spirit to revive and augment these inter-university championships came at a time of increasing strife between the bodies administering Irish athletics (the G.A.A. and the I.A.A.A.), which the students of the universities wished to circumvent by holding championships under the auspices of their Athletic Unions. These championships continued in 1913 in Dublin and in 1914 in Belfast, again without U.C.G. Not for the only time in the history of Irish athletics, students put the best interests of athletic rivalry before politics. In commenting on the split between the two governing bodies, the *Irish Times* wrote "*Under these circumstances it must be said that the inception of the Inter-University Sports came at a most opportune time at what may, with accuracy, be described as a most critical point in Irish athletics*" and continued "*We shall welcome any developments which lead to increased intercourse between students of our various Universities*"!

The Great War (1914-18) intervened leading to suspension of intervarsity track and field for five years. The 1920 championships were hosted by Trinity College in College Park on the final day of a revitalised Trinity Week. The Championships in 1921 were to have been held in Cork, but because of a peak of violence in Co. Cork during the War of Independence they were moved to U.C.D.'s Terenure Grounds. In 1922 they were hosted by U.C.C. With the formation of the National Athletic and Cycling Association of Ireland (N.A.C.A.I.) in July 1922 through the amalgamation of the I.A.A.A. and the Athletic Council of the G.A.A., organisation of the annual intervarsity championships took place under its auspices. In 1924 the J.P. O'Sullivan Challenge Cup was inaugurated as the trophy for the winning men's team at the annual track and field championships and has been presented annually since then, except during WWII (1940-45) and in 2020 due to the coronavirus pandemic.

While one split in Irish athletics had been eliminated others were to follow. The foundation of the Northern Ireland Amateur Athletic Association in 1932 led to its rejection of the N.A.C.A.I. as an All-Ireland governing body for athletics. This North-South split was followed by the International Amateur Athletic Federation (I.A.A.F.) passing an amendment at its 12th Congress in Stockholm in August 1934 confining the authority of national governing bodies to the recognised international boundaries of nation states, a move that the N.A.C.A.I. rejected, which eventually led to its rustication from the I.A.A.F. and the formation of a new Irish Athletic body in 1937, the Amateur Athletic Union of Eire (A.A.U.E.), which gained formal recognition by the I.A.A.F. as the national governing body for athletics in the Republic of Ireland in 1938. The North-South split and the N.A.C.A.I. – A.A.U.E. split in the Ireland were to have consequences for intervarsity competition for 30 years. The 1933 intervarsity championships were the last to be contested by Q.U.B. until 1967. The 1936 intervarsity championships were hosted by U.C.D. at its new grounds at Belfield. The 1937 championships hosted by Trinity College in College Park were to be the last that T.C.D. participated in officially until 1962.

The National University of Ireland Colleges – U.C.D., U.C.C. and U.C.G. – remained aligned with the internationally ostracized



N.A.C.A.I., whereas T.C.D. joined the ranks of A.A.U.E. clubs and Q.U.B, the N.I.A.A.A. From 1937–1961, only the N.U.I. colleges participated in the annual intervarsity championships run under the auspices of the N.A.C.A.I., except for 1951. After extensive discussions between the Colleges of the National University of Ireland and the Council of the A.A.U.E., it was agreed that T.C.D. could compete in the 1951 Intersvarsities on the basis that the Intersvarsity Championships were held primarily between Universities and Colleges and not between affiliated athletics clubs as such and that membership of a University or College team depended on being a student of the University or College and not on being a member of an athletic club in the University or College, i.e., the intersvarsity championships were a 'closed' competition for students. This led to the N.I.A.A.A. demanding that the Trinity athletes who had competed be banned from international competition, which fortunately was not upheld by the I.A.A.F. The intersvarsity championships were not held from 1940–1945 due to 'emergency' regulations, transport restrictions and petrol rationing. Trinity College and Q.U.B. continued with their annual T&F match for the Londonderry Trophy, which had been inaugurated in 1925, even during WWII. With the exception of the WWII years, T.C.D. hosted matches against Scottish universities and reciprocated travel the following year and also sent teams to compete in the British Universities.

Students historically have used their ingenuity to circumvent regulation. The first attempt which allowed athletes from the National University and Queen's University Belfast to compete against each other during the split was the Mercury Club meeting in Belfast on 14 July, 1945. Cognisant that students of both universities could not compete against each other under N.I.A.A.A. laws or N.A.C.A.I. laws without the threat of suspension, Q.U.B. decided to form the Mercury Club composed of athletes of the five universities of Ireland and ran the fixture as a private meeting confined to members of the same occupation under Mercury Club laws, as provided for by a rule in the A.A.A Handbook. Thus University students, members of the same occupation, could compete against each other in such a meeting. The naming the umbrella club after Mercury (Hermes) was very appropriate as Mercury was also the patron of boundaries and of the travelers who cross them, of athletics and sports, and of weights and measures. The Mercury Club Championship took place with the blessing of the N.I.A.A.A. with Q.U.B., U.C.D. and U.C.C. competing. Trinity College was not able to compete at the meeting because there was no similar rule in the A.A.U.E. Handbook. However, Q.U.B.'s inventiveness was negated by a ruling made at a joint N.I.A.A.A.–A.A.U.E. meeting on 6 October, 1945 which left the Mercury Club dead in the water. Interestingly at the same joint meeting it was ruled that at meetings held under the laws of the Army Athletic Association, members of the Irish Armed Forces were not competing in such meetings voluntarily, but were commanded to represent their units, barracks or divisions by military officers, irrespective of any civilian Association these athletes might be affiliated to through athletic clubs of which they were members.

In November 1950 at a meeting in Trinity College, Dublin, an Irish Universities' Cross Country Board was set up with the objects of promoting intersvarsity cross country tests and selecting an inclusive Irish Universities cross-country team to compete in international matches against universities or university select teams from other countries. The Board would operate under A.A.U.E. and N.I.A.A.A. laws and would invite student athletes from all Irish universities to take part in its activities. While the intent was commendable, the practicalities were potentially contentious. Critics felt that it was an ill thought-out venture and a further wedge in the athletic dispute. Despite the fact that neither UCD nor UCC nor UCG were affiliated as clubs at that time to the N.A.C.A.I., athletes within these Colleges who might have been selected or invited to trials were affiliated to the N.A.C.A.I. through their local clubs. Thus, it was unclear how athletes affiliated to the N.A.C.A.I. could take part in such cross-country tests under the rules of the A.A.U.E. without leaving themselves open to suspension by the N.A.C.A.I. or how athletes affiliated to the A.A.U.E. or N.I.A.A.A. could compete against fellow students in the Colleges of the National University of Ireland without exposing themselves to suspension by their respective Associations.

Between 1946 and 1960 various attempts by the Universities in the Republic to enable intersvarsity competition on an All-Ireland basis or within the Republic of Ireland failed, but not from want of trying. Indeed on several occasions Trinity and U.C.D. athletes were sanctioned by their respective Associations. While T.C.D. did participate in the Intersvarsities Championships in 1951, as previously mentioned, this only led to a further closing of the door by the athletic authorities. U.C.D., denied international competition since 1937, pushed the concept of collegiate athletics being 'closed' competition without the control of national governing bodies by competing in the International Catholic Universities' Cross-Country Championships at Rheims, France, in February, 1958, winning the team Bronze medals [Donal Cullen, Harry Horneck, Jimmy O'Neill, Maurice Byrne]. The winners were the Catholic University of Louvain. The following year UCD won a 13-event intersvarsity match against the Catholic University of Louvain in Belgium. The return match at Belfield in April 1960, which was won by Louvain, led to the suspension of Brendan O'Reilly (Donore Harriers), Owen Dalton and Niall Brophy (both Crusaders) by the A.A.U.E. on the basis of the 1951 ruling of the joint A.A.U.E.–N.I.A.A.A. meeting. All three competed for UCD in an athletics meeting against five French universities' teams in Paris - Chartres, Tour, Angers and Versailles (2 teams) - at the beginning of May that year, winning six of the ten events and the overall competition. Wise counsel and persuasive argument was needed to resolve the increasingly ludicrous situation for Irish intercollegiate athletics.

The breakthrough came in 1961. A Dublin University Harriers and Athletic Club (DUHAC)-led initiative through the A.A.U.E. led to the I.A.A.F. granting permission in May 1961 for a 'closed' inter-university contest between T.C.D. and U.C.D. Frenetic arrangements followed. On Thursday 1 June 1961 the first officially sanctioned Intersvarsity Match since 1937 involving Trinity College Dublin, affiliated to the A.A.U.E., and University College Dublin, affiliated to the N.A.C.A.I., took place in College Park. It was an event that would help to lead to the formation of Bord Lúthchleas na hÉireann (B.L.E.) in 1967 and a healing of much, but not all, of the conflict between the A.A.U.E. and the N.A.C.A.I. In line with meetings between T.C.D. and U.C.D. in other sports, e.g., rugby, lawn tennis, hockey, sailing, this annual athletics fixture became known colloquially as "The Colours Match". Conditions for this inaugural inter-university athletics meeting were ideal. Such was the public enthusiasm for the match that in excess of 5,000 spectators watched the events. The following year the A.A.U.E. gave Trinity College permission to compete in the intersvarsity championships in Galway, the logic being that if T.C.D. could compete against U.C.D. in a closed meeting, then T.C.D. could compete against all three colleges of the National University of Ireland in a closed competition, all of which were affiliated to the N.A.C.A.I. Intersvarsity cross country



championships were inaugurated on 16 February 1963 in Phoenix Park, hosted by Trinity College, again under the aegis that this was a closed competition sanctioned by the I.A.A.F. ruling.

There can be little doubt that the development of women's athletics in universities was stunted by the negative attitude to the Catholic Archbishop of Dublin, John Charles McQuid, towards women competing in athletics at mixed public sports and thereby displaying themselves inappropriately before public gaze. Crusaders A.C. had made an attempt to form a women's section in 1947 which was discontinued in 1951. In contrast the Northern Ireland Women's A.A.A. was established in the 1950's. The vilification of Maeve Kyle for going to Melbourne Olympics as a member of the Irish team while leaving her husband and family to fend for themselves was indicative of the attitude engendered by McQuaid's views on women in sport. It was not until 1962 that Crusaders A.C. re-established a women's section, followed by Clonliffe Harriers in 1963. Womens' clubs or womens' sections of the up until then male University clubs were established in 1964–65 in Trinity, U.C.D., U.C.C. and U.C.G. The inaugural intervarsity cross country and track and field championships for women (with 5 track and 5 field events) were both hosted at Belfield by U.C.D. in 1966 in conjunction with the men's intervarsities. Q.U.B.'s women were refused permission to compete in the track and field championships by the N.I.A.A.A. because U.C.D. was affiliated to the N.A.C.A.I. With the establishment of B.L.E. in April 1967, Q.U.B. returned to the intervarsity championships at the Mardyke in May of that year. With the addition of women's events and expansion of the numbers of participating colleges in 1969–1970 (e.g., Royal College of Surgeons in Ireland, St Patrick's College Maynooth, New University of Ulster), the championships moved to a two-day competition from 1971.

The organisation of intervarsity championships by student-led intervarsity committees was not always as professional as it should have been. Moreover, the manner in which colleges were added to those allowed to compete at the intervarsities was at best fickle and haphazard. Senior figures within the university sector with a passion for athletics saw the need to restructure and change outdated modus operandii. This led to the formation of the Irish Universities Athletic Association (I.U.A.A.) in October 1990 as the governing body for intervarsity athletic competition. This brought rules and regulations, continuity, experience, wise heads, structure and oversight. Road Relay Championships were inaugurated in 1988 within the hallowed precincts of St Patrick's College Maynooth (now Maynooth University) and have been held there since within minor exceptions. Combined Events outdoor championships were inaugurated in 1993 and ran as a separate championship through 2002. They are now incorporated into the annual indoors and outdoors track and field championships as individual and team competitions. Indoor T&F championships were inaugurated in February 1993 at Nenagh Olympic Stadium and were held there annually through 2012 before moving to the Athlone IT Arena in 2013. The late 1980's and early 1990's saw expansion of Third Level Education. The I.U.A.A. oversaw the expansion of the intervarsity championships to incorporate students from Institutes of Technology and other colleges offering third level diploma and degree courses, greatly increasing the standard of competition, athletic achievement and profile of intervarsity championships. The I.U.A.A. is currently the Universities Committee of Athletics Ireland.

Year Athlete	University	Perf
100m Men		
(100y until 1970)		
1873 John McClean	Queens University Belfast	10.3
1874 Marceline J. Chabrel	University College Cork	10.8
1875-1911 Not held		
1912 Frederick "Freddy" R.S. Shaw	Trinity College Dublin	10.6
1913 Frederick "Freddy" R.S. Shaw	Trinity College Dublin	10.2
1914 J Craig	Queens University Belfast	10.2
1915-1919 Not held		
1920 J.P. Wilkinson	University College Dublin	10.2
1921 Denis John Cussen	Trinity College Dublin	10.2
1922 Denis John Cussen	Trinity College Dublin	10.3
1923 Robert R. Woods	Trinity College Dublin	10.6
1924 Harry H Conway	Trinity College Dublin	10.4
1925 Denis John Cussen	Trinity College Dublin	10.4
1926 Sean Lavan (tied)	University College Dublin	10.2
1926 Robert R. Woods (tied)	Trinity College Dublin	10.2
1927 John F.F. Gregg	Trinity College Dublin	10.0
1928 Patrick Joseph B. Eustace	Trinity College Dublin	10.2
1929 Patrick Joseph B. Eustace	Trinity College Dublin	10.2
1930 Joseph F. McNeice	Trinity College Dublin	10.4
1931 Patrick C. Moore	University College Dublin	10.6
1932 Michael J. O'Sullivan	University College Dublin	10.4
1933 J.H.G. Dick	Queens University Belfast	10.2
1934 Michael J. O'Sullivan	University College Dublin	10.2
1935 Michael J. O'Sullivan	University College Dublin	10.6



1936	P. McCormack	University College Dublin	10.4
1937	Michael J. O'Sullivan	University College Dublin	10.2
1938	William A.F. Sandys	University College Dublin	10.5
1939	J.R. "Ronnie" Thornton	University College Dublin	10.1
1940 -1945 Not held			
1946	Michael Mick Lane	University College Cork	10.8
1947	Richard Dick Lane	University College Cork	10.0
1948	Richard Dick Lane	University College Cork	10.1
1949	Noel Murphy	University College Cork	10.2
1950	Louis C. Crowe	University College Dublin	10.2
1951	Noel Keane	University College Dublin	10.2
1952	Jack O'Neill	University College Dublin	10.4
1953	Jack O'Neill	University College Dublin	10.4
1954	Owen Dalton	University College Dublin	10.0
1955	Owen Dalton	University College Dublin	10.2
1956	Niall Brophy	University College Dublin	9.9
1957	Brian Hussey	University College Dublin	10.4
1958	Sean Moore	University College Cork	10.4
1959	Eddie Thornton	University College Dublin	10.3
1960	Niall Brophy	University College Dublin	10.2
1961	Victor Maniak	University College Dublin	10.0
1962	Eamon Quinn	University College Galway	9.9
1963	Cashel Riordan	University College Cork	9.8
1964	Iognáid G. "Iggy" Ó Muircheartaigh	University College Dublin	10.3
1965	Iognáid G. "Iggy" Ó Muircheartaigh	University College Dublin	10.0
1966	Joe Cummiskey	University College Dublin	10.2
1967	Joe Cummiskey	University College Dublin	10.3
1968	Michael Mike Forrest	Queens University Belfast	10.0
1969	John Kilpatrick	Queens University Belfast	9.8
1970	Brendan O'Regan	University College Cork	11.0
1971	Brendan O'Regan	University College Cork	10.8
1972	Malcolm Kelly	Queens University Belfast	11.0
1973	Malcolm Kelly	Queens University Belfast	10.6w
1974	Malcolm Kelly	Queens University Belfast	11.3
1975	John Fortune	University College Dublin	11.2
1976	James Jim Christie	Queens University Belfast	10.9
1977	David O'Flaherty	University College Galway	11.0
1978	Clark Millar	Queens University Belfast	11.2
1979	Clark Millar	Queens University Belfast	11.0
1980	Jim Crotty	University College Cork	11.1
1981	Clive Beattie	Queens University Belfast	10.8
1982	Aidan Gough	Queens University Belfast	10.6
1983	Simon Baird	Queens University Belfast	11.0
1984	Simon Baird	Queens University Belfast	10.9
1985	Simon Baird	Queens University Belfast	10.5
1986	Philip Snoddy	Queens University Belfast	10.8
1987	Philip Snoddy	Queens University Belfast	10.4
1988	Philip Snoddy	Queens University Belfast	10.88
1989	Nigel Watson	University of Ulster	10.8
1990	Nigel Watson	University of Ulster	NT
1991	Peter Lyons	University College Dublin	10.91
1992	Tom Comyns	University of Limerick	11.0
1993	Tom Comyns	University of Limerick	11.18
1994	Tom Comyns	University of Limerick	11.14
1995	Gary Ryan	Waterford RTC	11.30
1996	Gary Ryan	University of Limerick	11.21
1997	Gary Ryan	University of Limerick	10.74
1998	Gary Ryan	University of Limerick	NT
1999	Stuart Finnie	Queens University Belfast	11.30
2000	Gordon Kennedy	Athlone IT	11.08
2001	Paul Hession	NUI Galway	11.45
2002	Darragh Graham	University of Limerick	10.88



2003	Paul Hession	NUI Galway	11.04
2004	Gordon Kennedy	Athlone IT	10.88
2005	Gordon Kennedy	Athlone IT	10.96
2006	Darragh Graham	University of Limerick	11.62
2007	Darragh Graham	University of Limerick	11.08
2008	Patrick Phelan	University College Dublin	10.75
2009	Chris Russell	Dublin City University	10.68
2010	Darragh Graham	University of Limerick	10.97
2011	Chris Russell	Dublin City University	10.74
2012	David Hynes	Waterford IT	10.74
2013	David Hynes	Waterford IT	10.66
2014	Marcus Lawler	IT Carlow	11.21
2015	Marcus Lawler	IT Carlow	10.70
2016	Marcus Lawler	IT Carlow	10.58
2017	Christian Robinson	Queens University Belfast	11.13
2018	Travane Morrison	IT Tralee	10.56
2019	Travane Morrison	IT Tralee	10.75

200m Men

(220y until 1970)

1912	A.J. Lynch	University College Dublin	24.0	
1913	Frederick "Freddy" R.S. Shaw	Trinity College Dublin	23.0	
1914	Frederick "Freddy" R.S. Shaw	Trinity College Dublin	23.8	
1915-1919 Not held				
1920	J.P. Wilkinson	University College Dublin	23.4	
1921	Denis John Cussen	Trinity College Dublin	23.0	
1922	Robert R. Woods	Trinity College Dublin	23.7	
1923	Robert R. Woods	Trinity College Dublin	21.8	(190m)
1924	Robert R. Woods	Trinity College Dublin	23.2	
1925	Sean Lavan	University College Dublin	23.4	
1926	Sean Lavan	University College Dublin	23.0	
1927	Sean Lavan	University College Dublin	23.5	
1928	Sean Lavan	University College Dublin	22.9	
1929	Patrick Joseph B. Eustace	Trinity College Dublin	22.6	
1930	Patrick C. Moore	University College Dublin	22.6	
1931	Patrick C. Moore	University College Dublin	23.4	
1932	Michael J. O'Sullivan	University College Dublin	23.9	
1933	J.H.G. Dick	Queens University Belfast	22.4	
1934	John Joe O'Sullivan	University College Cork	23.2	
1935	Michael J. O'Sullivan	University College Dublin	22.9	
1936	P. McCormack	University College Dublin	23.2	
1937	George William Craigie	Trinity College Dublin	23.2	
1938	Eamonn Fitzmaurice	University College Dublin	24.6	
1939	J.R. Thornton	University College Dublin	22.6	
1940 -1945 Not held				
1946	Michael "Mick" Lane	University College Cork	25.0	
1947	Michael "Mick" Lane	University College Cork	24.0	
1948	Michael "Mick" Lane	University College Cork	22.9	
1949	Noel Murphy	University College Cork	24.1	
1950	Louis C. Crowe	University College Dublin	23.0	
1951	John O'Donovan	University College Cork	23.4	
1952	Jack O'Neill	University College Dublin	22.2	
1953	Jack O'Neill	University College Dublin	22.9	
1954	Owen Dalton	University College Dublin	22.9	
1955	Pat Cooke	University College Dublin	22.6	
1956	Niall Brophy	University College Dublin	22.8	
1957	Brian Hussey	University College Dublin	23.7	
1958	Sean Moore	University College Cork	23.1	
1959	Eddie Thornton	University College Dublin	23.0	
1960	Niall Brophy	University College Dublin	23.0	



1961	Victor Maniak	University College Dublin	22.8
1962	Eamon Quinn	University College Galway	26.1
1963	Robert J.R. "Ron" Kirkham	Trinity College Dublin	23.3
1964	Iognáid G. "Iggy" Ó Muircheartaigh	University College Dublin	23.7
1965	Iognáid G. "Iggy" Ó Muircheartaigh	University College Dublin	24.0
1966	Joe Cummiskey	University College Dublin	23.3
1967	Joe Cummiskey	University College Dublin	22.8
1968	Michael "Mike" Forrest	Queens University Belfast	22.8
1969	Michael "Mike" Forrest	Queens University Belfast	22.2
1970	Brendan O'Regan	University College Cork	22.0
1971	Brendan O'Regan	University College Cork	22.7
1972	John Ross	University College Dublin	22.4
1973	Malcolm Kelly	Queens University Belfast	21.7w
1974	Malcolm Kelly	Queens University Belfast	22.1
1975	John Fortune	University College Dublin	22.9
1976	Paul Duffy	University College Dublin	22.4
1977	David O'Flaherty	University College Galway	23.1
1978	James Jim Christie	Queens University Belfast	22.3
1979	Clark Millar	Queens University Belfast	22.0
1980	Clive Beattie	Queens University Belfast	22.6
1981	Brian Dunne	University College Dublin	22.1
1982	Aidan Gough	Queens University Belfast	22.7
1983	Simon Baird	Queens University Belfast	22.2
1984	Simon Baird	Queens University Belfast	21.4
1985	Simon Baird	Queens University Belfast	21.2
1986	Richard "Richie" Ryan	University College Dublin	22.2
1987	Philip Snoddy	Queens University Belfast	21.5
1988	Philip Snoddy	Queens University Belfast	22.2
1989	Nigel Watson	University of Ulster	21.9
1990	Nigel Watson	University of Ulster	22.17
1991	Peter Lyons	University College Dublin	NT
1992	Peter Lyons	University College Dublin	22.6
1993	Tom Comyns	University of Limerick	22.17
1994	Keelan Conlon	University College Dublin	23.3
1995	Gary Ryan	Waterford RTC	22.06
1996	Gary Ryan	University of Limerick	21.39
1997	Gary Ryan	University of Limerick	21.24
1998	Tom Comyns	University of Limerick	22.08
1999	Gary Ryan	University of Limerick	21.37
2000	Tom Comyns	University of Limerick	22.38
2001	Paul Hession	NUI Galway	23.50
2002	Gordon Kennedy	Athlone IT	21.60
2003	Paul Hession	NUI Galway	23.04
2004	David Gillick	Dublin IT	21.85
2005	David Gillick	Dublin IT	21.44
2006	Brian Murphy	University College Cork	22.43
2007	Darragh Graham	University of Limerick	21.96
2008	Patrick Phelan	University College Dublin	21.94
2009	Chris Russell	Dublin City University	21.68
2010	Darragh Graham	University of Limerick	21.97
2011	Chris Russell	Dublin City University	21.38
2012	David Hynes	Waterford IT	22.23
2013	Steven Colvert	Dublin City University	21.58
2014	Marcus Lawler	IT Carlow	22.00
2015	Marcus Lawler	IT Carlow	21.23
2016	Marcus Lawler	IT Carlow	20.98
2017	Marcus Lawler	IT Carlow	21.01
2018	Marcus Lawler	IT Carlow	21.07
2019	Marcus Lawler	IT Carlow	20.83



400m Men

(440y until 1970)

1873	James T Belcher	University College Cork	59.0	
1874	Daniel Croly	University College Cork	56.8	
1875-1911 Not held				
1912	Al Lynch	University College Dublin	53.4	
1913	William Haughton Murphy	Trinity College Dublin	55.0	
1914	Martin Harper Turnbull	Queens University Belfast	54.6	
1915-1919 Not held				
1920	Francis J. O'Dea	University College Dublin	54.0	
1921	Harry H. Conway	University College Dublin	54.0	
1922	Robert H. McKeag	Trinity College Dublin	54.1	
1923	Sean T. Lavan	University College Dublin	50.4	(8y short)
1924	Sean T. Lavan	University College Dublin	52.2	
1925	Sean T. Lavan	University College Dublin	52.2	
1926	Sean T. Lavan	University College Dublin	NT	
1927	Sean T. Lavan	University College Dublin	52.0	
1928	Sean T. Lavan	University College Dublin	52.6	
1929	Patrick C. Moore	University College Dublin	51.6	
1930	Patrick C. Moore	University College Dublin	51.4	
1931	John Joe O'Sullivan	University College Cork	51.8	
1932	Desmond G. Walker	Trinity College Dublin	52.4	
1933	George A. Levis	Trinity College Dublin	53.0	
1934	John Joe O'Sullivan	University College Cork	51.6	
1935	Richard H. Wallace	Trinity College Dublin	50.9	
1936	Richard H. Wallace	Trinity College Dublin	51.0	
1937	Norman F. De Vere	Trinity College Dublin	52.0	
1938	William A.F. Sandys	University College Dublin	56.4	
1939	Desmond "Des" Carney	University College Dublin	53.7	
1940 - 1945 Not held				
1946	John O'Donovan	University College Cork	54.3	
1947	John O'Donovan	University College Cork	54.7	
1948	John O'Donovan	University College Cork	53.0	
1949	P.A. Fitzgerald	University College Dublin	56.0	
1950	Cormac O'Cleirigh	University College Dublin	52.2	
1951	P.D. McCarvill	University College Dublin	52.2	
1952	Tom Cavanagh	University College Cork	53.2	
1953	Tom Cavanagh	University College Cork	52.0	
1954	M.P. Hanly	University College Galway	52.1	
1955	Pat Cooke	University College Dublin	49.8	
1956	Eamon Flanagan	University College Dublin	52.8	
1957	Jimmy K. O'Neill	University College Dublin	NT	
1958	John J. McKenna	University College Cork	53.1	
1959	Jim McKenna	University College Cork	52.2	
1960	Brian Murray	University College Cork	52.2	
1961	Cashel Riordan	University College Cork	52.5	
1962	Robert Vernon Bob Francis	Trinity College Dublin	NT	
1963	Cashel Riordan	University College Cork	50.7	
1964	Iognáid G. "Iggy" Ó Muircheartaigh	University College Dublin	53.6	
1965	Iognáid G. "Iggy" Ó Muircheartaigh	University College Dublin	54.1	
1966	E. O'Donnell	University College Dublin	53.2	
1967	Martin Flatley	University College Galway	52.3	
1968	Eamon O'Keefe	University College Dublin	50.8	
1969	Seán F. Ó Muircheartaigh	University College Dublin	50.5	
1970	R. Hall	Queens University Belfast	51.5	
1971	Denis O'Connell	University College Dublin	51.0	
1972	John James Dillon	Trinity College Dublin	49.1	
1973	John James Dillon	Trinity College Dublin	49.4	
1974	Tim Crowe	National College of Physical Education	48.7	
1975	Maurice Power	University College Cork	50.5	



1976	Maurice Power	University College Cork	48.6
1977	Padraic Jordan	University College Galway	50.4
1978	Clive Beattie	Queens University Belfast	48.6
1979	Clive Beattie	Queens University Belfast	47.8
1980	Clive Beattie	Queens University Belfast	47.7
1981	Brian Dunne	University College Dublin	48.3
1982	Peter Finn	Queens University Belfast	51.5
1983	Kieran Finn	NIHE Limerick	48.1
1984	Kieran Finn	NIHE Limerick	47.6
1985	Brian Eiffe	NIHE Dublin	49.3
1986	Philip Beattie	Queens University Belfast	51.0
1987	Paul Sheedy	University College Dublin	48.8
1988	John J. "J.J." Barry	Trinity College Dublin	47.7
1989	John J. "J.J." Barry	Trinity College Dublin	47.7
1990	Michael Cooke	Queens University Belfast	49.43
1991	Danny O'Brien	University of Limerick	50.16
1992	Michael Cooke	Queens University Belfast	50.8
1993	Paul Kelleher	University of Limerick	48.46
1994	Keelan Conlon	University College Dublin	49.1
1995	Keelan Conlon	University College Dublin	48.94
1996	Brian Forbes	Queens University Belfast	48.71
1997	Brian Forbes	Queens University Belfast	48.18
1998	Brian Liddy	University College Dublin	50.20
1999	Tomas Coman	Waterford IT	47.77
2000	Gordon Kennedy	Athlone IT	48.04
2001	Robert Daly	University College Dublin	47.25
2002	Brian Murphy	University College Cork	48.38
2003	Tomas Coman	University College Cork	47.66
2004	Gordon Kennedy	Athlone IT	49.33
2005	Gordon Kennedy	Athlone IT	47.80
2006	Michael O'Sullivan	Dublin City University	49.81
2007	Simon Taggart	Trinity College Dublin	49.01
2008	Simon Taggart	Trinity College Dublin	50.55
2009	Barry Upton	Waterford IT	49.76
2010	Kieran Kelly	IT Blacnchardstown	48.77
2011	Jason Harvey	University of Ulster	49.72
2012	Chris Russell	Dublin City University	49.04
2013	Mark English	University College Dublin	47.56
2014	Dara Kervick	Dublin City University	47.61
2015	Adam McCombe	University of Ulster	49.01
2016	Adam McCombe	University of Ulster	47.84
2017	Ben Maze	Queens University Belfast	47.61
2018	Andrew Mellon	Queens University Belfast	47.74
2019	Cathal Crosbie	University of Limerick	48.76

800m Men

(880y until 1970)

1873	Robert E Donovan	University College Cork	2.18.0
1874	H.S. Brooks	University College Cork	2.16.0
1875-1911 Not held			
1912	David Dave A. McCarthy	University College Cork	2.04.6
1913	Martin Harper Turnbull	Queens University Belfast	2.08.0
1914	David Dave A. McCarthy	University College Cork	2.04.0
1915-1919 Not held			
1920	Charles B. Mein	Trinity College Dublin	2.05.2
1921	M.C. O'Mahony	University College Cork	2.07.8
1922	Robert H. McKeag	Trinity College Dublin	2.11.4
1923	Sean T. Lavan	University College Dublin	2.01.4
1924	Sean T. Lavan	University College Dublin	2.04.2
1925	Sean T. Lavan	University College Dublin	2.02.8



1926	John O. Jagoe	University College Cork	2.02.2
1927	Sean T. Lavan	University College Dublin	2.03.6
1928	Patrick C. Moore	University College Dublin	2.04.4
1929	Patrick C. Moore	University College Dublin	2.02.2
1930	John Joe O'Sullivan	University College Cork	2.02.4
1931	John Joe O'Sullivan	University College Cork	2.02.5
1932	Desmond G. Walker	Trinity College Dublin	2.07.6
1933	T.P. O'Brien	University College Cork	2.02.0
1934	T.P. O'Brien	University College Cork	2.03.2
1935	Ralph Joseph Walker	Trinity College Dublin	2.02.8
1936	Hampton A. Dougan	Trinity College Dublin	2.04.9
1937	Hampton A. Dougan	Trinity College Dublin	2.02.4
1938	A.J. Beckett	University College Cork	2.15.0
1939	J. Bourke	University College Dublin	2.03.8
1940-1945 Not held			
1946	Noel Collins	University College Cork	2.17.0
1947	Ray Ball	University College Cork	2.07.8
1948	Ray Ball	University College Cork	2.04.0
1949	Declan Grehan	University College Dublin	2.06.0
1950	Richard "Dick" Buckley	University College Cork	2.02.0
1951	Jack Winters	University College Dublin	2.02.6
1952	Richard "Dick" Buckley	University College Cork	2.04.0
1953	Sean O'Cleirigh	University College Dublin	2.03.7
1954	Sean O'Cleirigh	University College Dublin	2.04.1
1955	Sean O'Cleirigh	University College Dublin	2.01.4
1956	Eamon Flanagan	University College Dublin	2.01.4
1957	Jimmy K. O'Neill	University College Dublin	2.06.7
1958	Donal Cullen	University College Dublin	1.59.0
1959	Donal Cullen	University College Dublin	2.08.1
1960	Donal Cullen	University College Dublin	2.03.2
1961	T. Fergus O'Donovan	University College Cork	2.03.2
1962	Francis Henry Quinlan	Trinity College Dublin	2.07.0
1963	Anthony D.G. Shillington	Trinity College Dublin	1.58.2
1964	Anthony D.G. Shillington	Trinity College Dublin	2.01.2
1965	Tom Power	University College Dublin	2.04.8
1966	Tom Power	University College Dublin	2.00.0
1967	Anthony J. "Tony" Taaffe	University College Dublin	1.58.6
1968	Eamon O'Keefe	University College Dublin	1.55.0
1969	Hubert Fitzjohn "Hugh" Gash	Trinity College Dublin	1.56.5
1970	John Dooley	University College Dublin	1.59.0
1971	James "Jim" McGuinness	University College Dublin	1.58.1
1972	John James Dillon	Trinity College Dublin	1.56.4
1973	John James Dillon	Trinity College Dublin	1.52.3
1974	John T. Glover	Queens University Belfast	1.53.6
1975	Noel Patrick Murphy	University College Dublin	1.55.2
1976	Gregory T.P. "Greg" Dee	Trinity College Dublin	1.57.4
1977	Gerard J.D. "Gerry" Giblin	Trinity College Dublin	1.58.8
1978	Peter Markey	University College Dublin	1.54.6
1979	Tom Moloney	National College of Physical Education	1.53.6
1980	Tom Moloney	Thomond College of Education	1.56.4
1981	Noel Patrick Murphy	Trinity College Dublin	1.54.4
1982	Noel Patrick Murphy	Trinity College Dublin	1.57.0
1983	Eugene Curran	Trinity College Dublin	1.52.8
1984	Eugene Curran	Trinity College Dublin	1.53.7
1985	Mark Kirk	Queens University Belfast	1.50.6
1986	John Foxe	University College Dublin	1.59.4
1987	John Foxe	University College Dublin	1.53.8
1988	Alan F.F. Cox	Trinity College Dublin	1.56.5
1989	Danny O'Brien	NIHE Limerick	1.55.1
1990	Danny O'Brien	University of Limerick	1.54.06
1991	Danny O'Brien	University of Limerick	1.52.4
1992	Danny O'Brien	University of Limerick	1.58.2



1993	David Matthews	University College Dublin	1.53.98
1994	David Matthews	University College Dublin	1.54.5
1995	Johnny Cashman	University College Cork	1.52.20
1996	Johnny Cashman	University College Cork	1.55.47
1997	Niall Linden	Trinity College Dublin	1.54.92
1998	Johnny Cashman	University College Cork	1.58.42
1999	David Matthews	University College Dublin	1.50.36
2000	Michael Wilcox	University College Dublin	1.53.06
2001	Tony Lilley	Cork IT	1.54.48
2002	Tony Lilley	Cork IT	1.56.45
2003	Colm Rooney	Dublin City University	1.59.99
2004	Darragh Greene	Dundalk IT	1.56.77
2005	David Campbell	Dublin City University	1.55.30
2006	Eoin Everard	University of Limerick	1.54.34
2007	Eoin Everard	Dublin City University	1.52.04
2008	Joe Warne	Dublin City University	1.59.83
2009	Joe Warne	Dublin City University	1.57.26
2010	Ryan Faulkner	University of Ulster	1.56.21
2011	Darren McBrearty	Dublin City University	1.52.23
2012	Mark English	Dublin City University	1.52.64
2013	Dan King	University College Dublin	1.56.92
2014	Brian Kelly	Dublin City University	1.54.83
2015	Brian Kelly	Dublin City University	1.54.47
2016	Conor Duncan	Dublin City University	2.00.96
2017	Aengus Meldon	NUI Galway	1.52.51
2018	Conor Duncan	Dublin City University	1.54.23
2019	Cillian Kirwan	University College Cork	1.53.54

1500m Men

(1 mile until 1970)

1873	Jeremiah Jerry J. Wilson	Queens University Belfast	5.02.3
1874	H.S. Brooks	University College Cork	5.02.2
1875-1912	Not Held		
1912	Henry W. "Harry" Jack	University College Cork	4.51.6
1913	Thomas Michael Dowling	Trinity College Dublin	4.46.4
1914	Thomas Michael Dowling	Trinity College Dublin	4.41.6
1915-1919	Not held		
1920	D. Mannion	University College Dublin	4.53.6
1921	D. Mannion	University College Dublin	4.46.2
1922	M.C. O'Mahoney	University College Cork	4.54.6
1923	David McM. Carson	Trinity College Dublin	4.41.2
1924	A. Gilmore	Queens University Belfast	4.35.8
1925	John O. Jagoe	University College Cork	4.46.0
1926	John O. Jagoe	University College Cork	NT
1927	Dennington A. Wallis	Trinity College Dublin	4.42.8
1928	Dennington A. Wallis	Trinity College Dublin	4.49.0
1929	Dennington A. Wallis	Trinity College Dublin	4.38.8
1930	James Wallace Craig	Trinity College Dublin	4.38.0
1931	James Wallace Craig	Trinity College Dublin	4.33.6
1932	James Wallace Craig	Trinity College Dublin	4.40.0
1933	Maurice G. Hewson	Trinity College Dublin	4.38.4
1934	T.P. O'Brien	University College Cork	4.42.4
1935	Hampton A. Dougan	Trinity College Dublin	4.47.6
1936	David Hogg McNeill	Trinity College Dublin	4.38.0
1937	David Hogg McNeill	Trinity College Dublin	4.48.8
1938	M.I. Dunne	University College Dublin	5.05.0
1939	M.A. Cassidy	University College Dublin	4.39.2
1940-1945	Not held		
1946	Ray Ball	University College Dublin	4.55.0
1947	F Cronin	University College Dublin	4.54.0



1948	Noel Collins	University College Cork	4.51.0
1949	B. Gormley	University College Dublin	4.47.0
1950	Gerry F. Gorman	University College Dublin	4.41.0
1951	Gerry F. Gorman	University College Dublin	4.36.5
1952	Gerry F. Gorman	University College Dublin	4.35.0
1953	Gerry F. Gorman	University College Dublin	4.30.3
1954	Gerry F. Gorman	University College Dublin	4.33.0
1955	Gerry F. Gorman	University College Dublin	4.36.0
1956	Maurice T. Byrne	University College Dublin	4.29.0
1957	Donal Cullen	University College Dublin	4.32.0
1958	Donal Cullen	University College Dublin	4.46.8
1959	Cecil Smith	University College Dublin	4.38.8
1960	Richard "Dick" Henchion	University College Cork	4.31.5
1961	John Hickey	University College Dublin	4.35.0
1962	Anthony Ralph Sparshott	Trinity College Dublin	4.42.5
1963	Stephen Knights Whittome	Trinity College Dublin	4.19.6
1964	Richard Dick Hodgins	University College Cork	4.38.6
1965	Richard Dick Hodgins	University College Cork	4.41.0
1966	Tom Power	University College Dublin	4.33.0
1967	Patrick Pat O'Riordan	University College Cork	4.21.0
1968	Alan Chivers	Queens University Belfast	4.19.4
1969	Malcolm Edgar	Queens University Belfast	4.21.0
1970	John Dooley	University College Dublin	4.03.3
1971	Joe J. Scanlon	University College Galway	4.03.0
1972	John Dooley	University College Dublin	3.58.3
1973	James "Jim" McGuinness	Queens University Belfast	3.57.7
1974	James "Jim" McGuinness	Queens University Belfast	3.58.4
1975	David "Dave" O'Connor	University College Dublin	3.54.1
1976	Liam O'Brien	National College of Physical Education	3.55.5
1977	Robert H.D. "Robin" Wormell	Trinity College Dublin	4.05.6
1978	Brendan Hilliard	University College Dublin	3.57.7
1979	Seamus Ryan	University College Cork	3.54.1
1980	Peter Markey	University College Dublin	3.56.2
1981	David Lynch	University College Dublin	3.58.2
1982	Eugene Curran	Trinity College Dublin	4.02.2
1983	Mark Kirk	Queens University Belfast	3.54.3
1984	Enda Fitzpatrick	University College Dublin	3.46.7
1985	Eugene Curran	Trinity College Dublin	3.53.0
1986	Enda Fitzpatrick	University College Dublin	3.59.0
1987	Eugene Curran	Thomond College of Education	3.45.9
1988	Seamus McCann	University of Ulster	3.51.04
1989	David Wilson	Queens University Belfast	3.38.8
1990	Philip Healy	University of Ulster	4.02.05
1991	Bobby Farren	University of Ulster	3.53.95
1992	Nigel Brunton	University College Dublin	4.05.3
1993	Brian Treacy	Queens University Belfast	3.44.8
1994	Pat O'Keefe	University College Cork	4.10.8
1995	Nigel Brunton	University College Dublin	3.55.98
1996	John O'Reilly	University College Dublin	4.00.93
1997	Pat O'Keefe	University College Cork	3.56.99
1998	Eugene O'Neill	Dublin IT	4.05.10
1999	Andrew Walker	University College Dublin	3.55.34
2000	Gearoid O'Connor	IT Tallaght	3.55.50
2001	Gary Murray	University of Ulster	3.54.72
2002	Gary Murray	University of Ulster	3.53.76
2003	Gearoid O'Connor	IT Tallaght	3.55.49
2004	Bryan Conway	Queens University Belfast	4.10.00
2005	Daragh Greene	Dublin City University	4.04.24
2006	Danny Darcy	Dublin City University	3.56.88
2007	Danny Darcy	Dublin City University	3.51.41
2008	Kevin Moriarty	University of Limerick	4.13.86
2009	Eoin Everard	Dublin City University	3.53.63



2010	James McIlroy	University of Ulster	3.55.07
2011	Joe Warne	Dublin City University	4.02.58
2012	Joe Warne	Dublin City University	4.00.98
2013	Darren McBreaty	Dublin City University	3.55.91
2014	Mark Hay	University of Ulster	3.53.87
2015	Cormac Kelly	Dublin City University	4.00.97
2016	Kevin Kelly	Dublin City University	4.16.39
2017	Neil Johnson	Queens University Belfast	3.55.29
2018	Luke McCann	University College Dublin	4.03.06
2019	Andrew Coscoran	Dublin City University	3.53.90

5000m Men

1873	E Laffan	University College Cork	10.15.25	2m
1874	H.S. Brooks	University College Cork	NT	2m
1875-1951 Not held				
1952	D Dawn	University College Cork	16.33.0	
1953-1963 Not held				
1964	Patrick "Pat" O'Riordan	University College Cork	15.16.8	
1965	Sean Brosnan	University College Cork	15.39.00	
1966	Patrick "Pat" O'Riordan	University College Cork	14.57.50	
1967	Patrick "Pat" O'Riordan	University College Cork	14.51.5	
1968	Malcolm Edgar	Queens University Belfast	14.37.4	
1969	Malcolm Edgar	Queens University Belfast	14.17.0	
1970	Joe J. Scanlon	University College Galway	15.20.2	
1971	John Bailey	Queens University Belfast	15.25.0	
1972	Joe J. Scanlon	University College Galway	14.42.4	
1973	Tony O'Leary	University College Cork	15.03.0	
1974	John McLaughlin	Queens University Belfast	14.29.8	
1975	Fionnbar "Finny" Long	University College Cork	14.34.1	
1976	Gerry Finnegan	University College Dublin	14.44.8	
1977	Paul Lawthor	Queens University Belfast	14.12.6	
1978	Paul Lawthor	Queens University Belfast	14.09.2	
1979	Kingston H.G. Mills	Trinity College Dublin	14.44.2	
1980	Kingston H.G. Mills	Trinity College Dublin	14.39.4	
1981	Noel Harvey	Trinity College Dublin	14.50.7	
1982	Noel Harvey	Trinity College Dublin	14.35.0	
1983	Noel Harvey	Trinity College Dublin	14.17.5	
1984	T. Curtin	Queens University Belfast	14.30.9	
1985	Enda Fitzpatrick	University College Dublin	14.42.2	
1986	Noel Harvey	Trinity College Dublin	14.43.0	
1987	Noel Richardson	Thomond College of Education	14.28.8	
1988	Donnacha O'Mahony	University College Cork	15.25.61	
1989	David Kelleher	University College Dublin	15.17.8	
1990	Pat Moloney	University College Dublin	15.25.0	
1991	Donnacha O'Mahony	University College Cork	14.37.58	
1992	John Burke	University College Dublin	15.10.0	
1993	Bobby Farren	University of Ulster	14.39.5	
1994	Bryan Conway	Queens University Belfast	15.36.7	
1995	Kieran Lambe	University College Cork	14.57.12	
1996	Kieran Lambe	University College Cork	14.37.50	
1997	Nigel Brunton	University College Dublin	14.49.45	
1998	Nigel Brunton	University College Dublin	15.24.60	
1999	Paul McNamara	NUI Galway	15.17.53	
2000	Fiachra Lombard	University College Cork	14.53.24	
2001	Robert Connolly	Portobello	15.04.20	
2002	David Kelly	IT Tallaght	16.50.11	(1 lap extra)
2003	Mark Kenneally	Trinity College Dublin	15.15.02	
2004	Mark Christie	Dublin City University	NT	



2005	Mark Christie	Dublin City University	14.33.90
2006	Mark Christie	Dublin City University	14.19.40
2007	Mark Christie	Dublin City University	14.45.67
2008	Rory Chesser	University of Limerick	14.48.84
2009	Breandan O'Neill	Dublin City University	15.03.65
2010	Breandan O'Neill	Dublin City University	14.51.05
2011	Alberto Sanchez	IT Sligo	14.52.94
2012	John Coghlan	Dublin City University	14.56.97
2013	John Coghlan	Dublin City University	14.29.61
2014	John Travers	Athlone IT	14.54.86
2015	John Travers	Athlone IT	14.28.54
2016	Keith Fallon	Dublin City University	15.05.72
2017	Tom O'Keefe	University College Dublin	14.58.42
2018	Darragh Fitzgibbon	University College Dublin	15.22.74
2019	Cathal Doyle	Dublin City University	14.39.25

10,000m Men

1971	John Bailey	Queens University Belfast	32.04.0
1972	Robert Benjamin Walker	Trinity College Dublin	30.11.0
1973	Fionnbar "Finny" Long	University College Cork	30.01.5
1974	John McLaughlin	Queens University Belfast	30.20.8
1975	Gerry Staunton	University College Galway	30.34.9
1976	Gerry Finnegan	University College Dublin	29.38.8
1977	Greg Hannon	Queens University Belfast	30.48.2
1978	John O'Toole	University College Dublin	30.29.5
1979	Ronan Murtagh	University College Dublin	30.44.4
1980	Robert J." Roy" Dooney	Trinity College Dublin	29.56.1
1981	Francis Sharkey	Queens University Belfast	31.06.4
1982	Noel Harvey	Trinity College Dublin	29.39.0
1983	Noel Richardson	Thomond College of Education	31.53.0
1984	Noel Richardson	Thomond College of Education	32.01.0
1985	Noel Harvey	Trinity College Dublin	29.15.0
1986	Noel Harvey	Trinity College Dublin	29.12.0
1987	Robin Clow Bryson	Queens University Belfast	30.26.3
1988	Noel Richardson	Thomond College of Education	30.26.29
1989	Peter O'Donoghue	University of Ulster	32.15.2
1990	Barry Hingston	University College Dublin	32.07.9
1991	Seamus O'Loan	Trinity College Dublin	31.39.43
1992	Senan O'Reilly	University College Dublin	30.59.0
1993	Anthony Tony O'Halloran	Dublin City University	30.53.0
1994	John Treacy	Queens University Belfast	NT
1995	Roy Fahy	Cork RTC	31.29.14
1996	Kieran Lambe	University College Cork	32.59.80
1997	Kieran Lambe	University College Cork	31.06.60
1998	Nigel Brunton	University College Dublin	31.52.62
1999	Fergal Feeney	Queens University Belfast	33.22.30
2000	Cillian O'Tuama	University College Cork	32.42.90
2001	Gary Thornton	NUI Galway	31.46.89
2002	Ryan Calvert	Queens University Belfast	33.38.55
2003	David Kelly	NUI Galway	32.14.74
2004	Eoin Higgins	Dublin City University	32.29.43
2005	Ian Chaney	Dublin City University	32.22.00
2006	Tristan Druet	University College Cork	31.22.90
2007	Mark Christie	Dublin City University	29.52.95
2008	John Eves	University College Dublin	31.59.52
2009	Kevin Lawler	Dublin City University	32.52.75
2010	Simon Ryan	IT Blanchardstown	31.31.41
2011	Paddy Brennan	Letterkenny IT	31.36.44
2012	Paul Robinson	Dublin City University	31.19.10
2013	John Travers	Athlone IT	30.36.46



2014	Andrew Connick	Waterford IT	30.40.55
2015	Liam Brady	Athlone IT	30.45.41
2016	Andrew Connick	Waterford IT	32.15.62
2017	Karl Fitzmaurice	Athlone IT	31.18.38
2018	John Paul Carty	Dublin IT	31.22.23
2019	Gary Campbell	Dublin City University	30.13.39

110m Hurdles Men

(100y until 1970)

1873	Percy Herbert Johnston	University College Cork	19.3
1874	Marceline J. Chabrel	University College Cork	19.4
1875-1912 Not Held			
1913	Jerome John O'Mullane	University College Cork	17.4
1914	Jerome John O'Mullane	University College Cork	16.6
1915-1919 Not held			
1920	Dr. Patrick J. Stokes	University College Dublin	16.8
1921	Harry H. Conway	University College Dublin	18.2
1922	Edward J. "Ed" Goggin	University College Cork	15.6
1923	Harry H. Conway	University College Dublin	15.6
1924	Harry H. Conway	University College Dublin	16.6
1924	Harry H. Conway	University College Dublin	16.8
1925	JA Price	Queens University Belfast	17.2
1926	JA Price	Queens University Belfast	17.0
1927	JA Price	Queens University Belfast	17.4
1928	Sean T. Lavan	University College Dublin	18.0
1929	Theo. D. Phelan	University College Dublin	17.4
1930	Stanley B. Potter	University College Dublin	16.2
1931	Theo. D. Phelan	University College Dublin	16.0
1932	Theo. D. Phelan	University College Dublin	16.0
1933	Theo. D. Phelan	University College Dublin	15.4
1934	Richard H. Wallace	Trinity College Dublin	16.2
1935	Richard H. Wallace	Trinity College Dublin	17.0
1936	Richard H. Wallace	Trinity College Dublin	15.8
1937	Daniel P. "Dan" O'Brien	University College Dublin	17.4
1938	Daniel P. "Dan" O'Brien	University College Dublin	17.6
1939	Tom Wall	University College Dublin	16.8
1940 - 1945 Not held			
1946	Gerry Lillis	University College Dublin	16.8
1947	Douglas M. Dennehy	University College Cork	15.3
1948	Douglas M. Dennehy	University College Cork	16.5
1949	Sean Murphy	University College Galway	17.1
1950	Gerald Gerry Murray	University College Cork	16.1
1951	Robin P. Godfrey	University College Dublin	16.2
1952	Fionnbar Callanan	University College Dublin	17.4
1953	Sean Murphy	University College Dublin	16.5
1954	Robin P. Godfrey	University College Dublin	15.5
1955	Patrick O.C. "Pat" Ozieh	University College Cork	17.9
1956	Liam Maloney	University College Dublin	16.5
1957	Sean Murphy	University College Dublin	16.6
1958	Mick Lanigan	University College Dublin	17.5
1959	Eddie Thornton	University College Dublin	17.0
1960	Eddie Thornton	University College Dublin	16.1
1961	Eddie Thornton	University College Dublin	16.5
1962	Alan McNeil Scott	Trinity College Dublin	15.8
1963	Eddie Thornton	University College Dublin	15.5
1964	Patrick Harman W.J. Murtagh	University College Dublin	16.8
1965	Alan McNeil Scott	Trinity College Dublin	16.0
1966	Seán F. Ó Muircheartaigh	University College Dublin	16.9



1967	Aogán Ó Muircheartaigh	University College Dublin	16.5
1968	Seán F. Ó Muircheartaigh	University College Dublin	16.5
1969	Charles J. "C.J." Kirkpatrick	Queens University Belfast	15.0
1970	Charles J. "C.J." Kirkpatrick	Queens University Belfast	15.5
1971	Charles J. "C.J." Kirkpatrick	Queens University Belfast	15.5
1972	Charles J. "C.J." Kirkpatrick	Queens University Belfast	15.2
1973	Charles J. "C.J." Kirkpatrick	Queens University Belfast	14.5
1974	Charles J. "C.J." Kirkpatrick	Queens University Belfast	14.5
1975	Charles J. "C.J." Kirkpatrick	Queens University Belfast	15.2
1976	Charles J. "C.J." Kirkpatrick	Queens University Belfast	14.4
1977	Clive Beattie	Queens University Belfast	16.4
1978	L. Smith	Queens University Belfast	15.9
1979	Colin Boreham	Queens University Belfast	15.5
1980	Maurice Delaney	University College Cork	16.4
1981	Denis Gerard Finnerty	Trinity College Dublin	14.8
1982	Gerard Horan	University College Cork	14.8
1983	Gerard Horan	University College Cork	15.0
1984	Denis Gerard Finnerty	Trinity College Dublin	15.2
1985	Denis Gerard Finnerty	Trinity College Dublin	15.0
1986	Denis Gerard Finnerty	Trinity College Dublin	15.6
1987	Stephen F. Mullin	Trinity College Dublin	15.7
1988	Michael Power	NIHE Limerick	15.92
1989	Ciaran McCarthy	University College Dublin	15.5
1990	Michael Power	University of Limerick	15.07
1991	Colm Moore	University College Dublin	15.58
1992	David Casey	University College Galway	15.80
1993	Ciaran McCarthy	Queens University Belfast	15.1
1994	Aaron McKenna	University of Limerick	14.92
1995	Ciaran McCarthy	Queens University Belfast	15.00
1996	Jeremy Lyons	Waterford RTC	15.32
1997	Jeremy Lyons	Waterford IT	15.04
1998	Colm Farry	University College Dublin	15.92
1999	Brendan Bourke	University of Limerick	14.89
2000	Brendan Bourke	University of Limerick	15.13
2001	Brendan Bourke	University of Limerick	15.09
2002	Chris McDermott	NUI Galway	14.99
2003	Chris McDermott	NUI Galway	15.58
2004	Jonathan Miller	Trinity College Dublin	NT
2005	Chris McDermott	NUI Galway	15.30
2006	Brian Flatley	Limerick IT	15.90
2007	Ian McDonald	Dublin City University	14.97
2008	Ian McDonald	Dublin City University	14.28
2009	Liam Houlihan	University of Limerick	17.71
2010	Paul Byrne	Dublin City University	15.87
2011	Tom Reynolds	University of Ulster	14.81
2012	Edmund O'Halloran	University College Cork	15.73
2013	Edmund O'Halloran	University College Cork	15.26
2014	Edmund O'Halloran	University College Cork	15.45
2015	Antonio Garcia Fernandez	Dublin City University	15.43
2016	Matthew Behan	Dublin City University	14.52
2017	Matthew Behan	Dublin City University	15.20
2018	Matthew Behan	Dublin City University	14.16
2019	Matthew Behan	Dublin City University	14.38



400m Hurdles Men (91.4cm)

1966	Seán F. Ó Muircheartaigh	University College Dublin	59.6
1967	Sean McDermott	University College Dublin	54.8
1968	Seán F. Ó Muircheartaigh	University College Dublin	59.3
1969	Seán F. Ó Muircheartaigh	University College Dublin	54.8
1970	John James Dillon	Trinity College Dublin	57.6
1971	John James Dillon	Trinity College Dublin	55.0
1972	David John Baird	Trinity College Dublin	58.9
1973	Paul Beattie	Queens University Belfast	57.4
1974	Paul Beattie	Queens University Belfast	53.9
1975	Paul Beattie	Queens University Belfast	57.4
1976	Paul Beattie	Queens University Belfast	56.0
1977	Clive Beattie	Queens University Belfast	55.9
1978	Clive Beattie	Queens University Belfast	53.6
1979	Clive Beattie	Queens University Belfast	52.9
1980	John J. "J.J." Barry	University College Dublin	56.0
1981	Denis Gerard Finnerty	Trinity College Dublin	55.1
1982	John J. "J.J." Barry	University College Dublin	58.0
1983	John J. "J.J." Barry	University College Dublin	53.7
1984	Philip Beattie	Queens University Belfast	52.2
1985	Denis Gerard Finnerty	Trinity College Dublin	54.6
1986	Philip Beattie	Queens University Belfast	50.9
1987	John J. "J.J." Barry	Trinity College Dublin	53.5
1988	John J. "J.J." Barry	Trinity College Dublin	53.22
1989	John J. "J.J." Barry	Trinity College Dublin	54.4
1990	John J. "J.J." Barry	Trinity College Dublin	56.21
1991	John Connolly	Trinity College Dublin	56.96
1992	John Connolly	Trinity College Dublin	56.33
1993	John Connolly	Trinity College Dublin	55.8
1994	Ian Neely	University of Ulster	56.88
1995	Jeremy Lyons	Waterford RTC	56.50
1996	Brian Liddy	University College Dublin	53.14
1997	Brian Liddy	University College Dublin	53.88
1998	Brian Liddy	University College Dublin	54.16
1999	Brian Liddy	Trinity College Dublin	51.50
2000	Colin Byrne	Waterford IT	55.33
2001	Alex Brennan	University of Limerick	55.17
2002	Brian Liddy	Trinity College Dublin	56.56
2003	Colin Byrne	Dublin City University	53.51
2004	Philip Kearney	University of Limerick	56.9
2005	Maurice Donoghue	University of Limerick	55.32
2006	James Ruxton	IT Sligo	56.07
2007	Barry Upton	Waterford IT	54.52
2008	Barry Upton	Waterford IT	55.06
2009	Greg O'Leary	Dublin City University	58.77
2010	John Fagan	Dublin City University	53.29
2011	Thomas Barr	University of Limerick	53.92
2012	Timmy Crowe	University of Limerick	53.55
2013	Jason Harvey	University of Ulster	53.12
2014	Barry Upton	University of Limerick	54.24
2015	Thomas Barr	University of Limerick	50.44
2016	Evan McGuire	Dublin City University	54.77
2017	Thomas Barr	University of Limerick	50.92
2018	Darren Prout	Limerick IT	53.01
2019	Paul Byrne	University of Limerick	53.04



3000m Steeplechase Men

1972	Fionnbar "Finny" Long	University College Cork	9.51.8
1973	Fionnbar "Finny" Long	University College Cork	9.09.9
1974	Fionnbar "Finny" Long	University College Cork	9.00.6
1975	Fionnbar "Finny" Long	University College Cork	NT
1976	Fionnbar "Finny" Long	University College Cork	9.15.2
1977	John Baillie	Queens University Belfast	9.23.0
1978	Joe Hartnett	Thomond College of Education	9.09.8
1979	Eamon McMahon	Queens University Belfast	9.05.0
1980	Kingston H.G. Mills	Trinity College Dublin	9.19.8
1981	Daniel Edward Donal O'Mahony	Trinity College Dublin	9.45.0
1982	Senan O'Reilly	University College Dublin	9.38.0
1983	Noel Harvey	Trinity College Dublin	8.58.9
1984	Raymond Cox	University College Dublin	9.24.9
1985	Michael "Mick" Kelleher	University College Cork	9.25.0
1986	Enda Fitzpatrick	University College Dublin	8.58.7
1987	Not held		
1988	Donnacha O'Mahony	University College Cork	9.22.4
1989	Gerard "Ger" Cagney	University College Dublin	9.10.9
1990	David Dunwoody	Queens University Belfast	9.41.22
1991	Donnacha O'Mahony	University College Cork	9.48.61
1992	Gerard Ger Cagney	Queens University Belfast	9.24.57
1993	David Dunwoody	Queens University Belfast	10.02.09
1994	David Dunwoody	Queens University Belfast	9.43.04
1995	Gerard "Ger" Cagney	Queens University Belfast	9.22.04
1996	Gary Crossan	Éimavady HEC	9.29.00
1997	Gary Crossan	University of Ulster	9.46.42
1998	Eugene O'Neill	Dublin IT	9.34.92
1999	Daniel Martinez	Queens University Belfast	9.39.60
2000	Eugene O'Neill	Dublin IT	9.24.66
2001	Ian O'Sullivan	University College Cork	9.40.45
2002	Andrew Dunwoody	Queens University Belfast	9.49.70
2003	Eugene O'Neill	Trinity College Dublin	9.10.90
2004	Gareth Coghlan	University College Dublin	9.38.88
2005	Eugene O'Neill	Trinity College Dublin	9.17.76
2006	Mark Kirwan	Trinity College Dublin	9.22.86
2007	Mark Kirwan	Trinity College Dublin	9.11.33
2008	Rory Chesser	University of Limerick	9.28.06
2009	Mark Kirwan	University College Dublin	9.03.98
2010	Patrick Flynn	Waterford IT	9.48.81
2011	Liam Reale	University of Limerick	9.08.71
2012	Emmet Jennings	Dublin City University	9.25.18
2013	Emmet Jennings	Dublin City University	9.36.50
2014	Darragh Rennicks	Athlone IT	9.31.50
2015	Jayne Rossiter	Dublin City University	9.21.55
2016	Brian Kirwan	IT Carlow	9.44.38
2017	Michael Carey	Dublin City University	9.48.32
2018	Paul O'Donnell	University College Dublin	9.22.55
2019	Brian Fay	Dublin City University	9.01.48



3,000m Walk Men

1873	James Crofts	University College Cork	35.08.0
1874	James Crofts	University College Cork	NT
Not Held 1875-1982			
1983	M. O'Keeffe	NIHE Limerick	15.07.0
1985	Risteard Pearse	University College Cork	18.22.6
1986	Risteard Pearse	ISLI	14.48.0
1987	J. Mullins	University College Cork	16.27.4
1988	Frank Gleeson	University College Dublin	18.13.68
1989	Fergal Tansey	University College Dublin	14.28.7
1990	John White	Cork RTC	13.47.69
1991	John White	University College Cork	15.46.18
1992	Francis Shovlin	University College Galway	16.06.0
1993	Francis Shovlin	University College Galway	13.36.0
1994	Pierce O'Callaghan	University College Dublin	13.28.30
1995	Pat Ryan	Dublin IT	12.29.04
1996	Jamie Costin	University College Dublin	12.27.90
1997	Jamie Costin	University College Dublin	12.43.00
1998	Pierce O'Callaghan	University College Dublin	12.11.94
1999	Declan Byrne	University of Limerick	14.00.3
2000	John Cunniffe	Trinity College Dublin	13.59.10
2001	John Cunniffe	Trinity College Dublin	14.34.19
2002	John Cunniffe	Trinity College Dublin	14.18.6
2003	Martin Conroy	NUI Galway	14.07.73
2004	Colin Griffin	University of Limerick	12.34.55
2005	Fergal Tansey	University College Dublin	14.09.32
2006	Colin Griffin	University of Limerick	11.47.51
2007	Brendan Boyce	IT Carlow	14.10.38
2008	Paul Fitzpatrick	Dundalk IT	12.54.63
2009	Tim Healy	University College Cork	13.55.22
2010	Paul Fitzpatrick	Dundalk IT	12.48.69
2011	Cian McManamon	University of Limerick	12.28.75
2012	Cian McManamon	University of Limerick	12.25.44
2013	Cian McManamon	University of Limerick	13.31.24
2014	Eric Hynes	Galway Mayo IT	16.11.49
2015	Evan Lynch	University of Limerick	12.32.65
2016	Nicholas Dunphy	Dublin City University	14.20.49
2017	Evan Lynch	University of Limerick	13.16.44
2018	David Kenny	Cork IT	12.44.37
2019	Joseph Mooney	Dublin City University	13.37.05

4x100m Relay Men

1962	University College Galway	NT
1963	University College Dublin	44.9
1964	University College Dublin	45.7
1965	Trinity College Dublin	NT
1966	Trinity College Dublin	45.9
1967	University College Dublin	NT
1968	University College Dublin	45.4
1969	Queens University Belfast	43.2
1970	University College Dublin	44.4
1971	Queens University Belfast	44.9
1972	University College Dublin	43.6
1973	Queens University Belfast	44.1
1974	Queens University Belfast	43.1
1975	Queens University Belfast	44.4
1976	Trinity College Dublin	43.5
1977	Trinity College Dublin	44.3
1978	Queens University Belfast	43.1



1979	Queens University Belfast	43.5
1980	University College Cork	43.3
1981	University College Cork	44.2
1982	University College Dublin	44.3
1983	University College Dublin	42.5
1984	Queens University Belfast	42.3
1985	Queens University Belfast	43.0
1986	Queens University Belfast	44.4
1987	Queens University Belfast	42.6
1988	Queens University Belfast	45.12
1989	Queens University Belfast	43.6
1990	Trinity College Dublin	43.53
1991	University College Dublin	44.51
1992	University of Limerick	44.4
1993	University of Limerick	43.86
1994	University of Limerick	44.00
1995	University of Limerick	44.74
1996	University College Dublin	44.06
1997	University of Limerick	42.32
1998	University of Limerick	41.90
1999	University of Limerick	43.50
2000	University of Limerick	43.07
2001	University of Limerick	44.58
2002	University of Limerick	43.71
2003	University College Cork	43.62
2004	University College Cork	44.66
2005	University of Limerick	43.82
2006	University of Limerick	43.20
2007	University College Dublin	42.94
2008	University College Dublin	44.11
2009	Dublin City University	43.05
2010	University of Limerick	41.90
2011	University of Ulster	42.21
2012	University of Limerick	42.23
2013	University of Ulster	41.84
2014	Dublin City University	43.68
2015	University of Ulster	41.98
2016	Queens University Belfast	42.6
2017	IT Carlow	41.62
2018	Dublin City University	41.81
2019	Dublin City University	41.59

4x400m Relay Men

1974	Queens University Belfast	3.24.6
1975	National College of Physical Education	3.27.3
1976	Queens University Belfast	3.24.8
1977	Trinity College Dublin	3.30.4
1978	Queens University Belfast	3.22.70
1979	Queens University Belfast	3.23.0
1980	University College Dublin	3.26.6
1981	University College Dublin	3.24.2
1982	University College Dublin	3.30.7
1983	University College Dublin	3.20.5
1984	Queens University Belfast	3.18.4
1985	Queens University Belfast	3.22.1
1986	University College Dublin	3.31.5
1987	Queens University Belfast	3.20.2
1988	University College Cork	3.25.39
1989	Queens University Belfast	3.20.5



1990	University of Limerick	3.26.98
1991	University College Dublin	3.28.98
1992	University of Limerick	3.33.8
1993	University College Dublin	3.20.4
1994	University College Dublin	3.21.90
1995	University College Dublin	3.27.82
1996	University College Dublin	3.23.23
1997	University College Dublin	3.19.28
1998	University of Limerick	3.25.90
1999	Waterford IT	3.20.97
2000	University of Limerick	3.23.23
2001	University of Limerick	3.27.80
2002	University of Limerick	3.27.11
2003	University of Limerick	3.20.91
2004	University of Limerick	3.25.26
2005	University of Limerick	3.24.10
2006	University College Cork	3.22.58
2007	Dublin City University	3.21.02
2008	Dublin City University	3.26.18
2009	Dublin City University	3.22.96
2010	University of Limerick	3.19.65
2011	University of Limerick	3.20.87
2012	University of Limerick	3.18.04
2013	University College Dublin	3.23.42
2014	Dublin City University	3.16.64
2015	University of Limerick	3.18.97
2016	Dublin City University	3.22.8
2017	University of Limerick	3.17.16
2018	Dublin City University	3.18.18
2019	Dublin City University	3.17.47

High Jump Men

1873	Percy Herbert Johnston	University College Cork	1.37
1874	AN Other	Queens University Belfast	Unknown
1875-1911 Not held			
1912	H McLoughlin	University College Dublin	1.61
1913	H McLoughlin (tied)	University College Dublin	1.68
1913	Robin Hall (tied)	Queens University Belfast	1.68
1914	Henry Richard Power	Trinity College Dublin	1.70
1915-1919 not held			
1920	Edward J. "Ed" Goggin	University College Cork	1.72
1921	Edward J. "Ed" Goggin	University College Cork	1.67
1922	Edward J. "Ed" Goggin	University College Cork	1.64
1923	Daniel A. O'C. Quinlan	Trinity College Dublin	1.67
1924	Edward J. "Ed" Goggin	University College Cork	1.72
1925	Eamonn Fitzgerald	University College Dublin	1.76
1926	Eamonn Fitzgerald (tied)	University College Dublin	1.67
1926	Daniel A. O'C. Quinlan (tied)	Trinity College Dublin	1.67
1927	Eamonn Fitzgerald	University College Dublin	1.72
1928	Eamonn Fitzgerald	University College Dublin	1.72
1929	Michael A. "Al" Moroney	University College Dublin	1.83
1930	Michael A. "Al" Moroney	University College Dublin	1.85
1931	Michael A. "Al" Moroney (tied)	University College Dublin	1.80
1931	Dr Patrick J. "Pat" O'Callaghan (tied)	University College Cork	1.80
1932	Michael A. "Al" Moroney	University College Dublin	1.78
1933	Michael A. "Al" Moroney	University College Dublin	1.84
1934	D.A. Sheehan	University College Dublin	1.71
1935	Patrick C. Bresnihan	University College Dublin	1.70
1936	Patrick C. Bresnihan	University College Dublin	1.76



1937	D.A. Sheehan (tied)	University College Dublin	1.69
1937	David Hogg McNeill (tied)	Trinity College Dublin	1.69
1938	Tom Wall	University College Dublin	1.65
1939	Tom Wall	University College Dublin	1.80
1940-1945 Not held			
1946	Tobias Joyce (tied)	University College Dublin	1.75
1946	D. McEvoy (tied)	University College Galway	1.75
1947	D. McEvoy	University College Dublin	1.64
1948	Sean Doohan	University College Dublin	1.69
1949	Fionnbar Callanan	University College Dublin	1.72
1950	Fionnbar Callanan	University College Dublin	1.71
1951	Fionnbar Callanan	University College Dublin	1.85
1952	Des Noel	University College Dublin	1.75
1953	Fionnbar Callanan	University College Dublin	1.72
1954	Maccon McNamara	University College Galway	1.74
1955	Patrick Pat O.C. Ozieh	University College Cork	1.72
1956	Maccon McNamara	University College Galway	1.81
1957	Maccon McNamara	University College Galway	1.76
1958	Michael McSweeney	University College Dublin	1.78
1959	T. O'Shea	University College Dublin	1.80
1960	Brendan O'Reilly	University College Dublin	1.88
1961	Dennis Okoro	University College Dublin	1.75
1962	Robert Andrew Crawford	Trinity College Dublin	1.72
1963	Liam Kelleher	University College Dublin	1.78
1964	Robert Andrew Crawford	Trinity College Dublin	1.78
1965	Liam Kelleher	University College Dublin	1.72
1966	Sean O'Dwyer	University College Dublin	1.83
1967	Jim Fanning	University College Dublin	1.83
1968	John Fitzgibbon	University College Cork	1.78
1969	William A. "Willie" Kilpatrick	Queens University Belfast	1.69
1970	Raymond "Ray" Knox	Queens University Belfast	1.78
1971	Raymond "Ray" Knox	Queens University Belfast	1.78
1972	Ingvald Falch	Royal College Surgeons Ireland	1.83
1973	Brendan Curtin	University College Dublin	1.78
1974	Ingvald Falch	Royal College Surgeons Ireland	1.93
1975	Ian Cyril Travers	Trinity College Dublin	1.79
1976	Ian Cyril Travers	Trinity College Dublin	1.85
1977	Ingvald Falch	Royal College Surgeons Ireland	1.83
1978	George Griffin	Queens University Belfast	1.95
1979	Frank Sweeney	University College Dublin	1.95
1980	Frank Sweeney	University College Dublin	1.95
1981	Frank Sweeney	University College Dublin	1.96
1982	R. Scott	Thomond College of Education	1.92
1983	Paul McKinney	Queens University Belfast	1.95
1984	Richard Garvey	NIHE Dublin	2.01
1985	Ricky Robinson	University of Ulster	2.05
1986	Ricky Robinson	University of Ulster	2.00
1987	Mike Power	NIHE Limerick	2.00
1988	Simon Boyle	Queens University Belfast	1.95
1989	John P. Mullen	Trinity College Dublin	1.95
1990	Michael Power	University of Limerick	1.95
1991	Donal O'Neill	Queens University Belfast	1.95
1992	Enda O'Connell	St. Patrick's Maynooth	2.00
1993	Colin Casey	University of Limerick	1.90
1994	Antoine Burke	University College Dublin	2.00
1995	Ray Swan	Waterford RTC	??
1996	Ray Swan	Waterford RTC	1.95
1997	Antoine Burke	University College Dublin	2.06
1998	Antoine Burke	University of Limerick	2.05
1999	Brendan McConville	University of Ulster	1.95
2000	Alan Delaney	University of Limerick	1.90
2001	Alan Delaney	University of Limerick	2.00



2002	Chris McDermott	NUIG	1.80
2003	Philip Kearney	University of Limerick	1.92
2004	Gerard Solden	University College Dublin	1.86
2005	Brian Flatley	Limerick IT	1.95
2006	Christopher Crowley	Cork IT	1.99
2007	Christopher Crowley	Dublin City University	2.01
2008	Christopher Crowley	Dublin City University	2.03
2009	Barry Pender	Dublin City University	1.91
2010	Kourosh Foroughi	Dublin City University	2.10
2011	Barry Pender	Dublin City University	2.10
2012	Barry Pender	Dublin City University	2.11
2013	Kourosh Foroughi	Dublin City University	2.00
2014	Kourosh Foroughi	Dublin City University	2.12
2015	Barry Pender	Dublin City University	2.10
2016	David Cussen	University College Cork	2.00
2017	David Cussen	University College Cork	2.05
2018	Keith Marks	Dublin City University	1.90
2019	Ryan Carthy Walsh	Waterford IT	1.95

Long Jump Men

1873	James Carroll Daly	University College Cork	6.23
1874	James Carroll Daly	University College Cork	6.06
1875-1911 Not held			
1912	Michael F. O'Hanlon	University College Dublin	6.59
1913	Michael F. O'Hanlon	University College Dublin	6.68
1914	Robin Hall	Queens University Belfast	6.53
1915-1919 not held			
1920	Joseph Joe Phelan	University College Dublin	6.53
1921	Denis John Cussen	Trinity College Dublin	6.96
1922	Harry H. Conway	University College Dublin	6.73
1923	Harry H. Conway	University College Dublin	6.50
1924	Harry H. Conway	University College Dublin	6.44
1925	Robert Joseph Cussen	Trinity College Dublin	6.72
1926	John O. Jagoe	University College Cork	6.65
1927	Francis B. Moynihan	Trinity College Dublin	6.58
1928	Francis B. Moynihan	Trinity College Dublin	6.61
1929	Stanley B. Potter	University College Dublin	6.95
1930	Stanley B. Potter	University College Dublin	7.03
1931	Stanley B. Potter	University College Dublin	6.97
1932	Stanley B. Potter	University College Dublin	6.77
1933	Stanley B. Potter	University College Dublin	6.76
1934	John M.W. Howe	Trinity College Dublin	6.88
1935	George William Craigie	Trinity College Dublin	6.55
1936	D.A. Sheehan	University College Dublin	6.65
1937	George William Craigie	Trinity College Dublin	6.91
1938	D.A. Sheehan	Trinity College Dublin	6.51
1939	Kevin P. O'Flanagan	University College Dublin	6.51
1940 - 1945 Not held			
1946	P. O'Flaherty	University College Galway	6.78
1947	Wallace "Wally" Tyrrell	University College Dublin	6.35
1948	T. Kearney	University College Dublin	6.36
1949	J.P. Walshe	University College Galway	6.53
1950	J. Roche	University College Dublin	6.53
1951	M. Brennan	University College Galway	6.46
1952	P. M. Kenneally	University College Galway	6.67
1953	Fionnbar Callanan	University College Dublin	6.68
1954	P. M. Kenneally	University College Galway	6.42
1955	Paul Kennelly	University College Galway	6.86
1956	Michael McSweeney	University College Dublin	6.65
1957	Brian Little	University College Dublin	6.45



1958	Michael McSweeney	University College Dublin	6.42
1959	Michael "Mick" Moroney	University College Cork	6.69
1960	Tom Kilcoyne	University College Dublin	6.26
1961	Peadar Maye	University College Dublin	6.86
1962	William "Billy" Glynn	University College Dublin	6.70
1963	Richard G.V. Boelens	Trinity College Dublin	6.60
1964	Sean O'Dwyer	University College Dublin	6.65
1965	Richard G.V. Boelens	Trinity College Dublin	6.50
1966	Sean O'Dwyer	University College Dublin	6.74
1967	Mick O'Flynn	University College Cork	6.35
1968	Mick O'Flynn	University College Cork	6.49
1969	Michael A. "Mike" Bull	Queens University Belfast	7.07
1970	Frank O'Driscoll	University College Dublin	6.59
1971	P. Brennan	University College Dublin	6.74
1972	Ingvald Falch	Royal College Surgeons Ireland	6.94
1973	William A. "Willie" Kirkpatrick	Queens University Belfast	7.24
1974	Ingvald Falch	Royal College Surgeons Ireland	7.43
1975	William A. "Willie" Kirkpatrick	Queens University Belfast	6.86
1976	Ingvald Falch	Royal College Surgeons Ireland	7.08
1977	Padraic Jordan	University College Galway	7.07
1978	Fergus Conway	Trinity College Dublin	6.61
1979	Colin Boreman	Queens University Belfast	6.76
1980	Billy Oakes	University College Cork	7.04
1981	Ian Condron	Queens University Belfast	6.70
1982	Billy Oakes	University College Cork	6.81
1983	Billy Oakes	University College Cork	6.81
1984	Billy Oakes	University College Cork	6.95
1985	Billy Oakes	University College Cork	6.98
1986	Michael McDonald	Queens University Belfast	6.53
1987	Malcahy Sheridan	NIHE Dublin	6.69
1988	Colin Hill	Queens University Belfast	6.52
1989	Michael Power	NIHE Limerick	6.36
1990	Michael Power	University of Limerick	6.38
1991	Colin Casey	University of Limerick	6.89
1992	Alan Giblin	University of Limerick	7.16
1993	Alan Giblin	University of Limerick	6.89
1994	Alan Giblin	University of Limerick	6.72
1995	Alan Giblin	University of Limerick	6.47
1996	Tim Pat O'Connor	Waterford RTC	6.57
1997	Tim Pat O'Connor	Waterford RTC	6.86
1998	Antoine Burke	University of Limerick	7.29
1999	Brendan Bourke	University of Limerick	6.94
2000	Brendan Bourke	University of Limerick	7.15
2001	Eoin McGrath	University College Dublin	7.01
2002	John Paul O'Brien	NUIG	6.77
2003	Kevin Burke	University of Limerick	6.25
2004	Kevin Burke	University of Limerick	6.67
2005	Brian Flatley	Limerick IT	6.64
2006	Leslie Leung	University of Ulster	6.86
2007	Brendan Bourke	University of Limerick	6.80
2008	Christopher Crowley	Dublin City University	6.85
2009	Eoin Hannon	Dublin City University	6.91
2010	Eoin Hannon	Dublin City University	7.40
2011	Eoin Hannon	Dublin City University	7.16
2012	Eamonn Fahey	Trinity College Dublin	6.98
2013	David Quilligan	University of Limerick	7.26
2014	Adam McMullan	University of Ulster	7.55
2015	Adam McMullan	University of Ulster	7.55
2016	Colm Bourke	Dublin City University	6.95
2017	Shane Howard	University of Limerick	7.31
2018	Keith Marks	Dublin City University	7.08
2019	Keith Marks	Dublin City University	7.16



Triple Jump Men

1965	Sean O'Dwyer	University College Dublin	13.23
1966	Sean O'Dwyer	University College Dublin	13.74
1967	Mick O'Flynn	University College Cork	13.83
1968	Mick O'Flynn	University College Cork	13.51
1969	K. Nichols	Queens University Belfast	14.16
1970	John Magee	University College Dublin	13.75
1971	Paul Magnier	University College Dublin	13.76
1972	Brendan Curtin	University College Dublin	13.92
1973	James McLister	Queens University Belfast	13.92
1974	James McLister	Queens University Belfast	14.40
1975	James McLister	Queens University Belfast	13.58
1976	D. Kennedy	Queens University Belfast	13.92
1977	Joe Carey	University College Dublin	13.72
1978	Joe Carey	University College Dublin	14.04
1979	James Shannon	Queens University Belfast	13.80
1980	Billy Oakes	University College Cork	14.19
1981	Anthony Tony Dunne	University College Dublin	13.52
1982	Niall McCarthy	University College Cork	14.41
1983	Billy Oakes	University College Cork	14.57
1984	Billy Oakes	University College Cork	14.70
1985	Billy Oakes	University College Cork	14.86
1986	Billy Oakes	University College Cork	15.17
1987	Michael McDonald	Queens University Belfast	14.23
1988	Michael McDonald	Queens University Belfast	14.95
1989	John Naughton	NIHE Limerick	13.06
1990	Mark Barry	University College Dublin	13.15
1991	Michael McDonald	Queens University Belfast	14.98
1992	Michael McDonald	Queens University Belfast	14.75
1993	Michael McDonald	Queens University Belfast	15.27
1994	Colin Casey	University of Limerick	13.42
1995	Alan Giblin	University of Limerick	13.13
1996	Liam Kelly	Carlow RTC	13.58
1997	Patrick Shannon	Dublin IT	13.83
1998	Robert Galvin	University of Limerick	13.98
1999	John Donnelly	Queens University Belfast	14.83
2000	John Donnelly	Queens University Belfast	14.24
2001	John Donnelly	Queens University Belfast	14.12
2002	Alan Saulters	University of Ulster	13.91
2003	Kevin Burke	University of Limerick	13.32
2004	Sean Lonergan	IT Carlow	13.72
2005	Conor Sheehy	University College Cork	13.52
2006	Leslie Leung	University of Ulster	14.20
2007	Denis Finnegan	University College Cork	14.08
2008	Eoin Kelly	Dublin City University	14.62
2009	Eoin Kelly	Dublin City University	14.47
2010	Alan Kennedy	University of Ulster	15.19
2011	Alan Kennedy	University of Ulster	14.70
2012	Alan Kennedy	University of Ulster	14.54
2013	Eoin Kelly	Dublin City University	14.35
2014	Eoin Kelly	Dublin City University	14.54
2015	Conall Mahon	NUIG	14.00
2016	Conor Durnin	Dublin City University	13.91
2017	Oisin Taylor	Dublin City University	14.06
2018	Mark Burton	Queens University Belfast	15.24
2019	Mark Burton	Queens University Belfast	14.25



Pole Vault Men

1873	Percy Herbert Johnston	University College Cork	2.44
1874	AN Other	Queens University Belfast	Unknown
1875-1951 Not held			
1952	B. Beirne	University College Dublin	2.89
1953	Frank Cruess Callaghan	University College Dublin	3.14
1954	Brian Gallagher	University College Dublin	3.21
1955	Brian Gallagher	University College Dublin	3.24
1956	P.J. Nolan	University College Dublin	3.20
1957	Brian Gallagher	University College Dublin	3.27
1958	Terrence "Terry" O'Callaghan	University College Cork	3.05
1959	D. Kerins	University College Galway	2.89
1960	Denis Twomey	University College Dublin	3.05
1961	Denis Twomey	University College Dublin	3.20
1962	Patrick "Paddy" McGrath	University College Cork	3.35
1963	Patrick Paddy McGrath	University College Cork	3.53
1964	Did not take place due to weather		
1965	Liam Gleeson	University College Dublin	3.66
1966	Liam Gleeson	University College Dublin	3.81
1967	John Lane	University College Dublin	3.35
1968	Rodney Hecksher	University College Dublin	3.73
1969	Hugh Alexander Smyth	Trinity College Dublin	3.12
1970	Liam Gleeson	University College Galway	3.96
1971	David Booth	University College Dublin	3.81
1972	Gerry Bradley	University College Dublin	3.20
1973	Michael J. O'B. Kennedy	Trinity College Dublin	3.50
1974	Michael Mike Bull	Queens University Belfast	3.20
1975	Frank Hezlin	University College Dublin	3.20
1976	Eamonn O'Riordan	National College of Physical Education	3.35
1977	Stephen Donald Smith	Trinity College Dublin	3.65
1978	Stephen Donald Smith	Trinity College Dublin	3.80
1979	Liam Hennessy	National College of Physical Education	4.00
1980	Liam Hennessy	National College of Physical Education	4.20
1981	Liam Hennessy	Thomond College of Education	4.00
1982	Ian Condron	Queens University Belfast	3.90
1983	A. O'Connor	University College Dublin	3.80
1984	Jim Alexander	Queens University Belfast	4.00
1985	Malacahy Sheridan	NIHE Dublin	4.10
1986	Eamon Galvin	University College Dublin	3.80
1987	Malacahy Sheridan	NIHE Limerick	3.60
1988	Michael K. Mullins	Trinity College Dublin	3.00
1989	John Naughton	NIHE Limerick	3.30
1990	Michael Power	University of Limerick	2.80
1991	John Naughton	University of Limerick	3.20
1992	Keith Sullivan	Trinity College Dublin	3.80
1993	Enda O'Connell	St. Patrick's Maynooth	3.80
1994	Abandoned due to weather		
1995	Mark Ramsey	University of Ulster	3.80
1996	Thallius Hecksher	University College Dublin	3.60
1997	Thallius Hecksher	University College Dublin	3.40
1998	Gary O'Sullivan	Dublin IT	3.60
1999	Peter McLoughlin	University College Dublin	4.56
2000	Ronan Curran	University College Cork	3.20
2001	Ronan Curran	University College Cork	3.10
2002	Ruairi O'Briain	University College Dublin	3.00
2003	Liam Houlihan	Waterford IT	3.20
2004	Liam Houlihan	Waterford IT	3.20
2005	Ruairi O'Briain	University College Dublin	4.00
2006	Liam Houlihan	University of Limerick	4.00
2007	Anthony McCreery	Dublin City University	4.30
2008	Anthony McCreery	Dublin City University	4.30



2009	Liam Houlihan	University of Limerick	4.30
2010	Ian Rodgers	Dublin IT	4.70
2011	Thomas Houlihan	Cork IT	4.40
2012	Thomas Houlihan	Cork IT	4.40
2013	Ian Rodgers	Dublin IT	4.40
2014	Ian Rodgers	Dublin IT	4.60
2015	Thomas Houlihan	Cork IT	4.60
2016	Ian Rodgers	Athlone IT	4.40
2017	Thomas Houlihan	Cork IT	4.30
2018	Yuri Kanash	University of Limerick	4.40
2019	Shane Power	Dublin City University	3.80

Shot Put Men

1873	Charles Wadsworth	Queens University Belfast	11.78
1874	Charles Wadsworth	Queens University Belfast	Unknown
1875-1912 Not held			
1913	Patrick O'Connell	University College Dublin	11.38
1914	Nicholas A. Sheridan	University College Dublin	11.01
1915-1919 Not held			
1920	Adrian J.L. Snýman	Trinity College Dublin	10.97
1921	Nicolaas Jan V. van Druuten	Trinity College Dublin	10.49
1922	J.S. O'Brien	University College Dublin	11.42
1923	J.S. O'Brien	University College Dublin	10.65
1924	J.S. O'Brien	University College Dublin	11.02
1925	Denis John Cussen	Trinity College Dublin	11.02
1926	Timothy Tim Kirby	University College Dublin	10.16
1927	Eamonn O'Doherty	University College Dublin	10.64
1928	Eamonn O'Doherty	University College Dublin	10.93
1929	Dr Patrick J. "Pat" O'Callaghan	University College Cork	13.54
1930	Dr Patrick J. "Pat" O'Callaghan	University College Cork	14.07
1931	Dr Patrick J. "Pat" O'Callaghan	University College Cork	13.24
1932	James C. Conroy	Trinity College Dublin	11.97
1933	Patrick J. Mullaney	Trinity College Dublin	11.80
1934	Jack R.S. Russell	University College Cork	11.67
1935	Patrick J. Mullaney	Trinity College Dublin	11.40
1936	Leonard Nicholas "Len" Horan	Trinity College Dublin	12.49
1937	Leonard Nicholas "Len" Horan	Trinity College Dublin	13.21
1938	Tommy A. Headon	University College Dublin	12.05
1939	Tommy A. Headon	University College Dublin	12.95
1940 - 1945 Not held			
1946	J Malone	University College Dublin	13.05
1947	Patrick "Paddy" Browne	University College Dublin	10.73
1948	Patrick "Paddy" Browne	University College Dublin	11.43
1949	Patrick "Paddy" Joyce	University College Galway	12.11
1950	Michael A. "Mick" Mangan	University College Galway	11.62
1951	Michael A. "Mick" Mangan	University College Galway	12.15
1952	Michael A. "Mick" Mangan	University College Galway	11.92
1953	Jack Winters	University College Dublin	11.57
1954	Pat O'Callaghan	University College Cork	11.39
1955	Pat O'Callaghan	University College Cork	12.41
1956	Pat O'Callaghan	University College Cork	12.28
1957	Pat O'Callaghan	University College Cork	12.60
1958	Pat O'Callaghan	University College Cork	12.81
1959	Kevin Prendergast	University College Dublin	14.15
1960	Kevin Prendergast	University College Dublin	14.17
1961	Kevin Prendergast	University College Dublin	13.38
1962	Hugh O'Callaghan	University College Cork	14.92
1963	Hugh O'Callaghan	University College Cork	15.66
1964	Hugh O'Callaghan	University College Cork	15.73



1965	Thomas Lionel P. Hatt	Trinity College Dublin	13.61
1966	Thomas Lionel P. Hatt	Trinity College Dublin	13.59
1967	Larry Cheevers	University College Dublin	14.84
1968	Ian Robertson Mowat	Trinity College Dublin	14.26
1969	Michael Mike A. Bull	Queens University Belfast	13.82
1970	Bjørn Wærø Heggelund	Royal College Surgeons Ireland	14.65
1971	Bjørn Wærø Heggelund	Royal College Surgeons Ireland	13.01
1972	Bjørn Wærø Heggelund	Royal College Surgeons Ireland	13.65
1973	Timothy Patrick "Tim" O'Connor	Trinity College Dublin	11.75
1974	Michael A. "Mike" Bull	Queens University Belfast	13.43
1975	Birger Kristiansen	Royal College Surgeons Ireland	12.14
1976	Birger Kristiansen	Royal College Surgeons Ireland	12.65
1977	Mark Atkinson	Queens University Belfast	13.63
1978	Mark Atkinson	Queens University Belfast	15.13
1979	Mark Atkinson	Queens University Belfast	14.39
1980	Mark Atkinson	Queens University Belfast	14.87
1981	Mark Atkinson	Queens University Belfast	14.80
1982	M. McCarthy	University College Cork	12.66
1983	Fergal Downey	University College Dublin	14.04
1984	Fergal Downey	University College Dublin	13.90
1985	Fergal Downey	University College Dublin	13.98
1986	Fergal Downey	University College Dublin	14.49
1987			
1988	Steve Bergin	Queens University Belfast	14.67
1989	Steve Bergin	Queens University Belfast	15.67
1990	John Farrelly	University College Dublin	14.04
1991	John Farrelly	University College Dublin	14.43
1992	Paul Quinlan	Trinity College Dublin	12.44
1993	Victor Costello	University College Dublin	16.36
1994	Gerard Nagle	University College Dublin	14.05
1995	John Menton	Incorporated Law Society of Ireland	14.39
1996	John Menton	Incorporated Law Society of Ireland	13.46
1997	John Paul Leahy	Tralee RTC	15.24
1998	John Paul Leahy	IT Tralee	15.10
1999	Brendan Bourke	University of Limerick	12.28
2000	John Paul Leahy	IT Tralee	15.75
2001	Brendan Bourke	University of Limerick	11.71
2002	Geoffrey Mullins	Limerick IT	14.09
2003	Eoin Leen	University College Cork	14.86
2004	Mark Thompson	Queens University Belfast	12.26
2005	Mark Thompson	Queens University Belfast	12.63
2006	Jeremy Harper	University of Ulster	13.39
2007	Jeremy Harper	University of Ulster	13.17
2008	Jeremy Harper	University of Ulster	13.04
2009	Daniel Clifford	IT Tralee	13.22
2010	Luke Mangan	Dublin IT	14.12
2011	Luke Mangan	Dublin City University	14.45
2012	David Tierney	University College Dublin	13.90
2013	David Tierney	University College Dublin	13.44
2014	Diarmuid Hickey	University College Dublin	12.36
2015	John Kelly	Letterkenny IT	15.39
2016	John Kelly	Letterkenny IT	16.16
2017	John Kelly	Letterkenny IT	15.85
2018	John Kelly	Letterkenny IT	16.16
2019	John Kelly	Letterkenny IT	17.13



Discus Men

1914 William Leslie W. Smith	Trinity College Dublin	32.94
1915-1919 Not held		
1920 Joseph Joe Phelan	University College Dublin	29.92
1921 Joseph Joe Phelan	University College Dublin	33.04
1922 Joseph Joe Phelan	University College Dublin	31.96
1923 William Leslie W. Smith	Trinity College Dublin	33.34
1924 Joseph Joe Phelan	University College Dublin	35.01
1925 Denis John Cussen	Trinity College Dublin	35.26
1926 Sean T. Lavan	University College Dublin	32.32
1927 Eamonn Fitzgerald	University College Dublin	34.38
1928 Eamonn Fitzgerald	University College Dublin	35.01
1929 Dr Patrick J. "Pat" O'Callaghan	University College Cork	35.6
1930 Dr Patrick J. "Pat" O'Callaghan	University College Cork	40.74
1931 Dr Patrick J. "Pat" O'Callaghan	University College Cork	36.28
1932 O.L. Wallen	University College Dublin	35.16
1933 W. McC. Ross	Queens University Belfast	34.92
1934 O.L. Wallen	University College Dublin	36.34
1935 Leonard Nicholas "Len" Horan	Trinity College Dublin	35.16
1936 Leonard Nicholas "Len" Horan	Trinity College Dublin	39.01
1937 Leonard Nicholas "Len" Horan	Trinity College Dublin	34.63
1938 Tommy A. Headdon	University College Dublin	34.31
1939 Tommy A. Headdon	University College Dublin	36.58
1940 - 1945 Not held		
1946 Patrick "Paddy" Browne	University College Dublin	44.42
1947 Patrick "Paddy" Browne	University College Dublin	36.31
1948 Patrick "Paddy" Browne	University College Dublin	35.09
1949 Patrick "Paddy" Browne	University College Dublin	36.28
1950 Bolek J. Gurowski	University College Dublin	33.84
1951 Bolek J. Gurowski	University College Dublin	33.31
1952 Michael A. "Mick" Mangan	University College Galway	35.11
1953 Jack Winters	University College Dublin	32.06
1954 Martin Kelly	University College Galway	38.93
1955 Martin Kelly	University College Galway	39.16
1956 Martin Kelly	University College Galway	36.41
1957 Martin Kelly	University College Galway	37.83
1958 E. O'Dwyer	University College Dublin	33.78
1959 Brian O'Halloran	University College Dublin	41.38
1960 Kevin Prendergast	University College Dublin	44.09
1961 Kevin Prendergast	University College Dublin	40.94
1962 Hugh O'Callaghan	University College Cork	38.58
1963 Hugh O'Callaghan	University College Cork	43.31
1964 Hugh O'Callaghan	University College Cork	42.42
1965 Frank Mulreany	University College Dublin	41.64
1966 Frank Roche	University College Dublin	38.56
1967 Larry Cheevers	University College Dublin	37.72
1968 Ian Robertson Mowat	Trinity College Dublin	38.64
1969 Bjørn Wærø Heggelund	Royal College Surgeons Ireland	40.22
1970 Bjørn Wærø Heggelund	Royal College Surgeons Ireland	43.06
1971 Bjørn Wærø Heggelund	Royal College Surgeons Ireland	43.52
1972 Bjørn Wærø Heggelund	Royal College Surgeons Ireland	41.11
1973 Michael B. "Mick" O'Keefe	Trinity College Dublin	33.08
1974 Bjørn Wærø Heggelund	Royal College Surgeons Ireland	40.44
1975 Birger Kristiansen	Royal College Surgeons Ireland	38.14
1976 Birger Kristiansen	Royal College Surgeons Ireland	37.98
1977 Oliver Anderson	Queens University Belfast	41.36
1978 Mark Atkinson	Queens University Belfast	41.40
1979 John Sheehan	National College of Physical Education	41.08
1980 John Sheehan	National College of Physical Education	40.62
1981 Richard Shortall	Thomond College of Education	40.08
1982 Henry C.F. "Conor" Mulcahy	Trinity College Dublin	40.36



1983	Henry C.F. "Conor" Mulcahy	Trinity College Dublin	40.04
1984	Henry C.F. "Conor" Mulcahy	Trinity College Dublin	40.00
1985	Mark Sweeney	Royal College Surgeons Ireland	45.22
1986	Mark Sweeney	Royal College Surgeons Ireland	46.30
1987	Mark Sweeney	Royal College Surgeons Ireland	45.06
1988	Mark Sweeney	Royal College Surgeons Ireland	46.80
1989	John Farrelly	University College Dublin	47.52
1990	John Farrelly	University College Dublin	43.54
1991	John Menton	University College Dublin	48.20
1992	Gerard Nagle	University College Dublin	44.68
1993	John Menton	Incorporated Law Society of Ireland	??
1994	John Menton	Incorporated Law Society of Ireland	43.25
1995	John Menton	Incorporated Law Society of Ireland	52.38
1996	John Menton	Incorporated Law Society of Ireland	48.36
1997	John Paul Leahy	Tralee RTC	37.27
1998	John Paul Leahy	IT Tralee	41.08
1999	Simon Gaffney	University of Limerick	41.67
2000	Simon Gaffney	University of Limerick	40.32
2001	Brendan Bourke	University of Limerick	37.72
2002	Geoffrey Mullins	Limerick IT	41.71
2003	Eoin Leen	University College Cork	38.41
2004	Eoin Leen	University College Cork	45.02
2005	Mark Thompson	Queens University Belfast	36.52
2006	Jeremy Harper	University of Ulster	45.70
2007	Jeremy Harper	University of Ulster	44.50
2008	Jeremy Harper	University of Ulster	45.68
2009	Paul Hazler	Cork IT	43.41
2010	Daniel Clifford	IT Tralee	45.83
2011	Paul Hazler	Cork IT	40.21
2012	Marco Pons	Dublin City University	47.69
2013	Marco Pons	Dublin City University	43.49
2014	Marco Pons	Dublin City University	50.06
2015	Marco Pons	Dublin City University	48.32
2016	Marco Pons	Dublin City University	50.00
2017	Eoin Sheridan	Dublin City University	48.58
2018	Eoin Sheridan	Dublin City University	50.23
2019	Eoin Sheridan	Dublin City University	53.72

Hammer Men

1873	James Carroll Daly	University College Cork	27.96
1874	James Carroll Daly	University College Cork	28.61
1875-1970 Not Held			
1971	D. Carey	Queens University Belfast	NM
1972	P. Hay	University College Dublin	40.18
1973	Kenneth "Ken" Hutton	Queens University Belfast	42.00
1974	Kenneth "Ken" Hutton	Queens University Belfast	39.66
1975	Kenneth "Ken" Hutton	Queens University Belfast	45.40
1976	Tom O'Shaughnessy	University College Galway	40.74
1977	Tom O'Shaughnessy	University College Dublin	45.00
1978	Richard Gibson	University College Dublin	54.76
1979	Richard Gibson	University College Dublin	50.86
1980	Tom O'Shaughnessy	University College Dublin	44.73
1981	Tom O'Shaughnessy	University College Dublin	48.40
1982	Henry C.F. "Conor" Mulcahy	Trinity College Dublin	50.36
1983	Henry C.F. "Conor" Mulcahy	Trinity College Dublin	48.70
1984	Henry C.F. "Conor" Mulcahy	Trinity College Dublin	50.74
1985	Leo Archer	University College Dublin	55.22
1986	Daithi MacDomhnaill	University College Dublin	49.20
1987	Daithi MacDomhnaill	University College Dublin	49.00
1988	Pat O'Connor	University College Dublin	48.70



1989	Dimitri Nicos Chrysostomou	Trinity College Dublin	46.40
1990	Dimitri Nicos Chrysostomou	Trinity College Dublin	47.80
1991	Michael O'Brien	University College Cork	40.37
1992	David Tuite	Trinity College Dublin	43.40
1993	John O'Connor	Incorporated Law Society of Ireland	39.90
1994	John Menton	Incorporated Law Society of Ireland	43.98
1995	John Menton	Incorporated Law Society of Ireland	41.81
1996	John Menton	Incorporated Law Society of Ireland	43.98
1997	John Thompson	Trinity College Dublin	56.50
1998	George Eyres	Trinity College Dublin	53.64
1999	John Thompson	Trinity College Dublin	56.37
2000	John Thompson	Trinity College Dublin	55.68
2001	John Thompson	Royal College of Surgeons Ireland	49.72
2002	George Eyres	Trinity College Dublin	48.30
2003	George Eyres	Trinity College Dublin	52.25
2004	George Eyres	Trinity College Dublin	48.93
2005	Padraig White	University College Dublin	49.26
2006	James Nagle	IT Tralee	43.75
2007	James Nagle	IT Tralee	45.71
2008	Padraig White	University College Dublin	57.34
2009	Paul Hazler	Cork IT	52.11
2010	James Nagle	University of Limerick	51.73
2011	Thomas Furlong	IT Carlow	52.91
2012	Thomas Furlong	IT Carlow	55.40
2013	Thomas Furlong	IT Carlow	54.95
2014	Robert Moffett	Queens University Belfast	53.79
2015	Robert Moffett	Queens University Belfast	60.85
2016	Adam King	Dublin City University	59.38
2017	Adam King	Dublin City University	63.51
2018	Adam King	Dublin City University	60.18
2019	Adam King	Dublin City University	60.60

Javelin Men

1933	Raymond A. French	Trinity College Dublin	44.56
1934 - 1950	Not held		
1951	Paddy J. Mannion	University College Dublin	49.73
1952	Paddy J. Mannion	University College Dublin	46.46
1953	D. Bannin	University College Dublin	42.58
1954	Patrick O.C. "Pat" Ozieh	University College Cork	54.24
1955	Patrick O.C. "Pat" Ozieh	University College Cork	56.28
1956	T. McGuire	University College Dublin	47.67
1957	Brian O'Halloran	University College Dublin	62.30
1958	Eamonn Cantwell	University College Cork	50.14
1959	Maccon McNamara	University College Galway	49.76
1960	Brendan O'Reilly	University College Dublin	52.12
1961	Denis Twomey	University College Dublin	59.44
1962	Mario Pampanini	Trinity College Dublin	53.64
1963	Denis Twomey	University College Dublin	57.22
1964	Denis Twomey	University College Dublin	60.48
1965	Raphael Ray Emmanuel	University College Dublin	54.44
1966	Christopher John Butterworth	Trinity College Dublin	57.72
1967	Christopher John Butterworth	Trinity College Dublin	58.22
1968	Ralph Murphy	Queens University Belfast	56.28
1969	Bjørn Wærø Heggelund	Royal College Surgeons Ireland	58.22
1970	Bjørn Wærø Heggelund	Royal College Surgeons Ireland	56.18
1971	Bjørn Wærø Heggelund	Royal College Surgeons Ireland	56.96
1972	Bjørn Wærø Heggelund	Royal College Surgeons Ireland	50.12



1973	Timothy Patrick Tim O'Connor	Trinity College Dublin	55.09
1974	Bjørn Wærø Heggelund	Royal College Surgeons Ireland	60.35
1975	Brendan Curtin	University College Dublin	46.12
1976	Brian M. Curtin	Trinity College Dublin	49.16
1977	John Francis Murphy	Trinity College Dublin	50.62
1978	John Francis Murphy	Trinity College Dublin	55.06
1979	John Francis Murphy	Trinity College Dublin	56.75
1980	G. Sheehan	Thomond College of Education	51.10
1981	Ian Condron	Queens University Belfast	50.28
1982	Tom O'Shaughnessy	University College Dublin	48.38
1983	Cormac Smith	University College Dublin	48.62
1984	Cormac Smith	University College Dublin	55.10
1985	Brendan James Curtin	Trinity College Dublin	52.38
1986			
1987			
1988	Jamie O'Donnell	University College Dublin	53.98
1989	Jamie O'Donnell	University College Dublin	53.98
1990	Jamie O'Donnell	University College Dublin	55.60
1991	S. O'Shea	University of Limerick	51.35
1992	Jamie O'Donnell	Incorporated Law Society of Ireland	60.40
1993	Jamie O'Donnell	Incorporated Law Society of Ireland	52.30
1994	Brian McDermott	Dublin City University	48.15
1995	Nigel Carlisle	Queens University Belfast	50.30
1996	Niall Tuckey	Dublin IT	53.76
1997	Nigel Carlisle	Queens University Belfast	47.44
1998	Daniel Mantle	Trinity College Dublin	54.89
1999	Niall Tuckey	Dublin IT	56.62
2000	David Kelly	Dun Laoghaire Institute of Art, Design and Te	56.58
2001	David Kelly	Dun Laoghaire Institute of Art, Design and Te	56.05
2002	Joe Diskin	Dublin IT	51.45
2003	Robert Hume	Trinity College Dublin	50.47
2004	Brian McDermott	Dublin City University	50.88
2005	Brian McDermott	Dublin City University	56.05
2006	Brian McDermott	Dublin City University	50.64
2007	Jeremy Harper	University of Ulster	52.32
2008	Adam Rice	Trinity College Dublin	51.00
2009	Adam Rice	Trinity College Dublin	53.60
2010	Adam Rice	Trinity College Dublin	57.29
2011	Adam Rice	Trinity College Dublin	54.44
2012	Rory Kirwan	University of Ulster	49.47
2013	Jaco Oosthuysen	Dublin IT	53.84
2014	Jaco Oosthuysen	Dublin IT	53.48
2015	Jaco Oosthuysen	Dublin IT	59.23
2016	Brendan Hyland	Dublin City University	50.25
2017	Stephen Rice	Dublin City University	61.18
2018	Jack Magee	University of Ulster	65.95
2019	Jack Magee	University of Ulster	61.62

35lbs for distance Men

1913	John Donal Carroll	University College Dublin	6.24	(56 lbs)
1914-1991	Not held			
1992	Gerard Doherty	University of Ulster	7.89	
1993	John Menton	Incorporated Law Society of Ireland	10.85	
1994	John Menton	Incorporated Law Society of Ireland	10.36	
1995	John Menton	Incorporated Law Society of Ireland	10.98	
1996	John Menton	Incorporated Law Society of Ireland	11.53	
1997	Jonathan McSweeney	University College Cork	8.46	
1998	Austin Kennedy	Dublin IT	9.44	



1999	Barry Delaney	University College Dublin	8.78
2000	John Paul Leahy	IT Tralee	9.45
2001	Austin Kennedy	Dublin IT	9.05
2002	Joe Salmon	IT Carlow	7.36
2003	Eoin Leen	University College Cork	9.24
2004	Eoin Leen	University College Cork	8.81
2005	Padraig White	University College Dublin	8.52
2006	Jeremy Harper	University of Ulster	9.21
2007	Jeremy Harper	University of Ulster	9.03
2008	Jeremy Harper	University of Ulster	9.66
2009	Alan O'Connor	IT Tralee	9.19
2010	David Tierney	University College Dublin	10.35
2011	David Tierney	University College Dublin	10.25
2012	David Tierney	University College Dublin	10.55
2013	David Tierney	University College Dublin	10.24
2014	Niall McEvoy	University College Dublin	8.18
2015	Michael Kenny	University College Cork	8.20
2016	Killian Barry	University of Limerick	8.62
2017	Luke Mangan	University College Cork	9.66
2018	Michael Kenny	University College Cork	8.79
2019	Darragh Gaffney	Dublin City University	8.55

Overall Best University Men - Track & Field

1873	University College Cork	16
1874	University College Cork	11
1912	University College Dublin	9
1913	University College Dublin	10
1914	Trinity College Dublin	14
1920	University College Dublin	16
1921	Trinity College Dublin	13.5
1922	Trinity College Dublin	16
1923	Trinity College Dublin	15
1924	University College Dublin	15
1925	University College Dublin	12
1926	University College Dublin	13
1927	University College Dublin	16.5
1928	University College Dublin	20
1929	University College Dublin	16
1930	University College Dublin	14
1931	University College Dublin	14.5
1932	University College Dublin	16
1933	University College Dublin	12
1934	University College Dublin	14
1935	Trinity College Dublin	18
1936	Trinity College Dublin	17
1937	Trinity College Dublin	17.5
1938	University College Dublin	24
1939	University College Dublin	29
1946	University College Dublin	16.5
1947	University College Dublin	17
1948	University College Cork	16
1949	University College Dublin	12
1950	University College Dublin	22
1951	University College Dublin	65
1952	University College Dublin	52
1953	University College Dublin	30
1954	University College Dublin	16
1955	University College Dublin	16
1956	University College Dublin	24
1957	University College Dublin	23



1958	University College Cork	21
1959	University College Cork	19
1960	University College Dublin	26
1961	University College Dublin	25
1962	Trinity College Dublin	82
1963	University College Dublin	97
1964	University College Dublin	99.5
1965	University College Dublin	132
1966	University College Dublin	156
1967	University College Dublin	135
1968	University College Dublin	124
1969	Queens University Belfast	133
1970	University College Dublin	126
1971	Queens University Belfast	107
1972	University College Dublin	116
1973	Queens University Belfast	141
1974	Queens University Belfast	151
1975	University College Dublin	111
1976	Queens University Belfast	108
1977	Queens University Belfast	129
1978	Queens University Belfast	140
1979	University College Dublin	111
1980	University College Dublin	99
1981	University College Dublin	140
1982	University College Dublin	145
1983	University College Dublin	138
1984	University College Dublin	130
1985	Trinity College Dublin	105
1986	University College Dublin	123
1987	Queens University Belfast	131
1988	University College Dublin	115
1989	University College Dublin	129
1990	University College Dublin	112
1991	University College Dublin	133
1992	University College Dublin	119
1993	University of Limerick	116
1994	University College Dublin	116
1995	University College Dublin	125
1996	University College Dublin	114
1997	University College Dublin	118
1998	University of Limerick	116
1999	University of Limerick	105
2000	University of Limerick	133
2001	University of Limerick	122
2002	University of Limerick	78
2003	Trinity College Dublin	112
2004	University of Limerick	102
2005	University College Dublin	110
2006	University of Limerick	94
2007	Dublin City University	142
2008	Dublin City University	142
2009	Dublin City University	169
2010	Dublin City University	127
2011	Dublin City University	145
2012	Dublin City University	118
2013	Dublin City University	135
2014	Dublin City University	145.5
2015	Dublin City University	140
2016	Dublin City University	178
2017	Dublin City University	144
2018	Dublin City University	157
2019	Dublin City University	165.5



Combined Events Men

1993	John Naughton	University of Limerick	2883
1994	David Gardiner	Trinity College Dublin	3088
1995	Ted O'Brien	University of Limerick	2672
1996	Declan Byrne	University of Limerick	2692
1997	John Naughton	University College Cork	2879
1998	Thomas O'Donoghue	NUI Galway	2261
1999	Brendan Bourke	University of Limerick	3334
2000	Brendan Bourke	University of Limerick	3364
2001	Kevin Burke	University of Limerick	2999
2002	Chris McDermott	NUI Galway	2913
2003	Kevin Burke	University of Limerick	2829
2004	Kevin Burke	University of Limerick	3132
2005	Kevin Burke	University College Dublin	3031
2006	Christopher Crowley	Cork IT	3192
2007	Christopher Crowley	Dublin City University	3256
2008	Christopher Crowley	Dublin City University	2815
2009	Paul Byrne	Dublin City University	2950
2010	Paul Byrne	Dublin City University	3138
2011	Tom Reynolds	University of Ulster	3352
2012	Michael Bowler	IT Carlow	3137
2013	Kourosh Foroughi	Dublin City University	3317
2014	Kourosh Foroughi	Dublin City University	3502
2015	Michael Bowler	Dublin City University	3580
2016	Michael Bowler	Dublin City University	3374
2017	Shane Aston	Dublin City University	3166
2018	Shane Aston	Dublin City University	3066
2019	David Dagg	University College Dublin	2904

Cross Country Men - Individual

1963	John Hickey	University College Dublin
1964	Patrick "Pat" O'Riordan	University College Cork
1965	Sean Brosnan	University College Cork
1966	Patrick "Pat" O'Riordan	University College Cork
1967	Patrick "Pat" O'Riordan	University College Cork
1968	Len Alexander	Queens University Belfast
1969	Malcolm Edgar	Queens University Belfast
1970	Joe J. Scanlon	University College Galway
1971	Joe J. Scanlon	University College Galway
1972	Robert Benjamin Walker	Trinity College Dublin
1973	Fionnbar "Finny" Long	University College Cork
1974	John McLoughlin	Queens University Belfast
1975	Fionnbar "Finny" Long	University College Cork
1976	Gerry Finnegan	University College Dublin
1977	Gerry Hannon	Queens University Belfast
1978	Paul Lawthor	Queens University Belfast
1979	Paul Dunne	Trinity College Dublin
1980	Robert J. "Roy" Dooney	Trinity College Dublin
1981	Brendan Hilliard	University College Dublin
1982	Noel Harvey	Trinity College Dublin
1983	Brendan Hilliard	University College Dublin
1984	Enda Fitzpatrick	University College Dublin
1985	Michael "Mick" Kelleher	University College Cork
1986	Enda Fitzpatrick	University College Dublin
1987	Noel Richardson	Thomond College of Education
1988	Noel Richardson	Thomond College of Education



1989	Robin Clow Bryson	Queens University Belfast
1990	David Wilson	Queens University Belfast
1991	Donnacha O'Mahony	University College Cork
1992	Donnacha O'Mahony	University College Cork
1993	Dermot Donnelly	Queens University Belfast
1994	Bryan Conway	Queens University Belfast
1995	Dermot Donnelly	Queens University Belfast
1996	Pat O'Keeffe	University College Cork
1997	Kieran Lambe	University College Cork
1998	Fiachra Lombard	University College Cork
1999	Paul McNamara	NUI Galway
2000	Fiachra Lombard	University College Cork
2001	Gary Thornton	NUI Galway
2002	Bryan Conway	Queens University Belfast
2003	Mark Kenneally	Trinity College Dublin
2004	Mark Kenneally	Trinity College Dublin
2005	Mark Christie	Dublin City University
2006	Mark Christie	Dublin City University
2007	Joe Sweeney	University College Dublin
2008	Colm Turner	Dublin City University
2009	Breandan O'Neill	Dublin City University
2010	Breandan O'Neill	Dublin City University
2011	Dan Mulhare	Waterford IT
2012	John Coghlan	Dublin City University
2013	Jason Fahy	Waterford IT
2014	John Coghlan	Dublin City University
2015	Liam Brady	Athlone IT
2016	David McCarthy	Dublin City University
2017	Liam Brady	Athlone IT
2018	Damien Landers	NUI Galway
2019	Paul Robinson	Dublin City University
2020	Cathal Doyle	Dublin City University

Cross Country Men - Teams

1963	Trinity College Dublin	31 pts
1964	University College Cork	29 pts
1965	University College Cork	28 pts
1966	University College Dublin	35 pts
1967	Queens University Belfast	33 pts
1968	Queens University Belfast	33 pts
1969	Queens University Belfast	33 pts
1970	Queens University Belfast	40 pts
1971	University College Galway	56 pts
1972	University College Galway	75 pts
1973	University College Galway	74 pts
1974	University College Galway	
1975	University College Galway	85 pts
1976	University College Dublin	76 pts
1977	Queens University Belfast	56 pts
1978	University College Dublin	63 pts
1979	University College Galway	59 pts
1980	Trinity College Dublin	50 pts
1981	University College Dublin	57 pts
1982	Trinity College Dublin	41 pts
1983	Queens University Belfast	39 pts
1984	University College Dublin	
1985	Queens University Belfast	72 pts
1986	Queens University Belfast	55 pts
1987	Queens University Belfast	53 pts



1988	University College Dublin	66 pts
1989	University College Dublin	47 pts
1990	University College Dublin	74 pts
1991	University College Dublin	76 pts
1992	University College Dublin	75 pts
1993	Queens University Belfast	37 pts
1994	University College Cork	71 pts
1995	Queens University Belfast	52 pts
1996	University College Cork	64 pts
1997	University College Cork	65 pts
1998	University College Cork	45 pts
1999	University College Cork	48 pts
2000	University College Cork	76 pts
2001	University of Limerick	67 pts
2002	Queens University Belfast	90 pts
2003	Trinity College Dublin	69 pts
2004	Dublin City University	60 pts
2005	Dublin City University	58 pts
2006	University College Dublin	67 pts
2007	University College Dublin	55 pts
2008	Dublin City University	43 pts
2009	Dublin City University	44 pts
2010	Dublin City University	97 pts
2011	Dublin City University	65 pts
2012	Dublin City University	62 pts
2013	University College Dublin	90 pts
2014	Dublin City University	68 pts
2015	Dublin City University	58 pts
2016	Dublin City University	67 pts
2017	Dublin City University	56 pts
2018	Dublin City University	69 pts
2019	Dublin City University	38 pts
2020	Dublin City University	37 pts

Road Relays Men -

Note: From 1987 - 1992 the championships were held in February - March that corresponded to an academic year, i.e., in March 1992 this was the championship for 1991-92. In 1992-93, the road relays moved to before Christmas, the 1992-93 championships being held in November 1992. Note thus that there were two road relays in 1992, one in March (academic year 1991-92) and one in November (academic year 1992-93)

1987	Thomond College of Education	NT	
1988	Cork RTC	NT	
1989			
1990	University College Dublin	NT	
1991	University College Cork	42.00	
1992	University College Cork	NT	Mar
1992	Queens University Belfast	43.26	Nov
1993	Queens University Belfast	43.23	
1994	Queens University Belfast	NT	
1995	University College Cork	43.02	
1996	Queens University Belfast	42.03	
1997	University College Cork	42.54	
1998	University College Cork	43.53	
1999	University College Cork	43.13	
2000	University College Cork	44.23	
2001	University of Limerick	43.46	
2002	Queens University Belfast	42.50	
2003	Dublin City University	42.06	
2004	Dublin City University	42.04	



2005	University College Dublin	41.00
2006	University College Dublin	41.07
2007	Dublin City University	47.54
2008	Dublin City University	42.24
2009	Dublin City University	41.54
2010	Dublin City University	42.05
2011	University College Dublin	41.48
2012	University College Dublin	41.09
2013	Dublin City University	40.26
2014	Dublin City University	41.26
2015	Dublin City University	44.56
2016	University of Limerick	45.15
2017	Dublin City University	43.56
2018	Dublin City University	43.28
2019	Dublin City University	43.14

Women

100m Women

1966	Shona Murphy	University College Dublin	NT	
1967	D. Kelly	Queens University Belfast	12.2	
1968	Fionnuala Lysaght	University College Galway	15.5	
1969	Linda Teskey	Queens University Belfast	11.3	
1970	Olga Sandys	University College Galway	13.5	
1971	Valerie Shortland	University College Cork	12.8	
1972	Patricia Mary Moran	Trinity College Dublin	12.9	
1973	Patricia Mary Moran	Trinity College Dublin	12.3	w
1974	Linda McCurry	Queens University Belfast	12.5	
1975	Linda McCurry	Queens University Belfast	12.3	
1976	Linda McCurry	Queens University Belfast	11.7	
1977	Mary Doyle	University College Cork	13.0	
1978	M. O'Regan	Thomond College of Education	13.0	
1979	C. Martin	Queens University Belfast	12.5	
1980	C. Martin	Queens University Belfast	13.1	
1981	Margaret Mary "Margo" Quinn	Trinity College Dublin	12.5	
1982	Margaret Mary "Margo" Quinn	Trinity College Dublin	12.1	
1983	Deirdre Walsh	University College Dublin	12.6	
1984	Melita Bennett	University College Galway	12.6	
1985	Judith Rogers	University of Ulster	12.0	
1986	Olive Burke	University College Dublin	12.2	
1987	Olive Burke	University College Dublin	12.1	
1988	Fiona Tinman	Queens University Belfast	12.63	
1989	Stephanie O'Connell	Queens University Belfast	12.1	
1990	Fiona Tinman	Queens University Belfast	12.52	
1991	Fiona Tinman	Queens University Belfast	12.38	
1992	Siobhan O'Brien	University College Cork	13.0	
1993	Karen Mills	University of Ulster	12.50	
1994	Olivia Hurley	University College Dublin	13.5	
1995	Lena Barry	University of Limerick	12.42	
1996	Lena Barry	University of Limerick	12.77	
1997	Lena Barry	University of Limerick	12.05	
1998	Lena Barry	University of Limerick	12.02	
1999	Claire O'Connor	Queens University Belfast	12.56	
2000	Lena Barry	Incorporated Law Society of Ireland	12.56	
2001	Derval O'Rourke	University College Dublin	12.49	



2002	Anna Boyle	University of Ulster	12.15
2003	Anna Boyle	University of Ulster	12.39
2004	Ailís McSweeney	University College Cork	11.70
2005	Fiona O'Friel	University College Dublin	NT
2006	Ailís McSweeney	Dublin City University	12.78
2007	Louise Kiernan	Dublin IT	12.23
2008	Claire Brady	Dublin City University	12.02
2009	Niamh Whelan	University of Limerick	11.80
2010	Niamh Whelan	University of Limerick	12.08
2011	Amy Foster	University of Ulster	11.76
2012	Stephanie Creaner	Dublin City University	11.96
2013	Stephanie Creaner	Dublin City University	11.92
2014	Phil Healy	University College Cork	12.18
2015	Stephanie Creaner	Dublin City University	11.98
2016	Joan Healy	University College Cork	11.64
2017	Sarah Murray	Dublin City University	12.01
2018	Phil Healy	Waterford IT	11.99
2019	Phil Healy	Waterford IT	11.51

200m Women

1966	Shona Murphy	University College Dublin	NT
1967	Shona Murphy	University College Dublin	27.8
1968	Camilla Mary Neill	Trinity College Dublin	29.0
1969	Linda Teskey	Queens University Belfast	26.8
1970	Fionnuala Lysaght	Trinity College Dublin	28.0
1971	Valerie Shortland	University College Cork	28.2
1972	Patricia Mary Moran	Trinity College Dublin	27.7
1973	Patricia Mary Moran	Trinity College Dublin	27.8
1974	Linda McCurry	Queens University Belfast	25.0
1975	Linda McCurry	Queens University Belfast	25.3
1976	Linda McCurry	Queens University Belfast	25.4
1977	Mary Doyle	University College Cork	26.7
1978	Kathy Parke	Thomond College of Education	26.5
1979	C. Martin	Queens University Belfast	25.9
1980	C. Martin	Queens University Belfast	27.0
1981	Margaret Mary "Margo" Quinn	Trinity College Dublin	26.5
1982	Margaret Mary "Margo" Quinn	Trinity College Dublin	26.3
1983	Mary Nolan	Trinity College Dublin	26.1
1984	Melita Bennett	University College Galway	26.2
1985	Patricia Walsh	Trinity College Dublin	24.6
1986	Olive Burke	University College Dublin	26.1
1987	Patricia Walsh	Trinity College Dublin	25.1
1988	Fiona Tinman	Queens University Belfast	26.36
1989	Stephanie O'Connell	Queens University Belfast	24.4
1990	Fiona Tinman	Queens University Belfast	24.29
1991	Fiona Tinman	Queens University Belfast	25.02
1992	Emma Nicholson	University College Dublin	25.3
1993	Karen Mills	University of Ulster	25.24
1994	Olivia Hurley	University College Dublin	26.6
1995	Claire O'Connor	Queens University Belfast	25.6
1996	Vicki Jamison	University of Ulster	24.97
1997	Vicki Jamison	University of Ulster	24.37
1998	Lena Barry	University of Limerick	25.30
1999	Vicki Jamison	University of Ulster	24.08
2000	Claire O'Connor	Queens University Belfast	25.81
2001	Jennifer McKenna	Dublin City University	25.76
2002	Derval O'Rourke	University College Dublin	24.20
2003	Anna Boyle	University of Ulster	25.70
2004	Ailís McSweeney	University College Cork	24.30



2005	Fiona O'Friel	University College Dublin	24.58
2006	Joanne Cuddihy	University College Dublin	25.01
2007	Claire Brady	Dublin City University	24.80
2008	Claire Brady	Dublin City University	24.36
2009	Niamh Whelan	University of Limerick	24.35
2010	Niamh Whelan	University of Limerick	24.47
2011	Amy Foster	University of Ulster	23.95
2012	Amy Foster	University of Ulster	24.24
2013	Stephanie Creaner	Dublin City University	24.71
2014	Sarah Lavin	University College Dublin	25.10
2015	Stephanie Creaner	Dublin City University	24.28
2016	Phil Healy	University College Cork	23.93
2017	Clíodhna Manning	Dublin City University	24.16
2018	Phil Healy	Waterford IT	23.64
2019	Phil Healy	Waterford IT	23.04

400m Women

1966	Sheena O'Brien	University College Dublin	NT
1967	Not held		
1968	Fionnuala Lysaght	University College Galway	64.6
1969	Fionnuala Lysaght	University College Galway	61.4
1970	Fionnuala Lysaght	University College Galway	61.9
1971	Jane Eleanor McNicholl	Trinity College Dublin	66.5
1972	Patricia Anne Wilson	Trinity College Dublin	62.3
1973	Jean Folan	University College Galway	65.7
1974	Elaine Kelly	University College Cork	58.0
1975	Elaine Kelly	University College Cork	60.4
1976	Elaine Kelly	University College Cork	58.6
1977	Margaret Larkin	National College of Physical Education	61.9
1978	Catherine Hourihane	University College Cork	60.3
1979	Margaret Larkin	National College of Physical Education	60.6
1980	Étain Mary Croasdell	Trinity College Dublin	59.3
1981	Ann Lyons	Thomond College of Education	61.2
1982	M. Smith	New University of Limerickster University	60.0
1983	Janet Boyle	Queens University Belfast	58.9
1984	Barbara Johnson	University College Cork	63.9
1985	H. Wilson	University of Ulster	58.0
1986	Laura Canning	University College Dublin	60.0
1987	Annie Leonard	University of Ulster	58.9
1988	Joanne FitzGerald	University College Dublin	59.19
1989	Emma Nicholson	University College Dublin	55.0
1990	Emma Nicholson	University College Dublin	56.34
1991	Emma Nicholson	University College Dublin	55.74
1992	Emma Nicholson	University College Dublin	57.2
1993	Sandra Kirke	University College Dublin	NT
1994	Sandra Kirke	University College Dublin	60.0
1995	Kerry Dillon	Waterford RTC	59.28
1996	Zoe Arnold	University of Ulster	58.69
1997	Karen Shinkins	Waterford IT	58.69
1998	Karen Shinkins	Waterford IT	54.76
1999	Karen Shinkins	Waterford IT	53.50
2000	Jennifer McKenna	Dublin City University	56.19
2001	Jennifer McKenna	Dublin City University	55.89
2002	Jennifer McKenna	Dublin City University	56.83
2003	Joanne Cuddihy	University College Dublin	56.99
2004	Elaine McCaffery	University of Ulster	57.06
2005	Michelle Rodgers	University of Ulster	56.94
2006	Joanne Cuddihy	University College Dublin	54.29



2007	Elaine McCaffery	University of Ulster	55.71
2008	Brona Furlong	Dublin City University	57.10
2009	Claire Bergin	Dublin City University	56.06
2010	Brona Furlong	Dublin City University	55.24
2011	Roisin Anglim	Dublin City University	57.10
2012	Claire Bergin	Chartered Accountants Ireland	53.77
2013	Sinead Denny	Dublin IT	56.40
2014	Grainne Moynihan	Dublin City University	57.19
2015	Aisling Drumgoole	University College Dublin	56.90
2016	Grainne Moynihan	Dublin City University	56.61
2017	Phil Healy	University College Cork	53.98
2018	Clíodhna Manning	Dublin City University	54.24
2019	Clíodhna Manning	IT Carlow	54.47

800m Women

1966	Niamh O'Brien	University College Dublin	NT
1967	Amy Barry	University College Dublin	2.35.6
1968	Niamh O'Brien	University College Dublin	2.34.8
1969	Jane Eleanor McNicholl	Trinity College Dublin	2.33.4
1970	Jane Eleanor McNicholl	Trinity College Dublin	2.29.0
1971	Eithne DeValera	University College Dublin	2.28.7
1972	Jane Eleanor McNicholl	Trinity College Dublin	2.24.5
1973	Jean Folan	University College Galway	2.25.9
1974	Elaine Kelly	University College Cork	2.18.3
1975	Elaine Kelly	University College Cork	2.22.1
1976	Elaine Kelly	University College Cork	2.14.1
1977	Margaret Larkin	National College of Physical Education	2.23.2
1978	Catherine Hourihane	University College Cork	2.18.1
1979	Margaret Larkin	National College of Physical Education	2.20.9
1980	Catherine Llewellyn	Trinity College Dublin	2.22.9
1981	Étain Mary Croasdell	Trinity College Dublin	2.19.8
1982	Margaret Moloney	Thomond College of Education	2.24.9
1983	Roisin M. Smyth	University College Dublin	2.16.4
1984	Roisin M. Smyth	University College Dublin	2.09.4
1985	Roisin M. Smyth	University College Dublin	2.10.1
1986	Roisin M. Smyth	University College Dublin	2.17.2
1987	Teresa Walsh	Queens University Belfast	2.16.1
1988	Valerie Vaughan	University College Cork	2.17.03
1989	Ursula McKee	University of Ulster	2.12.7
1990	Louise Cavanagh	University College Dublin	2.17.8
1991	Maria Murphy	Thomond College of Education	2.20.26
1992	Arlene Smith	University College Dublin	2.19.7
1993	Louise Cavanagh	University College Cork	2.17.94
1994	Caroline McCormack	Sligo RTC	2.21.4
1995	Maura Prenderville	University College Cork	2.22.08
1996	Freda Davoren	University College Cork	2.11.48
1997	Maura Prendiville	University College Cork	2.14.96
1998	Maura Prendiville	University College Cork	2.13.66
1999	Elizabeth Egan	University of Limerick	2.17.47
2000	Regina Murphy	NUI Galway	2.18.87
2001	Maria Lynch	Dublin IT	2.15.59
2002	Regina Murphy	NUI Galway	2.18.15
2003	Jennifer McKenna	Dublin City University	2.16.89
2004	Aoife Byrne	University College Dublin	2.11.53
2005	Lyndsey Monteith	University of Ulster	2.15.42
2006	Lyndsey Monteith	University of Ulster	2.15.78
2007	Orla Drumm	University College Cork	2.11.81
2008	Dawn Kelly	University College Cork	2.25.98
2009	Laura Crowe	University College Cork	2.09.74



2010	Ciara Everard	University College Dublin	2.12.97
2011	Ciara Everard	University College Dublin	2.15.93
2012	Ciara Mageean	University College Dublin	2.11.18
2013	Rachael O'Shea	Cork IT	2.17.38
2014	Ciara Cronin	University College Cork	2.14.18
2015	Niamh Markham	Dublin City University	2.17.69
2016	Jenna Bromell	University of Limerick	2.16.43
2017	Jenna Bromell	University of Limerick	2.10.02
2018	Zoe Carruthers	Dublin City University	2.19.48
2019	Louise Shanahan	University College Cork	2.13.76

1500m Women

1969	M. Martin	Queens University Belfast	6.19.1
1970	Jane Eleanor McNicholl	Trinity College Dublin	5.09.2
1971	Eithne DeValera	University College Dublin	5.01.5
1972	Jane Eleanor McNicholl	Trinity College Dublin	4.58.9
1973	Maureen O'Connell	University College Galway	5.26.0
1974	Jean Folan	University College Galway	4.56.2
1975	Jean Folan	University College Galway	4.52.3
1976	Jean Folan	University College Galway	4.56.0
1977	Ann Murphy	University College Dublin	4.50.8
1978	Siobhan Mary Lonergan	Trinity College Dublin	4.43.5
1979	Fionnuala Morrish	University College Cork	4.40.1
1980	Fionnuala Morrish	University College Cork	4.34.6
1981	Fionnuala Morrish	University College Cork	4.42.1
1982	Grainne Butler	University College Dublin	5.08.3
1983	Roisin M. Smyth	University College Dublin	4.38.8
1984	Fionnuala Morrish	University College Cork	4.35.7
1985	Roisin M. Smyth	University College Dublin	4.36.9
1986	Roisin M. Smyth	University College Dublin	4.45.0
1987	Ursula McKee	University of Ulster	4.31.5
1988	Ursula McKee	University of Ulster	4.31.8
1989	Ursula McKee	University of Ulster	4.31.9
1990	Louise Cavanagh	University College Dublin	4.39.1
1991	Aisling Smith	Trinity College Dublin	4.37.54
1992	Louise Cavanagh	University College Dublin	4.51.60
1993	Louise Cavanagh	University College Cork	4.40.32
1994	Jill Bruce	University of Ulster	4.46.0
1995	Rosemary Ryan	University of Limerick	4.45.98
1996	Freda Davoren	University College Cork	4.33.06
1997	Maura Prendiville	University College Cork	4.59.30
1998	Catherine O'Neill	Queens University Belfast	4.41.68
1999	Wendy Davis	University of Ulster	4.47.41
2000	Emmanuel McMahon	University College Dublin	4.53.27
2001	Maria Lynch	Dublin IT	4.39.47
2002	Orla O'Mahony	University College Dublin	4.46.19
2003	Michelle Harvey	University of Limerick	4.47.4
2004	Aoife Byrne	University College Dublin	4.38.82
2005	Aoife Byrne	University College Dublin	4.39.36
2006	Orla Drumm	University College Cork	4.30.63
2007	Orla Drumm	University College Cork	4.50.97
2008	Ciara Durkan	Dublin City University	4.45.04
2009	Ciara Durkan	Dublin City University	4.42.86
2010	Aoife Byrne	Trinity College Dublin	4.27.44
2011	Michelle English	University College Dublin	4.57.70
2012	Ciara Mageean	University College Dublin	4.32.01
2013	Becky Woods	Trinity College Dublin	4.43.07
2014	Ciara Everard	University College Dublin	4.31.65
2015	Mary Anne O'Sullivan	Dublin City University	4.35.27



2016	Andrea Bickerdike	Cork IT	4.43.68
2017	Carla Sweeney	University College Dublin	4.38.25
2018	Nadia Power	Dublin City University	4.35.84
2019	Avril Deegan	Dublin City University	4.33.99

3000m Women

1975	Ann Murphy	University College Dublin	10.35.1
1976	Ann Murphy	University College Dublin	10.22.2
1977	Ann Murphy	University College Dublin	10.22.8
1978	Margaret Mary Greta Hickey	Trinity College Dublin	10.28.0
1979	Margaret Mary Greta Hickey	Trinity College Dublin	10.27.2
1980	Fionnuala Morrish	University College Cork	9.20.2
1981	Michelle Morrow	University College Dublin	10.42.0
1982	Grainne Butler	University College Dublin	10.38.2
1983	Mary Friel	Trinity College Dublin	10.09.0
1984	Mary Friel	Trinity College Dublin	9.49.3
1985	Breda Ruane	Thomond College of Education	10.30.9
1986	Catherine Hourihan	University College Dublin	10.00.0
1987	Valerie Vaughan	University College Cork	NT
1988	Ursula McKee	University of Ulster	9.40.24
1989	Avril McClung	University of Ulster	9.44.0
1990	Eve Watson	Cork RTC	10.41.8
1991	Aisling Smith	Trinity College Dublin	9.53.34
1992	Annette Kealy	Dublin City University	10.32.1
1993	Pauline Quinn	University of Ulster	10.22.7
1994	Louise Cavanagh	University College Cork	9.53.96
1995-1996 Not held			
1997	Siobhán Walsh	University College Dublin	10.41.93
1998	Maria Lynch	Dublin IT	10.16.30
1999	Maria Lynch	Dublin IT	10.04.02
2000	Rosemary Ryan	University of Limerick	9.25.0
2001	Fiona Reid	University of Limerick	10.33.06
2002	Orla O'Mahony	University College Dublin	10.02.20
2003	Aoife Byrne	University College Dublin	10.00.71
2004	Fionnuala Britton	Dublin City University	10.32.19
2005	Azmera Gebrezgi	Dublin City University	10.02.24
2006	Linda Byrne	Dublin City University	9.55.7
2007	Fionnuala Britton	Dublin City University	9.58.32
2008	Deirdre Byrne	University College Dublin	9.41.29
2009	Hazel Murphy	Dublin City University	NT
2010	Linda Byrne	Dublin City University	9.42.45
2011	Deirdre Doyle	Dublin City University	10.08.20
2012	Eimear O'Brien	University of Limerick	10.16.33
2013	Maria O'Sullivan	Trinity College Dublin	10.11.65
2014	Maria O'Sullivan	Trinity College Dublin	9.48.36
2015	Ellie Hartnett	University College Dublin	10.16.74
2016	Rachael Smyth	Maynooth University	9.54.47
2017	Aisling Joyce	NUI Galway	9.44.58
2018	Sorcha Mc Allister	Trinity College Dublin	9.59.92
2019	Jodie McCann	Dublin City University	9.48.55

5,000m Women



1995	Rosemary Ryan	University of Limerick	17.37.5
1996	Jill Bruce	University of Ulster	17.07.8
1997	Fiona McGann	Dublin IT	18.33.0
1998	Siobhán Walsh	University College Dublin	18.46.6
1999	Tanya Strevens	Trinity College Dublin	18.56.34
2000	Rosemary Ryan	University of Limerick	16.08.97
2001	Elaine O'Donoghue	University of Limerick	18.43.92
2002	Suzanne McCormick	Queens University Belfast	18.13.78
2003	Fiona Mahon	Dublin City University	18.30.64
2004	Kathryn Casserly	NUI Galway	17.41.57
2005	Niamh Devlin	Dublin City University	17.11.59
2006	Niamh Devlin	Dublin City University	16.55.04
2007	Siobhan Doherty	University of Limerick	16.46.38
2008	Hazel Murphy	Dublin City University	17.52.00
2009	Linda Byrne	Dublin City University	16.45.41
2010	Linda Byrne	Dublin City University	16.47.79
2011	Ciara Wilson	Dublin City University	18.19.00
2012	Eimear O'Brien	University of Limerick	17.39.79
2013	Una Britton	University of Limerick	17.45.20
2014	Maria O'Sullivan	Trinity College Dublin	16.58.07
2015	Maria O'Sullivan	Dublin City University	17.20.94
2016	Shona Heaslip	Athlone IT	16.46.64
2017	Shona Heaslip	IT Tralee	16.11.74
2018	Una Britton	Dublin City University	17.38.70
2019	Claire Fagan	Dublin City University	17.56.13

10,000m Women

1990	Vivien Lynch	University College Dublin	40.17.2
1991	Mary Delia Clarke	Trinity College Dublin	NT
1992	Siobhán Gallagher	University College Galway	39.32.43
1993	Sinead Lusby	University of Limerick	42.32.0
1994	Gail Culleton	University of Limerick	40.38.44
1995	Angela Shine	University College Cork	39.54.62
1996	Bríd Ní Chonaill	University College Cork	38.48.10
Discontinued			

100m Hurdles Women (83.8cm)

1968	Pamela V.M. Pigott	Trinity College Dublin	15.5
1969	Emer Diskin	University College Dublin	17.4
1970	A. O'Driscoll	University College Galway	20.9
1971	Patricia Anne Wilson	Trinity College Dublin	17.7
1972	Patricia Anne Wilson	Trinity College Dublin	16.1
1973	J. Davidson	New University of University of Limerickster	18.4
1974	Ruth Algar	National College of Physical Education	17.1
1975	Ruth Algar	National College of Physical Education	16.1
1976	Pauline Parkes	Queens University Belfast	17.0
1977	Lucy Moore	University College Dublin	18.0
1978	Not held		
1979	Margaret Moloney	National College of Physical Education	16.5
1980	C. Martin	Queens University Belfast	16.5
1981	Margaret Moloney	Thomond College of Education	16.2
1982	Margaret Moloney	Thomond College of Education	15.9
1983	Brid Naughton	University College Cork	15.5
1984	Noelle Morrissey	University College Cork	15.9
1985	Judith Rogers	University of Ulster	13.8



1986	Paula Cash	University College Dublin	14.4
1987	Olive Burke	University College Dublin	14.1
1988	Joy Alexander	Queens University Belfast	15.8
1989	Siobhan Hillery	Thomond College of Education	15.5
1990	Siobhan Hillery	Thomond College of Education	15.2
1991	Siobhan Hillery	Thomond College of Education	15.52
1992	S. Keane	University College Galway	15.59
1993	Aisling Power	University College Cork	14.9
1994	Marie O'Meara	University of Limerick	15.46
1995	Patricia Naughton	University College Dublin	15.0
1996	Marie O'Meara	University of Limerick	15.89
1997	Vicki Jamison	University of Limerick	14.16
1998	Nicola Farrell	University of Limerick	16.01
1999	Orna Donoghue	University of Limerick	15.48
2000	Orna Donoghue	University of Limerick	16.07
2001	Derval O'Rourke	University College Dublin	13.96
2002	Derval O'Rourke	University College Dublin	14.50
2003	Orna Donoghue	University of Limerick	15.72
2004	Niamh Cremin	University College Cork	15.53
2005	Derval O'Rourke	University College Dublin	13.8
2006	Leona Byrne	Dublin City University	15.2
2007	Leona Byrne	Dublin City University	15.69
2008	Mairead Murphy	University College Dublin	14.16
2009	Mairead Murphy	University College Dublin	14.44
2010	Sandra Lawlor	Dublin City University	14.48
2011	Sandra Lawlor	Dublin City University	14.26
2012	Jessie Barr	University of Limerick	13.92
2013	Sandra Lawlor	Dublin City University	14.33
2014	Catherine McManus	Dublin City University	14.76
2015	Alessandra Feudatari	IT Sligo	15.10
2016	Catherine McManus	Dublin City University	14.58
2017	Lilly-Ann O'Hora	Dublin City University	14.62
2018	Molly Scott	IT Carlow	13.96
2019	Alison Burke	Dublin City University	15.61

400m Hurdles Women (76.2cm)

1974	Grainne Friel	National College of Physical Education	43.0	200m H
1975	M. Reilly	University College Dublin	34.7	200m H
1976	Mary McKiernan	National College of Physical Education	77.7	
1977	Grainne Friel	Trinity College Dublin	NT	
1978 - 1982 Not held				
1983	Ann Lyons	Thomond College of Education	66.2	
1984	Barbara Johnson	University College Cork	63.9	
1985	Mary Nolan	Trinity College Dublin	63.5	
1986	Annie Leonard	University of Ulster	61.8	
1987	Annie Leonard	University of Ulster	64.3	
1988	Joanne FitzGerald	University College Dublin	59.19	
1989	Joanne FitzGerald	University College Dublin	63.8	
1990	Joanne FitzGerald	University College Dublin	64.06	
1991	Joanne FitzGerald	University College Dublin	66.6	
1992	Fidelma Kirwin	University College Cork	63.34	
1993	Fidelma Kirwin	University College Cork	65.4	
1994	Marie O'Meara	University of Limerick	67.9	
1995	Marie O'Meara	University of Limerick	63.92	
1996	Marie O'Meara	University of Limerick	63.4	
1997	Josephine Bradshaw	University of Limerick	71.00	
1998	Maolissa Hynes	University of Limerick	64.97	
1999	Gail Doyle	University College Dublin	69.19	
2000	Marie O'Connell	University College Cork	65.87	



2001	Orna Donoghue	University of Limerick	63.99
2002	Mary McLoone	Trinity College Dublin	66.05
2003	Mary McLoone	Trinity College Dublin	64.77
2004	Mary McLoone	Trinity College Dublin	64.57
2005	Dawn Kelly	University College Cork	63.28
2006	Niamh Cremin	University College Cork	62.89
2007	Niamh Cremin	University of Limerick	62.39
2008	Brona Furlong	Dublin City University	61.39
2009	Brona Furlong	Dublin City University	60.52
2010	Brona Furlong	Dublin City University	59.41
2011	Jessie Barr	University of Limerick	61.14
2012	Jessie Barr	University of Limerick	58.19
2013	Clare Murphy	University of Limerick	62.75
2014	Jessica Neville	University College Cork	62.88
2015	Jessica Neville	Cork IT	63.78
2016	Kate Mc Gowan	Dublin City University	63.08
2017	Jessica Neville	Cork IT	63.37
2018	Niamh Malone	University of Ulster	63.35
2019	Kelly Mc Grory	Dublin City University	62.81

1500m Walk Women

1983	M. Martin	Thomond College Education	4.23.9	700m
1988	Margaret O'Keefe	St. Patricks Maynooth	8.10.0	
1989	Lisa Sheridan	Thomond College Education	9.14.3	
1990	H. O'Keefe	St. Patricks Maynooth	9.56.6	
1991	Greta Manners	Thomond College Education	8.43.78	
1992	Greta Manners	University of Limerick	9.16.9	
1993	Claire Hillery	University of Limerick	7.56.46	
1994	Deirdre Gallagher	University College Dublin	6.46.62	
1995	Deirdre Gallagher	University College Dublin	6.30.62	
1996	Rosaleigh Comerford	University College Cork	6.41.70	
1997	Gillian O'Sullivan	University College Cork	6.22.67	
1998	Gillian O'Sullivan	University College Cork	6.43.22	
1999	Niamh Larkin	Waterford IT	8.11.31	
2000	Martina Lanigan	Waterford IT	7.27.41	
2001	Serena O'Keefe	Trinity College Dublin	6.51.00	
2002	Doireann Lawlor	University College Cork	8.06.40	
2003	Elish Kelly	Trinity College Dublin	9.43.22	
2004	Ann Loughnane	NUI Galway	6.45.88	
2005	Ann Loughnane	NUI Galway	6.54.62	
2006	Ann-Marie Kane	University of Ulster	8.27.98	
2007	Nicola Alcorn	Dublin City University	8.02.35	
2008	Laura Reynolds	Dublin City University	6.50.80	
2009	Laura Reynolds	Dublin City University	6.54.00	
2010	Laura Reynolds	Dublin City University	6.29.44	
2011	Laura Reynolds	Dublin City University	6.47.43	
2012	Maeve Curley	University of Limerick	6.38.36	
2013	Maeve Curley	University of Limerick	6.53.50	
2014	Alicia Boylan	NUI Galway	7.03.18	
2015	Maeve Curley	University of Limerick	6.38.74	
2016	Sinead O'Connor	Dublin IT	6.59.94	
2017	Kate Veale	Dublin City University	6.23.08	
2018	Kate Veale	Dublin City University	6.14.48	
2019	Orlaith Delahunt	Dublin City University	7.09.04	

3,000m Steeplechase Women



2005	Fionnuala Britton	Dublin City University	10.26.94
2006	Fionnuala Britton	Dublin City University	10.35.58
2007	Fionnuala Britton	Dublin City University	10.07.08
2008	Linda Byrne	Dublin City University	11.12.19
2009	Not contested		
2010	Bryony Treston	Trinity College Dublin	11.22.07
2011	Fionnuala Mulroy	University of Limerick	12.29.23
2012	Una Britton	University of Limerick	11.26.26
2013	Becky Woods	Trinity College Dublin	11.23.40
2014	Clare McCarthy	Trinity College Dublin	11.50.92
2015	Jessica Coyne	University College Cork	11.06.71
2016	Michelle Finn	University of Limerick	9.54.89
2017	Jessica Coyne	University College Cork	10.27.21
2018	Jessica Coyne	University College Cork	10.45.97
2019	Aoife O'Brien	NUI Galway	11.46.41

4x100m Relay Women

1966	University College Dublin	
1967	Not held	
1968	Trinity College Dublin	56.1
1969	Queens University Belfast	53.1
1970	University College Dublin	56.0
1971	University College Cork	56.1
1972	Trinity College Dublin	55.0
1973	University of Ulster	55.1
1974	University College Cork	51.6
1975	University College Cork	53.2
1976	Queens University Belfast	51.5
1977	Trinity College Dublin	52.1
1978	Thomond College of Education	52.2
1979	University College Galway	52.4
1980	Thomond College of Education	52.4
1981	Thomond College of Education	51.1
1982	Thomond College of Education	52.0
1983	Queens University Belfast	50.1
1984	University College Cork	50.8
1985	University College Dublin	49.1
1986	University College Dublin	51.2
1987	Queens University Belfast	49.5
1988	University College Dublin	52.8
1989	Queens University Belfast	51.4
1990	University College Dublin	51.75
1991	University College Dublin	50.88
1992	University College Dublin	52.1
1993	University of Limerick	50.0
1994	University of Limerick	50.2
1995	University College Dublin	50.14
1996	University of Limerick	50.4
1997	University College Dublin	51.1
1998	University of Limerick	50.0
1999	Waterford IT	51.09
2000	Queens University Belfast	51.88
2001	University of Limerick	52.14
2002	University College Dublin	49.96
2003	University of Ulster	50.70
2004	University College Cork	49.83
2005	University College Dublin	49.94
2006	University of Ulster	48.09
2007	Dublin City University	48.13
2008	Dublin City University	49.70



2009	Dublin City University	47.51
2010	University of Ulster	48.98
2011	Dublin City University	48.93
2012	University of Limerick	50.97
2013	Dublin City University	47.02
2014	Dublin City University	46.12
2015	Dublin City University	46.97
2016	Dublin City University	46.9
2017	Dublin City University	47.5
2018	NUI Galway	48.34
2019	University of Ulster	49.66

4x400m Relay Women

1974	University College Cork	4.17.8
1975	University College Cork	4.13.9
1976	University College Cork	4.11.6
1977	University College Cork	4.16.6
1978	Thomond College of Education	4.12.7
1979	National College of Physical Education	4.07.0
1980	Thomond College of Education	4.14.2
1981	Thomond College of Education	4.10.7
1982	Thomond College of Education	4.21.0
1983	Queens University Belfast	4.04.9
1984	University College Dublin	4.03.2
1985	Trinity College Dublin	3.55.8
1986	University College Dublin	4.14.4
1987	Queens University Belfast	4.00.3
1988	University College Dublin	4.05.9
1989	University College Dublin	4.04.5
1990	University College Dublin	4.05.4
1991	University College Dublin	4.02.06
1992	University College Dublin	4.23.9
1993	University College Cork	4.10.7
1994	University College Dublin	4.12.4
1995	Waterford RTC	4.05.76
1996	University of Ulster	4.01.80
1997	University of Limerick	4.06.30
1998	Waterford IT	4.05.55
1999	Waterford IT	4.01.35
2000	University College Cork	4.10.97
2001	University of Limerick	4.10.22
2002	University of Limerick	4.05.52
2003	University of Limerick	4.10.21
2004	Dublin City University	4.03.11
2005	University of Ulster	3.59.16
2006	University of Ulster	3.53.46
2007	University of Ulster	3.52.32
2008	University of Limerick	4.01.98
2009	Dublin City University	3.45.60
2010	Dublin City University	3.50.98
2011	Dublin City University	4.08.87
2012	University of Limerick	3.58.21
2013	University College Cork	4.06.35
2014	Dublin City University	3.56.75
2015	University College Dublin	4.05.06
2016	University College Cork	4.02.9
2017	Dublin City University	3.48.37
2018	Dublin City University	3.50.89
2019	Dublin City University	3.57.07



High Jump Women

1966	Shona Murphy	University College Dublin	??
1967	Not held		
1968	Angela Knott	University College Dublin	4'6"
1969	Gay Porter	Queens University Belfast	4'7.5"
1970	Ann Lee	University College Dublin	4'3"
1971	Rose Linton	Queens University Belfast	4'3
1972	Janet Patricia Grainger	Trinity College Dublin	4'2"
1973	Rose Linton	Queens University Belfast	1.32
1974	Marjorie Adams	National College of Physical Education	5'2"
1975	Marjorie Adams	National College of Physical Education	1.50
1976	Lucy Moore	University College Dublin	1.51
1977	Lucy Moore	University College Dublin	1.52
1978	Lucy Moore	University College Dublin	1.49
1979	Lucy Moore	University College Dublin	1.53
1980	Fionnuala Mary Kennedy	Trinity College Dublin	1.64
1981	Fionnuala Mary Kennedy	Trinity College Dublin	1.66
1982	Fionnuala Mary Kennedy	Trinity College Dublin	1.63
1983	Brigid Corrigan	Thomond College of Education	1.78
1984	Brigid Corrigan	Thomond College of Education	1.70
1985	Janet Boyle	Queens University Belfast	1.80
1986	Debbie McDowell	Queens University Belfast	1.75
1987	Cathy Scott	Queens University Belfast	1.86
1988	Jackie Ross	Queens University Belfast	1.65
1989	Ursula Fay	University of Ulster	1.70
1990	Therese McDonald	Trinity College Dublin	1.65
1991	Siobhan Hoey	University College Dublin	1.53
1992	Therese McDonald	Trinity College Dublin	1.60
1993	Elaine Bell	University of Limerick	1.59
1994	Olivia Scully	University of Limerick	1.60
1995	Olivia Scully	University of Limerick	1.45
1996	Sharon Kinsella	Carlow RTC	1.60
1997	Olivia Scully	University of Limerick	1.54
1998	Nicola Farrell	University of Limerick	1.50
1999	Olivia Scully	University of Ulster	1.65
2000	Orna Donoghue	University of Limerick	1.65
2001	Orna Donoghue	University of Limerick	1.60
2002	Deirdre Ryan	University College Dublin	1.60
2003	Rosemary Daniel	University of Limerick	1.60
2004	Rosemary Daniel	University of Limerick	1.64
2005	Rosemary Daniel	University of Limerick	1.65
2006	Leona Byrne	Dublin City University	1.70
2007	Leona Byrne	Dublin City University	1.65
2008	Rosemary Daniel	University of Limerick	1.65
2009	Leona Byrne	Dublin City University	1.69
2010	Cathriona Farrell	Dublin City University	1.75
2011	Cathriona Farrell	Dublin City University	1.66
2012	Deirdre Ryan	Dublin City University	1.70
2013	Sorcha Murphy	University of Limerick	1.61
2014	Emily Rogers	Dublin City University	1.73
2015	Emily Rogers (tied)	Dublin City University	1.60
2015	Sinead Mc Donough (tied)	Dublin City University	1.60
2016	Sorcha Murphy	University of Limerick	1.65
2017	Amy McTeggart	Athlone IT	1.66
2018	Amy McTeggart	Athlone IT	1.65
2019	Anna McIlmoyle	University of Ulster	1.63



Pole Vault Women

1997	Margaret O'Halloran	University College Dublin	2.40
1998	Margaret O'Halloran	University College Dublin	2.40
1999	Juliet Claffey	University of Limerick	2.41
2000	Juliet Claffey	University of Limerick	2.67
2001	Ruth Collins	Trinity College Dublin	2.20
2002	Ruth Collins	Trinity College Dublin	2.10
2003	Ruth Collins	Trinity College Dublin	2.00
2004	Edel O'Meara	NUI Galway	2.20
2005	Edel O'Meara	NUI Galway	2.60
2006	Orna Donoghue	University of Limerick	2.20
2007	Edel O'Meara	NUI Galway	3.00
2008	Edel O'Meara	University of Ulster	2.45
2009	Sarah Ryan	University College Cork	2.40
2010	Sarah Semeraro	University of Ulster	3.60
2011	Claire Wilkinson	University of Ulster	3.40
2012	Claire Wilkinson	University of Ulster	3.85
2013	Claire Wilkinson	University of Ulster	3.86
2014	Claire Wilkinson	University of Ulster	3.80
2015	Lisa Houlihan	Maynooth University	2.70
2016	Dearbhail Foley	Athlone IT	2.60
2017	Una Samuels	University of Limerick	2.90
2018	Ailbhe Healy	Dublin City University	2.90
2019	Clodagh Walsh	Cork IT	3.50

Long Jump Women

1966	Shona Murphy	University College Dublin	
1967	Not held		
1968	D. Kelly	Queens University Belfast	14'7.5"
1969	Patricia Anne Wilson	Trinity College Dublin	15'9.25"
1970	Olga Sandys	University College Galway	16'4.5"
1971	Valerie Shortland	University College Cork	4.79
1972	Patricia Anne Wilson	Trinity College Dublin	4.67
1973	Valerie Shortland	University College Cork	4.79
1974	Mary Doyle	University College Cork	4.90
1975	Mary Doyle	University College Cork	5.26
1976	Mary Doyle	University College Cork	4.99
1977	Lucy Moore	University College Dublin	5.08
1978	Kathy Parke	Thomond College of Education	5.13
1979	A. Byrne	University College Dublin	4.91
1980	A. Byrne	University College Dublin	5.18
1981	Louise Kelly	Thomond College of Education	4.79
1982	Barbara Johnson	University College Cork	5.21
1983	H. McBride	Queens University Belfast	5.45
1984	Noelle Morrissey	University College Cork	5.60
1985	Cathy Scott	Queens University Belfast	5.53
1986	Cathy Scott	Queens University Belfast	5.40
1987	Cathy Scott	Queens University Belfast	5.92
1988	P. Hankin	Thomond College of Education	5.03
1989	Siobhan Hillery	Thomond College of Education	5.61
1990	Siobhain Hoey	University College Dublin	5.74
1991	Siobhain Hoey	University College Dublin	5.60
1992	Siobhain Hoey	University College Dublin	5.76
1993	Claire Ingerton	University College Dublin	5.80
1994	Siobhain Hoey	University College Dublin	5.62
1995	Marie O'Meara	University of Limerick	5.41
1996	Catrina Hanafin	University of Limerick	5.21



1997	Catriona Hanafin	University of Limerick	5.07
1998	Caroline Deasy	University College Dublin	5.42
1999	Caroline Deasy	University College Dublin	5.42
2000	Orna Donoghue	University of Limerick	5.31
2001	Mary Devlin	University of Ulster	5.59
2002	Sinead Swan	IT Carlow	5.80
2003	Mary McLoone	Trinity College Dublin	5.49
2004	Mary McLoone	Trinity College Dublin	5.24
2005	Mary McLoone	Trinity College Dublin	5.45
2006	Mandy Gault	University of Ulster	5.70
2007	Mandy Gault	University of Ulster	5.43
2008	Leona Byrne	Dublin City University	5.61
2009	Leona Byrne	Dublin City University	5.40
2010	Linzi Herron	University of Ulster	5.68
2011	Hilary Kerr	Royal College of Surgeons in Ireland	5.41
2012	Sally Ann Maughan	Dublin City University	5.49
2013	Lorraine O'Shea	Dublin City University	5.54
2014	Sarah Mc Carthy	Dublin City University	5.52
2015	Sarah Mc Carthy	Dublin City University	6.24
2016	Sarah Mc Carthy	Dublin City University	6.00
2017	Sarah Mc Carthy	Dublin City University	5.77
2018	Lydia Mills	Queens University Belfast	5.61
2019	Sarah Mc Carthy	Dublin City University	5.69

Triple Jump Women

1993	Siobhain Hoey	University College Dublin	11.39
1994	Siobhain Hoey	University College Dublin	11.92
1995	Siobhain Hoey	University College Dublin	11.51
1996	Catriona Hanafin	University of Limerick	11.10
1997	Catriona Hanafin	University of Limerick	11.70
1998	Desiree Carlberg	University of Limerick	11.54
1999	Mary Devlin	University of Ulster	11.64
2000	Donna Lennon	Queens University Belfast	10.83
2001	Mary McLoone	Trinity College Dublin	11.44
2002	Mary McLoone	Trinity College Dublin	11.43
2003	Rosemary Daniel	University of Limerick	11.40
2004	Mary McLoone	Trinity College Dublin	11.52
2005	Mary McLoone	Trinity College Dublin	12.08
2006	Brona Furlong	Dublin City University	11.14
2007	Laura Loughlin	Queens University Belfast	10.70
2008	Brona Furlong	Dublin City University	11.07
2009	Brona Furlong	Dublin City University	12.22
2010	Brona Furlong	Dublin City University	11.30
2011	Hannah Todd	Queens University Belfast	11.35
2012	Fiona Hill	IT Carlow	11.08
2013	Fiona Hill	University of Ulster	11.02
2014	Saragh Buggy	Dublin City University	11.53
2015	Saragh Buggy	Dublin City University	11.22
2016	Saragh Buggy	Dublin City University	12.63
2017	Saragh Buggy	Dublin City University	12.53
2018	Solange Diogo	IT Tralee	11.87
2019	Saragh Buggy	Dublin City University	12.40

Shot Put Women

4kg



1966	Alison Barbara White	Trinity College Dublin	
1967	Gay Guiney	University College Dublin	25'5"
1968	Gay Porter	Queens University Belfast	42'8.75"
1969	Gay Porter	Queens University Belfast	42'11.5"
1970	L. Cusdin	Queens University Belfast	25'2"
1971	Rose Linton	Queens University Belfast	9.35
1972	Rose Linton	Queens University Belfast	31'4"
1973	Rose Linton	Queens University Belfast	10.10
1974	Dolores Duggan	University College Galway	9.19
1975	Dolores Duggan	University College Galway	9.52
1976	Dolores Duggan	University College Galway	9.32
1977	Margaret Crosse	University College Cork	9.60
1978	Margaret Crosse	University College Cork	9.63
1979	Margaret Crosse	University College Cork	9.19
1980	Norma Murphy	Thomond College of Education	9.48
1981	Norma Murphy	Thomond College of Education	9.11
1982	S. Byrne	Thomond College of Education	9.66
1983	Brid Naughton	University College Cork	11.02
1984	Brid Naughton	University College Cork	10.57
1985	Debbie Tobin	Thomond College of Education	13.51
1986	Debbie Tobin	Thomond College of Education	12.15
1987	Debbie Tobin	Thomond College of Education	12.27
1988	Una Cosgrove	University College Cork	9.79
1989	Ailish O'Brien	University College Cork	11.18
1990	Ailish O'Brien	University College Cork	10.86
1991	Monica Tomassoni	University College Cork	11.33
1992	Ann-Marie Flannery	Queens University Belfast	11.18
1993	Ailish O'Brien	University College Cork	10.72
1994	Ailish O'Brien	University College Cork	10.67
1995	Valerie Mangan	University of Limerick	11.59
1996	Edel Meagher	Waterford RTC	11.35
1997	Edel Meagher	Waterford IT	11.30
1998	Theresa White	Waterford IT	9.85
1999	Sinead Kehoe	Trinity College Dublin	10.23
2000	Hilary McGee	NUI Maynooth	9.85
2001	Claire McAleese	University of Ulster	11.04
2002	Claire McAleese	University of Ulster	10.42
2003	Aoife Hoey	NUI Maynooth	11.30
2004	Deirdre Murphy	University College Cork	10.41
2005	Brigid Corrigan	Dublin City University	10.50
2006	Laura Kerr	University of Ulster	11.52
2007	Laura Kerr	University of Ulster	11.59
2008	Amy Davis	University of Ulster	11.82
2009	Catriona Ryan	University of Limerick	11.08
2010	Eva Massey	University of Ulster	13.58
2011	Clare Fitzgerald	University College Cork	14.08
2012	Clare Fitzgerald	University College Cork	13.73
2013	Clare Fitzgerald	University College Cork	14.08
2014	Clare Fitzgerald	University College Cork	14.48
2015	Alana Frattaroli	University of Limerick	12.43
2016	Laura McSweeney	University College Cork	12.10
2017	Alana Frattaroli	University of Limerick	13.10
2018	Alana Frattaroli	University of Limerick	12.42
2019	Michaela Walsh	Dublin City University	14.01

Discus Women (1kg)

1966	Alison Barbara White	Trinity College Dublin
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1967	Not held		
1968	Gay Porter	Queens University Belfast	116'5"
1969	Gay Porter	Queens University Belfast	135'0"
1970	L. Cusdin	Queens University Belfast	94'8"
1971	Rose Linton	Queens University Belfast	25.26
1972	Rose Linton	Queens University Belfast	25.89
1973	Rose Linton	Queens University Belfast	25.13
1974	Dolores Duggan	University College Galway	25.93
1975	Margaret McEnery	National College of Physical Education	26.01
1976	Dolores Duggan	University College Galway	27.86
1977	Margaret Larkin	National College of Physical Education	27.34
1978	Margaret Crosse	University College Cork	29.86
1979	L. Hanna	Queens University Belfast	31.18
1980	L. Hanna	Queens University Belfast	29.70
1981	Ann Lindsay	University College Dublin	29.34
1982	Ann Lindsay	University College Dublin	32.18
1983	Ann Lindsay	University College Dublin	32.64
1984	L. Miller	Queens University Belfast	31.36
1985	Fiona McGovern	Thomond College of Education	32.30
1986	Una McMahan	National Institute of Higher Education Dublin	31.04
1987	Janet Kellock	University of Ulster	33.66
1988	Una Cosgrove	University College Cork	33.96
1989	Ailish O'Brien	University College Cork	40.46
1990	Ailish O'Brien	University College Cork	40.24
1991	Ailish O'Brien	University College Cork	39.39
1992	Ann-Marie Flannery	Queens University Belfast	41.82
1993	Ailish O'Brien	University College Cork	34.38
1994	Ailish O'Brien	University College Cork	37.06
1995	Edel Meagher	Waterford RTC	34.38
1996	Edel Meagher	Waterford RTC	37.58
1997	Edel Meagher	Waterford IT	33.90
1998	Deirdre O'Connor	IT Tralee	34.12
1999	J Healy	Dublin IT	35.61
2000	Emma Daniel	University of Limerick	33.96
2001	Eileen O'Keefe	Athlone IT	43.13
2002	Eileen O'Keefe	Athlone IT	38.04
2003	Eileen O'Keefe	Athlone IT	38.90
2004	Eileen O'Keefe	Athlone IT	39.79
2005	Eileen O'Keefe	Athlone IT	41.47
2006	Eileen O'Keefe	Royal College of Surgeons in Ireland	45.38
2007	Eileen O'Keefe	Royal College of Surgeons in Ireland	43.35
2008	Rachel Akers	NUI Galway	33.15
2009	Eileen O'Keefe	Royal College of Surgeons in Ireland	39.20
2010	Rachel Akers	NUI Galway	38.25
2011	Clare Fitzgerald	University College Cork	45.03
2012	Clare Fitzgerald	University College Cork	51.22
2013	Clare Fitzgerald	University College Cork	47.00
2014	Clare Fitzgerald	University College Cork	48.10
2015	Sophie Parkinson Brown	Dublin City University	44.32
2016	Kayleigh Cronin	Dublin City University	45.53
2017	Sophie Parkinson Brown	Dublin City University	44.11
2018	Anne Marie Torsney	Dublin City University	35.07
2019	Niamh Fogarty	Athlone IT	48.40

Hammer Women

1994	Ailish O'Brien	University College Cork	29.50
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1995	Brenda Thompson	Trinity College Dublin	42.26
1996	Olivia Kelleher	University of Limerick	45.32
1997	Olivia Kelleher	University of Limerick	48.12
1998	Sinead Delaney	University College Dublin	26.44
1999	Emma Daniel	University of Limerick	36.90
2000	Sinead Delaney	University College Dublin	34.57
2001	Eileen O'Keefe	Athlone IT	57.17
2002	Eileen O'Keefe	Athlone IT	59.44
2003	Eileen O'Keefe	Athlone IT	58.30
2004	Eileen O'Keefe	Athlone IT	55.15
2005	Eileen O'Keefe	Athlone IT	63.69
2006	Eileen O'Keefe	Royal College of Surgeons in Ireland	61.57
2007	Eileen O'Keefe	Royal College of Surgeons in Ireland	67.21
2008	Rachel Akers	NUI Galway	50.00
2009	Eileen O'Keefe	Royal College of Surgeons in Ireland	62.98
2010	Rachel Akers	NUI Galway	51.30
2011	Rachel Akers	NUI Galway	53.61
2012	Christina Furlong	University College Dublin	44.80
2013	Megan Moynihan	Dublin City University	44.22
2014	Christina Furlong	University College Dublin	45.93
2015	Megan Moynihan	Dublin City University	46.93
2016	Megan Moynihan	Dublin City University	48.99
2017	Mairead O'Neill	University College Dublin	50.72
2018	Ciara Maguire	Dublin City University	52.13
2019	Michaela Walsh	Dublin City University	59.57

Javelin Women 600g

1966	Alison Barbara White	Trinity College Dublin	
1967	Not held		
1968	Gay Porter	Queens University Belfast	116'7"
1969	Gay Porter	Queens University Belfast	102'6"
1970	L. Cusdin	Queens University Belfast	94'3"
1971	Rose Linton	Queens University Belfast	22.50
1972	Rose Linton	Queens University Belfast	25.04
1973	Rose Linton	Queens University Belfast	22.59
1974	Grainne Friel	National College of Physical Education	25.42
1975	I. Writtle	National College of Physical Education	26.75
1976	Margaret Crosse	University College Cork	34.95
1977	Margaret Crosse	University College Cork	34.46
1978	Margaret Crosse	University College Cork	38.86
1979	Margaret Crosse	University College Cork	35.10
1980	Yvonne Fahy	University College Galway	28.22
1981	M. McGovern	University College Dublin	34.66
1982	M. McGovern	University College Dublin	31.91
1983	L. Miller	Queens University Belfast	33.88
1984	Dara Angela Shakespeare	Trinity College Dublin	44.24
1985	Dara Angela Shakespeare	Trinity College Dublin	48.10
1986	Dara Angela Shakespeare	Trinity College Dublin	46.74
1987	Debbie Tobin	Thomond College of Education	34.36
1988	Una McMahon	NIHE Dublin	33.26
1989	Una McMahon	NIHE Dublin	35.66
1990	Dara Angela Shakespeare	Trinity College Dublin	41.80
1991	H. Tinto	University of Ulster	33.19
1992	Alison Moffitt	Queens University Belfast	39.28
1993	Katrina Campbell	Queens University Belfast	??
1994	Katrina Campbell	Queens University Belfast	37.44
1995	Katrina Campbell	Queens University Belfast	40.34
1996	Katrina Campbell	Queens University Belfast	42.78
1997	Katrina Campbell	Queens University Belfast	41.80



1998	Katrina Campbell	Queens University Belfast	39.60
1999	Katrina Campbell	Queens University Belfast	39.69
2000	Katrina Campbell	Queens University Belfast	38.61
2001	Katrina Campbell	Queens University Belfast	35.12
2002	Karen Dunne	University of Limerick	32.06
2003	Anne-Marie Whelan	University College Dublin	31.69
2004	Sarah Cormack	University of Limerick	32.39
2005	Laura Kerr	University of Ulster	44.29
2006	Laura Kerr	University of Ulster	48.52
2007	Laura Kerr	University of Ulster	47.85
2008	Aoife O'Malley	University of Limerick	31.88
2009	Olivia McDonald	Dundalk IT	38.80
2010	Mairead Murphy	University College Dublin	32.56
2011	Clare Fitzgerald	University College Cork	38.48
2012	Clare Fitzgerald	University College Cork	36.83
2013	Clare Fitzgerald	University College Cork	41.34
2014	Jennifer Murphy	Dublin City University	39.45
2015	Denise Byrne	Cork IT	38.82
2016	Jennifer Murphy	Dublin City University	36.75
2017	Elizabeth Morland	Dublin City University	40.58
2018	Orlaith O'Brien	Waterford IT	42.98
2019	Grace Casey	Dublin City University	40.30

8kg weight for distance Women

2003	Aoife Hoey	NUI Maynooth	8.82
2004	Eileen O'Keeffe	Athlone IT	7.99
2005	Eileen O'Keeffe	Athlone IT	8.69
2006	Eileen O'Keeffe	Royal College of Surgeons in Ireland	9.07
2007	Eileen O'Keeffe	Royal College of Surgeons in Ireland	9.42
2008	Amy Davis	University of Ulster	7.69
2009	Eileen O'Keeffe	Royal College of Surgeons in Ireland	8.32
2010	Mary Sutherland	Dublin City University	7.48
2011	Clare Fitzgerald	University College Cork	7.90
2012	Clare Fitzgerald	University College Cork	7.59
2013	Clare Fitzgerald	University College Cork	7.87
2014	Laura McSweeney	University College Cork	7.56
2015	Sophie Parkinson Brown	Dublin City University	8.00
2016	Sophie Parkinson Brown	Dublin City University	8.49
2017	Laura Dolan	Athlone IT	7.80
2018	Laura Dolan	Athlone IT	7.72
2019	Zoe Mohan	Dublin City University	8.10

Combined Events Women

1993	Marie O'Meara	University of Limerick	3012
1994	Marie O'Meara	University of Limerick	3046
1995	Caroline Deasy	University College Dublin	2650
1996	Marie O'Meara	University of Limerick	2907
1997	Alison Beck	University College Dublin	2640
1998	Elizabeth Egan	University of Limerick	2290
1999	Orna Donoghue	University of Limerick	3115
2000	Orna Donoghue	University of Limerick	3191
2001	Orna Donoghue	University of Limerick	2947
2002	Orna Donoghue	University of Limerick	2477
2003	Mary McLoone	Trinity College Dublin	3021
2004	Mary McLoone	Trinity College Dublin	2888
2005	Rosemary Daniel	University of Limerick	2603
2006	Leona Byrne	Dublin City University	3284



2007	Orna Donoghue	University of Limerick	3110
2008	Leona Byrne	Dublin City University	2913
2009	Leona Byrne	Dublin City University	3224
2010	Claire McNameara	NUI Galway	2910
2011	Roisin Howard	University of Limerick	2956
2012	Grainne Moggan	University College Dublin	3201
2013	Laura Frey	Trinity College Dublin	2615
2014	Sarah Mc Carthy	Dublin City University	3357
2015	Karen Dunne	Dublin City University	2839
2016	Amy McTeggart	Athlone IT	2997
2017	Amy McTeggart	Athlone IT	3283
2018	Kate Doherty	Trinity College Dublin	3049
2019	Emma McCay	University of Ulster	2822

Combined Events Mixed Team Championship (1+2 mixed)

1993	University of Limerick
1994	University of Limerick
1995	University of Limerick
1996	University of Limerick
1997	University College Dublin
1998	University of Limerick
1999	University of Limerick
2000	University of Limerick
2001	University of Limerick
2002	NUI Galway
2003	University of Limerick
2004	University of Limerick
2005	University College Dublin
2006	University of Ulster
2007	University of Limerick
2008	Dublin City University
2009	Dublin City University
2010	Dublin City University
2011	Dublin City University
2012	Cork Institute of Technology
2013	Cork Institute of Technology
2014	Dublin City University
2015	Dublin City University
2016	Dublin City University
2017	Trinity College Duiblin
2018	Dublin City University
2019	Dublin City University

Overall Best University Women - Track & Field

1966	University College Dublin	59
1967	University College Dublin	26
1968	Queens University Belfast	73.5
1969	Queens University Belfast	104
1970	University College Dublin	92
1971	University College Dublin	74
1972	Trinity College Dublin	109
1973	Trinity College Dublin	59
1974	National College of Physical Education	71
1975	University College Cork	83
1976	University College Cork	80
1977	University College Dublin	79



1978	Thomond College of Education	106.5
1979	National College of Physical Education	79
1980	Thomond College of Education	80
1981	Thomond College of Education	106
1982	Thomond College of Education	101
1983	University College Dublin	91
1984	Trinity College Dublin	84.5
1985	University College Dublin	91
1986	University College Dublin	102
1987	Queens University Belfast	103
1988	University College Dublin	95
1989	University of Ulster	81
1990	University College Dublin	83
1991	Thomond College of Education	103
1992	University College Dublin	118
1993	University College Cork	117
1994	University of Limerick	124
1995	University of Limerick	146
1996	University of Limerick	148
1997	University of Limerick	137
1998	University of Limerick	130
1999	University College Dublin	121.5
2000	University of Limerick	118
2001	University of Limerick	132
2002	University of Limerick	106.5
2003	University of Limerick	117
2004	University College Cork	117
2005	University of Limerick	95.5
2006	Dublin City University	149
2007	Dublin City University	141.5
2008	Dublin City University	162
2009	Dublin City University	166.5
2010	Dublin City University	163
2011	Dublin City University	157
2012	Dublin City University	114.5
2013	Dublin City University	132.5
2014	Dublin City University	172
2015	Dublin City University	180
2016	Dublin City University	156.5
2017	Dublin City University	161.5
2018	Dublin City University	165
2019	Dublin City University	176

Overall Best University Men & Women Combined - Track & Field

1966	University College Dublin	215
1967	University College Dublin	161
1968	University College Dublin	197
1969	Queens University Belfast	237
1970	University College Dublin	218
1971	University College Dublin	144
1972	Trinity College Dublin	181
1973	Queens University Belfast	190
1974	Queens University Belfast	195
1975	University College Dublin	179
1976	Queens University Belfast	157
1977	Trinity College Dublin	162
1978	Queens University Belfast	165
1979	University College Dublin	158
1980	Trinity College Dublin	171
1981	University College Dublin	198



1982	University College Dublin	241
1983	University College Dublin	229
1984	University College Dublin	190
1985	University College Dublin	193
1986	University College Dublin	225
1987	Queens University Belfast	234
1988	University College Dublin	210
1989	University College Dublin	186
1990	University College Dublin	195
1991	University College Dublin	225
1992	University College Dublin	237
1993	University of Limerick	229
1994	University College Dublin	221
1995	University of Limerick	271
1996	University of Limerick	238
1997	University College Dublin	227
1998	University of Limerick	246
1999	University College Dublin	221.5
2000	University of Limerick	251
2001	University of Limerick	254
2002	University of Limerick	184.5
2003	University of Limerick	224
2004	University of Limerick	211.5
2005	University of Limerick	196.5
2006	University of Ulster	230
2007	Dublin City University	283.5
2008	Dublin City University	304
2009	Dublin City University	335.5
2010	Dublin City University	290
2011	Dublin City University	302
2012	Dublin City University	232.5
2013	Dublin City University	267.5
2014	Dublin City University	317.5
2015	Dublin City University	325
2016	Dublin City University	334.5
2017	Dublin City University	305.5
2018	Dublin City University	322
2019	Dublin City University	341.5

Cross Country Women - Individual

1966	Shona Murphy	University College Dublin
1967	Shona Murphy	University College Dublin
1968	Marion Keating	University College Galway
1969	Jane Eleanor McNicholl	Trinity College Dublin
1970	Jane Eleanor McNicholl	Trinity College Dublin
1971	Jane Eleanor McNicholl	Trinity College Dublin
1972	Jane Eleanor McNicholl	Trinity College Dublin
1973	Jane Eleanor McNicholl	Trinity College Dublin
1974	Jean Folan	University College Galway
1975	Ann Murphy	University College Dublin
1976	Ann Murphy	University College Dublin
1977	Siobhan Mary Lonergan	Trinity College Dublin
1978	Siobhan Mary Lonergan	Trinity College Dublin
1979	Margaret Mary "Greta" Hickey	Trinity College Dublin
1980	Margaret Mary "Greta" Hickey	Trinity College Dublin
1981	Michelle Morrow	University College Dublin
1982	Grainne Butler	University College Dublin



1983	Mary Friel	Trinity College Dublin
1984	Roisin M. Smyth	University College Dublin
1985	Roisin M. Smyth	University College Dublin
1986	Roisin M. Smyth	University College Dublin
1987	Pauline Campbell	University College Galway
1988	Niamh Murphy	Thomond College of Education
1989	Louise Cavanagh	University College Dublin
1990	Louise Cavanagh	University College Dublin
1991	Louise Cavanagh	University College Dublin
1992	Louise Cavanagh	University College Dublin
1993	Louise Cavanagh	University College Cork
1994	Louise Cavanagh	University College Cork
1995	Jill Bruce	University of Ulster
1996	Freda Davoren	University College Cork
1997	Maura Prendiville	University College Cork
1998	Maura Prendiville	University College Cork
1999	Maria Lynch	Dublin IT
2000	Rosemary Ryan	University of Limerick
2001	Elizabeth Egan	University of Limerick
2002	Suzanne McCormick	Queens University Belfast
2003	Kathryn Casserly	NUI Galway
2004	Fionnuala Britton	Dublin City University
2005	Fionnuala Britton	Dublin City University
2006	Fionnuala Britton	Dublin City University
2007	Fionnuala Britton	Dublin City University
2008	Fionnuala Britton	Dublin City University
2009	Linda Byrne	Dublin City University
2010	Linda Byrne	Dublin City University
2011	Ciara Durkan	Dublin City University
2012	Ciara Mageean	University College Dublin
2013	Fiona Roche	University College Dublin
2014	Maria O'Sullivan	Trinity College Dublin
2015	Mary Anne O'Sullivan	Dublin City University
2016	Michelle Finn	University of Limerick
2017	Shona Heaslip	IT Tralee
2018	Shona Heaslip	IT Tralee
2019	Emma O'Brien	Dublin City University
2020	Cliona Murphy	Trinity College Dublin

Cross Country Women - Teams

1966	University College Dublin	10
1967	University College Dublin	11
1968	University College Galway	14
1969	University College Galway	19
1970	University College Dublin	30
1971	University College Dublin	25
1972	University College Galway	18
1973	University College Galway	16
1974	University College Galway	
1975	University College Cork	15
1976	University College Cork	30
1977	University College Cork	20
1978	University College Cork	16
1979	Thomond College of Education	28
1980	Trinity College Dublin	16
1981	Trinity College Dublin	26
1982	University College Dublin	24
1983	University College Dublin	14
1984	Trinity College Dublin	
1985	University College Dublin	23



1986	University College Dublin	17
1987	Thomond College of Education	24
1988	University College Galway	27
1989	University College Galway	23
1990	University College Dublin	21
1991	University College Dublin	18
1992	University College Dublin	18
1993	University College Cork	16
1994	University College Cork	37
1995	University College Dublin	30
1996	University College Cork	20
1997	University College Dublin	20
1998	University College Dublin	24
1999	University College Dublin	24
2000	University College Dublin	19
2001	University of Limerick	10
2002	Trinity College Dublin	36
2003	Dublin City University	34
2004	Dublin City University	26
2005	Dublin City University	12
2006	Dublin City University	11
2007	Dublin City University	11
2008	Dublin City University	15
2009	Dublin City University	14
2010	Dublin City University	11
2011	Dublin City University	25
2012	University College Dublin	27
2013	Trinity College Dublin	36
2014	Trinity College Dublin	21
2015	University College Cork	30
2016	University of Limerick	28
2017	Dublin City University	29
2018	Dublin City University	21
2019	Dublin City University	12
2020	Trinity College Dublin	27

Road Relays Women

Note: From 1987 - 1992 the championships were held in February - March that corresponded to an academic year, i.e., in March 1992 this was the championship for 1991-92. In 1992-93, the road relays moved to before Christmas, the 1992-93 championships being held in November 1992. Note thus that there were two road relays in 1992, one in March (academic year 1991-92) and one in November (academic year 1992-93)

1987	Thomond College of Education	34.53	
1988	Thomond College of Education	NT	
1989			
1990	University College Dublin	NT	
1991	University College Dublin	NT	
1992	University College Dublin	NT	Mar
1992	University College Cork	34.44	Nov
1993	University College Cork	34.20	
1994	University College Cork	NT	
1995	University College Cork	34.13	
1996	University College Dublin	34.35	
1997	University College Dublin	34.04	
1998	Dublin Institute of Technology	34.49	
1999	University of Limerick	32.59	
2000	University of Limerick	33.14	
2001	University of Limerick	34.52	
2002	Dublin City University	34.12	



2003	University of Limerick	33.39
2004	Dublin City University	33.10
2005	Dublin City University	31.30
2006	Dublin City University	31.47
2007	Dublin City University	36.32
2008	Dublin City University	31.41
2009	Dublin City University	31.40
2010	Dublin City University	32.35
2011	Dublin City University	32.55
2012	Dublin City University	32.32
2013	University College Dublin	31.53
2014	University College Dublin	31.08
2015	University College Dublin	33.51
2016	University of Limerick	34.02
2017	University of Limerick	34.03
2018	Dublin City University	33.14
2019	Trinity College Dublin	34.10

Indoors

Note: From 1992 - 2007 the championships were held before the end of the year that corresponded to an academic year, i.e. December 2007 was the championships for 2007-08, In 2008-09, the indoors moved to after Christmas, the 2008-09 championships being held in February 2009. Note also there were two Indoors in 1996, one in February (academic year 1995-96) and one in December (academic year 1996-97)

Men

60m Indoor

1992	Roger Sexton	University of Ulster	6.85	
1993	Tom Comyns	University of Limerick	6.9	
1994	Aaron McKenna	University of Limerick	7.07	
1995	Jonathan Anderson	Queens University Belfast	7.15	
1996	Gary Ryan	University of Limerick	7.09	Feb
1996	Tom Comyns	University of Limerick	7.12	Dec
1997	Gary Ryan	University of Limerick	6.98	
1998	Gary Ryan	University of Limerick	6.5	
1999	Gary Ryan	University of Limerick	6.69	
2000	Gordon Kennedy	Athlone IT	7.08	
2001	Gordon Kennedy (tied)	Athlone IT	7.14	
2001	Paul Hession (tied)	NUI Galway	7.14	
2002	Darragh Graham	University of Limerick	7.08	
2003	Donal Leahy	University College Dublin	NT	
2004	Gordon Kennedy	Athlone IT	7.02	
2005	Gordon Kennedy	Athlone IT	7.08	
2006	Tony Barnett	University of Limerick	7.06	
2007	John Crowley	University College Dublin	7.12	
2009	Chris Russell	Dublin City University	7.02	
2010	Dean Adams	University of Ulster	6.95	
2011	Paul Whelan	Dublin IT	7.05	
2012	David Hynes	Waterford IT	6.84	
2013	David Hynes	Waterford IT	6.87	
2014	Steven Colvert	Dublin City University	6.88	
2015	Marcus Lawler	IT Carlow	6.83	
2016	Jonathan Browning	Queens University Belfast	6.80	
2017	Christopher Sibanda	Limerick IT	6.91	
2018	Marcus Lawler	IT Carlow	6.78	
2019	Joseph Ojewumi	Dublin City University	6.77	
2020	Dean Adams	University of Ulster	6.73	



200m Indoor

1992	Roger Sexton	University of Ulster	22.10	
1993	Tom Comyns	University of Limerick	22.8	
1994	Keelan Conlon	University College Dublin	22.98	
1995	Tom Comyns	University of Limerick	22.46	
1996	Gary Ryan	University of Limerick	22.38	Feb
1996	Gary Ryan	University of Limerick	21.96	Dec
1997	Tom Comyns	University of Limerick	22.11	
1998	Tom Comyns	University of Limerick	22.5	
1999	Gordon Kennedy	Athlone IT	22.37	
2000	Gordon Kennedy	Athlone IT	23.06	
2001	Paul Hession	NUI Galway	22.45	
2002	David McCarthy	University of Limerick	22.30	
2003	Darragh Graham	University of Limerick	22.48	
2004	Gordon Kennedy	Athlone IT	21.98	
2005	Gordon Kennedy	Athlone IT	22.40	
2006	Simon Gaynor	University College Dublin	23.87	
2007	Eoin Joyce	University College Cork	23.37	
2009	Chris Russell	Dublin City University	22.68	
2010	Brian Gregan	Dublin City University	22.32	
2011	Chris Russell	Dublin City University	22.39	
2012	David Killeen	University of Limerick	22.66	
2013	Craig Lynch	Dublin City University	22.09	
2014	Marcus Lawler	IT Carlow	21.26	
2015	Marcus Lawler	IT Carlow	21.18	
2016	Marcus Lawler	IT Carlow	21.03	
2017	Eanna Madden	University of Limerick	21.46	
2018	Craig Newell	University of Ulster	21.47	
2019	Craig Newell	University of Ulster	21.68	
2020	Mark Smyth	Dublin City University	21.44	

400m Indoor

1992	Danny O'Brien	University of Limerick	51.52	
1993	Paul Kelliher	University of Limerick	50.7	
1994	Keelan Conlon	University College Dublin	49.16	
1995	David Matthews	University College Dublin	50.38	
1996	Shane Lawlor	Dublin City University	51.60	Feb
1996	David Kearns	Dublin City University	50.70	Dec
1997	Brian Liddy	Trinity College Dublin	50.48	
1998	Alan Bloomer	IT Carlow	51.6	
1999	Gordon Kennedy	Athlone IT	50.36	
2000	Gordon Kennedy	Athlone IT	49.42	
2001	David McCarthy	University of Limerick	49.37	
2002	David McCarthy	University of Limerick	48.88	
2003	Paddy O'Gorman	Cork IT	51.30	
2004	David McCarthy	University of Limerick	48.46	
2005	Michael O'Sullivan	Dublin City University	51.17	
2006	Maurice O'Donoghue	University of Limerick	50.55	
2007	Simon Taggart	Trinity College Dublin	50.14	
2009	Jamie Davis	University College Dublin	50.76	
2010	Eoin Mulhall	University College Dublin	50.18	
2011	Brian Gregan	Dublin City University	48.99	
2012	Thomas Barr	University of Limerick	49.31	
2013	Thomas Barr	University of Limerick	47.77	
2014	Thomas Barr	University of Limerick	46.97	
2015	Thomas Barr	University of Limerick	47.22	



2016 Andrew Mellon	Queens University Belfast	48.08
2017 Thomas Barr	University of Limerick	46.87
2018 Andrew Mellon	Queens University Belfast	47.87
2019 Andrew Mellon	Queens University Belfast	47.70
2020 Cathal Crosbie	University of Limerick	48.46

800m Indoor

1992 Danny O'Brien	University of Limerick	1.56.16	
1993 Sean Mulvihill	University College Cork	2.02.8	
1994 David Matthews	University College Dublin	1.56.66	
1995 Brendan O'Shea	University College Dublin	2.00.44	
1996 Johnny Cashman	University College Cork	1.56.90	Feb
1996 Johnny Cashman	University College Cork	1.57.24	Dec
1997 David Matthews	University College Dublin	1.54.84	
1998 Johnny Cashman	University College Cork	1.56.9	
1999 Niall Linden	Trinity College Dublin	1.59.58	
2000 Nigel Carlisle	University of Ulster	1.59.12	
2001 Francis O'Mahony	Waterford IT	2.00.24	
2002 David Kelly	IT Tallaght	1.55.40	
2003 Feidhlim Kelly	University College Dublin	1.58.37	
2004 Francis O'Mahony	Waterford IT	2.00.98	
2005 Karl Fahy	Trinity College Dublin	1.59.47	
2006 David McCarthy	University of Limerick	1.58.21	
2007 Joe Warne	Dublin City University	2.00.66	
2009 Joe Warne	Dublin City University	1.57.25	
2010 James McIlroy	University of Ulster	1.56.07	
2011 Joe Warne	Dublin City University	1.52.94	
2012 Brian Kelly	Dublin City University	1.54.69	
2013 Joe Warne	Dublin City University	1.51.44	
2014 Niall Tuohy	University of Limerick	1.55.38	
2015 Cillian Kirwan	Dublin City University	1.55.22	
2016 Conor Duncan	Dublin City University	1.59.70	
2017 Connall Hayes	Trinity College Dublin	1.56.72	
2018 Karl Griffin	University College Dublin	1.56.86	
2019 Robert Hewison	University of Limerick	2.00.55	
2020 Roland Surlis	NUI Galway	1.56.11	

1500m Indoor

1992 Brian Treacy	Queens University Belfast	3.52.70	
1993 Philip Healy	University of Ulster	4.00.7	
1994 Nigel Brunton	University College Dublin	3.55.34	
1995 Nigel Brunton	University College Dublin	4.00.06	
1996 Pat O'Keeffe	University College Cork	3.58.68	Feb
1996 Andrew Walker	University College Dublin	4.01.24	Dec
1997 Iain Morrison	Trinity College Dublin	4.01.82	
1998 Noel Pollock	Queens University Belfast	4.07.5	
1999 Eoin Cummins	University College Dublin	4.05.91	
2000 Eoin Cummins	University College Dublin	4.08.27	
2001 David Kelly	IT Tallaght	3.56.49	
2002 David Kelly	IT Tallaght	4.12.62	
2003 Gareth Coughlan	University College Dublin	4.04.18	
2004 Damien Thillaye Du Boullay	Queens University Belfast	4.02.48	
2005 Mark Kirwan	Trinity College Dublin	4.05.16	
2006 Danny Darcy	Dublin City University	3.54.97	
2007 Paul Pollock	Queens University Belfast	3.56.25	
2009 Eoin Everard	Dublin City University	3.56.30	



2010 Liam Reale	University of Limerick	3.59.06
2011 Darren McBrearty	Dublin City University	3.51.58
2012 Darren McBrearty	Dublin City University	4.00.46
2013 John Travers	Athlone IT	3.44.24
2014 John Travers	Athlone IT	3.42.66
2015 Richard Owens	University College Dublin	3.54.23
2016 James Ledingham	University of Limerick	3.56.90
2017 Cillian Kirwan	Dublin City University	4.02.61
2018 John Fitzsimons	IT Carlow	3.59.03
2019 Joseph Hastings	University College Dublin	3.59.25
2020 Conall Kirk	Queens University Belfast	3.48.79

3,000m Indoor

1992 Martin Ferguson	Queens University Belfast	9.01.83	
1993 John Tracey	Queens University Belfast	8.53.6	
1994 Pat O'Keefe	University College Cork	8.46.36	
1995 Nigel Brunton	University College Dublin	8.38.34	
1996 Kieran Lambe	University College Cork	8.27.40	<i>Feb</i>
1996 Ken Morley	University College Galway	8.49.80	<i>Dec</i>
1997 Gary Crossan	University of Ulster	8.48.92	
1998 Paul McNamara	NUI Galway	9.05.5	
1999 Eugene O'Neill	Dublin IT	8.35.20	
2000 Fintan McGee	University College Dublin	8.30.64	
2001 Gareth Coghlan	University College Dublin	8.38.32	
2002 Gary Hynes	Dublin IT	8.36.10	
2003 Gary Hynes	Dublin IT	8.38.86	
2004 Gary Hynes	Dublin IT	8.36.92	
2005 Gary Hynes	Dublin IT	8.27.32	
2006 Fintan McGee	Trinity College Dublin	8.36.01	
2007 Paul Pollock	Queens University Belfast	8.30.48	
2009 John Coghlan	Dublin City University	8.26.22	
2010 Liam Reale	University of Limerick	8.25.00	
2011 Liam Reale	University of Limerick	8.21.60	
2012 Jason Fahy	Waterford IT	8.37.18	
2013 John Coghlan	Dublin City University	8.25.56	
2014 Eric Keogh	University College Dublin	8.36.53	
2015 Ben Thistlewood	University College Cork	8.43.50	
2016 Pierre Murchan	Dublin City University	8.36.90	
2017 Neil Johnson	Queens University Belfast	8.42.17	
2018 Gary Campbell	Dublin City University	8.16.81	
2019 John Moroney	Trinity College Dublin	9.20.81	
2020 Pierre Murchan	University of Limerick	8.13.57	

60m Hurdles Indoor

1992 Enda O'Connell	St. Patricks Maynooth	8.43	
1993 Ciaran Scully	University of Limerick	8.6	
1994 Aaron McKenna	University of Limerick	8.34	
1995 Ciaran McCarthy	Queens University Belfast	8.88	
1996 Aaron McKenna	University of Limerick	8.52	<i>Feb</i>
1996 Antoine Burke	University College Dublin	8.48	<i>Dec</i>
1997 Shane McCormack	University of Limerick	8.96	
1998 Brendan Bourke	University of Limerick	8.5	
1999 Brendan Bourke	University of Limerick	8.34	
2000 Brendan Bourke	University of Limerick	8.48	
2001 Chris McDermott	NUI Galway	8.56	
2002 Chris McDermott	NUI Galway	8.40	
2003 Tim Flannery	University College Dublin	8.46	
2004 Jonathan Miller	Trinity College Dublin	8.60	



2005	Chris McDermott	NUI Galway	8.50
2006	Ian McDonald	Dublin City University	8.43
2007	Ian McDonald	Dublin City University	8.28
2009	Alexandre Avron	Trinity College Dublin	8.61
2010	Paul Byrne	Dublin City University	8.90
2011	Ian McDonald	Dublin City University	8.17
2012	Edmund O'Halloran	University College Cork	8.62
2013	Edmund O'Halloran	University College Cork	8.32
2014	Gerard O'Donnell	Athlone IT	8.27
2015	Adam Hill	Queens University Belfast	8.64
2016	Antonio Garcia Fernandez	Dublin City University	8.13
2017	Paul Byrne	University of Limerick	8.37
2018	Matthew Behan	Dublin City University	7.97
2019	Aaron Tierney Smith	Waterford IT	8.38
2020	Shane Aston	IT Carlow	8.48

2,000m Walk Indoor

1994	Pat Ryan	Dublin IT	6.08.05	1500m
1995	Pierce O'Callaghan	University College Dublin	8.44.82	
1996	Pierce O'Callaghan	University College Dublin	7.59.96	Feb
1996	Pierce O'Callaghan	University College Dublin	7.57.84	Dec
1997	Brian Ó Domhnaill	University of Ulster	8.22.41	
1998	Brian Ó Domhnaill	University of Ulster	8.06.5	
1999	Declan Byrne	University of Limerick	9.08.12	
2000	Colin Griffin	University of Limerick	8.07.20	
2001	Colin Griffin	University of Limerick	7.45.18	
2002	Colin Griffin	University of Limerick	7.52.32	
2003	Ross Alexander	Waterford IT	9.16.70	
2004	Ross Alexander	Waterford IT	9.12.86	
2005	Brendan Boyce	IT Carlow	8.54.77	
2006	Brendan Boyce	IT Carlow	8.48.44	
2007	Paul Fitzpatrick	Dundalk IT	8.49.73	
2009	Paul Fitzpatrick	Dundalk IT	8.22.98	
2010	Paul Fitzpatrick	Dundalk IT	8.51.07	
2011	Cian McManamon	University of Limerick	8.04.40	
2012	Cian McManamon	University of Limerick	8.05.80	
2013	Cian McManamon	University of Limerick	7.35.17	
2014	Luke Hickey	University College Cork	7.49.25	
2015	Luke Hickey	University College Cork	7.35.62	
2016	Evan Lynch	University of Limerick	8.36.90	
2017	Cian McManamon	University of Limerick	7.41.08	
2018	Cian McManamon	Dublin City University	8.10.58	
2019	David Kenny	Cork IT	7.40.10	
2020	David Kenny	Cork IT	7.25.99	

4 x 200m Relay Indoor

1992	University of Limerick	1.33.24	
1993	University of Limerick	1.33.4	
1994	University College Dublin	1.35.4	
1995	University of Limerick	1.35.1	
1996	University College Dublin	1.34.64	Feb
1996	University of Limerick	1.32.28	Dec
1997	University of Limerick	1.30.06	
1998	University of Limerick	1.31.1	
1999	University of Limerick	1.34.88	
2000	University of Limerick	1.34.73	
2001	NUI Galway	1.34.01	



2002 University of Limerick	1.32.63
2003 University of Limerick	1.32.38
2004 University of Limerick	1.32.48
2005 University College Dublin	1.34.55
2006 University of Limerick	1.30.32
2007 University of Limerick	1.35.08
2009 University of Limerick	1.33.86
2010 Dublin City University	1.34.63
2011 Dublin City University	1.35.07
2012 University of Limerick	1.33.63
2013 University of Limerick	1.30.25
2014 Dublin City University	1.28.21
2015 University of Limerick	1.27.10
2016 University of Limerick	1.26.94
2017 University of Limerick	1.27.52
2018 IT Carlow	1.30.08
2019 IT Carlow	1.29.66
2020 Dublin City University	1.26.82

1200, 400, 800, 1600 Relay

2009 Dublin City University	10.35.07
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Discontinued

High Jump Indoor

1992 Brian Cole	Queens University Belfast	1.85	
1993 Enda O'Connell	St. Patricks Maynooth	1.88	
1994 Antoine Burke	University College Dublin	2.00	
1995 Ted O'Brien	University of Limerick	1.85	
1996 Kevin McDonald (tied)	University College Galway	1.80	<i>Feb</i>
1996 Declan Byrne (tied)	University of Limerick	1.80	<i>Feb</i>
1996 Antoine Burke	University College Dublin	1.90	<i>Dec</i>
1997 Colin Byrne	Waterford IT	1.86	
1998 Antoine Burke	University of Limerick	1.90	
1999 Alan Delaney	University of Limerick	2.00	
2000 Alan Delaney	University of Limerick	1.90	
2001 Alan Delaney	University of Limerick	1.95	
2002 Philip Kearney	University of Limerick	1.85	
2003 Karl Casey	Trinity College Dublin	1.92	
2004 Brian Flatley	Limerick IT	1.88	
2005 Christopher Crowley	Cork IT	1.89	
2006 Christopher Crowley	Dublin City University	2.01	
2007 Christopher Crowley	Dublin City University	1.95	
2009 Christopher Crowley	Dublin City University	1.86	
2010 Kourosh Foroughi	Dublin City University	2.10	
2011 Kourosh Foroughi	Dublin City University	2.10	
2012 Barry Pender	Dublin City University	2.16	
2013 Kourosh Foroughi	Dublin City University	2.05	
2014 Kourosh Foroughi	Dublin City University	2.05	
2015 Barry Pender	Dublin City University	2.10	
2016 Andrew Heney	Athlone IT	2.00	
2017 Andrew Heney (tied)	Athlone IT	1.95	
2017 Adam Hill (tied)	Queens University Belfast	1.95	
2018 Keith Marks	Dublin City University	1.90	
2019 Shane Aston	IT Carlow	1.95	
2020 Ciarán Connolly	Technical University of Dublin	2.1	



Pole Vault Indoor

1998	Brian Deasy	Cork IT	3.40
1999	Declan Byrne	University of Limerick	3.20
2000	Ronan Curran	University College Cork	3.40
2001	Ruairi O'Briain	University College Dublin	4.20
2002	Liam Houlihan	Waterford IT	3.60
2003	Ruairi O'Briain	University College Dublin	4.00
2004	Ruairi O'Briain	University College Dublin	4.25
2005	Liam Houlihan	University of Limerick	4.00
2006	Liam Houlihan	University of Limerick	4.30
2007	Anthony McCreery	Dublin City University	4.65
2009	Ruairi O'Briain	University College Dublin	4.40
2010	Not held		
2011	Not held		
2012	Not held		
2013	Ian Rodgers	Dublin IT	4.60
2014	Ian Rodgers	Dublin IT	4.70
2015	Thomas Houlihan	Cork IT	4.40
2016	Thomas Houlihan	Cork IT	4.50
2017	Thomas Houlihan	Cork IT	4.71
2018	Shane Power	Dublin City University	4.10
2019	Shane Power	Dublin City University	4.10
2020	Yuro Kanash	University of Limerick	4.6

Long Jump Indoor

1992	John Naughton	University of Limerick	6.63	
1993	John Naughton	University of Limerick	6.64	
1994	Antoine Burke	University College Dublin	6.65	
1995	Colin Casey	University of Limerick	6.40	
1996	Norman Stephenson	University of Limerick	6.53	Feb
1996	Tim Pat O'Connor	Waterford IT	6.70	Dec
1997	Stuart Finnie	Queens University Belfast	6.57	
1998	Norman Stephenson	University of Limerick	6.44	
1999	George Hughes	Dublin City University	6.15	
2000	Kevin Burke	University of Limerick	6.53	
2001	Kevin Burke	University of Limerick	6.60	
2002	Kevin Burke	University of Limerick	6.52	
2003	Donal Leahy	University College Dublin	6.61	
2004	Shane Cullinane	University College Cork	6.60	
2005	Leslie Leung	University of Ulster	6.61	
2006	Brian Flatley	Limerick IT	6.53	
2007	Christopher Crowley	Dublin City University	6.68	
2009	Alan Kennedy	University of Ulster	7.15	
2010	Alan Kennedy	University of Ulster	6.95	
2011	Adam McMullan	University of Ulster	7.22	
2012	Adam McMullan	University of Ulster	7.32	
2013	Eamonn Fahey	Trinity College Dublin	7.01	
2014	Adam McMullan	University of Ulster	7.26	
2015	Adam McMullan	University of Ulster	7.43	
2016	Colm Bourke	Dublin City University	7.12	
2017	Keith Marks	Dublin City University	6.98	
2018	Keith Marks	Dublin City University	6.88	
2019	Keith Marks	Dublin City University	6.93	
2020	Keith Marks	Dublin City University	6.97	



Triple Jump Indoor

1992	John Naughton	University of Limerick	13.06	
1993	John Naughton	University of Limerick	13.42	
1994	Antoine Burke	University College Dublin	13.68	
1995	Padraig Martin	University of Ulster	13.09	
1996	Norman Stephenson	University of Limerick	13.14	Feb
1996	Norman Stephenson	University of Limerick	14.16	Dec
1997	Robert Galvin	University of Limerick	13.67	
1998	Patrick Shannon	Dublin IT	14.10	
1999	Patrick Shannon	Dublin IT	14.44	
2000	John Donnelly	Queens University Belfast	13.96	
2001	Eoin McGrath	University College Dublin	13.22	
2002	Sean Lonergan	IT Carlow	14.06	
2003	Eoin McGrath	University College Dublin	13.25	
2004	Denis Finnegan	University College Cork	13.38	
2005	Denis Finnegan	University College Cork	13.78	
2006	Leslie Leung	University of Ulster	14.26	
2007	Denis Finnegan	University College Cork	14.59	
2009	Alan Kennedy	University of Ulster	14.70	
2010	Eoin Kelly	Dublin City University	14.56	
2011	Francis Egan	Dublin City University	14.76	
2012	Denis Finnegan	University of Limerick	14.81	
2013	Sean Archer	Waterford IT	13.82	
2014	Diarmuid Hickey	University College Dublin	12.45	
2015	Conall Mahon	NUI Galway	13.99	
2016	Conall Mahon	NUI Galway	14.17	
2017	Oisin Taylor	Dublin City University	13.87	
2018	Sean Thompson	Trinity College Dublin	14.00	
2019	Mark Burton	Queens University Belfast	14.19	
2020	Mark Burton	Queens University Belfast	14.46	

Shot Put Indoor

1992	John Menton	University College Dublin	12.88	
1993	Gerard Nagle	University College Dublin	13.34	
1994	John O'Connor	Incorporated Law Society of Ireland	13.32	
1995	Gerard Nagle	University College Dublin	14.86	
1996	John Menton	Incorporated Law Society of Ireland	13.98	Feb
1996	John Paul Leahy	Tralee RTC	15.25	Dec
1997	John Paul Leahy	IT Tralee	15.74	
1998	John Paul Leahy	IT Tralee	14.46	
1999	John Paul Leahy	IT Tralee	16.25	
2000	John Paul Leahy	IT Tralee	15.58	
2001	Eamon Joyce	University College Cork	11.42	
2002	Eoin Leen	University College Cork	16.37	
2003	Kevin Burke	University of Limerick	12.19	
2004	Mervin Travers	University College Dublin	12.97	
2005	Jeremy Harper	University of Ulster	12.54	
2006	Jeremy Harper	University of Ulster	14.13	
2007	Jeremy Harper	University of Ulster	13.54	
2009	Daniel Clifford	IT Tralee	13.60	
2010	Daniel Clifford	IT Tralee	14.40	
2011	Daniel Clifford	IT Tralee	13.60	
2012	Daniel Clifford	IT Tralee	13.37	
2013	David Tierney	University College Dublin	15.23	
2014	Diarmuid Hickey	University College Dublin	12.45	
2015	John Kelly	Letterkenny IT	15.83	



2016 James Kelly	Dublin City University	13.58
2017 John Kelly	Letterkenny IT	16.97
2018 John Kelly	Letterkenny IT	16.76
2019 Eoin Sheridan	Dublin City University	15.17
2020 James Kelly	Letterkenny IT	14.89

Combined Events Indoor

2002 Kevin Burke	University of Limerick	3080
2003 Kevin Burke	University of Limerick	3324
2004 Kevin Burke	University College Dublin	3168
2005 Tomás Burke	University of Limerick	2804
2006 Christopher Crowley	Dublin City University	3135
2007 Philip Kearney	University of Limerick	3371
2009 Paul Byrne	Dublin City University	2969
2010 Paul Byrne	Dublin City University	3293
2011 Tom Reynolds	University of Ulster	3568
2012 Kourosh Foroughi	Dublin City University	3463
2013 Kourosh Foroughi	Dublin City University	3634
2014 Kourosh Foroughi	Dublin City University	3691
2015 Michael Bowler	Dublin City University	3520
2016 Michael Bowler	Dublin City University	3835
2017 Shane Aston	Dublin City University	3638
2018 Shane Aston	Dublin City University	3416
2019 Shane Aston	IT Carlow	3324
2020 Donal Kearns	Trinity College Dublin	2678

35lb Weight for Distance Indoor

2002 Eoin Leen	University College Cork	9.08
2003 Austin Kennedy	Dublin IT	8.70
2004 Kevin Burke	University College Dublin	7.68
2005 Eamonn Byrne	Dublin City University	8.63
2006 Jeremy Harper	University of Ulster	9.29
2007 Jeremy Harper	University of Ulster	9.01
2009 Eamonn Byrne	Dublin City University	8.85
2010 James Nagle	University of Limerick	9.97
2011 David Tierney	University College Dublin	10.72
2012 David Tierney	University College Dublin	10.68
2013 David Tierney	University College Dublin	11.08
2014 Thomas Bouchier	University College Dublin	8.39
2015 Michael Kenny	University College Cork	8.13
2016 Michael Kenny	University College Cork	8.73
2017 Luke Mangan	University College Cork	9.68
2018 Seamus McMahon	University of Limerick	8.70
2019 Eoghan Rodgers	NUI Galway	7.93
2020 Thomas Bouchier	IT Carlow	8.26

Women

60m Indoor



1992	Siobhan O'Brien	University College Cork	7.54	
1993	Siobhan O'Brien	University College Cork	7.9	
1994	Lena Barry	University of Limerick	7.96	
1995	Lena Barry	University of Limerick	7.96	
1996	Olivia Hurley	University College Dublin	8.02	Feb
1996	Lena Barry	University of Limerick	7.80	Dec
1997	Lena Barry	University of Limerick	7.74	
1998	Lena Barry	University of Limerick	7.4	
1999	Lena Barry	Incorporated Law Society of Ireland	7.72	
2000	Donna Lennon	Queens University Belfast	8.18	
2001	Anna Boyle	University of Ulster	7.86	
2002	Anna Boyle	University of Ulster	7.86	
2003	Claire Bergin	Dublin City University	7.74	
2004	Ailís McSweeney	University College Cork	7.56	
2005	Ailís McSweeney	Dublin City University	7.70	
2006	Claire Brady	Dublin City University	7.89	
2007	Amy Foster	Dublin City University	7.67	
2009	Claire Brady	Dublin City University	7.74	
2010	Eilish Fitzpatrick	NUI Galway	7.73	
2011	Amy Foster	University of Ulster	7.57	
2012	Amy Foster	University of Ulster	7.44	
2013	Catherine McManus	Dublin City University	7.55	
2014	Phil Healy	University College Cork	7.36	
2015	Phil Healy	University College Cork	7.46	
2016	Sarah Murray	Dublin City University	7.46	
2017	Sarah Murray	Dublin City University	7.54	
2018	Amy Foster	University of Ulster	7.33	
2019	Molly Scott	IT Carlow	7.36	
2020	Ciara Neville	University of Limerick	7.38	

200m Indoor

1992	Siobhan O'Brien	University College Cork	26.25	
1993	Siobhan O'Brien	University College Cork	26.9	
1994	Karen Mills	University of Ulster	26.36	
1995	Claire O'Connor	Queens University Belfast	25.74	
1996	Claire O'Connor	Queens University Belfast	26.42	Feb
1996	Lena Barry	University of Limerick	25.78	Dec
1997	Sinead Hickey	Waterford IT	25.30	
1998	Lena Barry	University of Limerick	26.1	
1999	Jacqueline Mulhall	Dublin City University	27.95	
2000	Jennifer McKenna	Dublin City University	25.80	
2001	Derval O'Rourke	University College Dublin	25.11	
2002	Anna Boyle	University of Ulster	25.80	
2003	Shauna O'Brien	University College Dublin	25.18	
2004	Ailís McSweeney	University College Cork	24.70	
2005	Ailís McSweeney	Dublin City University	25.37	
2006	Gemma Hynes	Dublin City University	25.74	
2007	Gemma Hynes	Dublin City University	25.61	
2009	Sharon Kilduff	Dublin City University	25.66	
2010	Eilish Fitzpatrick	NUI Galway	25.85	
2011	Eilish Fitzpatrick	NUI Galway	26.14	
2012	Stephanie Creaner	Dublin City University	25.01	
2013	Niamh Whelan	University of Limerick	24.42	
2014	Niamh Whelan	University of Limerick	24.51	
2015	Stephanie Creaner	Dublin City University	23.82	
2016	Phil Healy	University College Cork	23.95	
2017	Phil Healy	University College Cork	23.55	
2018	Niamh Whelan	University of Limerick	24.20	



2019 Sophie Becker	Dublin City University	24.07
2020 Sharlene Mawdsley	University of Limerick	24.06

400m Indoor

1992 Breffni Ingerton	University College Cork	70.56	
1993 Louise Maher	University College Dublin	63.0	
1994 Sandra Kirke	University College Dublin	61.66	
1995 Kerry Dillon	Waterford RTC	60.20	
1996 Maura Prendiville	University College Cork	60.68	Feb
1996 Karen Shinkins	Waterford IT	57.00	Dec
1997 Karen Shinkins	Waterford IT	55.66	
1998 Karen Shinkins	Waterford IT	55.0	
1999 Jennifer McKenna	Dublin City University	58.01	
2000 Jennifer McKenna	Dublin City University	57.54	
2001 Maria Sheehan	University of Limerick	59.42	
2002 Joanne Cuddihy	Dublin City University	57.32	
2003 Maria Sheehan	University of Limerick	58.24	
2004 Mary McLoone	Trinity College Dublin	58.68	
2005 Caitriona Cuddihy	University of Limerick	57.58	
2006 Elaine McCaffery	University of Ulster	57.06	
2007 Brona Furlong	Dublin City University	57.37	
2009 Brona Furlong	Dublin City University	55.04	
2010 Brona Furlong	Dublin City University	56.96	
2011 Brona Furlong	Dublin City University	57.87	
2012 Ciara McCallion	Trinity College Dublin	59.23	
2013 Christine McMahon	Queens University Belfast	54.77	
2014 Shauna Cannon	Dublin City University	55.75	
2015 Aisling Drumgoole	University College Dublin	57.77	
2016 Jenna Bromell	University of Limerick	54.66	
2017 Sophie Becker	Dublin City University	56.98	
2018 Sophie Becker	Dublin City University	54.76	
2019 Kelly Mc Grory	Dublin City University	55.98	
2020 Sophie Becker	Dublin City University	55.01	

800m Indoor

1992 Arlene Smith	University College Dublin	2.13.72	
1993 Angela Shine	University College Cork	2.28.0	
1994 Bríd Ní Chonaill	University College Cork	2.22.94	
1995 Freda Davoren	University College Cork	2.29.32	
1996 Freda Davoren	University College Cork	2.09.90	Feb
1996 Maura Prendiville	University College Cork	2.21.10	Dec
1997 Elizabeth Egan	University of Limerick	2.22.68	
1998 Kate O'Connor	Trinity College Dublin	2.25.0	
1999 Orla O'Mahoney	University College Dublin	2.26.54	
2000 Margaret-Mary Crowley	University College Cork	2.20.68	
2001 Sinead Peoples	University of Ulster	2.21.28	
2002 Jennifer McKenna	Dublin City University	2.15.78	
2003 Michelle Harvey	University of Limerick	2.18.92	
2004 Lyndsey Monteith	University of Ulster	2.26.98	
2005 Martina McCarthy	Dublin City University	2.12.88	
2006 Fódhla Treacy	Trinity College Dublin	2.17.31	
2007 Laura Crowe	University College Cork	2.20.10	
2009 Laura Crowe	University College Cork	2.12.30	
2010 Ciara Everard	University College Dublin	2.13.04	
2011 Laura Crowe	University College Cork	2.11.38	
2012 Ciara Everard	University College Dublin	2.05.76	



2013 Ciara Everard	University College Dublin	2.04.81
2014 Mary Anne O'Sullivan	Dublin City University	2.17.66
2015 Aislinn Crossey	University College Dublin	2.11.51
2016 Michelle Finn	University of Limerick	2.13.70
2017 Amy Ni Hamail	Dublin City University	2.16.15
2018 Aoife Delargy	University College Cork	2.17.10
2019 Nadia Power	Dublin City University	2.08.28
2020 Annette Quaid	University College Cork	2.25.65

1500m Indoor

1992 Gail Culleton	University of Limerick	5.11.26	
1993 Louise Cavanagh	University College Cork	4.51.0	
1994 Louise Cavanagh	University College Cork	4.35.50	
1995 Rosemary Ryan	University of Limerick	4.46.72	
1996 Freda Davoren	University College Cork	4.46.5	<i>Feb</i>
1996 Maura Prendiville	University College Cork	4.57.58	<i>Dec</i>
1997 Emmanuelle McMahon	University College Dublin	5.03.06	
1998 Kate O'Connor	Trinity College Dublin	5.08.3	
1999 Mary Margaret Meade	University of Ulster	4.45.90	
2000 Regina Murphy	NUI Galway	4.56.30	
2001 Regina Murphy	NUI Galway	4.54.73	
2002 Michelle Harvey	University of Limerick	4.49.72	
2003 Orla Drumm	University College Cork	4.39.84	
2004 Aoife Brady	Dublin City University	4.45.10	
2005 Orla Drumm	University College Cork	4.36.76	
2006 Aoife Brady	Dublin City University	4.49.24	
2007 Bryony Treston	Trinity College Dublin	5.05.20	
2009 Ciara Durkan	Dublin City University	4.45.30	
2010 Ciara Durkan	Dublin City University	4.45.03	
2011 Becky Woods	Trinity College Dublin	4.44.46	
2012 Mary Anne O'Sullivan	Dublin City University	4.39.00	
2013 Becky Woods	Trinity College Dublin	4.41.62	
2014 Ellie Hartnett	University College Dublin	4.34.94	
2015 Amy O'Donoghue	University of Limerick	4.31.17	
2016 Michelle Finn	University of Limerick	4.32.30	
2017 Amy O'Donoghue	University of Limerick	4.27.08	
2018 Nadia Power	Dublin City University	4.30.22	
2019 Emma O'Brien	Dublin City University	4.36.02	
2020 Rose Finnegan	University College Dublin	4.40.46	

3,000m Indoor

1992 Gail Culleton	University of Limerick	10.54.62	
1993 Louise Cavanagh	University College Cork	10.23.1	
1994 Louise Cavanagh	University College Cork	9.47.42	
1995 Eimear Smith	University College Dublin	10.48.18	
1996 Siobhán Walsh	University College Dublin	10.37.24	<i>Feb</i>
1996 Siobhán Walsh	University College Dublin	10.45.36	<i>Dec</i>
1997 Siobhán Walsh	University College Dublin	10.48.80	
1998 Elaine O'Donoghue	University of Limerick	11.37.3	
1999 Rosemary Ryan	University of Limerick	9.21.40	
2000 Fiona Reid	University of Limerick	10.19.48	
2001 Orla O'Mahony	University College Dublin	9.55.88	
2002 Kathryn Casserly	NUI Galway	10.06.66	
2003 Pauline Curley	Athlone IT	9.47.26	
2004 Mary Margaret Meade	University of Ulster	9.56.24	
2005 Niamh Devlin	Dublin City University	10.00.63	



2006 Orla Drumm	University College Cork	9.41.04
2007 Hazel Murphy	Dublin City University	9.55.58
2009 Michelle Finn	University of Limerick	10.34.60
2010 Ciara Durkan	Dublin City University	10.17.02
2011 Ciara Durkan	Dublin City University	10.00.11
2012 Eimear O'Brien	University of Limerick	10.03.87
2013 Eimear O'Brien	University of Limerick	10.14.52
2014 Sinead O'Connor	University College Cork	9.49.01
2015 Maria O'Sullivan	Dublin City University	9.45.97
2016 Rachael Smyth	Maynooth University	10.15.50
2017 Michelle Finn	University of Limerick	9.25.73
2018 Emma Mitchell	Queens University Belfast	9.15.86
2019 Sorcha Mc Allister	Trinity College Dublin	9.50.69
2020 Claire Fagan	Dublin City University	9.58.09

60m Hurdles Indoor

1992 Marie O'Meara	University of Limerick	9.24	
1993 Marie O'Meara	University of Limerick	8.7	
1994 Marie O'Meara	University of Limerick	9.44	
1995 Patricia Naughton	University College Dublin	9.06	
1996 Marie O'Meara	University of Limerick	9.56	Feb
1996 Maoiliosa Hynes	University of Limerick	9.58	Dec
1997 Nicola Farrell	University of Limerick	9.86	
1998 Maoiliosa Hynes	University of Limerick	9.6	
1999 Orna Donoghue	University of Limerick	9.32	
2000 Orna Donoghue	University of Limerick	9.46	
2001 Derval O'Rourke	University College Dublin	8.62	
2002 Orna Donoghue	University of Limerick	9.00	
2003 Mary McLoone	Trinity College Dublin	9.17	
2004 Mary McLoone	Trinity College Dublin	9.60	
2005 Leona Byrne	Dublin City University	9.25	
2006 Jennifer Reddy	Dublin City University	7.89	
2007 Mairead Murphy	University College Dublin	9.00	
2009 Leona Byrne	Dublin City University	9.23	
2010 Sandra Lawlor	Dublin City University	8.91	
2011 Sandra Lawlor	Dublin City University	8.77	
2012 Catherine McManus	Dublin City University	8.94	
2013 Sandra Lawlor	Dublin City University	8.50	
2014 Sarah Lavin	University College Dublin	8.36	
2015 Sarah Lavin	University College Dublin	8.41	
2016 Lilly-Ann O'Hora	Dublin City University	8.71	
2017 Catherine McManus	Dublin City University	8.52	
2018 Sarah Lavin	University College Dublin	8.29	
2019 Molly Scott	IT Carlow	8.34	
2020 Sarah Quinn	NUI Galway	8.45	

1500m Walk

1994 Deirdre Gallagher	University College Dublin	6.53.14	
1995 Deirdre Gallagher	University College Dublin	6.29.84	
1996 Gillian O'Sullivan	University College Cork	6.30.14	Feb
1996 Gillian O'Sullivan	University College Cork	6.18.88	Dec
1997 Gillian O'Sullivan	University College Cork	6.18.18	
1998 Gillian O'Sullivan	University College Cork	6.48.2	
1999 Kathryn Kelly	Dublin City University	7.25.39	
2000 Serena O'Keefe	Trinity College Dublin	6.53.50	
2001 Serena O'Keefe	Trinity College Dublin	7.04.14	



2002 Kathryn Kelly	Dublin City University	7.31.84
2003 Ann Loughnane	NUI Galway	6.35.44
2004 Ann Loughnane	NUI Galway	6.34.20
2005 Ann Loughnane	NUI Galway	6.27.70
2006 Ann Loughnane	NUI Galway	6.31.85
2007 Laura Reynolds	Dublin City University	7.14.84
2009 Laura Reynolds	Dublin City University	6.37.51
2010 Laura Reynolds	Dublin City University	6.32.03
2011 Laura Reynolds	Dublin City University	6.17.04
2012 Maeve Curley	University of Limerick	6.41.15
2013 Maeve Curley	University of Limerick	6.39.31
2014 Alicia Boylan	NUI Galway	7.10.63
2015 Maeve Curley	University of Limerick	6.36.21
2016 Sinead O'Connor	Dublin IT	7.01.80
2017 Emma Prendiville	Royal College of Surgeons in Ireland	6.31.68
2018 Kate Veale	Dublin City University	6.28.82
2019 Kate Veale	Hibernia College	6.25.50
2020 Sarah Glennon	Dublin City University	6.49.29

4 x 200m Relay Indoor

1992 University College Dublin	1.52.24	
1993 University College Dublin	1.54.1	
1994 University of Limerick	1.50.76	
1995 University of Limerick	1.49.85	
1996 University of Limerick	1.47.78	Feb
1996 University of Limerick	1.48.90	Dec
1997 University of Limerick	1.47.83	
1998 University of Limerick	1.50.6	
1999 University of Limerick	1.51.24	
2000 University of Limerick	1.51.28	
2001 University College Dublin	1.48.08	
2002 University of Limerick	1.47.56	
2003 Dublin City University	1.45.86	
2004 University of Limerick	1.46.02	
2005 Dublin City University	1.43.14	
2006 University of Ulster	1.45.36	
2007 Dublin City University	1.42.95	
2009 Dublin City University	1.41.31	
2010 Dublin City University	1.44.17	
2011 Dublin City University	1.46.40	
2012 Dublin City University	1.45.90	
2013 Dublin City University	1.40.79	
2014 Dublin City University	1.41.63	
2015 Dublin City University	1.38.54	
2016 Dublin City University	1.40.42	
2017 University of Limerick	1.41.73	
2018 NUI Galway	1.42.70	
2019 NUI Galway	1.41.69	
2020 NUI Galway	1.39.07	

1200, 400, 800, 1600 Relay Indoor

2009 Dublin City University	12.33.83
Discontinued	



High Jump Indoor

1992	Siobhan Hoey	University College Dublin	1.45	
1993	Elaine Ball	St. Patricks Maynooth	1.60	
1994	Olivia Scully	University of Limerick	1.65	
1995	Olivia Scully	University of Limerick	1.60	
1996	Olivia Scully	University of Limerick	1.55	Feb
1996	Alison Beck	University College Dublin	1.51	Dec
1997	Nicola Farrell	University of Limerick	1.53	
1998	Orna Donoghue	University of Limerick	1.60	
1999	Orna Donoghue	University of Limerick	1.65	
2000	Orna Donoghue	University of Limerick	1.70	
2001	Deirdre Ryan	University College Dublin	1.78	
2002	Rosemary Daniel	University of Limerick	1.65	
2003	Orna Donoghue	University of Limerick	1.65	
2004	Deirdre Ryan	University College Dublin	1.80	
2005	Leona Byrne	Dublin City University	1.70	
2006	Helen Buckley	University of Limerick	1.65	
2007	Leona Byrne	Dublin City University	1.73	
2009	Leona Byrne	Dublin City University	1.67	
2010	Cathriona Farrell	Dublin City University	1.66	
2011	Cathriona Farrell	Dublin City University	1.68	
2012	Cathriona Farrell	Dublin City University	1.69	
2013	Sorcha Murphy	University of Limerick	1.65	
2014	Cathriona Farrell	Dublin City University	1.81	
2015	Emily Rogers	Dublin City University	1.73	
2016	Emily Rogers	Dublin City University	1.70	
2017	Laura Bernard	University of Limerick	1.69	
2018	Elizabeth Morland	Dublin City University	1.73	
2019	Daena Kealy	Dublin City University	1.70	
2020	Daena Kealy	Dublin City University	1.7	

Pole Vault Indoor

1998	Juliet Claffey	University of Limerick	2.20	
1999	Juliet Claffey	University of Limerick	2.80	
2000	Margaret O'Halloran	University College Dublin	2.81	
2001	Edel O'Meara	NUI Galway	2.80	
2002	Edel O'Meara	NUI Galway	2.60	
2003	Edel O'Meara	NUI Galway	2.92	
2004	Edel O'Meara	NUI Galway	2.35	
2005	Edel O'Meara	NUI Galway	2.65	
2006	Edel O'Meara	NUI Galway	2.85	
2007	Not contested			
2009	Not contested			
2010	Not contested			
2011	Not contested			
2012	Not contested			
2013	Claire Wilkinson	University of Ulster	3.60	
2014	Claire Wilkinson	University of Ulster	3.95	
2015	Lisa Houlihan	Maynooth University	2.60	
2016	Lisa Houlihan	Maynooth University	2.85	
2017	Ellen Larkin	University of Limerick	2.70	
2018	Laura Cussen	University College Cork	2.90	
2019	Clodagh Walsh	Cork IT	3.60	
2020	Clodagh Walsh	Cork IT	3.50	



Long Jump Indoor

1992	Siobhan Hoey	University College Dublin	5.41	
1993	Siobhan Hoey	University College Dublin	5.66	
1994	Siobhan Hoey	University College Dublin	5.75	
1995	Marie O'Meara	University of Limerick	5.36	
1996	Caroline Deasy	University College Dublin	5.04	Feb
1996	Eilis Magee	Waterford IT	5.17	Dec
1997	Caroline Deasy	University College Dublin	5.37	
1998	Alison Beck	University College Dublin	5.05	
1999	Shauna Heanen	Queens University Belfast	4.70	
2000	Sarah Kelly	NUI Galway	5.24	
2001	Mary McLoone	Trinity College Dublin	5.33	
2002	Mary McLoone	Trinity College Dublin	5.49	
2003	Mary McLoone	Trinity College Dublin	5.47	
2004	Mary McLoone	Trinity College Dublin	5.36	
2005	Mandy Gault	University of Ulster	5.49	
2006	Mandy Gault	University of Ulster	5.57	
2007	Leona Byrne	Dublin City University	5.57	
2009	Leona Byrne	Dublin City University	5.43	
2010	Linzi Herron	University of Ulster	5.43	
2011	Nicola Power	Waterford IT	5.31	
2012	Leona Byrne	Waterford IT	5.69	
2013	Sally Rose Maughan	Dublin City University	5.57	
2014	Sarah McCarthy	Dublin City University	5.83	
2015	Sarah McCarthy	Dublin City University	6.12	
2016	Sarah McCarthy	Dublin City University	5.95	
2017	Sarah McCarthy	Dublin City University	5.87	
2018	Elizabeth Morland	Dublin City University	5.74	
2019	Sarah McCarthy	Dublin City University	5.62	
2020	Ruby Millet	University College Cork	5.76	

Triple Jump Indoor

1993	Siobhan Hoey	University College Dublin	11.33	
1994	Siobhan Hoey	University College Dublin	12.28	
1995	Catriona Hanafin	University of Limerick	10.92	
1996	Catriona Hanafin	University of Limerick	10.96	Feb
1996	Catriona Hanafin	University of Limerick	11.45	Dec
1997	Caroline Deasy	University College Dublin	11.04	
1998	Kate-Ann Kelly	University College Dublin	10.43	
1999	Ethna McLoone	Trinity College Dublin	10.49	
2000	Rosemary Daniel	University of Limerick	11.23	
2001	Mary McLoone	Trinity College Dublin	11.38	
2002	Mary McLoone	Trinity College Dublin	11.69	
2003	Mary McLoone	Trinity College Dublin	11.96	
2004	Mary McLoone	Trinity College Dublin	11.61	
2005	Brona Furlong	Dublin City University	11.38	
2006	Laura Loughlin	Queens University Belfast	10.40	
2007	Brona Furlong	Dublin City University	11.83	
2009	Brona Furlong	Dublin City University	11.75	
2010	Jessie Barr	University of Limerick	10.84	
2011	Aoife Bartley	Waterford IT	10.99	
2012	Fiona Hill	IT Carlow	10.94	
2013	Sinead O'Connor	Cork IT	10.76	
2014	Saragh Buggy	Dublin City University	11.82	
2015	Fiona Hill	University of Ulster	11.35	
2016	Saragh Buggy	Dublin City University	12.68	
2017	Saragh Buggy	Dublin City University	13.05	



2018 Saragh Buggy	Dublin City University	13.04
2019 Saragh Buggy	Dublin City University	12.91
2020 Saragh Buggy	Dublin City University	13.18

Shot Put Indoor

1992 Ailish O'Brien	University College Cork	10.52	
1993 Ailish O'Brien	University College Cork	10.67	
1994 Ailish O'Brien	University College Cork	10.57	
1995 Valerie Mangan	University of Limerick	12.12	
1996 Valerie Mangan	University of Limerick	10.37	Feb
1996 Edel Meagher	Waterford IT	11.42	Dec
1997 Siobhán O'Malley	Waterford IT	9.89	
1998 Bronagh Carroll	Dublin IT	9.99	
1999 Hilary McGee	NUI Maynooth	10.45	
2000 Hilary McGee	NUI Maynooth	10.02	
2001 Eva Massey	University of Ulster	14.99	
2002 Aoife Hoey	NUI Maynooth	11.72	
2003 Deirdre Murphy	University College Cork	10.42	
2004 Deirdre Murphy	University College Cork	10.98	
2005 Amy Davis	University of Ulster	11.00	
2006 Laura Kerr	University of Ulster	11.05	
2007 Clare McAleese	University of Ulster	10.77	
2009 Catriona Ryan	University of Limerick	10.82	
2010 Roisin Howard	University of Limerick	10.05	
2011 Clare Fitzgerald	University College Cork	13.24	
2012 Clare Fitzgerald	University College Cork	13.41	
2013 Clare Fitzgerald	University College Cork	14.39	
2014 Clare Fitzgerald	University College Cork	14.13	
2015 Clare Fitzgerald	University College Cork	14.78	
2016 Alana Frattaroli	University of Limerick	12.38	
2017 Alana Frattaroli	University of Limerick	12.95	
2018 Alana Frattaroli	University of Limerick	12.51	
2019 Michaela Walsh	Dublin City University	14.42	
2020 Michaela Walsh	Dublin City University	14.22	

Combined Events Indoor

2002 Orna Donoghue	University of Limerick	3344
2003 Orna Donoghue	University of Limerick	3159
2004 Fiona O'Riordan	University College Cork	2691
2005 Leona Byrne	Dublin City University	3291
2006 Christina Broderick	University of Limerick	2376
2007 Leona Byrne	Dublin City University	3353
2009 Leona Byrne	Dublin City University	3348
2010 Jessie Barr	University of Limerick	3127
2011 Roisin Howard	University of Limerick	2881
2012 Leona Byrne	Waterford IT	3400
2013 Roisin Howard	University of Limerick	3022
2014 Orlane Dubo	NUI Galway	3244
2015 Roisin Howard	University of Limerick	3185
2016 Amy McTeggart	Athlone IT	3138
2017 Amy McTeggart	Athlone IT	3274
2018 Elizabeth Morland	Dublin City University	3985
2019 Katie Walsh	Cork IT	3049
2020 Katie Walsh	Cork IT	2934



8kg weight for distance

2002 Aoife Hoey	NUI Maynooth	8.63
2003 Eileen O'Keefe	Athlone IT	7.31
2004 Eileen O'Keefe	Athlone IT	8.56
2005 Laura Kerr	University of Ulster	8.46
2006 Laura Kerr	University of Ulster	8.74
2007 Katie O'Shea	University of Limerick	6.67
2009 Mary Sutherland	Dublin City University	7.12
2010 Mary Sutherland	Dublin City University	7.19
2011 Clare Fitzgerald	University College Cork	7.58
2012 Clare Fitzgerald	University College Cork	7.48
2013 Clare Fitzgerald	University College Cork	8.52
2014 Laura McSweeney	University College Cork	8.06
2015 Sophie Parkinson Brown	Dublin City University	7.34
2016 Sophie Parkinson Brown	Dublin City University	8.66
2017 Laura Dolan	Athlone IT	7.84
2018 Laura Dolan	Athlone IT	7.49
2019 Zoe Mohan	Dublin City University	7.87
2020 Zoe Mohan	Dublin City University	8.25

Compiled by Pierce O'Callaghan, Eric Brady, Brian Foley & Cyril Smyth
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Note: For complete results of all the Irish Universities Athletics Championships visit <https://www.iuaa.org/>

